

### The MOMS Club® of Cypress / NW-Fairfield

Moms Öffering Moms Support Welcomes all Stay-At-Home Moms in Lakes of Fairhaven

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.



MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested in helping within the community with service projects? We have that! (And a whole lot more!)

We made it through the holidays! And we certainly hope they were joyous for you. The MOMS Club has many fun activities planned for this New Year, and we hope you can join us! Do you have young children

and are looking for some fun things to do? Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you. Don't let yourself feel isolated being

a stay at home mom. You can attend two events before joining. Our membership fee is only \$20 a year. The MOMS Club is a great opportunity for you and your kids to make new friends in our area. Come visit our next all-member meeting and see for yourself! There is a lot of fun and support just waiting for you! Our next meeting is Tuesday, February 8th at 10AM at Fairfield Baptist Church, Room 208, located at 27240 Highway 290 in the front of Fairfield. We provide snacks and toys, and often have a guest speaker at our meetings discussing topics like finance, health, organization and other popular topics. As always, children welcomed!

For more information please contact Kathy Benevento, Membership VP at 832-220-6138, misskat78@yahoo.com or Lisa Rhody, President at 281-746-7607, trvlinsider@yahoo.com.

# U.S.Track Olympian to Speak at NW Flyers Track Club Registration Breakfast on Feb 5th

The Northwest Flyers Track Club will host its annual free information / registration breakfast on Saturday, February 5, 2011, for all boys, girls and their parents who are interested in joining for the 2011 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The breakfast is the annual opportunity for youth athletes to register for the 2011 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic team.

The Northwest Flyers Track Club is a youth (ages 6-18) track organization, affiliated with USA Track & Field (USATF), that

(Continued on Page 2)

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#### **Newsletter Information**

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#### **Not Available Online**

#### **U.S. Track Olympian** - (Continued from Cover Page)

provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. The Northwest Flyers has approximately 275 members, boys and girls. The club was founded 24 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on the Northwest Flyers Track Club, please visit the team website at http://www.northwestflyers.org or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.

#### **New Website**

Lakes of Fairhaven has a new community website. Please visit it at www.lakesoffairhaven.org and register to get emails on HOA info and upcoming LOF announcements.

## Electricity is ON SALE at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

I'm Texas Energy Analyst, Alan Lammey. In case you didn't know, electricity rates are currently at lows not seen in years, which means that NOW is the time to lock in a very low electricity rate with the provider that I highly recommend to all my radio show listeners: StarTex Power. StarTex Power is local and reputable, with some of the most competitive rates available in all of Texas. You can switch right online at www.StarTexPower.com

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#### Cy-Fair ISD & Volunteers In Public Schools (VIPS):

#### "iVolunteer"

"iVolunteer"! Do you? Or a better question would be "Do you want to volunteer?" And if the answer is "yes" or even "maybe", here's the perfect group for you. VIPS (Volunteers in Public Schools) in Cy-Fair ISD center the attention of their service on supporting students and staff and making a significant contribution to the education of children. These dedicated individuals, who give freely of their time and resources, impact the academic and personal development of Cy-Fair ISD students. Cypress-Fairbanks ISD is fortunate to be able to draw from a diversity of skills and knowledge in its community.

The district VIPS Executive Board spearheads the business of the VIPS. This board is comprised of volunteers elected to take on specific responsibilities offering support, guidance, and training to all volunteers in the district. The VIPS Executive Board meets monthly to evaluate and address the needs of the district and distribute information relating to volunteer and community activities and strengthen parental involvement in education. If you are interested in being involved at Cy-Fair schools as a volunteer and making a difference, or would like more information, please contact Pam Scott, Partners in Education Director at 281-894-3950.

### January 2010 Upcoming Events • January 11: Sooper Puppy Training – 9:30 a.m. to 12 p.m., Berry

- January 11: Sooper Puppy Training 9:30 a.m. to 12 p.m., Berry
  Center. Sooper Puppy is a first grade class series dealing with age
  appropriate life lessons, facing dilemmas and arriving at solutions by
  making good choices.
- January 13: VIPS General Meeting 9:30 a.m. to 12 p.m., Berry Center. Open to all CFISD volunteers, parents, staff and community members. Get the latest information on CFISD volunteering and learn through networking!
- January 14: PIE Student Mentor Training 9:30 a.m. to 12 p.m.,
  Berry Center. Training for individuals committed to serve as a role
  model and friend to CFISD students. District approved mentors meet
  with students weekly during school hours on school campuses.
  Along with this two hour training, an application and criminal
  background check are required.
- January 25: Junior Achievement Volunteer Training 9:30 a.m. to 11:30 a.m., Berry Center. The purpose of Junior Achievement is to educate and inspire young people to value free enterprise, understand business and economics, and be workforce ready.
- How to register for training: Register for training by emailing the PIE office at vipsrsvp@cfisd.net. Adults only please.



### Rosehill Christian School Participates in Operation Christmas Child

Elementary students in grades K through 5 from Rosehill Christian School participated in Operation Christmas Child and donated 199 shoeboxes of gifts to be shipped to the needy children of Haiti. Operation Christmas Child is a ministry of Samaritan's Purse, a Christian organization run by Franklin Graham, the son of Evangelist Billy Graham. Their goal is to provide spiritual and physical aid to hurting people throughout the world. Operation Christmas Child is a program that allows the community a tangible way to help the needy children around the world. The shoeboxes were filled with new toys, school supplies, candy and a personal note. Rosehill Christian School had a goal of 155 boxes, one for each student enrolled in elementary school at RCS. Through the generosity of the students and parents, that goal was surpassed by over 40 shoeboxes. "I am constantly reminded that no child is too small to do the work of the Lord!" stated fifth grade teacher, Christie Newell. Middle school English teacher, Katie Davila, and her husband, Noe, graciously loaded up all 199 shoeboxes and dropped them off at Lifeway – a drop site for Operation Christmas Child. Newell was very pleased with the response of the students and acknowledged that this service project was "a wonderful opportunity to teach our young kids how to reach out to kids their own age who get nothing for Christmas". Rosehill Christian School is located at 19830 FM 2920 in Tomball, Texas.





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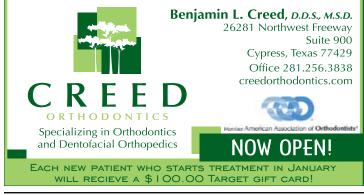
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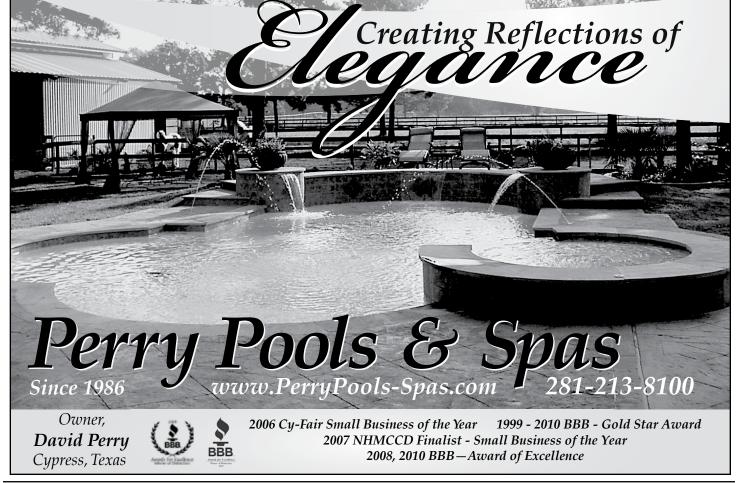
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### WRAP 2011 Planning Is Underway!

WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug- and alcohol-free all-night party for the graduating seniors and their guests after their prom. This year WRAP will be held at ITZ on May 27, 2011, as an overnight lock-in party, it is a fun-filled evening of shows, games, activities, food, gifts and prizes!

WRAP still has openings for event chairs and co-chairs! Earn mega bucks by serving as a chair or co-chair!

Have you filled out your Parent Information Form yet? We need this to get you on our e-mail list!

Visit www.cywoodswrap.org and be an active parent!

**MEETINGS:** FIRST THURSDAY OF EACH MONTH AT 7:00 P.M. IN THE CY-WOODS COMMONS.

### Attention All Senior Parents! Class of 2011

START OFF THE NEW YEAR RIGHT!!! CATCH UP YOUR SENIOR ON THEIR WRAP BUCKS

All you have to do to participate is Contribute \$20.11
For EVERY Donation of \$20.11 made by February 3, 2011
Your Senior will receive 5,000 wrap bucks!
Checks can be given to the WRAP Treasurer at our monthly WRAP
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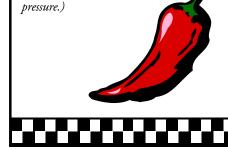
#### **Picante Sauce**

#### **INGREDIENTS**

- 1 lb. peppers (bell, banana, & jalapeno; according to how hot you want the sauce; the seeds of the jalapeno peppers add a lot of WARMTH!)
- 3 onions
- 3/4 C sugar
- 3 qts. tomatoes
- 4-5 cloves garlic
- 1 C vinegar
- 2 T salt

#### **DIRECTIONS**

Scald tomatoes and peel. Quarter and place in large pot. Chop peppers, onions, and garlic; and mix with tomatoes. Add sugar, vinegar and salt. Simmer slowly several hours until the sauce is the desired consistency. Pour into sterilized jars. Close and invert to seal. (*I pressure mine for 5 minutes at 5 #* 





## COMMUNITY NEWSLETTERS

#### -- Austin --

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Lakes of Fairhaven Year-to-Date Sales Report												
	Feb '10	Mar '10	Apr '10	May '10	June '10	July '10	Aug '10	Sept '10	Oct '10	Nov '10		
\$500,000 and above	0	0	0	1	1	1	0	0	0	1		
\$451,000\$499,999	0	1	0	1	3	0	1	0	1	0		
\$351,00\$450,000	0	0	0	2	2	2	2	2	2	0		
\$276,000\$350,000	0	0	0	0	0	0	0	0	0	0		
\$231,000\$275,000	0	0	0	0	0	0	0	0	0	0		
\$201,000\$230,000	0	0	0	0	0	0	0	0	0	0		
\$200,000 and below	0	0	0	0	0	0	0	0	0	0		
Total	0	1	0	4	6	3	3	2	3	1		
Highest \$/sq ft	-	\$93.78	-	\$97.68	\$111.26	\$117.47	\$116.95	\$100.45	\$109.93	\$124.86		

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