

# SENDERA

Volume 7, Number 2

February 2012  
Sendera Homeowner's Association

## Official Community Newsletter

### MESSAGE FROM THE PRESIDENT

*Submitted by Rick Perkins*

#### *WOW! What a Year!*

It has been a busy year for the Board. We have had two directors leave the Board for personal reasons (family, business travel). Another director moved out of Austin. And, sadly, one of our directors passed away late last year. Two brand new directors have been appointed to temporarily fill two of the three vacancies. Despite the challenges these changes have brought, we have still been an active Board. Here are just a few items that the Board has completed since the 2011 annual meeting last March.

- Streamlined the collection process and deed restrictions
- Posted signs prohibiting solicitation
- Recovered thousands of dollars of outstanding HOA assessments
- Improved playground low impact materials in both parks
- Replaced security cameras and system
- Purchased new furniture for the pool
- Approved funding for movie nights at the pool
- Improved pool/park lighting and security
- Contracted for new landscaping at all

Sendera entryways

- Built a needed storage building in pool arena
- Upgraded restriction signs in neighborhood
- Improved the Sendera Website
- Signed new landscaping contract that will save the HOA at least \$180,000 over the next 3 years
- Maintained HOA assessments at current level

I want to acknowledge and give thanks to several residents who have done an outstanding job this last year. First, it was a difficult year for the Board, especially losing a Board member due to an untimely death. However, we had several residents that volunteered to step up and wanted to fill Board vacancies: Pamela Kurburski, Eric Shinault and Angie Flores. Eric has since had to resign because a new business opportunity has him very busy.

A big "Thank you" to resident volunteers that showed interest in service to their community by patrolling our neighborhood. This requires late nights and dedication.

I would like to give a million thanks to Suzann Vera, Sharon Boatright and all the

members of the Recreation Committee that host and make happen the BBQ and Chili Cook-offs, the Easter Egg Hunt, the Sendera Movie Nights at the pool and other family events. These programs make a real difference and distinguish Sendera as a wonderful community.

Special gratitude goes to Sally Iwanski for stepping up to maintain Sendera records and serve as our Web Master. It would have been difficult without her abilities in this area.

Lastly, thank you past Board members: Eric Steen, Drew Crosby and Gary Trumbo. They served our community well and gave great direction over several years.

Sendera is a great place to live but it takes effort and volunteers to make our community distinctive, beautiful and safe. Please do your part for your community by maintaining your front yard, picking up blowing trash, removing your trash cans, calling 911 on door to door solicitors, reporting junk vehicles and corresponding with our management company, Goodwin Management, on neighborhood issues.

## 2011-2012 BOARD OF DIRECTORS

Rick Perkins, President ..... 512-291-9361  
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.....  
Acting Treasurer ..... Position Currently Vacant  
.....  
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## HOA WEB SITE

Sendera HOA Web Site: [www.senderahoa.com](http://www.senderahoa.com)

## NEWSLETTER INFO

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## Sendera Recreation Committee News

*Submitted by Suzann Vera*

Be informed- get on the Recreation Committee e-mail distribution list to receive monthly updates by contacting Suzann at [suzannchili@sbcglobal.net](mailto:suzannchili@sbcglobal.net) 291-0714 or Sharon at [Sharon.boatwright@amd.com](mailto:Sharon.boatwright@amd.com) 653-5554.

Sendera was once again well decorated and festive for the Holiday season! Neighbors met and went caroling on a fairly warm winter night and some headed out on a bike ride to tour the lights during the month of December. This year's decorating contest winners are

- 8829 Whiteworth Loop
- 8925 Corran Ferry (Bill Perkins and Nancy McMurtrie)
- 8924 Corran Ferry (Waymon and Patsy Grant)
- 4436 Campo Verde (Kathy Thompson)
- 8813 Corran Ferry (across Davis) (Greene's)

- 8971 West Hove Loop (Michael Pham)
- 8651 Barrow Glen (Allen's)
- 8716 Pucket Ct
- 8921 Lanna Bluff
- 4301 Companeros Way (Bill and Tammy Lee)
- 4608 Raimes Run
- 4609 Norman Trail Jesse Flores
- 4605 Norman Trail Larry & Winda Bright
- 4500 Steed Judith Willis
- 4500 Tello Path Luis Franco
- 4809 Norman Trail M. Herring & B Zitterich
- 4828 Norman Trail Hye Lee
- 4824 Chesney Ridge Drive Magdalena & Martin Bran
- 4415 Tello Path Peggy Prewitt
- 4518 Tello Path Rommel & Melanie Reyes:

### MARK YOUR CALENDER

Mark your Calendars for Sendera Spring Events and check future newsletters and [www.senderahoa.com](http://www.senderahoa.com) for event details.

February 14 .Happy St. Valentine's Day!

March 12-16 ..... AISD Spring Break

March 17 .....Happy St. Patrick's Day

March 31.....Easter Egg Hunt

April 13-14 ..Neighborhood Garage Sale




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## New Laws Affecting Home Owners Associations

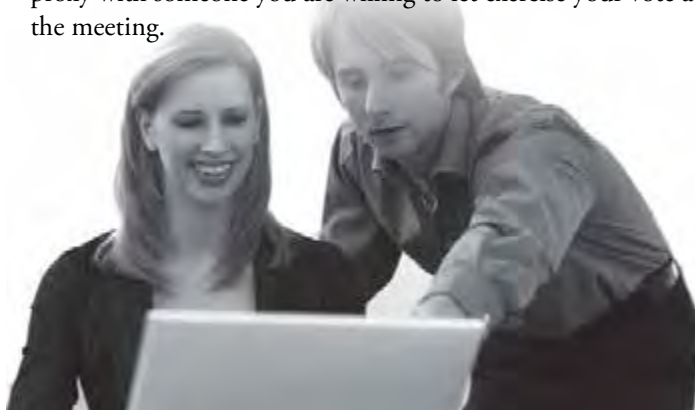
In 2011, the Texas Legislature passed several laws that affect HOAs. These laws went into effect on January 1, 2012. To ensure compliance with these changes, new rules were adopted by the Board of Directors and filed with the County Clerk.

Some of the issues requiring action are rain water harvesting and rain barrels, solar devices, flag displays, filing of association rules, notice of board meetings, payment plans, records retention policy, governing documents posted on website, and records production and copying policy. You can find copies of all of the rules on the Sendera website in the Document Library under the Resources tab on the home page. Select Choose Category and then Governing Documents. All of the new rules are listed in the link to Sendera HOA Resolutions (2011).



## Do You Know *What's On the Sendera Web Site?*

The Annual Meeting of the Home Owners Association will be held in March. Check out the rules for this meeting in the Association Bylaws. You can find this file by selecting the Resources dropdown menu and then selecting Document Library. If you can't make it to the meeting, please send your proxy with someone you are willing to let exercise your vote at the meeting.



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## Want to make your new year's resolution stick?

**CELEBRATE RECOVERY** Mondays @ 7:00 pm

Codependency Group

*(for those with loved ones struggling with addiction)*

Sexual Addiction Group *(men's group)*

Anger Open Share Group *(men's group)*

Chemical Addiction Groups *(men's & woman's groups)*

Women's Support Groups *(eating disorders, sexual addiction)*

**HOPE, HEALTH, HEALING** Wednesdays @ 7:00 pm

Divorce Care

Safe People

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**SUNDAY WORSHIP @ 11 AM**

**BIBLE LIFE *(all ages)* @ 9:30 AM**

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*Do You Have Reason  
to Celebrate?*

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## Heart Healthy Lifestyles

By: *Concentra Urgent Care*

### **APPROXIMATELY EVERY 60 SECONDS, AN AMERICAN WILL DIE FROM A CORONARY EVENT.**

According to the American Heart Association (AHA), an estimated 71 million Americans have some form of heart disease, the most common being high blood pressure. And most of these problems are self-created by poor lifestyle choices.

*What can you do to live heart healthy?*

*The AHA recommends:*

#### **EATING A HEALTHY DIET**

- Lean, skinless meats and poultry
- Fat-free, 1% fat, and low-fat dairy products
- Avoid foods containing partially hydrogenated vegetable oil or added sugars
- Avoid foods high in dietary cholesterol
- Prepare foods without added salt, saturated fat, and trans fat

#### **EXERCISING REGULARLY**

- 20-to-60 minutes per day, 3-to-5 times per week

#### **• AVOIDING TOBACCO PRODUCTS AND TOBACCO SMOKE**

##### **• LIMITING YOUR ALCOHOL INTAKE**

- Women: 1 drink per day (maximum)
- Men: 2 drinks per day (maximum)

In addition to poor lifestyle choices, heredity plays a factor in heart disease, too. It is therefore important to know your family

history to help identify familial risk factors and help prevent the development of certain familial illnesses.

*What should be included in a family history?*

#### **ANY KNOWN CONGENITAL OR HEREDITARY DISORDERS**

#### **MAJOR ILLNESSES**

#### **CHRONIC AILMENTS OR RISK FACTORS**

- Smoking
- Obesity
- Alcohol problems

#### **THE CAUSE & AGE OF DEATH OF ANY DECEASED RELATIVES**

#### **CHILDHOOD CONDITIONS**

- Major illnesses
- Vaccinations
- Surgeries
- Treatments, especially those involving radiation

*For more information on living a heart healthy lifestyle, you can contact your health care provider or visit the American Heart Association's Web site at: [www.AmericanHeart.org](http://www.AmericanHeart.org).*



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## Girl Scouts Celebrate their Centennial with the Year of the Girl

Juliette “Daisy” Gordon Low assembled 18 girls from Savannah, Georgia, on March 12, 1912, for a local Girl Scout meeting. She believed that all girls should be given the opportunity to develop physically, mentally, and spiritually. With the goal of bringing girls out of isolated home environments and into community service and the open air, Girl Scouts hiked, played basketball, went on camping trips, learned how to tell time by the stars, and studied first aid.

Within a few years, Daisy’s dream for a girl-centered organization was realized. Today, Girl Scouts marks its 100 year Anniversary and has declared 2012 the Year of the Girl: a celebration of girls, recognition of their leadership potential, and a commitment to creating a coalition of like-minded organizations and individuals in support of balanced leadership in the workplace and in communities across the country. For the past century, Girl Scouts has been the premier leadership organization for girls. With more than 50 million alumnae, the impact and role of Girl Scouts in this country and Texas is undeniable and far reaching.

### DID YOU KNOW?

- 80% of women business owners were Girl Scouts
- 68% of female U.S. Members of Congress are Girl Scouts
- Virtually every female astronaut who has ever flown in space was a Girl Scout
- 80% of volunteerism in America comes from the efforts & inspiration of 50 million Grown-up Girl Scouts

Imagine a new generation of leaders who lead in an innovative way, stepping across barriers of class and ethnicity, guiding out of principle rather than pride, actively seeking out the work that needs to be done in the world and bringing boundless energy and enthusiasm to each challenge.

Girl Scouts of Central Texas strives to create an environment where girls can discover themselves and their values; a place where they can connect with others, push boundaries and test limits; a place where they can develop their leadership potential and take action; a place

that will serve as the launch pad for a successful life.

Girl Scouts of Central Texas provides girls a myriad of programs—from Science, Technology, Engineering, and Math (STEM) based learning experiences to educational travel programs (Destinations) for teen girls who might not otherwise experience life in other cultures. These opportunities are available to all girls, from all socio-economic backgrounds, including girls living in shelters, in housing projects, girls who have been incarcerated and girls whose mothers are incarcerated.

During the centennial year there will be a myriad of activities. Beginning with Cookie sales in January, these activities include a Capitol Sing-along (March 12th ), a Camporee (April), a Leadership Conference (August), an interactive exhibit at the Texas State Fair (September-October) and culminates in a candlelit vigil in December to mark the beginning of the next 100 years. All present and former Girls Scouts are invited to attend.

The Girl Scout mission continues to be: build girls of courage, confidence and character, who make the world a better place. It is a movement that has been developing leaders for 100 years and will continue for 100 more.

*For more information visit [www.gsctx.org](http://www.gsctx.org)*





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