

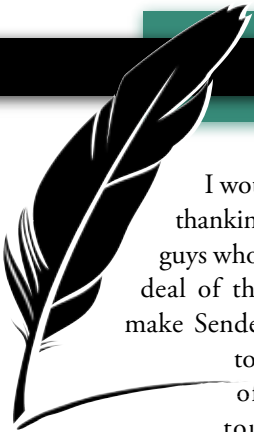
SENDERA

Volume 6, Number 8

August 2011
Sendera Homeowner's Association

Official Community Newsletter

MESSAGE FROM THE PRESIDENT



I would like to start by thanking a couple of great guys who dedicated a great deal of their time helping make Sendera a better place to live. After years of chairing some tough committees

they have decided to step down. First is Gary Trumbo who has been co-chair of the Architectural Control Committee (ACC) for the past several years. Gary will continue to serve on the Board of Directors (BOD). The other gentleman stepping down is Vic Booth who for many years has been THE Landscape committee. Vic not only reported issues with the common areas to the Board of Directors, but he also made sure the pool trashcans were at the curb for pick up every week. Both Gary and Vic have made a positive impact on Sendera, and I hope you will join me in thanking them for their service.

Replacing Gary and Vic will be Ron Urias and Todd Moore. Both men have served Sendera in the past in many different roles, including on the BOD, and have stepped back up to help some more. Ron will be stepping in to co-chair the ACC with current member Tom Franke. Todd will take over the Landscape Committee. Both of these committees face some difficult tasks as they

help the community deal with what has been one of the warmest and driest periods in Austin's history.

The ACC worked hard last year creating new xeriscaping guidelines to provide a framework that would allow owners to address changes in landscape needs due to maturing trees, and changes in the weather. These guidelines are not a license for an owner to do whatever they want when they want with their yard. All improvements to homes and lawns in Sendera require the approval of the ACC. Once an ACC request is approved it must be faithfully followed, or another ACC request must be filed. This is not meant to dictate what an owner does with their home, but rather to ensure that all improvements are harmonious with the look and feel of Sendera. This benefits all homeowners by keeping property values up. Unfortunately we have had some owners that have not followed the procedures. The ACC and BOD are working to have these homes brought back into the Sendera standards.

The Landscape Committee is also working hard under Todd's leadership to revive the Sendera common areas. Prior Boards had cut back landscape maintenance of the common areas, which allowed the areas to fall into disrepair. Then following Boards faced financial concerns due to delinquencies in the

collection of assessments. With the change to Goodwin as our property management company we have seen a major cut in delinquencies as they work with owners to resolve outstanding balances. Because of this the Board has the funds available to begin fixing things that have fallen into disrepair. You have probably noticed a few minor things, but once the temperature breaks this fall you will see more plantings and a major improvement to the look and feel of Sendera.

Any community is only as good as its residents, and Sendera has some great folks. The BOD will continue to work towards maintaining the quality of life throughout Sendera, but we could use your help also. If you could spare a little time to help your neighbors please let either the committee chair, or a Board member know (contacts for both can be found on page 2). If you are not up to officially serving on a committee we are also looking for people to monitor their street, sort of a block captain. If you have any additional ideas or neighborhood concerns feel free to stop by a meeting of the BOD. BOD meetings are posted on the website (SenderaHOA.com) and the bulletin board at the pool. I look forward to seeing you soon and a break in this heat!

Submitted by Eric Steen

2011 BOARD OF DIRECTORS

Eric Steen, President 512-799-4422
..... eric_steen@kolarmail.com

Drew Crosby, Vice President 512-592-9868
..... akcrosby@ft.newyorklife.com

Rick Perkins, Treasurer 512-291-9362
..... insuranceof@yahoo.com

Sally Iwanski, Secretary 512-292-8746, mailbox 3
..... siwanski3minis@gmail.com

Gary Trumbo, Director at Large 512-292-9291
..... trumprop@juno.com

2010 COMMITTEE CHAIRS

ARCHITECTURAL

Ron Urias, Co-chair 512-923-1988
..... rurius@farmersagent.com

Tom Franke, Co-Chair 512-291-1129
..... tom.franke@ci.austin.tx.us

COMMUNITY RELATIONS

..... TBA

LANDSCAPING

Todd Moore 512-417-7946
..... atmoore22@att.net

NEIGHBORHOOD RELATIONS

Drew Crosby 512-592-9868
..... akcrosby@ft.newyorklife.com

NEWSLETTER EDITOR

Pamela Kurburski 512-940-8430
..... newsletter@senderahoa.com

POOL

Ron Urias, Co-Chair 512-923-1988
..... rurius@farmersagent.com

Rick Perkins, Co-Chair 512-291-9362
..... insuranceofaustin@yahoo.com

RECREATION

Suzann Vera 512-291-0714
..... suzannchili@sbcglobal.net

Sharon Boatright 512-653-5554
..... sharon.boatwright@amd.com

SECURITY

Rick Perkins, 512-291-9362
..... insuranceofaustin@yahoo.com

WEBMASTER

Sally Iwanski webmaster@senderahoa.com

ASSOC. MANAGER

Jessica Bishop, Property Manager
Goodwin Management, Inc.
11149 Research Blvd., Suite 100; Austin, TX 78759
Phone: 512-852-7918 • Cell: 512-771-7911
Fax: 512-346-4873
Jessica.Bishop@Goodwintx.com
<http://SDR.Goodwintx.com>

HOA WEB SITE

Sendera HOA Web Site: www.senderahoa.com

NEWSLETTER INFO

NEWSLETTER PUBLISHER

Peel, Inc. 512-263-9181
Article Submissions newsletter@senderahoa.com
Advertising advertising@PEELinc.com

PEGGY
WEST PROPERTIES



Specializing in Sendera since 1998
*Sendera Resident

*"I know every floor plan and
every upgrade your home has to offer."*

*Why call anybody else?
No one knows Sendera like Madeline!"*



Call for a FREE
no obligation CMA
(512) 291.4400

Madeline Mansen

Madeline@peggywest.com
(512) 291-4400
www.peggywest.com

SENDERA RECREATION COMMITTEE NEWS

Submitted by Suzann Vera

SUMMER 2011 MOVIE NIGHTS AT THE POOL

There's still one more....August 13th *Megamind* will be sponsored by Christine Rhode, Realtor Posh Properties 512-576-4564 poshpropertiesaustin.com



A Big Thank You to the sponsors of July's Movie Nights:

July 9 Shrek Forever After Corey Roberts, ponysound
July 23 Phillip Puzzo of Texas Cycle Werks www.texascyclewerks.com

UPCOMING EVENTS SPONSORED BY THE SENDERA RECREATION COMMITTEE:

Back to School Bicycle Safety Check August 20

Adults and children are invited to join us in the pool parking lot at 9am Saturday August 20th for our first Back to School Bicycle Safety Check by Texas Cycle Werks (www.texascyclewerks.com).

The bicycle safety check is a free event for all residents. Let's get those bicycles ready for a cool Fall with lots of riding!



Coming Attractions

**Megamind
August 13
At the Pool**

Sponsored by
**Christine Rhode,
Realtor
Posh Properties**

Blessing of the Backpacks

**Sunday, August 21st
Oak Hill United Methodist Church**



7815 Hwy. 290 W., Austin, TX 78736

*Join us SUNDAYS for
Vibrant Worship with Inspiring Music
and a Positive Message*

Oak Hill United Methodist Church is located on Hwy. 290, just west of the Hwy. 290/Hwy. 71 split ("the Y") in Oak Hill. We are directly across from the ACC Pinnacle Building. Visit our website at www.oakhillumc.org or call 288-3836 for more information.

8:45 A.M. Blended Worship Service
10 A.M. Pathways Contemporary Praise Worship Service
11:15 A.M. Traditional Worship Service

TIPS FOR A HEALTHY SUMMER

Eat Smarter & Move More

Submitted by Sarah S. Jordan, MS

The 4th of July holiday is almost here, and along with it comes good food, parties, and great times with family and friends. These things pretty much go hand in hand with summer.

Summer is a very common time for people to fall off the “health wagon,” but it doesn’t have to be that way. Eating right and getting enough activity can certainly be a challenge, especially when holidays and travel are involved. But the keys are: being consistent, making good choices, eating in moderation, and purposely finding ways to move more. Here are some tips to make your summer a healthier one for your family and friends.



(Editor's Note: This article was held out of the July issue because of space issues.)

Small Changes = Big Results

Making small changes for your summer cookouts and potlucks can equal big nutritional improvements.

Traditional Summer Food

A More Healthy Alternative

Hot dogs	Turkey dogs
Hamburger	Turkey burger
Potato salad	Fruit salad
Chips and high fat dip	Assorted vegetables and hummus
Fried chicken	Grilled chicken kabobs with veggies
Pie	Fresh pineapple
Soda and sweet tea	Iced tea with lemon
Using high-fat mayonnaise in dishes	
..... Use low-fat mayo or the kind that has olive oil in it	

(Continued on Page 5)



**Being
there
is why
I'm here.**

Lee Ann LaBorde, Agent
8400 Brodie Lane, Suite 105
Austin, TX 78745
Bus: (512) 276-8254
www.leeannlaborde.net
Hablamos Español

Get discounts up to

40%

I'm always looking for ways to make your car insurance dollars work harder. **Like a good neighbor, State Farm is there.***
CALL FOR A QUOTE 24/7



State Farm

P090106 04/09

State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

**DID YOU SAY
FREE?**

**YES! YOUR NEWSLETTER IS PROVIDED
100% FREE OF CHARGE TO YOUR HOA**

and is made possible by the advertisers within. Please frequent their businesses and let them know where you saw their advertisement. While there, be sure to say “Thanks!”

www.PEELinc.com

PEEL, INC.
community newsletters



Tips for a Healthy Summer - (Continued from Page 4)

Healthy Recipe Swap

You can even request that guests bring a healthy dish and include the recipe along with the dish. After the event, the party host types up all of the recipes and emails them to party guests. Just like that - everyone is equipped with healthy things to try on their own!

Get Movin'!

Instead of a party revolving solely around the food involved, why not create a "buffet of games" and activity to center the event around instead? Here are some ideas for fun backyard games to try this summer with your family and friends. Just be sure to let your guests know the "active" theme ahead of time so they can dress accordingly and be prepared to move.

Host a miniature version of the Olympics.

This can consist of things like wheelbarrow races, three legged races, running, water balloon tosses, and team relays. Have prizes for the teams.

Create an art contest using chalk.

Have three judges and give out prizes for the most creative pieces of art. And maybe even to the adult with the most "artfully challenged" piece of "art."

Play a classic game of "Kick the Can."

Make sure you have at least 3-4 people playing this game. One

person is "it" and guards the "can." (Can needs to be in an open space.) Other players hide while the "it" person counts to 20 and then goes to find the other players. Captured (tagged) players go to "jail." Anyone not captured can kick the can, which sets all jailed players free. If the "it" person finds all players before the can is kicked, the "it" person wins the game.

Have a Hula-Hoop contest.

Crank up the fun music, and see who can twirl the longest!

Create a canvas.

Hang an old white sheet on your fence or clothesline and let the creativity flow while your guests create a beautiful work of art!

Send your guests on a scavenger hunt.

There are many ways to get creative with this, including giving the hunt a theme to match your party, having guests find things in nature and draw pictures of what they find, or having your guests do something (ex: 10 jumping jacks) every time they find something on the list.

Slip and Slide!

Give your party a water theme to beat the heat. Set up two identical slip and slides and see who slides the fastest and/or the farthest. Crown your champion. Test out other games like horseshoes, washers, Bocce ball, four-square, hopscotch, whiffle-ball, or kick ball.

*Here's to a healthy and active summer ahead.
Cheers!*

4-D Construction

(512) 3

Residential
Commercial



2 1- 2

3 4 5

Dennis Rassi
cell (309) 275-7775

See a completed project @ Stephen and Karen Chambers
4701 Chesney Ridge Dr. Ph. # (512) 282-6566

4-DConstruction.com

PICK UP THE PILE CAMPAIGN

Canine waste is full of bacteria. When left behind in parks, campgrounds, and yards, it threatens our water supply. When it rains, it runs into rivers, streams, and wells. It only takes one irresponsible pet parent to infect an entire area's natural source of H₂O. That's because different types of bacteria like fecal streptococcus, fecal coliforms (E. Coli), campylobacter, and salmonella which is found in pet waste can make humans sick.

Being prepared to pick up your dog's pile each and every time he or she feels nature call is one way to remedy this growing problem. It's the right thing to do for a number of reasons as explained by Tracy Johnson, Founder of the Pick Up the Pile Campaign. The concerned Austinite was alarmed to see just how many pet parents let this issue go despite city efforts to eliminate public waste. She routinely encounters piles on the sidewalks and recreation areas of the parks

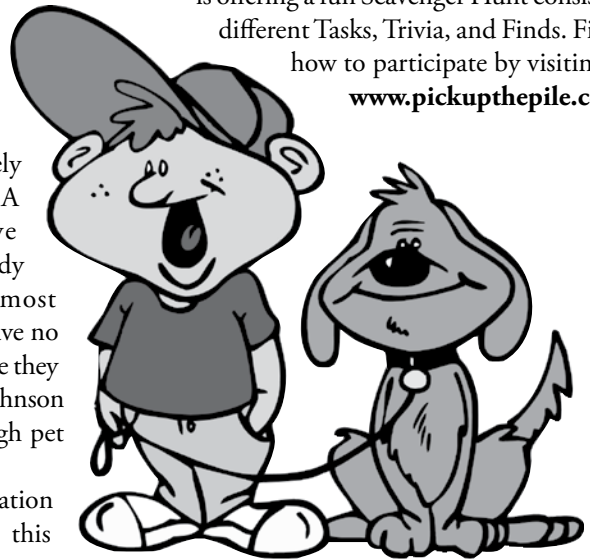
that she visits. Rather than keep quiet any longer, she decided to address the problem one pet parent at a time.

Her nationwide campaign went into effect June 1st. Cities around the country will take part in educating the public about the dangers of canine waste. Johnson notes that it's never been easier to safely conceal and discard piles. A number of products have been designed to help remedy this problem. Even the most squeamish pet parent will have no trouble being responsible once they are introduced to the items Johnson has found online and through pet supply stores.

Johnson believes that education is key to shedding light on this

problem. She also thinks the next generation of pet parents will show greater concern for the issue. As a way of introducing young people to the Pick Up the Pile Campaign, she is offering a fun Scavenger Hunt consisting of different Tasks, Trivia, and Finds. Find out how to participate by visiting

www.pickupthepile.com.



- 
CONSTANT VISUAL SUPERVISION
- 
LEARN TO SWIM
- 
WEAR LIFE JACKETS
- 
MULTIPLE BARRIERS ON ALL POOLS & HOTTUBS
- 
KEEP BACKYARDS & BATHROOMS SAFE
- 
ALWAYS CHECK POOL/HOTTUB FIRST FOR MISSING CHILD
- 
LEARN CPR



COLIN'S HOPE

Increasing water safety awareness and standards



TEXAS has more drownings than any other state so far this year and we still have a long HOT summer ahead of us. Please be safe in and around the water.

Source: U.S. Consumer Product Safety Commission's Pool Safety Campaign www.poolsafely.gov



COLIN'S HOPE KIDS TRIATHLON
08.28.11 • AUSTIN, TEXAS



JOIN US IN HAVING A SAFE SUMMER IN THE WATER!

Sunday, August 28th The 3rd Annual Colin's Hope Kids Triathlon
The Colin's Hope Kids Tri will once again take place in the Lake Pointe neighborhood on Sunday, August 28th. Almost 300 athletes (ages 5-15) are registered and now we need VOLUNTEERS to help us cheer them on! Volunteers are needed to help with packet pickup on Saturday, August 27th and at the race on Sunday, August 28th. This is a great family or group volunteer activity and there are variety of volunteer positions and shifts available! Please go online to volunteer at www.colinshope.org.

August-September 2011 The Hospital at Westlake Medical Center Flamingo Sale to Benefit Colin's Hope!
When the beloved garden center, Pots & Plants closed its doors—several flamingos were injured in the move. You can help them return for the best care in town at The Hospital at Westlake by donating \$15. ALL profit in July, August and September benefits Colin's Hope. You can add to The Hospital at Westlake's flock, or start your own flock at home. Visit www.westlakemedical.com for more details or stop in The Hospital's Waterfall Café, 5656 Bee Caves Road, Building L, level 3 to sponsor your flamingo. Spread the word on Facebook and raise even more funds for Colin's Hope!

Friday, September 2nd- The 2nd Annual Got2Swim 4 (and 8) Miles for Colin's Hope
In celebration of Colin's Birthday on September 2nd, 50 swimmers will be heading down Lake Austin to the Walsh Boat Landing (near the Tom Miller Dam). Some of the swimmers will be going 4 miles while others will be swimming 8 miles. Their journey will be safeguarded by kayak Water Guardians, a team of volunteers and The Expedition School. The goal of this swim is to raise \$50,000 for Colin's Hope while raising awareness for water safety and drowning prevention. Please go to www.tinych.org/got2swim to meet our swimmers and make a pledge towards our \$50,000 goal. All funds raised from this event will go directly to Colin's Hope. Visit www.colinshope.org to find out where you can go on September 2nd to cheer on the swimmers.

For more information, check out our website at
www.colinshope.org

Download a QRcode App on your phone & scan me!



Children who drown often do not *scream, splash, or struggle*. They can silently slip beneath the water, even with adults & lifeguards present.

NOT AVAILABLE ONLINE

At no time will any source be allowed to use The Sendera Newsletter's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Pine Brook Periodical is exclusively for the private use of the Pine Brook HOA and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

The perfect church for people who aren't.

Celebrate Recovery | Mondays @ 7:00 pm

Codependency Group *(for those with loved ones struggling with addiction)*

Sexual Addiction Group *(male group)*

Chemical Addiction Groups *(male & female groups)*

Women's Support Groups *(eating disorders, sexual addiction)*

Health, Hope & Healing | Mondays @ 7:00 pm

Divorce Care

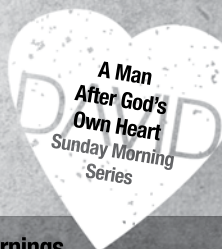
Safe People

Specialty Classes | Sundays @ 8:30 & 11:30 am

Re-married/Blended Families

Ladies Only and Men's Only Classes

*Starting Soon: Men's Anger Management,
Boundaries, Women's Wounded Heart
(survivors of sexual abuse)*



WATCH LIVE services Sunday mornings

or view any time at www.ghbc.org

Sunday Morning Schedule | 10:00 Worship | 8:30 & 11:30 - Bible Life Groups (all ages)

Great Hills Baptist Church | the radiant church

10500 Jollyville Road . Austin, Texas 78759 | 512.343.7763

Ready to kick off that new home renovation project?

Make it happen with a home equity loan from Austin Telco.

4.45%*

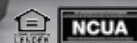
10 Year Fixed Rate • Plus No Closing Costs**

Contact a Loan Specialist,
512.302.5555 Ext. 7194

Free Checking
250+ Free ATMs
Excellent Rates

**You
Can
Join**

Membership is
open to anyone
in the 5 county
Austin Metro area



*Annual percentage rate (APR). Rate is expressed as low as and may vary depending on credit qualifications. Rate and term are subject to change without notice. Austin Telco Federal Credit Union is federally insured to at least \$250,000 per member by the National Credit Union Administration. **These costs include: title search, flood determination, credit report, and county filing fees. If necessary, additional fees for member requested appraisal, survey, and title company closing costs will be the responsibility of the borrower. Estimated costs will be disclosed upon receipt of application. Loans of \$100,000 and above will require an appraisal, title policy, and title company closing costs at the member's expense.



PEEL, INC.

308 Meadowlark St.
Lakeway, TX 78734-4717

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

SN

WHAT HAPPENS WHEN YOUR
SUPERHERO
ISN'T INVINCIBLE?

ANNOUNCING
OUR NEWEST
LOCATION



AD The Austin
Diagnostic Clinic

— Serving Families in Austin Since 1952 —



Providing Pediatrics, Family Practice,
Podiatry, Allergy, Lab and X-Ray



Featuring After Hours and
Weekend *EasyCare* Services



Medicare and Most Insurance Plans Accepted | 5701 Slaughter Ln., Austin, 78744 | ADClinic.com/CircleC