



# SGS

*Stone Gate Slate*

THE OFFICIAL HOA NEWSLETTER  
of Stone Gate, Canyon Lakes, Canyon Lake  
Villages and Canyon Lakes West

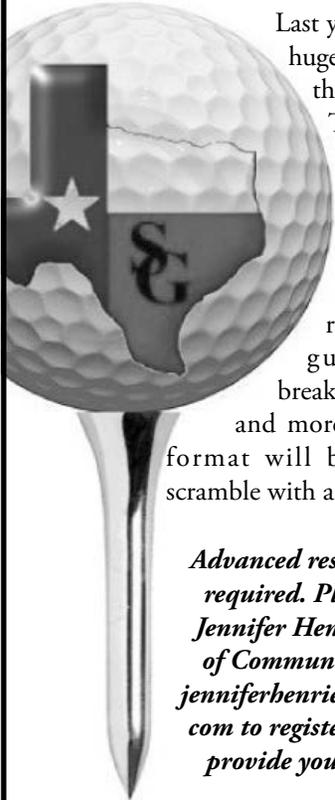


November 2011

Volume 4, Issue 11

*SG Owner's Association, Inc.*  
**5<sup>TH</sup> ANNUAL RESIDENT  
GOLF TOURNAMENT**

**Monday, November 14, 2011  
at Houston National Golf Club  
Registration begins at 8:30am**



Last years event was a huge success - join in the fun this year! The entry fee of only \$35 ahead of time or \$40 at the door (cash or check) per player for residents & their guest includes breakfast, cart, lunch and more! Tournament format will be a 4 person scramble with a shotgun start.

*Advanced reservations are required. Please contact Jennifer Henrie, Director of Community Events at [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com) to register now. Please provide your handicap.*

## Ladies Brunch & Trunk Show

**Saturday, November 19**

Ladies are invited to a first-class brunch and trunk show, featuring local area boutiques, vendors & shops. Get a head start on holiday shopping while sipping mimosas! Tickets will be available for residents and their guests. We'll also be raffling off numerous gifts valued at \$100 each! Tickets are \$10.00 if purchased by November 11th & are \$15.00 at the door. Please RSVP to [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com) by November 10th – please include the first & last name of each attendee when emailing your RSVP. Space is limited, **ADVANCED RESERVATIONS** are required. Please contact [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com) to reserve your spot!

## Gingerbread House Making Event

**Saturday, November 19**

Our younger residents and their parents are invited to the Houston National Golf Clubhouse to make, keep or eat a special holiday treat. There is no charge for this event, but reservations are required and space is limited. Please RSVP with the number of children and the number of adults attending to [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com). This events is open to residents only. Space is limited, advanced reservations are required. Please contact [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com) to reserve your spot if any are still available!

*A Special Thank  
You to our Sponsor*

**Barker Cypress Animal Clinic  
[barkercypressanimalclinic.com](http://barkercypressanimalclinic.com)**



## IMPORTANT NUMBERS

### ON-SITE OFFICES & GATE ATTENDANTS

S-G Clubhouse Office .....	281-304-7448
S-G Gatehouse .....	281-256-3620
Splashpad Texas Office .....	281-213-9777

### PROPERTY TAXES

Harris County Appraisal District.....	713-224-1919
Water / Remington MUD #1.....	281-579-4500
Water / MUD #165 .....	713-932-9011

### POLICE & FIRE

Emergency .....	911
Harris County Sheriff.....	713-221-6000
Precinct #5 Constable .....	281-463-6666
Cy-Fair Volunteer Fire Station.....	713-466-4073
Texas DPS.....	281-232-4334
Cy-Fair Medical Center.....	281-890-4285
North Cypress Medical Center.....	832-912-3500
Poison Control.....	800-222-1222

### UTILITIES

#### Electricity (call your provider)

Centerpoint Energy .....	713-207-2222
Power To Choose .....	866-797-4839
Gas (Centerpoint Energy Entex).....	713-659-2111

#### Telephone & Cable

AT & T.....	800-464-7928
AT & T U-verse.....	866-299-6824
Comcast - Cable/High Speed Internet .....	713-341-1000
Trash Pickup (WCA Waste).....	281-368-8397
Water (Remington MUD #1) (S-G-STES.....)	281-579-4500

### PUBLIC SERVICE

Harris Co. Animal Control .....	281-999-3191
Harris County Toll Road Auth .....	281-875-3279
Voter Registration .....	713-224-1919
Auto Registration .....	713-368-2000
Cy-Fair Chamber of Commerce .....	281-955-1100
Metro Park and Ride.....	713-635-4000
Lone Star College Library .....	281-290-3200
Gulf Coast Reg Blood Ctr.....	713-790-1200

### U.S. POST OFFICES

Stone Gate & Canyon Lakes .....	281-859-9021
Canyon Lakes West.....	281-373-3372

### SCHOOLS

Cy-Fair ISD District Office .....	281-897-4000
.....	www.cfsd.net

## Classified Ads

**BUSINESS CLASSIFIEDS** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

## CANYON LAKES WEST & PINE CREEK CONTACTS

Rec Center Office .....	281-855-0984
CLW Gatehouse.....	281-858-6106
Smith Middle School .....	281-213-1010
Postma Elementary School .....	281-345-3660
Hopper Middle School .....	281-463-5353
Cypress Springs High School .....	281-345-3000
SW Water/Harris County MUD #165 .....	713-405-1750
Spring Cypress Post Office .....	281-373-3372
Property Tax: MUD #165 .....	713-932-9011
Gatehouse .....	281-858-6100

## ASSOCIATION'S MANAGEMENT COMPANY CONTACT INFORMATION

Planned Community Management (PCMI) has been contracted by the Board of Directors to manage the day-to-day activities of the community. In order to contact the community's Board of Directions or if residents have concerns, questions about their account, or deed restriction violations to report, please put the information in writing and send via e-mail to Heather Barbiche at [hbarbiche@stes.com](mailto:hbarbiche@stes.com) or call PCMI at 281-870-0585.

## TO CONTACT THE BOARD:

*Please address the Board of Directors via*  
Heather Barbiche, PCMI, [hbarbiche@stes.com](mailto:hbarbiche@stes.com)  
P.O. Box 219223, Houston, TX 77218, 281-870-0585

## HAVE YOU LOGGED IN YET?

**[WWW.CANYONGATE.COM/RESIDENTS/SG](http://WWW.CANYONGATE.COM/RESIDENTS/SG)**

*Features of the Stone Gate & Canyon Lakes West intranet include:*

- Email Blasts On Community News & Events
- Resident Directory
- Current Events & Activities
- News
- Official Documents & Forms
- Event Photos and MORE!



## NEWSLETTER INFORMATION

Article Submission.....	<a href="mailto:jenniferhenrie@canyongate.com">jenniferhenrie@canyongate.com</a>
Advertising.....	<a href="mailto:advertising@PEELinc.com">advertising@PEELinc.com</a>

## ADVERTISING INFORMATION

Please support the businesses that advertise in the Stone Gate Slate. Their advertising dollars make it possible for all Stone Gate residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 8th of each month for the following month's newsletter.

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## ANNUAL HOLIDAY YARD DECORATING CONTEST

DECEMBER 4TH – 10TH

Start planning your holiday decorations! Stone Gate favorite Annual Holiday Decorating Contest returns. Each section in Stone Gate will have one winner, awarded a special prize. Most importantly, they'll get to display their winning yard sign during the holiday season! Make sure your lights are on from Sunday, December 4th to Saturday, December 10th as our volunteer judges will be driving the community to chose a winner!

## CALLING ALL VOLUNTEERS!

### JUDGES NEEDED FOR DECORATING CONTEST

We need volunteers to drive the community and help nominate homes! This is a great way to volunteer and give back to our great community. It only takes an hour in the evening! To sign up or for additional information or to sign up as a judge, please contact [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com) VOLUNTEER JUDGES are needed for the event to be a success.

## Cookies with Santa & Toys for Tots Toy Drive

SATURDAY, DECEMBER 17TH

*Two Sessions*

10:00am-12:00pm & 1:00pm-3:00pm

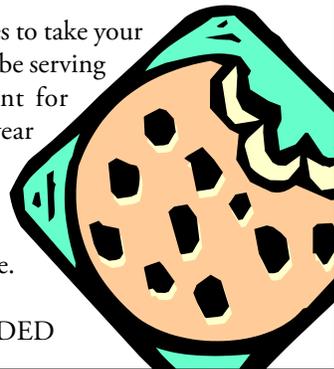
at Houston National Golf Club  
(Canyon Lakes West Clubhouse)

Saturday, December 17th  
10:00am-12:00pm

You'll have three opportunities to take your photo with Jolly St. Nick! We'll be serving holiday treats & entertainment for children young & old! This year we're hosting a Toys for Tots Toy Drive! If you'd like to contribute, please bring an unwrapped toy to the Clubhouse.

**Don't forget your camera!**

NO RESERVATIONS NEEDED



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8350 Jones Road, Houston, TX 77065  
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## Timely Tip for November Gardeners

FROM CORNELIUS NURSERY

Transform your landscape with the addition of fresh, colorful blooms. Pansies are by far the most popular Winter color. The 'Matrix' Pansy has been outstanding for our Texas weather. It will not "stretch" during bouts of warm temperatures and is bred to grow out, not up. This compact grower offers shorter, sturdier stems to support large, colorful blooms. Dianthus (also known as "Pinks"), Snapdragons, Cyclamen, Violas and the fragrant Alyssum are also good choices for cold tolerant annuals. Ornamental Cabbage and Kale provide interesting texture in the landscape as well as color. For best effect, limit your planting to two or three colors per bed.

The key to growing beautiful annual flowers is soil preparation. Select a well drained flower bed and add plenty of organic matter. Calloway's Flower Bed Mix contains compost plus a boost of fertilizer, water-management crystals and a wetting agent. Adding Calloway's Flower Food to the soil at the time of planting will provide the extra nutrients for growth and blooms.



Remember to add 2 to 3 inches of mulch to all beds to reduce moisture loss, prevent weeds from germinating and to insulate the soil from the cold.

These same annuals can be used in patio containers. Fill your containers with fresh potting soil and plant food. Keep them watered as necessary and remove faded flowers to encourage repeat blooming.

Drop by any of our garden centers and visit with a Texas Certified Nursery Professional. These individuals are experts in their field and continuously receive training to keep their certification current. Or, email The PlantMaster with questions at [www.calloways.com/plantmaster](http://www.calloways.com/plantmaster).

A black and white advertisement for Texas Direct Auto. On the left, a smiling woman in a striped tank top holds a small drawing of a car. To her right, a larger drawing depicts a sun, a house, and a family of stick figures. Below the drawings, the text reads: "DREAMING OF BETTER THINGS? SELL US YOUR CAR! There's an easier way to sell your car. WE PAY MORE. WE PAY TODAY. Fast. Easy. Fun. Yes! It's true. Sell Us Your Car!" At the bottom, a dark banner features the Texas state flag and the website "TEXASDIRECTAUTO.COM".



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## WINTER OFFICE HOURS

### STONE GATE REC CENTER OFFICE

*Monday-Saturday 9:00am-5:00pm*

281-304-7448 | stonegaterec@att.net

11655 Canyon Green Dr | Houston, TX 77095

### STONE GATE SPLASHPAD ONSITE OFFICE

*Tuesday-Saturday 9:00am-5:00pm*

9901 Red Rugosa | 281-213-9777

### CANYON LAKES WEST REC CENTER OFFICE

*Tuesday-Saturday 9:00am-5:00pm*

281-855-0984 | canyonlakeswest@att.net

19722 Stanton Lake Dr. | Cypress, TX 77433



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## Please Control Your Pets!

It is important that animals have on ID tags at all times. If you happen to come across vicious dogs, or ANY loose dogs of this nature, please contact your local sheriff's department 281-463-6666, Animal Control at 281-999-3191. If you are familiar with the property address the pets belong to, please feel free to submit that information to PCMI – Heather Barbiche at hbarbiche@stes.com – to pursue the deed restriction violation. Notification and ample time must be given to the owner to correct the violation prior to any further pursuit by the Association.

It is a deed restriction violation if your pets are not confined to a fenced backyard or within your home. They must not be allowed to bark all night or cause a nuisance to your neighbors. They must also be on a leash at all times when not in a contained environment. It is also the pet owner's responsibility to keep ALL areas of the community FREE from pet debris when walking your pets. Please remember that cats must also be confined

*Animal Control can be reached at 281-999-3191.*

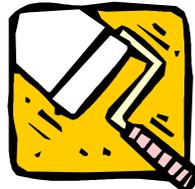
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## Sheriff Launches Mobile APP for Citizens to Turn in Crime Tips: iWatchHarrisCounty. Do You?

Sheriff Adrian Garcia and the Harris County Sheriff's Office (HCSO), in collaboration with iThinQware, Inc. ©, announced today the launch of a free mobile application that allows citizens to turn in crime tips using their mobile device. iWatchHarrisCounty is a virtual crime watch program that empowers citizens across the county to report suspicious behaviors or activities by turning in tips as text messages and emails with image and video attachments, and phone calls directly to the HCSO from almost any mobile phone or PC. Citizens can remain anonymous or may choose to disclose their identity.

There are four ways to report crime tips: Online at iWatchHarrisCounty.com. Text a tip to 1-855-HCSO-iWatch(1-855-427-6492). Use the downloadable app found on iWatchHarrisCounty.com.

Call 1-855-HCSO-iWatch (1-855-427-6492) iWatchHarrisCounty is for submitting crime tips only, not emergencies. Emergency calls should be made to 9-1

1. The HCSO is the first sheriff's office in the country to use the iWatch mobile app. "The iWatchHarrisCounty app helps us reach out to a digitally connected community in ways never before possible," said Sheriff Adrian Garcia. "Nowadays, almost everyone has a cell phone or a computer. Now you can use that mobile device, that technology, to help us prevent or solve crimes by sending us a tip from anywhere, anytime – if you see something, say something."

The "If You See Something, Say Something™" public awareness campaign was launched nationally last year by the Department of Homeland Security to

raise awareness of indicators of terrorism and violent crime, and to emphasize the importance of reporting suspicious activity to the proper law enforcement authorities.

"Until we invented the iWatch application, no citizen could say something with enough immediacy or with the precise detail that a criminal investigations agency could fully benefit from having," said Dan Elliott, founder of iThinQware, Inc. ©. The iWatch application will allow the HCSO to receive, vet, track, forward and share crime tips within its own organization, as well as to push out tips, photos, videos and information to other agencies if applicable. For more information on iWatchHarrisCounty visit [www.iWatchHarrisCounty.com](http://www.iWatchHarrisCounty.com) or [www.hcso.hctx.net](http://www.hcso.hctx.net). For more information on iThinQware, Inc. © visit [www.ithinqware.net](http://www.ithinqware.net).

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#### CYPRESS

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Spring Cypress at Skinner Road  
**281-304-9113**

#### ATASCOCITA

19143 W. Lake Houston Parkway  
W. Lake Houston Pkwy at FM 1960  
**281-540-9113**

**txercare.com**

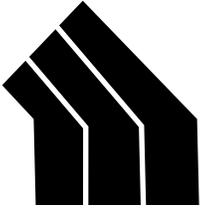


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**Stone Gate 2011  
 Community Event Calendar**

Resident Golf Tournament.....Monday, November 14  
 Gingerbread House Making..... Saturday, November 19  
 Ladies Brunch and Trunk Show..... Saturday, November 19  
 Holiday Yard Decoration Contest ..... December 4-10  
 Cookies with Santa.....Saturday, December 17

*Please contact Jennifer Henrie, Director of Community Events  
 at [jenniferhenrie@canyongate.com](mailto:jenniferhenrie@canyongate.com) if you would like  
 to help with any of our events!*

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**AREA EVENTS**

**APPLAUSE THEATRE & HOUSTON CENTER STAGE**

*Once on This Island*

Performances at 7:30 PM on Nov 4, 5, 11, & 12th and Sunday matinees at 2:30 on November 6th and 13th. For tickets, please visit our website [www.applausetheatre.org](http://www.applausetheatre.org) or call (281)440-4111.

**BALLET THEATER HOUSTON (BTH) PRESENTS,**

*The Nutcracker*

Richard E. Berry Center, 8877 Barker-Cypress Road  
 Friday, November 18th at 7:00 p.m  
 Saturday, November 19th at 1:00 and 7:00 p.m.

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## Cypress-Tomball Democrats

### NOVEMBER 16TH MEETING

The Cypress-Tomball Democrats will hold their monthly meeting on Wednesday, November 16th, at Luigi's Restaurant, 12779 Jones Rd., Houston, 77070. A meet and greet will begin at 6:30 p.m., followed by the general meeting at 7:00 p.m.

November's guest speaker will be Harris County Sheriff Adrian Garcia.

All are welcome to join this growing club. Meetings are held on the third Wednesday of every month. For more information, contact Olga Moya at [cytomdems@yahoo.com](mailto:cytomdems@yahoo.com).

## Covenant Academy Hosts Open House

### IN NOVEMBER

Covenant Academy invites parents seeking a rigorous academic program with a thoroughly Christian worldview to visit their Kindergarten through 8th grade classrooms and learn about their philosophy of education.

"We would love to show you Christian Classical Education at work. Please come by and tour our school," explains Jill Critchfield, Director of Admissions. Located at 11711 Telge Road in Cypress, Covenant Academy is hosting families of prospective students at their Open House on Tuesday, November 15th from 9am to 11am. Parents who are unable to attend at that time can make an appointment for an informative tour on the Tuesday of their choice at 10:15am. For more information, call 281-373-2233.

## UNWANTED SOLICITORS:

NO SOLICITING signs are posted through out the entrances of community. If this continues to be a growing issue at your residence and would like to place a NO SOLICITING signs in your yard you may certainly do so. Please be sure that the sign placed by your front door and you place only place (1) sign at your home.

If you feel in danger and think the solicitor will be in the community long enough to call the authorities out we suggest you call the local Police Department.



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- Fairfield
- Fairwood
- Harvest Bend The Village
- Kleinwood
- Lakemont
- Lakes of Fairhaven
- Lakes of Rosehill
- Lakes of Savannah
- Lakes on Eldridge
- Lakes on Eldridge North
- Lakewood Grove
- Legends Ranch
- Longwood
- North Lake Forest
- Riata Ranch
- Riverpark on the Brazos
- Shadow Creek Ranch
- Silverlake
- Southage
- Steeplechase
- Stone Forest
- Stone Gate
- Summerwood
- Village Creek
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## HEALTH BRIEFS NOVEMBER

### POSTMENOPAUSAL BLEEDING COULD BE SIGN OF ENDOMETRIAL CANCER

After a woman goes through menopause, it is not normal for her to start bleeding again, said a gynecologic oncologist at Baylor College of Medicine. Most postmenopausal bleeding is caused by the thinning of the cervix; however, in some cases bleeding is a sign of endometrial cancer and should not be ignored, said Dr. Concepcion R. Diaz-Arrastia, professor of obstetrics and gynecology at BCM. When caught in the early stages, endometrial cancer can be cured, Diaz-Arrastia said. However, there are few symptoms and no screening methods and often isn't found until later stages. That's why it is so important for women to be conscious of things that may be associated with the disease, like bleeding.

Endometrial cancer is the most common uterine cancer. It occurs in the endometrium or the lining of the uterus. More than 40,000 women are diagnosed with endometrial cancer every year in the United States. Women who are obese and/or have a history of irregular menstrual cycles have an increased chance of developing endometrial cancer, Diaz-Arrastia said. If you notice postmenopausal bleeding, contact your gynecologist and set up an appointment as soon as possible.

### SYMPTOMS POINT TO DIABETES

Maintaining a healthy weight, eating a low-fat diet and exercising regularly can help prevent the onset of diabetes and the many side effects of the disease, according to doctors at Baylor College of Medicine. Those with a higher risk of diabetes should also have their blood glucose levels screened regularly.

### RISK FACTORS FOR DIABETES INCLUDE:

- Obesity
- Sedentary lifestyle
- Unhealthy eating habits
- Family history and genetics
- Increased age
- High blood pressure and high cholesterol

A fasting glucose level of 70 to 100 mg/dL is considered normal, 100-125 mg/dL is considered pre-diabetes condition and 126 mg/dL or above indicates type 2 diabetes.

### SYMPTOMS OF DIABETES INCLUDE:

- Frequent urination
- Excessive thirst
- Increased hunger
- Weight loss
- Fatigue
- Lack of interest and concentration
- Blurred vision
- Vomiting and stomach pain

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