

# THE *Talk*

NEWS FOR THE  
RESIDENTS OF  
TIMARRON

November 2011

Volume 5, Issue 11

## Timarron Country Club Charity Classic

On October 2nd, ClubCorp hosted their fifth annual "Charity Classic" at their country clubs across the country, including Southlake's Timarron Country Club. Since its inception, ClubCorp's Charity Classic has raised over \$7 million for a variety of charities including Boys and Girls clubs, MDA and the Susan G. Komen for the Cure.



# THE TALK

## Newsletter Information

### Publisher

Peel, Inc. .... 888-687-6444  
 Articles..... [timarron@peelinc.com](mailto:timarron@peelinc.com)  
 Advertising..... [advertising@PEELinc.com](mailto:advertising@PEELinc.com)

## Article Submissions

Interested in submitting an article? You can do so by emailing [timarron@PEELinc.com](mailto:timarron@PEELinc.com) or by going to <http://www.peelinc.com/articleSubmit.php>. All news must be received by the 15th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for *The Talk*. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

## Advertising Information

Please support the businesses that advertise in the *The Talk*. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 20th of each month for the following month's newsletter.

### Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Timarron residents, limit 30 words, submit before the 15th of each month. Please e-mail [timarron@peelinc.com](mailto:timarron@peelinc.com)

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.



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## ADOPTION COALITION

### Jaquevius (Nov 2003) & Ny'Asia (Aug 2005)

Jaquevius is a loveable, warm spirited child. Ny'Asia is an endearing child who enjoys being hugged and treated like a princess. Jaquevius enjoys watching cartoons, playing with cars, trucks and things he can "tinker" with. He absolutely loves going to movies. Ny'Asia's favorite things to do are coloring and playing with dolls. Jaquevius and Ny'Asia need a loving, nurturing family who is highly structured and experienced in working with children.

To find out more about Jaquevius and Ny'Asia, Please contact Grace Lindgren, LMSW, at the Adoption Coalition of Texas, (512) 810-0813 or [gracelindgren@adopttexas.org](mailto:gracelindgren@adopttexas.org).

To learn more about the foster care adoption process, please call the Adoption Coalition of Texas at (512) 301-2825. Email [info@adopttexas.org](mailto:info@adopttexas.org) and visit our website at [www.adoptioncoalitiontx.org](http://www.adoptioncoalitiontx.org).

Adopting a child from the foster care system requires little or no cost to the adoptive family and funding may be available to help the adoptive family support the child or sibling group.



[adoptioncoalitiontx.org](http://adoptioncoalitiontx.org)



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## HEALTH BRIEFS - NOVEMBER 2011

### POSTMENOPAUSAL BLEEDING COULD BE SIGN OF ENDOMETRIAL CANCER

After a woman goes through menopause, it is not normal for her to start bleeding again, said a gynecologic oncologist at Baylor College of Medicine. Most postmenopausal bleeding is caused by the thinning of the cervix; however, in some cases bleeding is a sign of endometrial cancer and should not be ignored, said Dr. Concepcion R. Diaz-Arrastia, professor of obstetrics and gynecology at BCM.

When caught in the early stages, endometrial cancer can be cured, Diaz-Arrastia said. However, there are few symptoms and no screening methods and often isn't found until later stages. That's why it is so important for women to be conscious of things that may be associated with the disease, like bleeding.

Endometrial cancer is the most common uterine cancer. It occurs in the endometrium or the lining of the uterus. More than 40,000 women are diagnosed with endometrial cancer every year in the United States. Women who are obese and/or have a history of irregular menstrual cycles have an increased chance of developing endometrial cancer, Diaz-Arrastia said. If you notice postmenopausal bleeding, contact your gynecologist and set up an appointment as soon as possible.

### SYMPTOMS POINT TO DIABETES

Maintaining a healthy weight, eating a low-fat diet and exercising regularly can help prevent the onset of diabetes and the many side affects of the disease, according to doctors at Baylor College of Medicine. Those with a higher risk of diabetes should also have their blood glucose levels screened regularly.

### RISK FACTORS FOR DIABETES INCLUDE:

- Obesity
  - Sedentary lifestyle
  - Unhealthy eating habits
  - Family history and genetics
  - Increased age
  - High blood pressure and high cholesterol
- A fasting glucose level of 70 to 100 mg/dL is considered normal, 100-125 mg/dL is considered pre-diabetes condition and 126 mg/dL or above indicates type 2 diabetes.

### SYMPTOMS OF DIABETES INCLUDE:

- Frequent urination
- Excessive thirst
- Increased hunger
- Weight loss
- Fatigue
- Lack of interest and concentration
- Blurred vision
- Vomiting and stomach pain

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1426 Eagle Bend	\$1,295,000	733 Longford Drive	\$1,519,800
1204 Strathmore Drive	\$1,068,860	808 Longford Drive	\$1,495,000
1305 Regency Court	\$1,690,000	601 Northwood Court	\$1,488,800
1315 Avon	\$1,575,000	718 Nettleton Drive	\$1,540,000
1404 Kensington Court	\$1,562,500		

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#### Available Timarron Residential Real Estate Inventory

1345 Eagle Bend	\$1,875,000	7216 Blumair Terrace	\$899,900	1420 Bent Creek Drive	\$669,800	7200 Thames Trail	\$545,000
1436 Byron Nelson Pkwy	\$1,700,000	1413 Bentley Court	\$898,000	1205 Lansdowne Court	\$650,000	2215 Collins Path	\$529,900
1708 Byron Nelson Pkwy	\$1,695,000	1129 Province Lane	\$865,000	1203 Strathmore Drive	\$649,900	615 Regency Crossing	\$525,000
1900 Byron Nelson Pkwy	\$1,498,800	1205 Province Lane	\$830,000	1205 Strathmore Drive	\$639,000	723 Wyndor Creek Drive	\$485,000
1208 Chadwick Crossing	\$1,425,000	1305 Province Lane	\$819,900	1409 Waltham Drive	\$625,000	1713 Prince Meadow Drive	\$479,900
1622 Byron Nelson Pkwy	\$1,399,000	804 Aberdeen Way	\$760,000	1608 Caspian Lane	\$620,000	1475 Bent Trail Circle	\$478,800
1715 Byron Nelson Pkwy	\$1,395,000	7206 Brooke Drive	\$759,900	526 Queensbury Turn	\$615,000	700 Aberdeen Way	\$475,000
1516 Byron Nelson Pkwy	\$1,395,000	7300 Thames Trail	\$745,800	1303 Byron Nelson Pkwy	\$615,000	808 Caroline Lane	\$470,000
1203 Earleton Court	\$1,375,000	2007 Caspian Lane	\$744,900	716 Aberdeen Way	\$600,000	927 Midland Creek Drive	\$439,900
404 Oak Ridge Court	\$1,295,000	1700 Thames Trail	\$737,500	612 Logans Lane	\$599,900	600 Southwood Trail	\$439,900
1319 Eagle Bend	\$1,275,000	1907 Caspian	\$725,000	706 Westwood Drive	\$595,000	345 Highland Oaks Circle	\$439,900
402 Bryn Meadows	\$1,250,000	7204 Majestic Manor	\$724,550	604 Blair Court	\$582,800	606 Hartsberg Drive	\$438,000
1821 Province Lane	\$1,175,000	7203 Soliton Court	\$699,950	7201 Hainton Drive	\$579,900	712 Heathcliff Drive	\$429,900
402 Atherton Circle	\$1,074,800	2217 Collins Path	\$699,900	1507 Byron Nelson Pkwy	\$565,000	713 Wyndor Creek Drive	\$429,900
403 Atherton Circle	\$900,000	1609 Byron Nelson Pkwy	\$699,000	1320 Regency Court	\$550,000	120 Bent Trail Drive	\$429,900
2102 Concor	\$899,900	1315 Regency Court	\$689,900	714 Westwood Drive	\$549,900		

Statistics as reported by NTRIS as of 10/19/2011

