

# STONE FOREST

## Flyer

February 2012

Volume 2, Issue 2

### President's Letter

We hope all homeowners and their families enjoyed the Christmas and New Year festivities and the full meaning of the celebration. We also hope that those of you who have loved ones serving overseas will soon see them home safe and sound.

On a management note we have to tell you that our Chaparral Manager, Cindy Angelo, will be leaving Chaparral at the end of January and as some of you will know Cindy has been with Stone Forest since it was started and she knows a great deal about our community, consequently she will be greatly missed. Nevertheless we thank her most sincerely for her good work and dedication to the welfare and the running of Stone Forest and the HOA. We wish her well.

***It is not an easy job so a successor will have big boots to fill.***

We can report that despite all the unforeseen expenses in 2011 we appear to have kept to our planned budget and hopefully we can do the same again in 2012 without having to raise the fees. No easy task in this economic climate but we have taken measures to ensure that we limit any problems/surprises. Our main concern is always the common areas with landscaping, trees and irrigation being our biggest outlay.

Also, after a full year with out a security contract we have had very few incidents although Pct. 4 deputies still patrol our area as part of the Bridgestone MUD contract. They are still very active as there are stop sign runners who have been ticketed as witnessed recently at the Kuykendahl entrance.

As a matter of information Stone Forest is now a member of the Crimestoppers with signs being posted at the entrance and at the Park. It is a deterrent because the rewards for reporting criminal activity are quite substantial depending on the nature of the crime.

For everyone's information the street lighting is maintained by CenterPoint Energy and if you see any lights out or flickering they can be reported online or by telephone as follows: With a street light number <http://cnp.centerpointenergy.com/outage> or by map <http://gis.centerpointenergy.com/sloreporting/> or 713-207-2222 or 800-332-7143. We try to catch them as they occur but if you see one that we have missed please feel free to report the problem directly.

The burn ban has been partially lifted by the Harris County Fire Marshal and the Fire Marshal's website or office can give details. That means that certain fireworks have been allowed but the burning of household trash

is NOT. As we say it is a restricted lifting of the ban hence the signs at the entrances still reflect the ban as a precaution. We are still some 25 inches short of the annual rainfall needed to sustain the water levels required for the ever increasing population. That is serious. So far our trees have survived but we cannot forecast the long term damage that might have occurred. Other areas have not been so lucky.

Finally we have nearly returned to a full Board of HOA Directors and with the appointment of Tod Bisch to serve out Lesley Hollenberg's term we have identified another person to replace Kristi Hendrickson who will be leaving us shortly.

***Please note that the next Board Meeting is at 6 pm on Feb 21 at Chaparral Management offices.***

Sincerely, Bob Wise  
President, Stone Forest HOA.



# COMMUNITY CONTACTS

## STONE FOREST HOA Spring, Texas 77379

### HOA BOARD

Position	Name	Term Ends	Contact
President	Bob Wise	(2013)	281-257-6183 <a href="mailto:bob@bobwise.us">bob@bobwise.us</a>
V. President	Richard Leonard	(2013)	832-717-0749 <a href="mailto:j24hd@yahoo.com">j24hd@yahoo.com</a>
Secretary	Kristi Hendrickson	(2013)	281-370-0172 <a href="mailto:kbhendrickson1@comcast.net">kbhendrickson1@comcast.net</a>
Treasurer	Vacant		
Dir. at large	Cullen Thomas (2012)		
YOM Chair	Vacant		

### KLEIN ISD

Klein ISD website:	<a href="http://www.kleinisd.net/">http://www.kleinisd.net/</a>
Kuehnle Elementary School	832-484-6650
Strack Middle School	832-249-5400
Klein Oak High School	832-484-5000

### CHAPARRAL MANAGEMENT CO.

281-537-0957

[www.chaparralmanagement.com](http://www.chaparralmanagement.com)

Mailing address:

P.O. Box 681007, Houston, TX 77268-1007

Physical address:

6630 Cypresswood Dr. Suite 100, Spring, TX 77379

### UTILITIES

Bridgestone MUD (water district)	713-983-3602
P.O. Box 90045, Houston, TX 77290	
Centerpoint Energy (to report street light outages)	713-207-2222
<a href="http://www.centerpointenergy.com/outage">www.centerpointenergy.com/outage</a>	
Harris County Health Dept.	<a href="http://www.harriscountyhealth.com">www.harriscountyhealth.com</a>
Harris County Precinct #4	<a href="http://www.hcp4.net">www.hcp4.net</a>
Comcast (cable)	713-462-9000, <a href="http://www.comcast.com">www.comcast.com</a>
U.S. Post Office	1-800-275-8777
7717 Louetta Rd., Spring, TX 77379	

Republic Waste  
**Trash pick-up days: Mondays & Thursdays**

### NEWSLETTER INFORMATION

Articles	<a href="mailto:Bob@bobwise.us">Bob@bobwise.us</a>
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Advertising	1-888-687-6444

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## What Causes Sensitive Teeth & What To Do About It

Do you experience discomfort in your teeth? Do you find it difficult to drink icy or hot beverages? You may have a case of sensitive teeth. Luckily, it's very treatable. Find out what causes sensitive teeth and how to change your habits to avoid sensitivity.

### *What does it mean to have sensitive teeth?*

If you experience pain or discomfort when consuming foods or beverages that are hot, cold, sweet, or sour; when brushing or flossing; or even when breathing sharp, cold air, you may have sensitive teeth.

### *What is the reason for sensitive teeth?*

#### **COMMON CAUSES OF TOOTH SENSITIVITY:**

- **Over-brushing** – brushing your teeth too hard may wear down enamel or irritate the gum line, causing it to recede and expose the tooth's sensitive roots.
- **Cracked teeth** – a crack or chip in your tooth may expose the underlying dentin or may fill with bacteria from plaque, causing the nerve to inflame.
- **Teeth grinding** – over time, grinding or clenching your teeth can erode enamel and expose dentin.
- **Gum disease** – gum disease leads to tooth decay which breaks down enamel; gum disease can also lead to infection which may attack the tooth's roots or cause the gum line to recede.
- **Tooth whitening** – using products with peroxide or baking soda can seriously aggravate exposed roots or dentin.
- **Age** – studies have shown that tooth sensitivity occurs most often in people between the ages of 25 and 30.

It is possible to experience tooth sensitivity after routine dental procedures such as the placement of a filling or crown, tooth restoration, or even tooth cleaning. Such sensitivity is temporary; if it does not cease after four to six weeks please consult your dentist.

### *How should I take care of my teeth if they are sensitive?*

*Tooth sensitivity is very treatable, no matter what the cause.*

*Here are a few remedies you can take advantage of at home:*

Try a **desensitizing toothpaste** which contains chemicals that block sensations like hot and cold from reaching the nerves in your teeth. Use a **soft-bristled toothbrush** that will be gentler on both your teeth and gums. Switch to a **fluoride mouthwash**. **Avoid acidic foods** such as tea, tomatoes, and citrus fruits. Maintain **good oral hygiene** by brushing twice every day and flossing once daily.

Depending on the cause and severity of your sensitivity, you may benefit from professional treatment. If you suffer from sensitive teeth, please be sure to contact your dentist. We can set up an appointment to discuss what is bothering you and determine the best way to address the problem.

*Submitted by Dr. Flury*

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