

Windermere Lakes

H O M E O W N E R S

A S S O C I A T I O N



November 2010

www.windermerylakes.net

Volume 4, Issue 11

Yard of the Month

Congratulations!

The November winner is.....12011 MIRAMAR SHORES DR.

This winner's landscaping was great and impressed members of our committee as the selection for 'Yard of the Month' for NOVEMBER. This homeowner recently added landscape rock to border the flower beds and invested in a variety of vibrant and colorful plants and flowers. The committee also liked the beautiful glass globe which adds interest to the yard. The homeowner receives a \$25 Gift Card from Home Depot, bragging rights to the honor AND our WL Yard of the Month sign remains in their yard during the month. Thank you for taking the time to care for your yard and home appearance.



Thanks to those that always help make our neighborhood more beautiful. Should you wish to nominate some well deserved neighbor, please feel free to do so. You can make your nomination online at www.windermerylakes.net your contribution to the selection process would be appreciated! We thank you!

Judy Maze
Chair, Landscape Committee



IMPORTANT NUMBERS

Emergency	911
Sheriff's Dept.	713-221-6000
Center Point Energy - Customer Service (Gas).....	713-659-2111
Cy-Fair Fire Dept	911
Cy-Fair Hospital.....	281-890-4285
Animal Control.....	281-999-3191
Center Point (Street lights)	713-207-2222
Library	281-890-2665
NW Harris County MUD #29	713-983-3602
Aquasource.....	713-983-3604
Post Office.....	713-937-6827
Reliant Energy - Residential Electirc.....	713-207-7777
SCS Management Services, Inc.	281-463-1777
Comcast Cable/Communications.....	800-266-2278
Waste Management/Trash Pick Up.....	713-686-6666

BOARD OF DIRECTORS

President	Kevin McClard
Vice President	Brian Greenhouse
Treasurer	Sreehari Gorantla
Secretary.....	Gerri Rougeau-Eubank
Directors	Raj Amin

COMMITTEES:

Security	Kevin Swicegood
Social	Bill Wentzell
Clubhouse/Recreational Facilities	Dianne Wentzell
Communication	Gerri Rougeau-Eubank
Landscape	Judy Maze
Finance	Sreehari Gorantla
Architectural Control/Deed Restrictions	TBA

*All Board members and Committees
can be contacted at www.windmerelakes.net*

* We are establishing our Committees for 2010 and need resident volunteers! If you are interested in participating with us, please contact us at www.windmerelakes.net for more details. This is a great way to meet your fellow neighbors and to help make our Windermere Lakes community a better place to live.

NEWSLETTER INFO

Editor.....	newsletter@windmerelakes.net
Publisher	
Peel, Inc.	www.PEELinc.com , 888-687-6444
Advertising.....	advertising@PEELinc.com , 888-687-6444

ARTICLE SUBMISSIONS

If you would like to submit an article or any information for the Windermere Lakes Newsletter, you may do so by sending the information to newsletter@windmerelakes.net.

This information should include your name. All information should be received no later than the 9th of the month and is subject to editorial approval as well as space limitations.

Windermere Lakes Classifieds

Have any items that you need to get rid of but think someone else could use? Have a useful service to offer your neighbors? Why not place an ad in the Windermere Lakes newsletter? Just send the info and a phone to the newsletter editor, and your ad will be run in the newsletter for two issues.

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Windermere Lake residents, limit 30 words, please e-mail newsletter@windmerelakes.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or advertising@PEELinc.com.

Not Available Online



10777 Northwest Freeway, Suite 800 Houston, Tx. 77092
Tel: 713-681-2500 www.harco-ins.com

- Automobile / Homeowners / Flood Insurance
- Personal Umbrella Liability

Contact: Kathey Hoffmaster x240
Gerri Rougeau, Windermere Lakes Resident

TIME MANAGEMENT & EXERCISE:

Making the Most of Our Time

By Sarah S. Jordan, MS

(This is Part II from Sarah's series on "Tools for a Healthy Lifestyle.")

Do you wish that you had more time? I would venture to guess that almost everyone would say, "Yes!" In today's world, we seem to be taking on more than ever and rarely finding the time or energy that we deserve to focus on our health and the health of our family. The important thing is to always keep trying and to value health as a consistent priority in our lives.

In Part I of this series, we identified commitment as the first tool for living a healthy lifestyle. To begin, a commitment to healthy living should be made, and the next step is to evaluate our time and schedules in order to identify realistic ways to fit in more movement and exercise.

I have become very aware of the importance and benefit of exercise for physical and mental strength in my life's journey of being a fitness director, business owner, and most of all, in becoming a mother. I have also realized that any exercise is better than none! Finding time to exercise is challenging, and the key is to make every minute count. If baby is napping and mom has just 15 minutes to exercise, those 15 minutes can equal big improvements in weight control and energy levels over time. If work has required us to sit at our computer all day, just getting up for 20 minutes of outdoor activity or stepping onto a cardio machine might just change our day and stress levels completely!

Here are a few tips for making the most of your workout time.

Increase your intensity. If the duration of workout is short, intensity should be high.

Include intervals! On an elliptical machine, set resistance to something that feels challenging (not easy), but something you are able to push through without compromising your form. Do three-minute intervals. Minute 1: Somewhat easy / recovery. Minute 2: 75% of your fastest speed. Minute 3: Sprint! Repeat several times. 21 minutes of intervals (followed by a cool down) is an incredible workout!

(Continued on Page 4)

PROMOTE YOUR BUSINESS *in Style!*

- BUSINESS CARDS / BUSINESS CARD MAGNETS / MAGNETS
- POST-IT® NOTES / CUBES & MEMO PADS / DECALS
- BUMPER STICKERS / MEMBERSHIP CARDS & ID BADGES
- PERSONALIZED WRITING INSTRUMENTS / CALENDARS
- HEALTHCARE PROMOTIONS / DRINKWARE & KOOZIES®
- NEWSLETTERS / BOOKLETS / FLYERS
- ENVELOPES / LETTERHEADS / RUBBER STAMPS
- BUSINESS FORMS / AND MUCH MORE....

NEED AN ADVERTISING SPECIALITY ITEM?

1-888-687-6444 ext. 24

Quality
PRINTING COMPANY

Experience Matters
Doing business for
30+ years.



**Advertise
Your Business Here
888-687-6444**

*Do You Have Reason
to Celebrate?*

We want to hear from you! Email
newsletter@windermerylakes.net to let the
community know!

Time Management - (Continued from Page 3)

Add a 60-second interval to your walk. Power walk for three minutes and then jog or do walking lunges for one minute. Repeat several times. The interval challenges different muscle groups and adds a new element to your routine.

Find something that allows you to get cardio and strength training in one hour. I started a group exercise class format at UT and Pure Austin called Dynamic Strength, and people love it! Participants get their strength training, but they also get cardio intervals, flexibility, and relaxation too! Total body workout.

And most importantly, remember that ANY exercise is better than none. Even if you just have 15 minutes, take it. Your body and mind will thank you.

Good time management is key in so many areas of life. We have all heard the saying; "Time is of the essence." Let's take a moment, evaluate our time, and see how we can incorporate more movement into our lives. What is your essence? You have the power to make it great!

Stay tuned for Part III coming next month.



Electricity is **ON SALE** at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

I'm Texas Energy Analyst, Alan Lammey. In case you didn't know, electricity rates are currently at lows not seen in years, which means that NOW is the time to lock in a very low electricity rate with the provider that I highly recommend to all my radio show listeners: StarTex Power. StarTex Power is local and reputable, with some of the most competitive rates available in all of Texas. You can switch right online at www.StarTexPower.com

Sign Up Today Online: www.StarTexPower.com or call 866-917-8271
PLEASE USE "NEIGHBORHOOD NEWSLETTER" as your referral!



PUCT #10089



WHAT'S HAPPENING ON THE LAKES...

We need your News!

There is really a good group of neighbors on each lake that meet and just have fun being around each other! If you live on or around any of the lakes, they want to invite you to their next event. Just contact us at newsletter@windermerylakes.net and we will put you in touch with their group. This is how great neighbors become great friends!

If you have some news or fun activities going on at your Lake, please let us hear from you!

We'd like to share the news in our future newsletters. Are you or someone in your family running in a marathon, have a new member in your family, children accomplishments or something you'd like to share in the newsletter? Any parties, birthdays, graduations, anniversaries or any other celebrations that may take place would be great shared with your other Windermere Lakes neighbors!

PLEASE SEND YOUR INFO TO US FOR THE NEXT NEWSLETTER TO: newsletter@windermerylakes.net

Out of the DARKNESSSM

COMMUNITY WALKS

American Foundation for Suicide Prevention

Walk in the Houston Out of the Darkness Community Walk on Saturday, November 6th, 2010 at Stude Park, 1030 Stude Street, benefiting the American Foundation for Suicide Prevention. Join us for this powerful and inspiring event to help make suicide prevention a national priority and to end the stigma of mental illness & suicide. To learn more and register, log on to www.outofthedarkness.org.

Bashans Painting & Home Repair

Commercial/Residential
Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior Painting
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement
- Garage Floor Epoxy
- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting

References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION
bashanspainting@earthlink.net

Quality PRINTING COMPANY



BUSINESS FORMS
NEWSLETTERS
FLYERS
ENVELOPES
LETTERHEADS
NCR SNAP APART
FORMS
RUBBER STAMPS
BUSINESS CARDS

Solving all your printing needs.
1-888-687-6444 ext. 24

Windermere Lakes



NOVEMBER TEXAS EVENTS

- 9-21—HOUSTON:** 9 to 5: The Musical Hobby Center for the Performing Arts. www.tuts.com 713/558-8887
- 10—GALVESTON:** Pigeon Party This lively show squeezes all the fun of the first three Pigeon books into one raucous production for pre-K to third grade. Shows at 10 a.m. and 7 p.m. The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 10-14—HOUSTON:** Cirque du Soleil: Alegria A cast of 55 performers and musicians from 15 countries showcases breathtaking acrobatics. Toyota Center. www.houstontoyotacenter.com 866/446-8849
- 11-14—EDNA:** Texana Chili Spill & Veterans' Appreciation Dinner Celebrate veterans with a dinner and ceremony, and enjoy the Texana Market on Friday. Saturday's events include the CASI and homestyle chili cook-off, barbecue cook-off, jackpot bean cook-off, and jackpot salsa cook-off, tournaments, kids' zone, live music and more. Brackenridge Plantation Park & Campground. www.brackenridgepark.com 361/782-5229
- 11-14—HOUSTON:** The Nutcracker Market Features holiday decorations, food, clothing, jewelry, furniture and more. Reliant Park. www.nutcrackermarket.com 713/535-3271
- 11-Feb. 6—BEAUMONT:** Artwork by Kathleen Boudreaux in Cafe Arts Art Museum of Southeast Texas. www.amset.org 409/832-3432
- 12-14, 18-20—VICTORIA:** Christmas Belles Center for the Performing Arts. www.theatrevictoria.org 361/570-TKTS
- 13—GALVESTON:** The Man That Got Away: Ira Without George Rex Reed's exuberant storytelling and a strong pop-jazz quintet of stars combine to celebrate the songs of Ira Gershwin. The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 13—HOUSTON:** Chocolate Festival of Texas Sam Houston Race Park. www.chocolatefestivaloftexas.com 832/515-3860
- 13—PEARLAND:** Kid Fish Fest Open to children, ages 3 to 16 years. Poles are provided while supplies last. Bass Pro Shop. www.pearlandparks.com 281/652-1673
- 13—PORT ARTHUR:** St. Catherine of Sienna "Taste of Culture" Includes food booths, silent auction and more. Bob Bowers Civic Center. 409/962-3011
- 13-14—PASADENA:** Martyn Farm Fall Festival Step back in time to the early 1900s and experience old-fashioned farm life through music, crafts, demonstrations, hayrides and more. Armand Bayou Nature Center. www.abnc.org 281/474-2551
- 18—HOUSTON:** Annual Interfaith Thanksgiving Service Representatives of the Baha'i, Buddhist, Christian, Hindu, Jain, Jewish, Muslim, Sikh and Zoroastrian faiths offer personal reflections on Thanksgiving. A public reception follows. The Rothko Chapel. www.rothkochapel.org 713/524-9839
- 18—HOUSTON:** French-American Wine and Food Festival Indulge in gourmet wines and food from prestigious local restaurants and caterers. JW Marriott Houston. www.soireebeaujolaisandbeyond.com 713/960-0575
- 19-20—GALVESTON:** Seaside Treasure Festival Features arts & crafts vendors, silent auction and more. Moody Memorial First United Methodist Church. www.moody.org/stf 409/744-4526 or 409/744-0508
- 19-20—HUMBLE:** Trade Days Find antiques, crafts, collectibles, memorabilia and more. Humble Civic Arena. www.humblecc.com 281/446-4140
- 20—BEAUMONT:** Symphony of Southeast Texas Features Mozart's "Eine Kleine Nachtmusik," Kikta's "Frescoes of St. Sofia in Kiev" and Haydn's "Symphony No. 101." www.sost.org 20 409/892-2257
- 20—GALVESTON:** Sinbad, Where U Been? Comedian Sinbad on tour. The Grand 1894 Opera House. www.thegrand.com 800/821-1894
- 20—GALVESTON:** Architectural Walking Tour: San Jacinto Tour meets at San Jacinto Community Garden, 2005 Ave. N ½ at 9 a.m. and lasts approximately 1.5 hours. www.galvestonhistory.org 409/765-7834
- 20—HOUSTON:** Houston Championship Chili Cook-Off Champion chili-cook teams from across Southeast Texas compete for the title of Houston's Best Chili Cook. Traders Village, 7979 N. Eldridge Road. www.tradersvillage.com 281/890-5500
- 20—SAN BENITO:** Market Days Farmers' market includes food, crafts, music, antiques and one-of-a-kind items. Plaza de San Benito. www.cityofsanbenito.com
- 20—TOMBALL:** Holiday Parade Features more than 175 floats/entries. F.M. 2920. Miss Tomball Pageant is held this same day. www.tomballchamber.org 281/351-7222
- 20—VICTORIA:** Market Days Riverside Park. www.victoriatx.org 361/485-3200

(Continued on Page 7)



Texas Events - (Continued from Page 6)

20-21—LAKE JACKSON: Festival of Lights Lake Jackson Civic Center & Plaza. 979/297-4533

21—BROWNSVILLE: Animal Play Day Watch as zookeepers give the animals a special enrichment item to "play" with. Gladys Porter Zoo. www.gpz.org 956/546-7187

23—DEER PARK: Turkey Shoot Participants compete in archery and riflery for a Thanksgiving turkey. Three age categories from 6 years old to adult. 500 W. 13th St. www.deerparktx.gov/recreation 281/478-2050

23—WHARTON: Wharton Chamber Christmas Parade Downtown Square in Wharton. www.whartontexas.com 979/532-1862

24-Dec. 5—HOUSTON: Dr. Seuss' How The Grinch Stole Christmas: The Musical Presented by Theatre Under the Stars. Hobby Center for the Performing Arts. www.tuts.com 713/558-8887

25—BEAUMONT: Crockett Street's Thanksfest Offers an outdoor stage with live bands, plus plenty of food and festivities. www.crockettstreet.com 409/832-2944

25—HOUSTON: H-E-B Holiday Parade This lavish, nationally televised parade features sensational floats, uniformed marching bands and the season's first glimpse of Santa Claus. Downtown. www.hebparade.com

26—SOUTH PADRE ISLAND: Lighting of the Island Join Santa Claus for the official lighting of the island, along with refreshments and Christmas carols. South Padre Island Visitors Center. 800/657-2373

26-Dec. 26—HOUSTON: The Nutcracker Presented by the Houston Ballet. Wortham Theater Center, 501 Texas Ave. www.houstonballet.org 713/227-2787

27—GALVESTON: ArtWalk Downtown Historic District. www.galveston.com/galvestonartscenter

27—PORT ARTHUR: Cultural Lighted Parade The holiday spirit comes to life with Santa and decorated floats, cars, fire engines and more. Downtown Port Arthur. 409/963-1107

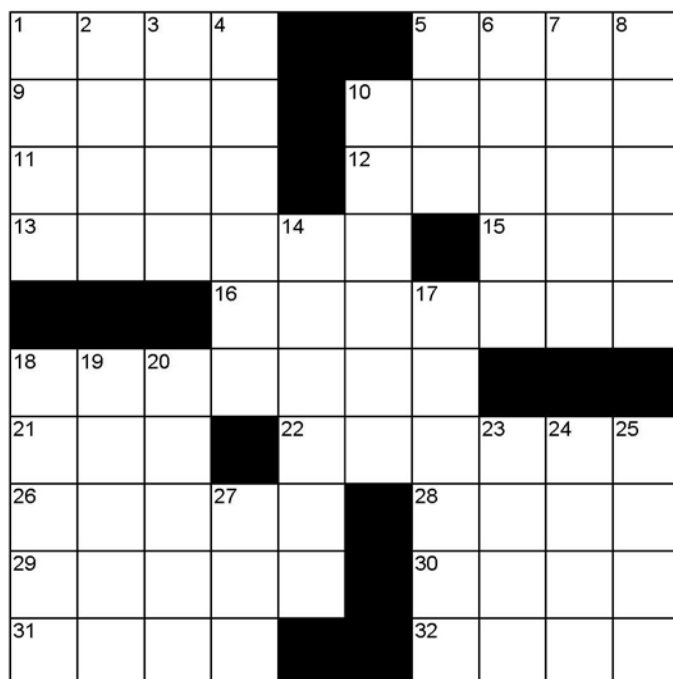
27—SOUTH PADRE ISLAND: Christmas Mercado Artists, craftsmen and local businesses offer their wares in an open market setting filled with music, food and fun. Adjacent to Louie's Backyard. E-mail: spimercado@yahoo.com 956/761-2626

27-28—HOUSTON: Holiday Market with Santa Claus Santa arrives to meet, greet and take photos with kids. Traders Village. www.tradersvillage.com 281/890-5500

27-28—SOUTH PADRE ISLAND: SPI Invitational Division I Basketball Tournament Division I basketball teams from around the nation hoop it up at the South Padre Island Convention Centre. www.sopadre.com 888/774-8587

Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.

Crossword Puzzle



ACROSS

1. Cleaning agent
5. Welt
9. Factual
10. Raise one's shoulders
11. Gain
12. Making a knot
13. Opposite of cubic
15. Pride
16. Passes
18. Dress up
21. Dined
22. Wagerer
26. ___ Gras
28. Possess
29. Rock and Roll "King"
30. Spread
31. Flow out slowly
32. Goody two shoes

DOWN

1. Stair
2. Spoken
3. Nimbus
4. Enclosed
5. Reporter's question
6. Sign of the zodiac
7. Surge
8. Kellogg's waffles
10. Shoot from a plane
14. Excuses
17. Type of snake
18. Ladies
19. Dickens' "___ of Two Cities" (2 wds.)
20. Sensitive point
23. Record
24. Above
25. Rip
27. Sink

*Solution at www.PEELinc.com

© 2007. Feature Exchange

Go Green
Go Paperless

Sign up to receive the Windermere Lakes Newsletter in your inbox. Visit PEELinc.com for details.

Real Estate Market Report

Windermere Lakes Specialist

DAVID "SUPER DAVE" FLORY



- **#1** Realtor in Windermere Lakes*
- **#2** Realtor in Houston & Texas**
- **#7** Realtor in United States**
- **Selling Over 500 Homes A Year**

	ACTIVE	PENDING	SOLD Last 6 Mos
# of Listings	12	1	4
Price Range:	\$179,500 \$420,000	\$215,000	\$190,000 \$302,000
Average Price	\$285,150	\$215,000	\$240,000
Avg Price/sq.ft.	\$89.00	\$93.85	\$82.25
Avg DOM	111	11	64
High Price/sq.ft.			\$106.44
Low Price/sq.ft.			\$67.22



RE/MAX

Professional Group
832-478-1205

Direct line: 281-477-0345

WWW.SUPERDAVE.COM

*According to information taken from the HAR MLS Computer

**Realtor Teams per Remax 9/2008, 3/2009