

NORTHLAKE FOREST Herald

OFFICIAL PUBLICATION
OF THE NORTHLAKE
FOREST HOA

April 2011

Volume 1, Issue 4

SAFETY SIDE NOTE

Northlake Forest Vehicle Decal Program

The Northlake Forest safety committee provides vehicle identification stickers for every vehicle belonging to a Northlake Forest resident.

The stickers serve several purposes;

- Identification of potentially suspicious vehicles; residents are encouraged to call the sheriff if they see vehicles parked and unattended in common areas without Resident Vehicle decals. Owners will be recorded and asked to leave by the Sheriff. This is a huge step in preventing crime!
- Keep non-residents from using our common areas; These areas are strictly for residents use; one way to insure these areas are well kept is to limit their use to residents only.
- Identification of vehicles parked in driveways; The decal is intended to be displayed in the rear window. That way it can be seen by the Sheriff when driving by. If you are away from your home for a period of time on vacation it may help to identify vehicles parked without permission at your home.

Please contact wendymccurley@gmail.com to obtain your sticker(s).

GARAGE SALE

Saturday April 2, 2011

Signs will be put out along Huffmeister and Spring Cypress by PCMI / HOA a couple of days before the event to draw in the buyers.

There is no charge for participation, please hold individual sales at your house on the above sale date anytime after 7 a.m.

Garage Sales are neighborhood events that are held twice a year only. NO individual sales are allowed. This helps to ensure safety of our residents and children by reducing unwanted neighborhood traffic. Please be courteous to your fellow residents and only have garage sales on scheduled dates. Our Fall garage sale will be announced at a later date.

SUMMER TIME IS COMING

Make sure your little ones are prepared for the pool by signing up for swim lessons! Below are a couple places in our area that provide swim lessons.

FLEET (CY-FAIR SWIM CLUB)

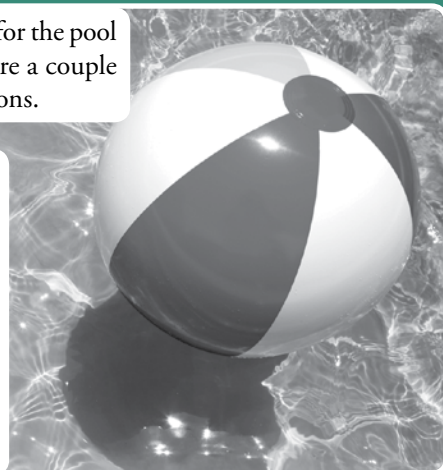
14654 Spring Cypress Rd., Cypress
281-376-2372

THE MET FAMILY LIFE CENTER

11403 Regency Green Drive, Houston
281-890-778

YMCA – CYPRESS CREEK

19915 S. Hwy. 249, Houston
281-469-148



THINGS TO DO

March 3rd through April 4th Cirque du Soleil "Ovo"

Sam Houston Race Park
7575 N. Sam Houston Pkwy. West

March 17th through April 10th I Do! I Do!

Texas Repertory Theatre Co.
14243 Stuebner Airline Rd.

3rd Thursday of each month Northwest Houston Mothers of Multiples

Coles Crossing Community Center
13050 Barker Cypress Rd.
7 - 9 p.m. | nwhmom.org

NORTHLAKE FOREST

NORTHLAKE FOREST COMMITTEES

LANDSCAPE COMMITTEE

ChairPaul Rath
Team LeadChuck Dale

POOL & TENNIS COURTS- COMMITTEE

ChairTBD
Team LeadMerritt Rundell

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Team LeadTBD

NEWSLETTER COMMITTEE

ChairWendy McCurley
Team LeadTBD

SAFETY COMMITTEE

ChairKelly Moore
Team LeadWendy McCurley

EVENTS COMMITTEE

ChairTBD
Team LeadTBD

ARCHITECTURAL REVIEW COMMITTEE

ChairDan Daues
Team LeadPaul Rath

VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please contact a board member with your interest.

NEWSLETTER INFO

EDITOR

Wendy McCurley..... wendymccurley@gmail.com

PUBLISHER

Peel, Inc.www.PEELinc.com, 512-263-9181
Advertising..... advertising@PEELinc.com

ADVERTISING

Please support the advertisers that make the Northlake Forest Herald possible. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 8th of the month prior to the issue.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

Ambulance/Fire/Police..... 911
Poison Control 1-800-222-1222

NON-EMERGENCY NUMBERS

Constable, Precinct 4 (281) 376-3472
Harris County Sheriff (713) 221-6000
Cy-Fair Volunteer Fire Department..... (281) 550-6663
Cypress Substation (281) 376-2997

GOVERNMENT NUMBERS

Animal Control (281) 999-3191
Health Department (281) 439-6290

Harris County Commissioner Precinct 4

Jerry Eversole - Community Assistance Office .. (713) 755-6444
Harris County Appraisal District (713) 957-7800
Social Security..... (800) 772-1213
Department of Public Safety (*Grant Rd*) (281)-890-5440
Department of Public Safety (*Hempstead*) .. (979)-826-4066

POST OFFICE

USPS (Cypress) (281) 373-9013

LIBRARY

NW Harris County Library (*Lonestar College*) .. (281) 618-5400
Barbara Bush Library (*Cypress Creek*)..... (281) 376-4610

SCHOOLS

Administrative Offices (281) 897-4000
Farney Elementary (281) 373-2850
Goodson Middle School (281) 373-2350
Cy-Woods High School (281) 213-1800

UTILITIES

Northwest M.U.D. No. 10

(Setup service/billing) (281) 579-4500
Northwest M.U.D. No. 10 (*Repair*) 281) 398-8211

Best Trash

(Trash can request/time schedules) (281) 561-5646
Centerpoint (*Gas*) (713) 207-7777

Special Announcement

**Happy Birthday Dad... we hope you have
the best birthday yet!**

We love you! -Laura and Byron

UPCOMING EVENTS

Prescription Drug Take-back

On April 30, 2011 from 10am to 4pm DEA and its community partners will take part in a nationwide prescription drug take-back, operating collection sites around the nation where Americans can turn in their unused, unneeded, and/or expired prescription medications. Unused or expired prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse. This service is free and anonymous. Tablets, capsules, and all other solid dosage forms will be collected. Intravenous solutions, injectables, and syringes will not be accepted. To find a collection site near you, go to www.dea.gov and click on the National Prescription Drug Take-Back Day icon.

Northwest Flyers Youth Track Club Information Sessions

Thursday Evening, April 7th, 2011 and Friday Evening, April 22nd, 2011 | 7:00 – 8:30 PM

The Northwest Flyers Track Club will host 2 open house/registration sessions for all middle and high school athletes and their parents interested in joining for the 2011 season. The events will be held in the Cypress Room at the Methodist Willowbrook Hospital, 18220 Tomball Parkway, Houston, at the corner of FM 1960 and Highway 249. The sessions will begin with a very important program overview/orientation at 7:00 PM. All interested athletes and parents should report on time.

The Northwest Flyers is a youth (ages 6 -18) track organization, affiliated with USA Track & Field. The club provides a full program of "track" events such as sprints, hurdles, middle distance, distance, relays and "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. It is an excellent "off-season" program for young athletes who currently compete on their middle school or high school varsity track teams.

Visit the team website at <http://www.northwestflyers.org> for registration forms and information prior to the sessions, or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net

The Houston Repertoire Ballet A Celebration of Dance

Cy-fair Residents to perform in Houston Repertoire Ballet's Spring Concert, along side American Ballet Theatre stars Jared Matthews and Yuriko Kajiya

The Houston Repertoire Ballet is excited to announce their Spring Performance A Celebration of Dance, to be performed April 9-10 at the Berry Center in Cypress, TX.

There will be an educational session for children offered as part of our Arts & Education program that will take place 30 minutes prior to the show on April 10. To purchase tickets to HRB's Spring Ballet or for more information on our Arts & Education program call 281-861-0199 or visit www.hrbdance.org. Ticket prices range from \$15-\$18.

NORTHLAKE FOREST BOARD OF DIRECTORS

President Paul Rath
Vice President Dan Daues
Treasurer Russell McPherson
Secretary Kelly Moore
Director Wendy McCurley

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

MANAGEMENT COMPANY

Planned Community Management, Inc. (PCMI)
Michael Quast
(281) 870-0585
mquast@stes.com
www.pcmi-us.com

Northlake Forest HOA Website: www.northlakeforesthoa.com



St. John
Lutheran Church & School

15235 Spring Cypress Rd. Cypress, Texas 77429
web: www.stjohn-lutheran.net ph: 281.373.0503
Lutheran Church-Missouri Synod

Join Us As We Celebrate
THE POWER OF THE
RESURRECTION
Jesus is Alive!



Worship Times:

Palm Sunday—April 17
8, 9:30 & 11 a.m.

Holy Thursday—April 21
11 a.m. & 7 p.m.

Good Friday—April 22
11 a.m. & 7 p.m.

Easter Sunday—April 24
6:30, 8, 9:30 & 11 a.m.

**St. John is located at the intersection of
Spring Cypress and Huffmeister in Cypress, TX.**

Join us in our new Worship Center scheduled for completion by Easter!

NORTHLAKE FOREST

FUN TIME WITH THE KIDS at Lonestar College Library

*Cy-Fair/Lonestar College Harris County Public Library
9191 Barker-Cypress Road, Cypress | 281-290-3211*

MONDAYS

• *Baby Story Time*

Mondays at 9:30 a.m., 10:30 a.m. and 11:30 a.m. Ages 6 months – 24 months. Features stories, songs, finger plays and occasional crafts - limited to 25 children. Tokens given out 1 hour prior to story time.

• *Pajama Story Time*

6:30 p.m. All ages welcome. Come in your pajamas and listen to some fun stories before bedtime. Tokens given out 1 hour prior to story time.

TUESDAYS

• *Toddler Story Time*

9:30 a.m., 10:30 a.m. and 11:30 a.m. Ages 2 – 3 ½ years. Features stories, songs, finger plays and occasional crafts - limited to 35 children. Tokens given out 1 hour prior to story time.

• *Preschool Story Time*

5:30 p.m. Ages 3 ½ – 6 years. Features stories, songs, finger plays and occasional crafts. Limited to 35 children. Tokens given out 1 hour prior to story time.

WEDNESDAYS

• *Preschool Story Time*

10 a.m. Ages 3 ½ – 6 years. Features stories, songs, finger plays and occasional crafts. Limited to 35 children. Tokens given out 1 hour prior to story time.

• *Teen Japanime Club*

Wednesdays at 10 a.m. Library Meeting Rm 131. 6 p.m. – 8 p.m. Spring schedule (subject to change). To sign up, call Elise Sheppard at 281-290-5248.

THURSDAYS

• *Spanish Story Time*

11 a.m. Ages 2-6 years. Features stories, songs, finger plays and occasional crafts. Limited to 35 children. Tokens given out 1 hour prior to story time.

• *Kool Kid Krafts*

4:45 p.m. Age 2 and up.

• *Kids' Game Night*

6:30 p.m. Bring your favorite game or play one of the many games the library has for this event. All ages welcome.

(Continued on Page 5)

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bashanspainting@earthlink.net



**SOMETHING OLD,
SOMETHING NEW...**

Join us for Ladies' Night at Flaherty's as we prepare for the Royal Wedding and learn about the latest wedding and bridal trends.

April 6, 6:00 p.m.
Cypress Showroom
13422 Grant Rd.
Cypress, TX 77429

April 13, 6:00 p.m.
Woodlands Showroom
10700 Kuykendahl Rd.
The Woodlands, TX 77381

Flaherty's
FlooringAmerica



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**RSVP ON FACEBOOK OR
CALL 281.370.8022**

NORTHLAKE FOREST

Fun Time with the Kids - (Continued from Page 4)

FRIDAYS

• *Signing Story Time*

3rd Friday of the Month. Ages birth - 3 years. Learn American Sign Language signs for topics of interest to babies and toddlers. Includes stories & songs.



WRAP '11 GARAGE SALE

SATURDAY, APRIL 9, 2011

7AM-NOON

CY-WOODS HIGH SCHOOL PARKING LOT

16825 Spring Cypress Rd., Cypress, TX 77429

Come Shop With Us!

- Furniture
- Household Items
- Clothing
- and much more!

*One man's trash is
another man's treasure!*



All Proceeds Benefiting Cy-Woods WRAP
To donate sale items or to help with the garage sale, please contact:
Yvonne Bukowski at ybukowski@yahoo.com or 281.304.0185

When It Comes To **SPORTS** **INJURIES ...**



We Have Your Bases Covered.

Did you know that over 800,000 teens and children are admitted to ERs yearly because of recreational and sports-related injuries? Whether it's a cut that requires stitches, a head trauma, a sprain, strain or broken bone, come see the specialists at Texas Emergency Care Center.

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FM 518 at Dixie Farm Road
281-648-9113

CYPRESS

17255 Spring Cypress Road, Suite A
Spring Cypress at Skinner Road
281-304-9113

NORTHLAKE FOREST

Recipe Corner

Buttery Soft Pretzels

Ingredients

- 4 teaspoons active dry yeast
- 1 teaspoon white sugar
- 1 1/4 cups warm water (110 degrees F/45 degrees C)
- 5 cups all-purpose flour
- 1/2 cup white sugar
- 1 1/2 teaspoons salt
- 1 tablespoon vegetable oil
- 1/2 cup baking soda
- 4 cups hot water
- 1/4 cup kosher salt (for topping)

Directions

1. In a small bowl, dissolve yeast and 1 teaspoon sugar in warm water. Let stand until creamy, about 10 minutes.
2. In a large bowl, mix together flour, 1/2 cup sugar, and salt. Make a well in the center; add the oil and yeast mixture. Mix and form into a dough. If the mixture is dry, add one or two tablespoons of water. Knead the dough until smooth, about 7 to 8 minutes. Lightly oil a large bowl, place the dough in the bowl and turn to coat with oil. Cover with plastic wrap and let rise in a warm place until doubled in size, about 1 hour.
3. Preheat oven to 450 degrees F (230 degrees C). In a large bowl, dissolve baking soda in hot water.
4. When risen, turn dough out onto a lightly floured surface and divide into 12 equal pieces. Roll each piece into a rope and twist into a pretzel shape. Once all of the dough is all shaped, dip each pretzel into the baking soda solution and place on a greased baking sheet. Sprinkle with kosher salt.
5. Bake in preheated oven for 8 minutes, until browned. Enjoy!

SCOOP THE POOP!

Please be considerate and pickup after your pet from your neighbor's yard and any neighborhood common areas when you take them for walks. It is a simple task...pet waste stations have been placed throughout the neighborhood as a courtesy to our residents to dispose of animal waste properly.



To get the best in Cypress, work with Cypress' best.



Sold!!

17222 Bending Oak
Cypress Ranch Estates



Sold!!

14310 Marin
Northlake Forest



Sold!!

17318 E. Lake Rose
Lakes of Rosehill



Sold!!

26910 Twilight Grove
Blackhorse Ranch South

I can customize a marketing plan to get your home sold, please call today!



Your Cypress Specialist

Gina Baker
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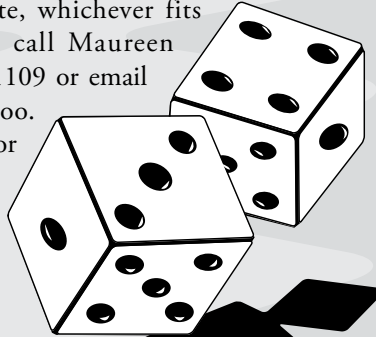


281.304.1344

26321 NORTHWEST FRWY #100 • CYPRESS, 77429

Bunco Anyone?

There is a fun Bunco group in NLF. We generally play on the third Tuesday of the month at 7:00pm. We do take a break in March and over the summer. We invite new players to join us; you can be a monthly player or be a substitute, whichever fits your schedule. Please call Maureen Cummings at 281-304-1109 or email her at mgqueen02@yahoo.com if you are interested or have any questions. We would love to have you join us.



For Your Information

To report any issues that need HOA attention, please visit www.northlakeforesthoa.com and use the Contact Us feature. You can contact our management company directly by sending an email to PCMI at CustomerCare@PCMI-US.com.

Street Lights Out?

As homeowners, you are paying for the lighting of the streets in your neighborhood. Billing is based on the number of poles within the subdivision. If the lights are not working, we are wasting money. If you see lights that are out, get the number on the pole and the nearest street address and either call Centerpoint Energy at 713.207.2222 or use the online form: <http://cnp.centerpointenergy.com/outage>

Newsletter Articles

The Newsletter Editor gathers articles worthy of information for publication in our Northlake Forest newsletter. The publication goes out every month. If you would like to submit an article for publication, please send them in no later than the 8th of each month to wendymccurley@gmail.com.

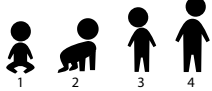


COLIN'S HOPE

Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW

DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is "drown proof" – no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

FINANCIAL FOCUS

Sandwich Generation Needs "Stress Busters"

You may be too busy to realize it, but April is Stress Awareness Month. Sponsored by the Health Resource Network, a non-profit health education group, Stress Awareness Month is designed to promote awareness about ways to reduce stress in our lives. And if you're a member of the so-called "Sandwich Generation," you may well have plenty of stress to deal with — especially financial stress. And that's why you may want to look at this month as an opportunity to explore ways of "de-stressing" yourself.

To understand the scope of the problem facing people in your situation, consider this: One out of every eight Americans aged 40 to 60 is both raising a child and caring for an aging parent, according to the Pew Research Center. The definition of "caring" for an elderly parent can range from actually having the parent living in one's home to helping



pay for the parent's stay in an assisted living or nursing home facility. When you consider the costs involved in this type of care, added to the expenses of raising your children, and possibly even providing some financial support to them as young adults, it's easy to see that you could potentially face enormous strains, both emotionally and financially.

To help ease this burden, consider these suggestions:

- **Save.** As a Sandwich Generation member, you're probably within shouting distance of your own retirement — so you need to be saving for it. This may not be easy. You don't know how much financial support you may someday have to provide your elderly parents — and even after your children are grown, they may need some help from you. Unfortunately, in helping these "boomerang" children, many people have to disrupt their day-to-day cash flow and raid their savings. That's why it's important to try to "pay yourself first" by deferring part of each paycheck into your 401(k) and by automatically moving money, each month, from your checking or savings account into your IRA.

(Continued on Page 9)

Summer is
rapidly
approaching...
Call to schedule your child's
dental appointment today!

281.758.2790

www.cypresskidsdentist.com

13611 Skinner Road, Suite 135
Cypress, Texas 77429
(Skinner at Spring Cypress)



INFANTS CHILDREN TEENS

Financial Focus - (Continued from Page 8)

- **Talk.** Many people in the "Greatest Generation" (over age 80) have not even prepared a will, so, if your parents are in that group, you may want to talk to them about taking action. Also, find out whom, if anyone, is handling their investments. And ask if your parents understand how Medicare works and if they need to add supplemental health insurance, such as Medigap. Plus, you need to find out if your parents have created a power of attorney or health care directive. It's best to have these conversations sooner, rather than later.
- **Delegate.** You eventually may have to take some responsibility for your parents' care — but you don't have to do it alone. You could, for example, work with a financial services provider that offers trust services, which can be invaluable if your parents are incapacitated, but which are useful even if they aren't. A professional trust officer can, among other duties, help manage your parents' investments, pay their bills, keep their records and supervise distribution of their assets to beneficiaries. In short, a qualified trust officer can make life a lot easier for you.

Stress Awareness Month only lasts 30 days, but by taking the right steps, you can de-stress yourself for many years to come. After all, just because you're in the Sandwich Generation, it doesn't mean you have to be "squished."

LOCAL HOSPITALS

Texas Children's Health Center (Cy-Fair)

11777 FM 1960 West, Houston, TX 77065

281-469-4688

North Cypress Medical Center

21214 Northwest Freeway, Cypress, TX 77429

832-912-3773

Cypress Fairbanks Medical Center

10655 Steepletop Drive, Houston, TX 77065

281-890-4285

Methodist Willowbrook Hospital

18220 Tomball Parkway, Houston, TX 77070

281-477-1000

Tomball Regional Hospital

605 Holderieth Boulevard

Tomball, TX 77375

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(between Champions Dr. & Champions Forrest Dr.)

Foot Specialists of Tomball

281-351-5599

13414 Medical Complex Dr., Ste. 11

Meet Treyvon

Every day across Texas, thousands of children like 11 year old Treyvon wonder where today will lead them. Having been removed from their families due to abuse and or neglect, these children are looking for stable, loving family relationships that will allow them to feel safe and secure. Often these children are moved from one foster home to another as they experience difficulty adjusting to new rules, roles and expectations they have never experienced before and are ill prepared to meet. They face a never ending stream of changes in care givers, schools, caseworkers and foster siblings that often results in a sense of hopelessness and a lack of investment in relationships because they have found that caring leads to loss.

Despite these challenges, these children can be resilient. They bring strengths to their situation that can help to overcome the obvious challenges they face. Take Treyvon, for example. He is anything but an average child! In fact, he is an extremely bright child, who excels in all subjects at school. His future is hopeful as he desires to become an architect, engineer or author. Treyvon is a well rounded child who enjoys outdoor activities like football, swimming and riding horses. Like most boys his age, he loves to eat, with his favorite foods being pepperoni pizza and spaghetti with meatballs.

Treyvon needs a structured family that will provide him the love, encouragement and discipline that he needs while understanding the challenges he faces in adapting to a world much different from his early life experiences. He has a great mind that needs stimulation and direction to help him accomplish his goals. Adopting a child like Treyvon from the foster care system is not difficult or expensive. Perhaps you and your family would be a good place for Treyvon to learn and grow.

For more information, please contact Stephanie Berka, Wendy's Wonderful Kids Recruiter, Adoption Coalition of Texas at 512-450-8750 or email at stephanieberka@adopttexas.org

To learn more about the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at <http://www.adoptioncoalitiontx.org>

A graphic featuring several interlocking puzzle pieces. One piece is black with a white 'P' inside a circle. Another piece is grey with a white 'P' inside a circle. The background is white with a large black puzzle piece shape.

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SOCIAL NETWORKING SKILLS?**

Follow Peel, Inc. Community
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www.peelinc.com/Facebook

The Facebook logo, a white 'f' inside a grey square.

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Shop Online! Virtual Tours and Photos

Northlake Forest Year-to-Date Sales Report

	MAR '10	APR '10	MAY '10	JUNE '10	JULY '10	AUG '10	SEPT '10	OCT '10	NOV '10	DEC '10	JAN '11	FEB '11
\$130,000- \$159,999						1						
\$160,000- \$189,999			1						1			
\$190,000- \$219,999	1	1	1	2	2					1		1
\$220,000- \$249,999								1	1	1	1	
\$250,000- \$279,999	1	1			1							
\$280,000- \$300,000				1							1	
Total	2	2	2	3	3	1	0	1	2	2	2	1
Highest \$/sq ft	\$72.60	\$87.32	\$85.05	\$87.95	\$80.55	\$53.42	-	\$71.42	\$88.87	\$92.87	\$82.27	\$78.58

This information is taken from the Houston Multiple Listing Service



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Realtor Associate/Hablo Español

Northlake Forest Resident

FREE Market Analysis

Realistic Marketing Strategy

Multiple Website Exposure

**Networking with Buyers
& Realtors Worldwide**

This is not a solicitation of currently listed properties.