

Windermere Lakes

H O M E O W N E R S

A S S O C I A T I O N

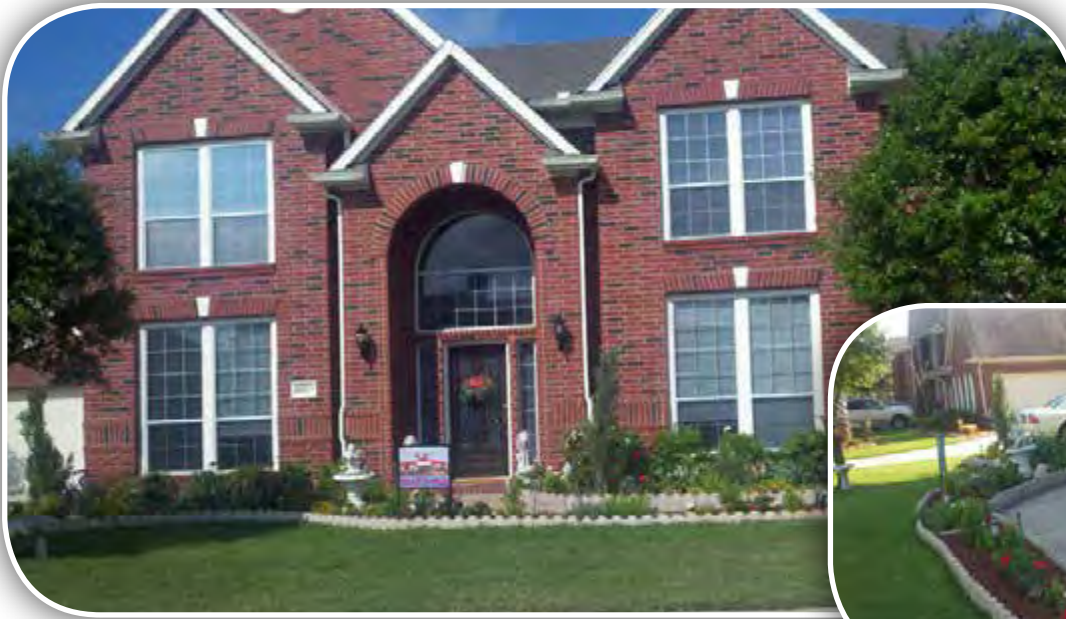


May 2012

www.windermerylakes.net

Volume 6, Issue 5

YARD OF THE MONTH



*April 2012
Yard of the Month
Winner:*

10223 Sand Dollar Dr.



Congratulations to Remanjon Henry and Bui Lien Huong, owners of this immaculately trimmed two story red home.

They will enjoy their Home Depot gift card and the coveted Windermere Lakes "Yard of the Month" signage in their front yard.

True landscaping beauty smiles and waves at you as you drive by. Its invitation is to stop and smell the beautiful Periwinkles, examine the vibrant red color of the Geraniums, explore the deep purples of the mini Hibiscus and gaze upon Bridle wreath and Juniper sprinkled throughout each of the beds.

This homeowner has actually captured the art of perfect plant placement, color design and the art of mixing sculpture into

the whole package. A true yard of pleasure immediately draws a visitors attention past the Fountains, sculptures, and bird baths to a very colorful wreath on the front door which fulfills the added touch to come and enjoy. It's definitely a Happy Place. Also notice a well-placed yard bench thoughtfully placed under a tall shade tree so you can just sit, enjoy the beauty or watch the grass grow. This yard has an Arboretum feel as you view the mixture of green plants and shrubbery carefully placed to create different color variations as the seasons change colors.

I personally love the welcoming effect of all shrubs and flowers as you view this property. The moment you step onto the driveway in your approach to the sidewalk there is a vision of plants still in their pots which are easily removed should

temperatures change or a change of design be desired. And changes can be made with little or no effort. Very smart planting and creative design thinking is seen in this homeowners plan. But it doesn't stop there- as you continue to gaze at this lusciousness yard notice how the choice of high and then low edging causes the plants to seem taller than normal early in the bloom season. Low edging opens up the beds full view showing all plants waiting to bud and leaf-out for a colorful summer bloom.

Special thanks to these Windermere Lake Homeowners for beautifying our neighborhood and keeping our property values up, up, up!

*Till next month "Happy Planting",
Richard and Marilyn Schaefer
Landscape Committee*

IMPORTANT NUMBERS

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Center Point Energy - Customer Service (Gas).....	713-659-2111
Cy-Fair Fire Dept	911
Cy-Fair Hospital.....	281-890-4285
Animal Control.....	281-999-3191
Center Point (Street lights)	713-207-2222
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NW Harris County MUD #29	713-983-3602
Post Office.....	713-937-6827
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Comcast Cable/Communications.....	800-266-2278
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Southwest Water Company	713-405-1750
(Service/Billing - NW Harris Co. MUD #29)	

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community newsletters



ADOPTION COALITION OF TEXAS

Brandon

SEPTEMBER 2001

Brandon will make you smile when you first meet him! He is such a sweet, funny, outgoing child. He is eager to participate in all activities from arts & crafts to playing sports. He thrives when receiving lots of attention and enjoys hugs. He is so excited to have a forever family. Brandon needs an active family that will provide him structure and lots of love. For more information on Brandon, please contact Stephanie Berka at the Adoption Coalition of Texas by email stephanieberka@adopttexas.org or by phone: 512-450-8750.



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Contact: Kathey Hoffmaster x240
Gerri Rougeau, Windermere Lakes Resident

Windermere Lakes

Looking for Volunteers!

Center for Cultural Interchange is looking for volunteer hosts for foreign students. These students need a caring and safe environment to stay for the school year. Our students come from over 60 countries and are high school aged. They have their own spending money and are fully insured. Hosts are required to provide a bed and meals in their home. Searching for volunteers for the fall school year now. For more information or to get started please contact Jennifer Tausworthe at 713-203-6556 jennifer4cci@aol.com



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Celebrate Cinco de Mayo at Spring Festival

DATE:

Saturday, May 5, 10 a.m. – 5 p.m.

TIMES:

Live Auction: 1:15 p.m.

Silent Auction: 10 a.m. to 3 p.m.

Lunch: Served 11 a.m. - 3 p.m.

Barbecue, Chicken Burrito, or Hamburger/
Hot Dog (Adult Plate: \$8.00, Kid's Plate:
\$6:00)

ACTIVITIES:

All-Day Kids' Activity Passes: \$15.00
(individual activity tickets also available
starting at \$0.25 each.)

LOCATION:

18806 Roberts Road, Hockley, Texas 77447,
19 miles west of Beltway 8 off Highway 290.

On Saturday, May 5th, Boys and Girls Country of Houston will host their annual Spring Festival on their campus in Hockley, Texas. Located 35 miles northwest of downtown Houston, Spring Festival is a great way for families to spend the day.

Spring Festival promises to be a huge celebration for community and family with a lively Cinco de Mayo theme. Admission and parking are free, and children's all-day event passes are only \$15 each. Booths will include a number of inflatable rides like King of the Mountain, Shark Slide, and Water Balls; a Slime Machine booth where you can slime your favorite person, and crafting booths for the little ones. There will be three stages with a variety of live entertainment, including Spanish musicians, Gospel singers, and solo artists.

"All of the proceeds of Spring Festival go directly to helping us provide a Home for our children," said George O'Neal, Director of Spring Festival and Community Relations. "This is going to be our largest and most exciting Spring Festival ever with many new additions that add fun and excitement."

For 41 years, Boys and Girls Country has provided a Home for children from families in crisis. They raise 88 children at their main campus and provide support to 55 young adults in their College and Career program. Boys and Girls Country is not a United Way member agency and does not rely on federal or state funding.

SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email the picture to newsletter@windermerylakes.net. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



ARTICLE SUBMISSIONS

If you would like to submit an article or any information for the Windermere Lakes Newsletter, you may do so by sending the information to newsletter@windermerylakes.net.

*This information should include your name. All information should be received **no later than the 9th of the month** and is subject to editorial approval as well as space limitations.*

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A FOCUS ON PHYSICAL ACTIVITY

Pathway to Improved Health

By Concentra Urgent Care

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

Any physical activity is better than no physical activity

- Includes people with disabilities
- Far outweighs the possibility of risk of injury or illness

Most health benefits occur with at least 150 minutes a week

- Both aerobic (endurance) and muscle-strengthening (resistance) are beneficial

For most people, additional benefits occur when

- You increase the intensity of your physical activity
- You increase the frequency of your physical activity
- You increase the duration of your physical activity

SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.

For more information on total fitness programs in general, you can contact your health care provider, your Concentra health specialist, or visit the National Safety Council's Web site at: <http://www.nsc.org/resources/Factsheets/hl/fitness.aspx>.



DROWNING IS PREVENTABLE



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Did you know that drowning is still the #1 cause of accidental death for children under 5 and the #2 cause for children ages 1-14?

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Please keep your family safe around water and have the
Best May Ever!

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ALL POOLS & HOTTUBS**



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BATHROOMS SAFE**



LEARN CPR



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