



The HOME FRONT

August 2011

Official Publication of Legends Ranch Property Owners Association

Volume 5, Issue 8

REGISTER NOW!

FALL COMMUNITY GARAGE SALE

Legends Ranch

**Sat., Sept. 17th from 7AM to 12 NOON
RAIN OR SHINE**

It's time to clean out your closets, your trash could be someone else's treasure! The sale takes place in your own garage so be ready to open your garage at 7AM on September 17th! We'll be creating a map of all the garage sales in the community. To be added to the map, please e-mail your address to jenniferhenrie@canyongate.com and include a short list (5 to 6 words) to describe the items you are selling. Deadline for sign up is Friday, September 9th. The map will be handed out at the gatehouses on the day of the garage sale. Banners will be posted at the front of the community and an advertisement will be placed in the local newsletter. You may place signs at the entrance to your section & in your yard to promote your garage sale. Signs must then be removed that day after the sale.

PLEASE REFRAIN from attaching your garage sale sign to community signs. Please do not move or remove any community banners or signs. **ALL GATES WILL BE OPEN FROM 7AM to 12 NOON FOR THIS EVENT.** To register and for questions, please contact Jennifer Henrie, Director of Community Events at jenniferhenrie@canyongate.com

LEGENDS RANCH

2011 COMMUNITY EVENT CALENDAR

Fall Community Garage Sale..... Saturday, September 17
Night at the Astros..... Saturday, September 24
National Night Out Tuesday, October 4
Fall Festival Saturday, October 22
Cookies with Santa..... Saturday, December 10
Holiday Yard Contest..... December 4-10

Please contact Jennifer Henrie, Director of Community Events at jenniferhenrie@canyongate.com if you would like to help with any of our events! Events are subject to change.

Do you have a neighbor or friend in the community who has an outstanding front yard? Nominate them for the Yard of the Month! Please forward your nomination and e-mail a picture of their front yard to jenniferhenrie@canyongate.com.

CANYON GATE COMMUNITIES

NIGHT AT THE HOUSTON ASTROS



All Canyon Gate residents, their families & friends are invited to watch the Houston Astros take on the Colorado Rockies!

- Saturday, September 24, 2011
- 6:05 PM @ Minute Maid Park
- Discount Tickets ~ \$8-\$23

To Order Your Canyon Gate Community Discount Tickets:

Visit www.astros.com/canyongate

Password: canyongate

LEGENDS RANCH

Important Numbers

Property Tax

Montgomery County Tax	936-539-7897
Conroe ISD	936-709-7751
Montgomery MUD #89	713-932-9011

Your Community Homeowners Association

PCMI Management	281-870-0585
Legends Ranch Info Center	281-681-9750
Legends Ranch SplashPad	281-419-2130
Gate Attendant Office.....	281-296-0433
Houston National Golf Club	281-304-1400

Police & Fire

Emergency	911
Montgomery Sheriff	936-760-5800
Pct. 3 Constable Office	281-364-4211
S. Montgomery Co. Fire Dept. Non-Emergency.....	281-363-3473
Montgomery County EMS Non-Emergency	936-441-6243
Crime Stoppers	713-222-TIPS
Poison Control.....	800-222-1222
Texas DPS	713-681-1761

Utilities

Electricity (TXU).....	800-368-1398
Electricity (TXU New Service)	281-441-3928
Electricity (Centerpoint)	713-207-2222
Gas (Centerpoint)	713-659-2111
Water & Sewer	281-353-9756
Canyon Gate Connect	281-296-9584
Waste Management.....	713-686-6666
Street Light Outages	713-207-2222
Cable/Internet/Phone...COMCAST	713-341-1000

Public Services

Local US Post Office.....	281-419-7948
Toll Road EZ Tag.....	281-875-3279
Voters Registration.....	936-539-7843
Vehicle Registration	281-292-3325
Drivers License Information	936-442-2810
Montgomery County Animal Control	936-442-7738
Montgomery Chamber	281-367-5777

Area Hospitals

Memorial Hermann	281-364-2300
St. Luke's	832-266-2000
Conroe Medical Center	281-364-7900

Conroe ISD	936-709-7751
Birnam Woods Elementary	281-863-4200
Cox Intermediate	281-465-3200
York Junior High	832-592-8600
Oak Ridge High	832-592-5300

Private/Parochial

First Baptist Church	936-756-6622
Sacred Heart Catholic Church	936-756-3848
St. Edward Catholic.....	281-353-4570
St. James Episcopal Day	936-756-4984

Board & Management Co.

Management Co.:

Brandi Leal.....	bleal@stes.com
Phone: 281-870-0585	Fax: 281-531-4611

Board Members:

Linda Houston.....	lhouston@LANDTEJAS.com
Al Brende	apbrende@LANDTEJAS.com
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Kennth Brown	kennethbrown922@gmail.com
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Peel, Inc.	www.PEELinc.com, 888-687-6444
Advertising.....	advertising@PEELinc.com, 888-687-6444

**NOT AVAILABLE
ONLINE**

CLUBHOUSE ONSITE OFFICE HOURS

Tuesday through Saturday 10:00AM until 6:00PM

Onsite Community Director: Denise Saxton

Phone: 281-681-9750

Email: lrreccenter@comcast.net

SPLASHPAD TEXAS ONSITE OFFICE HOURS

Thursday through Saturday: 10:00AM until 6:00PM

Onsite Manager: Debbi Silverstein

Phone: 281-419-2130

THE LIVING LEGENDS *of Legends Ranch*

We are looking for active LR residents 50+. We welcome new members in attending local restaurants, local entertainment venues, or for our Game Nights. Please join us at any time. You may call Barbara Ellsworth @ 281-419-7586, or Jerrie Sanders at 281-651-2593 for information. Or you may attend our regular business meeting at the clubhouse on the third Friday of each month at 1:30 p.m.

CARFIT EVENT *for Senior Drivers*

October 8, 2011 | 8:30am - 12:30pm
Reavis Rehab & Wellness Center

1250 South A.W. Grimes Blvd. Round Rock, TX 78664
512-381-1744 | www.ReavisRehab.com | events@ReavisRehab.com

At a CarFit event, a team of trained technicians and health professionals work with senior drivers to ensure they "fit" their vehicle properly for maximum comfort and safety. Drivers can improve their safety by ensuring their cars are properly adjusted to meet their specific needs. A proper fit in one's car can greatly increase not only the driver's safety but also the safety of others. A CarFit check takes approximately 20 minutes to complete. Call 381-1744 today to sign up for this no cost CarFit event.

SAVE THE DATE

Join your neighbors for block parties & fun
on National Night Out Tuesday, October 4th

INTERESTED IN SPONSORSHIP OPPORTUNITIES

at Legends Ranch Community Events?

There are exciting sponsorship opportunities available for your business. There are also opportunities to showcase your business or organization! Contact Jennifer Henrie, Director of Community Events at jenniferhenrie@canyongate.com to showcase your business to the community!

Business Classifieds

RAINCO IRRIGATION SPECIALIST: Commercial & Residential. Backflow Testing, Drainage, Irrigation (Sprinkler) System, Design & Installation, Service & Repair, Rainbird – Hunter. Fully Insured. Lic. # 9004 & 9226. Call 713-824-5327.



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LEGENDS RANCH

GOING 100 PERCENT ORGANIC NOT FEASIBLE?

By Melanie Dragger, M.Comm.

The Environmental Working Group (EWG), a non-profit organization specializing in research and advocacy related to public health and the environment, has released its 2011 updated "Dirty Dozen" list of the 12 fruits and vegetables containing the most pesticides. Topping this year's list? Apples. This begs the question, "Can eating an apple a day really keep the doctor away?"

The answer may lie in where you get your apples. Although the EWG's ranking was cited as an overestimate of the risk by the Alliance for Food & Farming, a non-profit organization with the stated mission of providing a voice for farmers to communicate their commitment to food safety, consuming organically grown products can reduce the amount of pesticides that enter your body. According to the World Health Organization (WHO), long-term exposure to pesticides can lead to death or serious illness, including developmental and reproductive disorders, impaired nervous system function, and certain cancers. Further, the WHO has found children to be at higher risk from exposure than adults.

However, organically grown products are typically more expensive than conventionally grown products, and some organic products may be difficult to find in some areas. If growing your own fruits and vegetables is not an option, and purchasing 100 percent of your produce in organic form is monetarily unfeasible, the EWG's list offers a good starting point for consumers.

According to the EWG's 2011 report, which is based on its analysis of tests conducted by the U.S. Department of Agriculture (USDA) and the federal Food and Drug Administration (FDA), the following 12 fruits and vegetables (the "Dirty Dozen") consistently contained the highest amount of pesticides when conventionally grown, and should be consumed in organic form when possible:

1. Apples
2. Celery
3. Strawberries
4. Peaches
5. Spinach
6. Nectarines (imported)
7. Grapes (imported)
8. Sweet bell peppers
9. Potatoes
10. Blueberries (domestic)
11. Lettuce
12. Kale/collard greens

Alternatively, according to the EWG, the following 15 fruits and vegetables (the "Clean 15") consistently contained the least amount of pesticides, and by adhering to this list, individuals can get their recommended daily allowance of fruits and vegetables without incurring the expense of buying

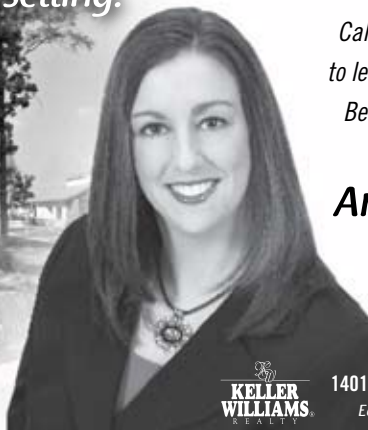
organic products in order to limit their exposure to pesticides:

1. Onions
2. Sweet Corn
3. Pineapples
4. Avocado
5. Asparagus
6. Sweet peas
7. Mangoes
8. Eggplant
9. Cantaloupe (domestic)
10. Kiwi
11. Cabbage
12. Watermelon
13. Sweet potatoes
14. Grapefruit
15. Mushrooms

Underscoring the importance of the consumption of fruits and vegetables was the release of MyPlate, also in June, replacing the classic food pyramid. The USDA's new food icon is a simple, visual cue that advises individuals to "make half your plate fruits and vegetables," graphically shrinking the role of meats and dairy products in the national diet. More information on the EWG, as well as the full list of fruits and vegetables ranked, can be found at <http://www.ewg.org>. More information on the Alliance for Food and Farming can be found at <http://www.foodandfarming.info>. To learn more about the USDA's MyPlate, visit <http://www.choosemyplate.gov>, and to discover more about the WHO, visit <http://www.who.int/en>.



Take the guesswork out of buying and selling.



*Call 15-year area resident Angela Lawson,
to learn about the market in Legends Ranch.
Be sure to ask about our rebate program.*

Angela Lawson
angela@angmovesyou.com
281.684.6658



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**SUNDAYS AT 10:30AM
WEDNESDAYS AT 7:00PM**

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Gateway Baptist Church

LEGENDS RANCH

2011 LEGENDS RANCH POOL SCHEDULE

CLUBHOUSE POOL

MAY 7th, 8th, 14th, 15th, 21st, 22nd, 28th, 29th & 30th - 12 PM - 8PM

SUMMER POOL HOURS - JUNE 4 – AUGUST 21

Monday - CLOSED / Tuesday - Sunday - 12 PM – 8 PM

AUGUST 21 – 31 ~ WEEKENDS ONLY

Saturday & Sunday - 12 PM – 8 PM

SEPTEMBER 3rd, 4th, 5th, 10th, 11th, 17th, 18th, 24th & 25th

Saturday, Sunday & Labor Day - 12 PM – 8 PM

****SWIM AT YOUR OWN RISK HOURS BEGINNING TUESDAY, APRIL 19****

Tuesday – Sunday 6am-6pm (CLOSED MONDAY)

*SWIM AT YOUR OWN RISK: 18 & older only. Access will be limited to residents over the age of 18 for aquatic exercise & lap swimming only. No children permitted. No lifeguards will be on duty. If all rules & regulations aren't adhered to, privileges may be suspended at any time. In order to use the pool during the swim at your own risk hours, you must review, complete & submit legal waiver available on the intranet or at the onsite offices. HOURS SUBJECT TO CHANGE AT ANY TIME. For information on when swim lessons are scheduled, please contact A Beautiful Pools at 281-376-6510.

Two Swim Lesson Sessions Will Be Offered . For more information, please contact A Beautiful Pools at 281-376-6510. Owners participating during any swim lesson are more than welcome to stay in the pool, however accommodations have to be made for owners that have their children participating in paid lessons.

CLUBHOUSE POOL SEASON CLOSES SEPTEMBER 26

SPLASHPAD POOL

MAY 7th, 8th, 14th, 15th, 21st, 22nd,
28th, 29th & 30th - 12 PM - 8PM

SUMMER POOL HOURS ~

JUNE 4 – AUGUST 21

Wednesday - Monday - 12 PM – 8 PM

Tuesday - CLOSED

AUGUST 21 – 31 ~ WEEKENDS ONLY

Saturday & Sunday - 12 PM – 8 PM

Labor Day Weekend ~

SEPTEMBER 3 – 5

Saturday, Sunday & Labor Day -

12 PM – 8 PM

SPLASHPAD POOL SEASON

CLOSES SEPTEMBER 6

***Schedule subject to change, weather and other factors could cause changes to this schedule without notice. Please check with the onsite office for further information.

www.TheGaryStallingsTeam.com



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Thomas L. Saunders
Licensed Agent / Team Member
713-819-9145
Email: thomaslsaunders@yahoo.com

Gary Stallings
Broker/Owner, ABR, CRS, GRI
281-660-4881
281-376-9900
Email: gs8506@aol.com
If your property is currently listed, this is not a solicitation.

Gabriel Perez
Licensed Agent / Team Member
832-928-7467
Email: gabriel152@att.net

LR MOM'S GROUP

Standing Play-Date

1st Saturday of the month, 10AM–Noon at LR Clubhouse Park

1st Tuesday of the month, 10AM–Noon at SplashPad

All are welcome to join the mom's club at our standing play-dates at the Legends Ranch Clubhouse park on the first Saturday and SplashPad on the 1st Tuesday of the month. Interested in being added to the Mom's Club roster? Email jenniferhenrie@canyongate.com with your children's name & birth year.

DID YOU KNOW?

There is a Lost Pet Feature to Community Intranet

- Log into www.canyongate.com/residents/sg
- Click on "classifieds" located on left side of menu
- Click on "lost & found pets"

You can create a description of the lost or found pet as well as add photos. Please include your contact information to speed up communications!



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