

March 2012

\*\*

#### Newsletter for the Residents of Fair Oaks Ranch

Volume 2, Issue 3

# St. Patrick's Day Facts

1. St. Patrick is the patron saint of Ireland, although he was born in Britain, around 385AD. His parents Calpurnius and Conchessa were Roman citizens living in either Scotland or Wales, according to different versions of his story.

2. As a boy of 14 he was captured and taken to Ireland where he spent six years in slavery herding sheep. He returned to Ireland in his 30s as a missionary among the Celtic pagans. 3. Legend has it that he used the native shamrock as a symbol of the holy trinity when preaching and brought the Latin alphabet to Ireland.

4. Miracles attributed to him include the driving of serpents out of Ireland. However, evidence suggests postglacial Ireland never had any snakes in the first place.

5. Wearing green, eating green food and even drinking green beer, is said to commemorate St Patrick's use of the shamrock - although blue was the original colour of his vestments. 6. St Patrick was said to have proclaimed that everyone should have a drop of the "hard stuff" on his feast day after chastising an innkeeper who served a short measure of whiskey. In the custom known as "drowning the shamrock", the shamrock that has been worn on a lapel or hat is put in the last drink of the evening.

7. Popular Irish toasts on St Patrick's Day, include: may the roof above us never fall in, and may we friends beneath it never fall out.

8. St. Patrick's Day was first celebrated in America in Boston, Massachusetts, in 1737. Around 34 million modern Americans claim Irish ancestry.

9. It is believed that St Patrick died on March 17 in 461AD. It is a national holiday in Ireland, and on the island of Montserrat in the Caribbean, which was founded by Irish refugees. It is a bank holiday in Northern Ireland and a provincial holiday in the Canadian province of Newfoundland.

10. Dublin has a parade that attracts hundreds of thousands of people, while in Chicago the river is dyed green for a few hours. The biggest parade is normally held in New York, while the largest celebration in the southern hemisphere is in Sydney, Australia.



# What is my watering day?

### Billing Address Ending in:

0 or 1 – Monday 2 or 3 – Tuesday 4 or 5 - Wednesday 6 or 7 – Thursday 8 or 9 - Friday



March 11th Daylight Savings Time

March 15th City Council Meeting 7:00 PM - 9:00 PM City Council Chambers

March 17th Happy St. Patrick's Day!

# **IMPORTANT NUMBERS**

### **EMERGENCIES NUMBERS**

EMERGENCY	
Fire	
Ambulance	
Fair Oaks Ranch Police Department	
Animal Control	

### **SCHOOLS**

Boerne ISD	www.boerne-isd.net
Fair Oaks Ranch Elementary	

### UTILITIES

Allied Waste Services - Garbage & Recycling.	210-648-5222
AT&T - Telephone	800-464-7928
CPSEnergy(new servi	<i>ce)</i> 210-353-2222
(service trouble or repai	rs) 210-353-4357
Fair Oaks Ranch Utilities - Water	210-698-7685
GVCS - Cable & Telephone	800-367-4882
Pedernales Electric Co-op	888-554-4732
Time Warner - Cable	210-244-0500

### **OTHER**

United States Post Office	
607 E. Blanco. Rd Boerne, TX	830-249-2414
(delivery info, stops, fwds,	ect.) 830-249-9303
5837 De Zavala Rd - San Antonio, TX	210-641-0248

# **NEWSLETTER INFO**

### PUBLISHER

Peel, Inc	
Article Submission	fairoaksranch@peelinc.com
Advertising	advertising@peelinc.com

## **ADVERTISING INFO**

Please support the advertisers that make Fair Oaks Gazette possible. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 20th of the month prior to the issue.

### DON'T WANT TO WAIT **FOR THE MAIL?**

View the current issue of Fair Oaks Gazette on the 1st day of each month at www.PEELinc.com

### LETTER TO THE EDITOR Buck Decries Change

In an exclusive interview to the Fair Oaks Gazette, Major "Big Daddy" Buck shared his unhappiness with the Fair Oaks Ranch does who are now sporting ear rings in assorted colors with numbers. "It's disgusting," he said. Though he doesn't know what's going on, Big Daddy thinks that with the San Antonio city limits bordering Fair Oaks Ranch, the does have easy access to the big city and its influence. On returning to Fair Oaks Ranch, they're different. The does are "citified."

Big Daddy said the ear rings are unattractive. He acknowledged that deer behave like humans in many ways but he's against becoming more like them. He asked, "What's next with the does, tattoos and body piercing?" The does may have new interest in how they look but Big Daddy's preference is the natural look - chin whiskers, ear hair, and fluffy white tails. His type remains the country doe with dirt on her coat, one that plays in water puddles after a rain; one that makes the chase an adventure.

"I may just leave for the hills further west," he said, "far away from the city lights and the incessant noise. For me Fair Oaks Ranch is no longer country living."

Minor Buck, his son, has a different perspective. "Big Daddy finds change difficult but I'm OK with it. The does are just being cool and hip." Minor is even thinking of getting an ear ring himself. And he's not leaving. Minor likes the variety of food in Fair Oaks Ranch, especially the Crawford lettuce and deer corn.

Letter's to the editor are for entertainment purposes only and can be submitted to fairoaksranch@peelinc.com.

## **Business Classifieds**

WATSON & WATSON INTERIOR IMAGES IN **BOERNE**. Specializing in Upholstery and Antique Restoration. We make custom Bedding and Draperies. 10% off materials w/ this ad. We are a Hunter Douglas Priority Dealer selling Blinds, Shades and Shutters. Store location, 437 Turner Ave. Boerne, TX. decorateboerne.com, wwii437@gmail.com 830 249-2759.

**Classified Ads Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Fair Oaks Ranch, limit 30 words, please e-mail fairoaksranch@peelinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or *advertising@PEELinc.com*.

# **Bulk Trash & Hazardous Waste Materials**

### **BULK TRASH/BRUSH PICK UP SERVICE**

The City of Fair Oaks Ranch contracts with Allied Waste Services (800-275-4234) to provide a bi-annual bulk trash/brush pick up service. A notice of the pick up schedule (usually the first of the year and at the end of the year) is sent to all customers two weeks prior to their scheduled pick up date. The notice also includes information regarding the service.

When hiring a contractor to cut and trim your trees, shrubs, etc. or to replace decks, carpets, etc. please make arrangements for the Contractor to remove the waste. Otherwise, you need to contact Allied Waste for a price quote to remove the waste for you.

Illegal Dumping (i.e., trash on vacant lots) is a violation of State Law with fines and/or jail penalties. Please place your brush/bulk trash on your own property. The City's goal is to ensure a speedy and effective brush/bulk trash removal with the intent of keeping our beautiful city a great place to live and visit. This can only be accomplished with your cooperation.

### HOUSEHOLD HAZARDOUS WASTE

Disposal of hazardous materials such as lead batteries, oil, gasoline, tires, electronic equipment, paint, etc. is not provided by the City of Fair Oaks Ranch. Retail establishments that sell batteries and tires collect a disposal fee at the time of sale. They are required to dispose of your old batteries and tires responsibly.

> Disposal of some items may be available through county services. Contact your county of residence for available county provided services.

### BEXAR COUNTY | COMAL COUNTY | KENDALL COUNTY

Additional information may be available by contacting the city office at (210) 698-0900 or (866) 258-2505. You may also obtain tips and helpful information at Earth 911 at (800) CLEANUP, at Keep Texas Beautiful, or at GreenerChoices.

**Technology Recylcing Services** (210-967-5400) disposes and/ or recycles computers, monitors, printers, faxes, and other office electronics. They also recycle batteries, catalytic converters, and air conditioners, as well as copper and aluminum.

Cellteks (www.cellteks.com) in Boerne recycles cell phones.





on-site installations custom audio systems • in-motion satellite video gps/chartplotters • l.e.d. lighting • alarm systems • tower speakers ipod installations • troubleshooting • charging systems & batteries

512.373.9456

www.hydrotunes.com

512.771.9183



# Animal Services

### **ORDINANCE & PET REGISTRATION**

The City of Fair Oaks Ranch has an Animal Control Ordinance which regulates the care and keeping of animals within the City limits. For any questions on animal control ordinances, pets, or wildlife, you may contact animal control at (210) 698-0990 during normal business hours, Monday - Friday 8:00 am - 5:00 pm.

City ordinance requires all dogs and cats to be licensed 30 days after obtaining a dog or cat over 4 months of age. You can obtain the city license / tag at City Hall. Licenses are valid for one year, concurrent with the pet's annual rabies vaccination. All dogs and cats must have their city tags and rabies tags attached to their collars and or have a current working microchip provided when registering your pet.

### LICENSE FEES

### \$5.00 for spayed/neutered | \$10.00 for unspayed/unneutered

### LOST PETS & FOUND PETS

During normal business hours, please call City Hall at (210) 698-0990 with a description and last known location of your pet. After hours or weekends, call Boerne Dispatch at (830) 816-3194 to contact an available FOR police officer with the information.

### WILDLIFE

Any wildlife that appears to be suffering from an infectious, contagious, or communicable disease, or that is showing signs of a physical injury physical disorder, or traumatic injury needs to be reported immediately to animal control at (210) 698-0990 during normal business hours or (830) 816-3194 for dispatch after normal business hours.

It is advised that all of your pets are currently vaccinated against all diseases. This will help prevent pets from contracting diseases from most wildlife in the event they come into contact with a wild animal. Your veterinarian can help you with the required vaccinations.

Equine (horses) should also receive their required vaccinations to prevent disease's from being contracted from wildlife or other animals.

# FAIR OAKS RANCH NOTICE OF CANDIDATE FILING PERIOD

for the May 12, 2012 Election

The Mayor's seat and City Council Places 1 and 2 are up for election this year and deadline information on filing an application for a Place on the City Council can be found online here - www. fairoaksranchtx.org/DocumentView.aspx?DID=184..

Applications can be picked up at City Hall or can be downloaded from the Secretary of State's website www.sos.state.tx.us/elections/ forms/index.shtml.

### My Dashboard

Customization now available on the City of Fair Oaks Ranch website! With the launch of the new MyDashboard feature, users to this website site can now customize their viewing experience.

By clicking "Log In" on the MyDashboard bar at the top of the screen, you may create a login for the site or use your Facebook profile to access MyDashboard. Once logged in, you can choose the modules, features and keywords that you'd like to see most often, including calendars and news items. You can also save favorite pages within MyDashboard, encouraging more-frequent visits and making important information even easier to find! Check out MyDashboard and customize your own page.

### **Personal Classifieds**

**FOR SALE**: Norwalk Loveseat 2ea \$225ea light brown excellent condition. Norwalk swivel,rocker,recliner 2ea \$125 ea brown 830-755-8280

### Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Fair Oaks Ranch, limit 30 words, please e-mail *fairoaksranch@peelinc.com*.

#### **Remodeling by Julian** → ⇒ KITCHEN & BATH DESIGNS ⊂ → Julian M. Alvarez, Jr. Licensed, Insured CELL: 210.865.0500 FAX: 210.641.9709 SHOWER STALLS SHEET VINYL CABINETS CARPET SHOWER PANS COUNTER TOPS CERAMIC TILE VINYL TILE PAINTING SIDING WOOD FLOORS VCT TUB ENCLOSURES WINDOWS LAMINATE FLOORS CORK RemodelingByJulian@yahoo.com Angies list RemodelingByJulian.com

Advertise Your Business Here 888-687-6444

### **Adoption Coalition of Texas**

Submitted by Murray Chanow



Bianca is an amazing child and is hoping for a Forever Family that will take care of her unconditionally. She loves to smile and laugh. She likes Tinkerbell and other Disney characters. She has beautiful, long hair and enjoys having someone brush it for her.

Bianca has started to draw and color using hand-over-hand guidance by her caregivers. She receives occupational, physical and speech therapy at school. She requires 24 hour care and supervision due to her special needs. Bianca needs a family that will take care of her and love her forever.

For more information about Bianca, contact at the Adoption Coalition of Texas at (512) 301-2825 or info@adopttexas.org.

# Learn. Experience. Fun, Sun & Academics Succeed.









TMI – The Episcopal School of Texas summer programs are open to the public. Academic offerings are available for students in grades 6-12 and athletic camps are open to students between the ages of 6-18. Visit our website to learn more at www.TMIsummer.com.



Registration ends: **May 25, 2012** Classes start: June 4, 2012 www.TMIsummer.com (210) 698-7171

TMI – The Episcopal School of Texas admits students of any race, color, and national or ethnic origin.

## **Pick up the Pile**

Happy New Year to all! As we embark on 2012's journey, some will think of ways to improve upon themselves. I'd like to offer an idea to those that still think dog poop is fertilizer, let's try picking up after our dogs. In case you were not aware, scientists have established the fact that the dog's gut harbors a particular type of bacteria known as the coli form bacteria. This bacterium includes the dreaded E. coli bacteria and also contains strains of salmonella and giardia. Now, since the rains have finally come, all the piles that have been left behind will be washed into our storm drains and contaminate our water supply. Not only is our water supply affected but perhaps even the air we breathe...I came across this article:

### SCIENCEDAILY (AUG. 18, 2011)

"Bacteria from fecal material -- in particular, dog fecal material -may constitute the dominant source of airborne bacteria in Cleveland's and Detroit's wintertime air, says a new University of Colorado Boulder study."

This was the first test conducted, for air borne disease so far, however, scientist presume other cities, with an abundance of the canine kind, will show similar results. Please be kind, don't leave it behind. To those that pick up....THANK YOU

www.pickupthepile.com

### NOT AVAILABLE ONLINE



# FAIR OAKS RANCH **ORAL HEALTH UPDATE**

IT MAY NOT BE "JUST A TOOTHACHE". Going to the dentist may not be on the top

of your To Do list, but if you're experiencing dental pain, a trip to the dentist may be just what you need. If you have a toothache that lasts more than one or two days, you notice swelling around a tooth, bleeding, or experience severe pain or fever, it's time to make an appointment with the dentist as soon as possible. A thorough examination and diagnosis is important to prevent more serious complications to your teeth, jaw, and gums. Dental decay and gum disease are progressive in nature. Early diagnosis is essential to a quicker and easier treatment.

#### THERE ARE SEVERAL CAUSES **OF DENTAL PAIN, INCLUDING:**

- Tooth decay affecting the enamel and the dentin, or inner layer of the tooth
- Tooth abscess caused by severe tooth decay or a trauma causing an infection at the root of the tooth or between the gum and tooth
- Damage to existing fillings due to pressure from chewing, grinding, or clenching
- Teeth grinding that causes fracturing, loosening, and excessive wear
- A fractured tooth from a traumatic dental injury
- Infected gums as a result of gingivitis or gum disease (periodontitis)



During your exam, your dentist will typically ask about the nature of your dental pain, when it started, and if anything makes it better or worse. Then, your dentist will conduct a physical examination of your mouth, teeth, gums, jaws, tongue, and throat. X-rays and other tests may be recommended, depending on what the dentist suspects is causing your toothache.

Once your dentist has determined the cause of your dental pain, you will be presented with treatment options. If a cavity is causing your pain, a simple filling may do the trick. However, if there is an infection that has spread to the tooth's nerve, a root canal may be necessary. An antibiotic may also be prescribed if you have swelling of the jaw or a fever.

### **DENTAL PAIN IS PREVENTABLE!**

Because most toothaches are caused by decay, practicing good oral hygiene is the easiest way to prevent dental pain. This includes brushing and flossing every day and visiting your dentist for professional cleanings and checkups on the schedule determined by the Dental Hygienist. In addition, eating a healthy, balanced diet that is low in sugar will not only help you prevent cavities but will improve your body's overall health.

Submitted by Dr. Flury



# NOW Salon hair perfection ... NOW

**Call for an appointment** 

210-698-3815

Walk ins Welcome

NOW Salon is a FULL Service HAIR salon for MEN, WOMEN and CHILDREN

New Year—New Look

Color, Cut and Style

Restoring Treatments-bring back the shine and texture in your hair

"Our simple yet modern environment allows our exceptionally talented Aveda -trained artists, to create the outward masterpiece that awaits within each guest. Our Mission at NOW Salon is to delight every guest through service, prescriptive products and results!"

Monday - 9am to 6pm • Tuesday thru Friday - 9am to 7pm • Saturday - 9amto 6pm • Sunday - closed



Amy



Alexa



Krísten



Bríttany



Mel



**NOW Salon** 9091 Fair Oaks Parkway Suite 205 Fair Oaks Village Shopping Center (210) 698-3815 www.nowsalon.com **Conveniently located at** I-10 and exit 546

## JOIN US FOR GOLF AND A GREAT CAUSE!

Colin's Hope

CLASSIC

DATE: Wednesday, April 18th 11:00 am Registration - 1:00 pm Start LOCATION: Flintrock Falls Golf Course FORMAT: 4-person scramble COST: \$165 per golfer\*

\*Includes lunch, dinner, shirt & goodie bag

Please join us for the 4th annual Colin's Hope Classic charity golf tournament and help prevent childhood drownings.

Special Guest Emcee will be Bob Fonseca of the 93.7 KLBJ FM Dudley & Bob Morning Show

Honorary Chairs Olympic Swimmers: Brendan Hansen and Garrett Weber-Gale City of Lakeway Chief of Police: Todd Radford

Register online now at: www.colinshope.org



# RECIPE OF THE MONTH

## **Clam Chowder**

### INGREDIENTS

- 2/3 C diced salt pork
- 1 T butter
- 3 C diced onions
- 3/4 C common crackers
- 1 can clams
- 3 C diced potatoes
- 1 bay leaf
- 3 C milk or Half & Half
- salt & pepper



Place diced salt pork in 2 qts. simmering water. Boil slowly 5 mins. Rinse and drain. Saute slowly with butter for several minutes, until pork begins to brown. Stir in onions. Cover and cook slowly 8 to 10 minutes, until tender & translucent. Blend in crackers. Set aside. Drain clams, saving liquid. Add enough water to make 4 cups. Pour over onions. Add potatoes and bay leaf. Simmer, loosely covered, for 20 minutes.

Chop clams. Stir into soup along with milk. Bring to just below the simmer point. Salt & pepper.. (Allow chowder to season several hours or overnight.) Bring to just below the simmer point before serving. Don't boil - this will make clams tough.



# Advertise Your Business Here 888-687-6444

# SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Fair Oaks Gazette.

E-mail your pictures to fairoaksranch@peelinc.com by the 8th of the month.





BY PEEL INC. \_\_\_\_\_\_ ENERGETIC SALES REPRESENTATIVES

COMMISSION BASED INCOME

WANTED FOR WORKING FROM HOME, EARNING EXTRA INCOME, AND SELLING ADS IN YOUR NEWSLETTER

VISIT WWW.PEELINC.COM FOR MORE INFORMATION

888-687-6444 www.PEELinc.com

The Fair Oaks Gazette is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Fair Oaks Gazette contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



## **CROSSWORD PUZZLE**



### ACROSS

- 1. Tails
- 5. Tableland
- 9. Billy or nanny
- 10. Expressing dislike word
- 11. Capital of Norway
- 12. Dote
- 13. Eludes
- 15. Beverage
- 16. Crime
- 16. Crime
- 18. Crayon name
- 21. Cause of sickness22. Merchant
- 22. Merc
- 26. Arc
- 28. Dwell
- 29. Ballerina skirts
- 30. Among
- 31. Dueling sword
- 32. Fly alone

- DOWN
- 1. Id's counterparts
- 2. Eat
- 3. Painter of melting clocks
- 4. Breezy
- 5. Soil
- 6. Show emotions
- 7. Lark
  - 8. In the lead
  - 10. Fuss
  - 14. Booths
  - 17. City
  - 18. Social position
  - 19. Shred (2 wds.)
  - 20. Having wings
  - 23. Fancy car
  - 24. Vile
  - 25. Do it again
  - 27. Regret

View answers online at www.peelinc.com

### Do You Have Reason to Celebrate?

We want to hear from you! Email fairoaksranch@peelinc.com to let the community know!

# - Kids Stuff-

Section for Kids with news, puzzles, games and more!



Eleven-year-old Cait was trying to fall asleep when her 8-year-old brother, Doug, came into her room. He looked around a bit, but seemed really out of it. Then Doug went back into the hallway and stood there staring up at the hall light. Little brothers can be weird, but this was really strange. Cait didn't know what to do. Just then, Cait's father appeared and explained that Doug was sleepwalking.

#### WHAT IS SLEEPWALKING?

Not all sleep is the same every night. We experience some deep, quiet sleep and some active sleep, which is when dreams happen. You might think sleepwalking would happen during active sleep, but a person isn't physically active during active sleep. Sleepwalking usually happens in the first few hours of sleep in the stage called slow-wave or deep sleep. Not all sleepwalkers actually walk. Some simply sit up or stand in bed or act like they're awake (but dazed) when, in fact, they're asleep! Most, however, do get up and move around for a few seconds or for as long as half an hour.

Sleepwalkers' eyes are open, but they don't see the same way they do when they're awake and often think they're in different rooms of the house or different places altogether. Sleepwalkers tend to go back to bed on their own and they won't remember it in the morning. Researchers estimate that up to 15% of kids sleepwalk regularly. Sleepwalking may run in families and sometimes occurs when a person is sick, has a fever, is not getting enough sleep, or is stressed.

#### IS SLEEPWALKING A SERIOUS PROBLEM?

If sleepwalking occurs frequently, every night or so, it's a good idea for your mom or dad to take you to see your doctor. But occasional sleepwalking generally isn't something to worry about, although it may look funny or even scary for the people who see a sleepwalker in action. Although occasional sleepwalking isn't a big deal, it's important, of course, that the person is kept safe. Precautions should be taken so the person is less likely to fall down, run into something, or walk out the front door while sleepwalking.

#### WHAT WILL THE DOCTOR DO?

There's no cure for sleepwalking, but the doctor can talk to you about what's happening and try to find ways to help you sleep more soundly. Most kids just grow out of sleepwalking.

For kids who sleepwalk often, doctors may recommend a treatment called scheduled awakening. This disrupts the sleep cycle enough to help stop sleepwalking. In rare cases, a doctor may prescribe medication to help someone sleep.

#### HERE ARE SOME TIPS TO HELP PREVENT SLEEPWALKING:

- Relax at bedtime by listening to soft music or relaxation tapes.
- Have a regular sleep schedule and stick to it.
- Keep noise and lights to a minimum while you're trying to sleep.
- Avoid drinking a lot in the evening and be sure to go to the bathroom before going to bed. (A full bladder can contribute to sleepwalking.)

#### HOW DO I TAKE CARE OF A SLEEPWALKER?

One thing you can do to help is to clear rooms and hallways of furniture or obstacles a sleepwalker might encounter during the night. If there are stairs or dangerous areas, a grown-up should close doors and windows or install safety gates.

You also might have heard that sleepwalkers can get confused and scared if you startle them into being awake. That's true, so what do you do if you see someone sleepwalking? You should call for a grown-up who can gently steer the person back to bed. And once the sleepwalker is tucked back in bed, it's time for you to get some shut-eye, too!

Reviewed by: Larissa Hirsch, MD Date reviewed: February 2008 Originally reviewed by: Michael H. Goodman, MD

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation



Attention KIDS: Send Us Your Masterpiece!

We will select the top few and post their artwork online at www.PEELinc.com. DUE: March 31st.

Be sure to include the following so we can let you know!

Name:

(first name, last initial)

Age:\_

Email:

(This information will only be used to notify you or your parents if your artwork is selected)



# Did any of these earn you 12% last year?

- Real Estate
- Stocks
- Mutual Funds
- Hedge Funds
- T-bills

# Your neighbor's new solar system did.

Join us for lunch to learn more:

12<sup>pm</sup> on Thursday, March 22 Fair Oaks Ranch Country Club Food and drinks provided



ENERGY

Please RSVP by March 16 to reserve a seat 866-274-5578 • www.circularenergy.com/contact



PRSRT STD U.S. POSTAGE PAID PEEL, INC.

FOR

# -Meadlin Properties-For the personal attention you deserve



# Are you considering $\mathcal{O}$ BUYING or SELLING?

Meadlin Properties is committed to giving each client an

Owner / Broker 830.388.0920

Natalie Meadlin



# CUSTOMER SERVICE with personal attention, professionalism and integrity



Taisy Tfeifer Realtor 210.378.7265

Call Meadlin Properties for the real estate experience you deserve.



301 E. San Antonio, Boerne, TX 78006 meadlinproperties.com

