



MERIDIAN RESIDENTS

Unofficial Newsletter of the Meridian Homeowners Association

The Monitor is a monthly newsletter mailed to all Meridian residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more. If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at PEELinc.com, or you can send an email to meridian@peelinc.com. Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

Austin Newcomers Club May Luncheon

Folks who have been in Austin for a while are familiar with Sue Patrick's clothing emporium. She has been in the clothing business in Austin for 37 years and at her current location, 5222 Burnet Road, for the past 13 years. The store is not like any other in Austin. The merchandise includes everything from UTT-shirts to formal wear. Sue specializes in Vera Bradley and Brighton Collection handbags and carries some wonderful clothing lines including FDJ Jeans, Not Your Daughter's Jeans, Foxcroft shirts and Joseph Ribkoff.In addition to great clothing lines, you will find special candles and home fragrances and University of Texas clothing and memorabilia. This is a very popular event, so be sure to make your reservations early.

WHEN & WHERE

Wednesday, May 16, 2012 at Green Pastures Restaurant, 811 West Live Oak Street, pre-payment \$20.00 Reservations are required. 11:30 a.m. socializing, Luncheon begins at noon. For Luncheon Reservations: Email: LuncheonDirector@AustinNewcomers.com

Austin Newcomers Club is a non-profit social and recreational organization dedicated to introducing residents to the Austin Community and giving them the opportunity to meet and make new friends. To Join Austin Newcomers Club: Any person who has a zip code beginning with 787 is eligible for a new membership with the annual dues payment of \$40.00, membership includes The Welcome Mat, the monthly newsletter, and the annual Members' Directory. Contact Dotti Thoms, New Member Services, at (512) 314-5100. You are invited to attend a morning or evening Welcome Coffee and Orientation. For more information visit the website at:

www.AustinNewcomers.com



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WELCOME

A Newsletter for Meridian residents

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Our goal is to keep you informed!

ADVERTISING INFO

Please support the advertisers that make The Monitor possible. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or <u>advertising@PEELinc.com</u>. The advertising deadline is the 9th of the month prior to the issue.

NEWSLETTER INFO

PUBLISHER

Peel, Inc. www.PEELinc.com, 512-263-9181 Advertising...... advertising@PEELinc.com, 512-263-9181

Teenage Job Seekers

Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Meridian teenagers seeking work. Submit your name and information to <u>meridian@peelinc.com</u> by the 9th of the month!

Circle C Manager/Director of Tennis Gives Advice on How To Play Tennis

Submitted by Fernando Velasco, General Manager, Circle C Tennis Club

In the previous issue, I answered questions about beginning to play tennis, and how to select tennis shoes. In this issue, I will answer questions regarding the proper selection of proper tennis attire.

Q: I want to start playing tennis, do I need special tennis clothes? A: The beauty of the sport is that you do not need to spend a great deal of money to purchase proper tennis attire. For men, a comfortable loose t-shirt and shorts with pockets will work nicely. For ladies, a t-shirt and a skirt or shorts with pockets to place the ball in when not in play.

Q: Are there any shirt styles better than other for men? A: Men have few options on shirts. The "polo" look is still popular but most players prefer the "crew" look. For a while, the "sleeveless" shirt was the "in" look when "Rafa" Nadal and other tour players were wearing it. This faded away when most changed his style to the "crew" look. Most players prefer the body map mesh and wicking for better cooling and ventilation. One hundred percent cotton t-shirts will get heavy and wet during the summer months and do not cool off the body as much as the new "wet and dry" materials.

Q: How about shorts for men? A: Tennis shorts come in different in seam sizes. The inseams range from 7" to 10" to fit to the man's height. They also have elastic stretching properties and will have two pockets in the front. They are woven shorts with wicking fabric finish to allow maximum stretching properties. Some poly knit shorts are also popular and they are very light and flexible.

Q: What about women's shirts? A: Women are much more aware of a proper fit for their tennis outfits. The three most popular styles are the "tank top", the "v-neck" and the "polo" shirt. Some women, who are aware of the damage that the sun may cause, will choose to have the full pullover that covers their neck and their arms. The popular "dry-fit" material is their number one choice with mesh inlets and some with full mesh in the back for cooling purposes. Colors will change from season to season and most of the women will stay with one particular fit

Q: What about shorts vs skirts? A: That is another major decision that women will need to make. The popular woven shorts allow maximum flexibility. These will also range on length from 12.5" to 14.5". Most skirts now have a compression short with pockets included with the skirt. Some prefer the flare skirt, while others like the side inset. Still, many prefer the woven short with fixed waist and front pockets for holding the tennis ball not in play.

Q: What about tennis dresses? A: They are on their way back to becoming stylish. Many tennis professionals are wearing them. Most companies will have one or two styles of dresses for each season. They either have a racerback tank with mesh insets with V-neck, back and

(Continued on Page 3)

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How to Play Tennis... - (Continued from Page 2)

side panels. They also have tank dresses with elastic straps, internal support bra, overlay front panel and pleated skirts. It will all depend on the proper fit.

In the next issue, I will answer questions about what to do after taking a series of lessons and you are practicing with a partner or spouse. Until then, start shopping around for your tennis outfit and begin playing the "sport of a lifetime: Tennis". :Like one of my students tells her accounting clients to use the "KISS" method, the same goes for tennis outfits: Keep it Simple, Simple, Simple and have fun!

CONGRATULATIONS TO OUR CIRCLE CTENNIS "IO & UNDER TEAMS"

Our "10 and under" tams have qualified for the finals of the CATA-USTA Playoffs following their successful rounds of play. The Circle C Aces will be bidding for first place in the league, and the Circle C Red, for fifth place. Matches are scheduled for April 28 and results will be announced in the June Newsletter.

"CIRCLE CACES" - RIGHT

Colin Doles, Brooke Taylor, Sol-Marie Nordstrom, William Ansdell, and Logan Lewis. Not in picture: Rohan Bhavsar, Jordan Jewell and Alex Johnson

"CIRCLE C RED" - BELOW

Eleanor Nelson, Sydney Johnson, Kayleigh Shumaker, Jaxson Hataway, Meagan Zeng and Arik Suez. Not in picture: Gabriella Saidleman, and Satvick Raghunathan





CIRCLE C 8.0 SUPER SENIORS WIN CHAMPIONSHIP

The Circle C 8.0 Super Seniors (60 and over) Team captured First Place in the USTA League. They finished the season with a 7-1 record. Players on the team are: Don Primosic (captain), Steve Thurber, Del Campbell, Andrew Kugler, Larry Eichenbaum, Bill Terry, Carl Morris, Jack Clow, Karl Kamrath, Richard Pleasant, Randy Dryer, Ron Tope and Fernando Velasco. They qualified to play Sectionals in New Braunfels in November. Good luck team!



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MAY EVENTS

at the Wildflower Center

TEXAS HIGHWAYS PHOTO EXHIBIT

Monday, May 7 through Sunday, May 13
Celebrate National Wildflower Week at the McDermott
Learning Center with a display of incredible wildflower
photography. Extended hours—5:30 to 8:30 p.m. -- on Tuesday,
May 8, and Thursday, May 10

GARDENS ON TOUR

Saturday, May 12, 9 a.m. to 5 p.m.

Five exquisite public gardens plus the Wildflower Center for \$25. Sign up at www.wildflower.org

MOLLIE STEVES ZACHRY TEXA ARBORETUM OPENING

Saturday, May 19, 1:30 p.m.

A superb collection of Texas trees, including the Hall of Texas Heroes, on 16 acres.

MEMORIAL DAY

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Recipe of the Month - Potato Cake Stacked Salmon

This recipe has it all; delicious salmon, watercress, tangy aioli all stacked onto a crisp potato pancake. My problem with this recipe is that I didn't make enough (or rather we ate it all). - By The Four Points Foodie

INGREDIENTS

- Salmon filet
- juice of 1 lime
- cedar plank
- 4 potatoes
- 1 egg
- 1/4 C flour
- Lawry's Season Salt
- 2 T olive oil
- 2 bunches watercress
- 4 T mayonnaise
- 1 1/2 T capers
- 1 T Durkee Sauce
- juice of 1 lemon
- salt and pepper
- zest of 1 lemon

DIRECTIONS

Preheat your grill and soak the cedar plank for about 30 minutes in water. Squeeze lime juice over salmon filet and season with salt and pepper. Place on cedar plank and grill until done and flaky. Peel potatoes and parboil whole for about 10 minutes, starting with potatoes covered with room temperature water and heat from there. Immerse in cold water. Remove from water, dry and let cool. Meanwhile, in a small bowl mash capers with a spoon. Then add mayonnaise, Durkee Sauce (or a brown mustard with a hint of horseradish), lemon juice and Lawry's Season Salt.



Once the potatoes are cool enough to touch, grate with a box grater into a medium bowl. Add a bit of Lawry's Season Salt. In a small bowl combine egg and flour and whisk well and add to potatoes. In a large fry pan, heat the olive oil over medium high heat. Make 4 large potato patties and place in hot oil. Leave it alone for 4-5 minutes until it crisps then flip to the other side and cook an additional 5 minutes. Drain on paper towels. To assemble, start with a potato cake, then a handful of watercress, then a piece of cedar plank salmon, topped with the aioli sauce. Garnish with zest of lemon and serve.



The 4th Annual Colin's Hope Classic Golf Tournament

Submitted by Carrie Wilkin

The 4th Annual Colin's Hope Classic golf tournament was held on April 18th at the beautiful Flintrock Falls golf course in Lakeway. This event is always a special one for the Austinbased, non-profit foundation, as it was the very first event that Colin's Hope hosted after setting out on its mission to raise water safety awareness to prevent childhood drownings. This year as every year since its inception many loyal golfers teed up to spend their day in support of the charity's mission, kicking off swim season with a great reminder of how to swim safely and enjoy the water this summer!

Today, nearly four years after the founding of Colin's Hope, many ask about the "success" or "impact" of the foundation. Defining "success" with a vision like that of Colin's Hope: a world where children do not drown, can be a challenge...when the loss of even one child's life is too many. However, the impact on our community that Colin's Hope has had is something that can begin to be measured now, and its accomplishments are many!

Colin's Hope has become the face of drowning prevention in the Austin-area and has made a name for itself in Central Texas, statewide and even nationally. This year the foundation received the Member Agency of the Year award and the Innovative Program of the Year award from Safe Kids Austin for its drowning prevention work. Colin's Hope also co-chairs the Central Texas Water Safety Coalition Board and holds a place on the Safe Kids Austin Board. The charity's message that "drowning is preventable" can be found all over our community during swim season, including Reagan billboards, more than 80 Peel, Inc. community newsletters, radio spots and numerous local TV interviews. Colin's Hope hosts several events that are now well-known and much anticipated, including the Kids' Triathlon and the Got2Swim open water swim in Lake Austin. These events draw lots of publicity and connect the foundation with its target audience: children, their parents and the swimming community. Olympic swimmers Brendan Hansen, Garrett Weber-Gale and Kathleen Hersey continue to support Colin's Hope and, together



with Nitro Swimming, hosted a Colin's Hope Got2Swim clinic in January to both raise funds and teach children better ways to swim safely. The foundation's list of community, statewide and national partners has grown exponentially. Colin's Hope grows stronger, smarter and more influential through its partnerships with organizations like Schlitterbahn, Pool Safely, Safe Kids, the YMCA, The Expedition School, World Water Park Association and the City of Austin, just to name a few.

But there is no better way to see the impact of Colin's Hope than through its annual Water Safety Walk. In its first year in 2010, Colin's Hope

distributed 5,000 water safety packets containing information on water safety and drowning prevention, including its 7 key water safety tips and a Water Guardian badge. In 2010, 50,000 packets were distributed, and the 2012 Water Safety Walk will reach 75,000 homes! Distribution of the packets has been focused in the zip codes identified as having the highest incidence of drownings in the Austin area, and, since the information was delivered, the number of drowning deaths in many of these areas has DROPPED TO ZERO! Now THAT feels like success…because if even one child is safe and alive today because of its efforts and the impact that Colin's Hope has made, isn't that exactly what the foundation set out to do?

Fortunately, they get to keep on doing just that...protecting children and keeping them safer in the water...through the support of the golfers, sponsors, prize donors and volunteers who generously donated time, energy and money to make the 4th Annual Colin's Hope Classic another tremendous success. Prizes were awarded for the top 3 scoring teams, as well as for longest drive, longest putt and closest to the pin, however, the real winners on this day were the children and families Colin's Hope works to protect!

The founders' son, Colin Holst, drowned in an Austin-area public pool in 2008 at the age of 4. Colin's Hope was started in his honor and, on tournament day, he was remembered time and again... as everyone agreed it was, as Colin used to say, "the best day ever!"





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COLIN'S HOPE

WATER SAFETY TIPS AT WWW.COLINSHOPE.ORG



Colin's Hope Upcoming Events Calendar

May-June: Water Safety Walk - Packet Stuffing and Distribution

June 14: World's Largest Swim Lesson at Schlitterbahn

June 16: Colin's Hope Got2Swim the Pure Austin Quarry

July 21: UltiFit Challenge #2 at Reveille Peak Ranch

August 30: Colin's Hope Got2Swim Lake Austin

September 16: Colin's Hope Kids Triathlon

Volunteer Signup - Register COLINSHOPE.ORG

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MERIDIAN MARKET UPDATE APRIL 2012



% Change Mo/Mo	0%	-1%	3%		1%		0%	-34%	23%	100%
Meridian Total	23	3,383	\$	121	\$	408	2009	65	16	8
>4500	2	4,540	\$	122	\$	555	2009	47	1	2
4000-4500	2	4,298	\$	131	\$	562	2011	0	2	1
3500-3999	7	3,712	\$	111	\$	413	2008	56	5	1
3000-3499	7	3,206	\$	119	\$	382	2009	91	4	1
2500-2999	2	2,777	\$	121	\$	337	2008	77	2	0
<2500	3	2,054	\$	138	\$	284	2008	71	2	3
	Homes Sold	Square Feet	Price / Sq. Foot		Sold Price \$K		Year Built	Days On Market	Available	Pendin Sale
Square Foot Range	TOTAL	AVERAGE						TOTAL		
	6 Months Sold History (10/2011 - 03/2012)								Current Market	

Market Report data was obtained from the Austin-Multiple Listing Service (MLS) on 04/04/2012. In some cases new construction and FSBO homes are not included in the MLS data and therefore are not represented. Data is deemed accurate but not guaranteed.



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