

The Rosehill

The Official Newsletter of the Lakes of Rosehill Homeowners Association

July 2011

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It's Time to Register for the Beautiful Game!!! Fairfield Sports Association Soccer Registration is now OPEN.

Fairfield Soccer is a recreational league for players ages 4-13. All practices and games take place in Fairfield at one of our two soccer facilities. We play small-sided soccer in the younger divisions with modified rules to accommodate the developing skills of young players. As the kids get older, we gradually increase the number of players on the field and the size of the fields. The overall emphasis of the program is to develop individual technical skills and a love for the game in a fun, safe, positive environment.

In honor of the Women's World Cup being played in Germany this summer, we are continuing with the Xara International uniforms that were hugely popular last season. The uniform is included as part of the registration fee and includes a full kit. The kit contains a team jersey, matching shorts and socks. Registration fees for the 4, 5, and 6 year old divisions are \$115.00 per player. Registration fees for the 7 year old division and older are \$125.00 per player. There will be NO team sponsorship fees this season!

Registration for FSA Soccer is available on-line at www. fairfieldsports.net and will remain open through July 17th. Any parents who wish to volunteer as either a head coach or an assistant coach will also need to register on-line. There will be a player evaluation for players ages 7-13 during the week of July 25th. More information about this evaluation is available on the FSA Soccer website. Teams will be formed by July 31st and practices will start the week of August 1st. The first games will be scheduled to start on Saturday, August 27th. There will be NO GAMES or PRACTICES September 2nd through the 5th. The 4, 5, and 6 year old divisions will play a 10 game schedule. The 7 year old and older divisions will play an 8 game regular season, and they will participate in a season ending double elimination tournament. The season ending "Soccer Day Celebration" is scheduled for Saturday, November 19th.

The last important date FSA Soccer will need help with is a field maintenance day scheduled for Saturday, July 16th. We will start at 9:00am and should be finished by 12 noon. This day will be used to mark fields, set goals, and replace/repair nets. The more people-power we have, the faster the work gets done. Any help that you can give will be greatly appreciated!

Questions about the FSA Soccer program or soccer registration can to directed to Scott Baehren, Commissioner – FSA Soccer, at soccer@ fairfield-sports.org

IMPORTANT NUMBERS

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| EMERGENCY | |
|------------------------------------|--------------|
| Fire | |
| Ambulance | |
| Constable | |
| Sheriff - Non-emergency | 713-221-6000 |
| - Burglary & Theft | |
| - Auto Theft | |
| - Homicide/Assault | 713-967-5810 |
| - Child Abuse | 713-529-4216 |
| - Sexual Assault/Domestic Violence | |
| - Runaway Unit | 713-755-7427 |
| Poison Control | |
| Traffic Light Issues | |
| | |

SCHOOLS

| Cypress Fairbanks ISD Administration | |
|--------------------------------------|--|
| Cypress Fairbanks ISD Transportation | |
| Cypress Fairbanks Senior High | |
| Cy-Woods High School | |
| Goodson Middle School | |

OTHER NUMBERS

| Animal Control | 281-999-3191 |
|---------------------------------------|------------------|
| Cypress Fairbanks Medical Center | 281-890-4285 |
| Harris County Health Department | 713-439-6260 |
| Post Office Box Assignment - Cypress | . 1-800-275-8777 |
| Street Lights - CenterPoint Energy | 713-207-2222 |
| - not working (Report Number on Pole) | |
| Waste Management | 713-686-6666 |

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Get A New 'Leash' On Life

By: Katie Hiett

Anyone who has ever been confronted by a stray or loose dog knows how unsettling it can be. There are many questions that run through your mind in a split second. Is that dog friendly? Will he leave me alone or chase after me? Will he approach my dog? Do I turn and walk away or cross the street? I have been teaching dogs and their owners for over 10 years in the Cypress area, and I consistently have residents who are concerned to walk around their own neighborhood in fear of loose dogs.

Leashing your dog is a helpful way to make your community a better place to live. Simple, yes, but it can have a lasting impact with the people that share the common space around you. But it is not a practice that all people feel comfortable doing. Here are 5 reasons to keep your pet on a leash around the neighborhood:

- For the safety and well-being of others. Believe it or not, some people do not feel comfortable around dogs. If they are taking a bike ride, playing at the park or using the trails, it can be startling to have a loose dog approach them. It may elicit a negative response from the person who believes they are being 'attacked'. Children can especially become fearful of strange dogs, and can injure themselves trying to escape. I have seen friendly dogs get kicked, hit in the head with sticks and sprayed with mace for running up to and/or jumping on a stranger to say hello. Not only does it traumatize the person involved, but it can have lasting negative impacts on a dog who was just excited to see another person.
- Not all dogs are friendly. Many times, people feel that if their dog is friendly, that everyone must have a friendly dog. Keep in mind that reactive and fearful dogs must have walks too! Not all dogs feel comfortable with other dogs they meet, and can react defensively when approached by a strange dog. We can keep our dogs safe by making sure they only approach other dogs that are happy to interact and play. It will also help your neighbor, who may be trying to make their dog feel more comfortable around other dogs by keeping a distance.
- For better training results. A dog, who is allowed to run free on walks or in the park, must have training. They must come when they are called, stop when they are told, and leave things when they are instructed. By allowing a dog to wander freely without these steps in place, he soon learns to ignore his owner. This contradicts any training program that has been put into place. Dogs, who are receiving off leash training, should do so in a safe environment until they consistently respond to all commands off-leash. Even then, no dog is 100% reliable in all situations. Care must be taken when allowing a dog to run off-leash to play.
- *Quality of life.* I have heard the excuse many times from people that feel their dogs will not receive a fulfilling walk if they are not allowed to explore and run free. It is very true that dogs need to explore. It promotes great mental stimulation and is highly encouraged. Fortunately, dogs can receive this stimulation on a 6 foot leash! By stopping periodically to allow a dog to 'check out'

(Continued on Page 4)

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| Time | |
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Networking and Business Luncheon - Cy-Fair Express Network invites you to their monthly meeting and luncheon. Bring plenty of business cards for networking. Please make reservations online by July 22 @ www.cyfen. org or call Darlene Hajduk @ 713-939-9730.

Our mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

Get A New 'Leash' On Life - (Continued from Page 2)

a smell, you are allowing them to exercise their nose and mind. It also becomes a perfect reward for good behavior (i.e. no pulling) on leash! Why waste such a valuable training opportunity?

• It's the law. Plain and simple. Harris County leash law mandates that "All dogs and cats must be kept under restraint while in the unincorporated areas of Harris County, Texas. The custodian of a dog or cat is not authorized to have, harbor or keep any unlicensed dog or cat, nor to allow any dog or cat to become a stray" (see entire ordinance at www.houstontx.gov/barc).

This is not to say that your dog can never run free again! There are many places around Houston that allow dogs to play and interact in a safe environment. Dog parks are a great place for dogs to unleash their energy (keep in mind that all dog parks have rules, but most are not regulated. It is up to the community to keep them clean and safe). Visit www.houstondogpark.org for more details, and to help them lobby for a dog park in Cypress! Doggie Daycare is also an excellent way to allow dogs to safely interact with qualified staff that has temperament tested all the dogs in their program. Not only will your dog have fun, but they will be tired when you pick them up after work! By letting your dog run free in safe areas, and leashing them around the community, you will ensure their protection while allowing them to have a fulfilled life!

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CORNERSTONE

READY MADE FAMILY?

Siblings can be a source of frustration, rivalry and competition as children learn some of the more important lessons in life like communication, negotiation, teamwork and forgiveness. Siblings can also be a source of support, friendship, security and loyalty as children learn to grow together and value the unique aspects of having a family.

Keeping a group of siblings together that have been waiting in the foster care system is a worthy and challenging objective. Finding a family that will take a group of siblings to be permanent family is an even more difficult task. However, the value of having a permanent family for a group of siblings is immeasurable. Do you have the space in your home and in your heart to be the answered prayer for a sibling group looking for a home?

Maribel (15), Isabel (14), Noah (11), and Tereso (8) are a fabulous foursome looking forward to finding a forever family. As a group, they are smart, polite, engaging, active, and athletic. They hope to find a family that will allow them to stay together as well as encourage and support them in reaching their full potential.

To find out more about this wonderful group please contact Grace Lindgren, LMSW, Wendy's Wonderful Kids Recruiter, at the Adoption Coalition of Texas (512) 810-0813 or gracelindgren@adopttexas.org

Adopting a child from the foster care system requires little or no cost to the adoptive family and funding may be available to help the adoptive family support the child or sibling group.

To learn more about the adoption process and the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at http://www. adoptioncoalitiontx.org



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Financial Focus

Submitted by Matt Smith, Edward Jones

Work Toward

Your Own

Financial

Independence

Day!

On July 4, we shoot fireworks, attend picnics, watch parades and otherwise celebrate our nation's independence and the many freedoms we enjoy. But as you go through life, you'll find out how important it is to work towards another type of freedom — financial freedom. That's why you need to put strategies in place to help you work towards your own Financial Independence Day.

And there's no way to "sugar-coat" this task, because it will be challenging. In recent years, a combination of factors — including depressed housing prices, rising health care costs, frozen or eliminated pension plans and the financial market plunge of 2008

and early 2009 — has made it more difficult for many of us to accumulate the resources we'll need to enjoy the retirement lifestyle we've envisioned. In fact, the average American family faces a 37 percent shortfall in the income they will need in retirement, according to a recent report by consulting firm McKinsey & Company.

But now that we've gotten the "bad" stuff out of the way, let's turn to the good news: You can do a great deal to work towards financial freedom during your retirement years. Here are some suggestions that can help:

• *Save and invest more.* Obviously, the younger you are, the greater the benefit you'll get by increasing your savings and investments. But whatever your age, you'll find that it pays to save and invest more. During difficult economic times, of course, it's not always easy to boost your savings and investments, but try to find ways that are as "automatic" as possible. For example, whenever you get a raise, increase your 401(k) contributions, which come directly from your

paycheck. And whenever you get a "windfall," such as a tax refund, try to use part of it for your IRA or another investment account.

• **Rebalance your portfolio.** It's always a good idea to periodically rebalance your investments to make sure they are still aligned with your goals and risk tolerance. But it's especially important to rebalance as you get older and you near retirement. At this stage, you'll want to decrease the volatility in your portfolio and lock in what gains you've achieved, so you may want to move some (but certainly not all) of your more aggressive investments into less volatile ones.

- *Cut down on debts.* It's easier said than done, but anything you can do to reduce your debt load will free up money to invest for your retirement. Work diligently to pay off whatever debts you can and examine your lifestyle to find areas in which you can reduce spending.
- **Consider working part-time during retirement.** Many Americans are now living longer and enjoying happy, healthy retirements. In fact, the concept of "retirement" has changed so that it now includes any number of activities including part-time work in a completely different area from one's previous career. If you are willing to do even a little part-time work during your retirement years, you can greatly reduce the financial pressures you may face during this time of your life.

The 4th of July comes and goes quickly. So put strategies in place now to help you work towards your own Financial Independence Day.



LONE STAR COLLEGE CYFAIR PERSPECTIVE

Free Business Success Seminars in July

The Small Business Development Center and the Lone Star College-CyFair Branch Library are sponsoring three free business success seminars. Topics include Twitter for marketing in "Trick or Tweet?" July 13, management tips for productivity and organization in "Time Flies When You're Having Fun" July 20 and free or low-cost online/mobile options in "Web Tools and Apps" July 27. All seminars are held Tuesdays from 7:45 a.m. to 8:45 a.m. in library room 215, on the campus at 9191 Barker Cypress. No sign up is required and there will be door prizes. For information, go to LoneStar.edu/library/ business-seminars or call 281.290.3214 or 832.482.1057.

Bosque Gallery Summer Exhibition is Hot! Hot!

Stop in the Bosque Gallery, to see a unique encaustic exhibition titled "Hot! Hot! Hot!" curated by Gwen Plunkett and on display July 19 through Aug. 18. Encaustic is one of the oldest, time-tested methods of painting. It involves using a mixture of beeswax and damar resin and pigment to paint a variety of surfaces from wood to canvas and others. An artist reception is set for July 20. For gallery information, go to LoneStar.edu/bosquegallery.

Free New Student and Parent Orientations Continue

Multiple orientation dates and times are set through August for

new students as well as separate orientations for parents and family members. Students can take the campus tour, receive important academic information, get advised and register for summer and fall classes. Parents will also tour the campus as well as learn how to support their new college student with a few short presentations on academic life, student services and financial aid. All orientations are free but space is limited so preregister online at LoneStar.edu/cyfair-orientation. Call 281.290.3430 or e-mail cfoutreach@LoneStar.edu for information.

Registration Under Way for Summer and Fall

Lone Star College-CyFair offers options and flexibility, so register now for Weekend College, Friday only courses, online courses, Dual Credit courses and more. Sign up for Summer Session II classes that start July 14. And it's never too early to register for fall classes which start Aug. 29. For information, go to LoneStar.edu/registration.

L.I.F.E. Lessons in July

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in July include "Secrets Behind Weight Loss" July 6; "Cake Balls" July 13; "Texas Republic Celebration" July 20 and "Flower Power" July 27. Call the library at 281.290.3214 for L.I.F.E. program information.



RECIPE OF THE MONTH - BROCCOLI CHEESE SOUP

Ingredients

3 T oil 1 C chopped onion 6 C water 6 cubes chicken bouillon cubes 8 ozs. fine egg noodles 2 - 10 oz. pkg. chopped broccoli garlic powder 6 C milk 1 lb. shredded Velveeta cheese opt. 2-3 T thickened cornstarch Saute onion in oil. Add water and bouillon. Cook until dissolved. Add noodles. Cook uncovered 3 min. Add thawed broccoli and garlic. Cook 4 minutes. Add milk and cheese. Heat until cheese melts. Thicken, if desired.

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| 5. Extinct bird | 2. Arrive |
| 9. Ordain | 3. Grave |
| 10. Confuse | 4. Kiss |
| 11. Ammunition | 5. Water |
| 12. Terrible | 6. Suggest |
| 13. Converted | 7. Soak |
| 15. Vane direction | 8. Eyed |
| 16. Put in the middle | 10. Illegal |
| 18. Inner part of ear | 14. Depends |
| 21. Environmental protection | 17. Claws |
| agency (abbr) | 18. Breath r |
| 22. Lazy people | 19. Musical |
| 26. Variety show | 20. Natural |
| 28. Wagon pullers | 23. Test |
| 29. Braid | 24. Do it ag |
| 30. Naught | 25. Hitch |
| 31. Back talk | 27. Ship init |
| 32. Air pollution | |
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