

Woodland Hills



The Official Publication of the Woodland Hills Homeowner's Association

Volume 7, Number 4

April 2012

Spotlight On ...

Clancy Cummings

Clancy Cummings believes in community involvement. For him getting involved is essential for maintaining the vitality of our neighborhood. "The park is the greatest asset we have within Woodland Hills... It serves as a place of beauty, of relaxation, of entertainment for families."

A native of Glen Rose, a small town on the Paluxy River, Clancy moved to San Marcos to attend Texas State University and then to the Austin area to work for Dell. Ten years ago he relocated to the DFW Metroplex and moved to Woodland Hills in 2008. "I was impressed with the many wonderful houses and beautifully landscaped yards--- and, of course, the people. Once you get past the aesthetics, the people of Woodland Hills are the kind of neighbors that most others only dream of having."

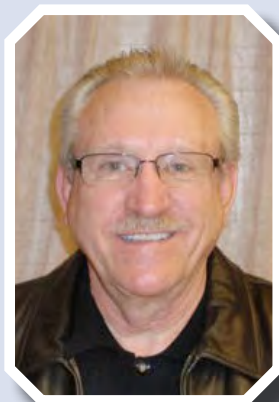
Active and vocal in politics and a proud member of a local Mid Cities Democrat political group, Clancy was appointed to the Woodland Hills Board of Directors at the annual meeting last February.



Zack Bryant, You Will Be Missed

Woodland Hills has lost one of our friends. Zack Bryant, a long time neighbor, volunteered his time for Woodland Hills Homeowners Association. In this role, he was very active as the Chairperson – especially before we started using Select Management to help with this task. Zack probably approved many fences, building additions, paint colors, and new roofs for our neighborhood. Zack also volunteered to serve as the HOA liaison for the oil and gas negotiations that occurred a couple of years ago. He spent many hours attending meetings, reporting back and generally looking out for all of our best interests. Zack will be greatly missed here in Woodland Hills and our deepest sympathies go to his wife, Lynn and family.

-- Helen Sink



Bryant, Zack Taylor COLLEYVILLE -- Zack Taylor Bryant, 71, passed away on Friday, March 9, 2012. Memorial Celebration of Life: 3 pm Sunday, March 25, 2012, Bluebonnet Hills Memorial Chapel, 5725 Colleyville Blvd., with Reverend David Marks officiating. In lieu of flowers, please consider a donation in Zack's name to a charity of your choice. Zack was born on January 18, 1941 in Grandfield, OK to John T. and Ella Bryant. He proudly served this country in the U.S. Army. Zack's legacy will be that he was a man of integrity who was fair, honest, and a mentor to many business associates and personal friends alike. He was deeply loved, cherished, and will be missed by all who knew him. Survivors include his wife of 30 years, Lynn Bryant; 6 sisters; 1 brother; numerous canine kids, and a multitude of dear friends.

Woodland Hills

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Timely Tip for April Gardeners

Submitted by Darlene Page

Celebrate Earth Day this month and go “green” with Calloway’s Nursery. We offer many organic products to help you develop a “greener” environment. We also offer traditional solutions but for the gardener who is exploring the “greener” side here are a few ideas.

A successful garden begins with good soil. Organic material is important to the soil composition. It helps with drainage and increases the soil microbe population. Expanded shale is used to break up hard, compacted clay soils. Calloway’s Organic Fertilizer contains seven food-grade meals and can be applied to your lawn and other plantings. Applying molasses will help stimulate microorganisms and energize your plants. Top dress your flowerbeds and containers with organic mulches. They not only break down slowly putting organic material back into the soil but, they also prevent weeds, conserve moisture and cool the soil during the heat of the summer.

Other organic insecticides and fungicides are Neem Oil, Diatomaceous Earth and Insecticidal Soaps. These are products which are safe to use around pets and children. There are also beneficial insects available such as Ladybugs, Lacewings and Beneficial Nematodes! These guys will attack the pests and take care of them “naturally”.

If you need specific help with your next gardening idea or project, please join us for **FREE** in-store gardening clinics this month. Clinics begin at 10:15 a.m. and are facilitated at every store.

SATURDAY, APRIL 7: PROVEN WINNERS FOR TEXAS

(10:15 a.m.) *See the collection of superior varieties bred for Texas conditions, from Proven Winners®.*

SATURDAY, APRIL 14: PERENNIALS-OLD FRIENDS

(10:15 a.m.) *Enjoy lasting gardens that come back every year. Learn to sequence bloom times to enjoy color throughout the year. See an array of the finest, from Monrovia® Growers.*

SATURDAY, APRIL 21: A GARDEN IN MOTION

(10:15 a.m.) *Celebrate Earth Day and create a garden that attracts butterflies and hummingbirds!*

SATURDAY, APRIL 21: GARDENING NATURALLY

(2:15 p.m.) *Celebrate Earth Day and learn to create healthy, pest-free lawns and flower beds!*

SATURDAY, APRIL 28: AWAKEN YOUR SENSES

(10:15 a.m.) *Explore the use of plants to excite vision, smell, sound, taste and touch!*

For more information, visit www.calloways.com. Hope to see you in the garden soon!



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By The Minter Team:



★ 11 Properties Currently Listed For Sale
 Average List Price - \$440,654
 Average Price Per Sq.Ft. - \$122.52
 Average Days on Market - 76

★ 3 Properties Currently Under Contract
 Average List Price - \$459,967
 Average Price Per Sq.Ft. - \$129.37
 Average Days on Market - 115

★ 8 Properties Sold in the Last 6 Months
 Average List Price - \$343,325
 Average Price Per Sq.Ft. - \$114.06
 Average Days on Market - 92
 (As of 3/19/12)



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CALENDAR OF EVENTS

TUESDAYS, FEB. 7 - APRIL 10

Free Tax Assistance- AARP is offering free tax preparation at the Colleyville Senior Center.

APRIL 4

The City of Colleyville will be conducting Emergency Siren Testing at 1:00

APRIL 6

Good Friday



APRIL 8

Easter Sunday

APRIL 14

Spring Clean Sweep at Colleyville Heritage High School parking lot. Bulk Drop off, Crud Cruiser, Electronics, Recycling, Shredinator 9:00-11:00

APRIL 21

Woodland Hills Garage Sale from 8:00-12:00

SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to tiki100@verizon.net.

Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



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Woodland Hills



Colleyville Center

Submitted by Lin Przblyl

The City of Colleyville's Colleyville Center, located next to the Justice Center, has completed its renovations.

The city opened the center in early 1998, after many years of planning, fundraising, and organizing by Colleyville civic organizations, city leaders and residents -- including several Woodland Hills residents.

The improved venue will host over 500 events this year including city public meetings, corporate and school events, weddings, and HOA meetings.

Congratulations to everyone who participated in the center's fundraising.

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E-mail your pictures to tiki100@verizon.net by the 8th of the month.



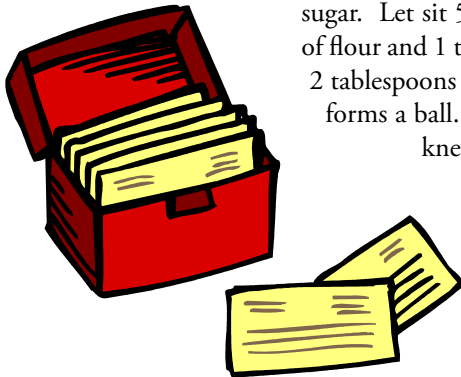
RECIPE OF THE MONTH

The Best Calzone Ever

Submitted by Lin Phillips

Combine 1 package of yeast with ½ cup of warm water and 1/8 teaspoon of sugar. Let sit 5 minutes. Meanwhile in a food processor combine 3 cups of flour and 1 teaspoon of salt. Add 1 cup of milk to the yeast mixture and 2 tablespoons of olive oil. Slowly combine in food processor until dough forms a ball. Do not over process. Roll out onto a floured surface and knead 50 strokes. Let rise 90 minutes. Punch dough down and let rest 30 minutes. Meanwhile preheat oven to 475 degrees.

If using a pizza stone, heat the stone for 20 minutes. Roll out and add toppings like marina sauce, pepperoni, Italian sausage, mushrooms, bell peppers, an assortment of cheeses onto half of the rolled out dough. Fold over onto itself and seal. Sprinkle with a little olive oil and salt. Bake immediately for 10 minutes.



Enjoy!

Woodland Hills GARAGE SALE

WHEN: Saturday April 21, 2012

TIME: 8:00 AM- 12:00 p.m.

**Mark your
Calendars!**

**SATURDAY,
APRIL 21ST, 2012**

**8 AM - 12 PM
RAIN OR SHINE**

SOLD



Early Packing List: When to Get Travel Vaccinations

PLANNING AHEAD IS THE KEY TO SAFE, HEALTHY GLOBE-TROTTING

Submitted by Laura Guerrero, M.D., medical director for The Austin Diagnostic Clinic's Travel Clinic

There are just a few days to go before your big trip overseas. You've triple checked your itinerary, memorized important maps, and maybe even practiced speaking a bit of the local language. But unless you have taken the proper vaccination measures well in advance, your health may be at risk.

One of the most overlooked to-dos on a busy pre-travel itinerary checklist is the need to get vaccines and other medical preparations taken care of weeks, sometimes even months, before a trip, says Laura Guerrero, M.D., an internal medicine physician and medical director of the Travel Clinic at The Austin Diagnostic Clinic (ADC).

"Depending on where in the world you are going, you may be exposed to diseases and other pathogens that your body just hasn't had to cope with here in the United States. Often, vaccines are the best preventative measure to protect your health," says Dr. Guerrero. "But what people sometimes forget is that many vaccines have to be taken over an extended period of time before they can effectively prevent an illness."

ROUTINE, RECOMMENDED, & REQUIRED VACCINATIONS

The Centers for Disease Control and Prevention (CDC) divides travel vaccines into three categories: routine, recommended, and required. Dr. Guerrero says the number and type of vaccines you should receive will vary depending on what part of the world you are traveling to.

"Your particular vaccination and health needs can be as different as the Amazon jungle is to the Sahara desert," says Dr. Guerrero. "The only way to know what vaccinations are recommended for you is by consulting with your doctor at least one month before you plan on traveling abroad."



THE RIGHT VACCINE AT THE RIGHT TIME

Routine vaccinations are designed to protect you from diseases that rarely occur in the United States, but are still common in many parts of the world. According to the CDC, routine vaccinations should be administered for things such as influenza, tetanus, hepatitis A and B, measles, chickenpox, and zoster (shingles).

Exactly what routine vaccinations travelers should get will also depend mainly on your age and gender. And if you are traveling with children, they will likely require different vaccinations than an adult. Infants may need to have their vaccines administered over a period of several days or weeks, explains Dr. Guerrero. Recommended vaccinations will also depend on where you are traveling. The CDC lists vaccine information about specific destinations around the world on its website, <http://wwwnc.cdc.gov/travel/destinations/list.htm>. The site includes detailed health information about specific countries.

"We will update your shot record so we know what vaccines you should be receiving," says Dr. Guerrero. "And we will also counsel you about what diseases may be present in your destination, and how you can avoid exposure." As far as required vaccinations go, international

health regulations currently only require a vaccination for yellow fever for travelers visiting certain countries in sub-Saharan Africa and tropical South America. Meningococcal vaccination is also required by the government of Saudi Arabia for annual travel during the Hajj—the term for the annual pilgrimage to Mecca, Saudi Arabia, which occurs sometime between November and January.

"Even if you do not get your travel vaccines in time, it's always a good idea to see your doctor before you travel abroad because you can still benefit from medications and other information about how to protect yourself from illness and injury while on vacation in another country," adds Dr. Guerrero.

HEALTHY TIPS WHILE ABROAD

Once you have followed the vaccination schedule exactly, there are many other health considerations to take into account, Dr. Guerrero says. If you are taking prescription medications, for example, make sure you bring enough to last your entire trip and that you keep them stowed in their original containers. It's also a good idea to bring medicine for diarrhea, and to be cautious about drinking from local water supplies or eating things like raw seafood or other uncooked items.

"Part of ensuring a memorable travel experience abroad is making sure you are prepared for any potential health situations," explains Dr. Guerrero. "For example, if you have a preexisting health condition, it's always a good idea to know what your emergency care options are if something were to happen abroad. By taking the proper health planning measures, your trip of a lifetime can be filled with good memories instead of bad ones."

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ACROSS

1. Abbreviate (abbr.)
5. Mom
9. Rubber cement, for example
10. Confuse
11. Snaky fish
12. To that time
13. Residential district
15. East southeast
16. Freedom
18. Firearms
21. Extra-sensory perception
22. Group of four
26. Ooze
28. Move gently
29. Singing voice
30. Level
31. Sulk
32. Marrow

DOWN

1. Gets older
2. Type of cheese
3. Flower start
4. Ensnare
5. Males
6. Not before
7. Slightly wet
8. Awry
10. What a gum chewer blows
14. Troublemaker
17. Believe
18. Vermin
19. Small island
20. China
23. Praise
24. Afloat
25. Indent
27. Cut grass

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