



# The Jester Warbler

Official Publication of Jester Homeowners Association, Inc.

May 2012

Volume 7, Issue 5

## Jester Spring GARAGE SALE

**SATURDAY,  
MAY 19<sup>TH</sup>  
8:00 AM**

*Register your  
location  
for maximum  
exposure!*

Maps with lists of garage sale addresses will be available at the entrances to Jester.

### **To Register Your Location Contact:**

Teresa Gouldie  
751-8000  
tgouldie@gmail.com

## EASTER FUN IN JESTER!

*by Teresa Gouldie, Social Chairman*

Many excited children and grandchildren of our Jester residents turned out for the Jester Homeowners Association's annual Easter Egg Hunt on Saturday, March 31st. After filling their baskets with colorful eggs, the children enjoyed a host of games and activities. A highlight of the morning was a visit from the Easter bunny himself!

Another big hit was the petting zoo, where children could actually go into the pen and hold and "cuddle" many of the animals. The looks on the children's faces were priceless as they bonded with their furry friends! The prize walk was popular as well, along with Easter hopscotch and bunny tattoos. In addition, the children participated in a ball toss and colored pictures they could take home as a keepsake. Adults and children alike had a wonderful time!



This event could not have been possible without the assistance of my very energetic helpers. From set-up to clean-up, these special people volunteered their time to help create memories for our Jester children. Many thanks to Eva Wissner, Kathy Grober, Jonathan and Celeste Roll, David Kennedy, Patricia Sudderth, Anita and Scott Martin, Ray Deveau, Mike Denson and Joe Ramirez. A note of appreciation also goes out to Terri Milan with Jester Club. It's great to have the support of the club in making this a successful event! Please let me know if you would like to volunteer to help with our next event, the 4th of July parade. The more people we have help the more we can get done to make each event bigger and better than the last. We are always looking for input and suggestions! To volunteer, email Teresa at [tgouldie@gmail.com](mailto:tgouldie@gmail.com) or call 751-8000.

**SEE MORE PHOTOS ON PAGE 6**



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..... diana0777@att.net

### Treasurer

Glen Brown..... (H) 512-241-0283  
..... gm.brown@att.net

### Social Committee Chair & Warbler Co-Editor

Teresa Gouldie ..... (C) 512-751-8000  
..... tgouldie@gmail.com

### CONA Committee Chair

Glen Brown..... (H) 512-241-0283  
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Patricia Seeger ..... (H) 512-585-5389  
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### Warbler Co-Editor and Email Alert

Diana Miller..... diana0777@att.net

### Homeowner's Association Mgmt - Carol Wolf Mgmt

Carol Wolf ..... (W) 512-258-8200, (Fax) 512-336-7244  
..... carolwolf@austin.rr.com

#### Office:

1001 Cypress Creek, Suite 105  
Cedar Park, TX 78613

#### Mailing Address:

P.O. Box 202101  
Austin, TX 78720

## Newsletter Information

### Co-Editors

Diana Miller..... diana0777@att.net  
Teresa Gouldie ..... tgouldie@gmail.com

### Publisher

Peel, Inc. .... www.PEELinc.com, 512-263-9181  
Advertising..... advertising@PEELinc.com, 512-263-9181

## ARTICLE SUBMISSIONS

Interested in submitting an article? You can do so by emailing diana0777@att.net or by going to:

[www.peelinc.com/articleSubmit.php](http://www.peelinc.com/articleSubmit.php).

*All news must be received by the 12th  
of the month prior to the issue.*

## Jester Resident Joy Luther Celebrates Release of 2<sup>nd</sup> CD!

Join us to congratulate Joy on Sunday, May 6th, at MY PLACE in Jester Village. Festivities will begin at 7 pm and we'll all get to hear her music live! Joy has lived 23 years in Jester Estates with her husband Joe. She immigrated from Northern Ireland to Texas in 1968 when she was 16. What a contrast! In addition to being a clinical Social Worker in private practice, now she is also a singer-songwriter and plays a pretty fair guitar. It was only about seven years ago that she started writing lyrics and music when the story of a vaquero (cowboy) on the West Texas ranch where Joe grew up had moved her to write a song about him and his cowboying abilities, "El Vaquero." Quite a task for a girl from Ireland! She sang it at the Kerrville Folk Festival, and when she finished an old cowboy stood up on the back row and shouted, "You may be from Ireland, but you sure know Texas!" After that reception, she was well on her way to writing more songs... She would like to share her newest songs with Jester residents on Sunday, May 6th.

*Hope to see you at MY PLACE... no cover charge!*



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## WELCOME

## COMMITTEE NEWS

Since our last Welcome Committee article, the Welcome Committee has delivered packages to 6 households. Johnny and Colleen on Clove Cove were in the middle of painting when we stopped by. They closed last September but have been doing extensive renovations. Stephanie and Rick on the 6900 block of Beauford Drive and Jeremy and Allison on the 8000 block of Asmara closed in January but we weren't able to find them home until last month. We found 2 residents home on the first try -- Jeb and Melissa with children Ellie and Miles on Guava Cove and Lacey on Curly Leaf Cove. Guava Cove residents were all out with their dogs when we arrived. In addition we left one Welcome Package at the home of new residents on the 7800 block of Lakewood Drive. We've been trying to deliver this package since December!

Please welcome these newcomers if you live on their block. If you've recently moved to Jester and we haven't delivered a Welcome Package to you, please contact JoAnn Welles at [joann-welles@sbcglobal.net](mailto:joann-welles@sbcglobal.net) or 512-346-0349. The Welcome Committee members enjoy meeting new residents and we often hear how welcoming their Jester neighbors have been. We hope the contents of the Welcome Packages help them settle into Jester more easily.



**JEREMY & ALLISON ON ASMARA**



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**JOHNNY & COLLEEN ON CLOVE COVE**



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# *Jester Estates*



## **EASTER FUN IN JESTER!**

*Pictures Continued from Cover Page*

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Plants known as milkweeds belong to the genus *Asclepias*, named after the Greek god of healing, and those known as milkvines belong to the genus *Matelea*, but both are part of the Dogbane family.

Over 40 species of milkweeds and milkvines are native to Texas, and those most notable that are blooming this time of year in Central Texas include Antelopehorns (*Asclepias asperula*), Texas Milkweed (*Asclepias texana*), Purple Milkweed Vine (*Matelea biflora*), and Pearl Milkweed Vine (*Matelea reticulata*).

Milkweeds and milkvines are named for their milky juice, which contains alkaloids, latex, and other complex compounds, and some species are known to be toxic.

Despite this toxicity, the sap of these plants has been used in many folk remedies, including clotting of small wounds, removal of warts, and as a natural treatment for the undesirable effects of poison ivy. These plants are also an important nectar source for bees and other insects, and are a larval food source for Monarch butterflies and their relatives.

Forming low clumps 1 to 2 feet across in grassy meadows, Antelopehorns is mostly recognizable by the solitary, rounded arrangement of numerous pale yellowish-green flowers at the end of each stem, appearing from March through May. The leaves are slender and 2 to 6 inches long, often folded lengthwise along the midrib.

Texas Milkweed is a much more upright plant, reaching 6 to 18 inches high, and found on limestone outcrops, hillsides, and in dry fields. Its herbaceous leaves are elliptical and each cluster of white flowers is solitary and forms at the top of branched stems from May to July.

Both of these *Asclepias* species produce seeds in pod-shaped follicles. These seeds are arranged in overlapping rows,



*Antelopehorns (photo by Sandy Smith)*



*Purple Milkweed Vine (photo by Joseph A. Marcus)*



*Texas Milkweed (photo by Joseph A. Marcus)*



*Pearl Milkweed Vine (photo by Joseph A. Marcus)*

and have silky filament-like hairs called 'pappus' attached to them. Once the follicles ripen and dry out, they split open and the seeds are carried off by their silken hairs and dispersed by the wind.

Usually found in the chalky soils of pastures and open ground, Purple Milkweed Vine is often overlooked and missed. Its low-growing 2 foot stems radiate from a woody rootstock, and along with its opposite, triangular leaves, are covered with long, spreading hairs. From April to June, pairs of star-shaped, five-petaled, dark purple flowers rise from the base of the leaves.

A robust, twining vine growing in dry, light shade in thickets on rocky hillsides, Pearl Milkweed Vine is best known for its heart-shaped leaves and flat, green flowers  $\frac{1}{2}$  to  $\frac{3}{4}$  of an inch across with pearly, iridescent centers. These curious flowers have tiny white veins forming an intricate pattern on the surface of the petals, adding to their unusual look.

Milkweeds are a versatile group of plants and are now found in many butterfly gardens. Studies have shown them to re-grow faster than caterpillars can consume them, allowing the overall plant to continue to survive.

The silk or floss from their follicles have good insulation qualities, even superior to down feathers, and they are now grown commercially as a hypoallergenic filling for pillows. Even Native Americans have used the nectar from the plant as a source of sweetener, due to its high dextrose content. So, as you can see, there are multiple milkweeds with a multitude of uses!

*Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. If you enjoy reading these articles, look for our book, *Nature Watch Austin*, published by Texas A&M University Press.*





### **SUMMER CLASSES**

BALLET, JAZZ, HIP HOP, TAP, CREATIVE MOVEMENT  
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## SOCIAL GROUPS

### CONTACT INFO

**BUNKO** - If you'd like to join or be put on the list as a sub, contact Carol Biggar at [cabiggar@austin.rr.com](mailto:cabiggar@austin.rr.com) or 512-795-8446 (home) or 512-914-7517 (cell). They are a lively group and play on the 1st Thursday of every month at 7 pm.

**CYCLING** - Want to join a Jester road biking group and participate in organized rides? Contact Troy Reish at [troy.reish@gmail.com](mailto:troy.reish@gmail.com) or call 241-0592.

**FOODIES OF JESTER** – Join our new group...meet friends and enjoy great food! Contact Rachele Abercrombie at 512-779-5298 or [rabercrombie@hotmail.com](mailto:rabercrombie@hotmail.com).

**HILL 2011 KINDERGARTEN GROUP** - This group is helping connect Jester families with others who also have children entering Hill Kindergarten in the Fall 2011. Email [beth@schaffer](mailto:beth@schaffer) to be added to our email distribution list.

**JESTER DOG LOVER'S GROUP** - Put a smile on your dog's face and a wag in his tail — sign up now to be a founding member of the Jester dog lovers group. Contact Carol Powell at 340-0321 or email her at [carolpowell@austin.rr.com](mailto:carolpowell@austin.rr.com)

**JESTER KIDS YAHOO GROUP** - This group is helping Jester parents connect with other parents who have children with similar ages or interests! Email [jesterkids-subscribe@yahoogroups.com](mailto:jesterkids-subscribe@yahoogroups.com) to subscribe.

**JESTER PAGE TURNERS** - Check out the Jester Page Turners, a neighborhood book group that meets the second Wednesday evening of each month. Contact Rachele Abercrombie at 512-779-5298 or [rabercrombie@hotmail.com](mailto:rabercrombie@hotmail.com).

**JESTER UNCORKED** - Wine lovers of Jester, unite! Join our ever-growing group of wine lovers. Contact Tonya Andrien at (512) 795-0086 or [tandrien@yahoo.com](mailto:tandrien@yahoo.com).

**KAYAKING** - Have some fun with this great water sport! For more info contact Dan Wolfson at [dwolfson@austin.rr.com](mailto:dwolfson@austin.rr.com) or call 795-8218.

**NETWORKING GROUP** - Are you a resident who owns a business or provides a service? Build your business by referral! One individual or company per professional category. Contact Paul (Griff) Griffiths at 241-1644 or [griff@albioncomputergroup.com](mailto:griff@albioncomputergroup.com)

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**WELCOME COMMITTEE** - Darla Rowan and JoAnn Welles are co-chairs of this committee, which is designed to welcome new residents to Jester, including newborns. Volunteer to help by emailing JoAnn at [joann-welles@sbcglobal.net](mailto:joann-welles@sbcglobal.net) or call her at 346-0349

**WOODWORKING GROUP** – Join our woodworking group to share knowledge and techniques! Contact John Parker at 345-6991 or [JParker84@austin.rr.com](mailto:JParker84@austin.rr.com)



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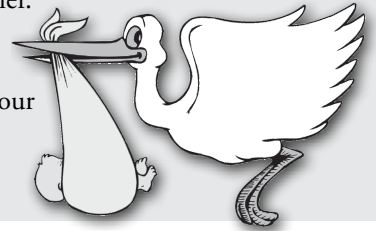


Include type of pet, name, male or female, description, age, medications, veterinarian's name, whether it is microchipped, and pet owner's name, address, and contact information.

***For lost or found pets, call 338-1519.***

## JESTER STORK REPORT PLEASE SUBMIT INFO & PHOTO!

If you have a new arrival (baby or grandbaby), email us the pertinent information along with a photo and we'll publish it in the Warbler. Let your neighbors share in celebrating your happiness! Email info on the arrival of your little one to Teresa at [tgouldie@gmail.com](mailto:tgouldie@gmail.com).



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## The 4<sup>th</sup> Annual Colin's Hope Classic Golf Tournament

The 4th Annual Colin's Hope Classic golf tournament was held on April 18th at the beautiful Flintrock Falls golf course in Lakeway. This event is always a special one for the Austin-based, non-profit foundation, as it was the very first event that Colin's Hope hosted after setting out on its mission to raise water safety awareness to prevent childhood drownings. This year as every year since its inception many loyal golfers teed up to spend their day in support of the charity's mission, kicking off swim season with a great reminder of how to swim safely and enjoy the water this summer!

Today, nearly four years after the founding of Colin's Hope, many ask about the "success" or "impact" of the foundation. Defining "success" with a vision like that of Colin's Hope: a world where children do not drown, can be a challenge...when the loss of even one child's life is too many. However, the impact on our community that Colin's Hope has had is something that can begin to be measured now, and its accomplishments are many!

Colin's Hope has become the face of drowning prevention in the Austin-area and has made a name for itself in Central Texas, statewide and even nationally. This year the foundation received the Member Agency of the Year award and the Innovative Program of the Year award from Safe Kids Austin for its drowning prevention work. Colin's Hope also co-chairs the Central Texas Water Safety

Coalition Board and holds a place on the Safe Kids Austin Board. The charity's message that "drowning is preventable" can be found all over our community during swim season, including Reagan billboards, more than 80 Peel, Inc. community newsletters, radio spots and numerous local TV interviews. Colin's Hope hosts several events that are now well-known and much anticipated, including the Kids' Triathlon and the Got2Swim open water swim in Lake Austin. These events draw lots of publicity and connect the foundation with its target audience: children, their parents and the swimming community. Olympic swimmers Brendan Hansen, Garrett Weber-Gale and Kathleen Hersey continue to support Colin's Hope and, together with Nitro Swimming, hosted a Colin's Hope Got2Swim clinic in January to both raise funds and teach children better ways to swim safely. The foundation's list of community, statewide and national partners has grown exponentially. Colin's Hope grows stronger, smarter and more influential through its partnerships with organizations like Schlitterbahn, Pool Safely, Safe Kids, the YMCA, The Expedition School, World Water Park Association and the City of Austin, just to name a few.

But there is no better way to see the impact of Colin's Hope than through its annual Water Safety Walk. In its first year in 2010, Colin's Hope distributed 5,000 water safety packets containing information on water

safety and drowning prevention, including its 7 key water safety tips and a Water Guardian badge. In 2010, 50,000 packets were distributed, and the 2012 Water Safety Walk will reach 75,000 homes! Distribution of the packets has been focused in the zip codes identified as having the highest incidence of drownings in the Austin area, and, since the information was delivered, the number of drowning deaths in many of these areas has DROPPED TO ZERO! Now THAT feels like success...because if even one child is safe and alive today because of its efforts and the impact that Colin's Hope has made, isn't that exactly what the foundation set out to do?

Fortunately, they get to keep on doing just that...protecting children and keeping them safer in the water...through the support of the golfers, sponsors, prize donors and volunteers who generously donated time, energy and money to make the 4th Annual Colin's Hope Classic another tremendous success. Prizes were awarded for the top 3 scoring teams, as well as for longest drive, longest putt and closest to the pin, however, the real winners on this day were the children and families Colin's Hope works to protect!

The founders' son, Colin Holst, drowned in an Austin-area public pool in 2008 at the age of 4. Colin's Hope was started in his honor and, on tournament day, he was remembered time and again... as everyone agreed it was, as Colin used to say, "the best day ever!" -Submitted by Carrie Wilkin

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## Colin's Hope Upcoming Events Calendar

**May-June:** Water Safety Walk - Packet Stuffing and Distribution

**June 14:** World's Largest Swim Lesson at Schlitterbahn

**June 16:** Colin's Hope Got2Swim the Pure Austin Quarry

**July 21:** UltiFit Challenge #2 at Reveille Peak Ranch

**August 30:** Colin's Hope Got2Swim Lake Austin

**September 16:** Colin's Hope Kids Triathlon

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## A Focus on Physical Activity - Pathway to Improved Health

By Concentra Urgent Care

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

### HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

*Any physical activity is better than no physical activity*

- Includes people with disabilities
- Far outweighs the possibility of risk of injury or illness
- Most health benefits occur with at least 150 minutes a week*
- Both aerobic (endurance) and muscle-strengthening (resistance) are beneficial

*For most people, additional benefits occur when*

- You increase the intensity of your physical activity
- You increase the frequency of your physical activity
- You increase the duration of your physical activity

### SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make

sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

### WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

### HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.

*For more information on total fitness programs in general, you can contact your health care provider, your Concentra health specialist, or visit the National Safety Council's Web site at: <http://www.nsc.org/resources/Factsheets/hll/fitness.aspx>.*



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## Austin Newcomers Club MAY LUNCHEON

Folks who have been in Austin for a while are familiar with Sue Patrick's clothing emporium. She has been in the clothing business in Austin for 37 years and at her current location, 5222 Burnet Road, for the past 13 years. The store is not like any other in Austin. The merchandise includes everything from UT T-shirts to formal wear. Sue specializes in Vera Bradley and Brighton Collection handbags and carries some wonderful clothing lines including FDJ Jeans, Not Your Daughter's Jeans, Foxcroft shirts and Joseph Ribkoff. In addition to great clothing lines, you will find special candles and home fragrances and University of Texas clothing and memorabilia. This is a very popular event, so be sure to make your reservations early.

### WHEN & WHERE

**Wednesday, May 16, 2012 at Green Pastures Restaurant,  
811 West Live Oak Street, pre-payment \$20.00  
Reservations are required.**

### TIME

**11:30 a.m. socializing, Luncheon begins at noon.**

**For Luncheon Reservations: Email:**

**LuncheonDirector@AustinNewcomers.com**

Austin Newcomers Club is a non-profit social and recreational organization dedicated to introducing residents to the Austin Community and giving them the opportunity to meet and make new friends. To Join Austin Newcomers Club: Any person who has a zip code beginning with 787 is eligible for a new membership with the annual dues payment of \$40.00, membership includes The Welcome Mat, the monthly newsletter, and the annual Members' Directory. Contact Dotti Thoms, New Member Services, at (512) 314-5100. You are invited to attend a morning or evening Welcome Coffee and Orientation. For more information visit the website at:

**www.AustinNewcomers.com**



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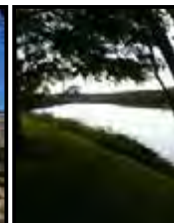
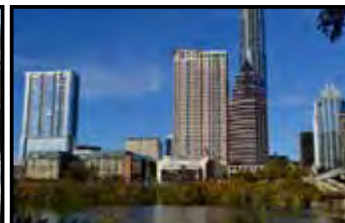
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## May Events

*Compliments of ...* Teresa Gouldie 751-8000 Coldwell Banker, United

May 2	<b>Ziggy Marley – Wild and Free Tour</b> <i>Grammy-winning musician, actor, artist and humanitarian</i>	The Moody Theater <a href="http://acl-live.com">acl-live.com</a>
May 3	<b>Roger Waters The Wall Live</b> <i>Aural and visual masterpiece with full band and state-of-the-art production</i>	UT Erwin Center <a href="http://uterwincenter.com">uterwincenter.com</a>
May 5	<b>Tom Petty &amp; the Heartbreakers</b> <i>Legendary rock group with special guest Regina Spektor</i>	UT Erwin Center <a href="http://uterwincenter.com">uterwincenter.com</a>
May 5 - 6	<b>Old Pecan Street Spring Arts Festival</b> <i>A lively street affair with over 400 arts, crafts, food &amp; live music</i>	6th Street (East) <a href="http://oldpecanstreetfestival.com">oldpecanstreetfestival.com</a>
May 5 - 6	<b>Cinco de Mayo</b> <i>Festival at Fiesta Gardens Park</i>	<a href="http://cincodemayoatx.com">cincodemayoatx.com</a>
May 6	<b>Austin Lemonade Day</b> <i>A free, fun learning program that teaches kids how to start, own and operate their own business – a lemonade stand</i>	The Long Center <a href="http://austin.lemonadeday.org">austin.lemonadeday.org</a>
May 7	<b>Ruben Studdard</b> <i>After winning the title of "American Idol" in 2003, he has topped the charts in Pop, R&amp;B and Gospel</i>	One World Theatre <a href="http://oneworldtheatre.org">oneworldtheatre.org</a>
May 11 - 13	<b>Romeo &amp; Juliet</b> <i>A timeless and unforgettable tale of young love</i>	The Long Center <a href="http://Balletaustin.org">Balletaustin.org</a>
May 12	<b>Gardens on Tour</b> <i>Visit fabulous private gardens, the perfect Mother's Day gift!</i>	LBJ Wildflower Center 292-4100 <a href="http://wildflower.org">wildflower.org</a>
May 12	<b>Foreigner</b> <i>With special guest to be announced</i>	The Backyard <a href="http://thebackyard.net">thebackyard.net</a>
May 18 - 20	<b>Austin Auto Show</b> <i>Consumers to compare styling and pricing of virtually every major vehicle line under one roof in just a few short hours</i>	Austin Convention Center 479-0425 <a href="http://autoshowaustin.com">autoshowaustin.com</a>
May 26	<b>O'Henry Pun-Off World Championship</b> <i>One of the funniest events in Austin</i>	O. Henry Museum <a href="http://punpunpun.com">punpunpun.com</a>

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