

# RANCH RECORD

*Official Newsletter for the Steiner Ranch HOA*

VOLUME 5 ISSUE 1

JANUARY 2011





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## COMMUNITY INFO

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### STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane  
Austin, Texas 78732  
512-266-7553 – Telephone  
512-266-9312 – Facsimile  
[www.steinerranchhoa.org](http://www.steinerranchhoa.org)

### REGULAR OFFICE HOURS

Monday thru Thursday..... 1:00pm – 5:00pm  
Friday..... 10:00am – 5:00pm  
Closed Saturday & Sunday

### STAFF

#### CMCA, AMS, Executive Director

Scott Selman..... [scott@steinerranchhoa.org](mailto:scott@steinerranchhoa.org)

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#### Community Standards Coordinator

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#### Amenity Coordinator

Patricia Campbell ..... [patricia@steinerranchhoa.org](mailto:patricia@steinerranchhoa.org)

#### Front Office Coordinator

Donan Grant ..... [donan@steinerranchhoa.org](mailto:donan@steinerranchhoa.org)

#### Maintenance Technician

Angel Alvarado

#### Maintenance Technician

Macedonio Salazar

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## MISSION STATEMENT

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### Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

*"Be the Community."*

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## IMPORTANT NUMBERS

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### EMERGENCY NUMBERS

EMERGENCY ..... 911  
Fire..... 911  
Ambulance..... 911  
Sheriff – Non-Emergency..... 512-974-0845  
Travis County ESD No.6/Lake Travis Fire Rescue  
Administration Office..... 512-266-2533  
Travis County Animal Control..... 512-972-6060

### STEINER RANCH CONTACTS

Steiner Ranch Community Association Office..... 512-266-7553  
Development Office ..... 512-266-5833

### SCHOOLS

Leander ISD..... 512-570-0000  
Cedar Park High School..... 512-570-1200  
Vandegrift High School..... 512-570-2300  
Canyon Ridge Middle School ..... 512-570-3500  
Laura Welch Bush Elementary..... 512-570-6100  
Steiner Ranch Elementary ..... 512-570-5700  
River Ridge Elementary..... 512-570-7300

### UTILITIES

Travis County WCID # 17..... 512-266-1111  
City of Austin Electric..... 512-494-9400  
Texas Gas Service  
Custom Service..... 1-800-700-2443  
Emergencies..... 512-370-8609  
Call Before You Dig..... 512-472-2822  
AT&T  
New Service..... 1-800-464-7928  
Repair..... 1-800-246-8464  
Billing..... 1-800-858-7928  
Time Warner Cable  
Customer Service..... 512-485-5555  
Repairs..... 512-485-5080  
TDS (Trash & Recycle)..... 512-421-1300  
Austin/Travis County Hazardous Waste ..... 512-974-4343

### OTHER NUMBERS

Lake Travis Postal Office..... 512-263-2458

### NEWSLETTER PUBLISHER

Peel, Inc. .... 512-263-9181  
Editor..... James Plasek  
Advertising..... [advertising@peelinc.com](mailto:advertising@peelinc.com)

## GO GREEN! GO PAPERLESS!

Sign up to receive the Ranch Record  
directly to your inbox.  
Visit [PEELinc.com](http://PEELinc.com) for details.

## COVER PHOTO

*Do you take great photos?*

This month's cover photo of the Steiner Ranch Blvd. entrance was taken by Viviane Peterka, last year when it snowed in early February. You never know what the weather will bring in Texas. As the saying goes, "if you don't like the weather here, wait a minute".

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Ranch Record.

Requirements for submission:

- Must have been taken in Steiner Ranch
- Be of High Resolution
- Prefer "portrait" orientation

We'd love to have something that pertains to this time of the year in some way, such as a special Valentine celebration at school or special event. Our February, 2011 issue submittal deadline is January 7th and photos should be submitted electronically by the deadline date to Sharon Adams at [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.

## ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com). The deadline is the 8th of the month prior to the issue.

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## *Visit us in January for Glaucoma Awareness Month*



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### Facts About Glaucoma:

- ♦ Glaucoma is one of the leading causes of blindness!
- ♦ There is no cure for glaucoma
- ♦ Everyone is at risk

Find more information at: [www.glaucoma.org](http://www.glaucoma.org)



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# Happy Holidays



## From The Realtor Who Gets You Results!



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THE Steiner Ranch  
Realty Sales Specialist  
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[www.agent-angie.com](http://www.agent-angie.com)

  
**KELLER WILLIAMS**  
R E A L T Y

# Around Steiner

## NEWCOMER ORIENTATION

*Welcome Newcomers!*

Welcome new residents of Steiner Ranch! If you have recently purchased a home here, you will receive an invitation to the Newcomer Orientation held on Thursday, February 3rd at 7:00pm in the Towne Square Community Center at 12550 Country Trails Lane. You will have the opportunity to become better acquainted with your new community, as well as with other new homeowners. A brief presentation will be given on the history of Steiner Ranch, the organization of the homeowners associations, the homeowner committees, the assessment rates, community rules and regulations and future development plans for Steiner Ranch. Light refreshments will be served.

Not able to attend? Then come to the next one on April 7th at 7:00pm in the Towne Square Community Center.

Have you lived here a while and never attended an orientation? Do you want to know more about Steiner Ranch? We would love to have you come and join us.

Please RSVP to 266-7553 or to Sharon Adams at [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).

## Better Insurance Coverage

### Better Price

Your insurance coverage should be as unique as your family, because no two are alike. Southwest Independent Insurance is a Four Points based agency where we take a personalized approach to protecting families and businesses within our community. We don't subscribe to the "one size fits all" plan for protection and our strategy involves a whole host of carriers competing for your business. Call today for a free analysis and receive a \$25 gift card to any Steiner restaurant.

*Shelley Gerhardt, Broker since 1991*



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**512-751-6808**

## MARK YOUR CALENDARS NOW! 2011 Steiner Ranch Social Events

Feb 26 – Chili Cook-off

Mar 5 – Run the Ranch

Apr 9 – Spring Garage Sale

Apr 23 – Easter Egg Hunt

May 14 – Casino Night

July 4 – Parade

Aug 20 – Concert in the Park

Sept 24 – Garage Sale

October – Pumpkin Patch – Benefiting

Dell Children's Hospital

Oct 29 – Haunted Trail

Oct 31 – Halloween Event

Nov 5 – Camping on the Ranch

Nov 12 – Holiday Sales Event and Santa Pictures

*All Events are tentative and subject to change or cancel, so please check monthly issues of the Ranch Record, the Steiner Ranch website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org) and Facebook (Steiner Ranch Social Committee) for updates.*

## Steiner Birthdays

December 2nd - Mia Rice

January 15th - Ericka Myers

Happy Birthday!

Send your Birthday  
announcements to  
[steinerranch@peelinc.com](mailto:steinerranch@peelinc.com)





## LCRA to Lower Lake Austin

The LCRA will lower Lake Austin beginning January 3, 2011 to help control nuisance plants (hydrilla and duckweed) in the lake and allow lakeside residents and businesses to build and maintain docks. During this time, the Lake Club will undergo some renovations which will include replacement of the docks boards and bumpers, re-staining the docks and Lake Club pavilion, repairing the plastic under the docks and some parking lot repairs.

The 12-foot drawdown of the lake is expected to take approximately three weeks. Without significant rain in the forecast, a slow drawdown is expected. LCRA will begin refilling the lake on February 8th and should be at full capacity by February 13th.

REMINDER: The boat ramp next to the Lake Club is not owned by Steiner Ranch. This is a public boat ramp that Steiner Ranch residents can use.

## WCID 17 Will Recycle Your Natural Christmas Trees

WCID 17 will once again accept your natural Christmas tree this year for use at its composting facility. Once you have removed all decorations and tinsel from the tree you can drop the bare tree off at either the WCID 17 Utility Yard on Broken Bow in Apache Shores or at 3315 N. Quinlan Park Road (Logan's Way) in Steiner Ranch until **January 7, 2011**.

Just place the tree outside the gate at either location. Thank you!



## Caring for you, from one generation to the next.

When it comes to experienced and compassionate OB/GYNs, Frank Hinds, M.D., and John Thoppil, M.D., of Cedar Park OB/GYN Associates, are here for you. Dr. Hinds and Dr. Thoppil specialize in caring for women at every age and stage of life. Their goal is to provide quality care for patients with individualized attention and education to help them make informed health decisions.

Dr. Hinds and Dr. Thoppil are accepting new patients and next-day and evening hour appointments may be available. To schedule an appointment, please call 512-528-7385.

John Thoppil, M.D.  
Board-Certified  
OB/GYN



Frank Hinds, M.D.  
OB/GYN



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Members of the Medical Staff at Cedar Park Regional Medical Center



## Local Team Finishes Second in 2010 SuperSeries 10U **FALL STATE CHAMPIONSHIP**

The Scorpions 10U baseball team out of Cedar Park lost a hard fought State Championship game to the Texas Longhorns (McAllen, TX) in late November, falling 9-5. The Scorpions survived an 8 inning semifinal game to the local Sam Bass Longhorns, pulling out a dramatic 6-5 win that went two extra frames. The Scorpions include two local Steiner residents. Congratulations to Drew Nelson (pictured middle front row) and Mattie Klassen (front row; second from right) on a great fall season!

*Way to go Scorpions!*







# Steiner Ranch Orthodontics

4302 Quinlan Park Road

(Across from the Welcome Center in the Vista Ridge Center)

**266 8585**

Come see the difference a Board Certified Orthodontist can provide. Dr. James Waters graduated at the top of his class from the University of Texas Dental School in San Antonio in 1996. He served a one year residency at the University of Nebraska Medical Center and practiced for two years as a General Dentist in Oregon. Realizing the complexities of Orthodontics, he sought to pursue ADA accredited advanced specialty education prior to offering this service to the public. As all specialists are required, Dr. Waters left his General Dentistry practice to attend a 30 month Post-Doctorate University. After graduating Valedictorian from the prestigious Saint Louis University Orthodontic Program with a Master's degree in Orthodontics, Dr. Waters moved to Austin in 2001 and joined the nationally recognized practice of orthodontist Dr. Robert Kaveff who pioneered many early treatment techniques and appliances over his 40+ years in practice. Dr Waters worked side by side with Dr. Kaveff over the next year as he gained further invaluable experience from reviewing hundreds of cases and he learned techniques known only to those who have been in the specialty field for a lifetime. After retirement, Dr. Kaveff passed the torch to Dr. Waters who is pleased to open his new office to his neighbors in Steiner Ranch.

Come in and see our new office and see what Contemporary Orthodontics from a trained specialist can do for you and your family. *We provide more than just a smile!*

Meet Dr. Waters and receive your Complimentary examination today.

All insurances Accepted. Visa/MC/Discover.



## STEINER RANCH *Annual Chili Cook-off*

February 26th • 6:30pm – 9:30pm

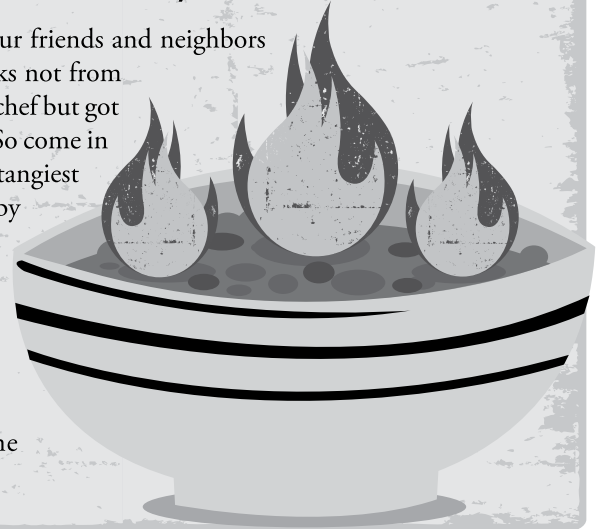
\$10 per Non-Chili entry • Free per Chili entry

Dust off your cookbooks, don your aprons, and get ready to impress your friends and neighbors with your own delicious version of a good ol' Texas chili. And for you folks not from around these parts, show us how it's done where you come from! Not a chili chef but got a willing stomach and a taste for the hot stuff? GREAT! Come eat with us! So come in from the cold for our spicy hot competition, featuring some of the tastiest, tangiest and most original chili created by our very own residents and accompanied by a variety of beer.

Vote for your favorite chili in the People's Choice Award competition and stay for our trophy presentations for this and the Judge's Choice. The competition and the chili will be lively.

Mark your calendars and book your babysitters – the date is February 26, 2011 from 6:30 to 9:30 pm at the Towne Square Community Center!

Check the HOA web site ([www.steiner ranchhoa.org](http://www.steiner ranchhoa.org)) for the online registration information and register today!



## Let Me Help With a New Year's Resolution

While many people make New Year's resolutions, not everyone keeps them. But if your resolutions include buying or selling a home this year, I can help make sure it becomes a reality! Put my hundreds of sales and years of experience to work for you!

Don't forget, the third Investing in Real Estate Workshop on January 18th at 7:00pm. Visit [www.RealEstateInAustin.com](http://www.RealEstateInAustin.com) for more details about this free workshop.

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# Stork Report in Steiner Ranch

Submit your information on the  
arrival of your little one to [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com).



Vivian Avera

Arrived: October 10, 2010

Proud parents: John and Joanna Avera



Ramsey Juliet Wise

Arrived:

November 5, 2010



Stella Rose Mitzenmacher

Arrived: November 8 2010

Parents: David and Christina Mitzenmacher

## Peel, Inc. COMMUNITY NEWSLETTERS

Avery Ranch  
Barton Creek  
Bee Cave  
Bella Vista  
Belterra  
Canyon Creek  
Cedar Park Town Center  
Cherry Creek on Brodie Ln.  
Circle C Ranch  
Courtyard  
Davenport Ranch  
Forest Creek  
Granada Hills  
Hidden Glen  
Highland Park West Balcones  
Highpointe  
Jester Estates  
Lakeline Ranch  
Lakeway  
Lakewood  
Laurel Oaks NA  
Legend Oaks II  
Long Canyon  
Lost Creek  
Mayfield Ranch  
Meadows of Brushy Creek  
Pemberton Heights  
Plum Creek  
Ranch at Brushy Creek  
River Place  
Sendera  
Shady Hollow  
Sonoma  
Steiner Ranch  
Stone Canyon  
Sunset Canyon  
Travis Country West  
Twin Creeks  
Villages of Westen Oaks  
Vista Oaks  
Westcreek  
Westminster Glen  
Westside at Buttercup Creek  
Wood Glen

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*Publishing Community Newsletters Since 1991*

# Around Steiner

## Steiner Ranch History Corner

You may be aware that several roads in Steiner Ranch are named after Texas Rangers, or are named after colorful people in Texas history. Varner Court is named after Martin Varner who lived from 1785–1844. Martin Varner was born in Pennsylvania and after his family migrated to Warren County, Ohio in 1791, Varner was not satisfied with his life as a farmer. So, in 1815 he traveled down the Ohio and Mississippi rivers, to the Arkansas Territory. Meeting up with his brother John and friend Henry Jones, they moved south to the Red River and established one of the first Anglo-American settlements in Texas, Jonesborough. Varner married Elizabeth English (English) in 1818. When Varner and the Jones brothers learned of Stephen F. Austin's colony, they traveled with others to the Brazos River and enrolled with the Old Three Hundred. The name Old Three Hundred is sometimes used to refer to the settlers who received Mexican land grants in Stephen F.


Austin's first colony. Varner received leagues of land on the Brazos River at West Columbia and Waller County. His distillery there sent a bottle of rum to S. F. Austin, who credited them with making the first ardent spirits in the colony. In 1834, Varner sold the plantation to Columbus R. Patton for \$13,000. (ed. Note: this is equivalent today to over \$2B USD).

Varner was in many battles and was rewarded for it. He participated in the battle of Velasco in 1832. Later he volunteered in the Texas army in 1836. He was awarded 320 acres of bounty land in Wood County for his three months of service in the army. To escape Antonio López de Santa Anna's advancing army, Varner and his family fled in April 1836 during the Runaway Scrape. When his family was safely across the Trinity River, Varner turned back to join the Texas Army. In 1836 for his service at the Battle of San Jacinto he was awarded 640 acres of donation land in Wood County. Later he purchased a 1,700-acre ranch in

Lamar County and Varner became the first permanent settler in Wood County in 1841, when he moved there to avoid hostile Indians. He used the cash from the sale of the Varner Plantation to purchase land certificates from San Jacinto veterans and patented over 6,000 acres in Wood County. Sadly, in a dispute with a neighbor, Simon Gonzales, Martin was shot in the back. When his only son, eighteen-year-old Stephen F., attempted to rescue his father, he was also shot and killed. Their loyal slave, Joe, subdued the killer, who later died from knife wounds inflicted by Varner. Martin Varner died three days later, on February 14, 1844 at the age of 59. He was survived by his wife and six daughters. A marker has been placed by the Texas Historical Commission at the site of the home and cemetery of Wood County's first family. Source: Texas State Historical Association. For more information contact Rich Keith [richkeithprimerica@austin.rr.com](mailto:richkeithprimerica@austin.rr.com) (512) 632-0162.

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**Hill Country**  
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Tuesday, February 8  
8 a.m. - 10 a.m.

School Preview for 7th-12th grade  
Thursday, April 14  
7 p.m. - 9 p.m.

The mission of Hill Country Christian School of Austin is to provide a Christ-centered, classical, college-preparatory education that inspires students to become life-long learners and effective communicators who impact the world with the life-changing reality of Jesus Christ.



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Visit our website for more info. [www.HillCountryChristianSchool.org](http://www.HillCountryChristianSchool.org)  
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## Trails Update

Cold weather is a great time to be on the trails. You may see more wildlife such as roadrunners chasing down insects, reptiles (including snakes), mice, spiders, scorpions, and centipedes. Roadrunners are cuckoos and you can recognize their tracks because roadrunners have four toes: two facing forward and two facing rear. DIY trail maintenance: If you see a branch hanging over the trail where it could be hazardous, just bring a hand saw on your next trip and cut it off. Note that any other cutting is never allowed in the greenbelts. Only your HOA is allowed to make trail repairs or reroutes - see below.

We are forming teams to help design the labels to go on all the trail signs. Like to solve puzzles? Contact us.

Is your favorite trail in need of repair or in need of better sign locations? If you see a problem on the trails, call the HOA at 266-7553 or visit <http://www.steinerranchhoa.org> under "Report A Problem." Be specific about the location on the trail, the problem you see, your ideas for a solution, and your contact information.

Construction of any kind is not allowed on the greenbelts or along trails. Your HOA dollars are wasted paying for labor to remove structures such as forts, and the responsible parties are subject to fines. If you see any construction, take a picture and contact the HOA. Recently a resident was injured when he fell against one of

the T-posts which have been installed in some of our older trails. Please be careful around these T-posts as we work to remove them from the trail system.

Only the HOA is authorized to create trails in Steiner Ranch. Unfortunately, someone has been cutting down trees in our greenbelt trying to make rogue trail. These are not authorized trails and are actually dangerous routes. We don't wish to spend your HOA money trying to close and re-vegetate rogue trails. Instead, we want to hear from those who want new trails because we are actively looking at routes within Steiner to expand our trail system. Would you like to help us plan new trails? Contact your trails committee to get involved or come to the next Trails Committee meeting on Thursday, February 10 at 7PM at Bella Mar. All residents are welcome to attend. A trail signage project team is now forming: We are designing a system of labels for our trail sign posts. To get connected here and volunteer your design skills, contact the trails committee at (512) 632-0162.

If you see any rogue trail cutting or dangerous activity, including motorcycles anywhere on the trails or in the parks, take a picture and call the Travis County Sheriff West Command at (512) 854-9728 and the HOA. Remember, your trails are private and are for your use, and your accompanied guests' use only.



### Cheerleading & Tumbling

Classes • Camps • Private Lessons

#### Level 1: 5-8 yrs

Wednesday 3:30pm

#### Level 2: 7-10 yrs

Pre-requisite: Cartwheel

Wednesday 4:20pm

#### Level 1/2 Combo: 6-11 yrs

Pre-requisite: Cartwheel

Wednesday 5:15pm

Classes Held at Wild Basin  
Fitness, Steiner Ranch.

**Kim Krant - Owner/Instructor**

**UT Longhorn 4-year**

**Varsity Cheerleader**

**[info@CheerBliss.com](mailto:info@CheerBliss.com)**

**512.619.8095**

**[www.CheerBliss.com](http://www.CheerBliss.com)**

**Open  
Registration  
For SPRING!**

Fun, Non-Competitive  
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February 2, 2010

## New Year's Resolutions For Your Computer



- I will backup my data
- I will secure my wireless network
- I will protect my children
- I will keep Windows updated
- I will keep all programs updated
- I WILL call Tek-Chic Systems

This month's article is

**"Technology and Working from Home"**

Read it at [www.Tek-Chic.com](http://www.Tek-Chic.com)

TEKCHIC  
SYSTEMS

**Laurie Scott**  
**512-981-7835**

[Laurie@Tek-Chic.com](mailto:Laurie@Tek-Chic.com)

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**Sunday Morning Schedule**  
 9:30 - Blended Worship  
 11:00 - Contemporary Worship  
 9:30 & 11:00 - Bible Life Groups (all ages)

**Great Hills Baptist Church**  
 10500 Jollyville Road . Austin, Texas 78759  
 512.343.7763

## Year Round Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed!! No intimidation allowed!! If you can swim one length of the pool, then you are ready to join in on the fun. Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm.

For more information visit [www.redgiantsmasters.org](http://www.redgiantsmasters.org).

### Our swim schedule is as follows:

- Wednesdays and Fridays at 5:30 a.m. until 6:45 a.m.
- Sundays at 6:30 a.m. until 7:45 a.m.
- \$30 per month for Residents

Come on and give it a try! It's easy to sign up:

1. You must be 18 yrs. and older.
2. Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, [www.usms.org/reg](http://www.usms.org/reg) and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office.
3. Fill out the Program Registration form at the HOA office, provide a copy your USMS card and submit payment!

As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

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## Thank You, Coach Winkler!

The Steiner Red Giants Masters Swim Team held a celebration on October 20 in honor of Coach John Winkler, who established the adult swim program in Steiner Ranch along with his wife, Anneth. John was diagnosed with lymphoma in 2009, and experienced a recurrence in 2010. He and Anneth have officially relinquished the reins of the USMS-affiliated swim club to direct their attention to John's treatment. Members of the Steiner Red Giants welcome Coach Hollie Kenney, and give a big "Thank You" to Coach John. "You might not be on the deck, but you're always in the water with us!"

## WINTER POOL HOURS



*Now that the weather has turned cold and the pool heater at the Bella Mar Lap pool is on, it has become necessary to cover that pool. Due to the limited recourses of Association Staff, it is necessary to cover the pool when staff is not on site. Homeowners are NOT ALLOWED to uncover the pool at any time. The following hours will apply:*

### BELLA MAR

Splash Pool & Baby Pool  
Closed for season

**Lap Pool:** Closed Mon (All Day)  
Tue-Fri 7:00am – 7:30pm  
Sat & Sun 7:00am – 2:00pm

**The following programs will be using the lap pool:**  
Master's Swim Program  
Wednesday & Friday  
5:30am – 6:45am  
Sunday 6:30am – 7:45am

### VHS Swimming

Monday & Wednesday  
6:30am – 9:00am

Tuesday, Thursday & Friday  
7:10am – 9:15am

Lap lanes will be available to lap swimmers during these sessions.

### TOWNE SQUARE – (UNHEATED)

Closed Monday until 12:00pm  
Tuesday – Sunday 8:00am – 10:00pm

### JOHN SIMPSON – (UNHEATED)

Closed until renovations are complete

*Please note\*\*Lifeguards are no longer on duty. Swim at your own risk.*

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Dr. Elyse Cronin

# Around Steiner

## Steiner Stars Summer League Swim Team



Swimmers take your marks! Registration time is approaching! The Stars swim team will hold online Returning Family registration for the Red and Blue competition teams from March 7th through March 21st. The Red and Blue teams' competitive swim seasons will run from May 9th through July 9th, with practices and some meets held at the Bella Mar lap pool. During the summer, Red practices by age group from 7:30 am to 12:30 pm, Tuesday through Friday; Blue practices from 2:30 pm - 6:30 pm, Monday through Thursday.

If you'd like to join Stars Red or Blue, new family registration will be held on Friday,

April 1st from 6:00 pm to 7:00 pm at the Bella Mar Community room. The Stars must set a limit of how many swimmers are enrolled per age group according to our competition circuit rules and available practice space, so please check our website prior to New Family registration to determine if there are spots available for your swimmer before you attend registration.

Registration for our developmental program, the Shooting Stars, will be held in mid-April. This program is for the swimmer who wants to become proficient in the four competition strokes, but may not be quite ready for a full slate of

competitive swim meets. Shooting Stars will swim during the mornings at the John Simpson pool from July 19th through August 11th on Tuesday, Wednesday and Thursday of those weeks. Registration for this program is online and first-come, first-served (based on eligibility) for each season.

A full schedule for practices and meets, as well as other information will be available soon on our website, [www.steinerstars.org](http://www.steinerstars.org). We hope to see all of our swimmers back at the pool next summer for another fun and exciting season!

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[www.LazarLaw.com](http://www.LazarLaw.com)

# New Year, New You!

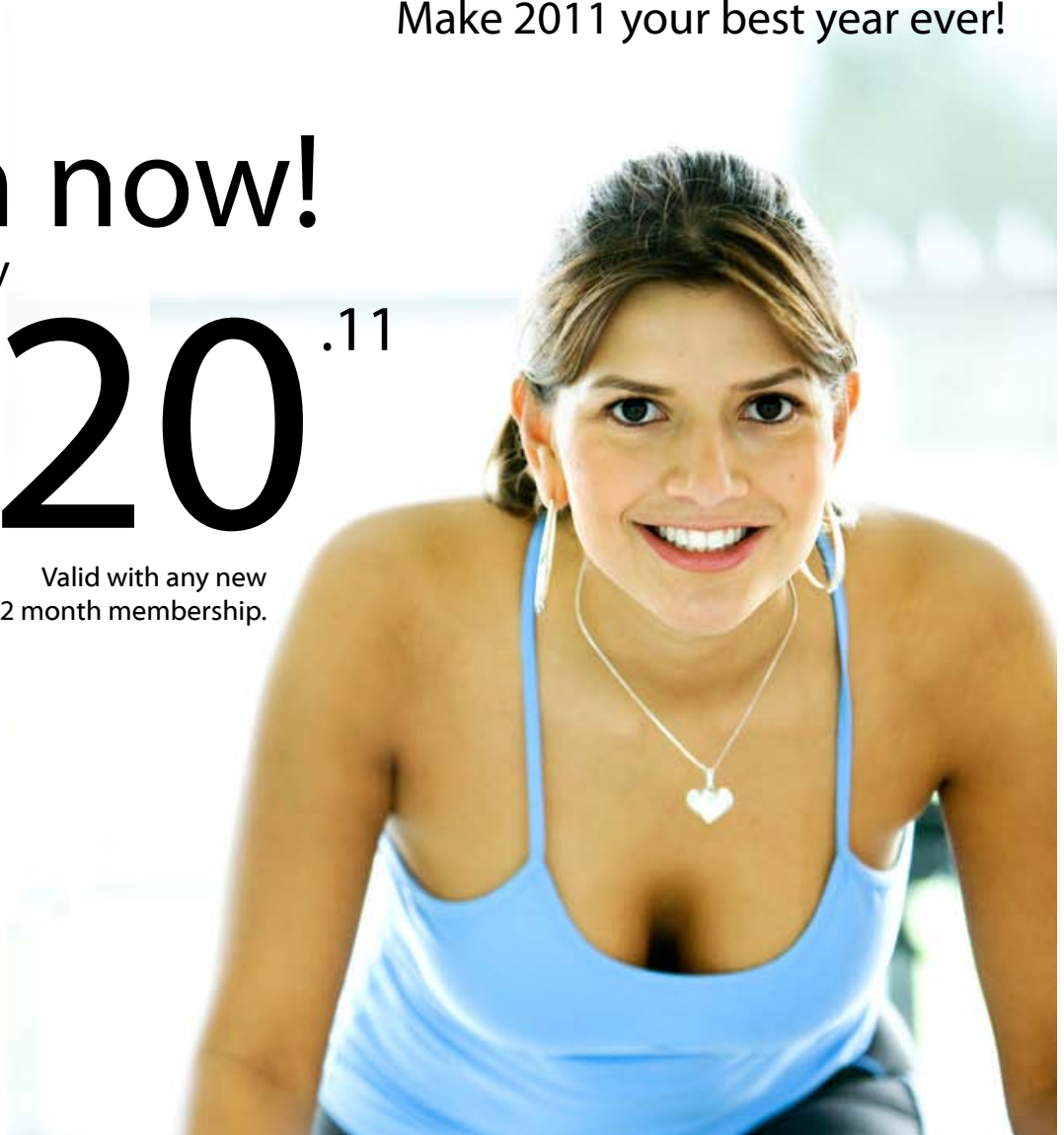
Make 2011 your best year ever!

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# Around Steiner

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## 9th Annual Cedar Park Swimming Kids Triathlon

**May 1st, 2011**  
**8:00 AM Start**  
**Elizabeth Milburn Pool**

### EVENT INFORMATION

This triathlon is a USAT sanctioned event. The purpose of the Cedar Park Swimming Kid's Triathlon is to offer kids between the ages of 7 and 15 the opportunity to experience a multi-sport event in a safe and positive environment. The age you turn during the calendar year of 2011 is the age group in which you will compete in. While competition is always part of any race, it is not the primary focus of this race. The main focus of this event is for the kids, their families and the community to have FUN!

The event will take place at the Elizabeth Milburn Park in the City of Cedar Park, located at 1901 Sun Chase Blvd., 78613, on Sunday, May 1st, starting at 8:00 AM.

- Limited to 300-Participants

#### Distance:

Juniors (7-10): 100m - Swim / 3 mile - Bike / 1k (.6 miles) - Run  
Seniors (11-15): 200m - Swim / 6 mile - Bike / 2k (1.2 miles) - Run

#### Age Groups:

Individuals: 7-8, 9-10, 11-12, 13-15

Relays: Juniors (7-10), Seniors (11-15)

Relays can be all male, all female, or co-ed.

#### Awards

Every athlete will receive a finisher medal. Early registration participants will receive a FREE T-shirt. Trophies will be given for 1st through 3rd places per age group for boys and girls. Medals will be given for 1st through 3rd places for junior and senior relays.

- Over 301 participants registered in 2010
- Over 20-local Cedar Park business' donated money, gift coupons, or door prizes for all the participants
- Over 100 of our Cedar Park Swimming families donated all the food & drink, and Silent-Auction items, as well as volunteered on race day

- Web Site for Triathlon: [www.leaguelineup.com/cptri](http://www.leaguelineup.com/cptri)
- Race Director: Rob Alsbaugh (1stvp@cedarparkswimming.org) 512-733-2490

We are a year-round competitive swim club since 1995 sanctioned by USA Swimming and South Texas Swimming. A family-oriented club of 140+ swimmers, ages 6 – 20. Learn stroke mechanics, sportsmanship, goal setting, and rules of competitive swimming while making new friends and building team unity. Participate in some of the alternative athletic adventures of the club:

Cedar Park Kid's Triathlon

Tubing on Guadalupe River

Schlitterbahn Trip

Rock Climbing

Caving Expeditions

- Practice Location: Elizabeth Milburn Pool, Mon-Fri
- Contact: John Baltzell, Head Coach
- [j\\_baltzell@hotmail.com](mailto:j_baltzell@hotmail.com) 512.218.9664



[www.cedarparkswimming.org](http://www.cedarparkswimming.org)

# Registration Is Open 2011 Winter/Spring Programs

2011 Winter/Spring Programs in Steiner Ranch begins in January! Registration has opened December 1st for Residents, so go online and look for all program information in the 2011 Program Guide at [www.steinerranchhoa.org](http://www.steinerranchhoa.org). Here is a summary of what you will find:

## **Preschool Programs**

Sportball  
Tap & Ballet Combo  
Gymnastics  
Tennis  
Art - Abakadoodle  
Spanish  
Music

## **Special Programs**

Neighborhood Sports  
Flag Football  
Soccer  
Spring Break Soccer Camp  
Spring Break Sportball Camp

## **Elementary – Teen Programs**

Sportball  
Tab & Ballet combo  
Hip Hop  
Gymnastics  
Karate  
Tennis  
Art  
After School Supper Club

## **Adult Programs**

Yoga  
Karate  
Tennis  
Zumba  
Stroller Strides  
Indoor Walking Program

Registration information can be found on-line at [www.steinerranchhoa.org](http://www.steinerranchhoa.org) or at the Community Association Office at 12550 Country Trails Lane.

If you have any questions, please call Sharon Adams, Community Coordinator at 512-266-7553 or [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).



# SHANNON KRAMER

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# Around Steiner

## Workshop Series

We are always looking for more unique and different workshops to offer residents, so if you or someone you know can provide education opportunities that are not already being offered for Steiner Ranch residents, please contact Sharon Adams at [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org) or 512-266-7553. All Workshops are offered to Steiner Ranch Residents for Free!

**JANUARY 11TH – MAKING AND SAVING MONEY**, by Micki Gram – Come to this Free workshop and find out the New Age way of making money from bills you pay every month; cell phone, internet, dish network and so on.

7:00pm BMCC

RSVP 512-788-2266 or [mickigram@gmail.com](mailto:mickigram@gmail.com)

**JANUARY 13TH - ABCs OF TALKING TO YOUR KIDS ABOUT MONEY**, by Rich Keith. Here we work with parents of teens as a partner towards the end goal, which is educating teens about financial matters. We will stress the importance of attitude and goal setting as the building blocks for success in any endeavor. Together we can greatly impact the next generation. With worksheets from the ABCs of Making Money 4 Teens book, based on the

international best-seller The ABCs of Making Money.

7:30pm BMCC

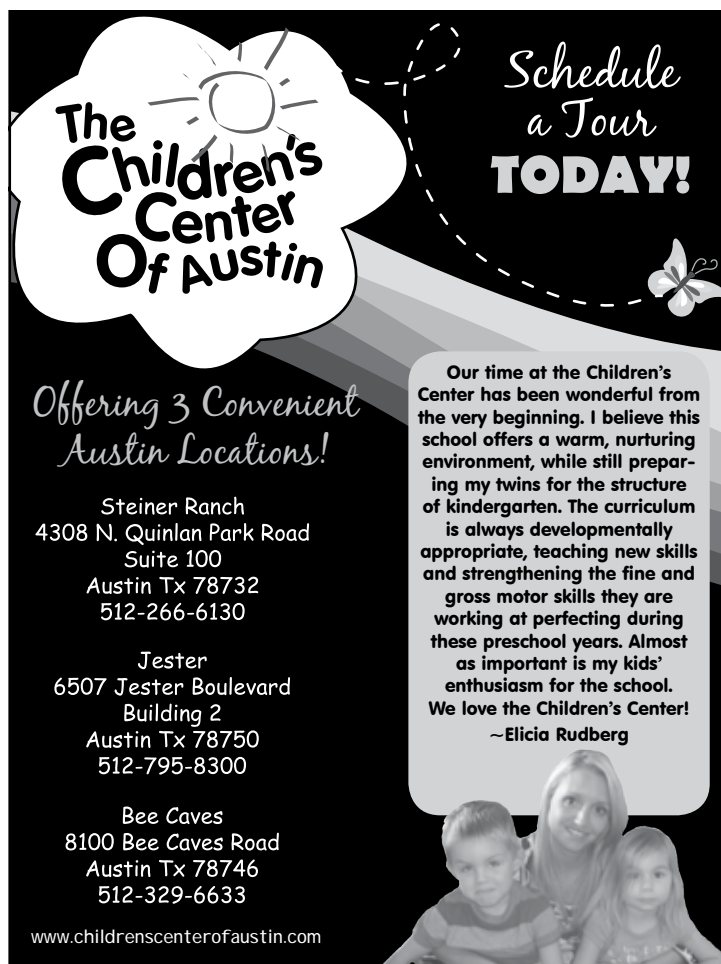
RSVP 512-632-0162 or [RKeith@primerica.com](mailto:RKeith@primerica.com)

**JANUARY 13TH – MARKETING 101** – How to Successfully Market Your Small or Home-based Business, By Beth Roberts - Have a great business, but trouble reaching customers? Are you unsure how to leverage online or social marketing to promote your company? Or maybe you are looking into a new business opportunity, but worried you don't have the marketing know-how to make it successful. Well, this is the workshop designed to teach you the basics of marketing your small or home-based business. From the basics of branding and planning, to the real life tactics of online and offline marketing on a budget, you will learn how to develop and execute a successful marketing program to connect with customers and build your business. Beth Roberts is a marketing consultant with over 15 years of marketing experience, a MBA from UC Berkeley, and is currently an Executive Consultant for Rodan + Fields Dermatologists.

7:00 PM BMCC

RSVP – [esroberts@gmail.com](mailto:esroberts@gmail.com) or 512-761-1616

*(Continued on Page 21)*



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Building 2  
Austin Tx 78750  
512-795-8300

Bee Caves  
8100 Bee Caves Road  
Austin Tx 78746  
512-329-6633

[www.childrenscenterofaustin.com](http://www.childrenscenterofaustin.com)

Our time at the Children's Center has been wonderful from the very beginning. I believe this school offers a warm, nurturing environment, while still preparing my twins for the structure of kindergarten. The curriculum is always developmentally appropriate, teaching new skills and strengthening the fine and gross motor skills they are working at perfecting during these preschool years. Almost as important is my kids' enthusiasm for the school. We love the Children's Center!  
~Elicia Rudberg



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**[www.lonestar-sc.com](http://www.lonestar-sc.com)**

Register online or call: 512.336.5425 x6



*Workshop Series- (Continued from Page 20)*

**JANUARY 18 - INVESTING IN REAL ESTATE WORKSHOP III**, by Craig Smyser. The third in a series of workshops, this one will address how to find and properly screen tenants, basics of the Texas Property Code that pertain to landlords, and other experiences to expect with tenants. You did not have to attend the other workshops in order to attend this one. The workshops are designed for those who are new to investing in real estate or those who just want to find out about it.

7:00 TSCC

RSVP helpful, but not required. 512-735-7200

**JANUARY 19TH - ABCs OF MAKING MONEY FOR TEENS**, by Rich Keith -

In this free workshop for teens we explore Attitudes, Behaviors and Creativity surrounding money. Parents are welcome to attend part or all. Based on the best selling

ABCs of Making Money 4 Teens book, some of the key elements of the workshop include:

- Inspirational stories of teens that have made a difference
- Lots of hands on exercises, and creative money solutions
- Brainstorming on ways to make money using what you know
- A section on the dangers of carrying credit card balances
- How to approach employers for jobs
- The power of compound interest, the Rule of 72, and more.

7:30pm BMCC

RSVP 512-632-0162 or RKeith@primerica.com

For additional information go to [www.steinerranchhoa.org](http://www.steinerranchhoa.org) or contact Sharon Adams, Community Coordinator at [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).

## PROTECT YOURSELF WHEN WALKING

- Avoid walking alone at night unless absolutely necessary.
- Keep to routes that are well lit and commonly traveled.
- Avoid shortcuts and dark, isolated areas.
- Walk purposefully, know where you are going, and project a no-nonsense image.
- Avoid potentially dangerous situations.
- If you feel threatened, cross the street, locate an emergency phone, or enter a store or place of business even if you have just left it.
- Have your door keys ready; carry them in your pockets, not buried in a purse.



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Parents this is your chance to brag on your kiddos.  
We want pictures of your kids doing everyday  
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E-mail your pictures to [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com)  
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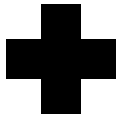
**LIC# LI12042**

# American Red Cross Babysitter Training Course

9:00am – 4:00pm

\$45 per person

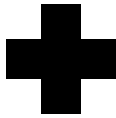
This is a very popular class, so sign up  
early for any of the dates below!



## Classes for 2011

January 22 - April 2

July 23 - October 22



Towne Square Community Center  
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If you're 11 to 15 years old, you can get the knowledge, skills and confidence to care for infants and school-age children. Combining video, a participant's handbook, activities, hands on skills training and discussion for a complete learning experience, this course shows you how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants

**Bring a sack lunch! Space is limited. Prior registration is required. The 2011 Program Registration form is available at [www.steinerranchhoa.org](http://www.steinerranchhoa.org).**

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## SUPER HERO REPORT



*Even Super heros go to Kindergarten!*  
Jude Chong, on his first day of kindergarten at River Ridge Elementary.



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# Around Steiner

## COMMUNITY GROUPS

### WAYS TO BECOME INVOLVED IN STEINER RANCH

#### Girl Scout Registration is Open

*Submitted by Carmen Tucker*

Girl Scouts of Central Texas registration is open year-round to girls in grades K-12. Now is the perfect time to register in order to take advantage of experiences like overnight camp, robotics day camp, backpacking trips and more. Registration is \$10 per year and girls can choose to join a troop or participate as individuals.

Girl Scouting builds girls of courage, confidence and character. Through fun, informal and educational experiences, girls can discover their potential, connect with others and take action to make the world a better place. Girl Scouts provides a wide variety of experiences for interests such as the arts, science, technology, nature, athletics, community service, health, leadership and more. To learn more or to register, contact Carmen Tucker at [CarmenT@gscctx.org](mailto:CarmenT@gscctx.org) or (512) 490-2360. Discover Girl Scouts online at [www.gscctx.org](http://www.gscctx.org).

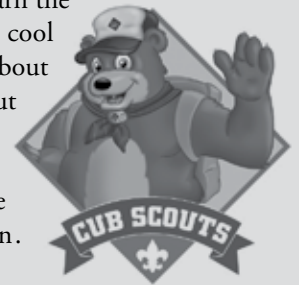


#### Pack 203

*Welcome all Steiner Ranch Boys!!  
Grades 1st-5th*

Do you know what Cub Scouts and Scouting is all about? Pack 203 at LWBE does fun things with fellow scouting friends every month! We get together as a Pack to wear our cool uniforms, show off our scout spirit, and participate in exciting scouting activities. As a Cub Scout, you will get to go camping and fishing with your family, shoot BB guns, sleep over on real U.S. Naval ships and do archery! We play all kinds of sports and build cool race cars and spaceships to race. Do you want to learn the secret scouting code and earn really cool patches? Do you want to learn more about nature and your community? Find out how enriching being a Cub Scout can be!

Contact Julie Stephens for more information at [jstephens@austin.rr.com](mailto:jstephens@austin.rr.com).



#### Steiner TechNet Wants You!

*Submitted by David Dyke*

If you work in Technology and live in Steiner Ranch, we have a new community for you. This includes a monthly social mixer in the neighborhood on the first Wednesday of each month at Fion wine pub at 8pm.

This is a chance to meet new neighbors, discuss business issues, find job opportunities and share best practice ideas, etc. We are also including a technology speaker series.

For more information, email David Dyke at [david@austin-tech.net](mailto:david@austin-tech.net) and join LinkedIn Group: Steiner Technet

#### Steiner Ranch Community Groups & Organizations

*Are you a member of a community group or organization here in Steiner? Email the information about your group to [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com) and it will be included in each issue. Feel free to submit post event write-ups and photos.*

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# JANUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SPONSOR THIS CALENDAR PAGE:</b> <i>Call Peel, Inc at 512-263-9181</i> <i>or visit our web page <a href="http://www.PEELinc.com">www.PEELinc.com</a></i> <i>for more information on advertising.</i>						1 Happy New Year!
2 6:00pm – Chess Club (TSCC)	3 6:30pm – FREE Yoga (TSCC)	4 6:30pm – Facilities Committee Meeting (TSCC)	5	6	7	8
9 6:00pm – Chess Club (TSCC)	10 6:30pm – FREE Yoga (TSCC)	11 6:30pm – Social Committee Meeting (TSCC) 7:00pm – Making and Saving Money (BMCC)	12	13 7:00pm – Marketing 101 For home-based Businesses (TSCC) 7:30pm – ABC's of Talking to Your kids about Money (BMCC)	14	15
16 6:00pm – Chess Club (TSCC)	17 6:30pm – FREE Yoga (TSCC)	18 7:00pm – Investing in Real Estate (TSCC)	19 7:30pm – ABC's of Making Money for Teens (BMCC)	20	21	22 9:00am – 4:00pm – Babysitting Class (TSCC)
23/30 6:00pm – Chess Club (TSCC)	24/31 6:30pm – FREE Yoga (TSCC)	25 3:30pm – SRMA Board of Directors Meeting 6:00pm – Wellness Workshop (TSCC) 7:00pm – College Planning & Academic Coaching (BMCC)	26	27 6:00pm – SRROA Board of Directors Meeting (TSCC)	28	29



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# FEBRUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6:30pm – Facilities Committee Meeting (TSCC)	2	3 7:00pm – New Owner Orientation (TSCC)	4	5
6 6:00pm – Chess Club (TSCC)	7 6:30pm – FREE Yoga (TSCC)	8 6:30pm – Social Committee Meeting (TSCC)	9	10 7:00pm – Trails Committee Meeting (BMCC)	11	12
13 6:00pm – Chess Club (TSCC)	14 6:30pm – FREE Yoga (TSCC)	15	16 7:30pm – Basics of Investing (BMCC)	17	18	19
20 6:00pm – Chess Club (TSCC)	21 6:30pm – FREE Yoga (TSCC)	22 3:30pm – SRMA Board of Directors Meeting 6:00pm – Wellness Workshop (TSCC) 7:00pm – College Planning for HS Students and Academic Coaching (BMCC)	23	24 6:00pm – SRROA Board of Directors Meeting (TSCC)	25	26 6:30pm – 9:30pm – Chili Cook-Off (TSCC)
27 6:00pm – Chess Club (TSCC)	28 6:30pm – FREE Yoga (TSCC)					

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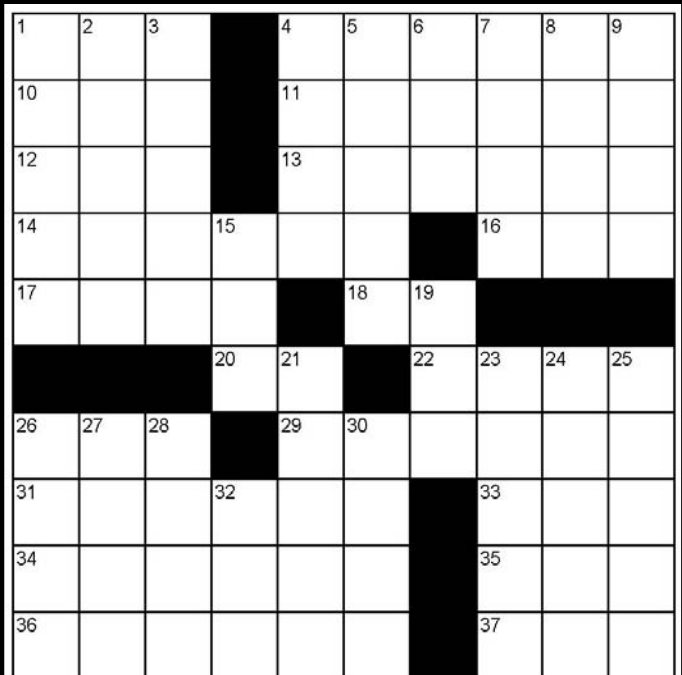
To view available homes in the community, visit:  
**RoughHollowLakeway.com**  
**512.617.1776**

[www.facebook.com/RoughHollowLakeway](http://www.facebook.com/RoughHollowLakeway)

Obtain the Property Report required by federal law and read it before signing anything. No federal agency has judged the merits of value, if any, of this property.Developed by Legend Communities in partnership with Crescent Resources. Powered by Legacy International Resort Properties.

NOT AVAILABLE  
ONLINE

## Crossword Puzzle



- |  |                                 |
|--|---------------------------------|
| 1. Food and Agriculture Organization (abbr.) | 1. Unit of electric capacitance |
| 4. Scales                                    | 2. Sporty car brand             |
| 10. Hovercraft                               | 3. Unconcealed                  |
| 11. Type of phone                            | 4. Animal stomach               |
| 12. Regret                                   | 5. Crummy                       |
| 13. State capital                            | 6. Possessive pronoun           |
| 14. Indian weapons                           | 7. Welcome rugs                 |
| 16. Part of a min.                           | 8. Cheese                       |
| 17. Information                              | 9. In __ (together)             |
| 18. Hey!                                     | 15. Clod                        |
| 20. Fire department (abbr.)                  | 19. Fall mo.                    |
| 22. Captain (abbr.)                          | 21. Divinity                    |
| 26. Pouch                                    | 23. Leading                     |
| 29. Woman in the Old Testament               | 24. Jaunty                      |
| 31. Absence of values                        | 25. Draw over                   |
| 33. Time period                              | 26. Baby's "ball"               |
| 34. National capital                         | 27. After awhile                |
| 35. Official canine registry (abbr.)         | 28. __ girl                     |
| 36. Pseudonym                                | 30. Sew together                |
| 37. Change hue                               | 32. First day of wk.            |

\*Solution at [www.PEELinc.com](http://www.PEELinc.com)

37. Change hue

### ***Classified Ads***

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com).

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).



# From the Association Office

## Association Assessment Payments Due

Semi-annual assessments for January - June 2011 are due on January 1, 2011. Statements will be mailed to each homeowner at the mailing address on file in mid-December. If you do not receive a statement, please contact the Community Associations Office at 512-266-7553. You are not exempt from paying assessments or late fees even if you do not receive a statement. Payments received after January 31, 2011 for any reason are subject to an initial \$40.00 late fee per association and a \$15.00 late fee for each additional month that the assessment remains unpaid. Please note that the assessment must be received by January 31st, not simply postmarked by January 31st. Your escrow account does not pay your assessments.

Online Assessment payments can be made at [www.steinerranchhoa.org](http://www.steinerranchhoa.org), by clicking on the "Online Assessment Payments" tab. There is

an additional fee\* for using this option and you must have your billing statement with you at the time of payment. Credit Cards and "pay by check" are accepted.

*Payment Amount	Fee
0-\$150.00	\$5.00
150.01 - 300.00	\$10.00
300.01 - 500.00	\$15.00
Greater than \$500.01	\$25.00

You can still mail in your payments at the address listed on your statement, or bring them to the Association office at 12550 Country Trails Lane to avoid the On-line fee.

***\*\*\*Please note, you may lose resident privileges such as pool access, facility rental, and attendance at, or registration for, social functions and programs, if you have delinquent assessment.\*\*\****

## Do you need a field for practice?

*Are you planning on coaching a team in the Spring?*

*Need a place to practice? Then mark your calendar for the 2011 Spring Field Lottery to be held on February 17th.*

Sign up procedures will be listed in the February issue of the Ranch Record.

For more information, please contact Sharon Adams, Community Coordinator at 512-266-7553 or [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).

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# ARCHITECTURAL MODIFICATION REQUIREMENTS

So you've decided to do some improvements or make changes to the outside of your home.....what do you do now?

1. Complete the Architectural Modification form (owner only)
2. Include any addendum forms such as for a pool or greenbelt
3. Include a scaled drawing showing plan and elevation views of the proposed improvements, modifications or alterations. Submittals must include samples depicting the proposed materials and colors to be used.
4. A lot survey (which the owner receives at closing) indicating the location of proposed improvements, and any applicable easements, setbacks, and elevation differences on lot.
5. Deposit check in the amount of \$500

All of these forms can be found on-line at [www.steinerranchhoa.org](http://www.steinerranchhoa.org). Please fill free to contact the Associations Community Standards Coordinator, Mackal "Mack" Gill if you have any questions at 266-7553 or [mack@steinerranchhoa.org](mailto:mack@steinerranchhoa.org).

## Holiday Decoration Removal

Did you put a plastic Santa on your roof this year? Do you have miles of lights in your trees? Does Rudolph's nose illumine your front yard? As the excitement of the holiday season fades, please don't forget the Steiner Ranch rules regarding holiday decorations on the exterior of your property (this rule does not apply to the inside of your homes):

*"...Christmas decorations may be put out beginning November 1st and must be removed by January 15th..."*

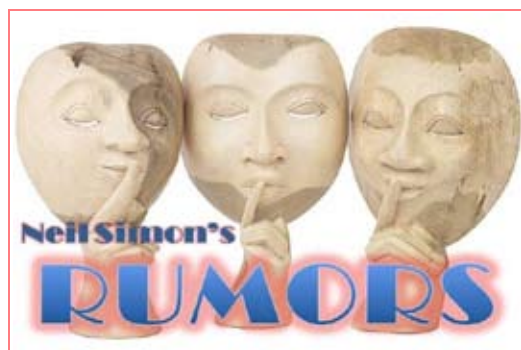
Thank you for your cooperation with the Steiner Ranch rules and Happy New Year 2011!



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Directed by Christien Bumpus

**JANUARY 7, 8; 14, 15; 21, 22; 28, 29, 2011 AT 8PM**  
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# From the Association Office

## NOTICE:

### *John Simpson Pool Renovations*

The John Simpson Pool will be undergoing major renovations during the Fall and Winter, and the Pool and Park areas are closed during this process. We will not be reserving these areas, until the renovations are complete.

First Phase of renovations includes a much anticipated Toddler Splash Pad, which will replace the baby pool that was covered this past summer. The Splash Pad will be approximately 20 ft. x 50 ft. and will include water spouts, a "climb on" water turtle and a fun spray toy.



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## PRUNING BEGINS

During the months of January, February and March the landscape maintenance company, Landscape Resources, will be pruning and/or removing any vegetation which is obstructing the view of street marker signs, traffic control signs or impeding areas of pedestrian travel.

## Compliance Corner Spotlight: Trash Cans

Have you received a letter from the Homeowners Association about your trash can? To clear up one of the most common violations this time of year, the rule of thumb to remember about trash cans is simple;

***Trash containers must be removed from the street and returned to their enclosed structures and NOT visible from the street before nightfall on trash collection day.***

Do you have a neighbor who continues to leave their trash can out for days after trash day? Then let us know! You can report the violation by simply going to our website, [www.steinerranchhoa.org](http://www.steinerranchhoa.org) and click on the "Report a Problem" link. Anonymous reports will not be acted on, so please leave all requested information.

## STOP THAT BARKING!

Dogs left alone all day get bored and restless, and many find relief in barking. Some respond noisily to any and all activity. But, nothing is as annoying as incessant barking—even for dog lovers. If your dog is a yapper or a yowler, please consider some of these bark-abatement ideas to keep the noise down in your area. Your neighbors will thank you!

- **Training.** Always the first recommendation for any behavioral problem! Training not only helps your dog, you'll be surprised how much it helps you, too. You may get some insight into why your dog barks so much, or what it is trying to communicate.
- **Citronella collars.** A humane alternative to the electric-shock, anti-barking collar and costs about the same. Available on the web and in pet stores.
- **Confinement.** Sometimes simply bringing an outspoken dog indoors or confining it to a crate can cut down on the disturbance to neighbors.
- **Reduce stimulus.** Close drapes to help muffle street noise, or leave a radio on to mask it. Disconnect telephones and doorbells before leaving your home if they upset your dog or make it bark.
- **Companionship.** Dogs are pack animals; they need companionship—a cat, bird, or another dog. Consider a mid-day visit from a pet-sitting service, or drop your pooch off at a friend's place or a day-care facility once or twice a week.



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# From the Association Office

## Steiner Ranch Trash & Recycling Service

Just to remind you, Texas Disposal Systems (TDS) has assumed all responsibilities for the Trash and Recycling in Steiner Ranch.

- Why did Steiner Ranch make this change? Primarily, due to the benefit of a Single Stream Recycling.
- What's so great about Single Stream Recycling? The best part about this service is that all the items can be put in the same rolling trash can and more items can be recycled. The following items can be recycled: Paper, Plastics #1 - #7, cardboard, metal, aluminum, and glass. More information can be found at [www.texasdisposalsystems.com](http://www.texasdisposalsystems.com). Of course another benefit is the more you recycle the less that has to be thrown in the garbage can.
- Large Item pick-up will now be done at your home twice a year by calling TDS directly at 512-421-1300.
- Trash service is weekly; while recycle service is every other week.

### *Schedule of Trash pick-up days by Neighborhood:*

#### **MONDAY**

Belcara  
The Bluffs  
Emerald Ridge  
Lakewood Hills  
Monterey  
Mediterra  
Sierra Vista  
Tierra Grande  
Santaluz  
Lake Club  
Summer Vista  
Palisades

#### **TUESDAY**

Majestic Oaks  
Parkside  
River Heights Grove  
River Heights Overlook  
Shire Ridge  
Towne Hollow

#### **WEDNESDAY**

Bellagio Estates  
Headlands  
The Hills at Westridge  
The Estates at Westridge  
Mesa North  
Plateau

#### **THURSDAY**

Eastridge Valley  
Eastridge Summit  
Canyon Gate  
Canyon Glen  
The Legends  
Hunters Green  
Eagles Glen  
Cliffside  
Granite Bay  
The Reserve  
Hawks Canyon  
Red Oak Valley

Shadestone Terrace  
Shoreview Estates  
Woodland Hills/Canyon  
Villas  
The Fairways  
Longhorn Canyon

#### **FRIDAY**

Chapparel  
Savannah Point  
Las Brisas  
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Savannah  
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## Reservation Calendar Now Online!

For those of you interested in reserving one of our facilities, you can now check the availability online. Check it often as it is updated daily. Just go to [www.steiner ranchhoa.org](http://www.steiner ranchhoa.org), click on Facility Reservation on the left and choose the location you need and the calendar will open. To make a reservation, please call the Association Office at (512) 266-7553. Only Steiner Ranch residents, in good standing with the Homeowners Association are allowed to rent Steiner Ranch facilities.

## STEINER RANCH SOCIAL COMMITTEE IS ON FACEBOOK!

*Become a FAN and stay informed of upcoming  
Social Committee events!*



## Bulletin Board Posting Policy

Due to the small sizes of the community bulletin boards and the large numbers of residents wanting to post notices, the Boards of Directors for Steiner Ranch have adopted the following restrictions for the bulletin board postings:

- 1 Bulletin boards are for resident postings only. Association notices have first priority.
- 2 Notices are posted every Friday and will remain on the board for two (2) weeks. Notices must be submitted by 5:00pm on Thursday.
- 3 Notices may not be larger than 5" x 7".
- 4 Association notices are exempt from time and space restrictions.
- 5 Notices must include either a Steiner Ranch subdivision name OR a Steiner Ranch telephone number.
- 6 Commercial (for-profit) postings by adults are not permitted. (These include, but are not limited to, offers for in-home childcare, nannies, cleaning service, scrapbooking service, piano lessons, pet care, etc.)
- 7 Commercial (for-profit) postings for youth (under 18 years) are permitted. Youth postings may be placed on the boards for no more than one (1) month per calendar year.
- 8 All postings are approved at the Association Staffs discretion.

Thank you for your cooperation with the posting restrictions. If you have any questions, please contact the Community Associations Office at (512) 266-7553.

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TACLA021657C M-17796

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# From the Association Office

## **SPEEDING** Please Slow Down!

Speeding has become a MAJOR problem in our community. Whether on the public roads or behind the gates in the private neighborhoods, speeding violations are on the increase. Also on the increase is the number of accidents on the roads.

Speeding can result in accidents, injuries and far worse. The Association receives many complaints on a regular basis. The solution is simple – PLEASE SLOW DOWN. Everyone at one time or another is guilty but the solution is simple. Think about your neighbors, think about the kids and think about safety and PLEASE SLOW DOWN.

Please help us keep Steiner Ranch beautiful and SAFE by not speeding!

## **Tenant/Occupant Registration Requirement**

### *Do you lease your home?*

There are over 3,600 occupied homes in Steiner Ranch, but not all are occupied by the actual homeowners. Some homeowners, for various reasons, rent or lease their home to tenants/occupants, and that is when challenges arise for the Community Associations Office staff. There are certain notification requirements placed upon the Association by the governing documents of Steiner Ranch. These notifications include but are not limited to:

- Semi-annual assessment statements
- Annual meeting notifications
- Deed restriction violation notices
- General correspondence

Not having a homeowner's absentee or off-site address for the notifications mentioned above can, unfortunately, cause fines or other fees to be charged to a homeowner's account for failure to pay assessments on time or for failure to correct violations on the property within a specified timeframe. When tenants/occupants are registered at the Community Associations Office, the Association has the homeowner's absentee address on file and is able to send all the required notifications directly to the homeowner.

Having tenants/occupants registered also helps to protect the homeowner and his/her Steiner Ranch property. If the Association discovers that a tenant/occupant is not properly maintaining the landscaping or has caused some other violation on the property, a notice is sent to the homeowner informing them of the violation and a copy of the notice is sent to the tenant/occupant. Quickly correcting violations helps to ensure individual property values are maintained at their highest level.

Due to the challenges that arise as a result of rented and leased homes, the Association **REQUIRES** registration of all tenants/occupants in Steiner Ranch. In order for a tenant/occupant to receive access to the Steiner Ranch facilities, the homeowners must register the tenants/occupants via the Tenant/Occupant Registration Form, provide a copy of front page of the lease agreement and complete the Facilities Use Agreement. Once these forms are on file in the Community Associations Office, the Association will issue a "Facility Tag" to the tenants/occupants so they may enjoy all the facilities Steiner Ranch has to offer. Without the Facility Tag, tenants/occupants will not be able to enter any of the locked facilities, which include the pools, tennis courts and the Lake Club.

Please be aware that Tenant/Occupant Registration forms must be completed by the homeowner and the responsible tenant/occupant. Forms signed by a property manager or other non-homeowner will not be accepted unless a power of attorney form is also submitted naming the managing agent or other non-homeowner as authorized to sign legal documents on behalf of the homeowner.

The Tenant/Occupant Registration form is available at the Community Associations Office and online at [www.steinerranchhoa.org](http://www.steinerranchhoa.org). There is a \$50.00 tenant/occupant registration fee that must be submitted with the completed Tenant/Occupant Registration form in order for the Association staff to process the registration.

If you have any questions regarding the requirement to register tenants/occupants, please contact the Community Associations Office at 512-266-7553.

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**Lisa Nauert, CLHMS**  
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# From the Association Office

## RECYCLE PAPER, PLEASE!

Did you know that you can recycle at the four Steiner Ranch School campuses 7 days a week?

The schools, Laura Welch Bush Elementary, Steiner Ranch Elementary, River Ridge Elementary and Canyon Ridge Middle School, earn money for paper dropped off at their green and yellow Abitibi Paper Retriever bins located in the delivery areas behind the schools.

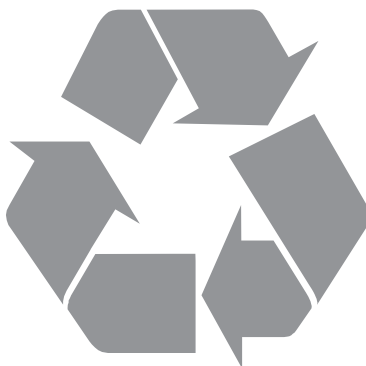
### THEY ACCEPT:

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Please add recycling to your errand route and bring your paper once a week-help your school and the environment!



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# DOES YOUR FAMILY HAVE A LEGAL PLAN?



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- ✱ No surprise hourly fees
- ✱ Convenient Four Points location

This is legal planning EVERY family needs, yet so many put off to think about another day.

**STOP PROCRASTINATING!** It is easy to start the new year off right and get your family's legal plan in place in a smart way.

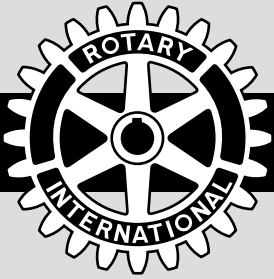
## SCHEDULE YOUR FAMILY LEGAL PLANNING SESSION TODAY (a \$550 value for only \$50!)

CALL  
**461.1383**  
to schedule your  
family legal  
planning  
session

It's a true working meeting where we discuss your specific family situation and goals. You'll complete some information prior to our meeting, and in about a half hour, you'll know what it takes to properly protect your family and what the flat fee would be for us to develop your legal plan.

If you are ready to proceed, in about two hours, you can have your family's legal plan designed with your family's goals and values. And while timing will vary depending on your specific needs, you could have a smart legal family plan for your estate within a week, and your New Year's Resolution complete.

Family Legal Planning Sessions are offered limited times each month and they do fill up, so don't procrastinate!



## Rotary Club of Lakeway/Lake Travis

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noon to 1:00 pm,  
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(call for specific room each  
week 261-6600)

Rotary International is the world's first service club organization, with more than 1.2 million members in 33,000 clubs worldwide. Our members are business and service leaders of Lake Travis area working together on local, national and international projects. Visit this luncheon and see what we're all about!

## Five Business Networking Groups in the Area

Are you looking to grow your business in 2011? If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

### STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at Hill Country Pasta House. Visitors are welcome! If you are interested please contact Elicia Rudberg at [eliciarudberg@gmail.com](mailto:eliciarudberg@gmail.com) for more information or visit [www.BNIAustin.com](http://www.BNIAustin.com).

### FOUR POINTS BNI

Meetings are on Wednesday at lunch from 11:30am to 1:00pm at the River Place Country Club. Visitors are welcome! If you are interested please contact Amy Oehler at [amy.oehler@unitedlendingusa.com](mailto:amy.oehler@unitedlendingusa.com) or visit [www.BNIAustin.com](http://www.BNIAustin.com).

### FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues

to grow! For information about participating in upcoming events or membership benefits visit [www.fourpointschamber.com](http://www.fourpointschamber.com) or call (512) 551-0390. Membership inquiries may also be sent directly to [membership@FourPointsChamber.com](mailto:membership@FourPointsChamber.com).

### A BUSINESS REFERRAL GROUP MADE FUN!

Networking Northwest Austin is expanding its member base of businesses in our area. NWNWA members build close business and personal relationships. We believe in business by referrals and having a limited member base (not duplicating professions), so you will not see your competitors here. We have a caring, positive, involved group of people who not only wish to build their business, but also want to build the strength of our networking group. NWNWA is updating its meeting times. Call Rich Keith, President, for information. [RKeith@primerica.com](mailto:RKeith@primerica.com), (512) 632-0162, or visit <http://www.meetup.com/NetWorking-NorthWest-Austin/>

### YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

## Curious to know what your house is worth?

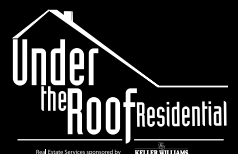
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**THE HOMEPRO.** A professional for your home maintenance, repair, or other construction project need. Call us for - carpentry, tile, drywall, rotted wood, painting, fences, decks, doors, windows and so much more.....we are punch list specialists. 512-297-6305.

**LEARN GUITAR...**In-Home Guitar Lessons: Great teacher, fun environment. B.A. in Music, Berklee College of Music. Over 12 years of teaching experience. All ages, styles and skill levels welcome. Proudly serving Steiner Ranch for years. For more info call Charles Couch at 646.704.3092 or visit [www.charlescouch.com](http://www.charlescouch.com).

**GRANNYS AS NANNYS** Babysitters Extraordinaire. Steiner Ranch Residents. Excellent local references. We come to your home. Last minute, Daytime, Nighttime, Weekends. Local excursions. Call Granny Ruthi or Grandpa Bob at 512-266-6637 or email us at [ruthibob@austin.rr.com](mailto:ruthibob@austin.rr.com).

**AIRBRUSH TANS!!** Start the new year off right with a bronzer looking you. Celebrities and models are absolutely hooked and NOW airbrush tanning is available in the Steiner Ranch area. We will come to you or you can come to us. Tans done by a Steiner Ranch resident. Call and make your appointment today 512-547-6612 and check out our web site, [BeachTansAustin.com](http://BeachTansAustin.com).

**LESS THAN A PENNY:** You can run a business classified in The Ranch Record and reach all of Steiner Ranch for less than a penny per home. Call 512-263-9181 for details.

**IN-HOME YOGA CLASSES:** Learn and practice yoga at your own pace and within your own range. Increase flexibility and strength while reducing stress. Certified yoga instructor (ERYT-500) with over 10 years experience. References available. Call Malisa at 512-947-9530 or email [malisayoga@gmail.com](mailto:malisayoga@gmail.com).

**ACADEMICLEAP:** Science & Math Tutoring @ Steiner Ranch offers result oriented tutoring by Highly Qualified (MS,Ph. D) professionals for elementary/middle/high school to college students. Contact Dr.Anjali Sharad @ 5128539624 or [excel.science@gmail.com](mailto:excel.science@gmail.com). Visit us at [www.academicleap.com](http://www.academicleap.com) for details. Great references!!

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## NOTE FROM WCID 17:

### *Odor Problems in Steiner Ranch*

Several residents have reported odors in the area of Quinlan/Steiner/University Club and Mulberry Creek/Latimer.

These odors are emanating from the WCID 17 wastewater recycling and composting complex up on the Hillside at Logan's Way. There are several possible sources of these odors at the complex and WCID 17 is ordering and installing equipment to systematically eliminate this problem in each of those areas. Some equipment is already in place and other equipment will be arriving and being installed this month and next month. Our goal is to completely eliminate odors outside the facilities, however, residents should be aware that maintenance operations such as cleaning wastewater pumping stations involve opening these facilities, and may cause occasional localized odors.

To report a problem please contact WCID 17 at (512) 266-1111 Ext 13 or e-mail [dgernes@wcid17.org](mailto:dgernes@wcid17.org). More information is on our website at <http://www.wcid17.org>

For emergencies outside of business hours, please call us at (512) 397-9061.

Thank you for your patience while these problems are being resolved.

## WCID 17

### *Conserve Water in the Winter and Save Money Year-Round!!*

WCID 17 averages household water usage during the months of November, January and February (months when outdoor irrigation is used very little) to determine the residential wastewater bill amount for the following year. Minimizing your water usage during these months will result in a lower wastewater bill every month. WCID 17 wastewater is charged at a base rate of \$20.00 per month, plus \$1.75 per 1000 gallons of the winter average usage. This rate is evaluated and changed annually each October, so you may be seeing a change in your rate this month, based on last year's usage.

## Spring Baseball and Softball *Register Now!*

Open to ages 5-15 for baseball and grades K-12 for softball, Northwest Little League is accepting online registrations through February 2nd.

TO GET MORE INFORMATION OR TO  
REGISTER ONLINE,

*please visit: [www.nwll-austin.org](http://www.nwll-austin.org)  
or e-mail: [registration@nwll-austin.org](mailto:registration@nwll-austin.org)*

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## WCID 17

### *It's Winter, Time to Reset Your Irrigation Controller & Cut Back on Water Use*

Does your lawn need watering over the winter? Yes, some, but not nearly as much as in the summer months. Evaporation rates are much lower in winter and grass is dormant, so you can set your irrigation system to water only twice a month OR LESS. If you know rain is coming, shut your system off completely or make sure your rain sensor prevents the system from operating. Save cash now and save on sewer service cost by using less water during the winter months.

### **Classified Ads**

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com).

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

## The Landscape Lady

**Question of the Month:** I always receive plants at Christmas. Sometimes I get Poinsettias, sometimes it is Christmas cactus. Last year I received a topiary Rosemary. These are a pain to keep in my office or house. Can I plant them out of doors?

**Landscape Lady Says:** Good question. Believe it or not, Poinsettias are outdoor plants-in Mexico and other southern climates! They grow in vacant lots, along roadsides, etc. in many of the warm areas of Mexico (extra tidbit.....plant was named after Joel Roberts Poinsett-first US Ambassador to Mexico who introduced the plant to the US in 1825.) Although the plant becomes a large woody shrub in Mexico, they are too tender to tolerate central Texas winters. And they do not typically rebloom as the greenhouse grown plants do. Landscape Lady grew a crop for the Governor of Texas and the Governor's Mansion; however, it was a HUGE pain involving more steps than you would care to know about!

Christmas cactus do quite well indoors, are very, very thrifty with water (yes, you can ignore them for weeks), and they will rebloom each year. Just keep it indoors out of drafty areas and with lots of light (not full sun though.)

Rosemary? Yes, yes, yes. Plant in very well drained soil and in full sun. They won't remain Christmas tree shaped unless you prune them that way, but they will do well outdoors. Do NOT overwater.

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## DON'T COMMIT "SEWERCIDE!"

*What do you Mean, Flushable Wipes AREN'T Flushable???*



*A grinder pump clogged by "flushable wipes" wrapped around the motor.*

It's simple. Please don't put "flushable" wipes down the toilet. Some manufacturers of disposable wipes indicate on the product's packaging that the wipes are "biodegradable" and "flushable." Unfortunately, because of the amount of time needed to break down these products, wipes RARELY IF EVER biodegrade in the sanitary sewer system. The presence of wipes in the sewer system can cause clogs and equipment failure in lift stations where mechanical pumps facilitate the conveyance of sewage in many areas of your community to the treatment plant. Wipes that go through your sewer system

can clog grinder pumps, wrap around the pump and cause the motor to overheat, block pipes which can lead to the overflow of sewage into the streets, buildings, and the environment, and cause expensive equipment repairs. Customers with grinder pump stations on their property should be especially careful because these pumps are smaller and can clog more easily.

Discard wipes and similar products in the trash. The proper disposal of these convenient and useful products will help keep our sewer system flowing properly, and ensure the safe containment, conveyance and treatment of

the community's wastewater.

Remember, the primary function of the sewer system is to convey human wastes and water. The following products should never be flushed:

- Disposable wipes, rags and other rubbish;
- Fats, Oils and Grease;
- Pharmaceuticals (medications); or
- Household hazardous wastes such as paints, solvents, insecticides, herbicides, etc. At the WCID 17 wastewater treatment facilities, a process using living bacteria breaks down the pollutants and germs in the wastewater. Almost all solids except for human wastes and toilet tissue should be thrown into the trash can and not in the toilet. Never flush wipes, paper towels, facial tissues, paper napkins, wrappers, gloves, condoms, underclothes, elastics, plastic bags, wrappers, bottles, cotton-tips, cotton balls, tampons, cigarette filters, toys, cans, sticks, pebbles, sand, cat litter, stockings or rags down the toilet. When you flush substances down the drain that do not belong there, customers ultimately have to pay the extra costs to repair sewers and pumps and to keep the treatment plant working properly, as well as the extra costs of mitigating the environmental impacts. You can avoid committing SEWERCIDE (injury to the treatment process) by keeping all potentially harmful substances out of the pipes. When in doubt, TOSS IT!

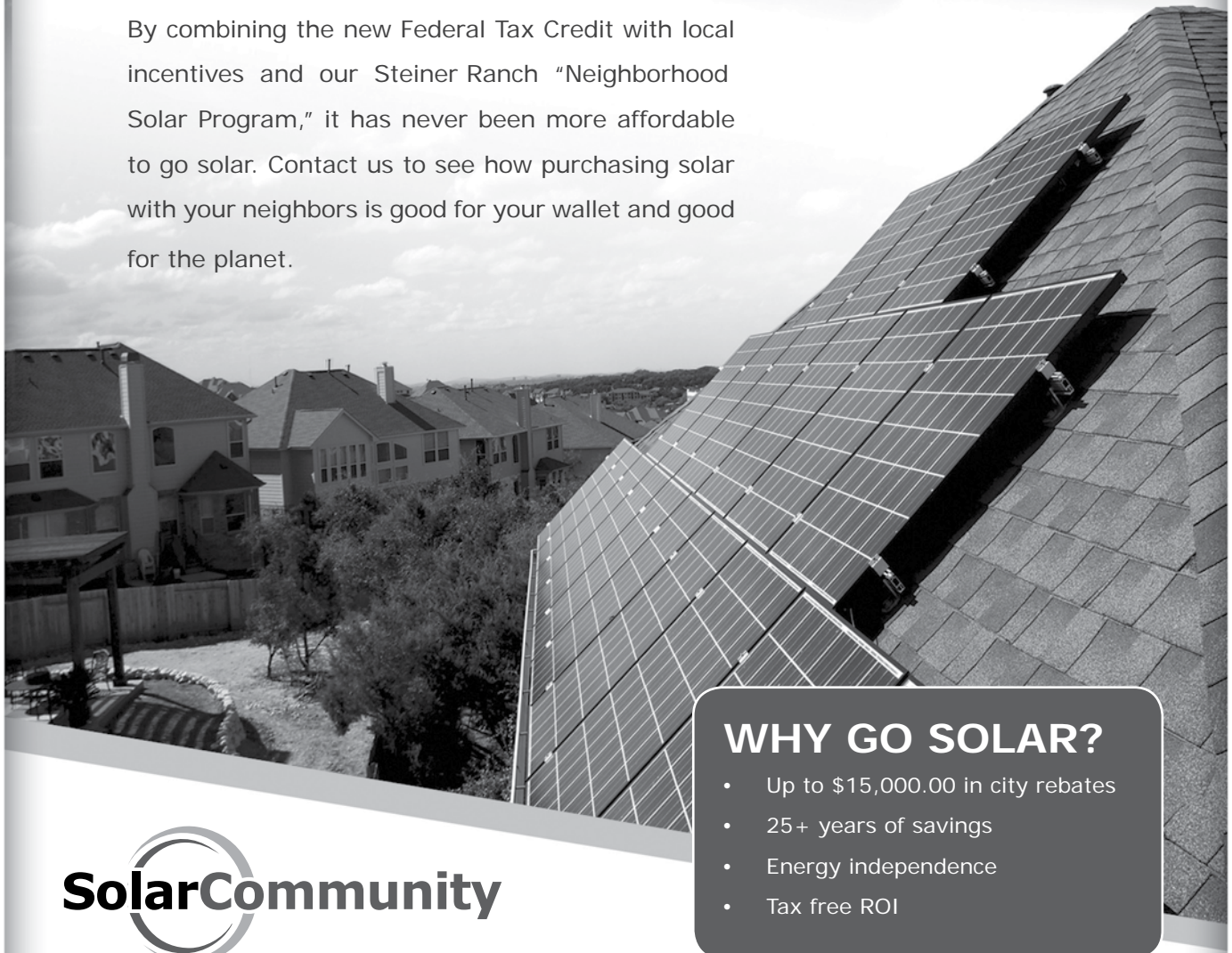
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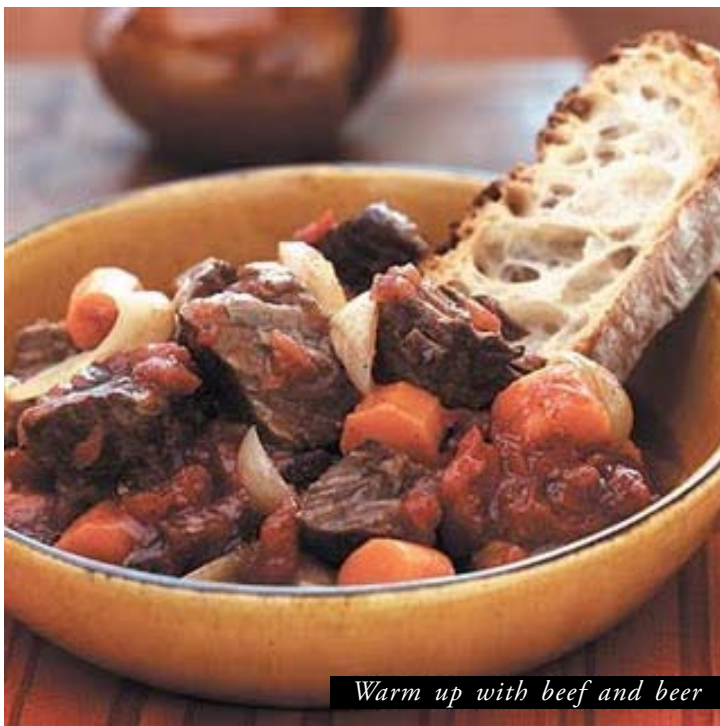
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## Beef and Beer Stew



*Warm up with beef and beer*

With January being one of the colder months, this recipe will really warm you and your family up. In using a Slow Cooker or Crock Pot, you save time... all it takes is a little prep the night before. Start it up before you head out the door in the morning and when you return in the evening, dinner is ready!

**INGREDIENTS:** 2 lbs. bottom round, trimmed of fat and cut into 1 inch cubes, 3 T. flour, 1 med. red onion, cut into med. Wedges, 4 carrots, cut into 1/2 inch slices, 3 potatoes, peeled and cubed, 3 celery stalks, cut into 1/2 inch slices, 2 cloves garlic, minced, 1 T rosemary, minced & crushed, 2, 15 oz cans diced tomatoes, drained, 2 bottles brown ale beer, 2 T. granulated beef bouillon, 1 bay leaf, 1 t. caraway seeds, salt and pepper to taste, Ciabatta bread, sliced and toasted

**DIRECTIONS:** Making sure your beef is patted dry, dust all pieces with flour. Place beef, onion, carrots, potatoes, celery, garlic and rosemary into your slow cooker. Stir in tomatoes and beer. Add beef bouillon, bay and caraway seeds. Cover slow cooker and cook 8 hours on low or 4 hours on high, without removing the lid - no peeking!!!

Check for tenderness of meat at the end of the cooking time, salt and pepper to taste. Slice and toast the Ciabatta bread, serve the stew in bowls and enjoy!

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# FINANCIAL FOCUS

## *Talk to Your Kids about Your Money*

Many boomers feel “sandwiched” between the financial needs of aging parents and those of their own children. Don’t want to be a burden on your kids? Here are three steps toward holding on to more of your hard earned cash as you prepare for the future.

**Step 1: Start a Dialogue.** Are your children in the dark about your finances? Three out of four boomers admit they haven’t adequately talked with adult children about this topic. Not a smart move. What happens if you become ill or incapacitated? Think about what you wish your parents had done, and then take action. For instance, organize your records; make sure you have an updated living will, power of attorney for health care and power of attorney for finances.

**Step 2: Consider Long Term Care.** If you don’t plan for your future medical expenses now, you’re increasing the chances that your kids will have to pick up the tab. About 70% of seniors eventually need the kind of help that long term care insurance covers, and the average annual cost of a private nursing home room is nearly \$80,000. You can pick up the best deals (premiums typically under \$2,000 a year) if you buy long term care insurance when you’re still healthy and in your mid fifties.

**Step 3: Cut Off Adult Children.** Six in 10 boomers report giving financial help (outside of college tuition) to a child or grandchild in the past five years. Of those, \$59,000 was the average amount of aid. If this sounds like you, ask yourself: Do I really have the resources? Am I saving enough for retirement? Try to share more financial wisdom and less cash with your adult offspring. The more you save for your own future means less possibility that you’ll need their help later on.

Children who have a basic understanding of money, especially the corrosive effects of debt, have a better chance of becoming financially independent later in life. They will be more resistant to the credit card offers sure to come in their freshman year at college. And they will more ready to partner with their parents as the family manages their college finances with them.

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# - Kids Stuff -

Section for Kids with news, puzzles, games and more!



Holly loved nothing more than riding her bike. But one day, she missed a curb and hit the pavement - splat! Now her knee was scraped and her elbow was cut. Her brother Darren helped Holly up and used his T-shirt to dab at the blood on her elbow. "Wow," he said, "You're probably going to have a huge scar."

## WHAT EXACTLY IS A SCAR?

A scar is the pale pink, brown, or silvery patch of skin that grows in the place where you once had a cut, scrape, or sore. A scar is your skin's way of repairing itself from injury. Look at your skin. You probably have one or two scars already. Most people do. Why? Because a lot of things leave behind scars - from falls, like the one Holly had, to surgeries.

Scars are part of life and they show what you've been through. For some people, scars are special. A kid in your class might have a scar on his chest because he had heart surgery as a baby. Or you might have a scar from the chicken pox. Centuries ago, warriors showed off their scars as symbols of their bravery and to impress their friends with the exciting tales about how each one happened. Do any of your scars have a story?

## HOW DO I GET A SCAR?

No matter what caused your scar, here's how your skin repaired the open wound. The skin sent a bunch of collagen (say: ka-leh-jen) - tough, white protein fibers that act like bridges - to reconnect the broken tissue. As the body did its healing work, a dry, temporary crust formed over the wound. This crust is called a scab.

The scab's job is to protect the wound as the damaged skin heals underneath. Eventually, a scab dries up and falls off on its own, leaving behind the repaired skin and, often, a scar.

A scar isn't always a sure thing, though. "It's not so much how deep or severe a wound is that determines whether a scar will form, but rather the location of the wound and that person's genetic [inherited] tendency to form scars," says Brian Flyer, a doctor from California.

In other words, certain people tend to get scars more easily, and scars are more likely to form after wounds on certain parts of the body.

## HOW DO I PREVENT A SCAR?

Of course, the best way to prevent scars is to prevent wounds! You can reduce your chances of getting hurt by wearing kneepads, helmets, and other protective gear when you play sports, ride your bike, or go in-line skating. But even with protective gear, a person can still get hurt once in a while. If this happens, you can take steps to prevent or reduce scarring. You can help your skin heal itself by treating it well during the healing process.

How do you do that? Keep the wound covered as it heals so you can keep out bacteria and germs. Avoid picking at the scab because it tears at the collagen and could introduce germs into the wound. Some doctors say vitamin C (found in oranges and other citrus fruits) helps by speeding up the creation of new skin cells and the shedding of old ones. Also, some people believe rubbing vitamin E on the wound after the scab begins forming can aid the healing process. Your parent can talk to your doctor about whether you should try this.

## SO LONG, SCARS!

Some scars fade over time. If yours doesn't and it bothers you, there are treatments that can make a scar less noticeable, such as skin-smoothing medicated creams, waterproof makeup, or even minor surgery. Talk to your parent and doctor to find out if any of these treatments would be right for you.

Sometimes the best medicine might just be to talk. Tell your parent or doctor what's bothering you about your scar and how you feel on the inside. Because when the inside feels good, the outside always seems to look better!

Updated and reviewed by: Patrice Hyde, MD • Date reviewed: January 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation



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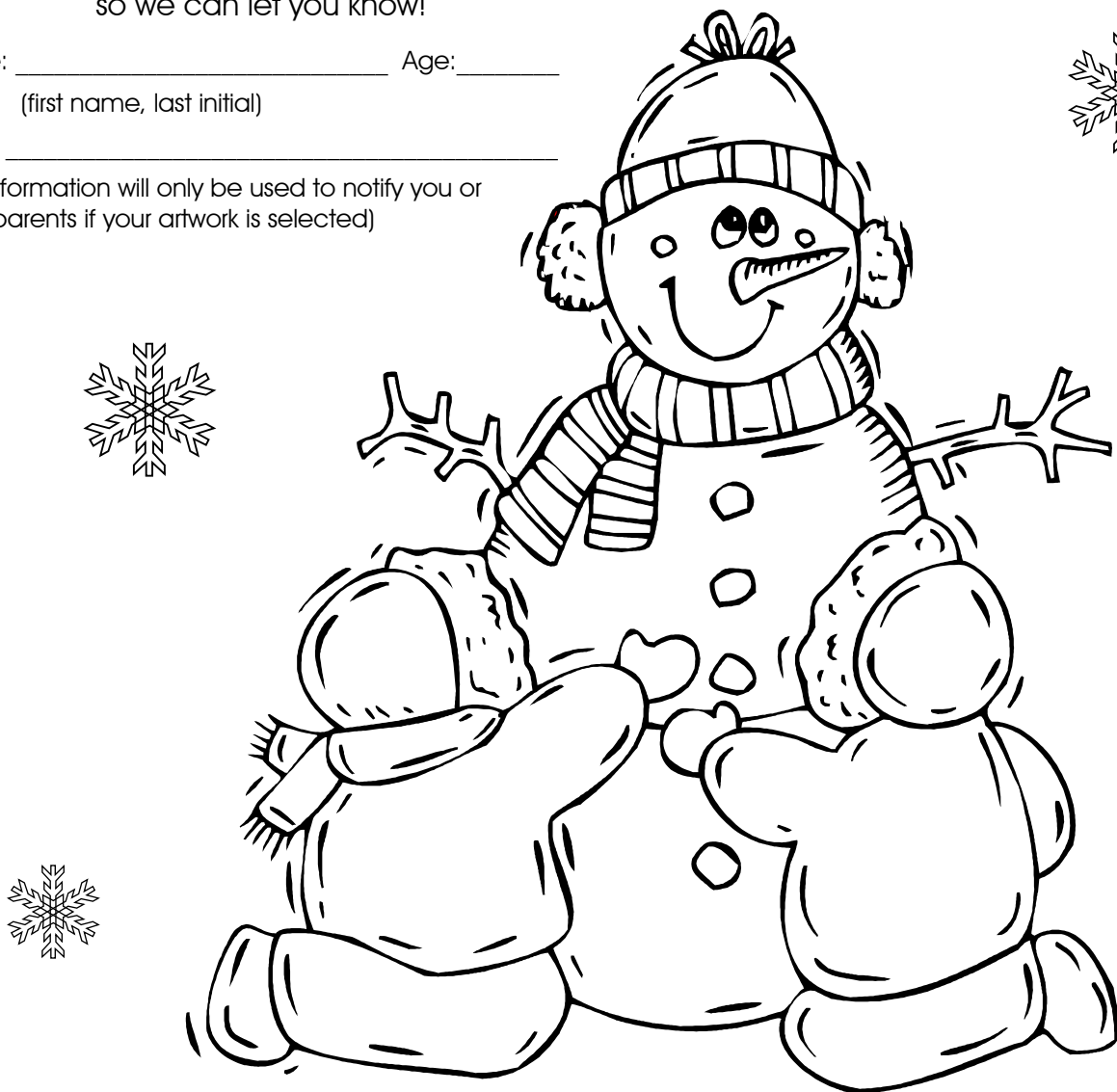
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