

The LONGWOOD Letter

April 2011

Volume 5, Issue 4

News For The Residents of Longwood

Skim Jam

Skim Jam is an annual Flatland Skimboarding competition hosted by Skim 2 Live in the spring of each year in Cypress, Texas. This year the competition will be on April 23rd from noon till 3 in the back of Ravensway Neighborhood (Jarvis Rd. & Timberlake Dr.). The unique thing about the competition and Skim 2 Live is that everything is done in efforts of FIGHTING BREAST CANCER. The past 3 years have shown enormous growth as the 2008 competition raised \$250 and this past year, in 2010, more than \$6,000 in funds were raised with a crowd of about 600 people throughout the day. This year is looking bigger than ever with expanding support. All profits benefit The Rose: a non-profit breast cancer organization based in Houston (www.the-rose.org). The group promotes living healthy, active lifestyles to prevent breast cancer. We are also a very environmentally conscious group with goals to keep Cypress Creek clean for the animals and for the skimboarders.



Visit www.Skim2Live.com for more info and to see what Skim 2 Live is all about! Get out there and Skim 2 Live... Literally!

LONGWOOD LETTER

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Constable	281-376-3472
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse.....	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-764-7661
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Cypress Fairbanks Senior High.....	281-897-4600
Goodson Middle School	281-373-2350
Hamilton Elementary.....	281-370-0990

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office Box Assignment – Cypress.....	1-800-275-8777
Street Lights - CenterPoint Energy	713-207-2222
- not working (Report Number on Pole)	
Trash Removal	281-446-2030

NEWSLETTER PUBLISHER

Peel, Inc.	1-888-687-6444
Article Submissions	longwoodletter@PEELinc.com
Advertising.....	advertising@PEELinc.com, 1-888-687-6444

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ONLINE**

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Monday-Wednesday 10-6 • Thursday-Saturday 10-3

Cy-Fair Women's Expo

Event: Cy-Fair Women's Expo

When: April 28, 2011

Time: 11:00am – 2:00pm

Where: Sterling Country Club
at Houston National
16500 Houston National Blvd
Houston, TX 77095

The 2011 Cy-Fair Women's Expo sponsored by North Cypress Medical Center and hosted by the Cy-Fair Express Network of ABWA is Thursday, April 28, 2011, from 11am-2pm, at Sterling Country Club at Houston National. Browse over 70 area businesses, enjoy lunch (\$15), and win door prizes! Free entry to first 200 attendees. More information is available @ www.cyfen.org or by emailing expo@cyfen.org.

Browse 70+ Houston Area Businesses!

CY-FAIR WOMEN'S expo
4.28.11
BUSINESS HAPPENS

Free Entry to First 200 Attendees

April 28, 2011
11am - 2pm

Sterling Country Club at Houston National
16500 Houston National Blvd.
Houston, TX 77095

Lunch available \$15

www.cyfen.org

When It Comes To SPORTS INJURIES ...



We Have Your Bases Covered.

Did you know that over 800,000 teens and children are admitted to ERs yearly because of recreational and sports-related injuries? Whether it's a cut that requires stitches, a head trauma, a sprain, strain or broken bone, come see the specialists at Texas Emergency Care Center.

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FM 518 at Dixie Farm Road
281-648-9113

CYPRESS

17255 Spring Cypress Road, Suite A
Spring Cypress at Skinner Road
281-304-9113

LONGWOOD LETTER



WRAP 2011 planning is underway! WRAP is Cy-Woods High School's parent-driven Project Prom organization. The purpose of WRAP is to provide a drug- and alcohol-free all-night party for the graduating seniors and their guests after their prom. This year WRAP will be held at ITZ on May 27, 2011, as an overnight lock-in party, it is a fun-filled evening of shows, games, activities, food, gifts and prizes!

Have you filled out your Parent Information Form yet? We need this to get you on our e-mail list!

Visit www.cywoodswrap.org and be an active parent!

MEETINGS: FIRST THURSDAY OF EACH MONTH AT 7:00 P.M. IN THE CY-WOODS COMMONS.

UPCOMING EVENTS:

- March 10 - Horse Plop Candy Sale – see where you plopped!
- April 2 - WRAP Booth at CyWoods Band Crawfish Boil
- April 9 – WRAP Garage Sale
- April 16 – WRAP Craft Show

More Info about The WRAP Garage Sale & Craft Show on Page 5!

W
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Celebrate Easter with Community of Faith



EASTER
SERVICE TIMES:

FRIDAY,
April 22 at
7:00 p.m.

SATURDAY,
April 23 at
4:00 p.m.
6:00 p.m.

SUNDAY,
April 24 at
8:30 a.m. (Traditions)
9:50 a.m.
11:30 a.m.



Pastor Mark and Laura Shook

16124 Becker Rd. (at US Hwy. 290), 77447
832.875.2520 | communityoffaith.tv

WRAP '11 GARAGE SALE

Saturday, April 9, 2011

7:00 a.m. — Noon

Cy-Woods High School Parking Lot

16825 Spring Cypress Rd., Cypress, TX 77429

Come shop with us!

Furniture ♦ Household Items ♦ Clothing ♦ and More!

All proceeds benefiting Cy-Woods WRAP!

Remember the saying:

"One man's trash
is another man's treasure."

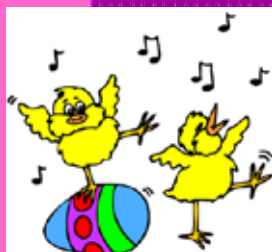


To donate sale items or to help with the garage sale,
please contact: Yvonne Bukowski
at ybukowski@yahoo.com or 281-304-0185.



Rosehill Storage is proud to sponsor the
Cy-Woods W.R.A.P. program for 2011. Please feel free
to call us on your storage needs, as we would love the
opportunity to earn your business as well.

WRAP Craft Show



Saturday
April 16, 2011

Time: 10:00am - 4:00pm

CyFair Exhibit Center
11206 Telge
Cypress, TX 77429

Questions:
Libby.Young@sbcglobal.net

Be a Spring
Chick!

Come
celebrate
and shop with
us!
Shop for
Easter and
Mother's Day
gifts!

W
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Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading
cause of unintentional
injury-related death
in children ages 1-4

**DROWNING WILL AFFECT YOU
OR SOMEONE YOU KNOW**



Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information,
check out our website at
www.colinshope.org

**DROWNING CAN STILL OCCUR
EVEN IF YOU KNOW HOW TO SWIM**

NO ONE is "drown
proof" – no matter
their level of
swimming ability.

Falls, entrapments,
and injuries lead to
drowning regardless
of swimming level.

A majority of people overestimate
their own and their child's ability to
swim, especially in a panic event.

DROWNING IS QUICK AND SILENT



Drowning
occurs in as
little as 2
minutes.



Irreversible brain
damage occurs
in as little as 4
minutes.



Most children are out of sight
or missing for less than 5
minutes and usually in the
presence of 1 or both parents.



Most children die
who are submerged
for as little as 6-10
minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.



Spring Landscaping & Gardening Tips

Here in Houston it's time to start planning for the soon to come spring garden activities. For those of you who need a little guidance on what your landscape needs will be and some helpful hints to properly prepare we have outlined some of the most commonly asked questions. The following suggestions can help yield the desired results for you and your neighbors.

Before the weather starts to warm up have a plan to keep your landscape properly watered, this is very important. Those of you that have an automatic irrigation system can take advantage of this time to check it and make sure all repairs have been made prior to the extreme conditions we will face in the summer. Remember to set your irrigation controller to water between the hours of 2:00am and 6:30am. For those of you that do not have the benefit of an automatic irrigation system you will need to come up with a way to water with hoses and portable sprinklers. We suggest trying to use more than one sprinkler at a time if possible, this will save you some time. Set a schedule that will allow you to water in the early evening, when the sun is starting to set. Even though the best time to water is early in the morning this watering time may fit better in your daily schedule while still allowing you to help prevent the loss of water due to evaporation. Also make sure your hoses are in good condition and have no leaks. Don't over water and make sure your sprinklers are adjusted; this will help conserve water. The most important thing to consider is to evaluate the needs of your landscape and water accordingly.

Another item that many people have questions about is the type of fertilizer they should use and when to apply it. In our opinion, the most beneficial formulation for a spring lawn fertilizer with a post emergent, to take care of broadleaf weeds, would be the Scott's 29-3-4 blend with Atrazine. Another formulation we would recommend that is a well balanced

lawn fertilizer without any post emergent would be a 15-5-10 blend. Both of these fertilizers will promote a healthy green lawn. There are also special formulated fertilizers for your hibiscus, azaleas, camellias, bougainvilleas and other plant material that have special needs. All or most of these fertilizers can be found at your local lawn and garden centers as well as the Home Depot. Fertilizer needs to be applied at the rate recommended on the label, using the recommended spreader. Please remember one thing, "more is not better", especially when comes to fertilizers blended to control weeds with herbicides. Fertilizers should be applied during the first two weeks in March. After the fertilizer is applied make sure to wash down or sweep off concrete walks and driveways, this will help prevent discoloration caused from iron.

If you have any perennial plant material, such as ornamental grasses, groundcover or other such plants, cut back these plants to a one inch stub after the last chance of freezing temperatures. Other plants that have been damaged from the cold weather may need to be trimmed instead of cut back. The trimming required for these plants may be minor; this will be up to you. Crepe myrtles will also need to be trimmed not cut back. When trimming your crepe myrtles remove any rubbing branches and deadwood then trim only the tips that are no larger than approximately 1/4 of an inch.

We recommend mulching all beds and tree wells, doing this protects your plant's root system as well as adds a rich clean look to your landscaped beds. Apply the mulch after you have completed all of your trimming and cutting back any of your perennials. Try not to apply more than two inches of mulch at one time. Spring is a great time to start enjoying your lawn and all of your hard work; however this is just the beginning of our growing season and all of the work it takes to have a beautifully landscaped yard. *Enjoy your spring garden work!*



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For more information on Easter activities, visit us online at www.cypressfellowship.org.

SHOW OFF YOUR SUPERHERO



Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Longwood Letter.

E-mail your pictures to
longwoodletter@peelinc.com
by the 8th of the month.



Summer is
rapidly
approaching...

Call to schedule your child's
dental appointment today!

281.758.2790

www.cypresskidsdentist.com

13611 Skinner Road, Suite 135
Cypress, Texas 77429
(Skinner at Spring Cypress)



INFANTS CHILDREN TEENS

LONGWOOD LETTER



Cy-Woods FFA Booster Club *1st Annual Spring Craft Show*

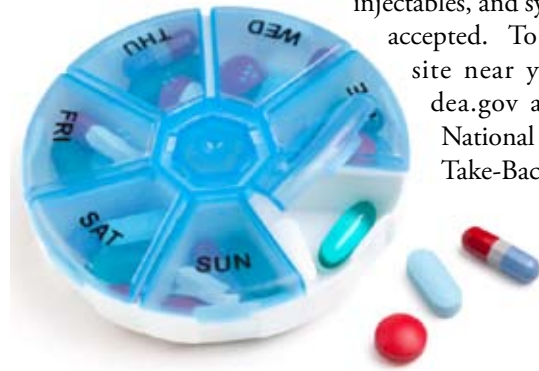
CFISD TELGE EXHIBIT CENTER
SATURDAY APRIL 9TH – 9:00 TO 5:00
SUNDAY APRIL 10TH – 10:00 – 4:00

*for additional information or a booth registration form,
please email cywoodsffa@gmail.com*

Prescription Drug Take-Back

On April 30, 2011 from 10am to 4pm DEA and its community partners will take part in a nationwide prescription drug take-back, operating collection sites around the nation where Americans can turn in their unused, unneeded, and/or expired prescription medications. Unused or expired prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse. This service is free and anonymous. Tablets, capsules, and all other solid dosage forms will be collected. Intravenous solutions,

injectables, and syringes will not be accepted. To find a collection site near you, go to www.dea.gov and click on the National Prescription Drug Take-Back Day icon.



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Northwest Flyers Youth Track Club Information Sessions

THURSDAY EVENING, APRIL 7TH, 2011 AND
FRIDAY EVENING, APRIL 22ND, 2011

The Northwest Flyers Track Club will host 2 open house/registration sessions for all middle and high school athletes and their parents interested in joining for the 2011 season. The events will be held on **Thursday, April 7, and Friday, April 22, from 7:00 – 8:30 PM** in the **Cypress Room at the Methodist Willowbrook Hospital**, 18220 Tomball Parkway, Houston, at the corner of FM 1960 and Highway 249. The sessions will begin with a very important program overview/orientation at 7:00 PM. All interested athletes and parents should report on time.

The Northwest Flyers is a youth (ages 6 -18) track organization, affiliated with USA Track & Field. The club provides a full program of “track” events such as sprints, hurdles, middle distance, distance, relays and “field” events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. **It is an excellent “off-season” program for young athletes who currently compete on their middle school or high school varsity track teams.**

The club was founded 24 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area. Last year the Northwest Flyers qualified 36 young athletes to compete at the US Junior Olympics National Championships in Sacramento, California.

Visit the team website at <http://www.northwestflyers.org> for registration forms and information prior to the sessions, or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.



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St. John's Lutheran Church & School

15235 Spring Cypress Rd. Cypress, Texas 77429
web: www.stjohn-lutheran.net ph: 281.373.0503
Lutheran Church-Missouri Synod

Join Us As We Celebrate
THE POWER OF THE RESURRECTION
Jesus is Alive!

Worship Times:

Palm Sunday—April 17
8, 9:30 & 11 a.m.

Holy Thursday—April 21
11 a.m. & 7 p.m.

Good Friday—April 22
11 a.m. & 7 p.m.

Easter Sunday—April 24
6:30, 8, 9:30 & 11 a.m.

St. John is located at the intersection of Spring Cypress and Huffmeister in Cypress, TX.
Join us in our new Worship Center scheduled for completion by Easter!

LONGWOOD LETTER

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Meet Treyvon

Every day across Texas, thousands of children like 11 year old Treyvon wonder where today will lead them.

Having been removed from their families due to abuse and or neglect, these children are looking for stable, loving family relationships that will allow them to feel safe and secure. Often these children are moved from one foster home to another as they experience difficulty adjusting to new rules, roles and expectations they

have never experienced before and are ill prepared to meet. They face a never ending stream of changes in care givers, schools, caseworkers and foster siblings that often results in a sense of hopelessness and a lack of investment in relationships because they have found that caring leads to loss.

Despite these challenges, these children can be resilient. They bring strengths to their situation that can help to overcome the obvious challenges they face. Take Treyvon, for example. He is anything but an average child! In fact, he is an extremely bright child, who excels in all subjects at school. His future is hopeful as he desires to become an architect, engineer or author. Treyvon is a well rounded child who enjoys outdoor activities like football, swimming and riding horses. Like most boys his age, he loves to eat, with his favorite foods being pepperoni pizza and spaghetti with meatballs.

Treyvon needs a structured family that will provide him the love, encouragement and discipline that he needs while understanding the challenges he faces in adapting to a world much different from his early life experiences. He has a great mind that needs stimulation and direction to help him accomplish his goals. Adopting a child like Treyvon from the foster care system is not difficult or expensive. Perhaps you and your family would be a good place for Treyvon to learn and grow.

For more information, please contact Stephanie Berka, Wendy's Wonderful Kids Recruiter, Adoption Coalition of Texas at 512-450-8750 or email at stephanieberka@adopttexas.org

To learn more about the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at <http://www.adoptioncoalitiontx.org>



**SOMETHING OLD,
SOMETHING NEW...**

Join us for Ladies' Night at Flaherty's as we prepare for the Royal Wedding and learn about the latest wedding and bridal trends.

April 6, 6:00 p.m.
Cypress Showroom
13422 Grant Rd.
Cypress, TX 77429

April 13, 6:00 p.m.
Woodlands Showroom
10700 Kuykendahl Rd.
The Woodlands, TX 77381

Flaherty's
FlooringAmerica



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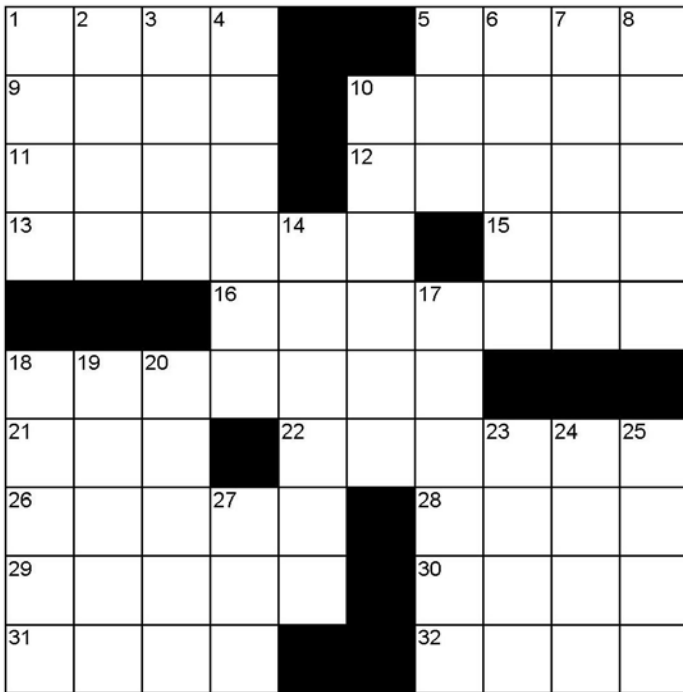


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**RSVP ON FACEBOOK OR
CALL 281.370.8022**

LONGWOOD LETTER

Crossword Puzzle



ACROSS

1. Brush's partner
5. Father
9. Like a wing
10. Boss
11. Roman emperor
12. Slow
13. Japanese cars
15. Directory (abbr.)
16. Lands of an estate
18. "War and Peace" author
21. Copy
22. Potato brand
26. Seafood
28. Asian country
29. Roof overhang
30. Connection
31. Molt
32. Chew

DOWN

1. Can not
2. Margarine
3. Christ's mother
4. Animal families
5. Expression of surprise
6. Flying animals
7. Start
8. Before
10. Protest
14. "Grand" mountains
17. Looking at
18. Music cassettes
19. Ms. Winfrey
20. Part
23. Smooth
24. Male parent
25. Fresh
27. Newly ___, Nearly Dead

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