

RANCH RECORD

Official Newsletter for the Steiner Ranch HOA

VOLUME 6 ISSUE 1 JANUARY 2012



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JULIA C. HAWTHORNE, DDS

G. DAN DEVINE, DDS

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COMMUNITY INFO

STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane Austin, Texas 78732 512-266-7553 – Telephone 512-266-9312 – Facsimile www.steinerranchhoa.org

REGULAR OFFICE HOURS

rriday	10:00am – 3:00pm
Saturday & Sunday	CLOSED
STAFF	
CMCA, AMS, PCAM, Executive Director	
Scott Selman scott@	steinerranchhoa.org
	· ·

Monday - Thursday 1:00 – 5:00pm

CMCA, Community Coordinator Sharon Adams sharon@steinerranchhoa.org

Facility Manager	
Kenneth Romich	ken@steinerranchhoa.org

CMCA, Maintenance Manager	
Rafael Echazarreta	. rafael@steinerranchhoa.org

Melissa Rivera	melissa@steinerranchhoa.org
Community Standards Coord	inator
Mackal "Mack" Gill	mack@steinerranchhoa.org

Amenity Coordinate	r	
Patricia Campbell	patricia@steinerranchhoa.org	,

Front Office Coordinator	
Donan Grant	donan@steinerranchhoa.org

Maintenance Technician

Accounting Coordinator

Angel Alvarado Macedonio Salazar Josue Gutierrez

MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

"Be the Community."

IMPORTANT NUMBERS

EMERGENCY NUMBERS	
EMERGENCY	911
Fire	911
Ambulance	911
Sheriff – Non-Emergency	512-974-0845
Travis County ESD No.6/Lake Travis Fire R	Rescue
Administration Office	512-266-2533
Travis County Animal Control	512-972-6060
STEINER RANCH CONTACTS	
Steiner Ranch Community Association Offi	ce512-266-7553
Development Office	
1	
SCHOOLS	
Leander ISD	512-570-0000
Vandegrift High School	512-570-2300
Canyon Ridge Middle School	512-570-3500
Laura Welch Bush Elementary	
Steiner Ranch Elementary	
River Ridge Elementary	
UTILITIES	
Travis County WCID # 17	512-266-1111
City of Austin Electric	
Texas Gas Service	
Custom Service	1-800-700-2443
Emergencies	
Call Before You Dig	
AT&T	
New Service	1-800-464-7928
Repair	
Billing	
Time Warner Cable	1-000-070-7720
Customer Service	512 /85 5555
Repairs	
TDS (Trash & Recycle)	
Austin/Travis County Hazardous Waste	
Austrii/ Havis County Hazardous waste	
OTHER NUMBERS	
Lake Travis Postal Office	512-263-2458
NEWSLETTER PUBLISHER	
Peel, Inc.	512-263-9181
Advertisingadve	
0	001

GO GREEN! GO PAPERLESS!

Sign up to receive the Ranch Record directly to your inbox.
Visit PEELinc.com for details.

COVER PHOTO
Do you take great photos?

This month's cover photo is of Austin Jang, playing in his backyard at the UT Golf Course enjoying his first taste of snow during the Feb 2010 snow storm.

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming December issue of the Ranch Record.

Requirements for submission:

- Must have been taken in Steiner Ranch
- Be of High Resolution (240 dpi or higher)
- Prefer "portrait" orientation

We'd love to have something that pertains to this time of the year in some way, such as a great Winter photo. Our January 2012 issue submittal deadline is December 7th and photos should be submitted electronically by the deadline date to Sharon Adams at sharon@steinerranchhoa.org.

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.

ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to <u>steinerranch@peelinc.com</u>. The deadline is the 8th of the month prior to the issue.





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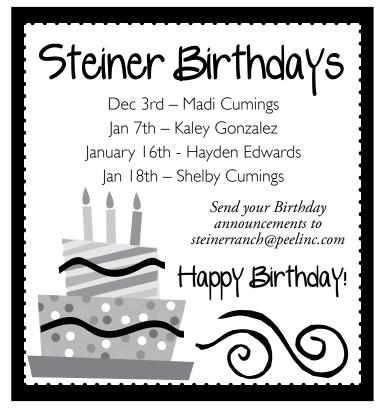


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MARK YOUR CALENDARS NOW! 2012 Steiner Ranch Social Events

(Dates are Tentative)

Feb 18 – Chili Cook-off

Mar 3 – Run the Ranch

Apr 7 – Easter Egg Hunt

Apr 14 – Spring Garage Sale

May 5 – Cinco De Mayo

July 4 – Parade

Aug 18 – Concert in the Park

Sept 22 – Garage Sale

October – Pumpkin Patch – Benefiting Dell Children's Hospital

Oct 31 – Halloween Event

Nov 3 – Camping on the Ranch

Nov 10 – Holiday Sales Event and Santa Pictures

All Events are tentative and subject to change or cancel, so please check monthly issues of the Ranch Record, the Steiner Ranch website at www.steinerranchhoa.org and Facebook (Steiner Ranch Social Committee) for updates.



PIANO INSTRUCTION:

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Young at Heart EVENTS

steinerranchyoungatheart@gmail.com

Young at Heart is an informal group of Steiner Ranch residents that plans various activities for those in the 50+ age group to provide opportunities for them meet others with common interests. We have parties, informal wine socials, impromptu get-togethers and one Special Event each year. From these social occasions, friendships have developed and other groups have formed.

The Young at Heart website is being developed and should be operating soon. Current information about activities will be available on the website. Everyone on the Young at Heart email list will be notified when it is operational.

BOOK CLUB

Monday January 16th

The Book Club meets on the third Monday of every month at 1:30 PM at Cups and Cones. In January we will be discussing The Guernsey Literary and Potato Peel Society by Mary Ann Shaffer and Annie Barrows. Please contact Maureen Michel (mmichel17@ att.net) or Beverly France (bevfrance@aol.com) if you have any questions. Our discussions are quite spirited and most interesting.

BRIDGE CLUB

The Ladies Daytime Party Bridge Group plays on the second and fourth Wednesdays of each month at members' homes. Those who are interested in playing or subbing, please contact Nancy Harger (n_harger@yahoo.com) or Ellen Kendrick (ellenken@sbcglobal. net) for details.

LADIES LUNCHING OUT

Once a month a group of the Young at Heart women meet for lunch at a local restaurant. On Tuesday, January 17th we will be having lunch at a local restaurant. If you would like to come, please contact Dottie Thoms at dottie.thoms@gmail.com or 531-9360 for more information.

LADIES GOLF

A Ladies Golf Group is being formed. If you are interested in getting more information or joining, please send an email to steinerranchyoungatheart@gmail.com and put Ladies Golf in the subject line.

MEXICAN TRAIN

Enjoy a lighthearted game of Mexican Train (Dominos) on the first Wednesday of every month at 1:00 PM. We play in the homes of our members and can usually only accommodate eight players. Experience isn't necessary; we'll teach you. Our next game will be on Wednesday January 4th at the home of Dottie Thoms. Since there is limited space, please RSVP to dottie.thoms @gmail.com to be sure to be included.

TECHNOLOGY GROUP

Monday, January 9th at 1:00 PM Bella Mar Meeting Room

Topic: How to Use Your New Handheld "Toys"

It's after Christmas and you might have some new tech toys like a smartphone or a tablet to play with. Bring your handheld "toy" to our Young at Heart Technology Group meeting to find out how to make the most of your new Apple or Android device. Laurie Scott, Steiner Ranch's resident "Tek-Chic", will show you how to get the most from your new handheld technology.

The Technology Group is meeting monthly and is for men and women who want to update their knowledge and skills. The sessions are geared to beginner and intermediate skill levels although everyone interested in the subject is welcome. If your children and grandchildren know far more than you do, this is your chance to get up-to-date!

We are fortunate to have Steiner Ranch's resident Geek, Laurie Scott, teaching and answering questions. She plans to talk about an hour on the topic and then will answer questions for up to another hour. Take home materials will be provided. For more information, please contact Bev France at Bevfrance@aol.com or 266-2960. RSVPs are not required but would be appreciated for planning purposes.

The Walking Group is looking for a new chairperson to coordinate and schedule activities. If you are interested in walking or willing to help planning and organize, please email steinerranchyoungatheart@gmail.com with Walking in the subject line.

WALKING GROUP

WINE SOCIAL

Saturday January 14th 7:00 PM

Location to be determined

Details will be emailed to all on the Young at Heart email list. If you would like to receive information, please email your contact information to steinerreanchyoungatheart@gmail.com with Wine Social in the subject line.

This provides an opportunity to visit with old friends and meet new ones in an informal setting. It is held in a member's home. Everyone brings a bottle of wine or their beverage of choice and an appetizer to share.

(Continued on Page 10)

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Young at Heart Events- (Continued from Page 8)

FOR MORE INFORMATION:

To make it easier for people to connect with others with similar interests, a roster of all Young at Heart members is being prepared. It will include names, addresses, contact information and interests (bridge, golf, book club, hiking, boating, dining out, etc) and will be available to all Young at Heart members. If you want your information included, please email steinerranchyoungatheart@gmail.com with the word Roster in the subject line.

If you are interested in learning more about Young at Heart activities and about our informal social events, add your name to our email list. Just send your name, phone number and email address to steinerranchyoungatheart@gmail.com . Everyone on the email list will be sent information about upcoming events, locations, etc.

Please contact Cheryl Burnaw at cherylburnaw@aol.com or Dottie Thoms at dottie.thoms@gmail.com or at 531-9360 if you have questions or want more information.





STEINER RANCH Annual Chile Cook-off

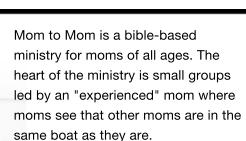
February 18th • 6:30pm – 9:30pm \$10 per Non-Chili entry • Free per Chili entry

Dust off your cookbooks, don your aprons, and get ready to impress your friends and neighbors with your own delicious version of a good ol' Texas chili. And for you folks not from around these parts, show us how it's done where you come from! Not a chili chef but got a willing stomach and a taste for the hot stuff? GREAT! Come eat with us! So come in from the cold for our spicy hot competition, featuring some of the tastiest, tangiest and most original chili created by our very own residents and accompanied by a variety of beer.

Vote for your favorite chili in the People's Choice Award competition and stay for our trophy presentations for this and the Judge's Choice. The competition and the chili will be lively.

Mark your calendars and book your babysitters – the date is February 18, 2012 from 6:30 to 9:30 pm at the Towne Square Community Center!

Check the HOA web site (www.steinerranchhoa.org) for the online registration information and register today!



Join us...

Monday nights starting Jan. 9 Towne Square Community Center 7:30 - 9:30pm

Led by Tonya Esler (esler5@gmail.com)



HILL COUNTRY
BIBLE CHURCH Steiner Ranch

Laura Welch Bush Elementary 12600 Country Trails Lane Sunday Services 9:30 &11:00am 512.331.5050

www.hcbc.com/steiner

There we meet...

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FIREWISE CHAT #1

Ranch Record - January 2012

I hope you have been following the articles in the Ranch Record and local newspapers about the Firewise Initiative in Steiner Ranch. Since the Labor Day fires in Steiner and our continued drought, this should be of high concern to all of us.

My name is Nathasha Collmann and I am chairing the Steiner Ranch Firewise Committee. I have lived in Steiner for almost 18 years. The first 13 years we lived on a greenbelt lot on McNelly Trail in Plateau - 2 doors down from Varner Ct and just down the street from Schleicher and Medina River. Of the 23 homes that were destroyed, many belonged to personal friends and neighbors. Almost 5 years ago, we moved to Savannah Point and the day after Christmas 2007 we watched and filmed the UT Golf Club fire from our upstairs game room. We were thankful the strong wind that day was blowing away from the canyon between our home and the golf club. Our new home would likely not have survived had the fire spread into the Preserve. We became very concerned about our wildfire risk, so we looked into wildfire management, which led us to the Firewise Program. We had some discussions with the HOA but when they organized a Firewise Meeting for Steiner in 2009 - no one showed up!

In 2009, fire officials told us that wildfires were a rare occurrence in Central Texas due to our climate. High humidity during the summer helped when the ground was scorched and dry. The fall rain prepared the vegetation for the dry, windy winter cold fronts. So long as this pattern continued, the minor grass fires were relatively easy to contain. This is NOT the case anymore! We are in a multi-year drought (even given the slight relief of our recent rains) and in the height of our scorching summers and the dry windy fronts in winter, Central Texas is a bonfire looking for any small spark to ignite! According to Asst Fire Chief, John Durham, the new norm in these conditions is medium timber fires - just like the fires that occurred Labor Day weekend.

FACT #1 - we live in an area prone to wildfires.

FACT #2 – we can take action to prevent loss of lives and property BUT the responsibility lies with US.

Firewise offers the tools we need to educate homeowners about preventative action within the Home Ignition Zone to make homes more fire resistant, work with the HOA on setting community standards for fire resistant fencing, landscaping, and construction, and to work with the HOA and Travis County to establish and implement guidelines for fuel breaks in the greenbelts. We have already started taking action in Savannah Point - we collaborated with Travis County, Lake Travis Fire Rescue, and the HOA to organize a community workday to remove existing brush and debris from the surrounding Preserve. Nearly 4 truckloads of dead brush was removed, chipped, and recycled in one day, resulting in less fuel for potential wildfires.

We NEED your help! We are currently forming the SR Firewise Committee and need representatives from all areas of Steiner so that we can address the needs and concerns of EVERYONE. Please consider giving your time to help Steiner become Firewise. We will begin meeting in January so we can draft the Community Wildfire Protection Plan (CWPP). The CWPP will be the primary means of communicating neighborhood goals and desires in areas such as evacuation routes and fire mitigation in the preserve land, to the appropriate Travis County officials. It will also serve to create community standards and goals for educating all homeowners on what can be done on your individual lot to prevent the spread of fires. Contact me at ncollmann@gmail.com if you are interested.



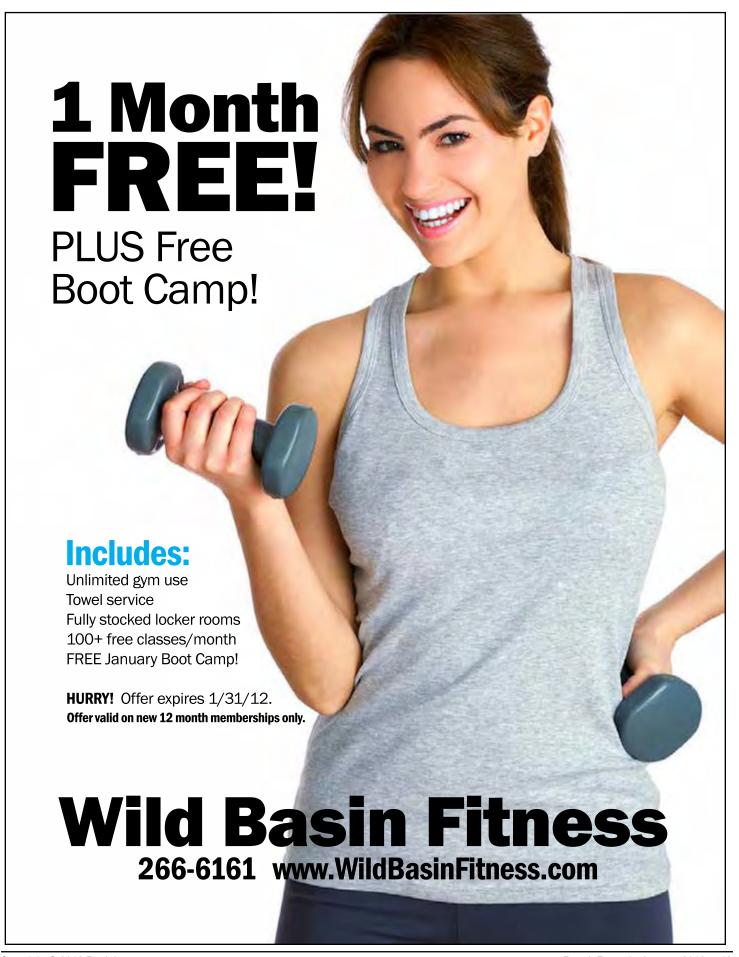
ESTATE PLANNING & BUSINESS LAW

Join us on January 26 at 9:30 a.m. Legal Smarts for Women

Davenport Village Location on 360 in Westlake

For more information, click our Events page at julianickerson.com





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TRAILS UPDATE - JANUARY 2012

In last month's trails update I reported that we had removed a significant number of t-posts along the River Heights Trail and said that I hoped by this update we would have removed some remaining t-posts along the Westridge Canyon Trail. Well, I'm happy to report we were able to remove these t-posts. We also were able to clear the Bear Creek Trail of fallen trees in several locations along the trail from the Steiner Ranch Boulevard entrance to a few hundred feet past the intersection with the Dry Gulch Trail. I would like to thank everyone who came out and assisted with this trail work.

Last month, I wrote about keeping your dogs on a leash when you walk the trail. This month I need to ask that those who travel the trails with their dogs make sure they pick up after them. If nothing else, please move anything your dog leaves behind off the trails. No one likes to deal with having to walk around dog poop, and even though our pups aren't the only animals on the trails, we can do something about what they leave behind. Okay, no more ganging up on the dog owners (myself included)!

For the safety and enjoyment of those who use the trails, here are some basic rules of trail use etiquette and safety.

 Hikers and runners have the right-of-way over bikers. I know while biking I've come across many hikers/runners who quickly get out of the way, and while I'm running I generally move over

- as well, given that the biker is usually traveling faster than I am. But in reality it's the bikers that need to be yielding.
- If two bikers come face-to-face on a hill, the biker traveling up hill has the right-of-way.
- If you're heading out on the trails solo, let someone know where
 you're going and carry a cell phone with you. You never know
 when you might need to let someone know you're delayed because
 you got lost, or alert someone if you're injured.

If you would you like to provide input or get involved, please come to the next Trails Committee meeting. All residents are welcome to attend. The time, date and location will be posted on the community website, www.steinerranchhoa.org. You can also join the Yahoo! Email group by sending an email to steiner trails-subscribe@yahoogroups.

com. This is an excellent way to stay apprised of what's going on or to provide input on our trail system.

If you have any questions, comments or thoughts on improving existing trail system, please contact me at 699-6139 or by email at Ed.Perrey@yahoo.com Thank you!



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Saturday Morning Group Trail Run

Please join us for a fun but challenging group trail run each Saturday morning starting at 7:30 am. We meet at the trailhead located at Majestic Oaks Drive and Grimes Ranch Road. The usual run is about five miles with some people occasionally sticking around afterwards to tack-on a few additional miles. All abilities are welcome and those looking to learn the Steiner Ranch trail system are encouraged to attend. If you have any questions about the run please contact Steve at steve@capitalcityrunning.com or call 266-1000. We hope to see you this Saturday morning!

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Celebrate & Renew with Friends, Fitness, & Fun!!

Celebrate the end of one year and jump start the new year in stride at this FREE indoor community fitness event. Shannan Carrozza, Inspirational Wellness Coach and "Certified Walk Live Leader, is hosting a FREE indoor 5K celebration to get us all walking off those extra pounds we inevitably pick up over the holidays. This event is a fun way to walk with old friends and make some new ones as you move into the New Year, feeling good about your body, yourself, and your future, as well as experience what the Walk Live Classes Shannan leads in our community are all about.

This FREE event is open to everyone regardless of exercise routine, or lack thereof. In just 45 minutes participants will complete a 5K (3.1 mi.) multi-muscle walk inside the Steiner Ranch Towne Square Community Center. No athletic ability or superpower coordination skills required. The entire walk takes place indoors and you move to the music with 4 basic steps that get your heart pumping and your muscles moving. All fitness levels are welcomed and everyone has a blast with Shannan in Walk Live!

Enjoy complimentary water and snacks, and a chance to win some great door prizes!

Plus, every participant will receive a FREE 30 minute Wellness Strategy Session with Shannan. Together you will identify your goals and desires and set a plan of action to start you moving toward a year of loving your body and your life. (You must register to qualify for the door prizes and free wellness strategy session. All free wellness strategy sessions will be scheduled after the 5K event).

Space is limited and pre-registration is required so register now! Go to www.WalkLiveAustin.com to register now! Bring a friend! It's FUN & it's FREE!! Friday January 6, 2012 • 9:00am – 10:00am

Towne Square Community Center



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SMALL COMMUNITY SCHOOL

Makes Big Community Impact



Bluebonnet Montessori School of Lakeway finished up its participation in the local area Coats for Kids community fundraising event with a Coat Collection Party on the final day of the drive at John Simpson Park on November 30th. The fundraiser helps to bring warm coats to the children of Central Texas.

For the 2011 drive, the school more than doubled the cash donations it had

raised from the previous year with \$2,210.55 in cash donations and 245 gently used coats. The school worked with many local businesses to have coat collection and cash donation boxes available for those to donate, which contributed to this year's success.

The coat collection party on November 30th in John Simpson Park was a festive event during a sunny afternoon. The location worked out well as Steiner Ranch residents

told volunteers that they saw the sign, and then had time to go home and retrieve their coats to donate. Kids were able to play at the park in the cool autumn weather, and face painting was provided by artist Patricia Calabrese. Food and treats from several Austin vendors were donated to the event at no charge. Gorgeously crafted coat shaped sugar cookies from Rise and Shine Bakery, gourmet flavored popcorns from Cornucopia and pizza from Mangieri's Pizza were enjoyed by all who stopped by to make a donation. Also, Lakeside Signs and Graphics provided the wonderful banner to advertise along Steiner Ranch Boulevard the afternoon of the party and The Market in Steiner Ranch blew up helium balloons for the event!

About Coats for Kids: Now in its 25th year, Coats for Kids is an annual community project that collects and distributes warm winter coats to eligible children and teenagers in Central Texas. Each year, The Junior League of Austin, Jack Brown Cleaners, KASE 101, and KVUE partner to bring the community together to ensure that the children of Central Texas stay warm.



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Now that the weather has turned cold and the pool heater at the Bella Mar Lap pool is on, it has become necessary to cover that pool. Due to the limited recourses of Association Staff, it is necessary to cover the pool when staff is not on site. Homeowners are NOT ALLOWED to uncover the pool at any time. The following hours will apply:

BELLA MAR (HEATED)

Splash Pool & Baby Pool Closed for season Lap Pool:

Mon 2:00pm – 6:30pm Tue-Fri 7:00am – 6:30pm Sat & Sun 7:00am – 2:00pm

The following programs will be using the lap pool:

Master's Swim Program – Wednesday & Friday 5:30am – 6:45am; Sunday 6:30am – 7:45am VHS Swimming Monday & Wednesday 6:30am – 9:00am

Monday & Wednesday 6:30am – 9:00am Tuesday, Thursday & Friday 7:10am – 9:15am Lap lanes will be available to lap swimmers during these sessions.

TOWNE SQUARE (UNHEATED)

Closed Monday until 12:00pm Tuesday – Sunday 8:00am – 10:00pm

JOHN SIMPSON (UNHEATED)

Closed until renovations are complete

Please note**Lifeguard are no longer on duty . **Swim at your own risk.**

Year Round Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed!! No intimidation allowed!! If you can swim one length of the pool, then you are ready to join in on the fun. Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm.

For more information visit www.redgiantsmasters.org.

OUR SWIM SCHEDULE IS AS FOLLOWS:

- Wednesdays and Fridays at 5:30 a.m. until 6:45 a.m.
- Sundays at 6:30 a.m. until 7:45 a.m.
- \$35 per month for Residents

COME ON AND GIVE IT A TRY! IT'S EASY TO SIGN UP:

- 1. You must be 18 yrs. and older.
- 2. Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, www.usms.org/reg and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office.
- 3. Fill out the Program Registration form at the HOA office, provide a copy your USMS card and submit payment!

As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

Steiner Ranch Yoga Come learn what yoga practitioners have known for over 5,000 years in improving their Health & Physical Fitness. Register Online or Call Today! 512.243.7441 info@steinerranchyoga.com

Research Supported Outcomes & Benefits of Yoga

- Increased Muscular Strength
- Increased Muscular Flexibility
- Increased Balance Control
- Improved Posture
- Increased Cognitive Performance
- Increased Heart Function
- Improved Relaxation & Well-Being
- Decreased Stress Hormones
- Decreased Resting Blood Pressure
- Decreased Anxiety & Depression
- Reduced Symptoms of Insomnia



Make one of your New Year's resolutions to attend one of the great Workshops offered in Steiner. They are all Free to Steiner Ranch Residents!

We are always looking for more unique and different workshops to offer residents so if you or someone you know can provide education opportunities that are not already being offered for Steiner Ranch residents, please contact Sharon Adams at sharon@steinerranchhoa.org or 512-266-7553.

JANUARY 4TH – RESOLUTION SOLUTIONS!– Four of the 10 Most

Popular New Year's Resolutions from USA. gov are related to HEALTH...Eat Right, Lose Weight, Get Fit, and Reduce Stress.

- Find out that what makes you healthier can also make you thinner!
- Learn ways to reduce your risk of heart disease, cancer, diabetes, Alzheimer's, asthma & more!

Workshop Series

Learn simple solutions for healthy living!
 7:00pm TSCC

Healthy smoothies will be provided RSVP: Stephanie Brown 512-520-8308 or stephrooskie@gmail.com

JANUARY 10TH -UT AUSTIN -OSHER LIFELONG LEARNING

INSTITUTE - Gertrude Stein said: "You are always the same age inside." You can test that theory when you join the lifelong learning programs at UT Austin. Join members of the OLLI programs to learn about this outstanding opportunity.

At the Thompson Conference Center on the UT campus, the Osher Lifelong Learning Institute (OLLI) offers non-credit, daytime, academically based seminars and lectures. Membership includes parking adjacent to the Center, and the opportunity to exchange ideas, thoughts, and lessons learned.

Program members interact with top faculty, independent scholars, professionals, and leaders in business, non-profits, and the public sector.

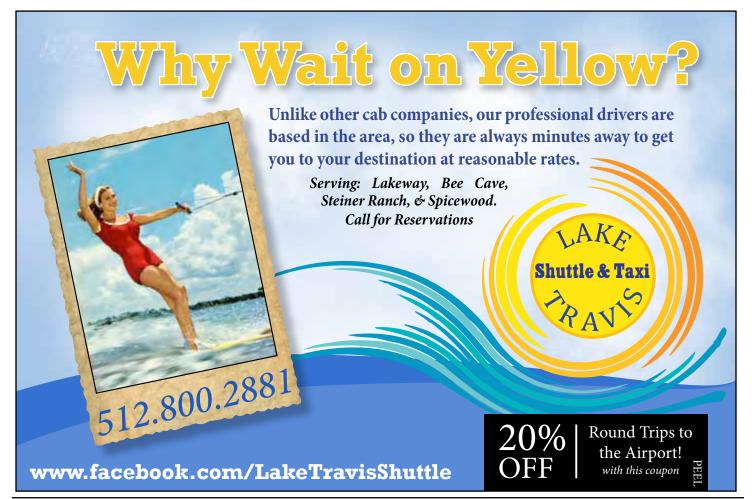
Join other Steiner Ranch residents in this adventure of learning at UT Austin. 6:30pm TSCC

RSVP online at www.utolli.org or call the OLLI office at 512.471.3124.

JANUARY 12TH - COMMUNITY WIDE FREE GOAL SETTING CLASS

Happy New Year! With a new year comes new goals, hopes and aspirations for the things to come and be accomplished. It has been proven time and again, that in order to reach your goals, it helps to be "SMART" about it.

(Continued on Page 20)



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Around Steiner

Workshop Series (Continued from Page 19)

S: Specific - Exactly what is it you want to achieve?

M: Measurable - Be able to track progress and outcome

A: Action Oriented - Say what you are going to do & write down

R: Relevant - Challenging but realistic

T: Time Bound - Include a time limit

Join Susan & Gene Arant of Keller Williams Realty and hear them share their method and materials used during their annual couple's goal setting. The Arant's have used and tweaked a variety of goal setting formats over the past 10 years and have compiled a simple, understandable format to help facilitate accomplishing your goals. Join them, Thursday, January 12th from 6:00pm to 7:30pm at the Town Hollow Community Center. Coffee and materials will be provided. If you are unable to join and would still like a copy of the materials, feel free to contact Gene Arant at gene@genearant.com.

JANUARY 17TH - WOMEN'S SOCIAL AND

PAMPERING NIGHT - Come meet new girlfriends! Enjoy a night of fellowship with your Steiner Ranch neighbors while zipping a glass of wine and receiving a complimentary beauty treatment.

7:00pm TSCC

Please RSVP 512-914-7711 Patty Rovano and Catherine Slezak

JANUARY 24TH - 9 SIMPLE STEPS TO PRIME TIME

HEALTH - Join us for a fun time as Dr. William Sears joins us via DVD to share his scientifically proven healthy-aging program that will help you:

- Prevent disease
- Sharpen thinking
- Boost energy
- Take charge of your life

7:00pm TSCC

Healthy smoothies will be provided

RSVP: Stephanie Brown 512-520-8308 or stephrooskie@gmail.com For additional information go to www.steinerranchhoa.org or contact Sharon Adams, Community Coordinator at sharon@steinerranchhoa.org.









American Red Cross Babysitter Training Course

9:00am - 4:00pm \$50 per person This is a very popular class, so sign up early for any of the dates below!



Classes for 2012

Jan 7th Apr 14th May 12th

Aug 4th Oct 27th

Dec. 8th

Towne Square Community Center 12550 Country Trails Lane

If you're 11 to 15 years old, you can get the knowledge, skills and confidence to care for infants and school-age children. Combining video, a participant's handbook, activities, hands on skills training and discussion for a complete learning experience, this course shows you how to-

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants

Bring a sack lunch! Space is limited. Prior registration is REQUIRED and the 2011 Program Registration form is available at www.steinerranchhoa.org.

REGISTRATION IS OPEN 2012 Winter/Spring **Programs**

2012 Winter/Spring Programs in Steiner Ranch will begin in January! Registration has opened December 1st for Residents, so go online and look for all program information in the 2012 Program Guide at www.steinerranchhoa.org. Here is a summary at what you will find:

PRESCHOOL PROGRAMS

SPECIAL PROGRAMS Neighborhood Sports

Sportball

Tap & Ballet Combo

- Flag Football

Gymnastics Tennis

- Soccer

Spanish Music

Spring Break Camps

ELEMENTARY - TEEN PROGRAMS

ADULT PROGRAMS

Yoga Sportball Karate Tab & Ballet combo Tennis Hip Hop Zumba **Gymnastics** Stroller Strides Karate Walk-Live

Tennis

Art

After School Supper Club

Registration information can be found on-line at www. steinerranchhoa.org or at the Community Association Office at 12550 Country Trails Lane.

If you have any questions, please call Sharon Adams, Community Coordinator at 512-266-7553 or sharon@steinerranchhoa.org.

I have buyers for a 4bed/2.5bath, 2,500sf+, around \$300,000 house in Majestic Oaks, Headlands, Plateau etc. neighborhoods. Agents or owners contact me ASAP!



Sasha Lemay, Realtor, Zip Realty working with sellers & buyers

512,423,5898 sasha.lemay@ziprealty.com



Steiner Ranch ORTHODONTICS



MORE THAN JUST A SMILE.

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STEINER RANCH

BASTROP



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Treatment for Children, Teens & Adults

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www.BracesAustin.com

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Ranch Record - January 2012

JANUARY 2012

7				-			
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Association Office Closed 6:30pm – FREE Yoga (TSCC)	7:45am – Free Pilates (TSCC)	1:00pm – YAH Mexican Train 7:00pm – Resolution Solutions! (BMCC)	5	9:00am – 10:00am – Free Walk Live 5K (TSCC)	7 7:30am – Group Trail Run 9:00am – 4:00pm – American Red Cross Babysitting Class (TSCC)
元 山京	8	6:30pm – FREE Yoga (TSCC) 1:00pm – Technology Group – How to use your new handheld "toy" (BMCC)	7:45am – Free Pilates (TSCC) 9:30am – Social Committee Meeting (Cups & Cones) 6:00pm – UT OLLI (BMCC) 6:30pm – Facilities Committee Meeting (TSCC)	 YAH Bridge Club	6:00pm – Goal Setting Class (TSCC)t	13	l 4 7:30am – Group Trail Run 7:00pm - YAH Wine Social
The second second	15	1:30pm – YAH Book Club 6:30pm – FREE Yoga (TSCC) LISD Staff Development Day/Student Holiday	17 7:45am – Free Pilates (TSCC) YAH-Ladies Luncheon Out 7:00pm Women's Social & Pampering Night (TSCC)	18	19	20	2 I 7:30am – Group Trail Run 9:00am – 5:00pm – Yoga Retreat (BMCC)
	22	6:30pm – FREE Yoga (TSCC)	7:45am – Free Pilates (TSCC) 1:30pm – YAH Book Club (Cups & Cones) 7:00pm – 9 Steps to Prime Time Health (TSCC)	25 YAH Bridge Club	26 6:00pm – SRROA Board of Directors Meeting (TSCC)	27	28 7:30am – Group Trail Run
	29	30 6:30pm – FREE Yoga (TSCC)	7:45am – Free Pilates (TSCC) 3:30pm – SRMA Board of Directors Meeting				



FEBRUARY 2012

		411				V AII
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1:00pm – YAH Mexican Train 7:00pm – Resolution Solutions! (BMCC)	2	3	4 7:30am – Group Trail Run
5	6:30pm – FREE Yoga (TSCC) 1:00pm – Technology Group	7:45am – Free Pilates (TSCC) 6:30pm – Facilities Committee Meeting (TSCC)	8 YAH Bridge Club	9	10	7:30am – Group Trail Run
12	1:30pm – YAH Book Club 6:30pm – FREE Yoga (TSCC)t	14 7:45am – Free Pilates (TSCC)	15	16	17	7:30am – Group Trail Run 6:30pm – Chili Cook-Off (TSCC)
19	6:30pm – FREE Yoga (TSCC)	7:45am – Free Pilates (TSCC) 1:30pm – YAH Book Club (Cups & Cones) 7:00pm – Women's Social & Pampering Night (TSCC)	22 YAH Bridge Club	6:00pm – SRROA Board of Directors Meeting (TSCC)	24	25 7:30am – Group Trail Run
26	6:30pm – FREE Yoga (TSCC)	28 7:45am – Free Pilates (TSCC) 3:30pm – SRMA Board of Directors Meeting	29			





Contact me for more info or visit www.12109CapellaTrl.com



moreland



- 5 bedrooms 3.5 baths 3-car garage
- 2 living 2 dining
- · media room · gameroom · study
- · unrestricted hill country and canyon views
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- offered at \$560,000

Sam Wachnin REALTOR® Steiner Ranch Resident 512.656.3378 sam@moreland.com





Our January Specials Won't Last Long!

New Year, New Body:

Exilis \$250 per treatment, per area, great for fat reduction and skin tightening.

New Year, Fresh Skin:

3 peels + skin care products, \$325, perfect for sun spots and fine lines and wrinkles.

Offers valid through 1-31-2012



We are pleased to announce the addition of Jennifer Jordan, a certified Physician Assistant. Jennifer has over 7 years of experience in dermatology, and brings a wealth of knowledge to her care of patients. Under the supervision of Dr. Lain, Jennifer is able to see patients of all ages. Steiner Ranch Dermatology is now open Monday through Friday for cosmetic and medical patients!



4300 N Quinlan Park Rd. #225 Austin, Texas 78732 512.266.0007 steinerranchdermatology.com



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Ranch Record - January 2012 27

Around Steiner

Yoga Retreat

Balancing the Personality with integrating practices from all the branches of yoga by Satyanada Yoga Center (Yoga teachings of Bihar School of Yoga)

JANUARY 21st, 2012

SATURDAY 8 a.m. to 5 p.m.

(Includes lunch & yogic high tea) Bella Mar Community Center at 12401 Bella Mar Trail, Austin, Tx. 78732.

What accounts for the differences in personality? Qualities that exist in the Universe; (Faculties, attributes).

In yoga these qualities are known as GUNAS.

- Sattwa guna = pure, unadulterated, luminosity & harmony.
- Rajas = activity involving the ego, selfish, violent.
- Tamas = inertia, ignorance.

Some of us have more of a propensity towards one guna over others. Very, very few are predominantly sattwic. How do we move from tamasic to sattwic? How do we balance the gunas within us, to prevent being pulled in different directions, to integrate the personality? Learn practices from all the branches of yoga that help to increase sattwa guna - From Hatha, Raj, Karma, Bhakti, Gyana, Mantra, Tantra, Nada Yoga; Diet & Lifestyle. Know how to integrate the various

Fee: \$81. Registration required: Payment & registration form available at HOA Office or online at www.steinerranchhoa. org under 2012 Program Registration form.

Questions call: (512)



SUMMER RAINE ORIGINALS

Simply Fabulous Creations

BAUBLES & BLING

Enjoy one-of-a-kind handmade baubles & bling!

Take your outfit from ordinary to fabulous! Get one for yourself and several as signature gifts for friends & family.

PAPETERIE

Eye-catching designs that are sure to WOW!

Paper Goodies Include

Business Cards - Personal Contact Cards All Occasion Greeting Cards - Gift Tags Wine Tags & More!

Don't see quite what you want? Please call me... together we can create a piece that is uniquely YOU! Very reasonable pricing along with combo packages and special discounts!



Stephanie Raine 804.310.5959 SummerRaineOriginals.com

JANA STOKES DESIGN

Create a place you'll love to call home.

CONSULTATION

A fresh outsiders perspective of your home. Coaching helps show you the beauty to call out. what pieces to shop for & expensive mistakes to avoid.

REDESIGN

Working with what you have to bring out the best. This is a wonderful, cost-effective way to rejuvenate your home.

MOVE-IN DESIGN

You don't have to look like you just moved in! I can show you how to make your furniture & accessories "work" in your new home.

FULL DESIGN

Ready for a fresh new look and feel but don't have the time or expertise to lay out a plan and shop for those special items? Let me help you create a room you'll love!

HOLIDAY DECORATING



Create a warm, wonderful holiday atmosphere in your home this season. You've seen the gorgeous Christmas tree that makes you stop in your tracks. It doesn't have to be someone else's tree... enjoy it this year in your very own home!

Affordable Pricing! 919.920.7462

WALKANA CO

JanaStokesHomeDecorCoach.com

Ranch Record - January 2012

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IT'S WINTER

Time to Reset Your Irrigation Controller & Cut Back on Water Use

Does your lawn need watering over the winter? Yes, some, but not nearly as much as in the summer months. Evaporation rates are much lower in winter and grass is dormant, so you can set your irrigation system to water only twice a month OR LESS. If you know rain is coming, shut your system off completely or make sure your rain sensor prevents the system from operating. Save cash now and save on sewer service cost by using less water during the winter months.

Water Use During Nov., Jan. and Feb. is Used to Compute Sewer Bills

Remember to be aware of your household water consumption during the months of November thru February. WCID 17 averages household water usage during this time to calculate the residential wastewater bill amount for the following year. These months are used because these are the months which historically have the lowest usage because residents are not watering outside or watering very little. Wastewater rates are evaluated and adjusted annually each October.

THE HEALTH CARE CENTER AT LONGHORN VI L L A G E

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- water pressure problems
- sewer & drain service fiber optic drain line inspections
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Steve Brougher 276-7476 1106 West Koenig Lane



Newsletter Article Submissions

Interested in submitting an article? You can do so by emailing steinerranch@peelinc.com or by going to http://www.peelinc.com/articleSubmit.php. All news must be received by the 8th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for The Ranch Record. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail *steinerranch@peelinc.com*.

Business classifieds (offering a service or product line for profit) are \$65, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or *advertising@PEELinc.com*.



Master License: M-39722

COMMUNITY GROUPS

WAYS TO BECOME INVOLVED IN STEINER RANCH

Girl Scout Registration is Open Submitted by Carmen Tucker

Girl Scouts of Central Texas registration is open year-round to girls in grades K-12. Now is the perfect time to register in order to take advantage of experiences like overnight camp, robotics day camp, backpacking trips and more. Registration is \$10 per year and girls can choose to join a troop or participate as individuals.

Girl Scouting builds girls of courage, confidence and character. Through fun, informal and educational experiences, girls can discover their potential, connect with others and take action to make the world a better place. Girl Scouts provides a wide variety of experiences for interests such as the arts, science, technology, nature, athletics, community service, health, leadership and more. To learn more or to register, please contact your local Girl

Scout Council at membership@ gsctx.org or (512) 453-7391.. Discover Girl Scouts online at www.gsctx.org.



Steiner Ranch Cycling

Steiner Ranch Cycling is a loosely organized group of cyclist, Mountain or Road, who enjoy rides between the lakes. We welcome cyclists of all abilities and not just those who live in Steiner Ranch. Most of our weekend rides start and finish in the Steiner Ranch area, allowing us to tackle some of the more challenging climbs in the hills of Austin. Our rides are typically "no drop" especially for new riders and average anywhere from 15 to 45 miles in distance. We organize our rides through email whenever someone feels like going for a ride they just send out an email: ex. "Saturday morning 8 am ride anyone?" or "Anyone up for a mountain bike ride after work, 7pm?". There are no costs or club fees, just your desire to have fun riding with your neighbors. Come Join Us! www. SteinerRanchCycling.com

Pack 203 and Pack 205

Welcome all Steiner Ranch Boys!! Grades 1st-5th

Do you know what Cub Scouts and Scouting is all about? Pack 203 at LWBE and Pack 205 at RRE do fun things with fellow scouting friends every month! We get together as a Pack to wear our cool uniforms, show off our scout spirit, and participate in exciting scouting activities. As a Cub Scout, you will get to go camping and fishing with your family, shoot BB guns, sleep over on real U.S. Naval ships and do archery! We play all kinds of sports and build cool race cars and spaceships to race. Do you want to learn

the secret scouting code and earn really cool patches? Do you want to learn more about nature and your community? Find out how enriching being a Cub Scout can be!

Contact Kay Kirby at ktkirby@ austin.rr.com (Pack 203) or Tina Millard at csm388@yahoo.com (Pack 205) for more information."

GEAUX!

Love Steiner but miss Louisiana, mon cher? Rather than going all the way home when you miss the culture, the food, and the football-watching traditions, join fellow Steiner residents for monthly get-togethers!

For details on upcoming gatherings, please join our Yahoo group by going to http://groups.yahoo.com/group/steinerlouisiana/ and select "Join This Group" or contact me directly. We look forward to passing a good time with our new friends! Taylor Alexander (tayloralexander44@hotmail.com; 225-229-6041)

Steiner Ranch Community Groups & Organizations

Are you a member of a community group or organization here in Steiner? Email the information about your group to steinerranch@peelinc.com and it will be included in each issue. Feel free to submit post event write-ups and photos.

COMMUNITY GROUPS

WAYS TO BECOME INVOLVED IN STEINER RANCH

Steiner Ranch Moms & Tots

This is a group for all of you moms looking to find friendship, fun, support & sanity close to home!

Steiner Moms & Tots Meetup Group offers kid-friendly and mom-focused events at different times and locations in and around Steiner Ranch. From playdates to potlucks, fundraisers and family outings to mom's night out--we offer a range of activities that allow you to meet your neighbors, make new friends and have some fun.

While a large portion of the events are focused on moms and children ages 5 and under, we offer events and opportunities for any interested moms to join and enjoy. If you are ready for a little fun with your fellow Steiner moms and kiddos, please join us! To do so, request membership and complete a profile on our Meetup. com website: www.meetup.com/Steiner-Moms-Meetup

Any questions? Contact Morgan Briscoe at morgan.briscoe@gmail.com or (512)551-8036.

Toastmasters International -

Are you ready to take your public speaking and leadership skills to the next level in a fun and friendly environment? Toastmasters can help you achieve your goals. Several clubs meet in the area with convenient times and locations. See www.atxtoastmasters.org/area-clubs for a details, or call Rob Carruthers at 512-422-1688. Guests are always welcome.



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From the Association Office

Association Assessment Payments Due

Semi-annual assessments for January - June 2012 are due on January 1, 2012. Statements have been mailed to each homeowner at the mailing address on file in mid-December. If you did not receive a statement, please contact the Community Associations Office at 512-266-7553. You are not exempt from paying assessments or late fees even if you do not receive a statement. Payments received after January 31, 2012 for any reason are subject to an initial \$40.00 late fee per association and a \$15.00 late fee for each additional month that the assessment remains unpaid. Please note that the assessment must be received by January 31st, not simply postmarked by January 31st. Your escrow account does not pay your assessments.

Online Assessment payments can be made at www.steinerranchhoa. org, by clicking on the "Online Assessment Payments" tab. There is an additional fee* for using this option and you must have your billing statement with you at the time of payment. Credit Cards and "pay by check" are accepted.

*Payment Amount	Fee
0-\$150.00	\$5.00
150.0 - 300.00	\$10.00
300.01 - 500.00	\$15.00
Greater than \$500.01	\$25.00

You can still mail in your payments at the address listed on your statement, or bring them to the Association office at 12550 Country Trails Lane to avoid the On-line fee.

Please note, you may lose resident privileges such as pool access, facility rental, and attendance at, or registration for, social functions and programs, if you have delinquent assessment.

Homeowners to be elected to SRMA Board of Directors

The Steiner Ranch Master Association (SRMA) will elect two homeowners to serve on the Board of Directors. The election will be held during the April annual meeting of the members and be elected by a vote of homeowners only. Directors serve a term of two years, and the Board meets once a month on the last Tuesday or Wednesday of the month in the afternoon for approximately two hours. Between meetings, there may be additional input necessary through telephone or email.

Board meetings help the association develop a concrete plan to meet community needs that involve:

- Finances budget, cash flow, and assessment collection
- Contracts building maintenance, grounds management, reserve study, facilities usage
- Management upkeep and repair of the property, staff supervision and services to homeowners
- Legal Responsibilities rules, regulations, policy enforcement, meetings and elections

The Board gets the authority to perform these duties from association documents and State statutes. Directors, having control and responsibility for the property of others, are expected to act with scrupulous good faith and candor, and avoid even the perception of conflicts of interest, favoritism, and acting out of self-interest.

Those interested should submit their contact information with a brief bio, or questions, to Scott Selman, Executive Director at scott@steinerranchhoa.org.

THE IRISH DANCE CENTER

The Irish Dance Center's Director, Eimir Ni Mhaoileidigh, a former World Champion & trainer of many Lord of the Dance & Riverdance performers, continues to teach this intricate & athletic art form to children & adults of all ages.

NOW 3 LOCATIONS IN AUSTIN!

New class in South Austin will begin in January at the Tapestry Dance Company Studios, 2302 Western Trails Blvd, Austin, 78745 (new students only).

OUR OTHER 2 LOCATIONS

12400 Amherst Dr. #112, Austin, TX 78727 2009 RR620 N, Alisa's Dance Studios, Lakeway, TX

*View our Summer Camp dates online at www.reelsnjigs.com

E: Irishdancecenter@gmail.com | P: 512.354.5112

Offering Recreational & Competitive Dance Classes for All Ages



Pruning Begins

During the months of January, February and March the landscape maintenance company, Landscape Resources, will be pruning and/or removing any vegetation which is obstructing the view of street marker signs, traffic control signs or impeding areas of pedestrian travel.

Recycle your Natural Christmas Trees

The Steiner Ranch HOA has made arrangements to recycle your natural Christmas trees this year. Once you have removed all decorations and tinsel from the tree you can drop the bare tree off at the entrance to WCID 17 at 3315 N. Quinlan Park Road (Logan's Way) in Steiner Ranch until January 9, 2012. Just place the tree outside the gate to the side of the driveway. Thank you!



New Year... New you!

Are you tired of wearing glasses or contacts?



There is a solutions for all ages! Corneal Refractive Therapy

A non-surgical solution to clear vision without glasses or contacts during the day.

For the month of January, we will be providing <u>\$350</u> off!!!!

(Please call for details and scheduling appointments)



11500 Bee Caves Rd, Ste. 100 Austin, TX 78738 www.bristolfamilyeyecare.com 512-263-EYES (3937)

Located 1 mi. east of Hwy 71 Next to Regions Bank



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From the Association Office

Architectural Modification Requirements

So you've decided to do some improvements or make changes to the outside of your home..... what do you do now?

- Complete the Architectural Modification form (owner only)
- 2. Include any addendum forms such as for a pool or deck
- Include a scaled drawing showing plan and elevation views of the proposed improvements, modifications or alterations. Submittals must include samples depicting the proposed materials and colors to be used.
- 4. A lot survey (which the owner receives at closing) indicating the location of proposed improvements, and any applicable easements, setbacks, and elevation differences on lot.
- 5. Deposit check in the amount of \$500

All of these forms can be found on-line at www.steinerranchhoa. org.

Please feel free to contact the Associations Architectural Coordinator, Brandi Moegelin if you have any questions at 266-7553 or brandi@ steinerranchhoa.org.

Facilities Available for Rent

Do you have a holiday party or wedding reception to plan? Baby shower too big for the backyard? Birthday party coming up? How about a school/office party? Is your living room too small for a large celebration? We can accommodate a gathering of any size for a very reasonable price!

Being a resident of Steiner Ranch has many advantages. One of them is the variety of facilities available to rent. Many of you do not even realize that we have two indoor clubhouses with full kitchens! Another benefit is our electronic key tags that long ago replaced the "old-fashioned" keys that give you access to all indoor and outdoor facilities. If you do not have a facility tag or if you have lost* yours, please visit the HOA office to pick one up!

To rent any one (or more) of our facilities just follow these easy steps:

- 1. When and Where? Go to our website at www.steinerranchhoa.org and click on Facility Reservations (on the left). The available areas have a hyperlink that you can click on to check availability. Once you have the date and time in mind, call the Associations Management Office to place your name on the calendar.
- 2. First come, first served. Your "hold" is only good for TWO days until you turn in your completed reservation form and make full payment (including deposit, if required). We will not make calls to remind you to pay. If you have not made a payment for your reservation after the two days, your reservation will be relinquished.
- 3. What now? Once you have turned in your payment and paperwork, you need not do anything else. The HOA office will activate your facility tag and post a sign at each

- designated facility letting all visitors know you have it rented.
- 4. What do you get for your money? All reservations are set and priced for 6 hour blocks. Even if you plan to use it for only 2 hours you must pay the minimum price. All of our outdoor covered pavilions and uncovered areas and parks are \$25. You do not have to rent out the parks unless you want a guaranteed spot. Towne Square is our larger indoor facility that can hold 80 seated persons and costs \$100. Bella Mar is our newer facility that can hold 40 seated persons and is \$75. Both indoor facilities require a \$300 deposit.
- 5. Cleaning Up. Please remember that there may be a reservation coming in right after you. You are required to clean up after your event. We have a maintenance staff on-site that checks in and takes pictures of damage and/or untidiness of the facilities. You may opt for our staff to clean up after you for an additional \$100. (You are still required to dispose of your trash.)
- 6. <u>Cancelling</u>. If you need to cancel your reservation please call the Association Management Office at least 3 days prior to your reservation for a full refund.

Please call (512) 266-7553 if you have additional questions.

*If you have lost your facility tag, it needs to be reported as LOST immediately to prevent it from getting into the wrong hands. There is a \$20 replacement fee required to obtain a new tag.

Please note: The Steiner Ranch HOA provides each facility "as is" with tables and chairs. Outdoor heaters, fire pits, set-up/break-down and ashtrays are not provided.

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Artist renderings and plans for The Reserve at Lake Travis are under development. Hal Jones Development reserves the right to make changes without notice. No guarantee is made that the proposed features will be constructed, or that if constructed, will be of the number and type described. These materials shall not constitute an offer in any state where prior registration is required. Void where prohibited by law. For unimproved lots at The Reserve at Lake Travis, obtain the property report required by federal law and, read it before signing anything. No federal agency has judged the metris or value, if any, of these properties. WARNING: THE CALIFORNIA DEPARTMENT OF REAL ESTATE HAS NOT INSPECTED, EXAMINED, OR QUALIFIED THIS OFFERING.

Judges Needed at Canyon Ridge Middle School

Every year Canyon Ridge MS hosts a school science fair to find the top projects to advance to the Austin Regional Science Fair, and the Exxon Mobile Texas State Science Fair. We are in need of judges! If you would enjoy interviewing middle school students, have some scientific background, and would be able to volunteer 4 hours could you please see the details below. Your time is greatly appreciated!!

2011-2012 Canyon Ridge MS Science Fair details:

DATE: Thurs. Jan. 26th and Fri. Jan. 27th

LOCATION: Canyon Ridge Middle School (12601 Country Trails Lane Austin TX 78732- in Steiner Ranch)

TIME: Each category has a 4 hour window for judging to be completed. The dates and start times vary per category.

Requirement to judge: Content knowledge in one of the below categories. A science degree is not required, but preferred. The categories highlighted are categories that we traditionally have difficulty meeting the desired number of judges.

- -Animal Science
- · -Behavioral and Social Science (retired educators are great for this division)
- Cellular and Molecular Biology
- -Chemistry
- Computer Science
- -Earth and Planetary Science
- -Electrical and Mechanical Engineering
- · -Material and Bio Engineering
- -Environmental Science
- -Medicine and Health Science
- · -Microbiology
- -Physics and Astronomy
- -Plant Science (master gardeners work great for this division)

If interested contact Justyne.biddle@leanderisd.org





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> For more Information viperslax.net viperslax@gmail.com

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Business Section

Eight Business Networking Groups in the Area

Are you looking to grow your business in 2012? If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at Hill Country Pasta House. Visitors are welcome! If you are interested please contact Elicia Rudberg at eliciarudberg@gmail.com for more information or visit www.BNIAustin.com.

FOUR POINTS BNI

Meetings are on Wednesday at lunch from 11:30am to 1:00pm at the River Place Country Club. Visitors are welcome! If you are interested please contact Kelly Troy at kelly@troyinsgroup.com or visit www.BNIAustin.com.

FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership

goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber. com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@FourPointsChamber.com.

A BUSINESS REFERRAL GROUP MADE FUN!

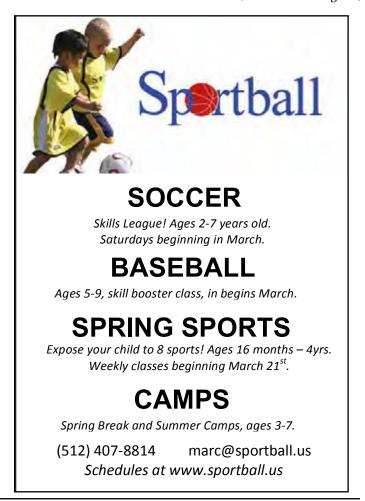
Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Red Robin on 183. Visit http://www.meetup.com/NetWorking-NorthWest-Austin/

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

(Continued on Page 39)





Eight Business Networking Groups - (Continued from Page 38)

LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Wednesday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at Kellyconnor@austin. rr.com or 512-736-2495.5.

STEINER RANCH MARKETERS

Your boss thinks what you do is voodoo, your spouse thinks your work reflects the latest Mad Men episode, and your kids fear following in your footsteps; growing up to work a cube (unless you are lucky and work from home - then you work on the computer). Fear not! We can find solace in one another. We're a friendly bunch by trade and we excel at networking by nature so why aren't we?! Join us for a respite from the daily grind and a chance to get to know other marketers in Steiner Ranch: meetup.com/Steiner-Ranch-Marketers Quetions? paul@seobrien.com.

A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business.

Come join us on Wednesday mornings from 9:00-10:30 at Hill Country Pasta House. Breakfast is \$10 and visitors are welcome.

Please feel free to contact Sheryl Baker at sherylssendoutcards@ gmail.com or visit www.BNIaustin.com for more information.

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Jov Brillante **REALTOR®** 512.423.4479 Joy@AvalarAustin.com



Lisa Nauert, CLHMS **REALTOR®** 512.217.3762 LNauert@AvalarAustin.com



Shonda Harding REALTOR® 512.845.2120 Shonda@AvalarAustin.com



Pamela Allen **REALTOR®** 512.762.5562 Pamela@AvalarAustin.com



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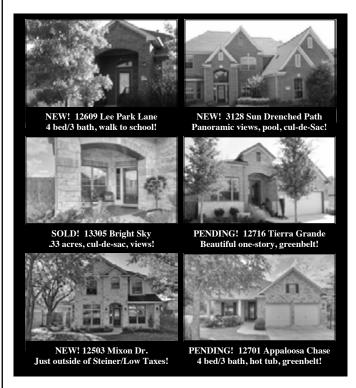
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SEVEN SIMPLE WAYS TO EAT HEALTHY

Without Losing Your Mind

Possibly the most common questions I get from people are those of diet. Everyone wants to know what to do with their eating habits in order to allow them to take the next (or often final) step in the process to fitness, health, and happiness. In truth, nutrition is often the key to success, but the common approach the populous takes is to completely overhaul everything, either forcing themselves into an uncomfortable system that they will inevitably and easily fall out of, or otherwise "dieting" - when someone goes on a diet, it indicates that at some point they will go off said diet. This is what causes the "yoyo"-ing effect these dieters often undergo, causing them to never really be happy with their results.

In reality, for most individuals, and especially with regard to Americans, small changes make a world of difference. Add one small change to your diet every few weeks, and these things begin to pile up quickly. Within three months, you'll have made a huge change in your daily eating habits without really feeling like you've deprived yourself of much.

Here are some things you can do in this vein - remember, only one at a time is necessary, but you can make as many changes as you would like, so long as you are absolutely sure you can adhere to them at least 90% of the time. The more you pile on, the quicker the results, but the more likely you are to fall off the wagon, which is okay - just make sure you get back on it:

CUT OUT FRIED FOOD - this is an obvious one, and along with the next couple, is also one of the most difficult for people to do. Let's face it: fried food is delicious. It's also full of terrible things, such as the trans fats we're always hearing about. If you are a freak for the stuff, maybe start with something else until you've built some will-power.

NIXTHE FAST FOOD - this and fried foods obviously tend to go hand-in-hand, and fast food itself is doubly troublesome because it's called fast for a reason: it's a quick and convenient avenue to fill one's perceived

needs (read: cravings, often misguided). Planning ahead, hitting the grocery store big, and preparing leftovers are often a solid way out of this.

SODAS HAVE TO GO - Without a doubt THE toughest thing for most people to cut out. Most sodas and other soft drinks have excess amounts of sugar or high fructose corn syrup, neither of which is particularly "good" for you. Simply, they have to go. Take it slow, though. Cut down to one or two a day, then one or two a week, so on so on. It will be tough, but remembering to get back up if you fall down is incredibly important. trying to find ways to distance yourself from soda machines, etc will be beneficial here. Oh, and don't think that going "Diet" will help: the artificial sweeteners in "Diet" drinks are often more harmful for the body than the normal sodas. Speaking of sugar,....

LIMIT THE AMOUNTS PROCESSED SUGAR - The typical amount I tell people to keep it down to is around 24 grams per day. Note that this is not a lot. In fact, one glass of orange juice contains more than that. However, common sense prevails in this instance. We aren't worried about the sugars inherent to fruits, starchy foods heavy in other carbs, etc. We are worried about processed sugar such as that found in candy, frozen foods, and the other categories listed above. Also of note is that eating these processed foods immediately before or after a tough workout is a good way to circumvent the system. Those sugars will be quickly used and, a lot of the time, I don't even count them as part of my daily caloric intake, so long as you don't go overboard with the intake.

DROP THE ALCOHOL INTAKE -

This one is purely a case-by-case deal. However much you can bear to drop it down to is your prerogative. Just realize that every drink is purely empty calories and is doing absolutely nothing for you as far as nutritional value goes, even if it is really fun.

TAKE IN OMEGA-3S - Ah, the super-food we're always hearing about in

magazines, online, and on TV. Well, they do pretty well live up to the hype. Research shows that Omega-3 fatty acids have a very positive effect on cholesterol levels, which everyone can get value from, and there is also evidence that joint health is impacted in a similar manner. The best natural way to get these is in fish, but because of the expense and myriad other considerations, I usually supplement them in Fish Oil, often in concert with Flax Seed Oil.

EAT 5 TO 10 FRUITS AND **VEGETABLES EVERY DAY - The FDA** values prescribed for fruit and vegetable intake is between 5 and 10. Five is a good starting point, but ten is the optimal goal. Depending on specific goals, the amount of fruit versus the amount of vegetables is a fluid argument, but getting them in is the most important part. One serving is, once again, a pretty common sense thing: there's no need to measure out the exact serving size of a can of corn. This might be the most helpful of all these tips since, as you will notice, the more fruits and vegetables you take in, the more fiber, vitamins, and minerals you'll get, and the more full and "better" you'll feel; as portion control is the "buzzword" of the moment (and definitely an important and viable concept), you'll be much more successful in controlling your portions for it.

You'll note that most of the things above play off one another in one way or another. This will make it easier to start piling these changes up over time.

Finally, it is okay to treat yourself from time to time - having a reward system in place for whatever it is that you can't live without (chocolate, candy, even, yes, one soda) is often key in making this a little less painful process.

SUBMITTED BY SHELBY BOWDEN, ACE CPT

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FINANCIAL FOCUS

New Year's Financial Tune-Up

The New Year is a great time for a financial tune-up. Consider these activities:

Review your credit cards. Do you have a stellar credit score? With industry competition fierce for your business, you may be able to ask for — and receive — a lower Annual Percentage Rate (APR). While the average variable APR for credit cards is 14.46%, those with high credit scores can actually cut that in half. Try contacting customer service and negotiate your way to a better rate, or persuade them to waive the annual charge.

What's your get-out-of-debt plan? Are you worried about your debt? If you've ever thought about making a dent in your debt (or changing your credit habits), now's the time! Approximately 63% of Americans who are in debt say they worry about money one to three hours a day, and 22% worry four-plus hours a day. With help you can create a plan to gain control of your credit for good.

Check your emergency savings. Do you have three to six months' salary stashed? If not, you're not alone – a majority of Americans say they don't have enough cash on hand to cover a \$1,000 emergency expense. To find extra cash for your emergency fund, get creative: take on extra work or trim some of the "extras" from your monthly

bills (think entertainment costs like dining out and cable/satellite service).

Review your life insurance coverage. If you have had a change in your life – such as the birth of a baby – this is crucial. Financial experts generally recommend about six to 10 times your annual salary. Nearly a third of all U.S. households have no life insurance, the highest percentage in more than four decades. Among households with children younger than 18, 40% said they would immediately have trouble keeping up with living expenses if a wage earner passed away. Don't let a troubled economy put your family's financial future at risk.

Re-shop your auto insurance. If you haven't comparison-shopped your rates lately, give it a try! For an identical six-month policy, costs can vary as much as \$500 across carriers – yet only 20% of consumers actually take the time to shop around!. Do you have a will? Two-thirds of Americans do not, according to a 2010 survey. Work with your financial coach to make sure your family is taken care of financially. Source: Primerica, USA Today, Money, WSJ, CNNMoney.com.

SUBMITTED BY RICH KEITH



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WCID 17 NEWS

Permit and Inspection Reminder

Plumbing permits and inspections are not only required for new construction, they are also required for alterations to plumbing, and for the installation of pools, water heaters, and irrigation systems. These inspections are performed by WCID 17 for all properties in the district (even those in the City of Austin limited purpose ETJ.) Call the WCID 17 plumbing inspection coordinator, Virginia, at 512 266 1111, extension 10 for more information.

Preventing Sewer Backups



Most sewer lines back up now and then, usually because of soap, grease, and other materials that get washed or poured down the drains. You can prevent backups with a few simple safety measures: Have a plumber inspect your sewer line every year.

Know where your sewer cleanouts are located so you can find them quickly in an emergency.

Make sure cleanouts are capped so dirt and debris do not get in the pipes.

Don't plant trees near the sewer line.

If you live in an area prone to backups, get a pop-off valve installed. A pop-off valve opens automatically to relieve the line if there is a backup to minimize damage inside the house.

Board of Directors Election

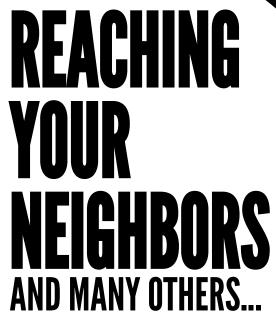
Travis County WCID 17 will accept applications this spring for two Board of Director positions. All functions and actions of the Board of Director shall be conducted in accordance with applicable provisions of the Texas Water Code, the Texas Administrative Code, the Texas Open Meetings Act (Government Code Chapter 551), and any other applicable state statute or agency regulation. The mission of WCID 17 is "to provide the District with an adequate supply of safe, potable water, and to ensure the fiscally sound, environmentally responsible development and management of water resources and wastewater facilities." Interested applicants should contact the General Manager, Deborah S. Gernes, at (512) 266-1111, extension 13. Board of Directors serve a four year term that will begin in May 2012.



IMAGINE A WAY NOW ACCEPTING SPONSORSHIP APPLICATIONS FOR CENTRAL TEXAS CHILDREN AFFECTED BY AUTISM

Every child should have the chance to reach their full potential. Imagine A Way provides financial support and resources to help families with children diagnosed with autism provide their child with the therapies needed to help them achieve their full potential. Our focus is on children in the critical early childhood years of 2 to 6, when the window of opportunity exists to make the greatest impact on their lives.

We invite any family with a child (age 2-6) diagnosed on the Autism Spectrum to please visit our website www. ImagineAWayFoundation.org or call (512) 220-4324 for more information on how to apply.



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Blacked-Eyed Pea Dip

Traditionally the first food to be eaten on New Year's Day for luck and prosperity, Black-Eyed Peas are tasty little legumes! My way of serving them to the family is in this great tasting dip.

Happy New Year!

INGREDIENTS:

- 1 T olive oil
- 1 medium sweet onion, chopped
- 1 ear of corn, kernels cut from the cob
- 1 can Trappy's Black-Eyed Peas, drained
- 1 T cilantro, minced
- 1 T cumin
- 1 t chili powder
- 1 T Sriracha hot chili sauce
- sea salt and pepper to taste
- Blue corn tortilla's or your favorite chip







DIRECTIONS:

In a sauté pan, add the olive oil and onions, cooking until transparent. Add the kernels of corn and continue to cook over medium low heat.





Add the drained black-eyed peas and cook until most of the moisture is gone. Mix in the cilantro, cumin and chili powder and stir well. Since Sriracha is hot, I recommend incorporating a bit at a time unless you have a heat resistant palette! 1 tablespoon is perfect for my family, but you can add more or less. Salt and pepper to taste and remove from pan and place into serving bowl.

Let cool to room temperature and serve with Blue Corn Tortilla chips or whatever you have on hand!

SUBMITTED BY STACEY RIDER

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