



# WillowTalk

Willowbridge - Stonebridge Homeowners Association Newsletter  
[www.willowbridgehoa.com](http://www.willowbridgehoa.com)

Volume 16

July 2011

No. 7

## PROTECTING THE WILDLIFE AT WILLOWBRIDGE

*By Ali Donoho*

At our Wednesday night HOA meeting, a member mentioned a new statistics study that revealed one of the most sought-after criteria in a homeowner's search is the prevalence of parks and natural habitat. I'll admit this was true for me and my husband in our recent home purchase, as we were thrilled to find a house backing up to the Wheatland Park walking trail. It is no surprise then that as a community we would strive to keep our parks and wildlife protected, resulting in increased home values and general satisfaction as homeowners.

Along with the abundant parks and walking trails scattered throughout our community, we are also blessed with wildlife such as turtles, rabbits, and possibly the most prized of all, ducks. Threatening these creatures is the disturbing story of mischief amongst our neighborhood youth. Several young boys were discovered at Waller Park, running wildly after the ducks with large sticks and shooting at them with bb guns. This unacceptable behavior is believed to have resulted in the deaths of several of the precious ducklings born just this year. The patrolling deputies have been alerted to this crime, and are prepared to respond if there is a recurrence. If you're a parent, please take a moment to sit down and teach your child about wildlife conservation. Not only is it our moral duty, it is also our legal obligation, as there are hefty fines associated with killing of water fowl.

Residents shared their thoughts and feelings concerning the ducks, and it is a unanimous sentiment that they are a beloved part of our community. One couple reported that the ducks have taken a liking to their personal swimming pool; while it may not be ideal, the couple remarked that they regard the ducks as pets. One woman regularly feeds the ducks on the sidewalk in front of her house. Another man says he finds it humorous when the ducks follow him after he has fed them a loaf of bread.

These innocent birds have spent their entire lives being domesticated by humans; garnering more trust with each handful of food they're fed. The mother ducks allow their babies to eat straight from our hands, carefully watching from a distance. We cannot allow these animals to be mistreated, as it will not only cost them their lives, it will deplete us of our community's natural resource. If you are witness to any harmful activity, please report it to the neighborhood patrol officer immediately.



### *Have a Safe and Happy Fourth of July*

To help you celebrate safely this Fourth of July, the Consumer Product Safety Commission and the National Council on Fireworks Safety offer the following safety tips:

- Always read and follow label directions
- Always have an adult present
- Only buy from reliable fireworks sellers
- Only ignite fireworks outdoors
- Be sure to have water handy
- Never ignite fireworks in dry, windy conditions
- Never experiment or attempt to make your own fireworks
- Light only one at a time
- Never re-ignite malfunctioning fireworks
- Never give fireworks to small children
- Store fireworks in a cool, dry place
- Dispose of fireworks properly
- Never throw fireworks at another person
- Never carry fireworks in your pocket
- Never shoot fireworks in metal or glass containers

# Willowbridge - Stonebridge

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Swimming Pool - Pay Phone ..... 281-469-9004  
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Trash - Waste Management..... 713-686-6666  
Vacation Watch - Harris County District 5 .... 281-290-2100  
W. Harris County MUD #11..... 281-807-9500  
Willow Place Post Office ..... 281-890-2392  
Willowbridge Website ..... www.willowbridgehoa.com  
Cable/Internet/Phone...COMCAST ..... 713-341-1000

## ASSOCIATION DIRECTORY

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Homeowners Association ..... 281-870-0585x1350  
PCMI - Margie Naranjo .....mnaranjo@stes.com  
Clubhouse/Reservations  
Debra Moore ..... 281-870-0585  
Pool Parties/Tags  
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## HOA INFORMATION

Willowbridge Homeowners Association Inc. - PCMI  
Margie Naranjo..... 281-870-0585x1315  
E-Mail .....mnaranjo@stes.com  
Fax ..... 281-870-9170  
If you have any questions or comments regarding the  
neighborhood please contact the numbers above.

## HOA MEETINGS

Willowbridge/Stonebridge Homeowner's Association  
meetings are held the fourth Wednesday of each month at  
the community clubhouse at 7:00 pm.

## WELCOMING COMMITTEE

The Welcoming Committee meetings are the last Monday  
of each month.

## HARRIS COUNTY ROAD AND BRIDGE

To report street or curb damage, missing/damaged street  
signs and street flooding: (281) 353-8424 or www.hcp4.net.

If a resident wants to request a new sign or replace a  
damaged one, they have to go online and fill out a request.

**Rachael's**



*Keepsake*  
**ORNAMENT  
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is July 16<sup>th</sup> & 17<sup>th</sup>

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## TIPS FOR A HEALTHY SUMMER

### *Eat Smarter & Move More*

*Submitted by Sarah S. Jordan, MS*

The 4th of July holiday is almost here, and along with it comes good food, parties, and great times with family and friends. These things pretty much go hand in hand with summer.

Summer is a very common time for people to fall off the "health wagon," but it doesn't have to be that way. Eating right and getting enough activity can certainly be a challenge, especially when holidays and travel are involved. But the keys are: being consistent, making good choices, eating in moderation, and purposely finding ways to move more. Here are some tips to make your summer a healthier one for your family and friends.



#### Small Changes = Big Results

*Making small changes for your summer cookouts and potlucks can equal big nutritional improvements.*

#### Traditional Summer Food

#### A More Healthy Alternative

Hot dogs .....	Turkey dogs
Hamburger.....	Turkey burger
Potato salad .....	Fruit salad
Chips and high fat dip .....	Assorted vegetables and hummus
Fried chicken .....	Grilled chicken kabobs with veggies
Pie .....	Fresh pineapple
Soda and sweet tea.....	Iced tea with lemon
Using high-fat mayonnaise in dishes .....	
.....	Use low-fat mayo or the kind that has olive oil in it

*(Continued on Page 4)*



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**Tips for a Healthy Summer** - (Continued from Page 3)

## Healthy Recipe Swap

You can even request that guests bring a healthy dish and include the recipe along with the dish. After the event, the party host types up all of the recipes and emails them to party guests. Just like that - everyone is equipped with healthy things to try on their own!

## Get Movin'!

Instead of a party revolving solely around the food involved, why not create a "buffet of games" and activity to center the event around instead? Here are some ideas for fun backyard games to try this summer with your family and friends. Just be sure to let your guests know the "active" theme ahead of time so they can dress accordingly and be prepared to move.

## Host a miniature version of the Olympics.

This can consist of things like wheelbarrow races, three legged races, running, water balloon tosses, and team relays. Have prizes for the teams.

## Create an art contest using chalk.

Have three judges and give out prizes for the most creative pieces of art. And maybe even to the adult with the most "artfully challenged" piece of "art."

## Play a classic game of "Kick the Can."

Make sure you have at least 3-4 people playing this game. One

person is "it" and guards the "can." (Can needs to be in an open space.) Other players hide while the "it" person counts to 20 and then goes to find the other players. Captured (tagged) players go to "jail." Anyone not captured can kick the can, which sets all jailed players free. If the "it" person finds all players before the can is kicked, the "it" person wins the game. Crank up the fun music, and see who can twirl the longest!

## Create a canvas.

Hang an old white sheet on your fence or clothesline and let the creativity flow while your guests create a beautiful work of art!

## Send your guests on a scavenger hunt.

There are many ways to get creative with this, including giving the hunt a theme to match your party, having guests find things in nature and draw pictures of what they find, or having your guests do something (ex: 10 jumping jacks) every time they find something on the list.

## Slip and Slide!

Give your party a water theme to beat the heat. Set up two identical slip and slides and see who slides the fastest and/or the farthest. Crown your champion. Test out other games like horseshoes, washers, Bocce ball, four-square, hopscotch, whiffle-ball, or kick ball.

*Here's to a healthy and active summer ahead.  
Cheers!*

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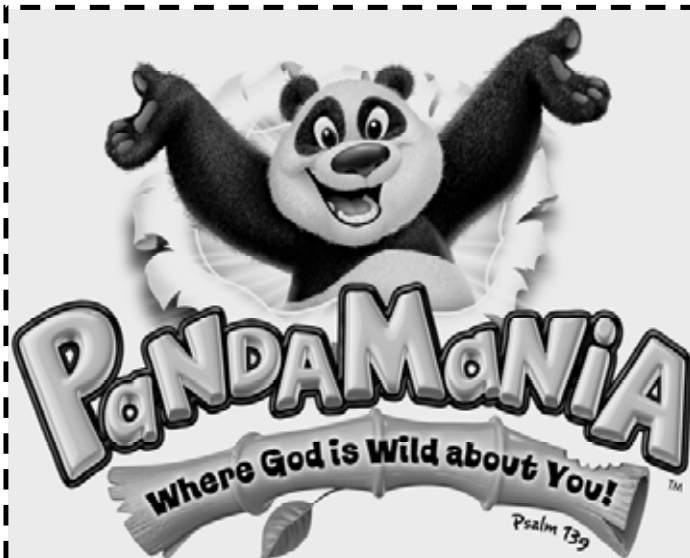


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## Vacation Bible School July 18-22, 6:00-8:30pm

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# Willowbridge - Stonebridge

## Willowbridge Swimming Pool Schedule & Rules - 2011

### Apr 23, 2011 thru Jun 01, 2011

Monday..... CLOSED  
Tuesday..... CLOSED  
Wednesday..... CLOSED  
Thursday..... CLOSED  
Friday..... CLOSED  
Saturday..... 12:00pm - 8:00pm(2 Lifeguards)  
Sunday..... 1:00pm - 8:00pm(2 Lifeguards)  
Memorial Day (5/30/2011) 12:00pm - 8:00pm(2 Lifeguards)  
Open after Memorial Day (5/31/2011)..... CLOSED

### Jun 02, 2011 thru Aug 21, 2011

Monday..... CLOSED  
Tuesday..... 11:00am - 8:00pm(2 Lifeguards)  
Wednesday..... 11:00am - 8:00pm(2 Lifeguards)  
Thursday..... 11:00am - 8:00pm(2 Lifeguards)  
Friday..... 11:00am - 8:00pm(2 Lifeguards)  
Saturday..... 11:00am - 8:00pm(2 Lifeguards)  
Sunday..... 12:00pm - 8:00pm(2 Lifeguards)  
4th of July (7/04/2011) ..... 12:00pm - 8:00pm(2 Lifeguards)  
Open after 4th of July (7/05/2011) ..... CLOSED

### Aug 22, 2011 thru Sep 11, 2011

Monday..... CLOSED  
Tuesday..... CLOSED  
Wednesday..... CLOSED  
Thursday..... CLOSED  
Friday..... CLOSED  
Saturday..... 11:00am - 8:00pm(2 Lifeguards)  
Sunday..... 12:00pm - 8:00pm(2 Lifeguards)  
Open after Labor Day (9/06/2011)..... CLOSED  
Labor Day (9/05/2011) ..... 12:00pm - 8:00pm(2 Lifeguards)

### The rules for the swimming pool have changed slightly and are as follows:

- 1. All guests must sign in and present valid Willowbridge pool tags when they enter the facility, allowing us to keep track of the number of patrons in the facility in the event of an emergency.
  - 2. Pets are not allowed inside the facility. Pet hair is potentially damaging to swimming pool filtration systems. Some pets do not interact well with unknown persons.
  - 3. Running is not allowed inside the facility.
  - 4. Dunking, pushing, shoving, and any other form of horseplay is not allowed.
- (Continued on Page 7)



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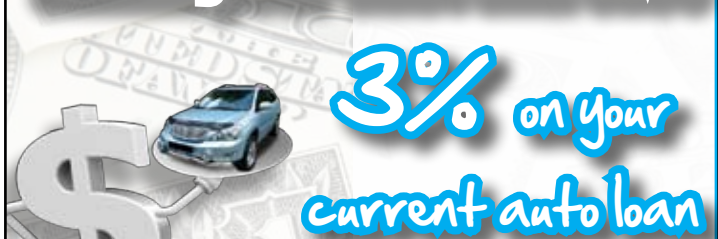
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## 2011 Swimming Pool Changes - (Continued from Page 6)

- 5. Foul or abusive language and/or physical violence will not be tolerated inside the facility. Anyone violating this rule will be asked to leave the facility.
- 6. All guests are subject to a swim test. Guests who are unable to swim one lap (two lengths) of the pool will not be granted access to the deeper areas.\*
- 7. Ten minute breaks will be taken each hour. This is to ensure the safety of all swimmers under the age of 18. \*
- 8. Street clothes and cut off shorts are potentially damaging to swimming pool filtration systems. They will not be allowed in the pool.
- 9. Only one guest allowed on the diving board at a time.
- 10. Potentially dangerous entries are prohibited. Entries of this nature from both the sides of the pool and the diving board increase risk of injury.
- 11. Children twelve (12) years old and under must be accompanied by a responsible adult over eighteen (18) years of age.
- 12. Alcohol is not allowed inside the facility. Any person suspected of using alcohol shortly before or during their visit to the facility will be asked to leave.
- 13. Smoking is not allowed inside the facility. Cigarette butts are potentially damaging to swimming pool filtration systems.
- 14. Glass containers of any kind are not allowed inside the facility.

Broken glass is a safety hazard.

- 15. Children in diapers must wear rubber swim pants. This prevents the spread of E- coli bacteria from fecal deposits. This also applies to the children's pool.\*
- 16. One long whistle blast signifies the immediate exiting of the pool. This activates the Emergency Action Plan indicating that a lifeguard has entered the water.
- 17. Lifeguards are the definitive last word in regards to enforcing facility rules. The goal is to provide a safe, simple and secure plan worthy of an aquatic atmosphere. Those not adhering to lifeguard recommendations put themselves and others in compromising situations and will be asked to leave.

*Please review the above rules of the pool before you go.*

*Also, please remember that everyone must have a pool tag when you sign in to enter the pool area.*

A large photograph of a diverse group of young adults (men and women of various ethnicities) smiling and pointing their index fingers directly at the camera. They are dressed in casual clothing like sweaters and scarves. The background is a clear blue sky.

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