

NEWSLETTER FOR THE RESIDENTS OF THE BEE CAVE AREA

### SAME NEWSLETTER BEE CAVE Messenger

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## ADVERTISING INFO

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## **ARTICLE INFO**

The Bee Cave Messenger is mailed monthly to all Bee Cave residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the Bee Cave Messenger please email it to <u>beecave@peelinc.com</u>. The deadline is the 9th of the month prior to the issue.

## **IMPORTANT NUMBERS**

#### **EMERGENCY NUMBERS**

EMERGENCY	911	
Fire		
Ambulance		
Police Department		
Sheriff – Non-Emergency		
Travis County ESD No.6/Lake Travis Fire Rescue		
Administration Office		
Travis County Animal Control	512-972-6060	

#### SCHOOLS

Lake Travis ISD	512-533-6000
Lake Travis High School	512-533-6100
Lake Travis Middle School	512-533-6200
Lake Travis Elementary	512-533-6300
Hudson Bend Middle School	512-533-6400
Lake Pointe Elementary	512-533-6500
Lakeway Elementary	512-533-6350
Serene Hills Elementary	
Bee Cave Elementary	512-533-6250

#### UTILITIES

• • • • • • • • • • • • • • • • • • • •	
Travis County WCID # 17	
Lakeway MUD	
Hurst Creek MUD	
Austin Energy	
Pedernales Electric	
Texas Gas Service	
Custom Service	1-800-700-2443
Emergencies	
Call Before You Dig	
AT&T	
New Service	1-800-464-7928
Repair	1-800-246-8464
Billing	
Time Warner Cable	
Customer Service	
Repairs	
Austin/Travis County Hazardous Waste	
,	

#### **OTHER NUMBERS**

Bee Cave City Hall	
Bee Cave Library	
Municipal Court	
Lake Travis Postal Office	
City of Bee Cave	www.beecavetexas.com

#### NEWSLETTER PUBLISHER

Peel, Inc.	
Editor	beecave@peelinc.com
Advertising	advertising@peelinc.com

## Around Bee Cave

### **Councilman's Corner** *Bee Cave City Council Meeting 6-14-11*

1) Final plat on Grove at Falconhead- 47 single family lots, 1 amenity lot, 1 open space lot and a water quality easement.Passed. The NPS plans for the Grove also passed.

2) Tim and Brenda Skaggs were granted a special event permit for the Bee Caves Farmers' Market.

In addition, the bar-b-que facility in front of the Farmers' Market which operates 5-6 days a week was approved as a part of this special event permit.

3) The City issued a new special events permit to the Backyard at Bee Cave until November 15, 2011. The same conditions in place for the previous special events project such as the authority of Frank Salvato to revoke the permit if the Backyard is not in compliance with city codes.

4) Taylor Morrison/Ladera Ranch is seeking to rename Home Depot Blvd. to another name beginning at 620. The Council agrees that they can change the name, but neighbors need to be contacted.

Another issue is that the road is currently four lanes between Home Depot and Target which were originally platted as the likely cut-through between 620 and 71, which is no longer the case. The Council agreed that the road is no longer anticipated as the cutthrough and that Taylor Morrison should be allowed to reduce the road from four lanes to two lanes. Taylor Morrison hopes to begin construction on the road and in the development in August.

Finally, Ladera is considering going from all-electric to propane. The homeowner may have a choice based on new legislation regarding propane use. Originally, Taylor Morrison said this would be an allelectric community.

5) The Council agreed to table entering a contract with Downing Ferguson Peeples for Architectural/Engineering Design Services for the re-construction of Bee Cave City Hall until the Council has the opportunity to review the final form.

6) The Council considered entering a contract with Gallagher Construction Services as the Construction Manager-Agent for the reconstruction of City Hall. This company provides on-site supervision and all project manager, in lieu of a general contractor. The item was tabled pending receipt of the contract.

7) The Council approved the writing of a letter of intent regarding the creation of a Public Utility Agency ("PUA") for the provision of water or sewer service. The Council previously created the Utility

(Continued on Page 5)



#### Councilman's Corner- (Cont. from Page 4)

Development Corporation ("UDC") to examine the potential for purchase of the West Travis County Water System. Since then, the UDC has tendered bids to the LCRA and it is necessary to create the PUA in the event the bid is accepted. The letter of intent will be submitted to the LCRA stating that if the UDC bid is accepted, the PUA will be prepared to proceed with ownership of the systems.

8) The Council authorized the City Attorney to examine the possible condemnation of the West Travis County water/wastewater system.

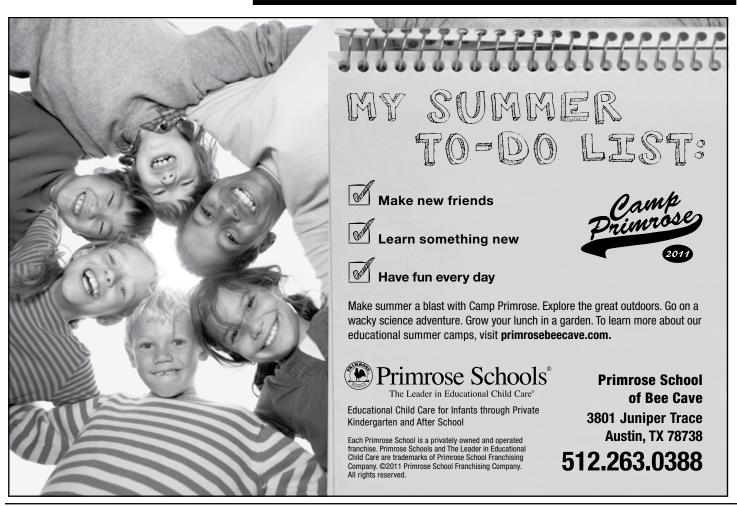
SUBMITTED BY BOB DORSETT, BEE CAVE COUNCIL MEMBER

### What's at Stake? The Health of Your Trees

Most of us have trees in our front yards that were provided by our home builders. Did you know that the stakes supporting these trees need to be removed within the first year? This is because stakes provide artificial support that replaces a supportive trunk and root system.

Movement of the trunk helps strengthen the tree by thickening it and giving it taper from bottom to top. Trunk movement also stimulates root growth. The artificial support from the stakes leaves tree trunks weak and their root systems less developed.

Bottom line - all staking material needs to be removed after roots have established. This can be as early as a few months, but should be no longer than one growing season.



## Around Bee Cave



Pictured: U9 Girls, Dynamo Jr. Strikers Bottom (left to right): Caroline Luttrull, Kayla Holst, Cameron Byler, Kaytlin Burr, Emily Daehler Top: Coach Jeff Holst

## LAKE TRAVIS US ACADEMY GIRLS Take First Place!

On Saturday, June 4th Lake Travis Youth Association and the Dynamo Juniors of Central Texas held their 2nd annual 3v3 one day soccer tournament at the Field of Dreams in Bee Cave Texas. Soccer clubs from Lake Travis, Temple and surrounding areas battled it out in the 100 plus degree heat each hoping to take the coveted first place finish. Participating as the Dynamo Jr. Strikers were 5 members of the Lake Travis U9 Academy Girls soccer team. After winning their first two games in close finishes, the Strikers won the semi-final match against the River City Rangers with an exhilarating "Golden Goal" in overtime. The Strikers then faced another Lake Travis team, the Dominating Dragons in the final championship game. In yet another nail biting finish, the Strikers remained undefeated for the day by scoring the game winning goal with only moments to spare in regulation time. Congratulations Dynamo Jr. Strikers and to all the teams who participated in this year's 3v3 world soccer tour.



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## Around Bee Cave

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### COVER PHOTO

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Bee Cave Messenger. All photos submitted must represent Bee Cave. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in **HIGH RESOLUTION** to beecave@peelinc. com (300 dpi preferred).

By submitting your photo you agree to allow your photo to be published in future issues of the Bee Cave Messenger or other Peel, Inc. publications.

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### Summer Events at the Hill Country Galleria

#### IULY

- 2 4th of July Event Family activities, Live music, Fireworks Show 7 - Music on Main
- 9 Summer Concert Series: The Vintage 15 7p-10p Amphitheater
- 14 Wine Walk: 6p-9p start at Twin Liquors
- 14 Music on Main
- 16 Summer Concert Series: Tombstone Bullies 7p-10p Amphitheater
- 21 Music on Main
- 23 Summer Concert Series: Byrd & Street 7p-10p Amphitheater
- 28 Music on Main
- 30 Summer Concert Series: Jeff Whitehead 7p-10p Amphitheater

#### AUGUST

- 4 Music on Main
- 6 Summer Concert Series: Rewired 7p-10p Amphitheater
- 11 Wine Walk: 6p-9p start at Twin Liquors
- 11 Music on Main
- 13 Summer Concert Series: Andrea Marie & The Magnolia Band 7p-10p – Amphitheater
- 18 PAIYH Performance: Amphitheater 6p-8p
- 18 Music on Main
- 23 Austin Fashion Week: West Austin Day at the Hill Country Galleria – various stores

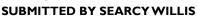
### Lakeway Community **Blood Drive**

The Blood Center of Central Texas has a normal demand for 200 units of blood per day. Summer donations are traditionally less than normal, but demand remains constant. Our Lakeway Community Blood Drive plays a significant role in meeting this requirement.

Our next Lakeway Community Blood Drive will be held on Saturday, July 16th, at the Lakeway Activity Center, from 8:00 to 12:00. We have plenty of open appointments, so please consider donating if you have not already signed up.

To be eligible to donate blood, a person must be at least 17 years of age, weigh at least 123 lbs, and bring a photo ID when they donate. The process takes approximately 30 to 45 minutes. Walk-ins are welcomed, but appointments are honored, so please plan ahead and make an appointment.

To schedule an appointment, call Searcy Willis, Lakeway Community Blood Drive Coordinator, @ 261-9055 (home) or 799-5714 (cell), or email swillis1@austin.rr.com







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## Around Bee Cave

### Tips for a Healthy Summer: Eat Smarter and Move More

The 4th of July holiday is almost here, and along with it comes good food, parties, and great times with family and friends. These things pretty much go hand in hand with summer.

Summer is a very common time for people to fall off the "health wagon," but it doesn't have to be that way. Eating right and getting enough activity can certainly be a challenge, especially when holidays and travel are involved. But the keys are: being consistent, making good choices, eating in moderation, and purposely finding ways to move more.

Here are some tips to make your summer a healthier one for your family and friends.

#### SMALL CHANGES = BIG RESULTS

Making small changes for your summer cookouts and potlucks can equal big nutritional improvements.

Traditional Summer Food	<u>A More Healthy Alternative</u>
Hot dogs	Turkey dogs
Hamburger	Turkey burger
Potato salad	Fruit salad
Chips and high fat dip	Assorted vegetables and
hummus	
Fried chicken	Grilled chicken kabobs with
veggies	
Pie	Fresh pineapple
Soda and sweet tea	Iced tea with lemon
Using high-fat mayonnaise in dishes	Use low-fat mayo or the kind
	that has olive oil in it

#### HEALTHY RECIPE SWAP

You can even request that guests bring a healthy dish and include the recipe along with the dish. After the event, the party host types up all of the recipes and emails them to party guests. Just like that - everyone is equipped with healthy things to try on their own!

#### **GET MOVIN'!**

Instead of a party revolving solely around the food involved, why not create a "buffet of games" and activity to center the event around instead? Here are some ideas for fun backyard games to try this summer with your family and friends. Just be sure to let your guests know the "active" theme ahead of time so they can dress accordingly and be prepared to move.

Host a miniature version of the Olympics. This can consist of things like wheelbarrow races, three legged races, running, water balloon tosses, and team relays. Have prizes for the teams.

**Create an art contest using chalk.** Have three judges and give out prizes for the most creative pieces of art. And maybe even to the adult with the most "artfully challenged" piece of "art."

**Play a classic game of "Kick the Can."** Make sure you have at least 3-4 people playing this game. One person is "it" and guards the "can." (Can needs to be in an open space.) Other players hide while the "it" person counts to 20 and then goes to find the other players. Captured (tagged) players go to "jail." Anyone not captured can kick the can, which sets all jailed players free. If the "it" person finds all players before the can is kicked, the "it" person wins the game.

Have a Hula-Hoop contest. Crank up the fun music, and see who can twirl the longest!

**Create a canvas.** Hang an old white sheet on your fence or clothesline and let the creativity flow while your guests create a beautiful work of art!

**Send your guests on a scavenger hunt.** There are many ways to get creative with this, including giving the hunt a theme to match your party, having guests find things in nature and draw pictures of what they find, or having your guests do something (ex: 10 jumping jacks) every time they find something on the list.

**Slip and Slide!** Give your party a water theme to beat the heat. Set up two identical slip and slides and see who slides the fastest and/ or the farthest. Crown your champion.

Test out other games like horseshoes, washers, Bocce ball, four-square, hopscotch, whiffle-ball, or kick ball.

Here's to a healthy and active summer ahead. Cheers! BY SARAH S. JORDAN, MS

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RED DAY, Short for "Renew, Energize and Donate," RED Day was created to unite Keller Williams Realty offices and associates in an international day of service, one of the biggest events in the real estate industry.

On Thursday, May 12, 2011 Keller Williams Lake Travis Realty agents, associates, staff, vendors, friends and families gathered together to "Give Where They Live".

Keller Williams Lake Travis teams of people worked on restoring and cleaning at The Austin Sunshine Camp at Lake Travis.

In addition, one of the teams worked on restoring the wood deck of a wonderful long-time resident of Briarcliff, who is extremely grateful for all the help Keller Williams agents will provided. Special thanks goes to the Mayor of Briarcliff, Al Hostetler who recommended this project. Keller Williams Lake Travis also assisted Keller Williams Marble Falls/Horseshoe Bay in gathering donations and getting care packages together for our troops.

Keller Williams Lake Travis would also like to extend heartfelt thanks to the following vendors for ALL the giving of their time and efforts in making this RED DAY a success. They are as follows:

Affordable Home Protection Services, American Home Shield, Farmers Insurance, Victor Thompson, Free Chapel, Judd Olson, General Contractor, McCoy's Lumber, Hwy 71, Bee Caves, TX, Nunnallee Inspections, Square Cow Moovers, TUGS Bar-B-Q, Lago Vista, TX, and United Lending.

Giving back to the community is rewarding in so many ways and we at Keller Williams Lake Travis thank everyone involved for their time, energy and heart!



## Around Bee Cave

## **Readers Discovers Magic at Bee Cave Public Library**



Grace & Luke Ballengee (ages 8 & 6) got into the magical spirit dressed as their favorite Harry Potter characters.

Bee Cave Public Library held its 6<sup>th</sup> annual kick-off for summer inviting the community to "Discover the Magic of Reading!" More than 800 people visited the library on the first Saturday in June as sign-ups began for children, teens, and adults. The youngsters log their minutes to earn prizes, while the teens and adults can earn raffle tickets for donated gift certificates to restaurants, spas, stores and more.

"This was one of our most successful kick-offs ever," commented Library Director Barbara Hathaway. "The response from the community just seems to grow bigger ever year. The adults seem to get as excited as the kids about the chance to win something, and when the kids see their parents reading, it motivates them even more." The Saturday crowd enjoyed the juggling skills of local teen magician, Zach Waggoner, known as the Austin Juggling Magician.

## EXPLORING FOSSILS AT THE LIBRARY

Paleontologist Dr. Pamela Owen from the Texas Natural Science Center made her annual summer visit to share her enthusiasm and knowledge about Texas fossils with more than 240 children and adults on opening day of the summer. New this year were giant mats with life-sized dinosaur footprints that had the children in awe at their size.

#### **BOOK CLUBS FOR EVERY INTEREST**

Books clubs during the summer include American Girl, Star Wars, Magic Tree House, and Harry Potter, with sessions of each in



Flower Power Library staffer Laurie Works is surrounded by her American Girl Book Club members dressed in their "hippie vests."

June and July. The American Girl Book Club is learning about Julie this year, a girl from the 1970's. At the opening session, the girls learned about how Julie made a difference in her school and community, and got introduced to peace symbols, flower power, and tie-dye. For the craft, the girls made fringed hippie vests out of paper bags and newspaper.

#### **MORE FUN IN JULY**

July is packed with more fun programs and events, so check the library website for more details. A Harry Potter Craft Day on July 12<sup>th</sup> and a Family Storytime on Saturday, July 16<sup>th</sup> are on the calendar, as well as sessions of the American Girl, Star Wars, Magic Tree House, and Harry Potter book clubs. A special discussion group for teens on July 20<sup>th</sup> will meet to compare the final Harry Potter movie to the last book in the series. All reading logs need to be turned in by July 23<sup>rd</sup>, and everyone is invited to the Awards Ceremony on July 28th to pick up their prizes. Entertainment will be provided by renowned Austin magician Kent Cummins in the community rooms above the library at 6:30 pm.

#### THANK YOU TO SPONSORS

Many of the prizes and incentives for the summer programs are made possible by the generous donations of this year's major sponsors, the Shops at the Galleria and Broadway Bank. Other businesses partnering with the library to make the activities possible include A+ Federal Credit



Tabitha Keever and mom Tracy sign up for the Teen & Adult Summer Reading Program.

Union, Austin Foot & Ankle Specialists, Ben Archer State Farm Insurance, PAIYH Dance Studios, Rigby Advanced Dental, and Your Personal Best Physical Therapy.

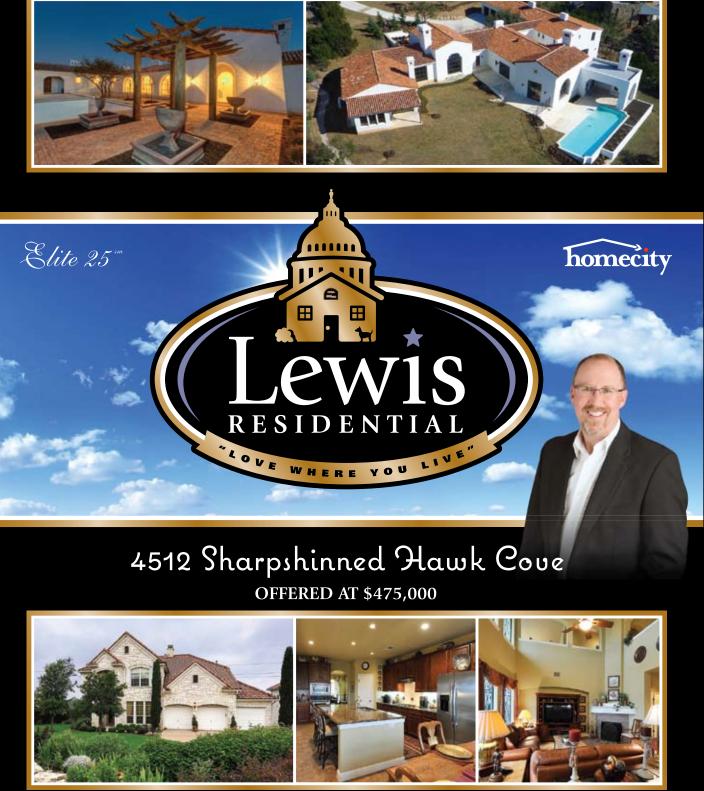
Visit the library website http:// pl.beecavetexas.gov for information about all library activities and programs, or call 767-6620. Bee Cave Public Library is located in the Hill Country Galleria, at the intersection on Highway 71, Ranch Road 620 and Bee Cave Road (FM 2244). All events are free, and open to the public. Recommended ages are listed on the website.



Dinosaur footprints made to scale were a source of amazement to those who heard Dr. Owen's talk about Texas fossils.



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## Business Section LAKEWAY CHAMBER OF COMMERCE

#### Chamber Congratulates Leadership Lake Travis Class 002

On Wednesday May 25th the Lake Travis Chamber of Commerce celebrated the graduation of its second Leadership Lake Travis Class. The event was sponsored by Oasis Texas and Regions Bank and was held in an exclusive party room at The Oasis restaurant.

Each graduate was recognized for their contribution to the program and two individuals were singled out for going beyond the planned curriculum. The Leadership Class 002 participants elected, by private ballot, Karen Reich, LTHS Assistant Principal as their class "Most Valuable Player". The award was presented by the prior winner of the honor, Leadership MVP Chief Todd Radford, of the Lakeway Police Department. Program Chairman, Steve Zbranek of Zbranek & Holt Custom Homes presented Phyllis Campos of Community Impact Newspaper with the Chairman's Award for her stand out service to the Leadership program and her classmates. The award was presented by last years' Chairman's Award recipient, Susan Zbranek of SCZ Designs.

"Leadership Lake Travis encompasses the ability to effectively communicate the vision of our area while encouraging and nurturing business owners, leaders, and community members. I "thank" the chamber for finding a way to give us serious leadership lessons in a memorable way that we can apply immediately. The program has solid substance and can transform leaders in the Lake Travis area" says Karen Reich, LTHS Assistant Principal.

"Each month, I was fortunate enough to connect with local business leaders, elected officials and administrators to learn how they interact with the community and confront issues that affect the people they serve and do business with. The knowledge that each of us gained about the community, its history and its' leaders was invaluable" says Phyllis Campos, Community Impact Newspaper.

The commitment to the Leadership program is one day per month from September through May. During the course of the program, participants experience an inside look at their community from various points of view such as local government, law enforcement, retail and economic development, tourism, education, charity and non-profit, and new for Class 003 will be a medical services day.

The Chamber is now accepting applications for Leadership Lake Travis Class 003. There are only 30 slots available for the class and interested applicants are encouraged to apply right away. The class selection will be made in August and the new group will be introduced at a reception later that month.

(Continued on Page 15)



#### lakeway Chamber of Commerce - (Continued from Page 14)

For more information about Leadership Lake Travis contact the Chamber at info@LakeTravischamber.com, 512.263.5833 or visit the website at www.LeadershipLakeTravis.com for an application.

The mission of the Lake Travis Chamber of Commerce is to promote sound economic growth, assist members with business development and create awareness related to the unique characteristics of the South Lake Travis Community.

#### Chamber Recognized By Austin Business Journal

Lake Travis Chamber of Commerce once again makes the list of Top Chambers of Commerce named by the Austin Business Journal coming in at number 10.

Each week the Austin Business Journal will select a variety of industries to rank in the Top 25 of any particular category. In March 2011, Chambers of Commerce in the five county region of the Greater Austin Chamber service area was ranked according to the size of their membership.

"We are thrilled to be named as a Top Chamber of Commerce by the Austin Business Journal for the 4th year in a row." Says Laura Mitchell, IOM, President of the Chamber. "It is a great testament to the local businesses that make up this organization and keep it strong and thriving."

For more information about the Lake Travis Chamber of Commerce, contact the office at info@LakeTravischamber.com, 512.263.5833 or visit the website at www.LakeTravisChamber.com.

The mission of the Lake Travis Chamber of Commerce is to promote sound economic growth, assist members with business development and create awareness related to the unique characteristics of the South Lake Travis Community.

## **BUSINESS CLASSIFIEDS**

#### **BREAKING NEWS! THERE'S A NEW WEBSITE IN**

**TOWN!** Dr. Horn, Lakeway psychologist, invites you to visit www.DrMelanieHorn.com to view her areas of practice, which include children to elderly. Providing caring help for 13 years on R.R. 620 in the McArdle Business Park. 512-261-6005.

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Enjoy a great first-run, family-friendly movie in Southwest Bistro's 'mini theatre'—complete with comfy beanbag chairs and picnic blankets. And what's more, you can order a delicious dinner from the full menu at Southwest Bistro. It's a perfect way to start your Austin weekend!



## **Business Section**

## Seven Business Networking Groups in the Area

Are you looking to grow your business in 2011? If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

#### **STEINER RANCH REFERRALS BNI GROUP**

Meetings are on Tuesday mornings from 8:00am to 9:30am at Hill Country Pasta House. Visitors are welcome! If you are interested please contact Elicia Rudberg at eliciarudberg@gmail.com for more information or visit www.BNIAustin.com.

#### FOUR POINTS BNI

Meetings are on Wednesday at lunch from 11:30am to 1:00pm at the River Place Country Club. Visitors are welcome! If you are interested please contact Amy Oehler at amy.oehler@unitedlendingusa.com or visit www.BNIAustin.com.

#### FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber. com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@FourPointsChamber.com.

#### A BUSINESS REFERRAL GROUP MADE FUN!

Networking Northwest Austin is expanding its member base of businesses in our area. NWNWA members build close business and personal relationships. We believe in business by referrals and having a limited member base (not duplicating professions), so you will not see your competitors here. We have a caring, positive, involved group of people who not only wish to build their business, but also want to build the strength of our networking group. NWNWA is updating its meeting times. Call Rich Keith, President, for information. RKeith@ primerica.com, (512) 632-0162, or visit http://www.meetup.com/ NetWorking-NorthWest-Austin/

#### YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

#### LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Wednesday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at Kellyconnor@austin. rr.com or 512-736-2495.

#### HILL COUNTRY NETWORKING GROUP BREAKFAST

Hill Country Networking is a professional single-source networking group located in the Lake Travis area of Austin Texas. Our members are enthusiastic and dedicated individuals representing a diverse range of businesses all across the Greater Austin metroplex. Our Mission is to build strong personal relationships that drive referrals resulting in real business transactions

#### When: 8:15AM Thursday's

Where: Maudie's Tex-Mex / Bee Cave / The Shops at The Galleria Why: The group of entrepreneurs acts as your sales force How: Call / email Jose' Garcia @ 771-0079 / CabezaAdvertising@Gmail. com and ask to visit, meet the group and have a complimentary breakfast. To see who is in the group, click: http://hcnetworking.net/

We are excited to be here and look forward to helping you build your business.

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#### Celebrate Recovery Mondays @ 7:00 pm

Codependency Group (for those with loved ones struggling with addiction) Sexual Addiction Group (male) Chemical Addiction Groups (male & female) Women's Support (eating disorders, sexual addiction) Health, Hope & Healing Mondays @ 7:00 pm Divorce Care Safe People

#### Specialty Classes Sundays @ 8:30 & 11:30 am Re-married/Blended Families Ladies Only and Men's Only Classes

Starting Soon: Men's Anger Management, Boundaries, Women's Wounded Heart (survivors of sexual abuse)

WATCH LIVE services Sunday mornings or view any time at www.ghbc.org | Sunday Morning Schedule: 10:00 Worship | 8:30 & 11:30 - Bible Life Groups (all ages) Great Hills Baptist Church | the radiant church | 10500 Jollyville Road . Austin, Texas 78759 | 512.343.7763



## School News

## Lakeway Elementary Students Earn Money for ShelterBox



After seeing the devastation in Japan following the earthquake and tsunami and the disaster tornadoes left behind in our nation's south, Weston and Kaytlin Burr, students at Lakeway Elementary, proposed to the Early Act Club of Lakeway Elementary and the student body to raise \$1000.00 for the purchase of a ShelterBox. The Lakeway Elementary students raised donation money by signing contracts for work with family, friends and neighbors. They were able to raise a total of \$1238.65 in the last two weeks of school!

ShelterBox is an organization that provides immediate help to families after natural disasters. It is an actual box that has contents that can sustain (up to) ten people with shelter, clean water, cooking supplies and tools for up to one year.

SUBMITTED BY AMY BURR





The name says it all ... LTEF's "Fore" the Kids Golf Tournament is an annual fundraising event that supports students in the Lake Travis ISD. The Lake Travis Education Foundation turns proceeds from the tournament into grants to LTISD teachers and scholarships for graduating Lake Travis High School seniors. But we need sponsors to make the tournament a success.

"The LTEF golf tournament is an excellent opportunity to support the kids in our district and have a fun day out on the golf course," said LTEF President Steve Harvey. "Let your passion for golf help us provide the tools to fuel our children's passion for learning."

The "Fore" the Kids Golf Tournament offers a variety of sponsorship levels which, in turn, offer benefits that include advertising, golf teams, and chances to meet and greet on the course. Scheduled for the morning of Monday, September 19th at The Hills Country Club, the day starts with breakfast and registration at 8 a.m. A shotgun start at 9 a.m. kicks off the 4-player scramble and, once on the course, golfers begin competing for some great prizes. Lunch will be served on the course, and an awards reception will be held in the Waterfall Dining Room following tournament play.

Take advantage of this opportunity to play on the famed Hills Signature Course. The tournament is open to the first 144 players to sign up. Sponsorship details, golfer registrations, and online contributions are accessible via LTEF's website at www. LakeTravisEducationFoundation.org, or call the Foundation's office at 533-6095.

Lakeway Elementary students Karis and Kendall Harvey are just two of the thousands of students who will benefit from the community's support of LTEF's "Fore" the Kids Golf Tournament.





# Find heart disease before it finds you.

Determine your risk for heart disease with a HeartSaver CT scan from Heart Hospital of Austin. Only \$199, this fast, convenient and painless procedure can quickly determine your risk for heart disease in its earliest and most treatable stages long before you experience any symptoms. And you can trust our expertise with hearts, because for six years in a row, HealthGrades® has ranked us as the number one heart program in Texas. Help ensure more classic memories in your life by getting a HeartSaver CT scan.



## News You Can Use GET TO KNOW YOUR IRRIGATION CONTROLLER

Many residents put a lot of effort into maintaining their irrigation system, which is a necessary step towards efficient watering. However, people then often overlook an equally important aspect of irrigation scheduling. An essential element of proper scheduling is knowing how to operate the controller. Not knowing that can cost you.

A normal flow rate for a residential irrigation system is around 14 gallons per minute. Compare that with your shower of 2 to 3 gallons per minute or a dishwasher that uses less than 10 gallons per load and you can see just how quickly minutes on the irrigation controller can add up. So if you see your usage dramatically rise in the summer months, check your irrigation settings before chastising your teenagers for their long showers. Well, I guess doing both would work.

## COMMON FEATURES ON AN IRRIGATION CONTROLLER

- 1. Multiple Program Capability: Controllers give you the option of setting multiple programs, usually labeled A, B, C, etc. These programs let you fine tune your watering. For example, you could set up your turf stations to water twice per week in the summer while keeping shrubs on a once per week schedule. The important thing to remember is that no matter what program you leave the controller on, it will run all programs that are present! Even if two programs coincide with each other, the controller finishes the first program and stacks the next program to run directly afterwards.
- 2. Multiple Start Times: You can also set multiple start times for your program(s). Start times represent what time the

program will begin and most controllers offer the option between 3 and 16 start times. There are very few controllers that require start times for each individual zone. The benefit of using multiple start times is to allow for absorption in the landscape because many sprinkler heads can apply water faster than our soils can absorb it. Find the stations times you are happy with and then cut them in half. Instead of the program coming on at only 4:00 a.m., you could have the program (now with reduced station times) come on at 3:30 a.m. and 4:30 a.m. Remember, if using multiple start times, every minute you add or delete really equals 2 or 3 minutes depending on the number of start times present.

- 3. Seasonal Percentage Adjustment: Another handy feature, the seasonal adjust, allows you to increase or decrease all of your stations times in 5 to 10 percent increments. This is useful if your entire landscape needs more water, but often stress will only occur in certain areas. It's a good idea at that point to only add time to the stations that need more water and an even better idea to inspect those stations to make sure the stressed area isn't getting water due to a clogged nozzle or misaligned head. When setting station times, it's recommended to have the seasonal adjust at 100% because the seasonal adjust button uses 100% as the reference point and makes changes relative to what that number is. Some controllers will show the increased or decreased times while others will continue to show the original times, but are actually running something different.
- 4. Memory Back Up: Most controllers now come with a non-volatile memory built into the control panel. This helps retain your settings during brief power outages, but will usually clear itself out after long periods with no power. Other controllers will revert to a default program to run everyday for ten minutes per station after a loss of power. If you have a controller that does this, remember to change out the 9 volt battery every spring when you turn your controller back on and just to be safe, check the settings after thunderstorms.

Plant material, watering components, sun exposure, soil health, and how important each area of your landscape is to you all goes into the decision of how long you should run each station. An irrigation program with the same time on every station is usually a signal that there is room for improvement. This may involve taking time from some stations that are doing well and adding them to others that are showing signs of stress. Monitor your landscape and make changes as needed. Remember, automatic irrigation systems are great for carrying landscapes from one rain event to another, but a lack of rain will highlight deficiencies in the irrigation system.

If you need help with programming your controller and use over 25,000 gallons of water in the summer months, you may schedule a free irrigation evaluation from Austin Water either by calling 974-2199 or visiting our website: www.waterwiseaustin.org. JACOB JOHNSON LI#17528 AUSTIN WATER



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## News You Can Use

## **FINANCIAL FOCUS**

On July 4, we shoot fireworks, attend picnics, watch parades and otherwise celebrate our nation's independence and the many freedoms we enjoy. But as you go through life, you'll find out how important it is to work towards another type of freedom — financial freedom. That's why you need to put strategies in place to help you work towards your own Financial Independence Day.

And there's no way to "sugar-coat" this task, because it will be challenging. In recent years, a combination of factors including depressed housing prices, rising health care costs, frozen or eliminated pension plans and the financial market plunge of 2008 and early 2009 — has made it more difficult for many of us to accumulate the resources we'll need to enjoy the retirement lifestyle we've envisioned. In fact, the average American family faces a 37



percent shortfall in the income they will need in retirement, according to a recent report by consulting firm McKinsey & Company.

But now that we've gotten the "bad" stuff out of the way, let's turn to the good news: You can do a great deal to work towards financial freedom during your retirement years. Here are some suggestions that can help: *Save and invest more.* Obviously, the younger you are, the greater the benefit you'll get by increasing your savings and investments. But whatever your age, you'll find that it pays to save and invest more. During difficult economic times, of course, it's not always easy to boost your savings and investments, but try to find ways that are as "automatic" as possible. For example, whenever you get a raise, increase your 401(k) contributions, which come directly from your paycheck. And whenever you get a "windfall," such as a tax refund, try to use part of it for your IRA or another investment account.

• *Rebalance your portfolio.* It's always a good idea to periodically rebalance your investments to make sure they are still aligned with your goals and risk tolerance. But it's especially important to rebalance as

(Continued on Page 23)



#### Financial Focus - (Continued from Page 22)

you get older and you near retirement. At this stage, you'll want to decrease the volatility in your portfolio and lock in what gains you've achieved, so you may want to move some (but certainly not all) of your more aggressive investments into less volatile ones.

- *Cut down on debts.* It's easier said than done, but anything you can do to reduce your debt load will free up money to invest for your retirement. Work diligently to pay off whatever debts you can and examine your lifestyle to find areas in which you can reduce spending.
- **Consider working part-time during retirement.** Many Americans are now living longer and enjoying happy, healthy retirements. In fact, the concept of "retirement" has changed so that it now includes any number of activities including part-time work in a completely different area from one's previous career. If you are willing to do even a little part-time work during your retirement years, you can greatly reduce the financial pressures you may face during this time of your life.

The 4th of July comes and goes quickly. So put strategies in place now to help you work towards your own Financial Independence Day.

### BEE CAVE MESSENGER

The Bee Cave Messenger is a monthly newsletter mailed to all Bee Cave residents. Circulation includes the Village of Bee Cave, Falconhead, Falconhead West, Lake Pointe, Spanish Oaks, Senna Hills and more! Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com, or you can email to <u>beecave@peeilnc.</u> <u>com</u>. Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.

**GO GREEN!** Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!



## News You Can Use



#### http://www.rvmcampsadultsdisabilities.org

Thank you for the opportunity to introduce you to the Robert V. Miller Fund. The Fund was created by the Sharon and Gerald H. Miller family, and is located at the Austin Community Foundation for investment and management of funds donated, as well as for assuring compliance with IRS requirements. The Robert V. Miller Fund is unique in the country in providing funds for services to adults with disabilities.

The mission of the Fund is to:

- Serve the needs of adults and caregivers
- Develop skills through fun, friends, and support
- · Build relationships and life experiences

This mission is carried out through a program of camping and socialization experiences for adults with disabilities and their caregivers—who very frequently live their lives in social isolation. The three types of programs supported are:

- Residential Camps
- Year Round Social Connection Experiences/Events
- Specialized long week end or multi day Retreat Experiences

We have an active Advisory Group made up of individuals with a variety of professional qualifications and includes individuals that have disabled adult family members. These volunteers help to develop camping and social connection experiences through grants to nonprofits. Funded nonprofits must demonstrate willingness to comply with our strict requirements for quality direct and professional staff as well as capacity to provide interesting activities and programs for the participants. Together we evaluate performance and carefully review feedback from participants, family, staff and volunteers as well as the financial records associated with the camps and other programs we fund. We also volunteer at every camp and do unscheduled visits to other programs or activities we select for funding. We have deliberately chosen not to invest in building a camp facility as there are so many of these in Texas that are not used year round, meet accessibility requirements, and provide clean, well maintained facilities for which we can contract.

Since May 2007 we have funded 9 camps and retreats, with three more planned for 2011. A series of monthly scheduled social activities in the community as well as an alumni gathering have also been funded. To date more than 500 lives have been directly touched through these experiences. Participants and their caregivers have given rave reviews! We do not spend any monies in the RVM Fund for administration or development. All administration and development work is done by volunteers.

Sharon is a retired Clinical Social Worker, with a lifelong career managing a variety of programs and services for individuals with disabilities in both the private and public sectors. Jerry is retired, with a PhD. in Economics and a long record of professional experience managing organizations and businesses, employees, contracts and public funds.

A description of the Fund and a copy of our most recent "Trailways" newsletter are included in this information folder. Of course, we have other information/materials we can share with you if that would be helpful. The website includes videos, photos and other information for your consideration.

SHARON AND JERRY MILLER CO-FOUNDERS



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## News You Can Use

## NOT AVAILABLE ONLINE

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### WCID #17 Outdoor Watering Calendar

Residential

Odd Numbered Address – Wednesday and/or Saturday Even Numbered Address – Thursday and/or Sunday Mandatory May 1st – September 30th

> Commercial, Multifamily & HOAs Tuesday and/or Friday only Mandatory Year Round

#### WATERING TIMES ON YOUR DAY BEGIN AT MIDNIGHT and go from Midnight to 10:00 a.m., then again from 7:00 p.m. to Midnight of the same day.

Please note that a two-day a week watering schedule is mandatory year round for Commercial, Multifamily and HOA customers, and mandatory for Residential customers from May 1st through September 30th. Repeated violations of the mandatory schedule will result in fines. As a reminder, the first offense will receive a warning with no penalty. Should you receive a notice beyond a warning, your water will be shut off until the fine is paid. Fines for not following the mandatory watering schedule are

> 1st Offense - Warning 2nd Offense - \$200 3rd Offense - \$500

4th Offense - \$1000 5th Offense - \$2000

Thank you for following the mandatory water schedule of the District Water Conservation Stage 1 and Conserving Water for Today and Tomorrow.

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### **Ready Made Family?**

Siblings can be a source of frustration, rivalry and competition as children learn some of the more important lessons in life like communication, negotiation, teamwork and forgiveness. Siblings can also be a source of support, friendship, security and loyalty as children learn to grow together and value the unique aspects of having a family.

Keeping a group of siblings together that have been waiting in the foster care system is a worthy and challenging objective. Finding a family that will take a group of siblings to be permanent family is an even more difficult task. However, the value of having a permanent family for a group of siblings is immeasurable. Do you have the space in your home and in your heart to be the answered prayer for a sibling group looking for a home?

Maribel (15), Isabel (14), Noah (11), and Tereso (8) are a fabulous foursome looking forward to finding a forever family. As a group, they are smart, polite, engaging, active, and athletic. They hope to find a family that will allow them to stay together as well as encourage and support them in reaching their full potential.

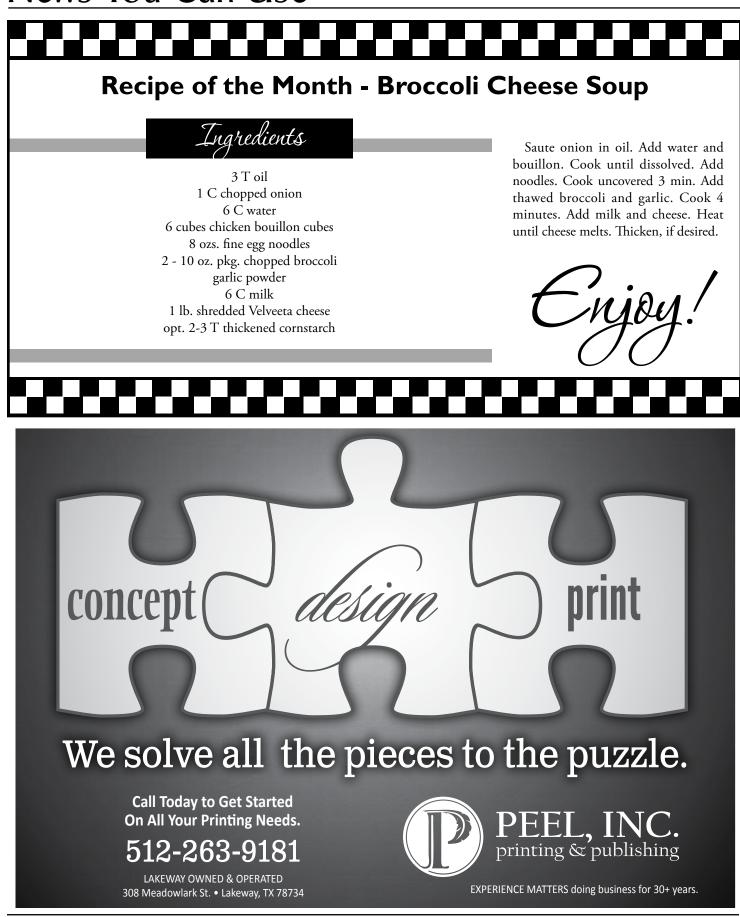
To find out more about this wonderful group please contact Grace Lindgren, LMSW, Wendy's Wonderful Kids Recruiter, at the Adoption Coalition of Texas (512) 810-0813 or gracelindgren@ adopttexas.org Adopting a child from the foster care system requires little or no cost to the adoptive family and funding may be available to help the adoptive family support the child or sibling group.

To learn more about the adoption process and the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at http://www.adoptioncoalitiontx.org





## News You Can Use



# - Kids Stuff-

### Section for Kids with news, puzzles, games and more!

## **Getting Muscles**

Ever wish you could be as muscular as a superhero or your favorite professional athlete? Well, the big muscles you're thinking about aren't possible for kids. Superheroes, of course, aren't real, and professional athletes are grown-ups, whose bodies are different from kids' bodies in many ways.

Boys, especially, might wish for bigger muscles, but their bodies can't build that kind of grown-up muscle until they're older. On the bright side, both boys and girls can do a lot to build strong, healthy muscles. Let's find out how.

#### **Playing Makes Muscles**

It sounds too simple, but it's true. Playing, running, jumping, and riding your bike can make your muscles stronger. Any physical activity you like to do - from dancing to playing football can make you stronger. Why? Because you're using your muscles when you do it.

#### Eat Strong

What should you eat if you want strong muscles? You might think you need a lot of foods that contain protein (such as meat and eggs) or foods that contain iron. But there's no one magical food that helps build muscles. Your muscles - and your entire body - will be strong and healthy if you eat a variety of nutritious foods.

#### Should You Pump Iron?

Some kids want to lift weights so they can look bigger and stronger. But lifting weights won't produce big muscles in kids who haven't gone through puberty yet, and lifting heavy weights can be dangerous to kids' muscles and tendons.

With supervision from a coach or trainer, kids can do some light weight lifting or exercise with resistance bands (large rubber bands). This kind

of exercise can improve muscle tone, meaning a kid's muscles will be leaner and stronger, but not really bigger.

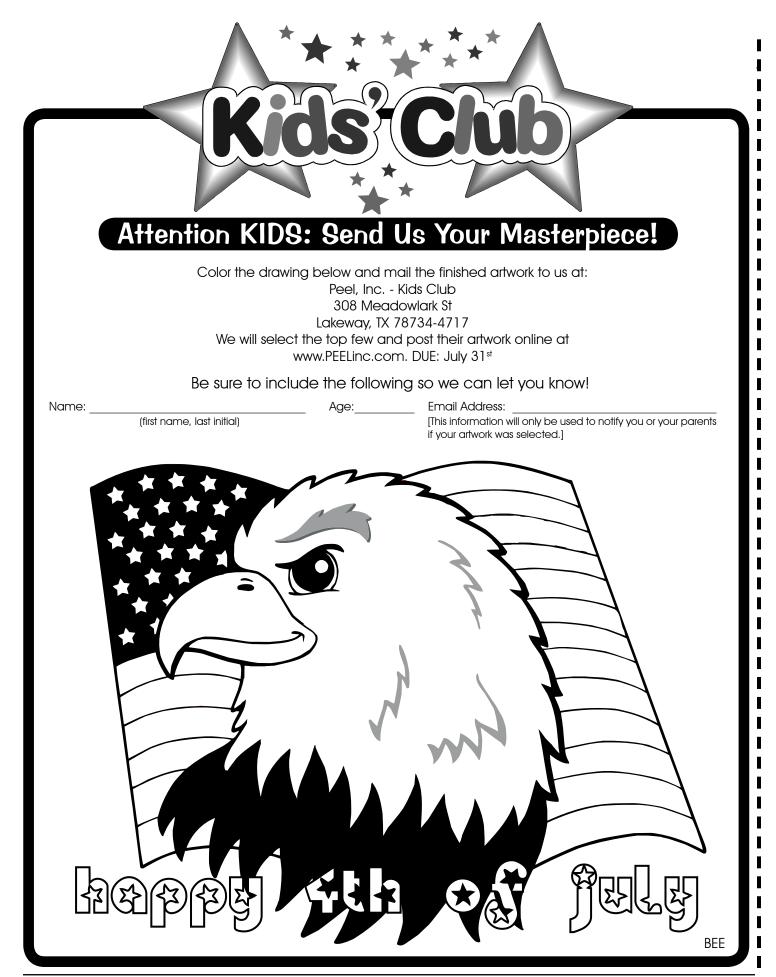
Push-ups, sit-ups, and chin-ups also help build strong muscles. But so can plain old running, jumping, and climbing. Get the message? More play time means stronger muscles. Now that's something to get pumped up about!

Reviewed by: Larissa Hirsch, MD Date reviewed: July 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www. TeensHealth.org. ©1995-2006.The Nemours Foundation

A Quick Fix?

You might have heard about athletes who use illegal drugs called steroids to get muscles fast. Sports officials have started to punish athletes who use them. Not only is it unfair to other players, these artificial hormones can cause serious health problems. In other words, don't try them!





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Bee Cave Messenger - July 2011 31



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# Fashion Eyeware Trunk Show

Maui Jim (www.mauijim.com) Prodesign Denmark (www.prodesigndenmark.com) Mykita (www.mykita.com) IZon High Resolution Lenses

Bristol Family Eyecare is excited to invite you to our fashion eyewear trunk show! We will have representatives from current, trendy, and high-end fashion eyewear lines present for you to be able to browse all of their newest styles. Please join us!

Wednesday, July 27th from 5:00 - 8:00 pm



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