



# CIRCLE C RANCH

The Official Publication of the  
Circle C Homeowner's Association

## Newsletter

Volume 9, Number 5

May 2012

[www.circlecranch.info](http://www.circlecranch.info)

## Circle C HOA Announcements

*Submitted by Denise Nordstrom, HOA Manager*

### New Pool Opening May 5!

The new pool behind the Community Center at La Crosse & Spruce Canyon is opening on May 5! Come join us for the grand opening on Cinco de Mayo!

#### SPRING HOURS

May 5-30

*Saturday & Sunday Only, 10am-6pm*

#### SUMMER HOURS

May 31-August 26

*10am-8pm, Closed Tuesdays*

#### FALL HOURS

August 27-September 2

*Saturday & Sunday Only, 10am-6pm*

#### HOLIDAY HOURS

*Memorial Day, 4th of July,  
and Labor Day: 10am-6pm*

### Easter Egg Recap

Thank you to everyone who participated in the CCHOA Easter Egg Hunt on April 7, especially our volunteers! We had over 400 children participate. Congratulations to the three lucky children who found the golden eggs. Maddy Evers, a beautiful 3 year old, was excited to claim her \$25 gift card to Toys R Us. We hope the other two winners claim their gift cards soon! Bill Bartz with Dream Pixel Photography donated his services at the event and photographed many of the participants. Visit <http://dreampixelphotography.zenfolio.com/p780413632> to see all the cute pictures!

### Trash Cans at Mail Centers to be Relocated

We ran an article in the November newsletter stating that all the trash cans at the mail centers would be relocated. The HOA made this decision due to the concern of not recycling junk mail and also due to easy access to personal information. The November article stated that the cans would be relocated by the end of the year. They obviously have not yet been relocated. This is another reminder that they will now be relocated shortly, if not already done so. We encourage all homeowners to take their junk mail home, shred and recycle.

### HOA Drop Box at Main Mail Center to be Removed

As you know, the HOA offices have been relocated to the new Community Center building at 7817 La Crosse Avenue, at the corner of La Crosse and Spruce Canyon next to Clayton Elementary School. Since we didn't have a drop box at the new building yet, we left the drop box at the old office up. We have since put up a drop box at the new office and removed the drop box at the old office. If you need to use the drop box for any reason, please remember that it is now located at our new office.

## CCHOA NUMBERS

HOA Mgmt Office ..... [info@circlecranch.info](mailto:info@circlecranch.info) or 288-8663  
 HOA Financial Office ..... 451-9901  
 Aquatics Director ..... 288-4239  
 Newsletter Publisher

Peel, Inc. Sales Office. .... 512-263-9181

Advertising.....[advertising@PEELinc.com](mailto:advertising@PEELinc.com), 512-263-9181

### Circle C Amenities

Circle C Café ..... 288-6058

Circle C CDC..... 288-9792

Circle C Swim Center ..... 288-6057

Circle C Tennis Club General@CircleCTennis.com, 301-8685

### Sub Association Info:

KB Enclave and Fairway Estates HOA

Karen Hibpshman, CMCA, Manager ..... 347-2891

Parkwest HOA

Goodwin Management ..... 502-7509

Streetman Enclave HOA

Rosalind Peterson..... 441-1041

Muirfield HOA

Sara Huff ..... 306-9352

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Pothole Complaints..... 974-8750

Stop Signs ..... 457-4885

Street Light Outage ..... 311

### Schools

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Kiker Elementary ..... 414-2584

Gozycki Middle School..... 841-8600

Small Middle School ..... 841-6700

Bowie High School ..... 414-5247

SAYSA..... 899-1049

## ARTICLE INFO

The Circle C Ranch newsletter is mailed monthly to all Circle C Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

If you have an article of interest to the community please submit to [info@circlecranch.info](mailto:info@circlecranch.info) by the 10th of the month. The newsletter can also be viewed online at [www.circlecranch.info](http://www.circlecranch.info).

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## MISSION STATEMENT

### Peel, Inc. Community Newsletters

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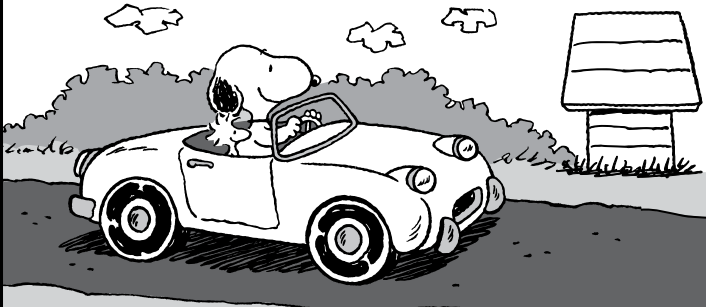
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## Circle C HOA Announcements

*Submitted by Denise Nordstrom, HOA Manager*

### **CAR BREAK IN AT THE SWIM CENTER**

Wednesday, April 11, between 5pm-5:30pm, there was a vehicle break in located at the far end of the south parking lot at the Swim Center. The window was broken and a purse was taken from inside the vehicle. Please do not leave any valuables in sight and don't transfer personal items from the interior of your car to your trunk after you park, do this before you arrive to your destination. If you have any information at all on this, please call the police.

### **BICYCLE LANE FOR CYCLISTS ONLY**

Attention pedestrians, we have been receiving calls from cyclists who have informed us that many walking pedestrians are using the bicycle lane instead of the sidewalk. If both cyclists and walkers are using the bicycle lane, this creates a potentially dangerous situation with passing cars. Please remember that the bicycle lane is solely for cyclists. If you are walking or jogging, please use the sidewalk instead of the bicycle lane.

### **VANDALISM**

Unfortunately, we are still receiving calls from various homeowners throughout the community who are reporting vandalism. Lately, we have heard reports of egging homes along Back Bay, vandalizing Easter decorations, and stealing personal property outside of people's homes. Police have informed these homeowners to always call the police in these situations. Even if they are simply kids playing a prank, the police take the situation very seriously. If you notice any suspicious activity, please report it to the police by either calling 311 in non-emergency situations or 911 for emergencies. Let's work together on putting a stop to the crimes happening in our community.

### **HAVE YOU RECEIVED A DEED RESTRICTION?**

As reported in each month's newsletter, the HOA staff drives at least two sections of the neighborhood per month to note violations of the Declaration of Covenants, Conditions and Restrictions. These commonly include: front yard landscape maintenance (mowing, edging, free of weeds), home maintenance (paint, screens, siding) and recreational vehicles (boats, RV's, trailers) parked in the driveway. The HOA is required by state law to notify owners in writing via certified mail and allow for the homeowner to request a hearing before the board of directors. If you receive a letter, please contact us at the HOA office and let us know your individual situation. We would like to work with you to bring your home into compliance. If you would like to report a violation, you can do so via our website at [www.circlecranch.info](http://www.circlecranch.info).

### **SCOOP THE POOP**

As reported in last month's newsletter, we have had some homeowners complain about dog owners not picking up after their dogs along La Crosse and other commons areas. Thank you to all the dog owners who have made an effort to comply. However, we are now receiving reports that dog owners are not picking up after

their dogs on private lawns, not just in the commons areas. This is happening particularly for corner lots. If you are walking your dog throughout the community, please be respectful of other people's property and the commons areas by picking up after your dog.

### **COMMUNITY CENTER**

Thank you to everyone who has stopped by the new Community Center. We have received some very positive feedback about the new facility. We have already begun taking reservations and have all types of events already booked, from weddings and parties to book clubs and business meetings. The facility was designed to meet the needs of all types of events. If you haven't already done so, come stop by and check it out.

If you have a special event coming up and you'd like to host it at the Community Center, check out our website, [www.circlecranch.info](http://www.circlecranch.info), to find more information. Please check the website frequently for updates. With this being a brand new facility, issues are coming up that we hadn't anticipated. Please be patient with us during this initial phase. If you have any questions, please call 288-8663 or email [ashley@circlecranch.info](mailto:ashley@circlecranch.info).

### **CITY OF AUSTIN GROW GREEN PROGRAM RELEASES NEW TREE CARE BULLETIN**

In response to the drought conditions last year that affected so many Texas trees, the City of Austin Grow Green Program has prepared a Tree Care bulletin for their Grow Green Program. You can get a copy at local nurseries or at [www.austintexas.gov/Watershed/GrowGreen](http://www.austintexas.gov/Watershed/GrowGreen)

### **NEWSLETTER BY EMAIL**

We published an article in last month's newsletter on how to receive the newsletter electronically to save paper. The website link that we posted didn't work for some people. If you would like to receive the newsletter electronically, try this link instead: <http://www.peelinc.com/residentsNewsletterSubscriptions.php>. You may choose to have an email sent to you with a link to a PDF of the newsletter, you can choose for the electronic copy instead of having it mailed to you, you may choose to have both the electronic copy and hard copy sent to you, or you may choose to be removed from the list altogether.

### **LANDSCAPE LETTER**

At the turn of the year, we started driving the neighborhood and sending out landscaping letters to all homeowners whose yards were not in compliance. Our main attempt was to get a response from the owner of the home to let us know what their plans were to improve the yard. Many homeowners did respond back to us with some beautiful plans, and we appreciate their compliance. We have begun to drive through the neighborhood again to recheck the homes that we sent letters to. If you have not contacted us with a plan or have not re-landscaped your yard, please contact us immediately to let us know your plans. If we do not hear from you, you should expect to

*(Continued on Page 8)*



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## Circle C Swim Center

*Submitted by Brody McKinley, Aquatics Director*

### CIRCLE C SWIM CENTER MAY POOL HOURS

- **Monday - Friday**  
..... 6-10am(Lap Swim Only)  
..... 3:30-8pm(Rec & Lap Swim)
- **Saturday**  
..... 7-10am(Lap Swim Only)  
... 10am-6pm(Rec & Lap Swim)
- **Sunday**  
... 10am-6pm(Rec & Lap Swim)

### CIRCLE C COMMUNITY CENTER MAY POOL HOURS

- **Saturday - Sunday**  
..... 10am-6pm

*Opening day for Community  
Center Pool is May 5 (May change  
depending on weather)*

#### FOR MORE INFORMATION

Web: [www.ccs swim.net](http://www.ccs swim.net)

Email: [customerservice@ccswim.net](mailto:customerservice@ccswim.net)

Phone: 512-288-6057

### ATTENTION LAP SWIMMERS:

At the Swim Center Pool, lanes that are open for resident lap swim will be marked with an orange cone.

### GROUP SWIM LESSONS:

It's swim lesson time again at the Circle C Swim Center, and classes are already filling up. Whether you have a little one wanting to jump in the water or your swimmer is ready to dive onto the Select Team, we have classes for everyone in the family. Summer is just around to corner, make sure your kiddos are ready to stay safe at the pool this year and sign them up early. Please come by and see Coach Amanda for an evaluation Sundays from 4-6pm or the first Friday of the month, evaluation times vary.

### PRIVATE SWIM LESSONS:

Can't make 8 classes in a row? Not a problem! Sign your swimmer up for private lessons with one of our top-notch instructors. With three instructors to choose from, there is availability for the busiest schedules. Come by the swim center front desk and sign up today with Coach Amanda, Coach Hayley or Coach Kyle.

### CCHOA Announcements-

*(Continued from Page 6)*

be hearing from us shortly by either another letter or contacting you directly. Thank you for making Circle C a beautiful place to live.

### SNAKES AND OTHER WILDLIFE

We wanted to remind everyone that it's that time of year when the weather is getting warmer, so snakes and other wildlife are starting to show up in the community. Be careful when you are walking the trails or in the greenbelts.

### CITY OF AUSTIN CODE ON LITTER

A little known City of Austin Code (10-5-43) addresses litter removal. Litter is defined as garbage, trash, rubbish, ashes, manure, waste, cloth or rags, paper or cardboard, leaves, grass cuttings, or refuse. This code requires property owners to remove litter from one-half of the street adjacent to the owner or occupant's property. For our neighborhood, this means that yard debris must be disposed of properly; it is a violation of City of Austin Code to leave it in the street. Please be sure to keep the street and curb line in front of your home swept clean. Do your part to keep Circle C beautiful.

Further, City of Austin Watershed Protection addresses this same issue if leaves and clippings are left in the street, swept or blown into the street or sewer system. This debris eventually ends up in the sewer system and pollutes our waterways.

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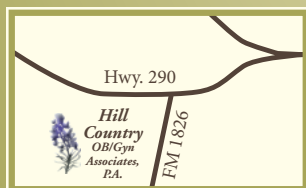
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**June 4<sup>th</sup> – 15<sup>th</sup>:**

### **Engineering Camp - \$200**

Campers will construct and manipulate basic circuits, mouse trap cars, kites and much more!

**June 18<sup>th</sup> – 29<sup>th</sup>:**

### **Theater Camp - \$200**

Campers will dive into set and costume design as well as acting in an end-of-camp performance!

**July 2<sup>nd</sup> – 13<sup>th</sup> \*:**

### **Art Camp - \$200**

Campers will explore different mediums and styles of art and host a gallery opening!

\* Closed July 4<sup>th</sup>

**July 16<sup>th</sup> – 27<sup>th</sup>:**

### **Cooking Camp - \$200**

Campers will cook up a storm, create their own cookbook to take home, and even bring home dinner for the family some nights!

**July 30<sup>th</sup> – August 10<sup>th</sup>:**

### **Science Camp - \$200**

Campers will make hypotheses and perform and design their own experiments!

**August 13<sup>th</sup> – 24<sup>th</sup>:**

### **Games Galore Camp - \$200**

Campers will master a variety of board games as well as outdoor games like Capture the Flag and much more!

## FOR REGISTRATION INFORMATION

Call: 288-9792 or Email: [acorcoran@circleccdc.org](mailto:acorcoran@circleccdc.org)



## Circle C Landscape

*Submitted by Susan Hoover*

We have been quite pleased with the re-growth of all the vegetation during this spring. Hopefully, we will have gotten a few rains and everything will stay green for a bit longer! That being said, the City of Austin continues with Stage 2 water restrictions. Everyone is still limited to one time per week watering and for homeowners, either Saturday or Sunday is your watering day, depending on your address.

We have noticed that a lot of you have been busy working in your yard. If you are revising your yard to the new Water Wise guidelines, please make sure you submit your plan to the Architectural Control Committee for review. The guidelines, forms, and procedures can be found on the Circle C website at [www.circlecranch.com](http://www.circlecranch.com).

On the commons areas, we will be busy with all of the regular maintenance. We will be spreading ant bait, doing a light fertilization, and keeping up with the numerous weeds. We are focusing on the health status of the trees. They suffered during last year's drought and we are keeping our eyes on those that have not recovered completely. For improvements, we are concentrating on implementing more water saving measures throughout the community. These include adding bubblers to trees, installing drip irrigation in key locations, using rock work to enhance the overall landscape look while diminishing water run-off and continuing our drought resistant plantings where possible. We have also been busy with the new vegetation at the Circle C Community Center. Getting everything in and established before the hot summer months has been a priority.

One of the areas at the Community Center is being used to grow a native grass mix recommended by the Lady Bird Johnson Wildflower Center. Their product called Habiturf is a ground cover alternative that uses three native seeds: buffalo grass, blue gramma, and curly mesquite. We have used it in the area to the east of the pool, a large area that was used for staging during the construction and needed re-vegetation. We are looking forward to seeing how this area establishes, and hopefully using it in future areas that are non-irrigated to save water.

May is a good month for the following landscaping tasks: pruning back the early spring flowering plants, mulching everything well for the upcoming hot summer, broadcast treating for fire ants, and of course, general maintenance to keep everything looking in top shape!



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# Park West HOA News

## Park West HOA News (Specifically for Park West Residents) *Submitted by Dorian de Wind*

### MESSAGE FROM THE BOARD

We hope you are enjoying our beautiful community and green, green, green everywhere! Please remember to program your sprinkler system to automatically water your front lawn and bedding areas on a regular basis now that the rainy season has tapered off. City of Austin watering restrictions are in effect – consult the mail center bulletin boards or [www.waterwiseaustin.org](http://www.waterwiseaustin.org) for current restrictions.

Please, please! Landscaping changes must be in accord with Circle C guidelines. In addition, any proposed changes to the front yard landscaping must be approved by the Park West Landscape Committee prior to execution. Landscape Committee review is required to ensure that Park West Appearance Standards are being observed as well as the Circle C restrictions.

If you wish to change the exterior appearance of your building or fencing in any way, you must obtain approval from the Circle C Architectural Committee (please send a courtesy copy of the filing to the Park West Board).

Materials for garden and building construction projects may not be delivered or stored on the street. To avoid a rules violation notice, please contact the Board if you plan to store materials on your driveway for more than two days.

Thank you for being a good Park West neighbor and observing our Rules. The Rules, Appearance Standards and all other Park West Homeowners' Association documents are available to view/download at the Park West website.

If you are not yet registered at the Park West website ([www.boatown.com/Parkwest/](http://www.boatown.com/Parkwest/)), which has restricted access for Park West residents only, please contact the Web Administrator, Jackie Rollins, at 940-5745, for registration instructions.

A Happy Mother's Day to all our mothers, grandmothers, and great-grandmothers – and to all those celebrating their loved ones on this well-deserved day of honor!

### LANDSCAPER NEWS

March had rainfall totals between 3 and 6 inches, depending on the Austin area. We also had above normal temperatures that led to an early spring. Plants leafed out early and grass began to grow, especially weeds. Some weed species have a lower temperature threshold and are able to begin growing faster, sooner than Bermuda or Zoysia grass.

We trimmed back all knockout roses the last week of February and the beginning of March. We mowed around the east and west mail centers, including the new area that is now opened up behind the west mail center. We over-seeded Bermuda seed in all yards that are Bermuda, especially in patchy areas or low-density areas. We only had a few irrigation checks and repairs during March. We fertilized with a high quality pre-emergent fertilizer at the beginning of March and scheduled mowing of lot 103 for the first or second week of April.

Pearson Landscape Service participated in the Texas Independence Relay. We raised \$1,000 for the wildfire victims in Bastrop. The race was a 12-person relay for 203 miles from Bastrop to East Houston. We alternated running for 36 hours.

*Thank you.*

*Scott Smith, Pearson Landscape Service.*

### "THE NEIGHBORHOOD"

It is not often that we can provide feedback on an item that has been discussed in one edition of our Park West column, immediately thereafter in the next month's column. The fact that we can do just that in this May issue attests to the interest and goodwill of Park West resident Don Busby and his non-profit organization, "The Neighborhood."

You'll remember the story we wrote about disabled Vietnam War veteran Allen Hancock in the April issue.

Already suffering from a wartime injury to his right leg, Allen was involved in a serious motorcycle accident in Oak Hill last May. As a result of that accident, Allen underwent above-knee amputation of his left leg and has

been in and out of Veterans Administration hospitals and now wears a not-very-well-fitting prosthetic limb.

Through the efforts and goodwill of Veterans of Foreign Wars (VFW) Post 4443 just west of Oak Hill, regular citizens, and the generosity of local merchants and organizations, Allen now has a place to live in on the grounds of the Post. While all these people and organizations have done a marvelous job for Allen, there are still some things this veteran needs.

In the April column we wrote:

*"The things we can do for this deserving veteran run from getting him a few household items, bringing him some home-made cookies, helping him with his shopping, taking him out to lunch, to just stopping by for a little chat."*

And we asked for your help. As you have gathered by now, Don Busby offered his and his group's assistance right away.

First, about Don's organization, "The Neighborhood." Several people who had worked on various non-profit and mission projects over the past few years decided last fall to form a non-profit to assist with needs that were not being met from other sources.

The Neighborhood was formalized in January 2012 and meets on the first Saturday morning of each week to discuss needs. The organization was open to anyone who wanted to join. The original group consisted of three from Circle C -- Don Busby, Pete Wainscott and Mike Lawrence -- then joined by Michael Cress of Dripping Springs, Jim Cannon of the Barton Skyway area, and Jeff Howard of Travis County. Others have been added since.

The first project was at the end of January. The Neighborhood served hamburgers to homeless children and their families at the Empowerment Academy (approximately 150 attended). In late February, The Neighborhood traveled to the community of Dale, about 25 miles southeast of Austin, to build a pad at the foot of a wheelchair ramp for an ALS (Lou Gehrig's disease) patient who was wheelchair bound and his

*(Continued on Page 14)*

# THE GOLDWASSER ADVANTAGE LISTING SYSTEM WORKS!!

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10805 Greymere Court - \$320,000  
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11230 Tracton Lane - \$350,000  
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10301 Cyrus Cove - \$230,000  
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10341 Snapdragon Dr. - \$275,000  
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7228 Tanaqua Lane  
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### Goldwasser Listings that are **UNDER CONTRACT**



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# Park West HOA News

*Park West HOA News- (Continued from Page 12)*

driveway was sandy clay and presented a potential problem when muddy. The pad consisted of pavers placed on a hard clay base. (See photo). The ramp itself was constructed by The Busby Foundation -- read more about the Foundation below.



The Neighborhood seeks ways to help the less fortunate. They have purchased temporary motel stays for homeless families while they await more permanent housing arrangements, purchased toiletries for Austin Baptist Chapel and helped with some car repair needs. The Neighborhood also assisted one of the families depicted in the Austin American Statesman for Christmas.

As of this writing, Don Busby has already met with veteran Allen Hancock to personally assess how The Neighborhood can help Allen.

I am sure Park West residents join me in extending our appreciation to Don and his organization.

Members of our community who want to contribute towards Allen's cause, to The Neighborhood in general or perhaps want to join The Neighborhood can contact Don at [dbusby@commercegrp.com](mailto:dbusby@commercegrp.com) or [ddewind@austin.rr.com](mailto:ddewind@austin.rr.com). (Use the latter specifically for contributions and support for the disabled veteran). At the moment, The Neighborhood is in need of men's clothing -- preferably summer clothing, jeans, T-shirts, caps, shoes -- for the homeless.

Now a word about Don's other commendable organization, the Busby Foundation, named after Don's son, Bo Busby, who was a member of our community and who died as a result of ALS -- also known as Lou Gehrig's Disease.

*(Continued on Page 15)*



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The Busby Foundation works alongside the national ALS organization to provide assistance to families as they battle this disease. Its mission is to “empower central Texas ALS patients and their families.”

Whether you are coping with ALS, you desire to volunteer or help in a financial way, or just want to learn more about the Foundation, please go to the website, [www.BusbyALS.org](http://www.BusbyALS.org).

And finally, there are other individuals and/or groups in Park West who help out those in need. If you would like a forum to present your cause and enlist others to join you, please forward information to your column editor.

#### **EDITOR'S NOTE**

In the Board of Directors' Message we were rightly reminded of Mother's Day coming up on May 13.

May also happens to be a month with several patriotic commemorations and events that should give us an opportunity to take time out of our hectic schedules to reflect on the freedoms and blessings we have and to thank those who fought for them and, in too many instances, made the ultimate sacrifice for us.

First, the entire month of May is “National Military Appreciation Month” (NMAM) designated by Congress to give our nation “a time and place on which to focus and draw attention to our many expressions of appreciation and recognition of our armed services via numerous venues and also to recall and learn about our vast American history.”

Then we have, Loyalty Day ( May 1), Victory in Europe Day (May 8), Military Spouse Appreciation Day (May 11), Armed Forces Day (May 19). Finally, National

Maritime Day (Also honoring our Merchant Marine) on May 22 and, on May 28, Memorial Day, a day to remember and honor those who have given their lives for our country, but also to appreciate all those who are serving today and who have served in the past in our uniformed services.

A good month to frequently and proudly display the American flag.

The web site <http://www.infoplease.com/spot/flagetiquette1.html> has some good rules and suggestions for the proper display of our flag.

#### **SEE YOU IN MAY**

Please contact Dorian de Wind at [ddewind@austin.rr.com](mailto:ddewind@austin.rr.com) by May 5 with your inputs for the June edition of your Park West column.

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# Clubs & Announcements

## CIRCLE C TENNIS MANAGER GIVES ADVICE ON HOW TO PLAY TENNIS

*Submitted by Fernando Velasco, General Manager, Circle C Tennis Club*

In the previous issue, I answered questions about beginning to play tennis, and how to select tennis shoes. In this issue, I will answer questions regarding the proper selection of proper tennis attire.

**Q: I want to start playing tennis, do I need special tennis clothes?** A: The beauty of the sport is that you do not need to spend a great deal of money to purchase proper tennis attire. For men, a comfortable loose t-shirt and shorts with pockets will work nicely. For ladies, a t-shirt and a skirt or shorts with pockets to place the ball in when not in play.

**Q: Are there any shirt styles better than other for men?** A: Men have few options on shirts. The “polo” look is still popular but most players prefer the “crew” look. For a while, the “sleeveless” shirt was the “in” look when “Rafa” Nadal and other tour players were wearing it. This faded away when most changed his style to the “crew” look. Most players prefer the body map mesh and wicking for better cooling and ventilation. One hundred percent cotton t-shirts will get heavy and wet during the summer months and do not cool off the body as much as the new “wet and dry” materials.

**Q: How about shorts for men?** A: Tennis shorts come in different in seam sizes. The inseams range from 7” to 10” to fit to the man’s height. They also have elastic stretching properties and will have two pockets in the front. They are woven shorts with wicking fabric finish to allow maximum stretching properties. Some poly knit shorts are also popular and they are very light and flexible.

**Q: What about women’s shirts?** A: Women are much more aware of a proper fit for their tennis outfits. The three most popular styles are the “tank top”, the “v-neck” and the “polo” shirt. Some women, who are aware of the damage that the sun may cause, will choose to have the full pullover that covers their neck and their arms. The popular “dry-fit” material is their number one choice

with mesh inlets and some with full mesh in the back for cooling purposes. Colors will change from season to season and most of the women will stay with one particular fit

**Q: What about shorts vs skirts?** A: That is another major decision that women will need to make. The popular woven shorts allow maximum flexibility. These will also range on length from 12.5” to 14.5”. Most skirts now have a compression short with pockets included with the skirt. Some prefer the flare skirt, while others like the side inset. Still, many prefer the woven short with fixed waist and front pockets for holding the tennis ball not in play.

**Q: What about tennis dresses?** A: They are on their way back to becoming stylish. Many tennis professionals are wearing them. Most companies will have one or two styles of dresses for each season. They either have a racerback tank with mesh insets with V-neck, back and side panels. They also have tank dresses with elastic straps, internal support bra, overlay front panel and pleated skirts. It will all depend on the proper fit.

In the next issue, I will answer questions about what to do after taking a series of lessons and you are practicing with a partner or spouse. Until then, start shopping around for your tennis outfit and begin playing the “sport of a lifetime: Tennis”. :Like one of my students tells her accounting clients to use the “KISS” method, the same goes for tennis outfits: Keep it Simple, Simple, Simple and have fun!!

### CONGRATULATIONS TO OUR CIRCLE C TENNIS “10 & UNDER TEAMS”

Our “10 and under” tams have qualified for the finals of the CATA-USTA Playoffs following their successful rounds of play. The Circle C Aces will be bidding for first place in the league, and the Circle C Red, for fifth place. Matches are scheduled for April 28 and results will be announced in the June Newsletter.



#### “CIRCLE C ACES”

*Colin Doles, Brooke Taylor, Sol-Marie Nordstrom, William Ansdell, and Logan Lewis.  
Not in picture: Rohan Bhavsar, Jordan Jewell  
and Alex Johnson*



#### “CIRCLE C RED”

*Eleanor Nelson, Sydney Johnson, Kayleigh Shumaker, Jaxson Hataway, Meagan Zeng and Arik Suez. Not in picture: Gabriella Saidleman,  
and Satvick Raghunathan*

### CIRCLE C 8.0 SUPER SENIORS WIN CHAMPIONSHIP

The Circle C 8.0 Super Seniors (60 and over) Team captured First Place in the USTA League. They finished the season with a 7-1 record. Players on the team are: Don Primosic (captain), Steve Thurber, Del Campbell, Andrew Kugler, Larry Eichenbaum, Bill Terry, Carl Morris, Jack Clow, Karl Kamrath, Richard Pleasant, Randy Dryer, Ron Tope and Fernando Velasco. They qualified to play Sectionals in New Braunfels in November. Good luck team!!

# SPRING IS THE *hottest* SEASON IN REAL ESTATE.

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## *featured listing*

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- Great Outdoor Kitchen
- Backs to Green Belt



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John's "Sell" phone is  
**(512) 970-1970!**

# Got 8 days?

The reason I ask is because that is the average number of days in which my listings usually sell in this Circle C market. In **most** instances, it has become a seller's market, just as I predicted last September in our newsletter when we saw the transition happening. We have found that when the seller's employ the Squires Team selling strategies and staging recommendations, the chances of their homes selling in 8 days is not only a *possibility*, but a **probability**. We have a professional staging company we employ or if your house is 80+% ready to go, we can save you money by helping you stage the home for free. Give us a call and we'll set up an appointment for a no-obligation visit to your valuable Circle C Ranch property. You ready now? We work 7 days per week by appointment and at your convenience, day or night.

# 98.6

Yes, we realize this is the average temperature of the human body. The reason this number is special to the Squires Team is that it is the average sales-price percentage to full-price ratio we've attained in Circle C. We sell homes over full-price, full price, and some slightly under. Our average listing sale is **98.63% of full price**. If you *really* want your home "Sold!" for more money and in less time, please employ the Squires Team to list your valuable Circle C Ranch property. If another real estate company claims to have a higher sales percentage than 98.63 %, they're probably using an inaccurate thermometer! Don't let a realtor use the wrong thermometer on you! Call John and feel well to sell.

Call John Squires for an easy appointment to provide you with a free, no-obligation market analysis on your valuable Circle C Ranch home. John offers move-up and move-down plans to fit your specific needs. We provide **FULL** marketing of your home with flexible commissions and no hidden fees. Go to **SquiresTeam.com** to view all of John's listings and virtual tours.

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Below is a quick snapshot of John's client's properties that have had contracts placed on them within the last 10 days. In many cases in Circle C real estate, it has become a seller's market if the homes are properly cleaned, staged, updated and priced correctly. If you would like a free, no-obligation market profile of your valuable home, please allow us to apply for the job. Thank you so much!



**9508 Colebrook--** Gorgeous "Vintage" home with huge bedrooms, 4 living areas, wood floors and granite kitchen at 3744 sq. ft. per tax record. Sides up to greenbelt park and has an in-ground, heated pool. **UNDER CONTRACT** in 3 days for full price.

**6825 Tanaqua—** Stunning Country French brick with park-like back yard. Beautiful addition with beaded wood ceilings, soaring ceilings, big game room and master. **UNDER CONTRACT** in 2 days with multiple offers.

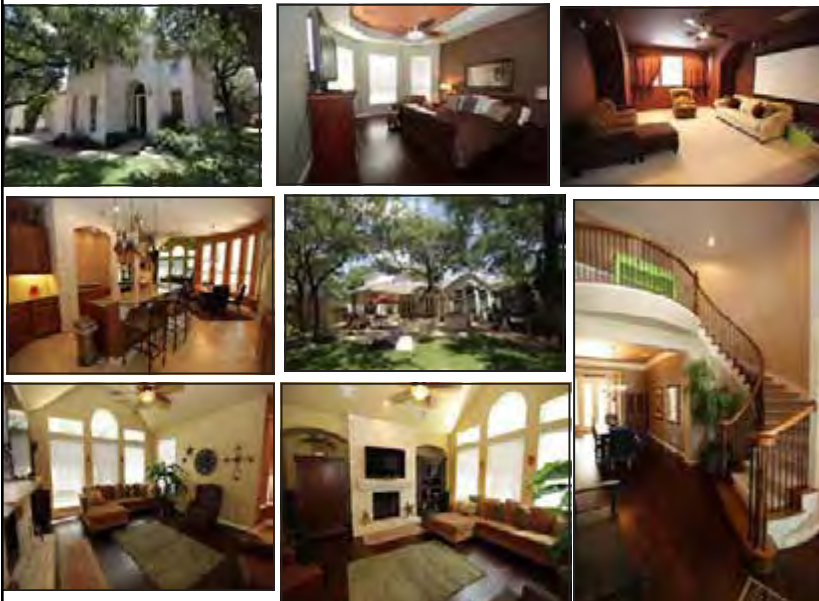


The Squires Team is always looking for new ways to help their clients with their moving process and ease the stress of selling and buying new homes. Their latest addition is a 16' fully-enclosed trailer with a garage door ramp for easy loading and unloading. Any seller or buyer that needs to use the trailer to move household goods to and from storage or between houses may utilize it for **absolutely free**. It is a lightweight trailer that can be easily pulled, but if you do not have a vehicle suitable, I'll pull it for you for any local neighborhood moves. It has come in very handy the first week with 3 clients already utilizing it! Call and it's yours!

**Call John directly at (512) 970-1970 on his "sell" phone any time for an easy appointment!**

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- 3) Offer professional handyman services from minor repairs to entire home renovations.
- 4) Offer professional landscape services from curb appeal to entire yard transformations.
- 5) Professional marketing using an \$8,000 digital camera with 4 lenses and software to provide the cleanest sharpest pictures available for internet and flyer advertising.
- 6) Provide a list of different strategies/facets to advertise your home for maximum marketing exposure to the world as quickly and completely as possible.
- 7) Offer generous move-up and move-down plans to fit every families needs.
- 8) One point contact at (512) 970-1970 so there is no "big team" confusion, mixed signals or missed deadlines.
- 9) Insure a smooth, successful transaction start to finish.
- 10) Negotiate moving schedules/timing/leasebacks to insure no hassles or disrupted transitions.





# Clubs & Announcements

## Gorzycki Middle School News

**ANNA BOWERS, 8TH GRADE STUDENT, ADVANCED TO STATE LEVEL OF  
THE NATIONAL GEOGRAPHY BEE HELD IN BEDFORD, TEXAS ON MARCH 26.**

*Submitted by Mary Jo Wood*

Note: Anna made a perfect score in the preliminary round, went through the 2nd round and made it to "the final ten." (Only six girls competed at the state level, and Anna was the last girl standing.) Anna said her father went to the school where the winner came from – small world!

### **ORIGINAL INTERVIEW NOTES**

*Anna Bowers 3/22/2012 at GMS Library during Gorzycki's "Excel" class, Period 6.*

Interviewed by Mary Jo Wood,  
GMS PTA Historian

### **Q. How does it feel to advance to state-level competition?**

Like you're climbing a mountain. Sometimes you feel like you're on a cliff, but you look up and you can see the mountaintop in the clouds. You've gotten

this far, and you don't want to fall and break your neck or start over, so you get over it. There's some fear, but there's also passion.

### **Q. What kinds of things do you say to yourself to stay calm and grounded during a competition?**

I don't really say things to myself. I feel scared all the time, but once I'm being tested -- all the anxiety goes. Then all that's left is "just the world." That's because when I'm asked a question, I start to picture in my mind maps of places I've studied, like a map of Africa I studied using Google maps. All the other things I'm passionate about, like music and writing help me, and I can see how everything connects to everything else. It's like an endless loop of pictures that cycle through your mind. Every thought goes back to the original thought.

### **Q. How do you find the right answers?**

By being prepared. You just sort of lose yourself when studying. The atlas is out all the time at my house, and I'm GLUED to it. I also use Google for quiz sites like Sheppard Software all the time. The quiz site will ask you where a place is, then you answer. Then after you've answered the question, and you got it right, it reinforces the information in your head. I keep maps everywhere - in the car, just everywhere. The atlas is always open.

### **Q. What happens when you miss a question during a competition?**

I've missed bunches of questions. No one aces everything, unless you're a robot! I beat up myself a little, thinking something like "That's the worst mistake EVER, how could

*(Continued on Page 21)*



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I miss that?" But then I move on and give myself a little pep talk. It's like you're a rose bush and then you prune yourself -- you give yourself a little nip here and there. But after the pruning, the rose bush is beautiful. It's healthy!

**Q. Tell me how you got to be so interested in Studying Geography.**

My mom is a teacher, and we started thinking about creating lesson plans for Geography just for fun.

**Q. What keeps you inspired to keep going?**

My mom and dad. Both of them coach me and help me practice all the time. My mom has worked SO hard to coach me and brought me so far, and that keeps me motivated. Also, a little stress fuels the passion for me to want to know something, to be good at something. It's like a big circle.

**Q. How do you discipline yourself to keep studying when you are busy, tired, or feeling burned out?**

I sit down and say to myself, "I HAVE to study." Facebook, go away. Even if only 1% of me wants to study, I do it. Why do you walk your dog? You just do it because it needs to be done. It makes you and the dog feel better. Instead of instant gratification, real passion takes work. But, you feel great!

**Q. What makes studying Geography fun?**


Geography is a competitive hobby, a hobby you take to the next level. Learning is fun! It's the greatest thing ever. You feel good when you know stuff. The more you know, the more you can direct your future because you know how to get there. You have the world in your mind because it's so big! You can envision it, think about it

in your head. Geography is like a bunch of different notes coming together to make a chord. It encompasses everything - history, science, culture, even math. When I learn about something going on in the world, like what's happening in Uganda for example, with rebel leaders taking children as slaves and for soldiers, it makes me pull up a map in my head.


**Q. Do you have any tips for remembering facts?**

You need to come up with a system. You can play games where you associate things in your mind. For example, I think of Germany as just sitting on Austria, and Austria is just being smooshed. That's how I remember their positions on the map. When I have a hard time remembering where countries are on a map, I also make up acronyms (words formed

*(Continued on Page 22)*



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# Clubs & Announcements

Gorzycki Middle School News- (Continued from Page 21)

from the initial letters of other words) - like No Silver Forks in Russia to remember the positions of Norway, Sweden, Finland and Iceland. I also think of shapes. [Sees a book on Cambodia.] Oooh! Cambodia! Cambodia is shaped like an oval, only rougher.

## **Q. Why do you think it's so important for students to learn Geography?**

So that you know where you are in the world at any time - in this big blue ball of ours - the world. When you go somewhere, it's an adventure. Like exploring the piney woods. It might be hot and humid, there might be mosquitoes, but the smell of the pine trees is refreshing and there's beauty there. Life is beautiful.

## **Q. Why is it important to challenge yourself to do your best?**

Because if you don't, you will never know what you could have done. Take a chance, take a risk, but take the right risks. Gorzycki (Go Risky) culture is not so much about going risky, it's about taking the right risks.

## **Q. How can we make the world a better place by knowing Geography?**

If you are culturally sensitive, you can help other countries. Take Egypt. They are suppressing women and Coptic Christians. If you know about a country's history, culture, conditions, you can help over there. But sometimes, you may have to offend someone to let them know they are doing something that needs to be changed. In America, we have a big safety net where we donate to help

people who are starving. Even our pets - you can donate to ASPCA to help them. Our pets may have more to eat than people in other countries who are starving!

## **Q. Where would you most like to travel?**

Out of the country, I think starting with Canada. They are our neighbors. They influence our culture, but here in Texas, we don't notice them much. There are so many provinces to explore! Also, Israel, because I think they are strong, their economy is booming, and they set good policies.

## **Q. Tell me a geography fact that is interesting to you.**

That New York's state flower is the rose. You give roses to people you love, but in New York people don't know each other that well. I think New York is beautiful, even though I haven't been there, and people are beautiful.

## **Q. What would you want to say to the students at Gorzycki?**

Wake up and learn! You won't have to regret not taking a chance, not taking the right risks. If you don't, you will never know what you could have done! You can help make America great again.

3/27/12

*After Anna reviewed her original interview comments, she refined her ideas and polished her remarks. Here are her thoughts upon reflection*

## **Q. How does it feel to advance to state level competition?**

Like you're climbing a mountain. You're at

a cliff, a point of no return as you look down and see your progress and that it's a long way down. You look up and see that the top is getting closer, but is still in the clouds. You have to get over the cliff and continue up the mountain, or fall back to where you started along with injuries you will sustain.

## **Q. What kinds of things do you say to yourself to stay calm and grounded during a competition?**

I don't really say things to myself. I feel scared all the time, but once I'm working, all my nerves go away. Then all that's left is just the world. When I'm asked a question, I automatically see the place that the question is asking about in my mind. Getting the answer is just as easy as picking your favorite cereal from the grocery aisle.

## **Q. How do you find the right answers?**

By being prepared. You just sort of lose yourself when studying. The atlas is out all the time at my house, and I'm GLUED to it. I also use websites to quiz my knowledge of political boundaries and capitols. Logic also comes into play when you're asked a question. By using logic and my knowledge, correct answers just make sense to me.

## **Q. What happens when you miss a question?**

I've missed bunches of questions. No one aces everything, unless you're a robot! I beat up myself a little, thinking something like "That's the worst mistake EVER, how could I miss that?" But then I move on. It's like

*(Continued on Page 24)*

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## Gorzycki Middle School News- (Continued from Page 22)

you're a rose bush and then you prune yourself -- you give yourself a little nip here and there. But after the pruning, the rose bush is beautiful and healthy.

### **Q. Tell me how you got to be so interested in Studying Geography.**

My mom is a teacher, and we started thinking about creating lesson plans for Geography just for fun. She's always wanted to teach World Cultures for sixth grade and knows so much!

### **Q. What keeps you inspired to keep going?**

My Mom and Dad. Both of them coach me and help me practice all the time. My mom has worked SO hard to coach me and brought me so far, and that keeps me motivated. The farther you get, the farther you want to go.

### **Q. How do you discipline yourself to keep studying when you are busy, tired, or feeling burned out?**

I sit down and say to myself, "I HAVE to study." Even if only 1% of me knows I have to study but doesn't want to, I do it. Why do you walk your dog? You just do it because it needs to be done. It makes you and the dog feel better. Instead of instant gratification and minor rewards, real work creates a passion and a better more filling happiness.

### **Q. What makes studying Geography fun?**

Geography is a competitive hobby, a hobby you take to the next level. Learning is fun! It's the greatest thing ever. You feel good when you know stuff. The more you know, the more you can direct your future because you know how to get there. You have the world in your mind because it's so big! You can envision it, think about it in your head. Geography is like a bunch of different notes coming together to make a chord. It encompasses everything - history, science, culture, even math. When I learn about something going on in the world and I know about that place, it makes me make more connections in my brain, making me quicker to learn and remember things.

### **Q. Do you have any tips for remembering facts?**

You need to come up with a system. You can play games where you associate things in your mind. For example, I think of Germany as just sitting on Austria, and Austria is just being smooshed. That's how I remember their positions on the map. When I have a hard time remembering where countries are on a map, I also make up acronyms (words formed from the initial letters of other words) - like No Silver Forks in Russia to remember the positions of Norway, Sweden, Finland and Iceland. I also think of shapes. [Sees a book on Cambodia.] Oooh! Cambodia! Cambodia is shaped like a lumpy oval, only rougher.

### **Q. Why do you think it's so important for students to learn Geography?**

So that you know where you are in the world at any time - in this big blue ball of ours - the world. When you go somewhere, it's an adventure. You may never leave the city you're born in, but there's a whole entire other place under your feet, how could you not want to learn about it?

*(Continued on Page 25)*

**Q. Why is it important to challenge yourself to do your best?**

Because if you don't, you will never know what you could have done. If you aren't challenged then you get sloppy and lazy, you generally go down hill. If you strive for better every day you can only get better and better.

**Q. How can we make the world a better place by knowing Geography?**

If you know geography, you also know the cultures of different places. If you know the world's cultures you're less likely to offend people not from where you live, and it also makes you a better business person. If you were to open a store in Iceland, geography helps you know that the South-Eastern part of the island is mostly uninhabited, therefore a bad place for a store.

**Q. Where would you most like to travel?**

I would love to go to Israel. The people are strong, the Economy is strong, and the geography is beautiful.

**Q. Tell me a geography fact that is interesting to you.**


That New York's state flower is the rose. The stereo-type New Yorker doesn't care very much about others, but the rose, a flower that symbolizes love and caring stands for this state.

**Q. What would you want to say to the students at Gorzycki?**

Wake up and learn! You won't have to regret not taking a chance, not taking the right risks. If you don't, you will never know what you could have done! You can help make America great again.



*Anna holds a symbol of  
this big blue world of ours" in her hands.*




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# Clubs & Announcements

## Gorzycki News

### MAESTRO PETER BAY VISITS THE GORZYCKI CHAMBER ORCHESTRA CLASSROOM BEFORE UIL

*Submitted by Mary Jo Wood*

On Monday, April 2, Maestro Peter Bay, Music Director and Conductor of the Austin Symphony, visited Gorzycki's Chamber Orchestra classroom to tweak their songs before the UIL competition that took place on Wednesday, April 3. Chamber Orchestra went on to win Sweepstakes! Gorzycki's Chamber Orchestra has attended and won sweepstakes at the UIL regional competition every year since it first opened its doors in 2009 (spring 2010, 2011, 2012). Gorzycki first sent its Concert Orchestra to UIL in spring 2011, and they also won sweepstakes every year they attended (2011 and 2012).

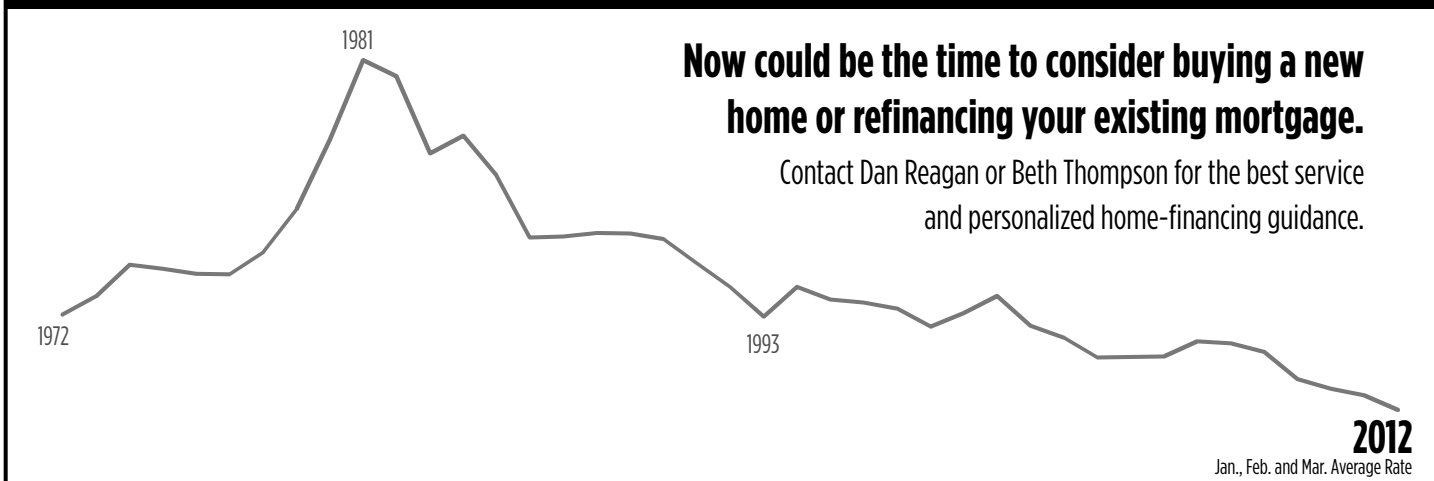
Although other schools won sweepstakes this year, Gorzycki and Kealing were the only two schools to win sweepstakes by earning straight ones from the judges for both chamber and concert orchestra. This is a particularly notable accomplishment for Gorzycki because the majority of its orchestra students first begin playing their instruments in the sixth grade. Under Mrs. Hagler's direction, it's unusual and impressive that Gorzycki has received such high ratings in such a short period of time. Maestro Bay lived up to his reputation - merry eyes, affable personality, kind, yet intensely focused and precise. Gorzycki kids respect authority and adults in general, and you could hear a pin drop in the classroom as he cued them throughout their songs.



Here Maestro shares his "sure stick" with Mrs. Carolyn Hagler, Orchestra teacher at Gorzycki Middle School. (He is reputed to have a "sure stick" and plenty of command, and so does she.)

Maestro's tip to the Chamber Orchestra students: "Listen to your Orchestra teacher!" (He said this repeatedly throughout the lesson.)

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SOURCE: Freddie Mac Primary Mortgage Market Survey® of average yearly mortgage interest rates since 1972; 2012 average rate as of January, February and March. Interest rates subject to change. Not a commitment to lend. This content is for informational purposes only and may not be wholly or at all applicable to every situation or jurisdiction. We strongly urge you to consult your professional financial advisor prior to acting upon the information contained herein.





## CITY OF AUSTIN SOLID WASTE CART PLACEMENT GUIDELINES



### WHY 5 FEET APART?

Most of our trucks are equipped with automatic arms that pick up the carts. If carts are set too close together or too close to other objects, our drivers have to get out of their trucks and move the carts so the automatic arm can pick up the cart without bumping into or knocking over anything.

Our crews can collect materials more safely and efficiently when your recycling cart, trash cart and yard trimmings are placed 5 feet apart from each other and from other objects like parked cars, mailboxes, etc. Thanks for helping us get in and out of your neighborhood quickly and safely!

### WHAT IF I DON'T HAVE ROOM TO SET MY CARTS OUT 5 FEET APART?

We understand that some areas won't allow for this; simply set out the carts as far apart as possible.

### OTHER COLLECTION GUIDELINES

- Your trash cart, recycling cart and yard trimmings must be placed at the curb by 6:30 a.m. on your collection day.
- Do not put recycling or yard trimmings in plastic bags. Plastic bags cannot be recycled in Single Stream Recycling and cannot be composted with yard trimmings.
- Help prevent litter by bagging your trash and allowing room for the cart lid to close.
- Extra bags of trash that do not fit in your trash cart with the lid closed must be placed next to the trash cart and tagged with an Extra Trash Sticker, which can be purchased at most local grocery stores (\$4 + tax). Extra bags without a sticker will be charged a per-bag fee of \$8 + tax.
- Do not put carts in the path of the mail truck or on top of a water meter.
- Avoid placing your cart under power lines or low hanging tree branches.
- Always place the handle of the cart toward your house.

## Fabulous Working Ladies LUNCHEON

*Submitted by Melinda McKenna*

You are invited to "Fabulous Working Ladies of South Austin" Luncheon at Mandela's in Arbor Trails (MoPac & William Cannon) on Thursday May 31st at 11:30. Please join us for laughter, sharing, having fun & giving back to the community we live in! The cost is only \$20.00 if you RSVP & pay online by the deadline which includes a Fabulous lunch. After the deadline the cost is \$30.00 at the door Cash/Check/CC. For more information, please go to [www.FabulousWorkingLadies.com](http://www.FabulousWorkingLadies.com).

We also offer mini-trade show tables to display your business. Let me know when you RSVP if you would like to reserve a table. This is first come first serve and we only have 8 tables to offer. There is no additional cost for this, just prepay your luncheon, send me an email. We ask that you bring a door prize. You need to be fully set up no later than 11:15. We look forward to seeing you, meeting new members, learning all about you and getting our hugs in. See you soon Fab Ladies of Austin. If you have question, please feel free to contact Melinda McKenna at 288-8088 or [Melinda@AustinReps.com](mailto:Melinda@AustinReps.com).



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# News You Can Use

## How to Plan & Install Home Drip Irrigation

Thursday, July 19, 2012, 10am-12pm  
Travis County AgriLife Extension Office  
1600 B Smith Rd., Austin TX 78721

Conserve water and reduce water stress to potted plants, landscaping or vegetable garden by using a drip irrigation system. Learn about the two most common drip systems available and how to utilize one or the other or combination of the systems. Discover how to test the water pressure to determine the length of the run. Gain knowledge by watching how the pieces are assembled.

Take away the knowledge necessary to create your own system. This seminar is free and open to the public. It is presented by the Travis County Master Gardeners, a volunteer arm of the Texas AgriLife Extension Service in Travis County. [www.tcmastergardeners.org](http://www.tcmastergardeners.org). For information, call (512) 854-9600.



## MAY EVENTS at the Wildflower Center

### TEXAS HIGHWAYS PHOTO EXHIBIT

*Monday, May 7 through Sunday, May 13*

Celebrate National Wildflower Week at the McDermott Learning Center with a display of incredible wildflower photography. Extended hours—5:30 to 8:30 p.m. -- on Tuesday, May 8, and Thursday, May 10

### GARDENS ON TOUR

*Saturday, May 12, 9 a.m. to 5 p.m.*

Five exquisite public gardens plus the Wildflower Center for \$25. Sign up at [www.wildflower.org](http://www.wildflower.org)

### MOLLIE STEVES ZACHRY TEXA ARBORETUM OPENING

*Saturday, May 19, 1:30 p.m.*

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*Monday, May 28*

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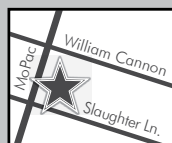
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## PRESS RELEASE



Media contact: Joan Orr | [joanorr@doggonesafe.com](mailto:joanorr@doggonesafe.com) | 877-350-3232

FOR IMMEDIATE RELEASE

### **Doggone Safe Dog Announces the International Dog Bite Prevention Challenge**

Campbellville ON March 20, 2012 – Doggone Safe today announced the International Dog Bite Prevention Challenge. It challenges its presenters to visit schools and educate 50,000 children about dog safety in a single month. The Challenge is to celebrate Dog Bite Prevention Week (May 20-26, 2012). Non-profit Doggone Safe has presenters in 17 countries, 11 Canadian provinces and 43 states in the USA.

Dog bites to children are considered to be a serious public health problem by public health agencies and veterinary medical associations worldwide. Statistics show that most bites are by the family dog or other dog known to the child. *“Experts agree that public education has an important role to play in reducing dog bite risk to children, and the Be a Tree program is one of the ways Doggone Safe is contributing”*, said Teresa Lewin, vice president and cofounder of Doggone Safe.

Doggone Safe administers the “Be a Tree” dog bite prevention program for school children. The program is delivered by Doggone Safe presenters, veterinary technicians, dog trainers, dog behaviorists, public health nurses, emergency medical services personnel, animal control officers, police officers, teachers and humane educators. Presenters use a teacher kit which contains large format photographs showing dog body language signs, games and activities. Program sponsors can purchase supplementary branded learning materials such as coloring books, paint sheets, a story book, a poster, stickers, bookmarks and fridge magnets. Over 700,000 children worldwide have experienced the Be a Tree presentation since 2004. Through the International Dog Bite Prevention Challenge, Doggone Safe aims to increase this by at almost ten percent.

*“I love ‘be a tree’ (and ‘be a rock’). It’s **the** best of its kind. This information has to get out there”*, said Jean Donaldson – Internationally recognized dog behavior expert, award-winning author and director of the Academy for Dog Trainers.

For more information about the Challenge, to become a sponsor, to book a presentation for your school or to register as a presenter please visit the Doggone Safe website at [www.doggonesafe.com](http://www.doggonesafe.com).

### **About Doggone Safe**

Doggone Safe is a non-profit corporation registered in Canada and Ontario, and in the US is a 501(c)(3) registered charity. Doggone Safe is dedicated to dog bite prevention through education and dog bite victim support. Doggone Safe has members from around the world. Educational programs offered by Doggone Safe are Be a Tree™ (for school-aged children), and online courses about dog body language and occupational dog bite prevention.

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**Tournament Fee:** April 19 – Tournament

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- Golf shirts **must have collars and sleeves** and tucked in at all times.
- Slacks or proper length Bermuda shorts (one fist above the knee) are acceptable.
- Onion Creek Club is a **Non-Metal Spike facility**; however, tennis shoes are permitted. Players must replace metal spikes prior to arrival or use courses replacement services.

**Golf and/or Sponsorship Registration Forms:**

[www.bowiefootball.org/golf.htm](http://www.bowiefootball.org/golf.htm)

**Golf Registration Deadline:**  
**May 11, 2012**

**Questions:** Contact Golf Chair  
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Cell: 512/507-6480  
[durellh@gmail.com](mailto:durellh@gmail.com)

## SCALE INSECTS



Scale insects are divided into soft scales and hard (armored) scale. Scales secrete a waxy covering over their body for protection. Scales vary greatly in size, shape and color.

Some scale insects lay eggs while others produce live young. Hard scales reach maturity in a couple of months while it takes soft scales a year to reach maturity. When scale insects emerge from the egg, they move around on the plant, find a place to settle down and begin to feed and secrete wax to cover the body. After they choose their spot, the insects typically do not move for the rest of their life. Scale insects cause damage to plants by sucking plant juices and causing yellowing, leaf drop or sometime killing sections of the plant.

Depending on the type of scale, they may be found on foliage, stems or even roots of the plant. They are honeydew producers. Honeydew is a sticky substance secreted by scales and related insects. Honeydew can allow growth of a black fungus called sooty mold that can further stress your plant.

### TIPS FOR MANAGING SCALE INSECTS:

- Prune sections that contain scales from the plant and discard in sealed bags.
- Try spraying the plant with a high pressure water spray to knock the insects from the plant.
- Try treating the plant with insecticidal soap or horticultural oil.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

*The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas AgriLife Extension Service or the Texas AgriLife Research is implied. Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.*

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# A Focus on Physical Activity - Pathway to Improved Health

By Concentra Urgent Care

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

## HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

*Any physical activity is better than no physical activity*

- Includes people with disabilities
- Far outweighs the possibility of risk of injury or illness
- Most health benefits occur with at least 150 minutes a week*
- Both aerobic (endurance) and muscle-strengthening (resistance) are beneficial

*For most people, additional benefits occur when*

- You increase the intensity of your physical activity
- You increase the frequency of your physical activity
- You increase the duration of your physical activity

## SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make

sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

## WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

## HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.

*For more information on total fitness programs in general, you can contact your health care provider, your Concentra health specialist, or visit the National Safety Council's Web site at: <http://www.nsc.org/resources/Factsheets/hl/fitness.aspx>.*

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### 2012 Dates

January 26

March 22

May 24

September 27

October 25

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**WASH & FOLD SPECIAL!** .89/lb (10 lb minimum) at either Brodie or Oak Hill through June 30, 2012. Bring this newsletter with your incoming order to redeem this special. Sign up for coupons at [WashDayLaundry.com](http://WashDayLaundry.com).

**ALTERATION SPECIALIST:** Former Tailor with more than 40 years experience. Men's, Women's, and Children's Clothing. Formal Clothing, Bridal, and Uniforms are a specialty. Fast Quality Service. Conveniently located in Park Place in Circle C. Eloise Cabrera (Beckett and Slaughter area), Phone: 512-394-1141.

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### *Classified Ads*

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Circle C Ranch residents, limit 30 words, please e-mail to [info@circlecranch.info](mailto:info@circlecranch.info).

**Business classifieds** (offering a service or product line for profit) are \$65, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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# DROWNING IS PREVENTABLE



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[WWW.COLINSHOPE.ORG](http://WWW.COLINSHOPE.ORG)



## Colin's Hope Upcoming Events Calendar

**May-June:** Water Safety Walk - Packet Stuffing and Distribution

**June 14:** World's Largest Swim Lesson at Schlitterbahn

**June 16:** Colin's Hope Got2Swim the Pure Austin Quarry

**July 21:** UltiFit Challenge #2 at Reveille Peak Ranch

**August 30:** Colin's Hope Got2Swim Lake Austin

**September 16:** Colin's Hope Kids Triathlon

**Volunteer  
Signup - Register  
[COLINSHOPE.ORG](http://COLINSHOPE.ORG)**

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Circle C Ranch by Neighborhood	6 Months Sold History (10/2011 - 03/2012)						Current Market	
	TOTAL	AVERAGE					TOTAL	
	Homes Sold	Square Feet	Price / Sq. Foot	Sold Price \$K	Year Built	Days On Market	Available	Pending Sale
Circle C Central	22	2,731	\$ 116	\$ 317	1993	38	6	9
North	15	1,981	\$ 131	\$ 259	1996	35	2	4
Wildflower	12	2,295	\$ 122	\$ 281	2002	92	2	1
On The Park	4	3,302	\$ 125	\$ 413	1996	3	3	2
Vintage Place	3	3,123	\$ 107	\$ 333	2003	52	0	3
Hielscher	12	2,811	\$ 124	\$ 350	2004	32	3	2
West	17	3,375	\$ 117	\$ 396	2004	33	3	4
Park West	5	2,126	\$ 136	\$ 288	2001	71	2	2
Park Place	6	2,640	\$ 122	\$ 321	2005	59	2	1
Muirfield	4	3,603	\$ 138	\$ 496	2005	49	5	0
Enclave	6	3,188	\$ 122	\$ 390	2007	90	3	1
Lacrosse	4	2,957	\$ 118	\$ 348	2007	49	1	0
Alta Mira	9	2,899	\$ 123	\$ 356	2008	73	1	3
Fairway Estates	n/a	n/a	n/a	n/a	n/a	n/a	0	2
Avana-Esquel	6	2,574	\$ 132	\$ 340	2012	36	0	1
<b>Circle C Ranch Total</b>	<b>125</b>	<b>2,755</b>	<b>\$ 123</b>	<b>\$ 338</b>	<b>2001</b>	<b>49</b>	<b>33</b>	<b>35</b>
<b>% Change Mo/Mo</b>	<b>-19%</b>	<b>-2%</b>	<b>3%</b>	<b>1%</b>	<b>0%</b>	<b>-15%</b>	<b>27%</b>	<b>84%</b>

Market Report data was obtained from the Austin-Multiple Listing Service (MLS) on 04/04/2012. In some cases new construction and FSBO homes are not included in the MLS data and therefore are not represented. Data is deemed accurate but not guaranteed.

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