



BEE CAVE *Messenger*

VOLUME II, ISSUE VIII

SEPT 2011

NEWSLETTER FOR THE RESIDENTS OF THE BEE CAVE AREA

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See page 4 for more details.



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ADVERTISING INFO

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ARTICLE INFO

The Bee Cave Messenger is mailed monthly to all Bee Cave residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the Bee Cave Messenger please email it to beecave@peelinc.com. The deadline is the 9th of the month prior to the issue.

IMPORTANT NUMBERS

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Ambulance.....	911
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Repair	1-800-246-8464
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OTHER NUMBERS

Bee Cave City Hall.....	512-767-6600
Bee Cave Library	512-767-6620
Municipal Court	512-767-6630
Lake Travis Postal Office.....	512-263-2458
City of Bee Cave	www.beecavetexas.com

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Editor.....	beecave@peelinc.com
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Around Bee Cave



COVER PHOTO

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Bee Cave Messenger. All photos submitted must represent Bee Cave. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in **HIGH RESOLUTION** to beecave@peelinc.com (300 dpi preferred).

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Bake Sale!

to support pediatric cancer research



On Saturday, September 10, Austin will host a large, city-wide bake sale, with 100% of proceeds going to Cookies For Kids' Cancer.

Cookies For Kids' Cancer raises funds for pediatric cancer research through local bake sales. It was founded by Gretchen Witt, a very determined mother, to help increase her young son's odds in his cancer battle. When 2.5-year-old Liam was diagnosed in 2007, Gretchen was shocked to learn that the main reason over 25 percent of kids diagnosed with cancer do not survive is because of a lack of effective therapies. And the reason for the lack of therapies was very simple: lack of funding. Cookies for Kids' Cancer support research at leading pediatric cancer hospitals, including Texas Children's in Houston.

Sadly, Liam lost his battle to the disease this past January. Now, a group of Austin residents, Austin's Good Cookies, are determined to honor Liam's life and raise funds for pediatric cancer research.

The Austin City-Wide Bake Sale will take place at several locations throughout Austin, the main event being at the Hill Country Galleria Amphitheatre. We will have live music by Joe McDermott and Staci Gray, dance troupe performances, bounce houses, Kiwi the Clown, Gymboree on the Go, Beary Stuffables, raffles for Hill Country Galleria stores gift cards and more!

Austin City-Wide Cookies For Kids' Cancer Bake Sale

WHAT: A bake sale to raise funds for pediatric cancer research.

WHERE: Steiner Ranch: Bella Mar & Towne Square soccer fields

WHEN: Saturday, September 10; 10 am – 3 pm

COST: All donations for activities and cookies go directly to Cookies for Kids' Cancer!

For more information on satellite locations for the bake sale and the Hill Country Galleria event, or if you are interested in volunteering, please go to our blog, www.austinsgoodcookies.com

Let's make the letter C mean cookies | cookiesforkidscancer.org

Around Bee Cave

Tree Roots, a Wine Glass, and a Dinner Plate

This is the second in a series of guest articles.

In construction, as in life, if you don't lay a solid foundation, everything else is more likely to be a problem. It's no different for trees, whose roots form the basis for their health and structural soundness. But what control do we have over tree roots that we can't even see because they grow so deep into the earth? A lot. Because, generally, they don't.

Much of the mistreatment of trees occurs because people don't realize where the roots are located (or they do and think it doesn't matter). Generally, most of a tree's roots grow within the top foot or so of soil and take a horizontal path that extends well outside the tree's canopy edge (the drip line). Obstructions, elevation changes, and other factors can influence this growth pattern, but knowing the natural character of root growth helps us make better decisions about what we do around trees.

Structurally, a mature tree is a wonder of engineering. Its roots and stem (trunk) must support a canopy whose network of branching and foliage sways with the breezes and confronts even more wind force during storms. No wonder people think that roots must grow deep. Rather, as James Urban explains in *Up By Roots: Healthy Soils and Trees in the Built Environment*, a tree is a vertical cantilever

that "resists overturning by relying on the anchoring of the horizontal roots."

Where the trunk flares at the base, it packs on extra wood to form a "bracket" that resists the stresses of weight and force. It then divides into buttress roots to distribute that loading force. The area that flares and transitions into buttress roots is called the root crown or root collar. This part of the tree is extremely important to structural stability.

Once underground, these roots taper quickly and transition to other types of roots that perform anchoring, storage, and absorbing functions. The absorbing roots hang out where there's adequate air and moisture; that's usually within the top twelve inches of soil. They are responsible for absorbing

(Continued on Page 7)



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Tree Roots, a Wine Glass, and a Dinner Plate- (Conti. from Pg 6)

water and essential elements that the tree needs.

Picture a wine glass on a dinner plate. This classic model represents root growth of a tree allowed to grow in an open space. The glass's bowl is the tree canopy, its base the root crown, and the dinner plate the root system. Keep it in mind, because the root crown and root system will come up over and over again as we explore other issues that impact proper tree care.

So does a great root system just happen? Nope. But before we look at how to encourage one from the start, in the next article, we'll get better acquainted with the root crown. Then planting issues will make more sense. **DANIEL HAYDEN**

Daniel Hayden is an ISA Board Certified Arborist #TX-3748A and resides in Austin. You may reach him at dhayden@bartlett.com.

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Around Bee Cave



Bee Cave Mayor Caroline Murphy, center, was featured in a Houdini-like escape with the assistance of Dr. Brent Rigby, DDS, and an eager audience member, under the director of magician Kent Cummins.



A young Harry Potter shows off the back-up wand he made at the library's craft day.



Pygmy puffs, owl masks, wands, and bookmarks were made by the scores of children who attended the Harry Potter Craft Day.

READERS DISCOVERED MAGIC *at Bee Cave Library*

Bee Cave Public Library recently concluded its 6th annual Summer Reading Program with an Awards Ceremony and Magic Show attended by more than 500 proud readers, parents, and grandparents. At the Awards Ceremony hosted by Mayor Caroline Murphy, Library Director Barbara Hathaway thanked the parents for taking the time to make repeated trips to the library and log the minutes. Murphy congratulated the children on reading more than a half million minutes this year. Winners of special prize drawings were announced, before the microphone was turned over to professional magician and founder of the Magic Camp, the Fantastic Kent Cummins.

"Our theme this year was Discover the Magic of Reading!" said Hathaway, "in honor of the release of the last Harry Potter movie, so many of our activities were magic-themed. We held a Hogwarts Science Day, and a Harry Potter Crafts Day, along with our usual book clubs based on the American Girl, Magic Tree House, Star Wars, and of course, Harry Potter books." The Bee Cave library saw more than 1,000 children register for the program, of whom 505 read at least 400 minutes to become eligible for awards. "Study after study has shown that children who participate in summer reading programs at public libraries return to school in the fall ready to learn, and with improved reading skill and greater confidence," according to Hathaway. "We were thrilled to have so many children join us in reading this summer. I think it was too hot even to go to the pool, so more kids than usual discovered the joy of curling up with a great book to stay out of the sun."

Throughout the summer, the library offered a wide variety of activities designed to get children excited about reading. In addition to the book clubs, activities included a star-gazing event hosted by the Austin Astronomical Society, a sky-viewing party at the University of Texas observatory, and a hands-on exploration of fossils with a UT paleontologist, as well as arts and crafts and simple hands-on science activities. Adults and teens got in on the fun as well by turning in mini-book-review tickets for a chance to win prizes. Gift cards and other items were donated by local businesses and the Friends of the Library, giving everyone a chance to be rewarded for reading.

The Library would like to thank its sponsors Broadway Bank and the Shops at the Galleria, and partners Austin Foot & Ankle Specialists, A+ Federal Credit Union, Ben Archer State Farm Insurance, PAIYH Dance Studios, Rigby Advanced Dental, and Your Personal Best Physical Therapy. Other supporters donating items for the prizes or offering special support included Dogadillo, fab'rik, Lakeway TaeKwonDo, Milk + Honey Spa, Dr. Pamela Owen, PostNet of Bee Cave, WhichWich, Maudie's Tex-Mex, Toni & Guy, GottaTellYou Party Extraordinaire, the Department of Astronomy at the University of Texas at Austin, Michelle Benavides, Laurie Works, and the Friends of Bee Cave Public Library.

Visit the library website <http://pl.beecavetexas.gov> for information about all library activities and programs, or call 767-6620. Bee Cave Public Library is located in the Hill Country Galleria, at the intersection on Highway 71, Ranch Road 620 and Bee Cave Road (FM 2244).



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Around Bee Cave

The Blood Center of Central Texas

The Blood Center of Central Texas has a normal demand for 200 units of blood per day. Summer donations are traditionally less than normal, but demand remains constant. Our Lakeway Community Blood Drive plays a significant role in meeting this requirement.

Our next Lakeway Community Blood Drive will be held on Saturday, September 17th, at the Lakeway Activity Center, from 8:00 to 12:00. We have plenty of open appointments, so please consider donating if you have not already signed up.

To be eligible to donate blood, a person must be at least 17 years of age, weigh at least 115 lbs, and bring a photo ID when they donate. The process takes approximately 30 to 45 minutes. Walk-ins are welcomed, but appointments are honored, so please plan ahead and make an appointment.

To schedule an appointment, call Searcy Willis, Lakeway Community Blood Drive Coordinator, @ 261-9055 (home) or 799-5714 (cell), or email swillis1@austin.rr.com



LTYA Fall Sports Registration OPEN!

Register Now at WWW.LTYA.ORG!!!

Lake Travis Youth Association is pleased to offer the following fall sports:

RECREATIONAL SOCCER – Recreational Soccer is offered to boys and girls ages 4-14. The season runs from September November.

VOLLEYBALL – Volleyball is offered to girls in 3rd-6th grade. The season runs from September through November.

BASEBALL – Boys and girls between the ages of 5-14 are welcome to participate in fall recreational baseball. This is a developmental league. The season runs from September to November.

SOFTBALL – Fall softball is open to girls between the ages of 5-14. The fall league is a developmental league.

TENNIS – Tennis is available to boys and girls in 1st through 5th grade. The tennis season runs from September through the end of October.

GOLF – Golf is open to boys and girls 9-14. The season will begin in September and end in October.

For more information about any of these or other programs LTYA offers, or to register, go to www.LTYA.org.

Get off the bench and get in the game!



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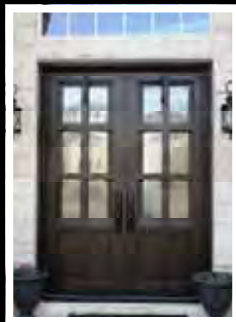
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Daniel Molstad (16) qualified to and competed in USA Gymnastics Junior Olympic Trampoline and Power Tumbling National Championships July 11th and 12th, 2011. Daniel placed 12th on Trampoline and 12th on Double Mini Trampoline. Daniel and teammates, Jared Andrews and Koby Krause, participated in the Grand March In which introduced over 2000 athletes from all over the USA including teams from Hawaii. Daniel is Level 10 on

Trampoline and Double Mini Trampoline which is the highest Junior Olympic level. Beyond level 10 is Elite.

Daniel and his coach Patti have several close friends competing in the Elite level who are currently ranked in the top ten (10) in the world. Daniel and Patti traveled to Russia the week of Thanksgiving to compete in the Slavic Games Open Trampoline Competition. Daniel and his Synchronized Trampoline Partner qualified for the finals competition at the meet and placed 9th at the competition. It was their first international competition and they did very well. Also on the trip was Dmitri Poliaroush, 2008 USA Olympic Trampoline Coach a former Olympian and ten (10) time World Champion.

Daniel, Jared and Koby train at A Flip Zone located in Bee Cave just behind Rocky Creek Bar-B-Q on Hamilton Pool Road. Jared's sister Kelly has also been training at A Flip Zone. Classes are on Sunday afternoons. Call 264-1070 to set up a free class. It is not your backyard trampoline! Daniel is doing ten (10) skill routines including double flips and flips with multiple twists. Jared and Koby are also doing ten (10) skill routines consisting of single flips forward and backward as well as flips with twist. USA Gymnastics Trampoline and Power Tumbling has specific progressions which are used for teaching trampoline safety. Each athlete must show competency with each level before moving on the next level. Come join the fun and start bouncing to new heights!

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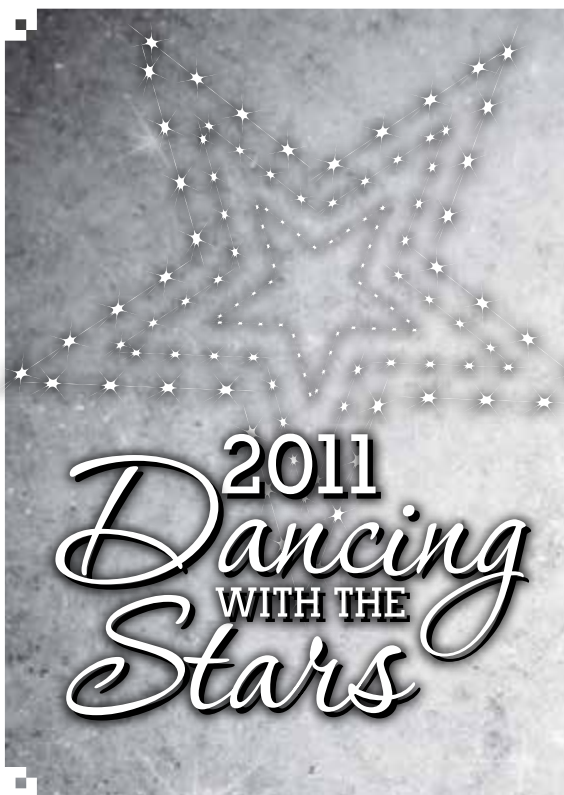
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www.ATXGreenTeams.com
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David Hunsaker

Around Bee Cave



2011 "Dancing With The Stars" Gala Benefits the Lake Travis Community Library

Make reservations today for a very entertaining evening Sunday, October 2, 2011, 6:30 P. M. at The World of Tennis. There will be a Dance Competition featuring couples performing a variety of dance styles. The evening will be complete with dinner (catered by The Hills Country Club), a silent auction, dancing, entertainment and a cash bar. Our hilarious Master of Ceremonies, Dave Kelliher, will introduce The Cavalettes Drill Team which will perform their very popular "Thriller" dance.

The evening will feature the 2010 winning couple, Lakeway Police Chief Todd Radford and his partner, Tammie Rucker, defending their title. Also returning this year will be Dottie Stevenson and her partner, Mike Topel, Dennis McWilliams, Sports Director at The World of Tennis, and his partner, Laura Battle.

Also reappearing this year in the competition is the featured couple above. Jamie Clayton is a graduate of Indiana University with a degree in elementary education. She has lived in Lakeway for thirteen years and is married to Guy

(Continued on Page 13)



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2011 Dancing with the Stars- (Continued from Page 12)

Clayton. They have two children, Cash and Carley. Jamie has been teaching fitness classes for fourteen years and currently teaches at the World of Tennis. She has danced since she was just five years old. She is also the head cheer coach for her daughter's cheer team, and therefore dancing and moving with the little ones have kept her on her toes with the latest dance moves.

Jamie's partner, Jon Hupp, attended The University of Nebraska, Oklahoma State University and received a Bachelor of Science in Physical Therapy at the University of Oklahoma Health Sciences Center. He has lived in Austin for seventeen years and has resided in Lakeway for the past eight years. He is married to Karen Hupp and has two children, Sterling and Skylar. Jon is the owner of Star Physical Therapy. He has been practicing as a physical therapist for more than eighteen years, specializing in treating orthopedic, sports medicine and spinal injuries with a manual therapy approach. Jon has no formal instruction but has dabbled with hiphop, country and ballroom dance moves.

New to the competition will be Amber Hart of Keller Williams Realty and her partner. Also Steve Zbranek of Zbranek and Holt Custom Homes and his partner; Johnnie Marable of Johnny Finn's and Rough Hollow Grille and his partner, Marianna Judith Loughery; Homero Gonzalez, Manager of Randall's Grocery and his partner

plus Laurie Gantt Smith of Keller Williams Realty and her partner, Mark Moy.

The cost of the evening will be \$100 per person. Reservations with your name and/or your guests may be obtained by sending your check (made out to Lake Travis Community Library) to Sue Ann Anderson, 118 Lone Cedar Court, Lakeway, 78734, 512-261-9123. For more information contact Sharon Rogers, 261-9704. If you are unable to attend, tax-free donations will be accepted.

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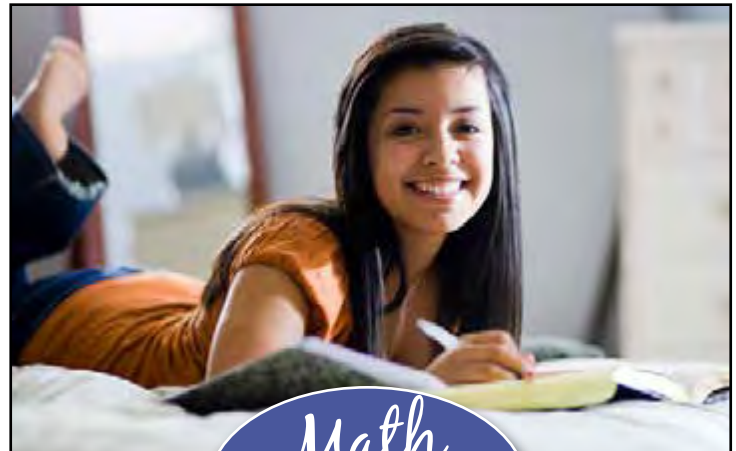
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**Mark your
Calendars!**

SEPT. 24TH, 2011

8 AM - 1 PM

RAIN OR SHINE!

SOLD

Admission is **FREE!**

Please bring a canned food item
to be donated to charity!!!

You'll never know what treasures
you'll find at this fun Indoor City-
Wide Garage Sale in Lakeway!

Call 512-261-1010 to inquire on
getting a booth!

www.Lakeway-TX.gov



*Problems driving at night?
Vision not as clear as you would like?*



iZon High Resolution Lenses are the Solution!

*For the month of September we are offering 30% off
iZon lenses & a chance to win a free pair of glasses!*

CONVENTIONAL GLASSES

- Do not correct optical imperfections of the eye
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Market Trend Watch

BEE CAVE FEBRUARY 11' - AUGUST 11'

6 MONTH MARKET ANALYSIS FOR FALCONHEAD WEST

	AVERAGE SQ. FT.	AVERAGE LIST PRICE	AVERAGE SOLD \$/SQ. FT.	AVERAGE SOLD PRICE	AVG. DAYS ON MARKET
CRYSTAL CREEK	2,658	\$358,493	\$128.57	\$339,082	26
LANTERN RIDGE	3,628	\$483,104	\$122.25	\$443,486	75
COPPER CANYON	3,829	\$577,697	\$141.96	\$522,685	127
LANTERN RIDGE PHASE II	3,829	\$500,799	\$122.22	\$464,454	51

This information is taken from the Austin Multiple Listing Service

Look for other specific community Market Analysis in future editions.

YOUR AGENT'S ABILITY TO
HELP PRICE YOUR HOME ACCURATELY
COULD SAVE YOU THOUSANDS!

Nicole's expertise in every aspect of real estate allowed our purchase to run smoothly. We highly recommend Nicole to both sellers and buyers.

- J & C Barrett, Austin, TX



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Around Bee Cave

State Representative Workman to Address Local GOP Club

The Lake Travis Republican Club members will welcome Texas Representative Paul Workman to their Tuesday, October 18th Lunch meeting.



Paul D. Workman was elected as Republican in November 2010 to serve Texas District 47 of the State Legislature. District 47 which includes south and southwest sections of Travis County.

Representative Workman is a member of the House Committee on Business and Industry and on the Committee on Corrections. In addition, he serves on the Energy Council which helps facilitate the development of a national energy matters among the Southwestern States.

Paul Workman has been active in the local construction of commercial buildings for more than 37 years. He earned a BS in Building Construction from Texas A&M University in 1973. He served in the US Army Reserve for 10 years as an Engineering Officer, retiring as Company Commander with the rank of Captain.

Representative Workman is an active Rotarian serving as President of the Rotary Club of Austin in 1998. He is a National Director of the Associated General Contractors of America and serves on the board of Citizens Against Lawsuit Abuse.

Paul has been married to the former Sherry Cleveland for 40 years.

They have two grown children, Kyle and Paula, who now own and work in the family business. Paul and Sherry are active members of the Pedernales River Fellowship and enjoy spending time with their six grandchildren.

The Lake Travis Republican Club will at the Hills Dining Room on Tuesday, October 18th at 11:30 a.m. Visitors are welcome.

Members \$15 - Guests \$20

For reservations -email warmuthb@swbell.net or phone 261-0722

TOYS 'R' US presents
BABIES 'R' US
The Baby's Journey

WALK NOW FOR AUTISM SPEAKS

RESEARCH | AWARENESS | COMPASSION

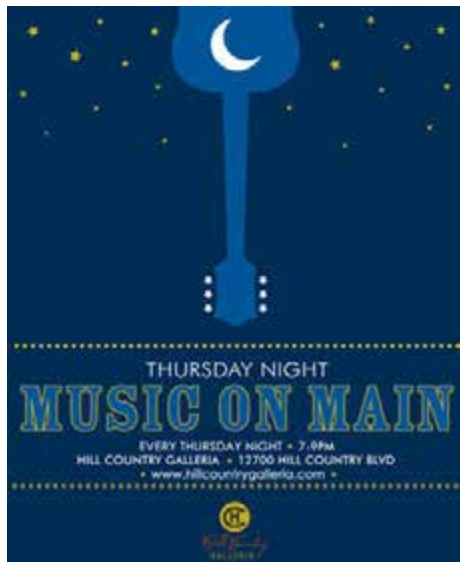
September 24, 2011
The Dell Diamond
Doors Open at 9am, Walk Starts at 11am

www.walknowforautismspeaks.org/austin

Thanks to our sponsors:

Media Sponsors:

Hill Country Galleria September Schedule of Events



SEPTEMBER

- 1 - Music on Main: 7p-9p
- 3 - Fall Concert Series: 7p-10p- Amphitheater
- 8 - Wine Walk: 6p-9p – start at Twin Liquors
- 8 - Music on Main: 7p-9p
- 8 - Fashion Night Out – various stores
- 10 - Cookies for Kids Cancer 10a-2p – Amphitheater
- 10 - Fall Concert Series: 7p-10p - Amphitheater
- 15 - Music on Main: 7p-9p
- 15 - Edward Jones Grand Opening Event
- 17 - Fall Concert Series: 7p-10p - Amphitheater
- 22 - Music on Main: 7p-9p
- 24 - Fall Concert Series: 7p-10p- Amphitheater
- 24-25 - Iron Cactus 1st Annual Hatch Chile Roast - Amphitheater
- 29 - Music on Main: 7p-9p

DILLARDS Hill Country Galleria *Donates Make-Overs for Marbridge Lady Residents*

Dillards Cosmetic Department (Hill Country Galleria) graciously donated their time, talent and materials to host the lady residents of Marbridge Ranch, a residential facility for cognitively challenged adults. The Marbridge Oak Leaves, a volunteer group, organizes this event each year to give the ladies a special day of beauty, lunch and friendship. Store Manager, Amy Fitz, agreed to host the make-overs this year, and her associates Laci Fletcher, Janie Linn, Rose Perez and Shirley Cameron did the beauty transformations.

Lake Travis Coupon Sheet



Showcase
Your Coupon
HERE.

Call (512) 263-9181.



Featured in the Steiner Ranch Record, Bee Cave Messenger, and Lakeway Voice publications reaching 14,000 homes monthly. To showcase your coupon, call (512) 263-9181.

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Business Section

Eight Business Networking Groups in the Area

Are you looking to grow your business in 2011? If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at Hill Country Pasta House. Visitors are welcome! If you are interested please contact Elicia Rudberg at eliciarudberg@gmail.com for more information or visit www.BNIAustin.com.

FOUR POINTS BNI

Meetings are on Wednesday at lunch from 11:30am to 1:00pm at the River Place Country Club. Visitors are welcome! If you are interested please contact Kelly Troy at kelly@troyinsgroup.com or visit www.BNIAustin.com.

FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership

goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber.com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@FourPointsChamber.com.

A BUSINESS REFERRAL GROUP MADE FUN!

Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Red Robin on 183. Visit <http://www.meetup.com/NetWorking-NorthWest-Austin/>

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

(Continued on Page 19)



DON'T SPEND THE SEASON ON THE SIDELINE

FREE SPORTS CLINIC

First Wednesday of the Month 6:00 -7:30
If those times don't work please call our office to schedule.

- Sports injury consultations
- Prevent injury by screening flexibility, strength and faulty biomechanics
- Have a professional analysis of your footwear with recommendations
- Analysis of jumping and landing- See if you are at risk for ACL tears

We treat sports injury's, back pain, shoulder pain, knee pain, foot pain.

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Building 2
Austin Tx 78750
512-795-8300

Bee Caves
8100 Bee Caves Road
Austin Tx 78746
512-329-6633

www.childrenscenterofaustin.com

Seven Business Networking Groups - (Continued from Page 18)

LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Wednesday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at Kellyconnor@austin.rr.com or 512-736-2495.

STEINER RANCH MARKETERS

Your boss thinks what you do is voodoo, your spouse thinks your work reflects the latest Mad Men episode, and your kids fear following in your footsteps; growing up to work a cube (unless you are lucky and work from home - then you work on the computer). Fear not! We can find solace in one another. We're a friendly bunch by trade and we excel at networking by nature so why aren't we?! Join us for a respite from the daily grind and a chance to get to know other marketers in Steiner Ranch: meetup.com/Steiner-Ranch-Marketers Quetions? paul@seobrien.com.

A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business.

Come join us on Wednesday mornings from 9:00-10:30 at Hill Country Pasta House. Breakfast is \$10 and visitors are welcome.

Please feel free to contact Sheryl Baker at sherylssendoutcards@gmail.com or visit www.BNIaustin.com for more information.

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- Lake Travis Schools



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BEE CAVE, TEXAS 78078

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SPILLMANRIDGE.COM

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BREAKING NEWS! THERE'S A NEW WEBSITE IN TOWN! Dr. Horn, Lakeway psychologist, invites you to visit www.DrMelanieHorn.com to view her areas of practice, which include children to elderly. Providing caring help for 13 years on R.R. 620 in the McArdle Business Park. 512-261-6005.

CONNOR CLEANING. Are you paying more than \$100 to have your house cleaned? 4800 sq. feet or less- you are paying too much! Call Connor Cleaning. Reliable. Dependable Service. Quality Work. Supplies furnished. Over 12 years in business. Affordably priced. Call 512-209-1141. Bonded.

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Personal classifieds (one time sell items, such as a used bike...) run at no charge to Bee Cave residents, limit 30 words, please e-mail beecave@peelinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.



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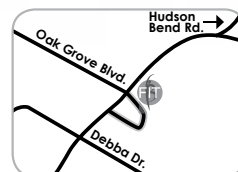
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of Unlimited Yoga
for **\$20**

- Healthy Body
- Healthy Mind
- Healthy Life

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available!

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WWW.JULIANICKERSON.COM

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**DAVENPORT
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Austin, TX

WHAT WOULD HAPPEN TO YOUR FAMILY AND YOUR ASSETS IF SOMETHING WERE TO HAPPEN TO YOU?

The state of Texas has a legal plan for you, but it's probably not the one you want.

Attorney Julia Nickerson can help you put a legal plan in place to bring you peace of mind that your family will always be protected and cared for.

- * Custom designed to meet your family's goals and values
- * Flat fee packages without surprise hourly fees
- * Professional counseling on a level you can understand
- * Convenient Davenport Village location

This is legal planning EVERY family needs, yet so many put off to think about another day.

STOP PROCRASTINATING! It is easy to get your family's legal plan in place in a smart way.

SCHEDULE YOUR FAMILY LEGAL PLANNING SESSION TODAY (a \$550 value for only \$50!)

CALL
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*to schedule your
family legal
planning
session*

It's a true working meeting where we discuss your specific family situation and goals. In about a half hour, you'll know what it takes to properly protect your family and what the flat fee would be for us to develop your legal plan.

Family Legal Planning Sessions are offered at limited times each month and they do fill up, so don't procrastinate!



JULIA NICKERSON
ATTORNEY AT LAW

ESTATE PLANNING

PROBATE & ESTATE ADMINISTRATION

SPECIAL NEEDS PLANNING

School News

2011 2012 DISTRICT CALENDAR



LAKE TRAVIS ISD

Every heart. Every mind. Every day. Since 1981.

- Student/Staff Holiday
- Student Holiday/Staff Inservice or Work Day
- Bad Weather Make-Up Day
- District Early Release
- Elementary Early Release
- High School Early Release
- Begin 9 weeks
- End 9 weeks

First/Last Day of School

New Teacher Orientation

TAKS/STAAR Testing

*Teacher workday, if June 1st is used as a bad weather make-up day.

1st 9 weeks = 44 days
2nd 9 weeks = 43 days
1st semester = 87 days

3rd 9 weeks = 43 days
4th 9 weeks = 47 days
2nd semester = 90 days

www.ltsdschools.org

JULY

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News You Can Use

LAKE TRAVIS CRISIS MINISTRIES *8th Annual Charity Golf Tournament and Dinner* *Benefitting Food Bank and Emergency Assistance Programs*

Barton Creek Lakeside Golf Club

Sunday, September 25

1:30 p.m. Shotgun (4-person scramble)

6:00 p.m. Awards Dinner

\$150 per Person

\$600 per Foursome

Don't miss this opportunity to play this beautiful & exclusive Hill Country course designed by Arnold Palmer!

SPONSORSHIP LEVELS:

Supporting Sponsor \$2500 (two 4-somes, logoed balls)

Hole in one Sponsor \$1500 (one 4-some, hole in one signage)

Cornerstone Sponsor \$1000 (one 4-some, on course signage)

Individual Hole Sponsor \$125 (CORP or personal signage)

I want to play/sponsor/donate the following (circle):

Name _____

Mailing Address _____

Email/phone _____

Make checks payable to: LTUMC Golf Tournament

Mail to: c/o Jim Miles, 3917 Sugarloaf Drive, Austin, TX, 78738

SUPPORTED BY:

Emmaus Catholic Parish Lake Travis United Methodist Church

The Lakeway Church Austin Ridge Bible Church

Contact Jim Miles (791-5174)
for further information

Immunizations: Not Just for Kids

By- Concentra Urgent Care

Although most toddlers in the United States have received all recommended vaccines, many adults and adolescents have not. These missed vaccinations increase their risk for infection, hospitalization, death, and disease spread, and they contribute to the estimated \$10 billion that is spent annually on vaccine preventable diseases in the United States.

Evidence shows that currently approved vaccines are safe and effective. However, coverage rates for persons of all ages vary nationwide. Reasons cited include lack of health insurance, unfamiliarity with vaccine recommendations, limited access at physicians' offices, or the perceived cost of vaccines.

What you need to know is that obtaining recommended vaccines in a timely manner can prevent disease. The Advisory Committee on Immunization Practices (ACIP) recommends the following immunization schedule for generally healthy adults and adolescents:

VACCINE

Influenza:

Meningococcal:

RECOMMENDED SCHEDULE *

Yearly, especially if at risk

One dose, age 11-12 or 13-18 if not previously immunized

Tetanus-Diphtheria/Tetanus: One dose, age 11-12, then booster

Diphtheria-Pertussis: every 10 years

Human Papilloma Virus: (Females only) Three doses, age 11-26

Measles - Mumps - Rubella: If born after 1956, one or two doses if never immunized up to age 65

Pneumococcal: One dose, at or after age 65

Varicella (chicken pox): Two doses if no prior infection or immunization received

Zoster (shingles): One dose, at or after age 60

* Specific recommendations for individuals may vary depending on age, prior immunization history and the presence of other existing conditions; please see the Centers for Disease Control (CDC) Web site at: <http://www.cdc.gov/vaccines/recs/schedules/default.htm>.

For more information about immunizations and where to get them, contact your health care provider, your Concentra health specialist, or visit the CDC's Web Site at: www.cdc.gov/vaccines.



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MULTIPLE BARRIERS ON ALL POOLS & HOT TUBS



KEEP BACKYARDS & BATHROOMS SAFE



ALWAYS CHECK POOL/HOT TUB FIRST FOR MISSING CHILD



LEARN CPR



COLIN'S HOPE

Increasing water safety awareness and standards



More than 68 children have drowned in Texas this year...SO FAR! Please continue to be safe in and around the water. Drowning is PREVENTABLE!

Source: Texas Department of Family and Protective Services



September 2011 The Hospital at Westlake Medical Center Flamingo Sale to Benefit Colin's Hope!
When the beloved garden center, Pots & Plants closed its doors- several flamingos were injured in the move. You can help them return for the best care in town at The Hospital at Westlake by donating \$15. ALL profit in July, August and September benefits Colin's Hope. You can add to The Hospital's flock, or start your own flock at home. Visit www.westlakemedical.com for more details or stop in The Hospital's Waterfall Café, 5656 Bee Caves Road, Building L, level 3 to sponsor your flamingo. Spread the word on Facebook and raise even more funds for Colin's Hope!



September 2011 - Sign up for Ourgift and Colin's Hope will receive donations during September!
OurGift.Org™ has chosen Colin's Hope as one of the charities that will benefit from donations in September. Please visit www.ourgift.org to learn more and sign up to receive the daily deals from local businesses. It's a great way to help prevent childhood drowning! You get a great deal, a local business is supported and Colin's Hope will get a donation! Follow them on Twitter @ourgiftlists and find them on Facebook at <http://www.tinych.org/ourgift>



October 1 - Colin's CrossFit Challenge
CrossFit Lakeway is hosting a community event from 8:00am-10:00am at BACKWOODS in the Hill Country Galleria to benefit Colin's Hope. The Crossfit Challenge will be open to all fitness levels. There are Beginner / Intermediate / Advanced divisions and prizes will be awarded to 1st and 2nd place in each division. Registration is \$30. For more information or to sign up, please visit www.crossfitlakeway.com or call 512-689-3798. Help us Prevent Drowning...One workout at a time!

JOIN US IN HAVING A SAFE SUMMER IN THE WATER!

For more information, check out our website at

www.colinshope.org

Download a QRcode App on your phone & scan me!





Children who drown often do not **scream, splash, or struggle**. They can silently slip beneath the water, even with adults & lifeguards present.

News You Can Use



IMAGINE A WAY NOW ACCEPTING SPONSORSHIP APPLICATIONS FOR CENTRAL TEXAS CHILDREN AFFECTED BY AUTISM

Every child should have the chance to reach their full potential. Imagine A Way provides financial support and resources to help families with children diagnosed with autism provide their child with the therapies needed to help them achieve their full potential. Our focus is on children in the critical early childhood years of 2 to 6, when the window of opportunity exists to make the greatest impact on their lives.

We invite any family with a child (age 2-6) diagnosed on the Autism Spectrum to please visit our website www.ImagineAWayFoundation.org or call (512) 220-4324 for more information on how to apply.

NOT AVAILABLE ONLINE

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community newsletters



BEE CAVE MESSENGER

The Bee Cave Messenger is a monthly newsletter mailed to all Bee Cave residents. Circulation includes the Village of Bee Cave, Belvedere, Barton Creek West, Falconhead, Falconhead West, Lake Pointe, Spanish Oaks, Senna Hills and more! Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com, or you can email to beecave@peelinc.com. Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!



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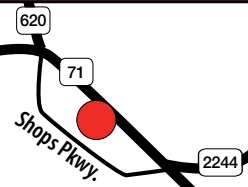
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