

# Wortham Villages

Volume 12, Issue 2  
Wortham Villages

February 2012

[www.worthamweb.org](http://www.worthamweb.org)

## Neighborhood Watch Corner

*Working together, we make a difference...*

Wortham continues to be one of the safest neighborhoods in Harris County. Considering our location and the growth around us, that is quite an accomplishment to be proud of and one that will definitely not hurt our property values. However, we can always improve.

By staying aware of your surroundings, you can help head off potential problems. Understanding what is 'normal' vs 'unusual', we can respond to those things that just don't fit and remove any easy targets for a potential criminal to take advantage.

Begin by keeping your property safe. Lock your doors, lock your garage, and lock your vehicles. That act alone will greatly reduce crime. Many criminals simply roam looking for an easy score such as your unlocked car or garage.

An alarm system for your home will not only give fair warning that there is a problem; it will reduce your insurance. The same is true for a car alarm. Both are fairly inexpensive and well worth the investment.

When something does occur, please contact the Sheriff's Department IMMEDIATELY (713 221 6000). Time is an important factor in catching criminals. While it can feel embarrassing, the only way the Sheriff's can help is if they know there is a problem. The more information they have about our neighborhood, the better they can work to keep us safe.

After you have contacted the Sheriff's Department, please send an email or call your block captain. There is a listing of Block Captains at the front of every newsletter. Again, the more information we have, the better job we can do working to keep our neighborhood free of criminal activity.

If you have not loaded the free app iWatch Harris County to your smart phone, do it now. It is a convenient tool that allows you to take immediate action when you see something 'unusual'. Again, the more information the better. If you think "should I contact the Sheriff about this?" the answer is YES. Use 911 only if it is an emergency. If you are not sure if it is an emergency, call 911. They can quickly help you sort out the situation.

Together, we can continue to make a difference. Please do not have the attitude of "that doesn't affect me". In the next moment, it may.

*Herman & Shawn*



## & Pinktober365

Team Tiara is a 501(c)(3) dedicated to raising money to fund research and education for breast cancer as well as provide outreach services to those affected by it. 2012 will mark our 7th year in this fight against breast cancer. To date, we have raised over \$600,000 for breast cancer awareness, research and direct support for survivors. In 2012, Team Tiara will begin directly funding research into metastatic breast cancer. This is an under-funded area of research where we need to have a lasting impact. Men and women do not die when their cancer is confined to their breasts. We lose them when that cancer spreads to their bones, liver, lungs, brain and other organs -- robbing them of time with their families and friends. This is the heart-breaking side of breast cancer, and an area of research we need to be a part of.

Our goal is to raise \$100,000 in 2012, specifically targeted to metastatic breast cancer research. SO WE are excited to announce that [www.pinktober365.com](http://www.pinktober365.com) launched January 1. This new website will profile 365 pink warriors -- survivors, walkers, researchers, and advocates. We want to hear your story, whether you are a fighter, survivor, family or friend affected by breast cancer. Go to [www.pinktober365.com](http://www.pinktober365.com) to share your story or obtain more information. Team Tiara would be honored to hear from you.

## NEED TO USE

*the baseball or soccer field  
in the detention pond?*

Need the pavilion for a party? Make a reservation so you can be sure it's available! The calendar is online at:

<http://my.calendars.net/worthamvillages>

Once you check to see if the date is available, send me an email at [park@mayne.us](mailto:park@mayne.us) and I'll get you on the calendar too!

# Wortham Villages

## IMPORTANT NUMBERS

### MANAGEMENT

Crest Management .....281-579-0761  
Kristi Buenger (Manager).... kristi@crest-management.com, Ext 617  
Jessica Lopez (Assistant).... jessica@crest-management.com, Ext. 627  
Robin Motley (Accounting) ..... Ext. 24  
Fax number ..... 281-579-7062

### BOARD MEMBERS

Stan Schoen ..... sschoen@worthamweb.org  
Jonathan Armstrong ..... jarmstong@worthamweb.org  
Steve Carter ..... scarter@worthamweb.org  
Rick Anderson ..... randerson@worthamweb.org  
Rebecca McShane ..... rmcshane@worthamweb.org

### COMMITTEE CHAIRPERSONS

Architectural Control - Crest Management .....281-579-0761  
Clubhouse - Linda Carter.....281-894-5821  
fourlcs@comcast.net  
Directory - Mindy Armstrong .....281-970-2187  
Info. Signs -  
Meredith Miller .....mam10411@yahoo.com, 281-469-3967  
Angie Haine ..... angiehaine@yahoo.com, 281-890-0186  
Park Committee - Martin Maynemartin@mayne.us, 281-955-2240  
Recreational Facilities Committee - Rick Anderson, 281-890-4878  
Sports Fields Reservations - Myra Edwards.....  
Social - Rebecca Shane..... 281-890-730  
Tennis Committee - Dorota Jankovsky.....281-955-9626  
Neighborhood Watch Committee Co Chairs  
Shawn Lacagnina, shawnlacagnina@gmail.com, 281-235-5830  
Herman de Hoop, hdehoop@worthamweb.org, 281-546-1493

### EMERGENCY NUMBERS

Life Threatening Emergency ..... 911  
Fire ..... 911  
Sheriff's Department..... 911  
Poison Control.....281-654-1701

### NON-EMERGENCY NUMBERS

Ambulance .....713-466-4073  
Cy-Fair Med. Clinic (24 hr).....281-890-5285  
Sheriff's Department.....713-221-6000  
Harris County Health Dept.....713-440-4800 or 3036  
Animal Control .....281-999-3191  
FBI .....713-693-5000  
UTILITIES: Electricity - HL&P .....713-207-7777  
Gas - Entex.....713-659-2111  
WATER & SEWER - MUD 222 (Municipal Operations)  
Service & Billing.....281-367-5511  
Telephone - Southwestern Bell .....713-237-6202  
Cable TV - Comcast.....713-341-1000  
Street Lights .....713-207-2222  
Garbage & Recycling (Republic Waste) .....281-446-2030

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## REAL ESTATE TRENDS

Amenities, Amenities, Amenities these are the three new words in real estate along with Price, Price, Price. Selling your home in today's real estate market is a lot tougher and competitive. It is important to know exactly what today's buyers are looking for when you are ready to sell your home. Buyers today are very educated in the home buying process due to the internet and HGTV. Buyers are also looking for updated homes priced competitively. There is more to getting your home ready for selling than just de-cluttering, de-personalizing and neutralizing. Buyers want updated kitchens, bathrooms, floors and other amenities. You do not need to spend thousands and thousands of dollars to make your home sellable, however, if you are not willing to update the flowered wallpaper in the master bathroom, laminate counters in the kitchen, vinyl floors, carpet in the bathrooms and so on, you will be sitting in your home for a long time. Be honest, you do not look for a new home with outdated features. You also want all the latest and greatest amenities. There were 28 homes sold in Wortham Villages in 2011, two were foreclosures and one was a short sale. The average of the 25 sales was \$67 per sq. ft., sold on average in 72 days and the sale price was 97% of the list price. The highest price per sq. ft. was \$79.72 and the lowest was \$49.48 per sq. ft. The odd thing about some of the homes that sold for under market value is not all of those were distressed properties. Some of the homes sold for a low price because they sat on the market a long time

and were not updated. There was one home that was on the market over 400 days. If sellers would have updated their homes and priced them correctly to begin with, they would have sold quicker and for a higher price. Preparing and pricing a home to sell in today's market requires being educated in the process, understanding the current trends and being willing to accept the fact that upgrades are a part of the selling process. Wortham Villages is still a very desirable location and I hear buyers tell me all the time how great our subdivision looks. We do have some wonderful Wortham neighbors and I love to see when our neighbors are improving their homes. At the end of 2011, homes priced in the \$150,000 - \$250,000, had 17.7% of the market activity and 27.1% of the active sales. That price range was the second most popular price range. The first was \$80,000 - \$150,000. I feel very positive about the real estate market for 2012. Everything I read and hear indicates the job market is improving, people are moving to Houston and builders are planning to build more new homes than last year. Hope you are planning to stay in Wortham, but if you do plan to sell your home, make sure you hire an agent that is up on all the current trends, is knowledgeable about staging and pricing and can provide you with personal service. It is a tough market but selling your home does not have to be.

*Submitted by Margo Horton, Realtor*

*Prudential Gary Greene, Realtors*

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# Wortham Villages

## *Not Your Children's Whitesharks...*

...but still a great time. Several Wortham neighbors and Whiteshark parents, along with a few graduated Whiteshark swimmers competed in the 28th Annual Woodlands Relay Meet with the Houston Area Masters Swimmers (HAMS) on January 7. Representing Wortham (some at their very first swim meet) were Jonathan and Mindy Armstrong, Matthew Bryan, Katie (Schiller) Blackwell, Ricky Carnicle, Stefan Galagaza, Dale Kelley, David and Jill Jones, Rob McLaren, Andrew and Katherine McWhorter, Tim McShane, Don and Julie Ryan, Zach Sebren, Joe Terry, and Alex Sikkema. Our Wortham friends helped the HAMS win the meet, beating the host Woodlands team. Showing their partying skills, the team of (pictured) Dale Kelley, David and Jill Jones, Rob McLaren, Tim McShane, Don and Julie Ryan won the 40+ Non-Beer Relay. Said a Wortham parent about the meet, "It gave me an appreciation for what my kids do." Everyone had a blast, and can't wait for next year, perhaps with a few more Wortham neighbors!



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## Wortham Villages Stork Report

### Our First Grandson!

Alan and Margo Horton would like everyone to know they became Grandparents in November! His name is Tyler James Tolbert. He is our first grandchild. Tyler was born on Nov. 21, weighed 7 lbs. 14 oz. and was 19 1/2 in. long. Tyler is the son of our daughter, Margo and her husband Aaron.



## INCIDENT REPORT November 2011

911 Hang Up.....	4
Accident/FSGI .....	1
Accident/Minor.....	1
Alarm Local.....	5
Alarm/Sil/Pan/HU .....	1
Check Business.....	20
Check Park.....	118
Contract Check.....	21
Credit Card Abuse.....	2
Criminal Mischief .....	5
Dist/Family .....	1
Dist/Fireworks.....	2
Dist/Loud Noise.....	3
Dist/Other .....	2
DOA.....	1
Domestic/Prevent.....	1
Drug/OD/Poss.....	1
Follow Up .....	1
Information Call .....	4
Meet the Citizen .....	12
MUD Building Check .....	29
Neighborhood Check.....	1
Parking Lot Check .....	1v
Runaway .....	1
Solicitors .....	1
Susp Person .....	2
Theft/Other.....	3
Traffic Stop.....	7
Vacation Watch .....	3
Vehicle Abandoned .....	1
Vehicle Speeding .....	1
Vehicle Suspicious .....	6
Welfare Check.....	1

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# Wortham Villages

## What Causes Sensitive Teeth & What To Do About It

Do you experience discomfort in your teeth? Do you find it difficult to drink icy or hot beverages? You may have a case of sensitive teeth. Luckily, it's very treatable. Find out what causes sensitive teeth and how to change your habits to avoid sensitivity.

### *What does it mean to have sensitive teeth?*

If you experience pain or discomfort when consuming foods or beverages that are hot, cold, sweet, or sour; when brushing or flossing; or even when breathing sharp, cold air, you may have sensitive teeth.

### *What is the reason for sensitive teeth?*

#### *Common causes of tooth sensitivity:*

- **Over-brushing** – brushing your teeth too hard may wear down enamel or irritate the gum line, causing it to recede and expose the tooth's sensitive roots.
- **Cracked teeth** – a crack or chip in your tooth may expose the underlying dentin or may fill with bacteria from plaque, causing the nerve to inflame.

- **Teeth grinding** – over time, grinding or clenching your teeth can erode enamel and expose dentin.

- **Gum disease** – gum disease leads to tooth decay which breaks down enamel; gum disease can also lead to infection which may attack the tooth's roots or cause the gum line to recede.

- **Tooth whitening** – using products with peroxide or baking soda can seriously aggravate exposed roots or dentin.

- **Age** – studies have shown that tooth sensitivity occurs most often in people between the ages of 25 and 30.

It is possible to experience tooth sensitivity after routine dental procedures such as the placement of a filling or crown, tooth restoration, or even tooth cleaning. Such sensitivity is temporary; if it does not cease after four to six weeks please consult your dentist.

*How should I take care of my teeth if they are sensitive? Tooth sensitivity is very treatable, no matter what the cause. Here are a few remedies you can take advantage of at home:*

Try a **desensitizing toothpaste** which contains chemicals that block sensations like hot and cold from reaching the nerves in your teeth. Use a **soft-bristled toothbrush** that will be gentler on both your teeth and gums. Switch to a **fluoride mouthwash**. **Avoid acidic foods** such as tea, tomatoes, and citrus fruits. Maintain **good oral hygiene** by brushing twice every day and flossing once daily.

Depending on the cause and severity of your sensitivity, you may benefit from professional treatment. If you suffer from sensitive teeth, please be sure to contact your dentist. We can set up an appointment to discuss what is bothering you and determine the best way to address the problem.

*Submitted by Dr. Flury*



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## RECIPE OF THE MONTH

### Paris Potatoes

- 5 cups potatoes, diced in 1/2" cubes
- 1 C sour cream
- 2 C creamed cottage cheese
- 1 C green onions & tops, finely chopped
- 1/2 tsp. garlic salt, optional
- salt & pepper to taste
- 1 C shredded cheddar cheese

Parcook diced potatoes in boiling water until crispy tender. Drain, and combine potatoes with all ingredients except cheese. Baked in buttered 13 x 9" baking dish at 350° for 30 minutes or until sauce is bubbly. Sprinkle with cheese during last 10 minutes of baking time.

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# Wortham Villages

## CROSSWORD PUZZLE

### ACROSS

1. Tails
5. Tableland
9. Billy or nanny
10. Expressing dislike word
11. Capital of Norway
12. Dote
13. Eludes
15. Beverage
16. Crime
18. Crayon name
21. Cause of sickness
22. Merchant
26. Arc
28. Dwell
29. Ballerina skirts
30. Among
31. Dueling sword
32. Fly alone

### DOWN

1. Id's counterparts
2. Eat
3. Painter of melting clocks
4. Breezy
5. Soil
6. Show emotions
7. Lark
8. In the lead
10. Fuss
14. Booths
17. City
18. Social position
19. Shred (2 wds.)
20. Having wings
23. Fancy car
24. Vile
25. Do it again
27. Regret

View answers online at [www.peelinc.com](http://www.peelinc.com)

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Birch Falls	Carter, Linda	281-894-5821
Brook Mill	Young, Deanna	281-890-0598
Carriage Lake	Boushley, Connie	281-890-3499
Carriage Lake	Meinecke, Betty-J.	281-890-4329
Chestnut Woods	Hutchinson, Mark & Jan	281-894-8410
Chestnut Woods	Claiborne, Ed & Pam	281-469-7646
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Dogwood Blossom	Sanchez, Brice	281-894-0890
Dogwood Blossom	Johnson, Jean & Lonnie	281-300-8282
Dogwood Blossom	Lacagnina, Shawn & Kim	281-970-7604
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Harvest Dale	Franklin, Vernetta	281-807-3834
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Lark Brook	Lara, Peggy	281-970-4052
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Magnolia Leaf	Canterbury, Eloise	281-894-8424
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Orchard Hollow	Tolbert, Toney & Shirley	281-894-0085
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Reedwood Ridge	McGlamory, Kay	281-955-2107
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Spruce Knoll	Meyer, Bob	281-469-3740
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Tulip Garden	Chisari, Paul	281-894-7053
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Wortham Blvd.	Culp, Susan	281-300-2411


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# Wortham Villages

## Heart Healthy Lifestyles

By: Concentra Urgent Care

**APPROXIMATELY EVERY 60 SECONDS, AN AMERICAN WILL DIE FROM A CORONARY EVENT.**

According to the American Heart Association (AHA), an estimated 71 million Americans have some form of heart disease, the most common being high blood pressure. And most of these problems are self-created by poor lifestyle choices.

*What can you do to live heart healthy?*

*The AHA recommends:*

### **EATING A HEALTHY DIET**

- Lean, skinless meats and poultry
- Fat-free, 1% fat, and low-fat dairy products
- Avoid foods containing partially hydrogenated vegetable oil or added sugars
- Avoid foods high in dietary cholesterol
- Prepare foods without added salt, saturated fat, and trans fat

### **EXERCISING REGULARLY**

- 20-to-60 minutes per day, 3-to-5 times per week

### **• AVOIDING TOBACCO PRODUCTS AND TOBACCO SMOKE**

#### **• LIMITING YOUR ALCOHOL INTAKE**

- Women: 1 drink per day (maximum)
- Men: 2 drinks per day (maximum)

In addition to poor lifestyle choices, heredity plays a factor in heart disease, too. It is therefore important to know your family history to help identify familial risk factors and help prevent the development of certain familial illnesses.

*What should be included in a family history?*

### **ANY KNOWN CONGENITAL OR HEREDITARY DISORDERS**

#### **MAJOR ILLNESSES**

#### **CHRONIC AILMENTS OR RISK FACTORS**

- Smoking
- Obesity
- Alcohol problems

### **THE CAUSE & AGE OF DEATH OF**

### **ANY DECEASED RELATIVES CHILDHOOD CONDITIONS**

- Major illnesses
- Vaccinations
- Surgeries
- Treatments, especially those involving radiation

*For more information on living a heart healthy lifestyle, you can contact your health care provider or visit the American Heart Association's Web site at: [www.AmericanHeart.org](http://www.AmericanHeart.org).*



## ADVERTISE YOUR BUSINESS TO YOUR NEIGHBORS

*Support Your Community Newsletter*

**Ryan Lundberg**

Sales Manager

1-888-687-6444 ext 23

[ryan@PEELinc.com](mailto:ryan@PEELinc.com)

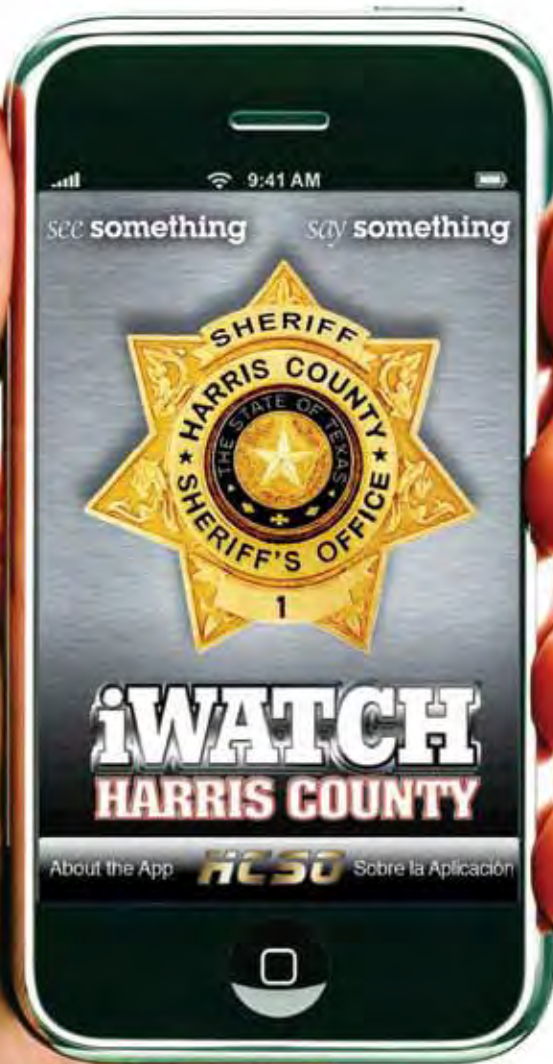


**PEEL, INC.**  
community newsletters

[www.PEELinc.com](http://www.PEELinc.com)

# iWatch Harris County. Do You?

*Send Crime Tips from the Web or Your Mobile Phone. Anywhere, Anytime. Anonymously.*



## What is iWatchHarrisCounty?

iWatchHarrisCounty is a mobile crime watch tool that you and your neighbors can use to report suspicious or criminal activity. It's a proactive, hands-on, partnership between you, the citizens of Harris County, and the Harris County Sheriff's Office (HCSO).

## Why should I report these behaviors and activities?

You are the eyes and ears of your community. Your awareness of suspicious behaviors and activities and reporting it to the police can help solve crimes or prevent crimes.

## What should I report?

**Give as many details as possible, for example:**

- ✓ Time of day
- ✓ Where it happened
- ✓ What you witnessed
- ✓ A description of individual(s) involved
- ✓ Was there a vehicle?
- Color and license plate number?
- ✓ Have you seen this activity before?

## There are four ways to report:

- ✓ Report online at [iWatchHarrisCounty.com](http://iWatchHarrisCounty.com)
- ✓ Text a tip to 1-855-HCSO-iWatch (1-855-427-6492)
- ✓ Use the downloadable app found on [iWatchHarrisCounty.com](http://iWatchHarrisCounty.com)
- ✓ Call 1-855-HCSO-iWatch (1-855-427-6492)

**If you have an emergency and need the police immediately do not use iWatchHarrisCounty, call 911.**

**If you see something, say something.**

*A simple observation, a single report can help solve or prevent a crime.*

*If one person can make a difference, consider what an entire community can do.*

**I Watch Harris County. Do You?**

*Adrian Garcia, Sheriff*

# **iWatchHarrisCounty.com**

**see something say something**

Harris County Sheriff's Office ~ 1200 Baker St., Houston, TX 77002  
Suspicious Activity Reporting ~ 1-855-HCSO-iWatch (1-855-427-6492)

iWatchHarrisCounty applications are available for a wide range of smartphones, visit [iWatchHarrisCounty.com](http://iWatchHarrisCounty.com).





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*The Flory Team presented a sound sales strategy, professional marketing approach, feedback from prospective buyers, and follow up to our questions. We would use David Flory again. Additionally, we would definitely recommend friends & family use the Flory Team for future sales of properties.*

*- The Schwalbach Family -*



**David Flory**

Direct line:

**281-477-0345**

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