

Volume 9, Issue 12 December 2010 Official Newsletter www.lakesoneldridge.net

#### **GET READY FOR THE 2010**

#### CHRISTMAS LIGHTS DECORATING CONTEST

Do you and the kids like to drive around looking at Christmas Lights during the holiday season? For most of us the answer is a resounding YES! What a great way to get everyone in the Holiday Spirit. You could even walk and get yourself a little exercise too!

Once again this year, LOE will have a Christmas Lighting Decoration Contest. We hope to have lots of good neighborly competition to light up the neighborhood on these short December days.

We will present awards for three (3) Village Categories. The awards for the decorated homes & yards will be judged on their design, layout and overall flow of the decorations. In the past years, LOE residents have done a tremendous job with Christmas Decorations and we look forward to seeing the whole neighborhood sparkle in Holiday Cheer!

A team from the Social Committee will tour LOE during the evening of December 7th & 8th to choose the 3 Winners.

Let's all get out and "Light up our Neighborhood! Winners will have a Sign placed in their yard showing Best Christmas Decorations 2010. The signs can be displayed until the end of January 2011.

VILLAGE	Village Category II	Village Category III
CATEGORIES	Crescent Banks	Crescent Bay
ARE:	Crescent Cove	Lake Shore Estates
Village Category I	Bristol Waters	Bristol Banks
Pelican Pointe	Crystal Falls	
Eagle Bend	Eagle Cove	
Pebble Way	Baymeadows	
Indigo Falls	Auburn Shores	
Eden Springs		

Please note that holiday lights and decorations must not be turned on before Thanksgiving and must be taken down no later than fifteen (15) days after Christmas.

We look forward to seeing your Holiday Spirit and want to take this opportunity to wish everyone a Blessed and Happy Holiday Season!

# LOE'S SANTA'S TOY DRIVE & PARTY

Friday, DECEMBER 10, 2010 - 7 PM to 9 PM

MARK YOUR CALENDARS!!! Santa will arrive in LOE on Friday, December 10th at 6:30 p.m. at the clubhouse.

Santa has made his list and checked it twice and knows that the LOE children have all been nice!!! So bring your little ones over to take a picture with Santa, and take a hayride around the neighborhood to see the Christmas lights. There will be hot chocolate, apple cider and Christmas cookies to share as well as other special holiday activities such as storytelling, crafts and coloring.

We also want to help Santa share the magic of the holiday with needy children. So don't forget to bring a new, unwrapped toy to be donated to Toys for Tots while you get your picture with Santa for free. You may also make a cash donation to this very worthy cause.

We can always use volunteers to help with pictures, coordinating, serving as well as cleanup. This would be a great opportunity for that high school student looking to do some volunteer work to put on their resume. If you would like to help with this event or want more details, please contact Georgia Shotwell at 281-460-8505 or gshotwell@ sbcglobal.net

#### **IMPORTANT NUMBERS**

AMI
Waterfowl, Betty Burkett       713-302-9929         Sheriff - (non-emergency)       713-221-6000         Cy-Fair Fire Department - (emergency)       281-466-6161         (non-emergency)       281-550-6663         Poison Control       1-800-764-7661         Texas DPS       713-681-1761         Waste Management       713-695-4055         (trash collection Mondays & Thursdays)
Sheriff - (non-emergency)       713-221-6000         Cy-Fair Fire Department - (emergency)       281-466-6161         (non-emergency)       281-550-6663         Poison Control       1-800-764-7661         Texas DPS       713-681-1761         Waste Management       713-695-4055         (trash collection Mondays & Thursdays)
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Texas DPS
(trash collection Mondays & Thursdays)
(trash collection Mondays & Thursdays)
SouthWest Water Company 713 405 1750
Harris County Tax Office713-224-1919
Reliant Energy
CenterPoint (gas)
Center Point (street light)713-207-2222
(give pole # of street which is out)
Comcast
Houston Chronicle713-220-7211
Metro Transit Info713-635-4000
Kirk Elementary
Truitt Middle School
Cy-Falls High School281-856-1000
Cy-Ridge High School
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#### **LOE Board Of Directors**

# Visit the Association Website: www.lakesoneldridge.net



#### **NATIONAL NIGHT OUT**



Our National Night Out on October 5 was a tremendous success! As many of you know, National Night Out is promoted by the Sheriff's Department as a way for community members to organize and join together to fight crime. Because of the weather, Texas celebrates National Night Out in October as opposed to August, when the rest of the country gets together. Indeed, we had a beautiful evening this year. As in 2008 and 2009, we had one big party for the entire neighborhood at the Clubhouse. Everyone seemed to have a good time socializing, eating, drinking, and exchanging phone numbers. We even had residents who have lived here for 10 years attend as first-timers! All in all, over 100 residents attended this event.

and Nancy Gardner.

A tremendous thank you goes to our realtors that live in LOE for helping host this event with the Social Committee and for shopping (and more importantly paying) for all the goodies!! Georgia Shotwell, Clive and Nancy Gardner, Steve Hardcastle, Melissa Hunzeker, and Karen Parker provided all the food and drinks.

A big thank you goes to Deborah Dunaway, Rosa Clay, Clive and Nancy Gardner, Angela Hammond, Melissa Hunzeker, Georgia Shotwell, Carrie Loid, Friedel Liptay, Steve Hardcastle, Karen Parker, Tom and Carolyn Mohr, and Heather von Sternberg for helping plan this event as well as set up and/or clean up afterwards.

As a reminder, the Harris County Sheriff's Department wants LOE residents to have quick access to the following numbers in their homes. The number to call for an emergency is 911. The non-emergency number for the Sheriff's Department is 713-221-6000. The number for alarm assistance is 713-221-6000, and this is the same number that should be given to your alarm company for alarm calls. You can call the Crime Prevention Department at 713-225-3273 for a home inspection. A Deputy Sheriff will come out to inspect your windows and door locks, entitling you to a 5% discount on some homeowner's insurance policies (verify with your insurance company). There is no fee; this service is free.

If you missed the 2010 event, you might want to mark your 2011 calendar for Tuesday, October 4 so you won't miss the fun next year!

# Merry Christmas

German: Froehliche Weihnachten

Spanish: Feliz Navidad

French: Joyeur Noël

Italian: Buon Natale

Portuguese: Boas Festas

Swedish: Glaedelig Jul

Dutch: Hartelijke Kerstgroeten

Hungarian: Boldog Karácsonyi Ünnepeket

Slovak: Vesele Vianoce

Hawaiian: Meli Kalikimaka

Eskimo: Quvianaqtuaq Kraisimagvik

Swahili: Salaam Kwa Siku Kuu

Russian: Srohzh dyést vom

Greek: Kalla Christoughenna

Japanese: Me ri Ku ree su ma su

Korean: Son tan ul chuka hamnidah

Chinese: Sheng Tan Kuai Loh



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#### **Oktoberfest Fun**

On October 22 the Lakes on Eldridge Social Committee hosted the third annual Oktoberfest. Over 130 residents came out to sample beers from Houston's local brewery, Saint Arnold. The event was a huge success and everyone had a really great time. Quoting one resident, "Good job on the great Oktoberfest! It was a lot of fun." Another of our neighbors said: "It was a great night to get a sitter and enjoy time with other neighbors. We had a great time."

Each resident attending got to take home a souvenir tasting glass. It was fun for everyone to sample beers they might not ordinarily try and taste a little German food. People were even a little surprised about how much they liked different styles of beer! For more information about the brewery or their weekly tours visit their website www.SaintArnold.com.

Thanks to everyone who attended. A special thanks to Melissa Hunzeker on the Social Committee for coordinating the event. Cecilia Freeman, Kirby & Carrie Loid, Auggie & Jane Campbell, and Friedel Liptay provided lots of help setting up, cleaning up, and serving! We couldn't have done it without our servers either: Angela Hammond, Jerry von Sternberg, David Liney, and Tommy Mohr.

We hope everyone can join us for this event next year!

# WELCOME BACK SERGEANT DAVIS!

We welcome the return to our community of Sergeant Davis, with ISSC, who has recently finished a tour of

duty in Iraq with the U.S. Army. Next time you pass through our main gate, please welcome him back and take a moment to thank him for his service to our country.



# Dachshund Rescue of Houston

Thanks Community Volunteer



The Dachshund Rescue of Houston expresses its sincerest appreciation to Grace Craven, LOE resident. Grace is an amazing girl of 14 with a big heart and volunteer spirit. She is a freshman at Houston Christian High School. As her volunteer project she chose to help DRoH by assisting with the Sable & Dolly Challenge fund raising event held in October.

Grace created the beautiful "Sable & Dolly Challenge Board" displayed at the event, made up the "I gave to the Sable & Dolly" stickers for donors, helped with loading and setup, spent the whole day dog-sitting, and assisted with the silent auction. And then this young girl signed her name to donate \$50 of her own dog-sitting money to DRoH!

The early word is that \$15,000 was raised during the event! For more information about Dachshund Rescue of Houston, please visit www.dachshundrescueofhouston.org.





Looking for some exciting holiday events? See the list below for a few of the annual favorites.

Happy Holidays

To you and your families!

#### THE MAYOR'S OFFICIAL DOWNTOWN HOUSTON HOLIDAY CELEBRATION (DEC. 4, 2010)

The mayor kicks off the holiday season with a celebration featuring fireworks, entertainment and choirs. The event culminates with the lighting of the tree outside City Hall. (713)247-3500 houstonspecialevents.org

#### DICKENS ON THE STRAND (DEC. 4-5, 2010)

What started more than 20 years ago as a potluck supper has blossomed into one of Galveston Island's most famous annual events. Costumed characters, unique vendors, glittering parades and continuous entertainment make this celebration the best of times.

(409) 765-7834 dickensonthestrand.com

# ANNUAL CANDLELIGHT TOUR IN THE PARK (Dec. 10-11, 2010)

The historic homes clustered in downtown's Sam Houston Park open their doors for the Heritage Society's 46th Annual Holiday Candlelight Tour in the Park. Centuriesold seasonal decorations and costumed carolers take revelers back in time to celebrate the season.

(713) 655-1912

heritagesociety.org

#### CHRISTMAS BOAT LANE PARADE (DEC. 11, 2010)

The lighted boat parade on Clear Lake has become a holiday tradition on the Gulf Coast. Some 200 extravagantly decorated boats sail around the lake and up in the channel to Galveston Bay.

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# Yoga, Nia, and Relaxation Meditation Practice



After a long day, come stretch and unwind with some gentle yoga and relaxation meditation. No experience or flexibility needed except for a willing heart and open mind, and it is open to all residents free of charge. Wear comfortable clothing and bring a mat (borrowing mats are available at the class).

#### **UPCOMING TIMES AND DATES ARE:**

- YOGA: 7:30 pm on Dec 7, Dec 9, Dec 14, Dec 23
- **NIA\*:** 6:00 pm on Dec 2, Dec 16
- **MEDITATION:** 9:20 am on Dec 4, Dec 11, Dec 18

\*NIA (yoga and dance) is a dynamic blend of dance arts, martial arts and healing arts, which balances technical precision with free-form expression. Nia brings the body, mind, emotions and spirit to optimum health through music, movement and self-expression, guided by the sensation of \*Pleasure\*. Nia classes are led by Anita Csoma.

All meet at the Lakes on Eldridge Club House, except as noted. Contact Jennifer Adams, adamsjjenn@gmail.com and 713-466-1346 for more information.

# **LOE Thanksgiving Food Drive** *THANK YOU!*

Thank you very much to all those who helped some unfortunate families have a better Thanksgiving this year, by donating non-perishable food items that were taken to the Houston Food Bank. They need help all the time, so if you missed this chance or just want to donate again, please visit www.houstonfoodbank.org for more information.

# Electricity is ON SALE at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

I'm Texas Energy Analyst, Alan Lammey. In case you didn't know, electricity rates are currently at lows not seen in years, which means that NOW is the time to lock in a very low electricity rate with the provider that I highly recommend to all my radio show listeners: StarTex Power. StarTex Power is local and reputable, with some of the most competitive rates available in all of Texas. You can switch right online at www.StarTexPower.com

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BBB awards for Excellence Pinnacle Winner 2010

PUCT #10089

#### **Local Industrial Plant**

# To Implement Noise Reduction Measures

Many residents have been complaining about noise coming from an industrial facility north of LOE. The facility producing the noise, Specialized Pipe Service, was contacted by AMI in early October. At that time the V.P. of Operations agreed to implement the following noise control measures:

- Change hours of operation to 7 a.m. to 7 p.m. (instead of 5 a.m. to 9 p.m).
- Keep bay doors closed except when trucks are being loaded or unloaded.
- Install sound dampeners around the processing machines.
- Install plastic hanging door covers to assist when doors have to be opened.

Recently AMI was informed that the business has found a new location on FM 529. The owner indicated that the new facilities would be ready by approximately the end of November.

AMI will continue to monitor the situation until the move is confirmed. While we can't expect the noise to stop entirely until the business moves, it should be reduced. If you do hear noise prior to 7 a.m. or after 7 p.m., please contact AMI.

#### **Patrol Statistics on Website**

Are you interested in what the Patrol has been up to? Patrol statistics will be available on the community intranet starting in December and will be updated monthly. To access the intranet, go to www.news@lakesoneldridge.net and click on "resident login". Your username and password will be required. If this is your first time logging in, you may create an account by selecting "register as new user".

#### **LOE Mailbox Supplies**

Helpful Hint from AMI: If you need to repair or replace your

mailbox and/or numbers, Perfection Fireplace on Eldridge Road carries the correct styles. Perfection provided all of the mailboxes, numbers, and posts when the community was developed. Perfection Fireplace is located at 6742 North Eldridge, just north of West Little York. Their phone number is 713-937-4575.





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Average Price	\$475,538	\$427,000	\$392,013
Avg Price/sq.ft.	\$125.94	\$124.16	\$110.55
Avg DOM	95	102	46
High Price/sq.ft.			\$153.42
Low Price/sq.ft.			\$71.88



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\*Realtor Teams per RE/MAX 12/2009

# <u>Lakes on Eldridge</u>

# Yard Ch The Month CALLOWAY / CORNEL US GOOD NEIGHBOR PROGRAM

This will be our last yard of the month for 2010! Thanks for the great yards this year! We will begin again in march of 2011. Happy gardening!

The following is a list and photos of our TWO WINNERS and NAMES of our TWO HONORABLE MENTIONS for DECEMBER:



Winner: Jeff & Carnie Hoye, 12726 Waterside Way



Winner: David & Janet Holsinger, 12303 Angel Shores Ln.

Honorable Mention: Mary Proud, 5311 Bristol Bank Ct.

Honorable Mention: Jason & Tiffany Melton, 5422 Windham Springs

Congratulations to you all for a job well done! Winners, please allow 8 weeks for receiving your gift certificate from cornelius

# Book Club

Our reading list has a wide variety of topics, and each book is available through the Harris County Library. Consider joining us to discuss them! We meet on the 4th Monday of each month at a member's home. Call Celeste at 713-896-6942 for location or additional information. Also, if you have a book recommendation please drop her a note at celeste.fritz@gmail.com

#### **RECENT AND UPCOMING BOOKS:**

- November 29 (Nov/Dec combined meeting because of the holidays) To Kill a Mockingbird, by Harper Lee. We decided to revisit this classic on the 50th anniversary of its original publication.
- January 24, 2011 American Lion: Andrew Jackson in the White House by Jon Meacham. Andrew Jackson, his intimate circle of friends, and his tumultuous times are at the heart of this remarkable book about the man who rose from nothing to create the modern presidency. Beloved and hated, venerated and reviled, Andrew Jackson was an orphan who fought his way to the pinnacle of power, bending the nation to his will in the cause of democracy.

# Bible Study

The Lakes on Eldridge Bible study group resumed on August 31 and will continue through next spring.

The fall study by Sharon Jaynes examines what the Bible records to be God's thinking about women. The study takes us from Genesis through the New Testament, to show that women were created for a divine purpose; are blessed through radical obedience; were commissioned to go and tell; and are loved as God's daughters. Also that women were valued in Jesus' teachings; were restored through Jesus' ministry, welcomed into God's presence, and invited into Jesus' classroom; are affirmed in God's family; called out of the shadows; highlighted in the Old Testament; empowered by the Holy Spirit; and chosen for such a time as this.

This thirteen-week study elevates the women of ancient times who were treated as possessions and slaves to the position of value and importance to the progression of humankind. God's plan for women to play a significant role in history becomes clear through the teachings of the Bible.

It is never too late to start learning more about God's plan for you! Please join us every Tuesday morning at the Beach Club (swimming pool club house) at 9:15 for fellowship, study and prayer.

#### **NOT AVAILABLE ONLINE**



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### HOME TRENDS IN LOEN & LOE

2009 / 2010	LAKES (	ON ELDR	IDGE NORTH	LAKES ON ELDRIDGE				
QUARTER	# of Homes Listed	# of Homes Sold	Absorption Rate	# of Homes Listed	# of Homes Sold	Absorption Rate		
Quarter 1	35	17	48.5%	23	4	17.3%		
Quarter 2	27	21	77.7%	27	16	59.2%		
Quarter 3	14	10	71.4%	20	9	45.0%		
Quarter 4	20	6	30.0%	13	6	46.0%		
Total	96	54	Avg: 56.9%	83	35	42.1%		

Absorption rate =  $sold/listed \times 100$ 

Kank Hau!

Special Thanks to all who participated in the food drive for February & March.

### DANIELLE GEBARA

Resident of Lakes on Eldridge North

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**Expires: 12/30/10** 

# December Gardening from Calloway's Nursery

Working in your garden is an excellent escape during the holidays. It is a perfect time to plant trees and shrubs so they can develop a strong root system for next Spring. Cool weather color such as Pansies, Snapdragons, Cyclamen, Flowering Cabbage and Kale add splashes of color to your landscape. Spring flowering bulbs can be planted now once they have been properly chilled.

Prune summer flowering shrubs and vines now. They will bloom on new growth. Remember-do not top your Crapemyrtles! Simply prune to remove seed heads and shape. Trim evergreens only to reshape.

Prepare for the cold weather before it hits! One of the best things you can do for your landscape plants is to provide a 2-to 3-inch layer of mulch. Mulching is necessary year round but during the colder periods it provides a layer of insulation for the roots. Secondly, water your landscape well before a cold spell. A drought stressed plant is more susceptible to freeze damage. Thirdly, for more tender plants, purchase frost cloth for extra protection. Frost cloth is a fabric which adds 3 to 4 degrees of warmth. Cover the plant completely allowing the edges to come all the way to the ground. We are utilizing the heat which radiates from the ground.

Become a member of our Garden Club and you will receive email notices prior to any weather crisis. Visit www.mytexasgarden.com to join. This is also an excellent time to start planning changes or additions to your landscape. Bring a sketch or photo and let our Texas Certified Nursery Professionals assist you!

#### HELP WANTED

The Lakes on Eldridge Social Committee needs your HELP! We are looking for volunteers to help with the community events. The Holiday Season is upon us and we are looking for Volunteers to help with the Community Christmas Party /Toy Drive and Christmas Decorating Contest. The Community events in the past have had a great turnout and were a lot of fun for the children as well as the adults. These events cannot be a success without Volunteers from the community. If you would like to help with one of the upcoming events or want more details, please contact Georgia Shotwell at (281)460-8505 or at gshotwell@sbcglobal.net.



#### **BUNCO JUNKIES**

Members of Bunco Junkies meet & play at the LOE Beach Club House on the 1st Thursday of each month from 12 noon until 2 pm. We must have 12 players each month to be able to play. Please speak to your friends & neighbors and ask them to join us in this easy and fun game. Players do not have to be residents of Lakes on Eldridge to play.

For more information contact Catherine Spellings at CTSpellings@aol.com, or call 713-628-7083 or 713-896-1652.



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#### STITCH & CHAT

Members of Stitch and Chat meet every Thursday from 10 a.m. until 12 noon at the LOE Beach Club House. We knit, crochet, do needle point, embroidery, and counted cross stitch, plus mend items and sew on buttons that we have put off much too long. We make quilts for family members, shawls for cancer patients, and caps for newborn babies. We would love to have you join us for coffee

and conversation. We would be happy to help you get started on any project that you have

always wanted to do.

You do not have to be a resident of Lakes on Eldridge to join us. For more information contact: Catherine Spellings at CTSpellings@aol.com, or call 713-628-7083 or 713-896-1652.



#### PLEASE LET US KNOW!

If you know of a LOE resident who has had any outstanding awards, milestones or accomplishments, please let us know at news@lakesoneldridge.net so they may be recognized in the newsletter.





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# Kecipe of the Month

#### **Christmas Punch**

#### **INGREDIENTS**

- 1 can concentrated white grape juice
- 1 can concentrated cranberry juice
- 3 liter bottle 7-up

#### **DIRECTIONS**

Combine. Garnish with fresh black cherries.



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Resident and Lakes on Eldridge Real Estate Consultant

# My priorities are simple ... they're yours!

"I feel great humility and responsibility when clients choose to work with me. I so value my client's trust and that helps me negotiate better and overcome any challenge that presents itself. As a former educator I enjoy taking classes that help me perform better for my clients. I have obtained my GRI designation and a CNE (Certified Negotiation Expert). I feel that I offer that personal touch which clients appreciate. Please call me for all your real estate needs."

#### See what Karen's clients are saying about her . . .

'Karen Parker was such a wonderful person to work with. She knew what we were looking for and nailed it with the perfect house in the perfect neighborhood. We are extremely happy, due to her great work. Karen truly cares about each and every client that she serves."

— Kathrin A.

"Karen was great! She was available at all different times and was a great advocate for us with the Mgmt leasing co. It was great to find a Realtor that was willing to show rentals and not just homes for sale. She was really nice to work with - I wish she was my neighbor."

— Tia er Edward R

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# - Kids Stuff-

#### Section for Kids with news, puzzles, games and more!



You lean over to whisper something to your friend and you can tell by the look on your friend's face that something is up. Could it be your breath? Maybe you shouldn't have put extra onions on your hamburger at lunch. What's a kid with smelly breath to do?

The good news is that bad breath happens to everyone once in a while. Let's find out how to detect it, prevent it, and even treat it.

#### What's That Smell?

Bad breath is the common name for the medical condition known as halitosis (say: hal-uh-toe-sis). Many different things can cause halitosis — from not brushing your teeth to certain medical conditions.

Sometimes, a person's bad breath can blow you away — and he or she may not realize there's a problem. There are tactful (nice) ways of letting someone know about bad breath. You could offer mints or sugarless gum without having to say anything.

If you need to tell a friend he or she has bad breath, you could say that you understand foods can cause bad breath because you've had it before yourself. By letting someone know that bad breath isn't something unusual, you'll make the person feel more comfortable and less embarrassed about accepting your piece of chewing gum.

If you suspect your own breath is foul, ask someone who will give you an honest answer without making fun of you. (Just don't ask your brother or sister — they just might tell you your breath stinks even when it doesn't!) Although everyone gets bad breath sometimes, if you have bad breath a lot, you may need to visit your dentist or doctor.

#### What Causes Bad Breath?

Here are three common causes of bad breath:

- foods and drinks, such as garlic, onions, cheese, orange juice, and soda
- poor dental hygiene (say: hi-jeen), meaning you don't brush and floss as you should
- smoking and other tobacco use

Poor oral hygiene leads to bad breath because when you

leave food particles in your mouth, these pieces of food can rot and start to smell. The food particles may begin to collect bacteria, which can be smelly, too. Plus, by not brushing your teeth regularly, plaque (a sticky, colorless film) builds up on your teeth. Plaque is a great place for bacteria to live and yet another reason why breath can turn foul.

#### **Preventing Smelly Breath**

So what's a kid to do? Don't smoke or use tobacco products, of course. And take care of your mouth by brushing your teeth at least twice a day and flossing once a day. Brush your tongue, too, because bacteria can grow there. Flossing once a day helps get rid of particles wedged between your teeth. Also, visit your dentist twice a year for regular checkups and cleanings.

Not only will you get a thorough cleaning, the dentist will look around your mouth for any potential problems, including those that can affect breath. For example, gum disease, also known as periodontal (say: per-ee-uh-don-tul) disease, can cause bad breath and damage your teeth.

If you're concerned about bad breath, tell your doctor or dentist. But don't be surprised if he or she leans in and take a big whiff! Smell is one way doctors and dentists can help figure out what's causing the problem. The way a person's breath smells can be a clue to what's wrong. For instance, if someone has uncontrolled diabetes, his or her breath might smell like acetone (the same stuff that's in nail polish remover).

If you have bad breath all the time and the reason can't be determined by your dentist, he or she may refer you to a doctor to make sure there is no other medical condition that could be causing it. Sometimes sinus problems, and rarely liver or kidney problems, can cause bad breath.

Usually, there's a less complicated reason for a kid's bad breath — like what you had for lunch. So keep up with your brushing and flossing and you should be breathing easy — and odor free!

Reviewed by: Lisa A. Goss, RDH, BS, and Charlie J. Inga, DDS Date reviewed: September 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006.The Nemours Foundation



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and
Happy Holidays
to
All Our Neighbors

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