

VOLUME 19, NUMBER 5

MAY 2012

FAIRFIELD

Community Gazette

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



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FAIRFIELD IMPORTANT NUMBERS

EMERGENCY NUMBERS

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Poison Control.....	800-222-1222
Sheriff's Department	911

NON-EMERGENCY NUMBERS

Ambulance.....	713-466-4073
Cy-Fair Medical Clinic (24 hr).....	281-890-4285
FBI	713-693-5000
Fire	713-466-4073
Harris County Animal Control.....	281-999-3191
Sheriff's Department	713-221-6000
Vacation Watch.....	281-290-2100

MISCELLANEOUS NUMBERS

A.M.I (deed restrictions, etc.).....	713-932-1122
Fairfield Village Onsite Manager.....	281-256-0065
Community Meeting Room.....	281-373-0834
Cy-Fair College.....	281-290-3200
Cypress Area Home Schoolers.....	281-890-3792
Fairfield Athletic Club (FAC).....	281-373-0834
Fairfield Information Center.....	281-373-1177
Friendswood Development	281-875-1552
Harris Co. Library (Northwest)	281-890-2665
Harris Co. Animal Control.....	281-999-3191
Harris County Mosquito Control.....	713-440-4800
Harris County Hazardous Waste Facility.....	281-560-6200

UTILITY NUMBERS

ENTEX (gas).....	713-659-2111
Centerpoint Energy (Electricity).....	800-332-7143
Southwestern Bell (phone).....	713-638-7000
ST Environmental (Sewer/water).....	281-398-8211
Comcast Cable/High Speed Internet.....	713-341-1000
Waste Management (trash)	713-686-6666

COMMITTEE NUMBERS

Crime Watch Chairman: Freeman Martin	freemanmartin1@comcast.net
Fairfield Area Swim Team: Shalle Hovorka.....	shovorka98@yahoo.com
Fairfield Women's Club: Charlotte Byrne	fairfieldwomensclub@gmail.com
Security Coordinator:	

FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members: *Please remember that the resident Board Members are volunteers with families. As a courtesy please communicate with them during reasonable hours.*

Ed Hofer (Bradford Creek, FF Village Community Assoc.).....	bradford.neighbor@hotmail.com
Jan Bertoli (Bradford Creek)	JLB8848@gmail.com
Tami Ehler (Bradford Creek)	fairfield-bradford@sbcglobal.net
Roy Erickson (Bradford Creek).....	Bradfordcommunity@sbcglobal.net
Donn Peteron (Bradford Creek).....	bradford2050-creek@yahoo.com
Joni Seifert (Chappell Ridge)	281-256-2853
Bill Page (Chappell Ridge)	wpage001@comcast.net
Kay Jukes (Chappell Ridge)	281-373-9301
John White (Chappell Ridge)	281-373-1223
Brian Gambrell (Fairfield South).....	brian_gambrell@hotmail.com
Donna Bonneau (Garden Grove).....	281-304-7294
Louis Iselin (Garden Grove).....	281-256-1874
Robert Nichols (Inwood Park)	Susan.nichols@yahoo.com
Alex Griffith (Inwood Park)	281-304-4026
Craig Jackson (Inwood Park)	craig.r.jackson@gmail.com
Billy Sutton (Inwood Park)	281-304-9419

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Mark Newman (Inwood Park)	marcnewman1957@comcast.net
John Hanes (Lakes of FF, FF Village Community Assoc.)	713-431-2245
Patrick Wong (Lakes of Fairfield)	pcwong1@earthlink.net
Kevin Hoffman (Lakes of Fairfield).....	khoffman00@comcast.net
Candace Buenger (Trails of Fairfield)	candacebuenger@yahoo.com
Ken Heil (Trails of Fairfield)	Fairfield@walkingsphere.com
Brian Roberts (Trails of Fairfield)	brian.roberts53@att.net

Friendswood Development:

Tim Fitzpatrick (Chappell Ridge, Garden Grove, Lakes, Trails, FF South)	281-875-1552
Tommy Weaver (Chappell Ridge, Garden Grove, Lakes, Trails, FF South)	281-875-1552
Nan Peavey (Lakes, FF South).....	281-875-1552

NEWSLETTER PUBLISHER

Peel, Inc.	fairfieldgazette@peelinc.com, 888-687-6444
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GOVERNMENT/STATE NUMBERS

Courthouse Annex.....	281-859-0685
Driver's License.....	713-681-6187
Post Office	281-373-9125
Voter Registration	713-224-1919

SCHOOL NUMBERS

Ault Elementary.....	281-373-2800
Bus Information.....	281-897-4380
Cy-Fair Administration	281-897-4000
Cy-Fair High School	281-897-4600
Cy-Ranch High School.....	281-373-2300
Goodson Junior High School.....	281-373-2350
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Spillane Middle School	281-213-1645
Swenke Elementary.....	281-213-1200

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Please support the advertisers that make The Fairfield Community Gazette possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Fairfield Community Gazette is mailed monthly to all Fairfield residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to fairfieldgazette@peelinc.com. The deadline is the 10th of the month prior to the issue.

Table of Contents

AROUND FAIRFIELD

- 9 Fairfield Birthdays
- 9 Fairfield Stork Report
- 10 Fairfield's Fifty Plus
- 14 The Moms Club of Cypress/NW Fairfield
- 14 Fairfield Book Club
- 15 NWHC Aggie Moms Club
- 16 Miss Cy-Fair Houston 2012
- 18 Fairfield Pool Schedules
- 20 Drainage District Needs Residents to Help ...
- 21 5K Run or 4K Walk in Support of Kelsey Cannon

SPORTS SECTION

- 22 Sandlot Beasts
- 23 Baseball Season Photos

FROM AMI

- 24 Fairfield Lakes
- 24 March Security Report
- 25 Weather Notification

SCHOOL NEWS

- 26 Crimson Cadette Drill Team Dance Clinic
- 27 Adult Family Festival Vendor Gift Market Flyer

BUSINESS SECTION

- 30 Rotary Club of Cypress-Fairbanks...
- 31 Cy Fair Republican Women May Meeting
- 32 Cy-Fair Kiwanis Club
- 33 Teenage Jobseelers
- 34 Business Classifieds
- 36 Personal Classifieds

NEWS YOU CAN USE

- 38 2012 Open Regattas at Seabrook Sailing Club
- 41 A Focus on Physical Activity
- 42 Financial Focus
- 45 Adoption Coalition of Texas
- 46 Top Ten Tips for Improving Bad Breath
- 48 Celebrate Cinco de Mayo at Spring Festival
- 51 18 Benefits of Playing a Musical Instrument
- 52 What's Cooking with Food Allergies
- 58 The Ladies of the Elisha Roberts Chapter NSDAR
- 58 Recipe of the Month

IN EVERY ISSUE

- 33 Teenage Jobseelers
- 34 Business Classifieds
- 36 Personal Classifieds



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COVER PHOTO

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Fairfield Gazette. All photos submitted must represent Fairfield. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in **HIGH RESOLUTION** to fairfield@peelinc.com (300 dpi preferred).

By submitting your photo you agree to allow your photo to be published in future issues of the Fairfield Gazette or other Peel, Inc. publications.

Do you take great photos?



Tiffany Nolan

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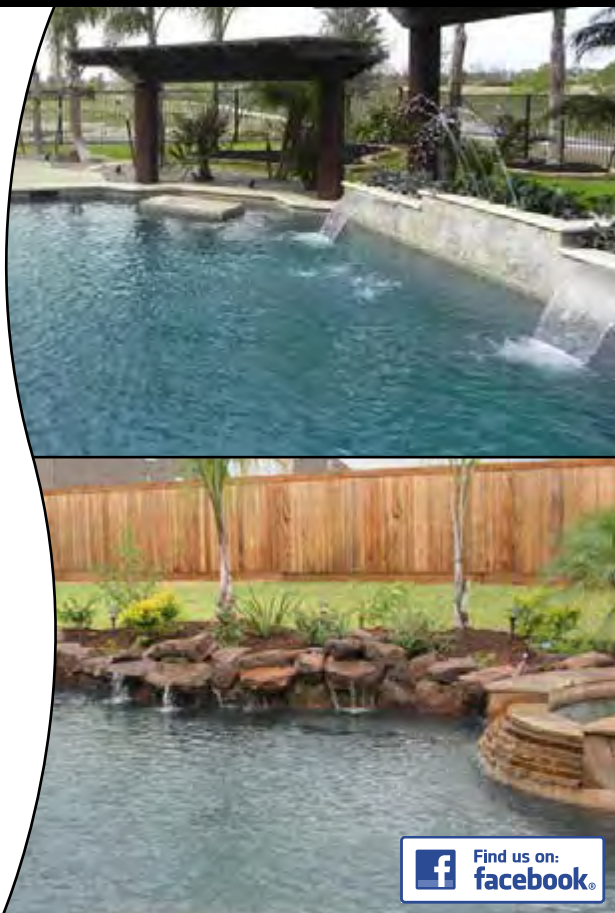
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FAIRFIELD BIRTHDAYS

**LORDY, LORDY...
LOOK WHO JUST
TURNED 40 ON
APRIL 26TH!**

**Happy 40th Birthday
Jason Hill - We love you!**



**Happy Belated Birthday
April 12th - Shelby Weyand**

MAY BIRTHDAYS

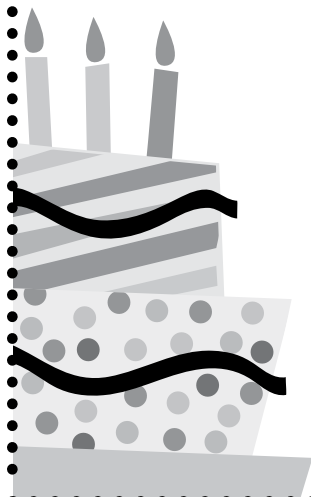
May 11th - Kelley Dawn

May 11th - Brianna Wesneske

Happy 8th Birthday

**Nana & Grandpa love you
so very much!**

May 18th - Judy Michaels

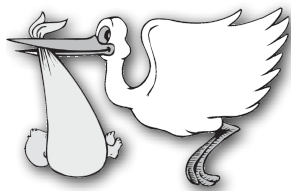


Fairfield Stork Report

Baby Girl, Cara Grace Dahl

Arrived March 25, 2012
6lbs., 10oz. & 18 1/4"

Welcomed by
Ryan & Marisa Dahl
& big brother Drake.



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Fairfield's Fifty Plus Fun-Loving Group

The Fairfield Seniors

The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited.

Come and be a part of our fun-loving group. We're sure you will enjoy it.

OUR HISTORY

Over these past ten plus years we've taken over a hundred trips. The Fairfield Gazette's web-site has back issues available from September, 2004. In order to go back to our beginning, we must thank Kelly Peel of Peel Inc. for locating all our articles from their archives and sending them to us. We now have every article submitted, which enabled us to put together Our History, and a complete listing of all our trips. Just go to Our History in our weekly email to read about our beginning and all the trips we've taken. You can get the complete listing at...

<http://home.comcast.net/~seniorgroup/History.htm>

OUR MAY BUSTRIP PLANS ARE FOR Tuesday, May 29th, to Orange, Texas.

This month our trip will take us to the beautiful Shangri La Botanical Gardens and Nature Center in Orange, Texas. This "Shangri La" is nestled within 252 acres near Orange, Texas.

Even if you've been to these wonderful gardens, each season brings a new experience. Today there are 300 species of plants in the five formal garden "rooms". There are also "sculpture rooms": The Line Garden, The Hanging Garden, The Color Garden, The Contrast Garden, The Shape Garden, The Texture Garden, we'll also see the "Pond of the Blue Moon", the Bird Blind, and The Cypress Swamp. The swamp provides a habitat for various species, and is a great outdoor classroom.

This trip will be in three parts. In the morning, we will be on a self-guided tour which will allow everyone to see the gardens at his or her own pace. Lunch will be on the grounds. You will be provided with your choices for lunch when you sign-up. During the afternoon there will be a short boat excursion up the Adams Bayou to an educational outpost where there is access to a cypress/tupelo swamp, an upland forest and grassland. Here we'll learn about the unique ecosystems located in the easternmost part of Texas. The cost for this trip is \$19.00 per person which includes your lunch.

To get your name on the list for this trip call:

Kay Wheeler at 281-890-1934 or

Jackie Wurth at 281-304-0805

Checks are to be made out to: Fairfield 50 Plus. Checks can be given to Kay Wheeler, Jackie Wurth or Mary Lou Cook; also the checks can be mailed to the Kay Wheeler at 10907 Tulip Garden, Houston, Texas, 77065.

We will depart from the Fairfield Village Parking Lot promptly at **07:15 a.m.** Please be there by **07:00 a.m.**

OUR JUNE BUSTRIP PLANS ARE FOR Wednesday, June 20th, to Goliad, Texas.

The June trip will take us to Goliad, Texas the third oldest municipality of Texas to explore the old Spanish Mission Espiritu Santo and its royal protector, the Presidio La Bahia, these two historic sites are in Goliad, and are handicap accessible.

We will have lunch in Goliad at the Blue Quail Deli, which is famous for its creamy jalapeno soup. They have a nice selection of soups, salads, sandwiches, and a great selection of desserts to choose from. You should have no problem getting a good and complete lunch for around \$10.00. The cost will be \$10.00 per person plus the cost of your lunch.

To get your name on the list for this trip call:

Pam Lewis at 281-746-7430.

Checks are to be made out to: Fairfield 50 Plus. Checks can be given to Pam Lewis or Mary Lou Cook, and can also be mailed to Pam Lewis at 21202 Catherine Anne Court, Cypress, Texas.

We will depart from the Fairfield Village Parking Lot promptly at **8:00 a.m.** Please be there by **7:45 a.m.**

OUR MAY ACTIVITIES PLANS

Thursday, May 10: The Monthly Planning Committee meeting is at **1:00 p.m.** at the Lakeside Trails Club House. Everyone is invited to attend these meetings and participate in our upcoming trip plans.

We really need to see more participation, especially from those that are taking trips. In fact, without more participation we may be forced to cut back on some trips, possibly one every other month.

(Continued on Page 12)



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Around Fairfield

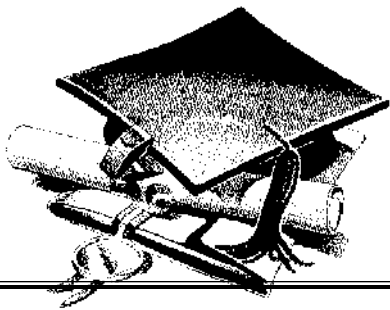
GRADUATION TEA

*The Fairfield Women's Club will honor all senior girls
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Please plan to join us on
Sunday, May 20th from 1:00 – 3:00

For more information please call
Lisa Cannon at 281-373-1969



Fairfield's Fifty Plus... - (Continued from Page 10)

Then later, around **6:30 p.m.** that evening, we have our **Monthly Pot Luck**. It is also at the Lakeside Trails Club House. However, plan on being there early. Doors open around **6:00 p.m.** for socializing and fellowship. Then plan on staying and join many of our members that stay to play games or socializing after the meal and to finish up the deserts.

Tuesday, May 15: Game Night at the Cooks' House.

It starts around **6:30 p.m.** Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are in the Activity page on our website and will also be in our May, 13 weekly newsletter.

Thursday, May 24: Game Night at Lakeside Trails Club House.

It starts around **6:30 p.m.**, and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games, some games that the members bring and of course dominoes.

For additional information on activities other than trips:

Call Mary Lou Cook @ 281-304-8359

We recommend that you check our website regularly. Things do change occasionally from the time this article was submitted, and it is possible that some of the information in this article has changed.

<http://home.comcast.net/~seniorgroup/>

OUR FUN-LOVERS WEEKLY NEWSLETTER

An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information on any changes from what appears here in the Gazette. We also include member birthdays and prayer requests, other news and items of interest, and links to all our web pages. If you would like to receive our weekly newsletter, send your email address, to

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Around Fairfield



The MOMS Club® of Cypress / NW-Fairfield

MOMS OFFERING MOMS SUPPORT

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MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, craft projects, time to sit and chat, cooking club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested in helping within the community with service projects? We have that! (And a whole lot more!)

Here we are again...it's almost summer already! The kids are going to be out of school before we know it. I don't know about your kids, but mine tend to get a little bored during the summer. The MOMS Club has lots and lots of fun summer time activities in the making. Do you have young children and looking for some fun things to do? Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you! Don't let yourself feel isolated being a stay at home mom. We invite you to attend two public events to decide if this is the right club for you and your children. Our membership fee is \$20 a year. This MOMS Club is a great opportunity for you and your kids to make new friends in your area. There is a lot of fun and support just waiting for you! Come visit us at our next Monthly Meet N' Greet and see for yourself! We meet on the second Tuesday of every month. Email our Membership VP at julieh07@sbcglobal.net for more information.

For membership inquiries, please contact Julie H., Membership VP at 281-373-0234, julieh07@sbcglobal.net or Erica M., President at 281-755-7610, ericamill@gmail.com, so we can send you our club information and some upcoming public events for you to attend. You can also visit us on the web at www.meetup.com/MOMS-Club-Cypress-NW-Fairfield We look forward to hearing from you!

FAIRFIELD BOOK CLUB

The Fairfield Book Club is a terrific way to meet other women in our community, enjoy great conversations, and develop new friendships. We meet the third Wednesday of each month (rotating homes) from 7 to 9:30pm. Book Club members share food and drinks while discussing the book selection for that month. We read all kinds of books suggested by our members - classics, contemporary fiction, non-fiction, biographies, romance, sci-fi, etc. There are no book snobs in our group - we read it all!

If you are a book lover or simply want to expand your reading and social network, please consider joining us. We invite you to attend one of our meetings as a guest or a member. We currently have openings; however, because we hold meetings in our homes, membership is limited. For membership inquiries, please contact Linda Locke by email (linda15226@yahoo.com, subject heading "Book Club") or by phone (713-298-6514, evenings only).





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NWHC Aggie Moms Club

SUMMER MIXERS - 2012

Northwest Harris County Aggie Mom's Club is an organization for all former, current, and new Aggie Moms. The Aggie Mom's Club is a GREAT way to get involved, meet other Aggie Moms, and find out more about what is going on with your Aggie student and events at Aggieland. Especially if you are the Mom of a new Aggie at Texas A&M, we invite you to get involved in our organization. The main goal of the NWHC Aggie Mom's Club is to raise money to provide scholarships for area students attending Texas A&M University and also to provide funds that support on-campus organizations at TAMU. Along with this we also provide support, information, and develop great relationships with other Aggie Moms.

This summer the Aggie Mom's Club will be hosting "Summer Mixers" throughout many Northwest Harris County neighborhoods in order for new Aggie Moms to meet current Aggie Moms. Check out our website at www.nwhcaggie moms.org for more information or connect with us on Facebook. Regular meetings begin in August and are held the second Tuesday of the month at the Houston Distributing Company, Inc. at 7100 High Life Drive and Cutten Road near SH 249. Come join area Aggie Moms for networking, fellowship, drink, food, and fun!

*We are looking forward to another great year
of Aggie connections & Aggie spirit!*

GIG 'EM AGGIES!



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Around Fairfield

Cy-Fair Houston Chamber of Commerce Crowns

KYNDAL IRWIN MISS CY-FAIR HOUSTON 2012 - 1ST TEEN MISS CY-FAIR HOUSTON CROWNED

On Saturday, March 31, Kyndal Irwin, 16, was crowned Miss Cy-Fair Houston 2012 during the Cy-Fair Houston Chamber of Commerce pageant at the Berry Center. Miss Irwin is a sophomore at Cypress Ranch High School. Kyndal volunteers at BARC Animal Shelter and the Houston Zoo and has plans to become a zoo veterinarian some day.

As Miss Cy-Fair Houston, Miss Irwin will participate in Chamber activities and local events throughout the year, as her school schedule permits. Along with the honor of representing Cy-Fair for 2012, she will receive a \$1,000 college scholarship at the end of her reign and a modeling workshop scholarship valued at \$1,000 from Neal Hamil Model and Talent Agency. The workshop includes classes on skin care, makeup, nutrition, wardrobe, poise, posture, runway technique, fashion show presentations, commercials and a three-look photo shoot. Miss Cy-Fair Houston 2012 was crowned by last year's queen, Mary Kate Baker. Miss Baker, a junior at Cypress Ranch High School, was recently crowned Miss Woodlands Outstanding Teen and will be competing for the title of Miss Texas Outstanding Teen, this summer in Dallas, TX.

Six other contestants were also honored during the pageant, including:

FIRST RUNNER-UP

Paula Serje, Sophomore at Cypress Lakes High School

SECOND RUNNER-UP

Rachel Claggett, Junior at Cypress Ranch High School

THIRD RUNNER-UP

Rachel Mann, Senior attending a homeschool program

MOST PHOTOGENIC

Jenna Williams, Sophomore at Cypress Woods High School

MISS CONGENIALITY

Serena McKinney, Freshman at Cypress Falls High School

Miss Cy-Fair Houston received a crown provided by Pretty Woman Accessories; a sash sponsored by Maid Brigade NW Houston; flowers courtesy of Autumn Leaves Florist and Gifts. Finalists also received a goodie bag valued at over \$1,000 dollars and a pink and purple 'girly' tool bag donated by Sears Appliance and Hardware at Highway 6 and Jones Rd. Additionally, all the Miss Cy-Fair participants received a goodie bag filled with items from area businesses and were invited to participate in a pre-pageant hair and makeup workshop hosted by Salon Sza Sza and Mary Kay representative Blaire Pancake. They also had an opportunity to learn runway and pageant techniques at a four hour workshop hosted by Neal Hamil Model and Talent Agency.

"There was a total of 67 amazing contestants who competed in our pageants this year," said Leslie Martone, president of the Cy-Fair Houston Chamber of Commerce. "Equally exciting were our wonderful emcees, Jenna Burns and Kevin Weishaar, along with local entertainers who worked to make the pageant a positive experience for all the participants." Entertainment included the following: Miss Katie Grothaus, has performed at the pageant since inception and entertained the audience with her soulful performance of, 'A Part of Your World' and 'Gold'; Sisters Asia and Keinna Kreitz entertained the guests and the audience was also treated to a special appearance by local rising star Miss Kayla Conn, who performed one of her original songs on the acoustic guitar; our pageant emcees, Jenna Burns and Kevin Weishaar, from "Cool Freddie E & The Crew" also sang a few of their favorite songs along with accomplished talent, Miss Chelsey Hood, another member of the Cool Freddie E & the Crew. Finally, musical theater student, Logan Harper, from Cypress Ranch High School serenaded the Top 10 Miss Cy-Fair Houston finalists before the winner of the 2012 pageant was selected.

Pageant Princesses named in three age categories; teen winner selected.

Pageant age groups were adjusted for this year's pageant and a 13-14 year old Teen Miss category was added. The princess pageant consisted of the following age groups: Tiny Miss ages 4 and 5; Little Miss ages 6-9; Junior Miss ages 10-12 and Teen Miss ages 13-14.

(Continued on Page 17)



"When the pageant judges asked me why do you want to be the new Miss Cy-Fair Houston?" "My answer was simple: I wanted to be the next Miss Cy-fair because I feel that it is so much more than having pretty hair or makeup. It is about representing the Cypress community by being a good role model and wanting to make a difference!"

Miss Cy-Fair Houston... - (Continued from Page 16)

Winners in the princess categories received a crown, sash, trophies and flowers sponsored by local business.

The first ever Teen Miss winner received a scholarship from Neal Hamil Model and Talent Agency, valued at over \$1,000. The pageant experienced a first when sisters Kylie and Camryn Jones were selected as winners of the Little Miss and Tiny Miss respectively. Danielle Jones, mother of Kylie (Little Miss) and Camryn (Tiny Miss) said, "The girls are so excited, I am still in shock that both of our girls won! We are very proud of them and happy about this terrific opportunity to help positively represent Cy-Fair this year."

WINNERS IN THE TEEN MISS (AGES 13-14) CATEGORY

Winner: Carly McCaslin

First Runner-Up: *Cassandra Scheick*

Second Runner-Up: *Jordan Hayley*

Third Runner-Up: *Samantha Levenson*

Most Photogenic: *Payton West*

WINNERS IN THE JUNIOR PRINCESS (AGES 10-12) CATEGORY

Winner: Rebecca Taylor

First Runner-Up: *Spencer Guthrie*

Second Runner-Up: *Haley Hernandez*

Third Runner-Up: *Arden Sinclair*

Most Photogenic: *Claire Spring*

WINNERS IN THE LITTLE PRINCESS CATEGORY [AGES 6-9]

Winner: Kylie Jones

First Runner-Up: *Hope Vanderburg*

Second Runner-Up: *Alexandra Scheick*

Third Runner-Up: *Alexandra Hoover*

Most Photogenic: *Madison Graham*

WINNERS IN THE TINY PRINCESS CATEGORY [AGES FOUR & FIVE]

Winner: Camryn Jones

First Runner-Up: *Cylee Jones*

Second Runner-Up: *Rylee Henderson*

Third Runner-Up: *Jana-Lisa Botello*

Most Photogenic: *Chloe Coleman*

Event sponsors of the 2012 Miss Cy-Fair Houston Pageant included: Pageant Sponsor, Cypress Fairbanks Medical Center Hospital; Event Sponsors: Autumn Leaves Florist & Gifts - Flower Sponsor, Community Impact Newspaper, Houston Chronicle, Kwik Kopy Business Solutions, Maid Brigade of NW Houston, McCall Gibson Swedlund Barfoot PLLC, Neal Hamil Model and Talent Agency, Pretty Woman Accessories, Inc., ProLine Supply Co. Inc., Siobhan Fine Photography, and Your Community Magazine. Food and hospitality was provided by: The Backyard Grill, Chick-fil-A at Cy-Fair, and Sweet Tomatoes at Willowbrook. Pageant Vendors included: Duchess & Divas, Cy-Fair Women's Club, Guard-A-Kid Safety ID, Kids R Kids of Barker Cypress, Painting with a Twist, and Peggy's Services/Hazel's Custom Drapes.

The Cy-Fair Chamber would like to thank the 2012 Princess Pageant judges: Mark Fury, Special Assistant to Harris County

Precinct Three Commissioner Steve Radack; Frank D. Jackson, Mayor of Prairie View, Texas; Blaire Pancake, former Miss Tennessee and runway and print model; Heather Rosplock, Director of the Miss Texas United States Pageant; Tiffanie Vaughan, Mrs. Texas semi-finalist; Melissa Wilson, News Anchor Fox 26 News.

Judges for the 2012 Miss Cy-Fair Houston Pageant included: John Fox, partner with Fox and Bubela, Inc., Mark Fury, Special Assistant to Harris County Precinct Three Commissioner Steve Radack; Piper Heinrich, Social Catering Manager at Crowne Plaza Houston Northwest; Bruce Hillegeist, president of the Tomball Chamber of Commerce; Heather Rosplock, Director of the Miss Texas United States Pageant; Kathi Schmidt, Executive Director for Reach Unlimited; Tiffanie Vaughan, Mrs. Texas semi-finalist.

Girls interested in participating in the pageant next year are encouraged to go online www.misscyfairhouston.com and sign up for more information on the 2013 pageant.

For information on the Cy-Fair Houston Chamber of Commerce visit www.cyfairchamber.com or contact the Chamber office at 281-373-1390.

The Cy-Fair Houston Chamber of Commerce (www.cyfairchamber.com) has provided leadership and direction to the Cy-Fair area since 1986. Now over 600 members strong, the Board of Directors and numerous committees interact on state and local levels to help build a strong economy and improve the quality of life within the Cy-Fair area.



FAIRFIELD POOL SCHEDULES

2012 Fairfield Athletic Club Pool Schedule

Saturday, May 5th - May 28th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day Weekend

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm
(Memorial Day) Monday 12:00pm-6:00pm

Friday, June 1st through Sunday, August 26th

MONDAY CLOSED
Tuesday – Friday .. 12:00pm – 9:00pm
Saturday 11:00am – 6:00pm
Sunday 1:00pm – 6:00pm

*The FAC Pool will be closed Monday – Friday
starting Monday August 27th*

Saturday, September 1st through Sunday, September 30th

Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Labor Day-September 3rd 12:00pm –6:00pm

*FAC Pool will be closed for the season starting
Monday October 1st*

SPLASH PADS

Central Park Splash Pad and
North Park Splash Pad

Open 7 days a week 9:00am-9:00pm
Beginning April 1st through October 31st

Sunday, May 6th, Central Park Pool and
Splash Pad will be closed due to a Swim Meet
and the splash pad only will reopen upon
completion of the swim meet.

Saturday, May 26th, Central Park Pool and
Splash Pad will be closed until 2:00pm due to
a Swim Meet and will reopen upon completion
of the swim meet.

Sunday, June 3rd, Central Park Pool and
Central Park Splash Pad will be closed for FAST
until 3:00pm.

Saturday, June 9th, and Saturday, June 16th,
Central Park Pool and Splash Pad will be closed
until 2:00pm due to a Swim Meet and will
reopen upon completion of the swim meet.

2012 Bradford Creek Pool Schedule

Saturday, May 5th - May 28th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day Weekend

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm
(Memorial Day) Monday 12:00pm-6:00pm

Friday, June 1st through Sunday, August 26th

Mon. – Wed. 10:00am – 8:00pm
THURSDAY CLOSED
Friday & Saturday 10:00am – 8:00pm
Sunday 1:00pm – 8:00pm

*The Bradford Creek Pool will be closed Monday
– Friday starting Monday August 27th
and will be open Labor Day Weekend*

Labor Day Weekend

Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Labor Day-September 3 rd 12:00pm –6:00pm

2012 Central Park Pool Schedule

Saturday, May 5th - May 28th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day Weekend

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm
(Memorial Day) Monday 12:00pm-6:00pm

Sunday, May 6th, Central Park Pool and
Splash Pad will be closed due to a Swim Meet
and the splash pad only will reopen upon
completion of the swim meet.

Saturday, May 26th, Central Park Pool and
Splash Pad will be closed until 2:00pm due to
a Swim Meet and will reopen upon completion
of the swim meet.

Friday, June 1st through Sunday, July 1st
MONDAY CLOSED
Tuesday – Friday .. 11:00am – 8:00pm
Saturday 11:00am – 6:00pm
Sunday 1:00pm – 6:00pm

Sunday, June 3rd, Central Park Pool and
Central Park Splash Pad will be closed for FAST
until 3:00pm.

Saturday, June 9th, and Saturday, June 16th,
Central Park Pool and Splash Pad will be closed
until 2:00pm due to a Swim Meet and will
reopen upon completion of the swim meet.

Monday, July 2nd through Sunday, August 26th

MONDAY CLOSED
Tuesday – Friday .. 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

*Central Park Pool will be closed for the season
starting Monday August 27th.*

2012 Garden Grove Pool Schedule

SAYOR (Swim at Your Own Risk)
No Lifeguard on Duty

Saturday, May 5th - May 20th
(Weekends Only)

Saturday & Sunday 8:00am – 8:00pm

Memorial Day Weekend

Saturday, Sunday & (Memorial Day) Monday
8:00am – 8:00pm

Monday, May 21st through Sunday, July 1st

*Garden Grove Pool will be close at 5:00pm
Monday through Thursday from May 21st to
July 1st for swim lessons*

Mon. – Thurs. 8:00am – 5:00pm
FRIDAY CLOSED
Sat. & Sun. 8:00am – 8:00pm

Monday, July 2nd through Sunday, July 8th

Mon. – Thurs. 8:00am – 8:00pm
FRIDAY CLOSED
Sat. & Sun. 8:00am – 8:00pm

Monday, July 9th through Friday, July 20th

*Garden Grove Pool will be close at 5:00pm
Monday through Thursday from July 9th to July
19th for swim lessons*

Mon. – Thurs. 8:00am – 5:00pm
FRIDAY CLOSED
Sat. & Sun. 8:00am – 8:00pm

(Continued on Page 19)

Fairfield Pool Schedules-
(Continued from Page 18)

**Saturday, July 21st through Sunday,
September 23rd**

Mon. – Thurs. 8:00am – 8:00pm
FRIDAY..... CLOSED
Sat. & Sun..... 8:00am – 8:00pm

*Garden Park Pool will be closed starting
Monday September 24th for the season.*

**2012 Inwood Park Pool
Schedule**

Saturday, May 5th - May 28th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day Weekend

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm
(Memorial Day) Monday 12:00pm-6:00pm

Friday, June 1st through Sunday, July 1st

Monday..... 11:00am – 8:00pm
TUESDAY CLOSED
Wed. - Fri..... 11:00am – 8:00pm
Saturday 11:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

**Monday, July 2nd
through Sunday, July 8th**

Monday..... 12:00pm – 8:00pm
TUESDAY CLOSED
Thurs. & Fri. 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

**Monday, July 9th
through Sunday, August 26th**

Monday..... 12:00pm – 8:00pm
TUESDAY CLOSED
WEDNESDAY CLOSED
Thurs. & Fri. 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

*Inwood Park Pool will be closed starting
Monday August 27th for the season.*

**2012 LAKESIDE TRAILS
POOL SCHEDULE**

**SAYOR (Swim at Your Own Risk)
No Lifeguard on Duty**

Saturday, May 5th - May 20th
(Weekends Only)

Saturday 8:00am – 8:00pm
Sunday 8:00am – 8:00pm

**Monday, May 21st
through Sunday, September 23rd**
Mon. – Wed. 8:00am – 8:00pm
THURSDAY CLOSED
Friday – Sunday ... 8:00am – 8:00pm

*Starting Monday, September 24th Lakeside
Trails Pool will be closed for the season.*

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OFFICE HOURS

Monday - Thursday: 9 am - 5 pm
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***Saturday: 9 am - noon (Sept - April Only)**
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Around Fairfield

Drainage District Needs Residents to Help Reduce Costly Repairs

Harris County Water Control & Improvement District No. 155 needs help from Fairfield residents to reduce costly repairs to its drainage channels. The cost of repairing the channels is borne by ALL Fairfield residents who pay taxes to the district. On a recent inspection, the district found fence boards and other debris on the drainage channels behind residents' fences which the district must pay its contractor to remove. Adults and older children continue to damage district channels by driving all terrain vehicles on them. Finally, several children have been observed bringing shovels and digging holes in the side slope of a channel. While this activity may appear to be harmless, it leaves holes which fill with water and cost money to repair. They are also a hazard. WCID No. 155 requests that Fairfield residents promptly call the Sheriff's Office at 713-221-6000, if they observe anyone damaging district channels through these activities.



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My daughter, Kelsey, was diagnosed with Lupus in August of 2009. There is currently no cure for this autoimmune disease, but with your help, we can raise money for research. Kelsey is a freshman at Sam Houston State University where she is majoring in Elementary Education. She receives chemo infusions every 4 weeks and this enables her to function as a normal college student and she is adapting well to college life. If you would like to join our team the day of the event or perhaps make a tax deductible donation...please go to www.2012walkforlupusnowhouston.kintera.org. Click on "Team Kelsey" and don't forget to select your t-shirt size if you join the run/walk which is complimentary from the Texas Gulf Coast Lupus Chapter. All monies raised from this event will benefit the Lupus Foundation of America. We are also going to try to get matching "Team Kelsey" purple t-shirts to wear the day of the event, so please call Lisa at 281.373.1969, with your size if you are able to join us.

*Thank you for your continued support as we
work together to find a cure for my daughter!*

Girl Scouts - Exploring Careers

Submitted by Melinda Riso

Girl Scout Brownie and Juniors from Birkes Elementary visit the dental office of Dr. Kathleen Black DDS. They had the opportunity to learn, first hand, the education requirements for the career path of a dentist. They also learned about the steps she took to becoming a business owner. Exploring careers and visiting professionals in the community are one of the activities required to earn the Career badge. Calling all Leaders and Co Leaders to join us at our next Service Unit Meeting May 8th at 7:00 at Lowery Cafeteria. Leaders - Early Bird registration for your troop members is available online through www.gssjc.org. Also, the troop financial reports are due to the service unit treasurer this month.



Mother's Day Brunch

Sunday, May 13th at 10 a.m., noon & 2 p.m.

The fun and games are just beginning at Northwest Forest with Mother's Day Brunch on Sunday, May 13th. Seating starts at 10 a.m., with a second and third at noon and 2 p.m. Let Mom be queen for a day as you pamper her, showering her with attention and affection on this special Sunday.

Use this occasion to thank Mom for the shuttle service she provided to piano lessons, sports practices and dance rehearsals through the years. And, it's a win-win situation--you will both be delighted with the beautiful surroundings, delicious salads, breakfast offerings, pasta and omelet bars, seafood, and chicken and beef creations by Executive Chef James Nakayama. An assortment of fabulous desserts will complete your dining experience.

Children and adults alike will be amused at the antics of Jewels and Gems, clowns extraordinaire.

Make reservations now while there is still a space available.

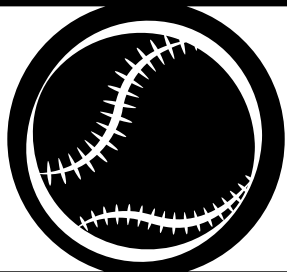
Adults \$42.95 Seniors \$37.95
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To make reservations, or for additional information, please contact
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Sandlot Beasts



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JASON HASTINGS
RICH ROBERTSON
SCOTT BEARD

TEAM

(back row) ZACH GRIFFIN, FINN
NICHOLSON, JAXIN ROBINSON,
CADEN ROBINSON, CONNOR MLCAR
(front row) COLE WALTHER, JARROD
HASTINGS, ANDREW BEARD, JACK VAN
RYAN, JACK STANKO, RUSH OVERBY



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Variety of youth & adult styles & colors available...Look for booths at fields on game days throughout the season, or contact baseball@fairfieldsports-org for more information and to purchase yours! All proceeds stay in Fairfield sports association and help fund the costs of maintaining all of FSA's beautiful baseball and softball fields and facilities.



PICTURES BY NIKI HOMBS

From AMI

FAIRFIELD LAKES

Per a resident an alligator was sighted; however they are protected by Parks and Wildlife who will not remove them unless they become aggressive. Please always be careful.

All the communities in Fairfield are concerned that people have been seen fishing in the lakes and pets have been seen playing in the lakes. Because the lake water is neither treated nor guarded, there is significant potential for injury or disease. Please be advised that under no circumstances can the lakes be used for fishing, swimming or boating, and pets are not permitted in the lakes. State law also prohibits harming the ducks or their eggs in any way.

Also, be considerate of your neighbors and please clean up after your pet. If you notice any of these prohibited activities, please contact the sheriff at 713-221-6000. The lakes are for the benefit of all the homeowners and those homeowners that live on the lakes pay a premium for the serenity, and as everyone, the peaceful enjoyment of their property.

Thank you.

MARCH SECURITY REPORT



911 Hang up calls	7
Accidents – Minor	4
Accidents – Major	1
Alarm Calls.....	55
Assaults	3
Burglary of Motor Vehicles.....	3
Burglary of Habitation.....	1
Business Check.....	98
Park Check.....	4
Contract Check.....	399
Criminal Mischief.....	9
Family Disturbances.....	6
Disturbances Loud Noise	13
Other Disturbances	3
Information Calls.....	6
Meet the Citizens.....	37
Parking Lot Check	34
Suspicious Persons	15
Thefts	6
Traffic Stops	16
Suspicious Vehicles.....	13
Vehicle Stolen	3
Welfare Check	1
Disch. Firearm.....	2



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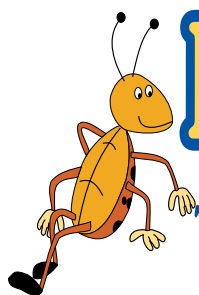
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WEATHER NOTIFICATION

Residents have inquired about a severe weather notification system in Fairfield Village. The below information may be helpful to residents who would like to have a warning system for their personal residence. Thank you to Director Patrick Wong for providing the below information. There is no particular warning system for tornados locally. There is also no public tornado shelter that we are aware of. The common approach is to stay in the lowest point in the center part of the house (e.g., closet) away from doors and windows.

Nationally there is a severe weather alert system called S.A.M.E., which stands for Specific Area message Encoding. When there is an incoming severe weather pattern, NOAA/NWS (National Weather Service) will send alerts to special weather radios that have the S.A.M.E. capability and have been programmed to receive alerts for the particular county that the incoming severe weather will be affecting. One can buy these radios from Target, Walmart, etc.

The price is upward from \$30. Here is a link to one of the many web sites that sell these radios: <http://www.smithgear.com/weather-devices-weather-radios.html>

THESE S.A.M.E. RADIOS HAVE THE COMMON FOLLOWING COMMON FEATURES:

- 1) Allows you to program for any county in any state.
- 2) You can add neighboring counties to the radio so that you can kind of know where the severe weather is coming and going.
- 3) The radio does not need to be on. The S.A.M.E. signal will turn on the radio to sound the alert and display a message, e.g., tornado, thunder storm, earthquake, etc. You can have this type of radio on your night stand, which can also serve as a regular alarm clock. Additional references on S.A.M.E.

<http://www.nws.noaa.gov/nwr/nwrsame.htm>

http://en.wikipedia.org/wiki/Specific_Area_Message_Encoding

5 Inexpensive Home Updates to Complete before Listing Your Home...

- 1. Update your old garage door(s).** Many times garage doors make up a significant percentage of the front of a home. Because of this, they are one of the first things a buyer notices and replacing or even just painting will do wonders when it comes to impressing perspective buyers.
- 2. Replace old windows.** Outdated windows age a home significantly and you can often upgrade standard windows to vinyl for a reasonable \$300 per window. With 8 windows in the average home, this update doesn't cost nearly as much as you might think, and a well priced, move-in condition home will sell for far more than one with windows in need or repair.
- 3. Assess your floors.** If you have hardwood flooring, it's worth the investment to have them refinished since buyers put an extremely high value on them. Carpets should be shampooed and replaced if they are stained and look worn. You don't need to buy the highest grade or most modern name but something inexpensive and neutral will certainly bring you a return on the investment.
- 4. Paint the trim.** If you can't afford to paint the whole house, painting just the trim will still make a big difference when it comes to curb appeal, giving your home a fresher look. Interior trim is equally as important.
- 5. Update fixtures.** Replace any outdated lighting, plumbing and hardware fixtures. Simply replacing the lighting fixtures and knobs in the bathroom or kitchen can update the entire look of the room.

For more tips or a free market analysis, please call or click me today.



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Crimson Cadette Drill Team DANCE CLINIC

Submitted by Michele Goodson

The Cypress Woods Crimson Cadettes Drill Team will host their 7th annual dance clinic for K-12 from 8:30 a.m. to 11:30 a.m. on August 8-10. This is a major fund-raiser for the team and enables them to participate in activities throughout the 2012-2013 school year. Please register by July 29th, 2012 to get the Pre-Registration price of \$55 which includes dance technique, specially choreographed routines for each age group, a t-shirt, drinks and snacks each day and a picture for each participant. Showoffs will be held the last day at 11:30 a.m. For more information email goodsonms@comcast.net or check out our website at www.crimsoncadettes.com. On the website, you will find a sign-up form and a link to PayPal for easy payment.

WHEN

Cypress Woods High School 16925 Spring Cypress Rd.

WHERE

August 8th – 10th, 8:30am - 11:30am

CYPRESS ASSISTANCE MINISTRIES

Submitted by Kelly Thomas

Cypress Assistance Ministries offers year round adult education classes for students 19 years old or older. GED preparation classes are on Monday and Wednesday evenings from 6:00-9:00 pm, and ESL classes are on Tuesday and Wednesday evenings from 6:00-9:00 pm. Our summer term begins the week of June 4 and ends the week of August 16. There will be a GED registration for the summer term at 6:00 pm on Wednesday, May 16, 2012, and an ESL registration at 6:00 on Thursday, May 17, 2012. Students should report to CAM II, located at 11107 Huffmeister with a government issued ID and \$40 in cash for a materials fee. Plan to stay for registration and testing. Come early as space is limited. Questions? Call Donna



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Ault Family Festival Vendor Gift Market

If you are interested in promoting your local business, please join us at our

Ault Family Festival - Vendor Gift Market

Saturday, May 19th from 4:30 – 7:30 pm

Details: All booths will be outside and are available for a \$30 rental fee plus a donation of one item for our silent auction. Booths are 10' x 10' and will be located in the front parking lot of Ault Elementary. We will limit the number of booths selling the same products. This is school district property and all district policies apply.

Vendor Set-up: Saturday, May 19th between 12:00 pm – 3:30 pm. All booths must be set-up and ready to go by 4:00 pm. Vendors are responsible for furnishing their own tables, chairs, tents, tablecloths, etc. Please note that there is no electricity available at any of the booths.

Silent Auction Donation: Please deliver your silent auction donation item by 3:00 pm Saturday to the Ault gymnasium.

Payment: Make checks payable to: Ault Elementary PTO and mail to: Ault Elementary, ATTN: Festival Vendor Gift Market, 21010 Maple Village Dr., Cypress, Texas 77433. Confirmation of your payment and booth will be sent via email.

Vendor Contact Name: _____

Business Name: _____

Email: _____ Phone: _____

Booth products sold: _____



For more information, please contact Gini Howell via email at: 6howells@sbcglobal.net.

Space is limited, so reserve your booth today!



Thank you for your support!

All proceeds go directly back to the Ault PTO to benefit our students and teachers.

PTO Use Only: Received by _____ Date Received _____ \$ Received _____ Chk# _____



SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Fairfield Gazette.

E-mail your pictures to Fairfield@peelinc.com by the 9th of the month.



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The Rotary Club of Cypress-Fairbanks Hosts Mothers' Day Brisket Sale to Benefit Cypress Assistance Ministries New Mothers' Fund

The Rotary Club of Cypress-Fairbanks is hosting a Mothers' Day Brisket Sale on Saturday, May 12, 2012 to benefit Cypress Assistance Ministries' New Mothers' Fund. For a \$50.00 donation, participants will receive a fully cooked brisket (approximately 7 lbs) prepared, seasoned, and smoked by the cooks at Carl's Bar-B-Que, including a pint of their delicious barbecue sauce.

Cypress Assistance Ministries' New Mothers' Fund is designated to provide special needs funding to help new mothers with basic needs including pre-natal vitamins, layette supplies, cribs and mattresses, over-the-counter infant medicine, infant car seats and critical medical assistance.

"We are proud to partner with Carl's Bar-B-Que to support such a worthy community initiative" said Rotary Project Director, Ray Young. "The community can order briskets for themselves or designate a local charitable organization such as Boys & Girls Country, Cypress Assistance Ministries, or the Northwest Houston Salvation Army as a recipient."

Briskets must be pre-ordered by Monday, May 7th and may be picked up at Carl's Bar-B-Que from 10:00 am until noon on Saturday, May 12th. For those unable to pick their brisket up at that time, arrangements can be made to pick up at a more convenient time. Order forms are available by contacting Ray Young at dry@waterengineers.com or 713-582-7564.

ABOUT THE ROTARY CLUB OF CYPRESS-FAIRBANKS

Chartered in 1970, the Rotary Club of Cypress-Fairbanks consists of business leaders and professionals active in community and international service. Over more than 40 years, the club has raised over \$600,000 to support local and international organizations. Meetings are held every Monday at noon at Carl's Barbeque on Highway 290 and Telge Road, in Northwest Houston. For more information about the Rotary Club of Cypress-Fairbanks and its programs, call 281-955-5400

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Cy Fair Republican Women MAY MEETING

Submitted by Stephanie Peters

Senator Dan Patrick has been called to Austin on our meeting day. Senator Glenn Hegar will be speaking. Please see new notice below. The Cy-Fair Republican Women's monthly meeting will be held at 10:30am on Tuesday, May 8 at Carraba's Italian Grill in Copperfield. This month's presentation will feature Senator Glenn Hegar of Texas Senate District 18. His presentation will include information on current issues that affect the Houston and Cy-Fair areas. May is also our annual membership drive month! Dues are pro-rated for the year and are less than \$20!

Please join us for an informative meeting! You can join us for lunch for \$15, or just come and listen, have coffee or tea for \$3. Visit the Cy-Fair Republican Women's website at www.cfrw.net to RSVP and reserve your seat today. The Cy-Fair Republican Women meet every second Tuesday of the month at Carraba's Copperfield. Social begins at 10:30am, speaker and meeting begin at 11:00am. For more information and to RSVP to meetings, visit our website at www.cfrw.net

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CYPRESS RANCH ATHLETIC BOOSTER CLUB MEETINGS

Cypress Ranch Athletic Booster Club would like to announce the following meetings: May 7th @ 7:00 pm in the Cypress Ranch High School Commons - general meeting. For more information see the CRABC website at www.cypressranchathletics.com.

CY-FAIR KIWANIS CLUB

The Cy-Fair Kiwanis Club kicked off the first of the Kiwanis Houston Kids Triathlons on MAY 5 at the Langham Creek YMCA. More than 100 boys and girls ages 7 through 12 participated. Parents and friends cheered as the participants completed the events and winner were awarded trophies. All participants received T-shirts and certificates. Come join us at the CY-FAIR KIWANIS CLUB and be a part of sponsoring children's activities, such as the Triathlon. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Schools; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; provides scholarships to outstanding Key Club members in our district; provides assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373 or George Crowl at 832-467-1998.



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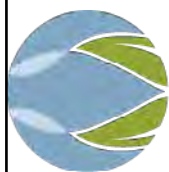


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NORTHWEST AMERICAN SIGN LANGUAGE CLASSES: are being offered first time at the Northwest Forest Conference Center. Must have at least 20-25 students to sign up. Classes @ \$275. June 11th - July 16th for Mon/Wed classes 1:00 to 3:00 am. June 12th - July 12th for Tues/Thurs classes 9:00 to 11:00 am. info@nwaslclasses.com

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FOR SALE: 2003 Honda CR85 dirtbike- \$1000. Bike is still in great condition and starts right away every time. My son has outgrown it and needs a bigger bike. Harro boys bicycle 200.2. Still in great condition. Paid \$200 and asking \$75. Nintendo DS with and several games \$50.00. Please call if interested- (713)817-5277.

FOR SALE: 1999-Pearl Export Green drumkit ISS mounts 10,12,14 toms, bass, matching Pearl Snare. Good heads.\$199. 1987-Premier drumkit Moonrock finish. 8,12,13,16,18 toms, bass, Premier snare. Excellent condition & heads. Great sound \$689. 281 758-1230.

FOR SALE: Used Upright Bass, Bas Stand, Stool and Rockstop. \$550.00 Please call 281-650-6430.

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FOR SALE: 2002 Suzuki RM 85 for sale. It has only been trail ridden. Extras include an FMF Shorty exhaust pipe with a Gold Series Fatty exhaust pipe, tag handlebars, V force reeds, one industries plastics, renthal sprocket. Cleaned and chain lubed after every ride. I am asking \$1150 or best offer. Contact Dustin at 281-373-2272.

FOR SALE: Long, beautiful Teal dress, perfect for graduation, quincean-era, or any other event. Dress has sequence on sleeves, and throughout the whole top down to the waist. V-neck with full skirt, Shell is 100% polyester/rayon lining. Size: small, used once for sons wedding 2yrs. ago, and has been kept in zippered garment bag. Asking \$85.00 o.b.o. Cell: 832-480-3071 (anytime).

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FOR SALE: Beautiful antique mahogany upright piano with bench: \$500. Side by Side Kenmore Refrigerator/Freezer: \$350. Antique mahogany dresser with bevelled mirror: \$800. All in excellent condition. Please call 832-291-7982.

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(Continued on Page 36)

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Personal Classified- (Continued from Page 35)

FOR SALE: New utility trailer for rent, Fairfield residents only, 5 x 10, pull with your truck or SUV. \$20 per day. 713-471-6411.

FOR SALE: Life Fitness T3 Treadmill bought as gift but has sat around untouched for a few years ...y'all know how it goes. it's used as a clothes hanger. Originally \$1850, asking \$1000 which to me is more than fair since it has 0 wear. 281-758-3305.

FOR SALE: ocean wonders high chair \$30, baby einstein exersaucer \$20, Summer Infant 3 Stage Super Seat (bumbo but better) \$15, super deluxe 3-d activity gym \$15, travel swing \$5, disney princess activity ride on BRAND NEW \$30 (org 36) 281-758-3305.

FAIRFIELD HOME FOR SALE BY OWNER- 3/2/2, 1740 sqft, 1-story full brick Ryland Home in Inwood Park very close to the Ten Acre Park. Many updates throughout the home including: bathrooms, kitchen, granite countertops, wood floors, ceramic tile in wet areas, recent carpet in bedrooms, fresh paint inside and out (in designer colors). It also has a new roof, recent A/C replacement, oversized patio with arbor, lush landscaping front and back with playground and fire pit in backyard. The garage includes custom built-in cabinets and workbench. Drive by and check it out at 14822 Carolina Falls Lane, or can be viewed on HAR as well by putting in the address. Call or text Teresa to schedule a showing 281-804-8579.

WANTED: Part Time Summer Childcare Seeking a mature, responsible and fun female high school or college student to spend 2-3 days per week with our 12-yr old daughter this summer at our home. Flexible days and hours beginning early June through mid August. Must have own, reliable transportation and a clean, excellent driving record. Schedule an interview by calling Teresa at 281-804-8579.

WANTED: All generations and models of Firebirds, Trans Ams, and Camaros. Houston-F-Body.org is a club that meets on the third Saturday of each month from 2 pm to 5 pm at Texadelphia on 6025 Westheimer Road. We provide a welcoming and inclusive atmosphere for all F-Body owners and enthusiasts. Visit our website at <http://www.houston-f-body.org/> and sign up for a free membership.

FOR SALE: Stained Glass Window (wood framed) pilot, family, refueling airplanes 3 ft X 5 ft., Paid \$1200 Now \$250. Call 281-213-4773.

PERSONAL CLASSIFIED - (one time sell items, such as a used bike...) run at no charge to FAIRFIELD RESIDENTS ONLY, limit 30 words, please e-mail fairfieldgazette@peelinc.com. The deadline to submit a personal classified ad is always the 10th of the month PRIOR to the issue.



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2012 Open Regattas at Seabrook Sailing Club

The Seabrook Sailing Club is hosting two major regattas this summer on Galveston Bay, open to all interested sailors. Whether it's challenging one design racing or family fun, Seabrook Sailing Club's summer regatta schedule has it all. We are looking forward to having local and out-of-town sailors join us for competition and fun on the bay.

Summer Solstice Regatta: Seabrook Sailing Club's annual Summer Solstice Regatta will be held on June 23 and 24, 2012. This year we will be kicking off the regatta on Friday night with fireworks and a keg! We encourage everybody to leave work early and bring a picnic. This regatta is open to all small sailboats and beginner racers are welcome. Lasers, 470's, Sunfish, windsurfers, Vangaurd 15's, and catamarans are regular classes at this fun event. This regatta is on the Texas Laser District 15 Circuit schedule, drawing Lasers from around the state. There will be one design starts for all classes with at least

three boats. A Portsmouth handicap fleet will be formed for boats that do not make up a one design fleet. Official Notice of Race and Sailing Instructions will be posted on the SSC website nearer the time of the event.

Endless Summer Regatta: Each year, youth sailors from all over Texas and surrounding states participate in the Endless Summer Regatta at the Seabrook Sailing Club. The Endless Summer Regatta is the best attended event on the Texas Youth Circuit after Texas Race Week, with approximately 200 sailors, coaches, parents, and organizers coming to Seabrook and Galveston Bay. The youth sailors participate in 6 different fleets; the beginner sailors in the Optimist Green fleet, the experienced Optimist sailors in the Red/White/Blue fleet, Laser 4.7, and Laser Radial. Parents enjoy the view of the sailing course and Kemah from the clubhouse deck, while their kids put their skills to the test. Sailing is a great sport for kids that

fosters self-confidence, independence, and responsibility. As skippers, they are in control of their own destiny; they make their own decisions, which have a direct result on their finish position, well-being, and boat condition. But most importantly, it's fun! The 2012 regatta will take place September 22-23, 2012. Official Notice of Race and Sailing Instructions will be posted on the SSC website nearer the time of the event.

*Optimists on the downwind
run at the Endless Summer Regatta*

The Seabrook Sailing Club has been providing safe, organized, and challenging sailing for local sailors and guests since 1934. If you've been thinking about learning to sail, getting back on the water, or competing in our organized club races, check out what the Seabrook Sailing Club has to offer. For more information about SSC, contact James McTurk at SSCmembership@yahoo.com, or visit www.seabrooksailingclub.org.





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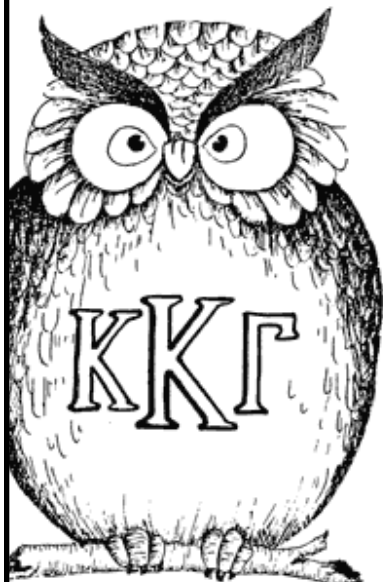
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A Focus on Physical Activity - Pathway to Improved Health

By Concentra Urgent Care

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

Any physical activity is better than no physical activity

- Includes people with disabilities & far outweighs the possibility of risk of injury or illness

Most health benefits occur with at least 150 minutes a week

- Both aerobic (endurance) and muscle-strengthening (resistance) are beneficial
- For most people, additional benefits occur when*
- You increase the intensity, the frequency, and or the duration of your Physical activity.

SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.

For more information on total fitness programs in general, you can contact your health care provider, your Concentra health specialist, or visit the National Safety Council's Web site at: <http://www.nsc.org/resources/Factsheets/hl/fitness.aspx>.

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Financial Focus The 5 Biggest Threats to Your Retirement Nest Egg

Submitted by Rich Keith

It's tough for financial planners to get clients motivated enough to make the sacrifices and investment decisions that are necessary to ensure a comfortable retirement. In fact, according to a recent ING Retirement Research Institute study, 71% of Americans – regardless of age – still lack a formal investment plan to help them reach their retirement goals. But what about those clients who have done everything right? They've been working with a financial planner, contributing to their 401(k)s, maybe have a pension in the offing, are saving money at a decent clip and are following the sound investment advice



offered by the professionals but, according to Fidelity Investments, there's still a good chance they might not have enough put aside to live out their golden years in style. Fidelity Investments has described five of the

biggest threats to even the most well-prepared investor's retirement plan.

1. Failing to prepare for spiraling health care costs. With longer life spans, medical costs that are rising faster than general inflation, declining retiree medical coverage by private employers, and possible funding shortfalls ahead for Medicare and Medicaid, managing health care costs can be a critical challenge for retirees. According to Fidelity's annual Retiree Health Care Costs Estimate, a 65-year-old couple retiring in 2011 will need more than \$235,000 to cover health care costs during their retirement. And that is

(Continued on Page 43)

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Financial Focus - (Continued from Page 42)

just using life expectancy data – many people will live longer and have higher costs. Since Fidelity started the annual estimate in 2002, estimated costs have increased by 6% a year. That cost doesn't include possible long term care (LTC) expenses. About 70% of those over age 65 will require some type of LTC services – either at home, or else, in adult day care, an assisted living facility, or a traditional nursing home. The average private-pay cost of a nursing home is about \$70,000 per year and exceeds \$100,000 in some states. Assisted living facilities average \$34,000 per year. Hourly home care agency rates average \$46 for a Medicare-certified home health aide and \$19 for a licensed non-Medicare-certified home health aide.

2. Underestimating how long you will live. As medical advances continue, it's quite likely that today's healthy 65-year-olds will live well into their 80s or even 90s. This means

there's a real possibility that you may need 30 or more years of retirement income. An American man who's reached age 65 in good health has a 50% chance of living 20 more years to age 85, and a 25% chance of living to 92. For a 65-year-old woman, those odds rise to a 50% chance of living to age 88 and a one in four chance of living to 94. The odds that at least one member of a 65-year-old couple will live to 92 are 50% and there's a 25% chance at least one of them will reach age 97. Without some thoughtful planning, you could easily outlive your savings and have to rely solely on Social Security for your income. Chances are, like many people, you don't have a company pension to rely on – only 30% of Americans today have one. And with the average Social Security benefit of just over \$1,000 a month, it likely won't cover all your needs.

3. Being caught unawares by inflation.

Inflation can eat away at the purchasing power of your money over time. This affects your retirement income by increasing the future costs of goods and services, thereby reducing the purchasing power of your income. Even a relatively low inflation rate can have a significant impact on a retiree's purchasing power. For example, \$50,000 today would be worth only \$30,477 in 25 years, even with a relatively low 2% inflation. Some retirement income sources, such as Social Security, can help you keep pace with inflation automatically through annual cost-of-living adjustments. But most others don't.

4. Failing to position investments for growth. A too-conservative investment strategy can be just as dangerous as a too-aggressive one. It exposes your portfolio to the erosive effects of inflation and limits the long-term upside potential that diversified

(Continued on Page 44)



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Financial Focus - (Continued from Page 43)

investments can offer. On the other hand, being too aggressive can mean undue risk in down or volatile markets. What can help: a strategy that seeks to keep the growth potential for your investments without too much risk. Consider creating a diversified portfolio according to your risk tolerance, overall financial situation, and investment time horizon. Doing so may help you seek the growth you need in a way that lets you sleep at night. But remember that diversification/asset allocation does not ensure a profit or guarantee against a loss.

5. Withdrawing too much from savings. Drawing down your savings too rapidly can also put your retirement plan at risk. This risk can be magnified further if a sustained market downturn—similar to the one in 2007-09—occurs early in retirement. Retirees should consider using conservative withdrawal rates, particularly for any assets needed for essential expenses. Fortunately, you have control over how much you withdraw and can adjust it based on circumstances. Consider keeping your withdrawals as conservative as you can. Later on, if your expenses drop or your investment portfolio grows, you may be able to raise that rate. For financial peace of mind, work with your financial coach to make sure your family is taken care of. Source: adapted from an article in Financial Planning magazine citing Fidelity Investments research.

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News You Can Use

Top Ten Tips for Improving Bad Breath

Suffering from bad breath, but not sure why? Think about drinking more water and using less mouthwash. Find out why and learn more ways to improve your breath with these top ten tips.

Call it by its fancy name, “halitosis,” and it won’t smell any sweeter. Bad breath is frequently a sign that you’re not keeping up with your oral health. The source of this unpleasant odor is, in most cases, bacteria living on your teeth, gums or tongue. Follow these ten tips for a breath of fresh air:

Brush your choppers twice each day. Better yet, brush after every meal. If you eat lunch at work or school, keep an extra toothbrush there. Also, be sure to replace your toothbrush regularly. Every few months, swap your brush for a fresh one.

Reach between your teeth. Flossing daily helps you remove food particles from between your teeth, where your toothbrush just can’t reach. Flossing also helps keep your gums healthy, preventing periodontal disease, which can also lead to bad breath. If using regular floss is difficult for you, try one of the many interdental cleaners available at drugstores.

Pick up an electric toothbrush. Along with floss, an electric toothbrush removes plaque better than a manual toothbrush.

Treat your tongue right. Bacteria can gather on the surface of your tongue, so use a soft-bristled toothbrush or a tongue scraper to clean it every time you brush.

Tap your inner teenager and chew gum. The act of chewing (sugarless!) gum stimulates the production of saliva, which naturally washes away bacteria and food particles. If you suffer from a lack of saliva due to “dry mouth,” a condition sometimes caused by medication, let us know; we can help address the problem.

Don’t fall for the myth of mouthwash. Most mouthwashes merely mask the smell of bad breath and don’t do anything to solve the underlying problem.

Hydrate, hydrate, hydrate. Drink water regularly to keep your mouth moist, and go easy on alcohol and caffeine, both of which are dehydrating.

Turn off the tobacco. Smoking and chewing tobacco lead to bad breath. They also increase your risk of a host of serious health problems, from periodontal disease to cancer.

Take note of what you take in. Certain diets, foods and medications can affect your breath. If your problem doesn’t appear to be oral, make a list of the foods you eat and medications you take. Review it with your dentist or your family doctor to assess the source of the problem.

Call in the experts. It’s important to have your teeth professionally checked and cleaned twice a year. Your dentist can give your teeth a thorough cleaning that isn’t possible at home, as well as check for and treat early signs of problems such as cavities or periodontal disease.

In rare cases, persistent bad breath can be a sign of a larger health problem. The American Dental Association lists possible medical sources of bad breath, including respiratory infection, chronic sinusitis, postnasal drip, chronic bronchitis, diabetes, gastrointestinal disturbance, and liver or kidney ailments. If your dentist suspects that your breath problem stems from a medical issue, he or she will recommend speaking with your family doctor immediately.

Submitted by Dr. Flury



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AT SPRING FESTIVAL

On Saturday, May 5th, Boys and Girls Country of Houston will host their annual Spring Festival on their campus in Hockley, Texas. Located 35 miles northwest of downtown Houston, Spring Festival is a great way for families to spend the day.

Spring Festival promises to be a huge celebration for community and family with a lively Cinco de Mayo theme. Admission and parking are free, and children's all-day event passes are only \$15 each. Booths will include a number of inflatable rides like King of the Mountain, Shark Slide, and Water Balls; a Slime Machine booth where you can slime your favorite person, and crafting booths for the little ones. There will be three stages with a variety of live entertainment, including Spanish musicians, Gospel singers, and solo artists.

"All of the proceeds of Spring Festival go directly to helping us provide a Home for our children," said George O'Neal, Director of Spring Festival and Community Relations. "This is going to be our largest and most exciting Spring Festival ever with many new additions that add fun and excitement."

For 41 years, Boys and Girls Country has provided a Home for children from families in crisis. They raise 88 children at their main campus and provide support to 55 young adults in their College and Career program. Boys and Girls Country is not a United Way member agency and does not rely on federal or state funding.

DATE

Saturday, May 5, 10 a.m. – 5 p.m.

TIMES

Live Auction: 1:15 p.m.

Silent Auction: 10 a.m. to 3 p.m.

Lunch: Served 11 a.m. - 3 p.m.

Barbecue, Chicken Burrito, or
Hamburger/Hot Dog (Adult Plate:
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ACTIVITIES

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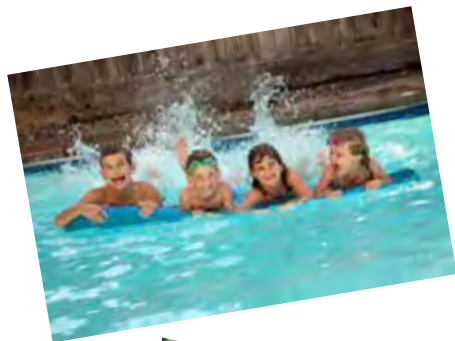
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18 Benefits of Playing a Musical Instrument

Submitted by Rich Keith

Jeremy Spicer, Vandegrift High School Director of Bands, is dedicated to teaching music. He says, "Music is a part of everyone's life in some form. The study of music and all of the arts is critical to the complete education of society...it allows humans the tools to stir feelings and create emotion." This article will provide you with 18 benefits of playing an instrument and will hopefully give you a better sense of appreciation and pride for music.

1. Increases the capacity of your memory. Research has shown that both listening to music and playing a musical instrument stimulate your brain and can increase your memory: Preschoolers who had weekly keyboard lessons improved their spatial-temporal skills 34 percent more than the other children. Not only that, but researchers said that the effect lasted long-term. If you learn how to play an instrument, the parts of your brain that control motor skills (ex: using your hands, running, swimming, balancing, etc.), hearing, storing audio information, and memory actually grow and become more active.

2. Refines your time management and organizational skills. Learning how to play an instrument requires you to really learn how to be organized and to manage your time wisely. A good musician knows that the quality of practice time is more valuable than the quantity.

3. Boosts your team skills. Team skills are a very important aspect of being successful in life. Playing an instrument requires you to work with others to make music. In band and orchestra settings you must learn how to cooperate with the people around you.

4. Teaches you perseverance. Learning to play an instrument takes time and effort, which really teaches you patience and perseverance.

5. Enhances your coordination. The art of playing an instrument requires a lot of hand-eye coordination. By reading musical notes on a page, your brain subconsciously must convert that note into specific motor patterns while also adding breathing and rhythm to the mix.

6. Better your mathematical ability. Reading music requires counting notes and rhythms and can help your math skills. Studies have shown that students who play instruments or study the arts are often better in math and achieve higher grades in school than students who don't.

7. Improves your reading and comprehension skills. Research shows that children exposed to a multi-year program of music tuition involving training in increasingly complex rhythmic, tonal, and practical skills display superior cognitive performance in reading skills compared with their non-musically trained peers.

8. Increases your responsibility. Playing an instrument comes with its responsibilities. Students must maintain their instrument and must remember music events (like rehearsals and performances) and making time to practice.

9. Exposes you to cultural history. Students learn a variety of music types such as classical traditions, folk music, medieval, and other genres. Music itself is history.

10. Sharpens your concentration. Playing music by yourself requires you to concentrate on things like pitch, rhythm, tempo, note duration, and quality of sound. Playing music in a group involves even more concentration.

11. Fosters your self-expression and relieves stress. It's your instrument, so you can play whatever you want on it! The more advanced you become on an instrument, the greater you'll be able to play what you want and how you want.

12. Creates a sense of achievement. Overcoming musical challenges that you thought you'd never quite master can give you a great sense of pride about yourself.

13. Promotes your social skills. Playing an instrument can be a great way to enhance your social skills. Some of the best people join bands and orchestras, and many times the lifelong friends you make here become like family.

14. Boosts your listening skills. Although it's pretty obvious, playing an instrument requires you to listen very carefully to things. Examples

are learning how to hear when you're playing a wrong note in order to correct yourself, tuning your instrument, and playing with ensemble group.

15. Teaches you discipline. Practicing often and working on the hard parts of music and not just the easy and fun stuff requires discipline.

16. Elevates your performance skills and reduces stage fright. One of the goals of practicing so much on your instrument is so that you can perform for others. The more you get up in front of people and perform, the more you'll reduce any stage fright.

17. Enhances your respiratory system (wind instruments only). If you have a good music director/tutor, you should hear them tell you quite often to "use more air!" Breathing exercises are highly recommended for musicians, and they can really strengthen your respiratory system.

18. Promotes happiness in your life and those around you. Playing a musical instrument can be very fun and exciting. Not only is it fun to play music that you enjoy, but it feels wonderful to hear an audience applaud you for giving a great performance.

Mr Spicer adds, "I cannot imagine my life, or society, without music...it has defined me in nearly every way possible." Adapted from an article by Michael Matthews. For the full article and sources visit <http://www.effectivemusicteaching.com/articles/directors/18-benefits-of-playing-a-musical-instrument/>



What's Cooking With Food Allergies

Ever wonder why some packaged foods include the warning "made in a facility that processes nuts?" There's a very good reason—some people can develop a life-threatening allergic reaction to eating tree nuts called anaphylaxis. There are a number of foods that can cause serious allergic reactions in certain people, says Thomas Smith, M.D., an allergist and immunologist for The Austin Diagnostic Clinic (ADC).

"From peanuts to dairy products to shellfish, there are several primary sources of food allergies affecting some 15 million Americans" says Dr. Smith.

A food allergy occurs when a person's immune system mistakenly attacks a food protein. Dr. Smith says allergy symptoms can range from mild reactions like rashes, hives, itching and swelling, to severe,

potentially fatal issues such as trouble breathing or loss of consciousness.

UNDERSTANDING FOOD ALLERGIES

People with food allergy almost always have clear cut symptoms when eating a particular food. They usually know the food they are allergic to, or they at least have figured out a short list of possibilities. Either way, it's a good idea to see an allergist to determine whether a food allergy exists and what food should be avoided. This is done by a review of a person's history of symptoms and checking for food allergies with a skin test. It is also common for people to experience an adverse effect from a food that is not an allergy. Distinguishing this

is important because adverse effects that are not allergic do not carry the same risk of severe reactions, explains Dr. Smith.

"Once we have identified the source of a food allergy, unfortunately the only way to prevent an allergic reaction is to avoid the food. There is no cure for a food allergy," says Dr. Smith. "If you are unsure about whether a particular food is safe, it's always a good idea to call the manufacturer for more information."

If a person unknowingly eats a food they are allergic to, the best option is to administer epinephrine, also called adrenaline. This is the medication of choice for controlling a severe reaction. It is available by prescription as a self-

(Continued on Page 53)

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What's Cooking with Allergies- (Continued from Page 52)

injectable device called EpiPen or Twinject. Dr. Smith says patients should always have two doses available because some reactions that go away with one dose of epinephrine may return, requiring a second dose.

Parents with children with food allergies understandably are concerned when their children are at school. Virtually every state, including Texas, allows children to carry epinephrine during school with appropriate consent. Legislation passed last year in Texas, meanwhile, calls for the creation of food allergy management guidelines for schools.

PRIMARY SOURCES OF FOOD ALLERGIES

The six most common foods causing allergy in children are milk, eggs, peanuts, wheat, peas, and soy. Tree nuts, fish, and shellfish are foods commonly causing allergy in children and adults. Allergy to one food occurs most often, while allergy to multiple foods is less likely. Here is a look at the main sources of food allergies in more detail:

Peanuts. Peanuts can trigger a severe allergic reaction depending

on how sensitive a person is to peanuts, and the quantity of peanuts consumed. Peanuts may be included in food items such as chili sauce, salad dressing, pizza, peanut cooking oil, egg rolls, and even jelly beans.

Tree nuts. Tree nut allergies affect an estimated 1.8 million Americans and are among the leading causes of fatal and near-fatal reactions to foods. Common types of tree nuts causing allergies include walnuts, almonds, hazelnuts, cashews, pistachios, and Brazil nuts.

Milk. About 2.5 percent of children younger than age 3 are allergic to milk, but most children outgrow milk allergies within a few years.

Eggs. An estimated 1.5 percent of young children have an egg allergy, but experts say most children eventually outgrow it.

Wheat. Wheat allergy is one of the more common food allergies in children. Wheat can be found in many food items such as breads, cakes, breakfast cereals, pasta, crackers, soy sauce and even condiments such as ketchup.

(Continued on Page 55)

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What's Cooking with Allergies- (Continued from Page 53)

Soy. Although soybean allergies are generally mild, soybeans are used in myriad food items including baked goods, canned tuna, cereals, crackers, infant formulas, sauces, and soups.

Seafood. Nearly 7 million people in the United States are allergic to seafood, including fish and shellfish like shrimp, crab, and lobster. Salmon, tuna, and halibut are the most common kinds of fish people are allergic to. Seafood allergy is considered a lifelong condition and about 40 percent of those with a seafood allergy first experience an allergic reaction as an adult.

BEYOND THE USUAL FOOD ALLERGY SUSPECTS

Dr. Smith says that while these seven types of food account for 90 percent of all food allergies, a person can be allergic to virtually any food. Other potential allergy-prone foods include corn, seeds, meats, and spices such as caraway, coriander, garlic, and mustard. Allergic reactions can also occur with fresh fruits and vegetables such as apples, carrots, peaches, plums, strawberries, tomatoes, and bananas.

"Awareness of a food allergy and early treatment with epinephrine are the most important ingredients in preventing a potentially dangerous reaction," says Dr. Smith.



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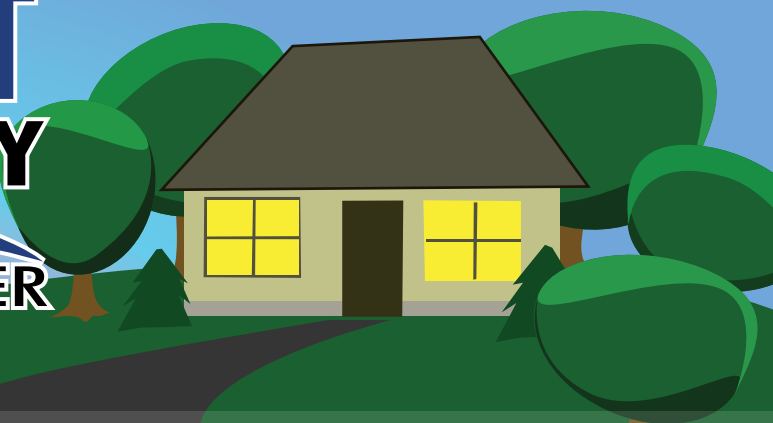
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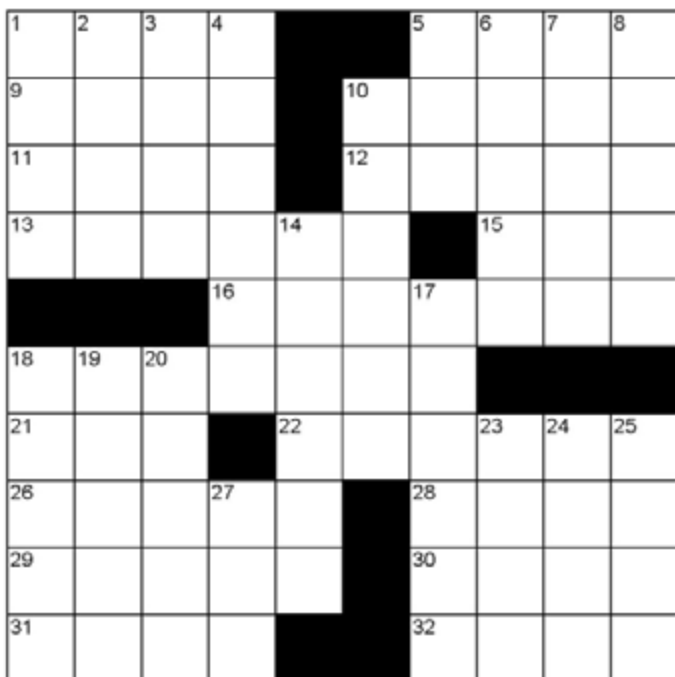
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9. Ice cream holder
10. Hoax
11. Acres
12. Smooth tightly twisted thread
13. Insecure
15. Estimated time of arrival
16. Knife
18. A feminine name
21. Epoch
22. Center of much political dispute
26. Protective covering
28. Ill-mannered
29. Stair grips
30. Mined metals
31. Tinted
32. Lack

DOWN

1. Organization concerned with civil liberties (abbr.)
2. Colored horse
3. Green Gables dweller
4. Smear
5. ___ Lanka
6. Comforts
7. Many
8. Utopian
10. Airmen
14. Steps
17. Linear
18. Facial hair
19. Orderly arrangement
20. Synthetic fabric
23. Manner
24. Eve's garden
25. For fear that
27. Olden

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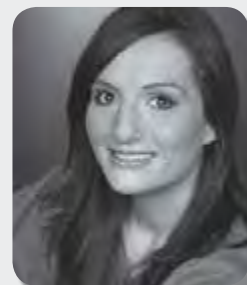
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Our next meeting is in April. We will be meeting at Palio's Pizza and Italian Grill on FM 529, next to Langham Creek Highschool. The meeting starts at 7 pm. If you are interested or would like more information, please contact me, Laura Neal, Regent at lizardsareicky@sbcglobal.net or 281-256-3545.

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Recipe of the Month Potato Cake Stacked Salmon

By The Four Points Foodie

This recipe has it all; delicious salmon, watercress, tangy aioli all stacked onto a crisp potato pancake. My problem with this recipe is that I didn't make enough (or rather we ate it all).

INGREDIENTS

- Salmon filet
- juice of 1 lime
- cedar plank
- 4 potatoes
- 1 egg
- 1/4 C flour
- Lawry's Season Salt
- 2 T olive oil
- 2 bunches watercress
- 4 T mayonnaise
- 1 1/2 T capers
- 1 T Durkee Sauce
- juice of 1 lemon
- salt and pepper
- zest of 1 lemon

DIRECTIONS

Preheat your grill and soak the cedar plank for about 30 minutes in water. Squeeze lime juice over salmon filet and season with salt and pepper. Place on cedar plank and grill until done and flaky. Peel potatoes and parboil whole for about 10 minutes, starting with potatoes covered with room temperature water and heat from there. Immerse in cold water. Remove from water, dry and let cool. Meanwhile, in a small bowl mash capers with a spoon. Then add mayonnaise, Durkee Sauce (or a brown mustard with a hint of horseradish), lemon juice and Lawry's Season Salt.

Once the potatoes are cool enough to touch, grate with a box grater into a medium bowl. Add a bit of Lawry's Season Salt. In a small bowl combine egg and flour and whisk well and add to potatoes. In a large fry pan, heat the olive oil over medium high heat. Make 4 large potato patties and place in hot oil. Leave it alone for 4-5 minutes until it crisps then flip to the other side and cook an additional 5 minutes. Drain on paper towels. To assemble, start with a potato cake, then a handful of watercress, then a piece of cedar plank salmon, topped with the aioli sauce. Garnish with zest of lemon and serve.

Enjoy!



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Baker's Ridge	3	\$62.85	79
Chappell Ridge	6	\$70.45	75
Cottage Glen	1	\$90.63	106
The Estates	1	\$84.04	19
Garden Grove	7	\$70.39	59
Glen	3	\$73.71	46
Inwood Glen	5	\$69.38	61
Inwood Park	12	\$61.94	85
Lake Crest	2	\$78.59	55
Lakes/Lake Point	7	\$74.13	103
Crossing/Landing/Reserve	3	\$65.61	40
Meadows/Park/Retreat	12	\$69.55	83
Oaks/Trails	4	\$70.04	90
Pines	0	\$0	0
Summer Ridge	3	\$71.13	47

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