

LONG CANYON Gazette

August 2011

Volume 4, Issue 8

A Newsletter for the Residents of the Long Canyon

NATIONAL NIGHT OUT

Dear Friends,

Greetings! It's time again to gather your neighbors and team up with your Law Enforcement Agency to give crime a going-away party.

National Night Out (NNO) is an annual event held on the first Tuesday of October. NNO is sponsored by the National Night Out Association of Town Watch. This past year's NNO campaigns involved citizens, law enforcement agencies, civic groups, business, neighborhood organizations and local public officials from more than 9,000 communities from all 50 states, U.S. territories, Canadian cities and military bases worldwide. In all, more than 29.5 million participated in National Night Out last year.

NNO is designed to heighten crime and drug prevention awareness, generate support for and participation in local anti-crime efforts, and to strengthen neighborhood spirit and law enforcement – community partnership. But its primary goal is to send a strong message to criminals to let them know neighborhoods are organized and fighting back.

Along with the traditional display of porch lights and front-yard vigils, cities, towns and neighborhoods celebrate NNO with a variety of events and activities such as block parties, cookouts, visits from local law enforcement officers, parades flashlight walks contests and youth programs. NNO has proven to be an effective, inexpensive and enjoyable program to promote neighborhood spirit and police-community partnerships in our fight for safer communities. The benefits that your community will derive from NNO will most certainly extend well beyond the one night.

The Travis County Sheriff's Office has promoted NNO for the past 27 years. Our participation has grown from helping with a handful of neighborhood get-togethers to more than

4,000 participants enjoying block parties, carnivals, parades and an assortment of other activities. Our involvement has grown from a couple of crime prevention officers, to dozens of patrol officers, Sergeants, Lieutenants, Captains, Majors, County Commissioners and the Sheriff.

NNO is a great way to get together with your neighbors, find out what's going on in your community and visit with local law enforcement officers about what you can do to help reduce the opportunities for crimes to occur. Participation can be as simple as a small block party, or as big as a parade or carnival. To get involved, or to find out how to register your event for NNO, call the Travis County Sheriff's Office at 854-8413.

Deputy James Kitchens
Travis County Sheriff's Office
Community Services & Outreach Unit
(512) 854-8413
Fax: (512) 854-4719
James.kitchens@co.travis.tx.us
www.tcsheriff.org



FIND THE REGISTRATION FORM ON PAGE 3

NEWSLETTER INFO

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Personal classifieds (one time sell items, such as a used bike...) run at no charge to Long Canyon residents, limit 30 words, please e-mail longcanyon@peelinc.com

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Recipe of the Month GRANNY'S COLE SLAW

Ingredients

- ½ cup mayonnaise
- ¼ cup sugar
- 1 tsp. salt
- ½ tsp. celery seed
- 2 T. vinegar
- ½ head cabbage, shredded

Mix mayonnaise, sugar, salt, vinegar, & celery seed. (May want to adjust to taste.) Shred cabbage. Mix with dressing. Is better make several hours ahead.

Enjoy!

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POLICE • COMMUNITY PARTNERSHIPS

OFFICIAL REGISTRATION FORM

October 4, 2011 • 7-10 p.m.

Your name (Please PRINT neatly): _____

Name of Neighborhood/NHW / HOA: _____

Address, City, Zip: _____

Cell Phone: _____ Home Phone #2: _____

E-Mail (Please PRINT neatly): _____

Name of Event Location & Address: _____

Event start time: _____ Event end Time: _____

Are you participating using only your porch light? Yes or No (Please circle one)

Affiliated Police or Sheriff's Department _____

Size of area you hope to organize: _____ houses _____ people _____ blocks

Would you like a representative from Sheriff's Office to be present: Yes or No (Please circle one)

Do you have a neighborhood newsletter? Yes or No (Please circle one) Contact Person: _____

Did your community participate in National Night Out 2010? _____

You may e-mail the application to:
James.kitchens@co.travis.tx.us

PLEASE RETURN ASAP TO:

Travis County Sheriff's Office
Community Outreach Unit
P.O. Box 1748 Austin, Texas 78767
Att: Deputy James Kitchens
Main Line: (512) 854-8413
Fax: (512) 854-4719

Important Note: This form must be returned to: (1) officially register your area, (2) receive organizational materials and updates.

Let's make the letter C mean Cookies

On Saturday, September 10, Austin will host a large, city-wide bake sale, with 100% of proceeds going to Cookies For Kids' Cancer.

Cookies For Kids' Cancer raises funds for pediatric cancer research through local bake sales. It was founded by Gretchen Witt, a very determined mother, to help increase her young son's odds in his cancer battle. When 2.5-year-old Liam was diagnosed in 2007, Gretchen was shocked to learn that the main reason over 25 percent of kids diagnosed with cancer do not survive is because of a lack of effective therapies. And the reason for the lack of therapies was very simple: lack of funding. Cookies for Kids' Cancer support research at leading pediatric cancer hospitals, including Texas Children's in Houston.

Sadly, Liam lost his battle to the disease this past January. Now, a group of Austin residents, Austin's Good Cookies, are determined to honor Liam's life and raise funds for pediatric cancer research.

The Austin City-Wide Bake Sale will take place at several locations throughout Austin, the main event being at the Hill Country Galleria Amphitheatre. We will have live music by Joe

McDermott and Staci Gray, dance troupe performances, bounce houses, Kiwi the Clown, Gymboree on the Go, Beary Stuffedables, raffles for Hill Country Galleria stores gift cards and more!

Austin City-Wide Cookies For Kids' Cancer Bake Sale

WHAT: A bake sale to raise funds for pediatric cancer research.

WHERE: Steiner Ranch: Bella Mar & Towne Square soccer fields

WHEN: Saturday, September 10; 10 am – 3 pm

COST: All donations for activities and cookies go directly to Cookies for Kids' Cancer!

For more information on satellite locations for the bake sale and the Hill Country Galleria event, or if you are interested in volunteering, please go to our blog, www.austinsgoodcookies.com

cookiesforkidscancer.org

cookies
for kids' cancer

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Boundaries, Women's Wounded Heart
(survivors of sexual abuse)*



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or view any time at www.ghbc.org

Sunday Morning Schedule | 10:00 Worship | 8:30 & 11:30 - Bible Life Groups (all ages)

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Hill Country Education Foundation

The Hill Country Education Foundation raised over \$32,000 at its' inaugural fundraising event, the Giddy Up Gala. These funds will go towards funding teacher grants and programs to enhance the education of students in the Four Points communities. The event was held at the UT Golf Club and had 260 guests attend the dinner, silent/live auction and engaging demonstrations by Vandegrift's robotics club and River Place Elementary's outdoor learning environment, the Titan Garden. The evening also included memorable presentations by Dr. Bret Champion, LISD superintendent, Drew Sanders, athletic director at Vandegrift High School, Jan Masterson, science chair at Four Points Middle School and Kai Lamb, president of the foundation.



Board members of the Hill Country Education Foundation with their "Tree of Knowledge" which allowed supporters to purchase items requested from area schools. (left to right, Kai Lamb, Michelle Lamb, Christine Bailie, Michelle Beck and Brian Pitman, not pictured Pete Dwyer)



VHS robotics club interactive demonstration

SUBMITTED BY MICHELLE LAMB

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How's Your "Brisketiquette?"

With the summer vacation in full swing, the kids out of school, and noodles floating in the pool, it's no doubt the grill is staying fired up. But...before you kick off the flip-flops, here are a few barbecue etiquette tips to ensure your grill fest goes down as the best on the block. Wait. Barbecue etiquette, you say? Yes, it exists.

1. If you're invited to a barbecue party thrown by an individual/family, avoid showing up empty-handed. A side of coleslaw, apple pie, or pitcher of lemonade will do the trick.

2. A barbecue is an informal affair – no need to worry about which fork and knife to use. Go ahead and use your fingers in lieu of utensils. Larger pieces of food, however, should be cut with a knife and fork. No need to get medieval on us.

3. If you're like many people who wonder what is the proper way to squeeze a lemon slice and a lemon wedge? Well, here is the

answer: if it is a slice, don't squeeze it-just drop it in the glass. If it is a wedge, cup your hand over it to prevent squirting, and squeeze it into the glass. Who likes lemon pulp in the eye? Not me.

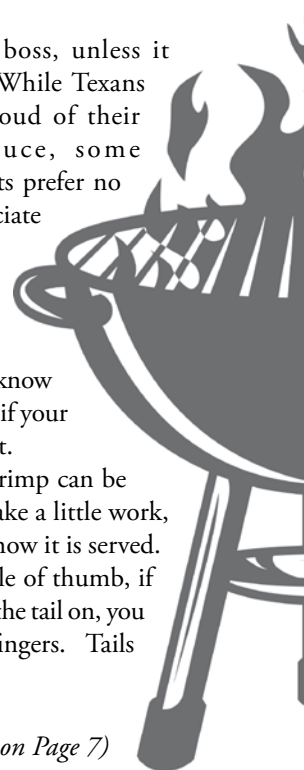
4. Corn on the cob vs. man. For most people, eating corn on the cob is one of life's biggest challenges. Okay, well, maybe it's just a challenge. The best way to approach a hot cob: simply, butter a few rows of corn at a time, hold the corn firmly by the ends with two hands (or use corn skewers), and eat a few rows at a time from left to right. If you prefer to skip the bite-off-the-cob approach, you may also cut kernels off of the cob with a knife, cutting in a vertical, downward manner.

5. Similar to corn on the cob, ribs are meant to be eaten with your hands. Given their messy nature, however, it's important to have napkins on hand. For this barbecue favorite, bibs are not necessary.

6. Sauce is boss, unless it isn't offered. While Texans are usually proud of their barbecue sauce, some barbecue purists prefer no sauce to appreciate the natural, smoked flavor of the meat. Ask for sauce only when you know it's available, or if your child requests it.

7. Grilled shrimp can be easy to eat or take a little work, depending on how it is served. As a general rule of thumb, if the shrimp has the tail on, you can use your fingers. Tails off, use a fork!

(Continued on Page 7)



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How's Your Brisketiquette? - (Continued from Page 6)

8. When hosting a large group, be sure to have a wide variety of food options for vegetarians and children.

9. To pick or not to pick? Your teeth that is. Often times, meat can be tricky to eat and require some dental maintenance. At every expense, avoid removing food from your teeth in public. Toothpicks may be used, but only in private. So what should you do if you notice someone else in the same predicament? Be discreet, but do tell.

10. Last and not least, respect the griller's domain. If the host/griller has samples to offer, he/she will do so. Never assume you may help yourself to try what "smells good."

Now that the fundamentals are covered, what's for lunch?

This article was contributed by the National League of Junior Cotillions – Travis County, a contemporary etiquette, social skills and dance training program that serves 6th, 7th and 8th grade students in Austin. A parent informational session will be held on Tuesday, August 9th at the Lakeway Resort and Wednesday, August 10th at Barton Creek Country Club. Classes will commence in September 2011. To RSVP for the informational session or learn more about the program, contact Directors, Marisol Foster or Courtney Duncan at 512.369.8302, or duncan.foster@nljc.com. Class enrollment is limited, but registration is now available online at www.nljc.com/chapter/westaustin or www.nljc.com/chapter/lakeway.

SUBMITTED BY MARISOL FOSTER AND COURTNEY DUNCAN

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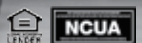
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Sunday, August 28th The 3rd Annual Colin's Hope Kids Triathlon

The Colin's Hope Kids Tri will once again take place in the Lake Pointe neighborhood on Sunday, August 28th. Almost 300 athletes (ages 5-15) are registered and now we need **VOLUNTEERS** to help us cheer them on! Volunteers are needed to help with packet pickup on Saturday, August 27th and at the race on Sunday, August 28th. This is a great family or group volunteer activity and there are variety of volunteer positions and shifts available! Please go online to volunteer at www.colinshope.org.



August-September 2011 The Hospital at Westlake Medical Center Flamingo Sale to Benefit Colin's Hope!

When the beloved garden center, Pots & Plants closed its doors- several flamingos were injured in the move. You can help them return for the best care in town at The Hospital at Westlake by donating \$15. ALL profit in July, August and September benefits Colin's Hope. You can add to The Hospital at Westlake's flock, or start your own flock at home. Visit www.westlakemedical.com for more details or stop in The Hospital's Waterfall Café, 5656 Bee Caves Road, Building L, level 3 to sponsor your flamingo. Spread the word on Facebook and raise even more funds for Colin's Hope!



Friday, September 2nd- The 2nd Annual Got2Swim 4 (and 8) Miles for Colin's Hope

In celebration of Colin's Birthday on September 2nd, 50 swimmers will be heading down Lake Austin to the Walsh Boat Landing (near the Tom Miller Dam). Some of the swimmers will be going 4 miles while others will be swimming 8 miles. Their journey will be safeguarded by kayak Water Guardians, a team of volunteers and The Expedition School. The goal of this swim is to raise \$50,000 for Colin's Hope while raising awareness for water safety and drowning prevention. Please go to www.tinych.org/got2swim to meet our swimmers and make a pledge towards our \$50,000 goal. All funds raised from this event will go directly to Colin's Hope. Visit www.colinshope.org to find out where you can go on September 2nd to cheer on the swimmers.



Children who drown often do not scream, splash, or struggle. They can silently slip beneath the water, even with adults & lifeguards present.