



CIRCLE C RANCH

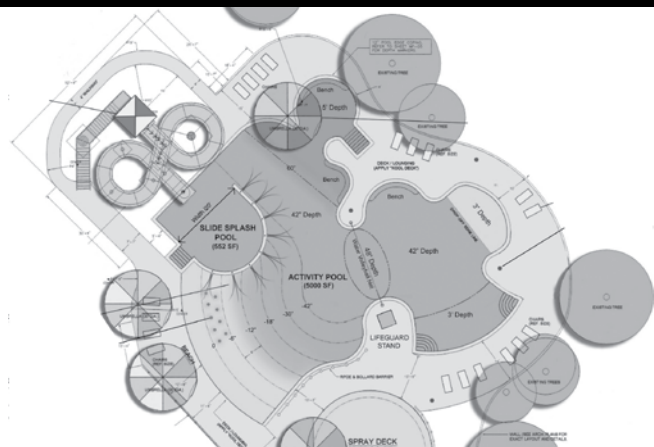
The Official Publication of the
Circle C Homeowner's Association

Newsletter

Volume 8, Number 5

May 2011

www.circlecranch.info



Circle C Community Center and Pool Update

After a few delays, construction on the New Community Center and Pool project will have started by the time the May newsletter is published. If you live within 300 feet of the location (Spruce Canyon at La Crosse Avenue) you will receive a letter from the HOA requesting that you sign up for an email group that will communicate construction and/or traffic notices throughout the project.

If you do not receive this letter by May 1st, please contact the HOA at 288-8663.

The CCHOA will be working closely with Clayton Elementary to make this process as smooth as possible until school lets out for the summer. The construction site will be fenced, however we would like parents to speak with their children about the dangers of entering onto the construction site at any time.

We do not have a guaranteed construction timeline, but anticipate this to be at least a 7 month process.

We will continue to post updates in the newsletter and on the website at: <http://www.circlecranch.info/Development-Updates-250717-14837.htm>.

Please contact the HOA office with any questions or concerns at 288-8663 or info@circlecranch.info

Please Help Keep Circle C *A Beautiful Place to Live*

Circle C residents are great recyclers! Many items that used to go into the garbage cans are now finding their way into the recycling bins.

We understand that two carts have been a struggle to keep hidden from view but most all homeowners in Circle C have now managed to comply. Thank you!

Please keep in mind that Circle C requires that all carts be stored where not visible from the street. So if you or your neighbor can see your containers from the street, they need to be hidden from view. Storing them in the driveway is not permitted and on the side of your house without screening is not enough.

Spring is here and now is the time to plant those full bushes to screen your cans, repair that fence so that the carts can be stored behind the fence, or clean out the garage for more convenient access.

Another note on trash and recycling, the City of Austin requires that carts be placed at the curb by 6:30 am the morning of your pick up date (Monday for all of Circle C) and put away no later than 10 pm that same day. This means carts may realistically be at the curb from Sunday night (no earlier than 8pm) to Monday night. Please be sure to only have your carts at the curb during this 24 hour window.

Thank you for keeping Circle C a beautiful place to live!

CCHOA Website and Email Registration

Currently we have about one half of the neighborhood signed up for the CCHOA website and CCHOA database. The website is a great resource for accessing HOA documents, policies and submitting concerns. The email database is used by the HOA to send out current HOA related announcements. If you haven't already, please take a few moments to sign up at www.circlecranch.info

CCHOA NUMBERS

HOA Mgmt Office info@circlecranch.info or 288-8663
 Financial Office 451-9901
 Aquatics Director 288-4239
 Newsletter Publisher

Peel, Inc. Sales Office. 512-263-9181

Advertising.....advertising@PEELinc.com, 512-263-9181

Circle C Amenities

Circle C Café 288-6058

Circle C CDC..... 288-9792

Circle C Swim Center 288-6057

Circle C Tennis Club General@CircleCTennis.com, 301-8685

Sub Association Info:

KB Enclave and Fairway Estates HOA

Karen Hibpsman, CMCA, Manager 347-2891

Parkwest HOA

Goodwin Management 502-7509

Streetman Enclave HOA

Rosalind Peterson..... 441-1041

Muirfield HOA

Sara Huff 306-9352

BOARD OF DIRECTORS

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Brad Compere..... Vice President

Russ Hodes Treasurer

Chris Poynor Secretary

Joel Pace..... Development Officer

Rob Johnson Board Member

Brad Compere..... Board Member

Steve Urban..... Board Member

Contact the board at directors@circlecranch.info

IMPORTANT NUMBERS

City of Austin Solid Waste 974-1945

Dead Animal Collection..... 974-2000

Abandoned Vehicle..... 974-8119

Pothole Complaints..... 974-8750

Stop Signs 457-4885

Street Light Outage 311

Schools

Clayton Elementary 841-9200

Kiker Elementary 414-2584

Gozycki Middle School..... 841-8600

Small Middle School 841-6700

Bowie High School 414-5247

SAYSA..... 899-1049

ARTICLE INFO

The Circle C Ranch newsletter is mailed monthly to all Circle C Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

If you have an article of interest to the community please submit to info@circlecranch.info by the 10th of the month. The newsletter can also be viewed online at www.circlecranch.info.

ADVERTISING INFO

Please support the advertisers that make the Circle C Ranch Newsletter possible. If you are interested in advertising, please contact Peel, Inc. at 512-263-9181 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Circle C Ranch community with one source of local news content that is provided by Circle C residents. Our goal is to help build Circle C by connecting local businesses with residents and residents with relevant neighborhood information.

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It's Time: 2011 Offers Golden Opportunity



Not intended to solicit properties currently for sale.

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Information

Please support the businesses that advertise in the Circle C Ranch Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. at 512-263-9181 or email advertising@PEELinc.com for ad information and pricing.

CLASSIFIED ADS

Personal Classifieds (one time sell items, such as a used bike...) run at no charge to Circle C Ranch residents, limit 30 words, please e-mail to info@circlecranch.info.

Business Classifieds (offering a service or product line for profit) are \$65, limit 40 words, please contact Peel, Inc. at 512-263-9181 or advertising@PEELinc.com.

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May 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 Mother's Day	9	10 Newsletter Article Deadline	11	12	13	14
15	16	17	18 Board Meeting, 6:30pm	19	20	21
22	23	24	25	26	27	28
29	30 Memorial Day HOA Office Closed	31				

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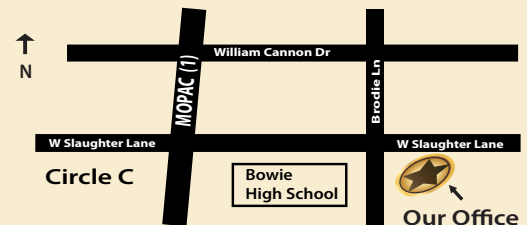
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"Just Listed!"

11325 Bastogne—Gorgeous, sandstone, KB model home with Emerald green granite, hand-scraped wood floors, Hickory cabinets, 3-car garage and more! Master has double-sided fireplace and the game room is MASSIVE. New pool and Clayton just across the street! Gated comm.!



"Just Listed!"

7637 Breccourt Manor— Beautiful 1-story KB model home loaded with upgrades. Wood floors and hard tile lead you through this spacious home. Silestone kitchen, stone fireplace, HUGE deck overlooking big back yard. Entertainment niche, recessed lighting throughout. High ceilings, rounded corners—too much to list!



"Just Listed!"

7605 Breccourt Manor—Beautiful, 1-story KB model home floorplan, absolutely loaded! 3-car garage, granite kitchen, wood floors, tile, huge deck, surround wired, huge bedrooms!



"We listed our home with John and received 4 offers in the first 2 days on the market! Thanks John!"
Michael and Carol Larner



9013 Heiden Lane



"My dad knows Circle C Ranch home values like no-one's business! I'll drive while he finds you a great house at a fair price. He guarantees you won't over-pay!" Woof! Milo Picasso



HOA Manager Announcements:

Submitted by Denise Nordstrom, CCHOA Mgr.

HAVE YOU RECEIVED A DEED RESTRICTION NOTICE?

As reported in each month's newsletter, the HOA staff drives at least two sections of the neighborhood per month to note violations of the Declaration of Covenants, Conditions and Restrictions. These commonly include: front yard landscape maintenance (mowing, edging, free of weeds), home maintenance (paint, screens, siding) and recreational vehicles (boats, RV's, trailers) parked in the driveway. The HOA is required by state law to notify owners in writing via certified mail and allow for the homeowner to request a hearing before the board of directors. If you receive a letter, please contact us at the HOA office and let us know your individual situation. We would like to work with you to bring your home into compliance. If you would like to report a violation, you can do so via our website at www.circlecranch.info

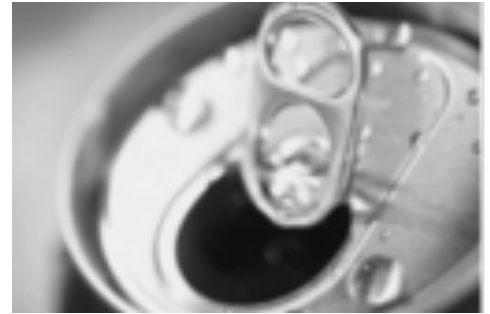
MEMORIAL DAY, MON., MAY 30TH

The HOA office will be closed on Monday, May 30th in observance of Memorial Day. The Swim Center will be open for lap swimming (5:45am to 6pm) and recreational swimming (10am to 6pm).

LAWN CLIPPINGS

Now that we are entering the growing season most of you are mowing your grass once a week or once every other week which results in a lot of grass clippings. The best thing you can do with your grass clippings is to blow or sweep them back onto your lawn so that they are recycled. DO NOT blow your grass clippings in the street as they end up in our storm water drains.

You may also bag your lawn clippings in brown paper refuse bags available at Home Depot or Lowes and the City will pick these up for free on your scheduled garbage day (Monday).



PLEASE BRING US YOUR ALUMINUM CAN TABS FOR THE RONALD MCDONALD HOUSE.

So many of you are now in the habit of collecting the aluminum can tabs and we appreciate you taking the time to bring them to the HOA office. We will continue to collect aluminum soda can tabs in the management office so please DO NOT throw your cans away without taking off

(Continued on Page 9)



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HOA Manager Announcements- (Continued from Page 8)

the tabs. The tabs will be donated to the Ronald McDonald House Charities of Austin and Central

Texas. To read more about the Ronald McDonald House Charities of Austin and Central Texas, you can visit <http://www.rmhc-austin.org/>

SOUTH BAY AREA HOMEOWNERS DETENTION POND AREA RULES

If you live or visit the area by the South Bay Post Office, we would appreciate your cooperation in educating your children that the Filter Pond area is not for biking or any other activities. This is expressly prohibited under the City of Austin water quality regulations.

The South Bay Filter Pond area is a no trespassing area and a water quality zone. It is not a recreation area and any activity in this area creates erosion which causes problems for the filter pond.

There has also been recent dumping of fencing materials, old furniture and other debris. If you witness anyone dumping in this or any other open area, please report to the police immediately.

The City of Austin Environmental Department along with the CCHOA has recently cleaned up this area, posted new signs and is monitoring it closely. However, it is up to the parents to make sure your kids are not participating in activities at the pond. The kids

seem to be elementary school age, so please explain to them that the pond area and all areas around the post office are "off limits." Thank you for your help.

PLEASE, NO LITTERING

The HOA has received calls with concern about litter (soda cans, water bottles, wrappers, etc.) being left on individual lawns on the way to and from school, specifically in Circle C North as kids travel to and from Gorzycki Middle School. Parents, please speak with your children about the importance of not littering.

PERSONAL CLASSIFIED

FREE PARAKEETS (2), CAGE & SUPPLIES - We've had these sweet birds for a year but have discovered that our son is allergic to them. If interested, please call Eileen at 949-9626. Cage, feeders FREE to a loving home in Circle C.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Circle C Ranch residents, limit 30 words, please e-mail to info@circlecranch.info.



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CIRCLE C SWIM CENTER UPDATE

Submitted by Jessy Lieck



THE CIRCLE C SWIM CENTER IS LOOKING TO GO GREEN!

The Circle C Swim Center is excited to announce that we are looking at supporting Greener efforts in Circle C, but we need your help! Check out our website, www.ccswim.net, and take our Green Commute Survey! This survey will help us determine what modes of transportation our Circle C residents currently use, and what some incentives might be that we can offer to encourage you to choose a more "green" way of travel. We ask that all surveys be submitted by April 30th.

Here are just a few Green Tips and Facts that can help you and our Circle C Community:

1. Recycle! Austin area citizens generate enough trash to fill the Erwin Special Events Center every four months. Recycling one ton of newspaper saves 17 pine trees. About 600 pine trees are saved each day by Austin's recycling efforts. Keep up the great work!
2. Compost! Composting helps prevent

pollution, promotes higher yields of agricultural crops and provides cost savings of at least 50 percent over conventional soil, water and air pollution remediation technologies, where applicable.

3. Carpool! With gas prices expected to reach \$5 per gallon by summer, why not try and save a little extra cash by carpooling? If you are currently driving every day, you're going to save money on your commute costs by carpooling. In some cases, depending on the length of your commute and the number of days you don't drive, the savings can be significant. You'll also enjoy less wear and tear on your vehicle because you'll be driving it less. Finally, by driving less you'll be helping to keep the air clean.

For more information, check out: <http://www.commutesolutions.com/commuter-resources/>.

GROUP SWIM LESSONS

Group Swim Lessons are finally here and filling up fast! The first two-week sessions for the month of May will begin on May 3 and will be ongoing through the summer.

All swimmers must complete a required swim evaluation prior to enrollment. Evaluations will be held every Sunday by Coach Amanda from 4-6 p.m. There is no appointment necessary for evaluations, just show up anytime between 4-6 p.m. on Sundays. Let the front desk know you're here for a swim evaluation, and we'll direct you to the testing area. The swimmer will be in the water for less than five minutes and Coach Amanda will let you know which class will be most beneficial for the swimmer. Full details can be found in the online activity guide, www.ccswim.net.

SELECT SWIM TEAM LONG-COURSE

The Circle C Select Swim Team is currently accepting applications for the long-course season. Please feel free to check out the team's website, select.ccswim.net, to learn more. You are also more than welcome to stop by and meet Coach Hayley and check out

(Continued on Page 11)

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Circle C Swim Center Update- (Continued from Page 10)

a practice anytime. Tryouts are on Saturdays, 10:45-11:15 a.m. Send us email if you are interested in trying out, circlecsc.select@gmail.com.

The team began the long-course season on April 1, 2011 and it will run through the end of July. All factors of the swim team will remain the same except for Friday afternoon and Saturday morning practices. On these days, the pool will be converted and the lanes will run the length of the pool, making them 50 meters long rather than 25 yards.

Parents whose children were on the team during the short-course, please remember than monthly tuition may have increased slightly, dependant upon the team. Also, if you haven't done so yet, please visit the Select website, select.ccsim.net, and fill out a long-course registration form to help the Swim Center in maintaining up-to-date records.

SPRING HOURS

March 19 thru June 3, 2011

Monday thru Friday

Lap Swim Only: 6-10 a.m.

Lap and Rec. Swim: 3:30-8 p.m.

Saturday

Lap Swim Only: 7-10 a.m.

Lap and Rec. Swim: 10 a.m. - 6 p.m.

Sunday

Lap and Rec. Swim: 10 a.m. - 6 p.m.

SUMMER HOURS

June 4 thru August 21, 2011

Tuesday thru Friday

Lap Swim Only: 6-10 a.m.

Lap and Rec. Swim: 10 a.m. - 8 p.m.

Saturday

Lap Swim Only: 7-10 a.m.

Lap and Rec. Swim: 10 a.m. - 8 p.m.

Sunday

Lap and Rec. Swim: 10 a.m. - 8 p.m.

Monday

CLOSED

All Swim Center hours and detailed information about the Swim Center can now be found online for easy access.

Website: www.ccsim.net

Calendar: calendar.ccsim.net

Facebook: www.facebook.com/circlecsc

Twitter: www.twitter.com/circlecsc



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COLIN'S HOPE

Increasing water safety awareness and standards

Drowning is a leading cause of unintentional injury-related death for children ages 1-14.

May is National Water Safety Month.

NO ONE is "drownproof", but drowning is PREVENTABLE.



BE SAFE IN THE WATER & HAVE THE BEST SUMMER EVER!

Join us in getting ready for a safe summer in the water!

Colin's Hope Night at Eastside Movies in the Park
Tuesday, May 3rd, Doors open at 6PM, Movie at sundown
Join us at The Expedition School Lagoon (On Lady Bird Lake in East Austin next to Fiesta Gardens) for a screening of Whale Rider. Bring your family and friends to enjoy the movie under the stars.

Colin's Hope Day at Schlitterbahn-New Braunfels
Saturday, May 21st
Join us for a day to promote Water Safety and Drowning Prevention at Schlitterbahn-New Braunfels! Special tickets are available from Colin's Hope. Email alissa.magrum@colinshope.org for more information.

For more info visit our website at www.colinshope.org

SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos.
We want pictures of your kids doing everyday
things, school events, plays, sports, etc.
Send in your pictures to be featured in the
Circle C Newsletter.

E-mail your pictures to info@circlecranch.info
by the 10th of the month.



(TOP LEFT) Here is our Andrew, also known
as Batman. He uses our Corvette as his
Batmobile and is ready for the commissioner
to summon him into action.

Colin & Joni Haza
6509 Needham Lane

(TOP RIGHT) Audrey Young in a cheer
competition. She LOVES being a flyer.

(BOTTOM) Pictured Left to Right: Stella Jane
Holm, Charlotte Jones, Aidan Sherlock

These three little cuties, all of Wildflower Park
brightened may neighbors' day by helping
deliver Meals on Wheels.



WE HAVE BUYER'S THAT WANT YOUR HOME!

**With Circle C Ranch INVENTORY DOWN ↓
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*We have multiple buyers that are
looking to buy in Circle C Ranch,
but cannot locate a home
due to low inventory.*

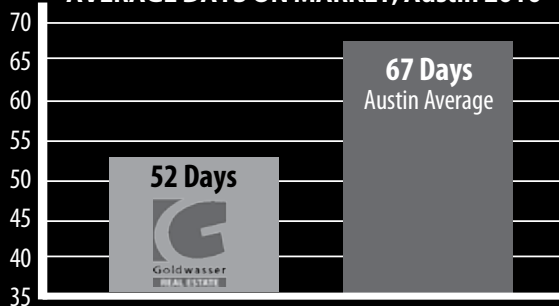
WANTED:

3-4 Bedroom / 2 Bath / >1800 Sq. Ft. / prefers private back yard

4 Bedroom / 2 Bath / > 2000 Sq. Ft. / prefers a cul-d-sac

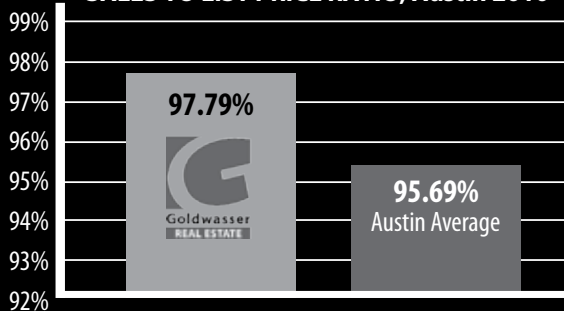
4-5 Bedroom / 3-4 Bath / >3200 Sq. Ft.

AVERAGE DAYS ON MARKET, Austin 2010



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Park West HOA News

Park West HOA News (Specifically for Park West Residents)

Submitted by Jackie Rollins

MESSAGE FROM THE BOARD OF DIRECTORS

It's hard to believe that as this is being written in early April, the year is already one quarter of the way into the history books. The old saying that time goes by quickly if you're having fun is true: it has gone by quickly and we are having fun.

The Board has accepted with regret the resignation of director/Treasurer Linda Prieto. The positive news, however, is that as of this writing, two homeowners have expressed an interest in filling the position until the election at the annual meeting in February 2012.

At the March Board meeting, draft charters for three neighborhood committees – Landscaping, Lot 103 and Gates and Infrastructure - were entered into the

minutes. Volunteers are actively being solicited for the committees, a great way to become involved in our neighborhood.

A comment from a resident about "excessive rules monitoring" by the Board is an unfortunate characterization of the Board's actions. Once elected to the Board, the directors are obligated to conform to Texas law, the CC&Rs of Circle C and Park West and the Park West Bylaws, Rules and Appearance Standards. If ignored, the HOA becomes vulnerable to potential liability. There is no choice here; it is an obligation to be uniformly fair to all when interpreting and stating the rules. The Board and majority of residents believe that following the "letter of the law" makes our neighborhood appearance superior to many others and that is what attracted us all to Park West in the

first place.

Let's not forget about maintenance and repairs. A sidewalk hazard that could cause someone to trip was brought to the Board's attention by a concerned resident. Precision Safe Sidewalks, recommended by our management company, performed an audit of the sidewalks and having found, with the Board, eight potential tripping hazards, has been authorized to proceed with the repairs. The repair work will be done with a special saw cutting process that meets ADA requirements which can be completed in less than a day and for a reasonable price. A motor located on the west entry gate that was overheating has been replaced. Frank Gilbreath, our gates volunteer, completed the repair after the installation. Thank you,

(Continued on Page 15)



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Park West HOA- (Continued from Page 14)

Frank! In addition, Frank has been busy adding new residents to directories at both gates. If you are not included, please let a Board member know so that you can be added.

The landscaper has been doing the front yard area sprinkler checks when requested but there's still a ways to go to get them all tested. Although the HOA does the lawn maintenance, if a lawn requires replacement because of lack of water, the home owner bears the financial responsibility. The landscaper has also changed out the seasonal color at both mail centers and has resumed Meet with the Landscaper on the first Tuesday of the month from 7 p.m. to 8 p.m. at the west mail center. Due to little or no participation in the past couple of years, this may be residents' final opportunity to discuss their landscaping issues face to face with Scott.

Please support your neighborhood by volunteering to participate on committees and by attending the monthly Board meetings on the third Monday of each month at the CDC, 7:00 p.m. sharp. We look forward to seeing you there.

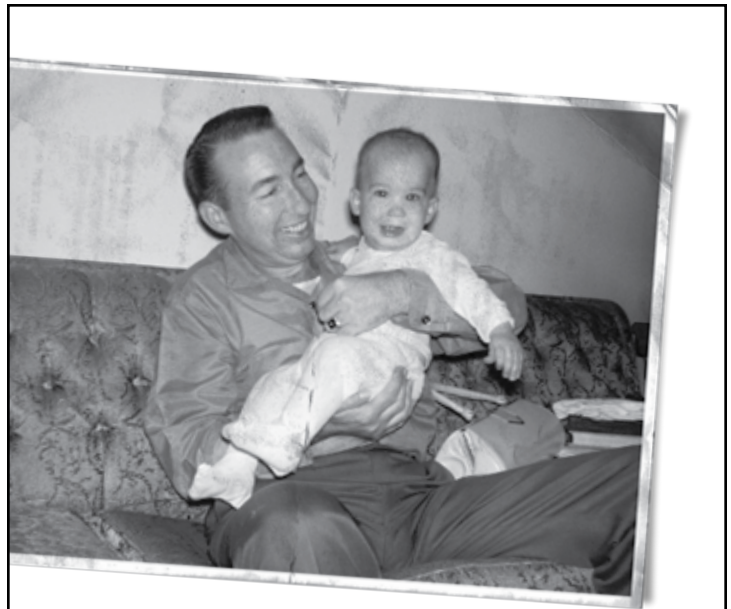
LANDSCAPER NEWS

The following are events that occurred in March and what can be expected in April.

March weather was not a normal weather pattern as we warmed up really fast and continued into a drought with little to no measurable rain. We completed approximately 27-30 sprinkler checks in March and repaired two double check valves in front yards. We checked the sprinkler systems at both mail centers and sprayed all post emergent weeds with a systemic herbicide. All aeration was completed in February; and high nitrogen-slow release fertilizer and pre-emergent grassy weed was put down in late February to early March. And we began mowing - one inch lower as was requested by the Board. All ornamental grasses were completed in their being trimmed back. Oak leaves fell and we picked up 95% as of this writing.

One thing that the Board should be aware of as I look back over our work orders is that the Landscape Contract requires 42 visits per year and we have averaged 48 over the past four years, indicative of our dedication to holding on to key employees and providing consistent service to Park West.

(Continued on Page 16)



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Park West HOA News

Park West HOA- (Continued from Page 15)

We will have changed out the seasonal color at both mail centers by the time this is published. We need to keep a closer eye on the grass height at the green belt so that when we are allowed to mow it, it is not too high for our mowers and won't have to be cut twice. We are more dedicated than ever to educating residents in the value of smart watering. In the seven sprinkler checks that I did personally, I tried to engage the homeowners in watching their controllers and only watering when needed. Also, having the sprinklers come on twice in the same night, spaced apart by three hours to allow greater infiltration, is a highly effective watering practice.

We will continue to treat all post emergent weeds with a systemic herbicide monthly. The Board needs to consider encouraging the replacement of grass with heavy shade with mulch beds or some other type of ground cover. Residents are confused because neither zoysia nor bermuda grows well in shade. Grass loss in front yards will continue to be an issue as lots are small and trees are big. Horse herb, a shade-loving ground cover, can be considered a weed, but it is sold as a ground cover. Or, the Board could reconsider its stance on Del Mar or Amerishade St. Augustine grass. We would also like to look at the perennials in the beds at the mail boxes and add as needed. The bed around the back of the east mail center could use some additional plantings and now is the time to do this. Scott Smith, Pearson Landscape Service

HELPING HANDS AND GOOD NEIGHBORS

Contact Charlie Heard at 288-7557 for pick up of your gently worn men's work and casual apparel, including jeans, T-shirts, shoes, boots, socks and underwear as well as personal hygiene items, blankets and backpacks, for the Open Door Project and Fig Leaf Store at University United Methodist Church which benefit the homeless and others in need.

Tell us about your favorite charity and volunteer efforts. Recognize a neighbor who is always there to help by e-mailing a few lines to JackieRollins02@aol.com.

UNTIL NEXT TIME

This is your column and your input is important. Without it, there wouldn't be a column. So, please contact Jackie Rollins at 301-1839 or JackieRollins02@aol.com with your suggestions and items of interest.

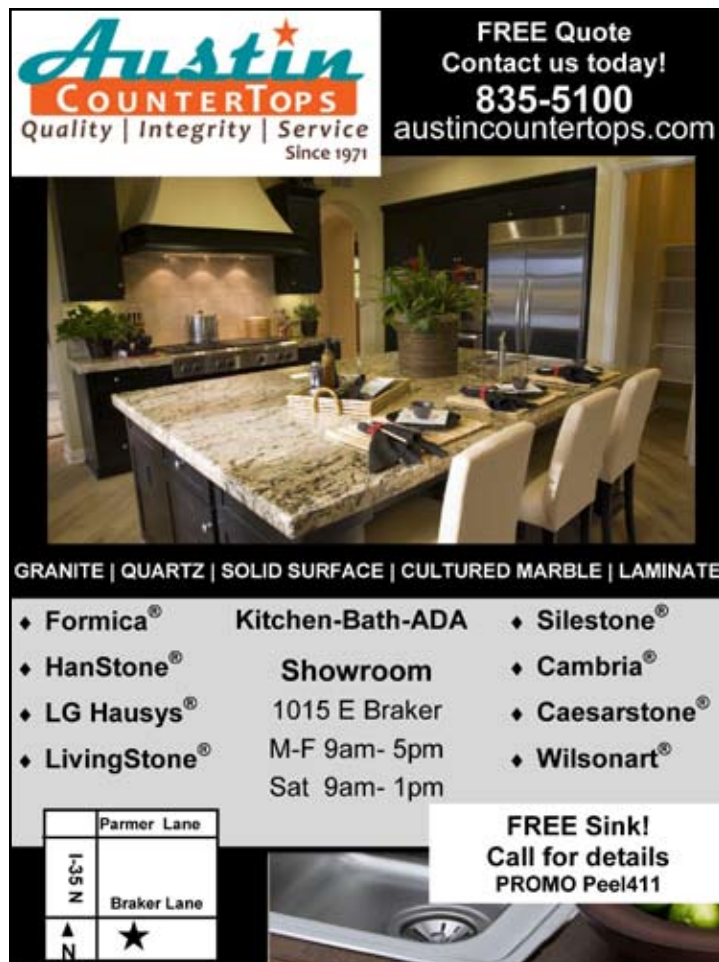


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Clubs & Announcements

Circle C Tennis News

Submitted by: Fernando Velasco, General Manager, Circle C Tennis Club.

"MONTH OF MAY: NATIONAL TENNIS MONTH"

The United States Professional Tennis Association has designated the month of May as the "USPTA's Tennis Across America & Tennis – for the health of it!" month. The emphasis is to teach children and adults the value of playing tennis and also help fight child obesity. The Circle C Tennis Club will be offering a complimentary clinic for residents of this community. The free clinics will be conducted by the Professional Staff of Circle C, which includes Master Professional, Fernando Velasco; USPTA Pros Darin Pleasant and Danny Rodriguez; PTR Pros, Mandon Maloney, Mari Toro and Gus Manzur; and Associate Tennis Pro, Mike Ralston. Special guest for the clinics will be Pro-Emeritus, Dennis Ralston who is a former United States Open Champion, Wimbledon Champion, coach for Chris

Evert, Yannick Noah and many others. The clinic will be followed by a tennis exhibition by the Professional Staff. Soft drinks and snacks will be provided.

The Junior clinic will be conducted on Friday, May 20 beginning at 4:30 pm. The Adult Co-Ed Clinic on Saturday, May 21 beginning at 11:30 am. Residents wishing to participate can call Circle C Tennis Club at 512-301-8685 to reserve a spot. Come and try it!! You might like it!! -

"GENERAL MANAGER RECEIVES AWARD"

Fernando Velasco, General Manager and Director of Tennis at the Circle C Tennis Club, received an award at the USPTA Texas Division Convention in Dallas, Texas. Velasco was recognized as a leader in teaching tennis as the "sport of a lifetime" in Texas, the United States and overseas. The award



bestowed upon him was the "2010 USPTA Texas Lessons for Life Award." In addition, Velasco received the "2010 Men's 65 and Over Player of the Year" in recognition for being a top ranked tennis player in the 65 and Over age Division both here in Texas and at the National level. Shown here is Velasco receiving the award from USPTA Texas Division President, Charlotte Wylie.

You can have **STRAIGHT TEETH**
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A large photograph of a smiling woman with dark hair, wearing a white lace-trimmed dress and a white veil. She is holding a white cloth near her face. To the right of the photo, the text "CIRCLE C DENTAL" is written vertically.The logo for "Six Month Smiles Cosmetic Braces" features a large blue number "6" with a white smiley face inside it. To the right of the "6" is the text "SIX MONTH SMILES" in white, with "COSMETIC BRACES" in smaller white text below it. At the bottom of the logo is the website "Austin6MonthSmiles.com".



At Circle C Dental, we now offer 6 month smiles cosmetic braces in addition to the many other services we offer including same visit tooth colored crowns, CariFree cavity risk assessment and more! By your next cleaning, you can have the beautiful and straight teeth that you have always wanted! Please give us a call at 512-301-2483 (BITE) for a free consultation regarding 6 month braces or any other dental question.

Q: How can teeth be straightened in only six months?

A: As an adult, your back teeth are in a stable and comfortable position: you bite and chew without problems right? So, why spend 2-3 years moving the back teeth around, when we can just focus on your front teeth and provide you with a great smile in 6 months! *

Q: Six months sounds good, but will I still have a mouth full of metal for the whole time?

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For more information, please visit our exclusive website: www.Austin6MonthSmiles.com

* Results typically seen in 6 months, but time frame may vary.

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MAY EVENTS *at the Wildflower Center*

National Public Gardens Day

9 a.m. to 5 p.m. Friday, May 6

Special wildflower and ecology tours

Gardens on Tour

9 a.m. to 5 p.m. Saturday, May 7

A special self-guided tour to secret garden treasures featuring unique ways to design with native plants. Five gardens plus the Wildflower Center for \$25 or pay \$6 for individual gardens. Origami artist Joan Son in the store noon to 4 p.m. Sponsored by South Texas Money Management.

Texas Highways Photo Exhibit

Monday, May 2, through Sunday, May 8

Honoring National Wildflower Week

Nature Nights—Butterflies

6 to 9 p.m. Friday, May 20

\$1 admission

Silk Paintings

Opens Saturday, May 28

Uniquely layered silk with colorful additions by Catherine Flowers in the McDermott Learning Center.

Memorial Day

Monday, May 30

The Wildflower Center is open.

What's on your
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Clubs & Announcements



James Bowie High School **Silver Stars** **Dance Clinic 2011**



DATES: Monday, June 20 – Friday, June 24, 2011
LOCATION: Bowie High School
FOR: Students entering grades 1st – 9th. No dance experience needed.
TIMES: Morning Session: 8:00am – 12:00noon
Afternoon Session: 1:00pm – 5:00pm
Both sessions: 8:00am – 5:00pm (lunch break 12:00 – 1:00)
COST: Pre-registration: On or before June 6, 2011
One Session (morning or afternoon):
\$90 for first child
\$80 for each add'l child in the same family
Both Sessions (all day)
\$160 for first child
\$150 for each add'l child in the same family
Late registration at the door: Cost (see above) + \$10 late registration fee
No refunds after June 20, 2011. \$25 charge on all NSF checks

ACTIVITIES: Dance technique, drill down competitions, games, crafts, and more!

*All sessions will be taught by the Award Winning
Bowie High School "Silver Stars"*

For more information and for the registration form, visit our website

www.silverstars.org

MAIL REGISTRATION AND FEES TO: BOWIE SILVER STARS
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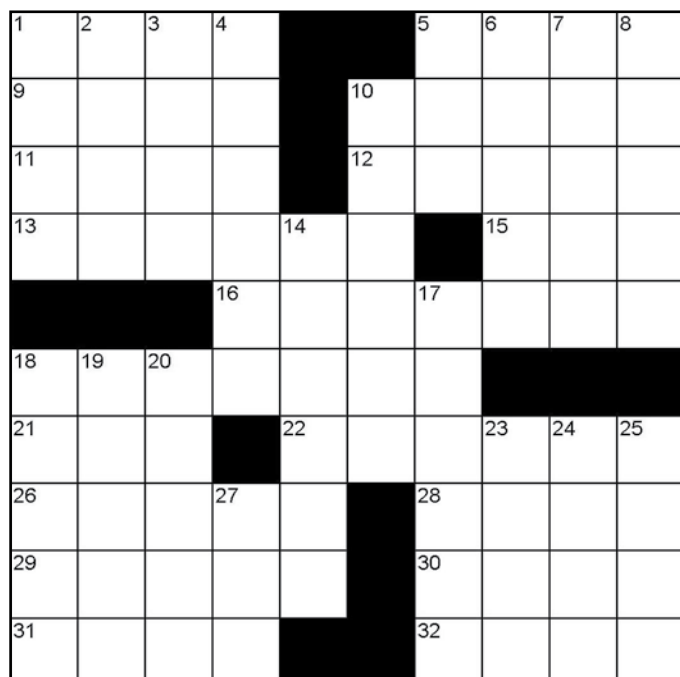
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12. Colder
13. Mrs.
15. Thai
16. Herself opposite
18. Kitten (2 wds.)
21. Government agency
22. Laughing dogs
26. Revoke
28. Guile
29. Beefy
30. Economics abrv.
31. Sold at a discount
32. Official document

View answers online

DOWN

1. Water film
2. Sit for a picture
3. Beers
4. Quaggy
5. McDonald's "Big __"
6. Join
7. Snitch
8. Stems of letters
10. Make gloomy
14. Opulently
17. Boiled
18. Supports
19. Sleep disorder
20. Trite
23. Naughty or __
(what Santa checks)
24. Lotion ingredient
25. Deliver by post
27. Southwestern Indian

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Clubs & Announcements

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News You Can Use

Overcoming Barriers to Exercise:

Enjoyment, Time, and Know How

Submitted by Sarah S. Jordan, MS

We live in a busy world where creating and sticking with a regular exercise routine can be challenging. Many obstacles can stand in the way of our routine, including the enjoyment factor, time, and exercise know-how. But with a little creativity, planning, and dedication, the rewards can be oh so sweet! (Not to mention life changing.)

1ST BARRIER: I DON'T ENJOY EXERCISE.

For some people, exercise is simply not enjoyable. Think about what you did as a child as "play." Most likely, you enjoyed doing it. See if you can weave that into your workouts to make them more fun. Or make it social by exercising with a workout buddy or in a group setting.

Whenever I have people tell me that they just don't find exercise enjoyable, I work hard to find a mode of exercise that they do enjoy in order to get them started. Once they are moving more, eating smarter, and feel their hard work and activity paying off, it is much easier to find other modes of exercise to challenge them and help them see results. And I love watching exercise become fun for them and the thing that they look forward to in their day!

2ND BARRIER: I JUST CAN'T FIND THE TIME.

If there is one thing that I have learned about my workouts since becoming a mother, it is that they will not happen if I wait for the time to open up in my day. I have to create, devote, and stick to the time I make for them. Here are some tips for making more time for exercise:

- ANY exercise is better than none. Even if you just have 15 minutes, take it. Your body and mind will be glad you did, and 15 minutes a day can add up to great things over time!
- Put exercise on your calendar and treat it like you would a mandatory meeting.
- Find a reliable workout partner. This not only makes workouts more fun, but it holds you accountable to show up.
- Invest in a personal trainer. They can create an individualized workout plan that fits your lifestyle and goals, and equip you with an incredible amount of education on healthy living.
- Make use of the early hours. Getting workouts in before the busy day kicks off ensures that they happen, and the entire day will be so much better because of it!

(Continued on Page 25)

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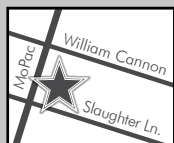
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Overcoming Barriers to Exercise- (Continued from Page 24)



it. Remember that fitness is a lifestyle and it goes through ups and downs, but always benefits us if we persevere.

The other important thing is to make the time we do have count in the biggest ways possible. If we have just thirty minutes three days a week to exercise, it is essential that we step up the intensity of those workouts to get the most we can for our time. If duration is short, we need to increase intensity. Add intervals and hills to your routine, or find a fitness class or DVD that offers a combination of cardio and strength training.

3RD BARRIER: I DON'T KNOW HOW TO EXERCISE.

In today's world, exercise videos and how-to's are literally at our fingertips online. We also have options for FitTV, DVDs, and opportunities at gyms, studios, and parks around town. Finding what works for your schedule and lifestyle is essential, so test a few things out before you commit.

- Make it a family tradition. What a cool thing to expose our kids to - families moving together!
- Find what works for YOU. For some people, joining a gym is the most convenient option. If that is not realistic for you, find other activities, classes, and opportunities in your area.
- Don't give up. If you are not reaching your goals, determine what is not working and create a roadmap to resolve

Here are some options for gaining exercise know-how:

- Talk to your doctor to get recommendations and approval when starting an exercise program.
- Use credible online resources. One that I use often is the "ACE Get Fit"™ section at www.acefitness.org.
- Put it in the hands of a professional and take out the guesswork by hiring an experienced personal trainer, or get involved in some group fitness classes.
- If you have a friend that is very fit and knows a lot about exercise, ask him/her if you can join them for their next exercise session.

We all know that it is not easy to make time to exercise. But we have the power to make choices that can shape our future based on how much we move now. Sometimes all it takes is one step in the right direction.

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News You Can Use

Michael's Musings

Submitted by Michael Harris

For those of you that have read my previous articles, you know that I am a recent and very enthusiastic convert to the world of Apple products. So perhaps it will come as no surprise to learn that after less than one year of user bliss with my iPad I ordered an iPad 2 as soon as it was possible. I did not wake in the middle of the night to order online on the first possible order day, so when I did complete my order during the normal morning hours, the delivery time had jumped from 2-3 days to 4-5 weeks. I was pleasantly surprised that it arrived a few weeks early on March 31. So why, as a late adopter of technology gadgets all of my adult life, would I ditch a less-than-one-year-old model for the new one? In two words: FACE TIME!

I need to take a step back for a moment. In my 45-year working life, face time had a variety of meanings. Early in my career it was spending time with the big boss. As I advanced in my career, it was spending time with subordinates, then clients and finally, Boards or private owners. During the hectic days of constant business travel, it was also time spent with family on the weekends. I lived through the early days of video conferencing, and in recent years that became an outstanding but expensive way for managing both businesses and clients in the global company world.

So imagine my pleasant surprise on February 14th when I registered my new Verizon iPhone 4 (yes, I waited four years for it to come to Verizon) and placed a call to my technologist son in Washington state, the meaning of face time changed for me forever. My son lives at the leading edge of technology gadgets, is on his fourth iPhone and I wanted to impress him with my recent acquisition. He said, "Hey Dad, that's great but let me call you back."

A short while later my phone rang and the normal picture for him that comes on the screen from my contact list (yes, I figured out how to do that, too) was not present. It was replaced by a smiling son who said "Dad, why do you look confused?" I immediately asked, "How do you know how I look" and he responded "Welcome to face time." Confused, I asked how did I do that and he said "You answered your iPhone." In addition to the joy I felt at seeing his smiling face and hearing his voice, my mind was flooded by the ancient thoughts from growing up regarding "picture phones." Yes, this too is a generational thing that goes way back in time to the very expensive flop of picture phones from my youth ... who would want one? Almost no one! Who had one? Almost no one!

(Continued on Page 27)

**5-YEAR
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**1pm
til
5pm**

Michael's Musins- (Continued from Page 26)

What I learned in our hour-long conversation, during which I showed him the changes to our new home and garden and he showed me similar things, is that today face time only works when accessing the internet using a wireless network because of the huge bandwidth required. So it works when you make a "face time" call to a recipient who has an iPhone with dual cameras and at the time you call they are in range of a wireless network. Since that first I have been able to face time with friends on Hilton Head Island who let me view the gardens of our home there as well as catch up with other friends so equipped.

So this brings me full circle. When Apple announced that iPad 2 would have dual cameras and support face time on the larger screen, I was hooked! Now I can face time on a bigger screen as well as enjoy the many things I do on the iPad just as I have done for the past 11 months.

And by the way, it feels quite youthful to be at the leading edge of technology gadgets!

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AUTISM ROBS YOU OF YOUR CHILD!

By Connie Ripley

One out of 110 children is diagnosed with autism (1 out of 70 boys). More children will be diagnosed with autism this year than with AIDS, diabetes and cancer combined.

Autism is a complex neurobiological disorder that impacts communication, behavior and social relationships. Currently no effective means to prevent autism, no fully effective treatments and no cure exists for this disorder that robs families and children of smiles, eye contact, communication, hugs and even the ability to eat in a restaurant. Know the Signs. These "absolute indicators" or "red flags" indicate your child should be evaluated.

*No big smiles or other warm, joyful expressions by 6 months.

*No back-and-forth sharing of sounds, smiles, or other facial expressions by 9 months.

*No babbling by 12 months.

*No back-and-forth gestures, such as pointing, showing, reaching or waving by 12 months.

*No words by 16 months.

*No two-word meaningful phrases (without

imitating or repeating) by 24 months.

*Any loss of speech or babbling or social skills at any age.

Does your child make eye contact with you? Does he/she enter into meaningful exchanges? Does he/she "tantrum" in the grocery store or when transitioning from one thing to another? Instead of "racing" toy cars, does your child flip them over and roll the wheels or stack them in a line? If any of these things exist, insist on an immediate evaluation. Early intervention may be your child's best hope. Since this disease has accelerated so much recently, many pediatricians just do not recognize the signs.

Some children appear to be born with it. Others seem to progress normally until they are 1 to 4 or more years old. Then they regress, into a world of silence and meltdowns, seeming not to notice the world around them.

The prevalence of the disorder rose 57% between 2002 and 2005. In 1975, autism effected 1 in 5,000. Today it affects 1 in 110 children, and those stats were collected by the Centers for Disease Control 5 years ago. Today many agree the figure is more like 1 in 91.

(The U.S. Military states 1 in 80.) If these stats continue, in 2046, at least half the children born in the United States will be autistic. Autism is the fastest-growing serious development disability in the U.S. It costs the nation \$35 billion a year, and that figure is sure to rise.

Even as autism escalates at alarming rates, it receives only 0.5% of the National Institutes of Health funding. Therapies must undergo rigorous trials that take substantial amounts of money and years to complete. No clear-cut causes or cures are in sight.

Autism Speaks is North America's largest autism science and advocacy organization. Autism Speaks is funded primarily by local walks. The Greater Austin Walk Now for Autism Speaks committees and walk teams are being formed for the fall walk on September 24. Your help is needed! Please contact Walk Manager Traci Whitney at traci.whitney@autismspeaks.org or go to www.walknowforautismspeaks.org/austin

Watch for the 12 diagnostic markers and the possible causes of autism in the following issues of your neighborhood newsletter.

Oak Hill United Methodist Church Upcoming Events for Children



Vacation Bible School 2011

June 13-17 9:00 a.m. - 12:30 a.m.

Bible study, music, missions, science, arts & crafts, recreation, snacks and more!

\$35/child \$55/2 or more in same family.

Ages 4 to those completing 4th grade (MUST be 4 by June 1, 2011)

Registration fee includes T-shirt, snacks, supplies and a VBS music CD.

We're excited to welcome your child to

Shake it Up Cafe!

MAD CAMP

July 11-15 & July 18-22
(TWO WEEK CAMP)

For those completing 1st - 8th grades
\$50/child \$75/2 or more in same family.

This year's show:

"Sing a Song"

Songs from TV, Movies & Broadway



Register for these events online or pick up a registration form at the church.
Contact Ms. Suzanne at 288-3836 for more information or to volunteer.



Cub Camp

August 8-12 9:00 a.m. - 12:00 noon
Music, crafts, snacks, story time, indoor and outdoor play for kids ages 3 to those completing Kindergarten
\$35/child \$55/2 or more in same family.



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Letter to the Editor

Some Thoughts On Michael's Musings

Submitted by Ronald J. Jorgenson

Thank you Michael (Harris) for the insightful and comprehensive 'musing' about modern technology and communications among friends and neighbors. How about another point of view from someone who does not advocate leaving the 'old ways' in the dust?

Some of the very advantages you tout for tweets, blogs, Facebook and links are the very reason the new technologies should be suspect. Saving trees... OK, a small point, discounting, of course, the cost of the new technologies (to account holders) and the impact that their development and upkeep (by central offices) have on the environment.

One of the problems with the new technologies is the instant communication that you cite as an advantage – have you heard of counting to ten before saying something that might agitate a situation or hurt someone? The notion of cyber-bullying is made worse by, not slips of the tongue, but slips of the fingers as people 'blurt out' something hateful before they have a chance to think about its impact. Even if bullying is not an issue, a great deal of embarrassment results from being a bit too loose with comments in cyberspace – and unlike 'the old ways,' the whole world seems to find out about those embarrassing slips instantly.

Another problem is akin to the 'party lines' of telephones, so many years ago. A catch phrase for some of the new technology is social networking, the keyword being 'networking.' A message sent to a single person has an uncanny way of reaching across all kinds of borders, being open to a multitude of readers, more quickly than the human eye can blink. Even if one is careful about how a message is sent, recipients often open the floodgates by hitting reply all, cc, bcc, or some other icon to introduce the supposedly personal message into a 'thread' on their networks.

Hacking? I won't even go there. Identity theft? Facebook has been dealing with this issue for some time. Costs? Let's see: sooftware development, corporate headquarters, sales staff, subscriptions, security programs, paper (for all the copying of those cute messages that just have to be shared with everyone at work), electronics, lost productivity (all that instant messaging is not done after work hours), ad infinitum.

By coincidence, I was at a symposium of the Austin International Poetry Festival the day before I received this quarter's issue of the newsletter: the topic, degradation of language related to new

(Continued on Page 33)



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Some Thoughts on Michael's Musings- (Continued from Page 32)

technology. Poets, more than most, recognize the beauty of the language and grasp the notion of effective written communication. Poets also recognize that language is an evolving thing – hardly anyone writes in olde English anymore, the tymes have changed. But, evolution is not degradation. Spelling, grammar, syntax, punctuation, capitalization have all suffered acutely with the advent of the ‘new ways.’

Since a common language is the glue of society, I can't help but think that the new technologies are akin to revolutionary forces among us, another set of factors driving society to the brink faster than its other systems can accommodate. So, when you're tweeting or tooting or whatever it is you do, count me out. Give me a paper I can read at my leisure, a good book to peruse in the dark hours of the night, a newsletter I can carry with me to the doctor's office, a poem I can appreciate for the poet's clever and precise use of language and the arrangement of its words on a page. And don't text in school zones!

CU L8R, Bro'

SUDOKU

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View answers online

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The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

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Circle C Ranch by Neighborhood	6 Months Sold History (10/10 - 03/11)						Current Market	
	TOTAL	AVERAGE					TOTAL	
	Homes Sold	Square Foot	Price / Sq. Foot	Sold Price \$K	Year Built	Days On Market	Available	Pending Sale
Circle C Central	30	2,860	\$ 104	\$ 299	1994	71	16	10
North	10	1,937	\$ 125	\$ 243	1996	53	5	9
Wildflower	6	2,156	\$ 123	\$ 265	2000	52	2	1
On The Park	5	3,347	\$ 104	\$ 347	1998	77	3	2
Vintage Place	0	n/a	n/a	n/a	n/a	n/a	0	1
Hielscher	7	2,814	\$ 117	\$ 329	2004	109	5	1
West	13	3,643	\$ 112	\$ 408	2005	120	9	4
Park West	10	2,288	\$ 129	\$ 294	2001	115	3	3
Park Place	2	2,491	\$ 121	\$ 302	2005	29	2	0
Muirfield	6	3,729	\$ 125	\$ 455	2006	38	3	0
Enclave/Stone Creek	4	2,983	\$ 109	\$ 324	2005	32	6	0
Alta Mira	7	2,975	\$ 119	\$ 355	2003	54	3	4
Fairway Estates	1	3,209	\$ 130	\$ 417	2008	120	1	1
Circle C Ranch Total	101	2,852	\$ 115	\$ 327	2000	77	58	36
% Change Mo/Mo	-1%	0%	0%	0%	0%	5%	26%	50%

Data obtained from Austin MLS on 4/5/2011. In some cases new construction & FSBO homes are not included in MLS data & therefore are not represented. Data deemed accurate but not guaranteed.
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