

# THE VILLAGE

## *Gazette*™

"It takes a Village..."

---

NEWS FOR THE RESIDENTS OF THE VILLAGES AT WESTERN OAKS AND LEGEND OAKS I

## Spring 2011 Neighborhood-Wide GARAGE SALE

**SATURDAY,  
APRIL 30TH,  
8:00AM – NOON**

**Mark your  
Calendars!**

**SATURDAY,  
APRIL 30<sup>TH</sup>, 2011  
8 AM - 12 PM**

**SOLD**

The New Villages at Western Oaks Spring neighborhood-wide garage sale will be held beginning at 8am on Saturday, April 30th. Everyone is encouraged to set up sales in their own garages and driveways. This is a great opportunity to meet your neighbors, make some extra money and do a little spring cleaning all at once. The sale will be advertised in the Austin-American Statesman in order to publicize the event and attract buyers, and we will also promote the sale by putting up signs throughout the neighborhood.

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance .....	911
Sheriff – Non-Emergency.....	512-974-0845

### SCHOOLS

Elementary	
Clayton .....	512-841-9200
Kiker.....	512-414-2584
Mills .....	512-841-2400
Patton .....	512-414-1780
Middle	
Bailey .....	512-414-4990
Small.....	512-841-6700
High School	
Austin .....	512-414-2505
Bowie.....	512-414-5247

### UTILITIES

Water/Wastewater	
City of Austin.....	512-972-0101
City of Austin (billing) .....	512-494-9400
Emergency .....	512-972-1000
Texas State Gas	
Customer Service .....	1-800-700-2443
Gas related emergency.....	1-800-959-5325
Pedernales Electric Cooperative	
New service, billing .....	512-219-2602
Problems .....	512-219-2628
ATT/SBC Telephone	
New Service .....	1-800-288-2020
Repair .....	1-800-246-8464
Billing.....	1-800-288-2020
Allied Waste .....	512-247-5647
Time Warner Cable.....	512-485-5555

### OTHER NUMBERS

Oak Hill Postal Station.....	1-800-275-8777
City of Austin	
Dead Animal Collection.....	512-494-9000
Abandoned/Disabled Vehicles .....	512-974-8119
Stop Sign Missing/Damaged .....	512-974-2000
Street Light Outage (report pole#).....	512-505-7617

### NEWSLETTER PUBLISHER

Peel, Inc. ....	512-263-9181
Article Submissions .....	<a href="mailto:villagegazette@peelinc.com">villagegazette@peelinc.com</a>
Advertising.....	<a href="mailto:advertising@PEELinc.com">advertising@PEELinc.com</a>

**NOT AVAILABLE  
ONLINE**

*Do You Have Reason to Celebrate?*

We want to hear from you! Email  
[VillageGazette@PEELinc.com](mailto:VillageGazette@PEELinc.com) to let the community know!



*Mai*  
*Orthodontics*



[www.maiorthodontics.com](http://www.maiorthodontics.com)

6012 W. William Cannon Drive  
Suite D-103  
Austin, Texas 78749  
512-892-1188

## “A New Game for Children’s Beginner Tennis Players”

A new way to teach kids age 10 and under to play tennis is being promoted by the USTA. Tennis was a sport being taught with regular rackets, balls and size of courts. In the past few years, all that has changed by tailoring equipment and courts to a child’s size and age so they can develop skills and have fun right from the start. The success of youth baseball, soccer, basketball, and other sports all offer modified gear, courts and fields that give confidence and enjoyment as they develop and mature. Tennis is now following suit with the “10 and Under Tennis” which incorporates QuickStart Tennis play format so that kids can learn, rally play and compete in a way that is more fun. Tennis, unlike most other youth sports, can be played at five or at eighty-five, truly making it the “sport of a lifetime.”

Tennis facilities all over the United States are offering programs for QuickStart Tennis. The smaller courts will give kids the opportunity to build confidence and learn skills and strategy while covering the entire special court. They will be playing with shorter, lighter racquets with smaller grips. The balls being used will slow play down, bounce at the appropriate height to the kids’ size and provide rallies, allowing kids to develop their court skills.



*Children at the Circle C Tennis Club participating in the Quick Start Tennis Program*

Do not get left behind. Get your child involved in the “10 and Under QuickStart Tennis” programs being offered by many of the Tennis Facilities in South Austin.

EVOLVE PERSONAL FITNESS & GYM...WHERE TRANSFORMATION HAPPENS.  
**SOUTH AUSTIN’S PREMIER PERSONAL TRAINING STUDIO AND GYM**  
**7 DAY FREE PASS, LIMITED TIME OFFER**

Experienced Personal Training

Customized Wellness & Nutritional Programs

Indoor/Outdoor Fitness Bootcamps

Individual & group Yoga Classes

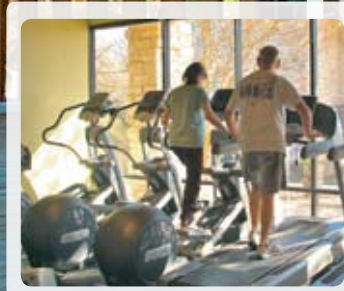
On-site Muscle Activation Therapy

And much more!

*Grand Opening  
April 30th!  
See you there!*

**EVOLVE**  
PERSONAL FITNESS & GYM

INDEPENDENT PERSONAL TRAINERS WELCOME!



5716 WEST HWY. 290  
AUSTIN, TX 78735 :: 512-358-8433  
WWW.EVOLVEPERSONALFITNESS.COM





## ARTISANS SUPPORTING ART!

*Arts & Crafts Fair featuring local  
artists & businesses.  
Proceeds benefit the Gorzycki Middle  
School Art Department.*

WHO/WHAT: Local artists, crafters and business owners will be selling their art & crafts to benefit the Gorzycki Middle School Art Department. Admission is free and raffles will be held hourly. Free parking is available on site. The event is sponsored by the Southwest Inclusive Networking Group, the Creative Arts Society, and Southwest Vertical Partners.

WHEN: Saturday, April 9, 2011 from 10am to 5pm

WHERE: Gorzycki Middle School

WHY: To support local artists and businesses, and to raise money for the Gorzycki Middle School art department

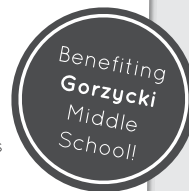
ARTISANS SUPPORTING



Arts & Crafts Fair  
featuring local artists & businesses  
benefiting the Gorzycki Middle School Art Dept.

Saturday, April 9th  
10 a.m. to 5 p.m.  
at Gorzycki Middle School

Sponsored by:  
Southwest Inclusive Networking Group  
Creative Arts Society + SW Vertical Partners



Free Admission! | Hourly Raffles! | Free parking on site!

## EASTER 2011

Ash Wednesday, April 20 - 7 p.m. Worship Service

Maundy Thursday, April 21 - 7 p.m. Worship Service

Good Friday, April 22 - 7 p.m. Worship Service

Easter Egg Hunt, Saturday, April 23 - 9 to 11 a.m.

Easter Sunday, April 24 - Sunrise, 8:45, 10 & 11:15 Worship Services

**Oak Hill United Methodist Church**

7815 Hwy. 290 W., Austin, Texas 78736 512-288-3836

[www.oakhillunitedmethodistchurch.org](http://www.oakhillunitedmethodistchurch.org)

## Meet Treyvon

Every day across Texas, thousands of children like 11 year old Treyvon wonder where today will lead them. Having been removed from their families due to abuse and or neglect, these children are looking for stable, loving family relationships that will allow them to feel safe and secure. Often these children are moved from one foster home to another as they experience difficulty adjusting to new rules, roles and expectations they have never experienced before and are ill prepared to meet. They face a never ending stream of changes in care givers, schools, caseworkers and foster siblings that often results in a sense of hopelessness and a lack of investment in relationships because they have found that caring leads to loss.

Despite these challenges, these children can be resilient. They bring strengths to their situation that can help to overcome the obvious challenges they face. Take Treyvon, for example. He is anything but an average child! In fact, he is an extremely bright child, who excels in all subjects at school. His future is hopeful as he desires to become an architect, engineer or author. Treyvon is a well rounded child who enjoys outdoor activities like football, swimming and riding horses. Like most boys his age, he loves to eat, with his favorite foods being pepperoni pizza and spaghetti with meatballs.

Treyvon needs a structured family that will provide him the love, encouragement and discipline that he needs while understanding the challenges he faces in adapting to a world much different from his early life experiences. He has a great mind that needs stimulation and direction to help him accomplish his goals. Adopting a child like Treyvon from the foster care system is not difficult or expensive. Perhaps you and your family would be a good place for Treyvon to learn and grow.



For more information, please contact Stephanie Berka, Wendy's Wonderful Kids Recruiter, Adoption Coalition of Texas at 512-450-8750 or email at [stephanieberka@adopttexas.org](mailto:stephanieberka@adopttexas.org)

To learn more about the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at <http://www.adoptioncoalitiontx.org>



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## ENSURE A BRIGHTER FUTURE

Join the **NEW Southwest Family Y** and receive a **FREE** specialty class\* and **FREE** personal training session.

\*incl. Swim Lessons, Youth Sports & more, up to \$60 in value



**FREE Event**  
**Healthy Kids Day**  
**Sat, April 16**  
**10am-1pm**

**Southwest Family YMCA**  
6219 Oakclaire Dr. & Hwy. 290  
891-YMCA • [www.AustinYMCA.org](http://www.AustinYMCA.org)

## AUSTIN TELCO FEDERAL CREDIT UNION

**WWW.ATFCU.ORG 302.5555**

### Low Rate Mortgage Loans

Contact our mortgage specialist, 512.302.5555 x7388

Is 10 minutes of  
your time worth  
\$1,200?

Refinance your auto loan  
with Austin Telco.  
A rate reduction of 2%  
could save you \$1,200 over  
the life of the loan.<sup>1</sup>

<sup>1</sup>Example based on a \$20,000 loan  
for 66 months at 3.35% vs. 5.35%.



### Automobile Loans

New Vehicles	Used or Refinanced
<b>2.85%*</b>	<b>3.35%*</b>
Up to 48 Months	Up to 60 Months

### Home Equity Loans

<b>4.15%*</b>	<b>4.45%*</b>
5 Year Fixed Rate	10 Year Fixed Rate

### 21 Metro Locations

Free Checking - 250+ Free ATMs



Follow Us

[twitter.com/austintelco](https://twitter.com/austintelco)



\*Annual Percentage Rate. All rates are expressed "as low as". Actual rate may vary depending on credit qualifications. Rates and terms are subject to change without notice. Austin Telco Federal Credit Union is federally insured to at least \$250,000 per member by the National Credit Union Administration.

## Mills Elementary "School Of Rock" Spring Festival

*April 30th, Saturday, 2:00-6:00 P.M.*

*6201 Davis Lane (At the Corner of Escarpment & Davis Lane)*

Giant Rock Climbing Wall, 22' Inflatable Slide, Petting Zoo, Obstacle Course, Bounce Houses, Games 2U Mobile Game Theater with Guitar Hero, Dance Revolution & Mario Kart Interactive Games, Mini Hoops, T-Ball, Barrel Ride/Train, Face Painting Artist, Dunking Booth, Life Size Box Maze, GaGa Game from Games 2U, Cakewalk, Football Toss, Rock Star Station, Silent Auction, Raffle Drawings, Karaoke, Elvis, Snow Cones, Bake Sale, Mr. Gatti's Gatti Wagon, Doc Munchies Donut Trailer, Santa Rita Cantina, & Outback Steakhouse!

*Live Musical Performances by  
Joe McDermott & Austin's Own School of Rock,  
"The B Team," & Much Much More!*

**WE HOPE TO SEE YOU THERE! KIDS &  
ADULTS OF ALL AGES WELCOME!**  
*Kids wristbands just \$10, Adult wristbands \$5*

The cost of a wristband allows unlimited access to all areas. Food tickets sold separately. For more information, visit: [www.millspta.org](http://www.millspta.org)



**Local Businesses:** This is an ideal opportunity to publicize your business or services to Mills families! You will receive publicity prior to, during, & after the event. Reach 900+ students & their parents. Get recognized in the school's newsletter which is distributed to more than 900+ families & faculty. Donors will receive a receipt for tax deduction purposes. If you would like to sponsor a festival booth or donate an item for the Silent Auction in exchange for acknowledgement at the festival, in the Mills newsletter, & the Mills website, please email Michelle Hubbard at: [mkhubbard@sbcglobal.net](mailto:mkhubbard@sbcglobal.net)

## BETTER GRADES!

*it's  
Easy!*

1. Enroll now
2. Build skills
3. Confident, happy kid



4301 W. William Cannon  
Suite 220-B (2nd floor)  
(In The Shops at Arbor Trail)

**OXFORD** Since 1984  
**LEARNING**

**FREE  
Examination**  
No Registration Fee  
\$100 Tuition Credit!!  
(\$300 total value)

**892-READ (7323)**

[www.oxfordlearning.com](http://www.oxfordlearning.com) • [cd.austinsouth@oxfordlearning.com](mailto:cd.austinsouth@oxfordlearning.com)  
Reading | Writing | Spelling | Math | Study Skills | Homework Support



**Lee Ann LaBorde, Agent**  
8400 Brodie Lane, Suite 105  
Austin, TX 78745  
Bus: (512) 276-8255  
[www.leeannlaborde.net](http://www.leeannlaborde.net)  
Hablamos Español

**Being  
there  
is why  
I'm here.**

Get discounts up to

**40%**

I'm always looking for ways to make your car insurance dollars work harder. **Like a good neighbor, State Farm is there.**  
CALL FOR A QUOTE 24/7



**State Farm**

P090106 04/09 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL



## REMEMBER, PLEASE:

Austin leash laws  
require all dogs to be  
on a leash when off the  
owner's premises.

*Do You  
Have Reason  
to Celebrate?*

We want to hear from you!

Email : [VillageGazette@  
PEELinc.com](mailto:VillageGazette@PEELinc.com) to let the  
community know!



## Seton SW GOALA

*Salt Lick Pavilion (Driftwood), May 1, 6pm.*

A fundraising event no athlete will want to miss! Gold Medal Olympians, Pro Football stars, and many more elite local athletic legends. Great Texas BBQ at the legendary Salt Lick, incredible silent auction packages including a Kauai HI, marathon package, and fabulous music of the Tony Harrison Band. There will be a vodka and tequila samplings compliments of two local vendors. More info at: <http://seton.net/locations/southwest/goala/>

You can have **STRAIGHT TEETH**  
by your **NEXT CLEANING**



At Circle C Dental, we now offer 6 month smiles cosmetic braces in addition to the many other services we offer including same visit tooth colored crowns, CariFree cavity risk assessment and more! By your next cleaning, you can have the beautiful and straight teeth that you have always wanted! Please give us a call at 512-301-2483 (BITE) for a free consultation regarding 6 month braces or any other dental question.

**Q:** How can teeth be straightened in only six months?

**A:** As an adult, your back teeth are in a stable and comfortable position: you bite and chew without problems right? So, why spend 2-3 years moving the back teeth around, when we can just focus on your front teeth and provide you with a great smile in 6 months!\*

**Q:** Six months sounds good, but will I still have a mouth full of metal for the whole time?

**A:** No! This is nothing like the metal-mouth braces that you imagine! Using clear brackets and a tooth colored wire, the braces are almost invisible.

For more information, please visit our exclusive website: [www.Austin6MonthSmiles.com](http://www.Austin6MonthSmiles.com)

\* Results typically seen in 6 months, but time frame may vary.

**512-301-BITE (2483) [www.CIRCLECDENTAL.com](http://www.CIRCLECDENTAL.com)**

9600 Escarpment Blvd. Ste 770 | Austin | Texas 78749 Conveniently located near Slaughter & MoPac

## APRIL EVENTS *at the Wildflower Center*

### **Nature Nights-Wildflowers and Pollinators**

**6 to 9 p.m. Friday, April 1**

\$1 admission.

### **Book Signings in the store**

**1 to 4 p.m. Saturday, April 2**

Laura Springer Ogden and Scott Ogden sign *The Undaunted Garden: Planting for Weather-Resilient Beauty and Plant-Driven Design*.

### **Spring Plant Sale & Gardening Festival**

**Members' Sale, 1 to 7 p.m. Friday, April 8.**

**Public Sale, 9 a.m. to 5 p.m. Saturday, April 9, and Sunday, April 10.**

Bigger and better this year. The annual lecture at 11:30 Friday features Richard Crossley speaking on his Eastern bird guide. Walks and talks from 11 a.m. to 3 p.m. Saturday and Sunday and Mr. Smarty Plants on hand all three days. Plant list at [www.wildflower.org](http://www.wildflower.org).

### **Learn about Seed Balls**

**1 to 4 p.m. Saturday, April 23**

Expert David Werth answers questions at the store, and David Todd signs Texas Legacy Project,

### **Easter Sunday**

Wildflower Center is open April 24

### **Tree Photos - Friday, April 29.**

Celebrate Arbor Day at an exhibit of Ralph Yznaga's photography of famous Texas trees at the store.

### **Texas Arboretum Groundbreaking**

**Saturday, April 30**

Tree Planting Ceremony at 10:30 a.m. followed by tours. Arboretum designer W. Gary Smith speaks at 1 p.m. in the auditorium on inspiration for garden design and signs *From Art to Landscape* until 3 p.m. at the store.



*Shopping at a  
Plant Sale*

 **waxing**  
THE STUDIO

The Waxing Studio (Austin's Brazilian Waxing Specialists)  
3601 W William Cannon Dr #125 512.775.2169  
2110 South Lamar Blvd 512.284.6000

**Get Waxed!**  
Only at the Waxing Studio.  
Bring a copy of this ad in for a  
half price Eyebrow Wax  
(normally \$18) at any of our  
Austin locations.

**COUPON  
FOR YOU**

**Find out more at [keepaustinwaxed.com](http://keepaustinwaxed.com)** Ask about our crystal body tattoos!

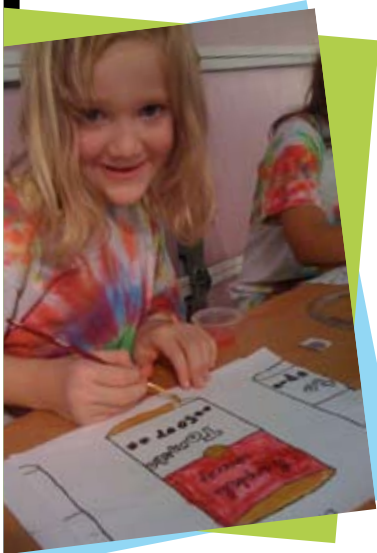




# SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos.  
We want pictures of your kids doing everyday things,  
school events, plays, sports, etc.  
Send in your pictures to be featured in  
The Village Gazette.

E-mail your pictures to [VillageGazette@peelinc.com](mailto:VillageGazette@peelinc.com)  
by the 9th of the month.



## Summer Art Camp

Awesome Art camps  
for your Creative Kids  
Ten Different Themes to  
Choose from for  
Kids 4 - 14

Located in  
Southwest Austin



Call or visit our website for more information:  
[www.theartgarageAustin.com](http://www.theartgarageAustin.com)  
512-852-9900



*Insist on an IPSSA  
member to protect your  
family and investment!  
There is a Difference!*

## FRANK'S POOL SERVICE OF AUSTIN

*"We Keep You Swimming"*

512-563-9971  
[fpsoa@hotmail.com](mailto:fpsoa@hotmail.com)  
[www.ipssatexas.com](http://www.ipssatexas.com)

Complete Pool Care & Equipment Repair

**FREE**  
WATER CHEMISTRY ANALYSIS &  
EQUIPMENT DIAGNOSIS

## Autism Robs You Of Your Child!

By Connie Ripley

Light It Up Blue in April. April is Autism Awareness Month. Autism Speaks is asking buildings around the world to turn their lights blue and people to wear blue on April 1 & 2.

One out of 110 children is diagnosed with autism (1 out of 70 boys). More children will be diagnosed with autism this year than with AIDS, diabetes and cancer combined.

Autism is a complex neurobiological disorder that impacts communication, behavior and social relationships. Currently no effective means to prevent autism, no fully effective treatments and no cure exists for this disorder that robs families and children of smiles, eye contact, communication, hugs and even the ability to eat in a restaurant.

**Know the Signs.** These "absolute indicators" or "red flags" indicate your child should be evaluated.

- No big smiles or other warm, joyful expressions by 6 months.
- No back-and-forth sharing of sounds, smiles, or other facial expressions by 9 months.
- No babbling by 12 months.
- No back-and-forth gestures, such as pointing, showing, reaching or waving by 12 months.

- No words by 16 months.
- No two-word meaningful phrases (without imitating or repeating) by 24 months.
- Any loss of speech or babbling or social skills at any age.

Does your child make eye contact with you? Does he/she enter into meaningful exchanges? Does he/she "tantrum" in the grocery store or when transitioning from one thing to another? Instead of "racing" toy cars, does your child flip them over and roll the wheels or stack them in a line? If any of these things exist, insist on an immediate evaluation. Early intervention may be your child's best hope. Since this disease has accelerated so much recently, many pediatricians just do not recognize the signs.

The prevalence of the disorder rose 57% between 2002 and 2005. In 1975, autism effected 1 in 5,000. Today it affects 1 in 110 children. Autism is the fastest-growing serious development disability in the U.S. It costs the nation \$35 billion a year, and that figure is sure to rise.

In order to raise awareness of this escalating disorder, landmarks, iconic buildings, schools, universities, hospitals, airports, businesses

(Continued on Page 11)

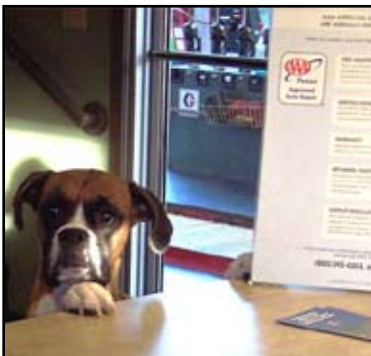
### Superior Service for You and Your Car

**Kwik Kar**  
LUBE & TUNE

**Southwest**

www.kwikkarsw.com  
3416 West William Cannon  
@Brodie Next to Culver's  
(512) 891-7800

Family Owned & Operated  
Mark and Jan Welp



#### ASE Master Mechanics

Full Service Oil Changes  
ECO Friendly Oil Option  
State Inspections  
30/60/90K Maintenance  
Mechanical Repairs  
Computer Diagnostics  
12Mo/12K Nationwide  
Warranty

Coffee Bar • Children's Playroom • Courtesy Shuttle

**100% AAA Customer Satisfaction**  
(per AAA Survey)

Interior / Exterior  
Residential and  
Commercial Painting

**PROTECT PAINTERS**

**"My painter keeps his Promise, does yours?"**

**The PROTECT Promise™**

1. Warranty on All Work
2. Top Quality Materials
3. Free Service Calls

**\$200 OFF**  
any job over \$2,000

**\$100 OFF jobs between \$1,000 and \$2,000**  
Obtain our FREE Estimate, then present coupon for discount.  
Expires May 31, 2011

**Call Today for a FREE estimate**

Locally Owned & Operated

**512-651-2394**  
www.protectpainters.com



## **Autism Tobs You of Your Child! - (Continued from Page 10)**

and people in Australia, Bahrain, Belgium, Brazil, Canada, Cypress, Denmark, France, Hungary, Ireland, Kenya, Netherlands, New Zealand, Romania, Sri Lanka and the United States from Los Angeles to Savannah and from Minneapolis to Houston will be changing their light bulbs, clothing themselves, and eating and drinking blue for the month of April.

Texas State Senator Florence Shapiro will read a proclamation of Autism Awareness Month on the Texas State Senate floor on April 4th.

To commemorate the fourth annual United Nations World Autism Awareness Day and Autism Awareness Month, change your light bulbs to blue and wear blue on April 1 and 2.

It's easy! Just change your light bulbs from white to blue! To make things even easier, Home Depot will carry a complete supply of blue blubs for the event.

Toys R Us has a month long Autism Speaks campaign. Pump It Up has scheduled The Great Jump for April 7.

Even as autism escalates at alarming rates, it receives only 0.5% of the National Institutes of Health funding. Autism Speaks is North America's largest autism science and advocacy organization.

Autism Speaks is funded primarily by local walks. The Greater Austin Walk Now for Autism Speaks committees are being formed for the fall walk. Your help is needed! Please contact Walk Manager

Traci Whitney at [traci.whitney@autismspeaks.org](mailto:traci.whitney@autismspeaks.org)



*Watch for the  
12 diagnostic  
markers and the  
possible causes of  
autism in the  
following issues  
of your neighbor-  
hood newsletter.*



## **I'LL BUY YOUR CAR!!**

Fast, free appraisals; I will come to your business or home. I have been buying cars in Austin for over 18 years. Why drive all over town? I'll buy any make, model or year vehicle.

Please call Patrick for your fast, free appraisal.

**(512) 750-8289**

Licensed - Bonded - Insured  
[www.downunderautosales.com](http://www.downunderautosales.com)  
[dwnunder@hotmail.com](mailto:dwnunder@hotmail.com)



## Austin Newcomers Club April Luncheon

Austin Newcomers is a social organization dedicated to introducing residents to the Austin Community and giving them the opportunity to meet and make new friends. Join us at our monthly luncheon as well as take the opportunity to learn about and become involved in many varied fun Interest groups.

**Time: 11:00 AM Social - 12 Noon Luncheon**

**Date: April 20, 2011**

**(Reservations required by Thursday, April 14th)**

**For Luncheon Reservations email: LuncheonDirector@AustinNewcomers.com or Diane Israelson 512-467-4979**

**For other Newcomers information**

**visit [www.austinnewcomers.com](http://www.austinnewcomers.com) or call 512-314-5100**

### JIM COMER: WHEN ROLES REVERSE

Jim Comer's parents were independent, capable people, people who met life's challenges head-on with diligence and good humor. Then one day, literally overnight, they couldn't do it anymore. Jim's bestselling book *When Roles Reverse* is the story of how he returned home to Texas to pay back his parents for the love and support they showed him.

"I was an adult with my own life, and I hadn't lived in Texas for years. I knew nothing about nursing the elderly. As I got off the plane to become a caregiver to my parents for the first time, I realized 'I

don't know how to do this!' ... I'd heard that children don't come with an owner's manual – neither do parents!"

Parenting his parents was a life-changing choice that has led to a successful speaking career, a rediscovery of real family values and much else. His goal is to encourage families to plan ahead, talk about the difficult decisions and help adult children realize that they can handle the challenges of care-giving and find great joy in showing up for their parents.

Jim has spoken to corporations, associations, conventions and churches from Los Angeles to Cancun to Halifax, Nova Scotia. His keynote talks include *Parenting Your Parents*, *You are the Message*, *How Not to Speak Like a Geek*, and the story of his years as a struggling actor in New York.

His articles have appeared in *The Reader's Digest*, and on the op-ed pages of the *New York Times*, *Washington Post*, *Los Angeles Times* and *Austin-American-Statesman*. Jim has written jokes for Joan Rivers and Phyllis Diller and a monologue for Bob Hope. He has also had many acting roles and been on many TV shows. Jim is a member of the National Speakers Association and was named Member of the Year in 2004 for the Heart of Texas Chapter. He is also active in non-profit work in the area of ending hunger and preventable childhood diseases



**Spring Special  
\$39.95\***

*\*not valid with any other offers.*

**Cooling & Heating  
Preventative Maintenance  
Special. You Cannot  
Beat this Deal!**

Have our expert technicians come out and give your cooling/heating system a full 15-point inspection for this incredible low price.

***We Are Now Serving Your Neighborhood!***



***Serving Texas Homeowners for 35 Years!***

**512-805-2255 • 877-237-7535**

**[www.BFStexas.com](http://www.BFStexas.com)**

**TACLB32884E**

## The Live Oak Network of BNI: Quick Quiz:

1. Do you know a reliable and trustworthy service professional (residential, commercial, health and beauty, trades, or event planning) who places their customer's needs first?
2. Would you refer them to your friends and or family members without hesitation?

If you answered "Yes", tell them The Live Oak Network is looking for more good people to join our growing network of professionals today!

The Live Oak Network is a non-competitive professional referral organization that admits only one high quality individual or company per professional category to share ideas, contacts and most importantly referrals.

Curious? Do you want to learn how to build your business by word-of-mouth referral? Visit us this Wednesday morning 7:45 to 9:30 a.m.... have a great time, meet new people - and there is no obligation to join. Please contact Susan Hale for more information at [susan@ubeuinc.com](mailto:susan@ubeuinc.com), 369.3692 or visit [www.bniaustin.com](http://www.bniaustin.com) for specific location.

## BUSINESS CLASSIFIEDS

**LESS THAN A PENNY:** You can run a business classified in the Village Gazette newsletter and reach all of Villages at Western Oaks and Legends Oaks I for only a penny per home. Call 512-263-9181 for details.

At no time will any source be allowed to use The Sendera Newsletter's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Pine Brook Periodical is exclusively for the private use of the Pine Brook HOA and Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\*The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

**Nº1**  
SIX YEARS  
IN A ROW

## Time and Again, Our Heart Program Comes in First.

For six years in a row, HealthGrades® has ranked Heart Hospital of Austin as the number one heart program in Texas, an accomplishment no other hospital has achieved. What's more, Thomson Reuters ranks us as one of the Nation's 100 Top Hospitals® for Cardiovascular Care — for the fifth time. Here, we put patients and their families first. That's why we're dedicated to providing the highest quality care and achieving better outcomes. And it's why we're recognized by so many quality-rating organizations. So if you're seeking the best in heart care, choose the hospital that ranks at the top.

 **HEART HOSPITAL of AUSTIN®**  
A campus of St. David's Medical Center

**512-407-7000**

**[HeartHospitalofAustin.com](http://HeartHospitalofAustin.com)**

 **HEALTH GRADES®**  
GUIDING AMERICA TO BETTER HEALTHCARE®  
— 2004-2009 —

 **THOMSON REUTERS**  
**TOP HOSPITALS®**  
**CARDIOVASCULAR**  
2004-2005, 2007-2009

## FINANCIAL FOCUS

### Sandwich Generation Needs “Stress Busters”

You may be too busy to realize it, but April is Stress Awareness Month. Sponsored by the Health Resource Network, a non-profit health education group, Stress Awareness Month is designed to promote awareness about ways to reduce stress in our lives. And if you're a member of the so-called “Sandwich Generation,” you may well have plenty of stress to deal with — especially financial stress. And that's why you may want to look at this month as an opportunity to explore ways of “de-stressing” yourself.

To understand the scope of the problem facing people in your situation, consider this: One out of every eight Americans aged 40 to 60 is both raising a child and caring for an aging parent, according to the Pew Research Center. The definition of “caring” for an elderly parent can range from actually having the parent living in one's home to helping pay for the parent's stay in an assisted living or nursing home facility. When you consider the costs involved in this type of care, added to the expenses of raising your children, and possibly even providing some financial support to them as young adults, it's easy to see that you could potentially face enormous strains, both emotionally and financially.

*To help ease this burden, consider these suggestions:*

- **Save.** As a Sandwich Generation member,

you're probably within shouting distance of your own retirement — so you need to be saving for it. This may not be easy. You don't know how much financial support you may someday have to provide your elderly parents — and even after your children are grown, they may need some help from you. Unfortunately, in helping these “boomerang” children, many people have to disrupt their day-to-day cash flow and raid their savings. That's why it's important to try to “pay yourself first” by deferring part of each paycheck into your 401(k) and by automatically moving money, each month, from your checking or savings account into your IRA.

- **Talk.** Many people in the “Greatest Generation” (over age 80) have not even

prepared a will, so, if your parents are in that group, you may want to talk to them about taking action. Also, find out whom, if anyone, is handling their investments. And ask if your parents understand how Medicare works and if they need to add supplemental health insurance, such as Medigap. Plus, you need to find out if your parents have created a power of attorney or health care directive. It's best to have these conversations sooner, rather than later.

- **Delegate.** You eventually may have to take some responsibility for your parents' care — but you don't have to do it alone. You could, for example, work with a financial services provider that offers trust services, which can be invaluable if your parents are incapacitated, but which are useful even if they aren't. A professional trust officer can, among other duties, help manage your parents' investments, pay their bills, keep their records and supervise distribution of their assets to beneficiaries. In short, a qualified trust officer can make life a lot easier for you.

Stress Awareness Month only lasts 30 days, but by taking the right steps, you can de-stress yourself for many years to come. After all, just because you're in the Sandwich Generation, it doesn't mean you have to be “squished.”



## ADVERTISE YOUR BUSINESS TO YOUR NEIGHBORS

Support Your Community Newsletter



PEEL, INC.  
community newsletters

[www.PEELinc.com](http://www.PEELinc.com)

Ryan Lundberg

Sales Manager

512-263-9181 ext 23

[ryan@PEELinc.com](mailto:ryan@PEELinc.com)





CONSTANT VISUAL  
SUPERVISION



LEARN TO SWIM



WEAR LIFE JACKETS



MULTIPLE BARRIERS ON  
ALL POOLS & SPAS



KEEP BACKYARDS &  
BATHROOMS SAFE



ALWAYS CHECK POOL/SPA  
FIRST FOR MISSING CHILD



LEARN CPR



# COLIN'S HOPE

*Increasing water safety awareness and standards*

BE SAFE IN THE WATER  
& HAVE THE  
BEST SUMMER EVER!



Join us in getting ready for a safe summer in the water!

## **Colin's Hope Community Water Safety Splash and Walk** **Saturday, April 30th 10AM-3PM**

The whole family can splash into our Water Safety Challenge and Life jacket Swim or try out a Stand Up Paddle Board at The Expedition School Lagoon (On Lady Bird Lake in East Austin next to Fiesta Gardens.) Volunteers are also needed to pick up and distribute water safety packets to homes in zip codes that have high incidences of drowning. This is a great family or group volunteer activity. Email [alissa.magrum@colinshope.org](mailto:alissa.magrum@colinshope.org) to volunteer. Together, we can prevent drowning and save lives.

## **Colin's Hope Night at Eastside Movies in the Park** **Tuesday, May 3rd, Doors open at 6PM, Movie at sundown**

Join us at The Expedition School Lagoon (On Lady Bird Lake in East Austin next to Fiesta Gardens) for a screening of Whale Rider. Bring your family and friends to enjoy the movie under the stars.

## **Colin's Hope Day at Schlitterbahn-New Braunfels** **Saturday, May 21st**

Join us for a day to promote Water Safety and Drowning Prevention at Schlitterbahn-New Braunfels! Special tickets are available from Colin's Hope. Email [alissa.magrum@colinshope.org](mailto:alissa.magrum@colinshope.org) for more information.

**For more information**  
**visit our website at [www.colinshope.org](http://www.colinshope.org)**



**PEEL, INC.**

308 Meadowlark St.  
Lakeway, TX 78734-4717

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

VW

# Has the Market Stabilized Yet?

You see plenty of home statistics but what do they mean?  
Get a more accurate snapshot of your home value.

Go to **MarketSnapshotNow.com**  
and sign up today...



**JAYMES WILLOUGHBY** has the integrity, knowledge, and customer service you'd expect from an expert with 25 years of experience in Austin real estate. If you're buying or selling in the **Villages of Western Oaks**, choose the agent your neighbors have trusted.



The  
Jaymes  
Willoughby  
Team

**512-347-9599 • [www.MetroAustinHomes.com](http://www.MetroAustinHomes.com)**

Keller Williams Realty • 1801 S. Mopac, Ste. 100 • Austin, Texas 78746

Not intended to solicit properties currently for sale.

## WE UNDERSTAND COMMITMENT.

For decades, Edward Jones has been committed to providing financial solutions and personalized service to individual investors.

You can rely on us for:

- **Convenience**  
Locations in the community and face-to-face meetings at your convenience
- **A Quality-focused Investment Philosophy**  
A long-term approach that focuses on quality investments and diversification
- **Highly Personal Service**  
Investment guidance tailored to your individual needs

Call or visit today.



**Bradley Dartez**  
Financial Advisor

4404 W William Cannon Suite Q  
Austin, TX 78749  
512-443-1988

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING