



# The Jester Warbler

Official Publication of Jester Homeowners Association, Inc.

July 2012

Volume 7, Issue 7

## 2012 Neighborhood Habitat Challenge

*by Patricia Seeger*

Several years ago, the Jester neighborhood participated in the Neighborhood Habitat Challenge and we won. We can now re-enter the challenge as enough time has passed. Dale Bulla is ready to enter the challenge if enough Jester residents want to participate. The rules are fairly easy:

1. Create and Provide these habitat basics – Food, Water, Cover and Places to raise wildlife young.
2. Neighborhood participates in a Jester community habitat project. (we have one)
3. An article about the Habitat Challenge is published in a neighborhood newsletter and/or website. (done)
4. Neighbors certify their properties with the National Wildlife Federation at <http://www.nwf.org/Get-Outside/Outdoor-Activities/Garden-for-Wildlife/Create-a-Habitat.aspx?campaignid=WH09ASLP> or with a City of Austin pre-paid application by Nov. 14, 2012
5. Celebrate! The top three neighborhoods that complete all the requirements and certify the most new habitats between April 15th and Nov. 14th, 2012 will be recognized by the City of Austin and eligible for prizes.

*To request a pre-paid habitat certification application or for contest details, contact the Wildlife Austin program at 512 978-2606 or [www.keeptaustinwild.com](http://www.keeptaustinwild.com). If you are interested in creating a habitat in your yard, contact Dale Bulla at [dale-bulla@pobox.com](mailto:dale-bulla@pobox.com) for additional information and advice.*

## GREEN TIPS

### STAGE 2 WATER RESTRICTION STILL IN EFFECT

*by Dale Bulla*

Many of our neighbors have forgotten that the watering restrictions for the City of Austin are still in effect. That means once a week watering for automatic irrigation systems until further notice. Odd addresses water Saturday before 10 AM and after 7 PM. Even addresses water Sunday before 10 AM and after 7 PM. Hand watering may be done at any time.

*More information may be found at:*

*<http://www.austintexas.gov/department/water-conservation>*

*For rebate information email or call:*

*[watercon@austintexas.gov](mailto:watercon@austintexas.gov) | 512-974-2199*



JOIN US FOR THE  
4TH OF JULY  
PARADE!

Paint your wagons, decorate your bikes, your pets, and yourself, and join in this festive parade! Gather at Jester Club at 9:30 am (you don't need to be a member of the club to participate). Parade route will be up Jester, around Basil, and back. Games and activities to follow!

## Board of Directors

[www.JesterNeighbors.com](http://www.JesterNeighbors.com)

### President

Diana Miller..... (H) 512-496-0777  
..... diana0777@att.net

### Treasurer

Glen Brown..... (H) 512-241-0283  
..... gm.brown@att.net

### Social Committee Chair & Warbler Co-Editor

Teresa Gouldie ..... (C) 512-751-8000  
..... tgouldie@gmail.com

### CONA Committee Chair

Glen Brown..... (H) 512-241-0283  
..... gm.brown2@att.net

### Secretary

Patricia Seeger ..... (H) 512-585-5389  
..... prseeger@austin.rr.com

### Architectural Control Committee Chair

Ashby Mcdonald ..... 512-203-7919  
..... ashbymcdonald@austin.rr.com

### Restrictions Violations Committee Chair

Rick Toth ..... 512-342-8936, rstoth@hotmail.com

### Warbler Co-Editor and Email Alert

Diana Miller..... diana0777@att.net

### Homeowner's Association Mgmt - Carol Wolf Mgmt

Carol Wolf ..... (W) 512-258-8200, (Fax) 512-336-7244  
..... carolwolf@austin.rr.com

#### Office:

1001 Cypress Creek, Suite 105  
Cedar Park, TX 78613

#### Mailing Address:

P.O. Box 202101  
Austin, TX 78720

## Newsletter Information

### Co-Editors

Diana Miller..... diana0777@att.net  
Teresa Gouldie ..... tgouldie@gmail.com

### Publisher

Peel, Inc. .... www.PEELinc.com, 512-263-9181  
Advertising..... advertising@PEELinc.com, 512-263-9181

## ARTICLE SUBMISSIONS

Interested in submitting an article? You can do so by emailing  
diana0777@att.net or by going to:

[www.peelinc.com/articleSubmit.php](http://www.peelinc.com/articleSubmit.php).

*All news must be received by the 12th  
of the month prior to the issue.*

**NOT AVAILABLE  
ONLINE**

## BUSINESS CLASSIFIED

**JOE KASSON PAINTING** - 512-312-1035: Residential Specialist since 1976. Interior and Exterior Painting, Carpentry and Siding. Quality Work Competitive Prices. Experienced Dependable Insured. Neighborhood References. Free Estimates. [www.joekassonpainting.com](http://www.joekassonpainting.com).

### *Classified Ads*

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

## CERTIFIED WILDLIFE HABITAT

**6904 JESTER WILD**

*Congrats!*

Join your other neighbors by having a certified wildlife certification for your yard and attract birds and butterflies while you save water!

For more info contact Dale Bulla [dale-bullah@pobox.com](mailto:dale-bullah@pobox.com).



### **Dr. Michael S. Lifshen**

Board Certified Family Physician  
Jester Homeowner

Flu shots are in!  
Now offering allergy testing

## Capital Family Practice

912 Capital of Texas Highway, South  
(between Bee Cave Rd. & Lost Creek Blvd.)

Same day appointments available - Call 306-8360

[www.capitalfamilypractice.com](http://www.capitalfamilypractice.com)

Now Accepting Summer Camp Enrollment!



Offering 3 Convenient Austin Locations!

#### **Steiner Ranch**

4308 N. Quinlan Park Road | Suite 100  
Austin, TX 78732 | 512.266.6130

#### **Jester**

6507 Jester Boulevard | Building 2  
Austin, TX 78750 | 512.795.8300

#### **Bee Caves**

8100 Bee Caves Road | Austin, TX 78746  
512.329.6633



"Summer Under the Rainbow" is a flexible 11 week summer camp. Space is limited; sign up today at one of our three schools.

..... [www.childrenscenterofaustin.com](http://www.childrenscenterofaustin.com) .....





# TORNADOS

## 2012 ASC Baseball Champions



## 2012 Summer Camps

### Boys Basketball

July 2-3 & 5-6  
contact: 512-313-4504

### Baseball

July 9-12  
contact: 512-313-4509

### Boys & Girls Volleyball

July 16-19  
contact: 512-313-4510

For up to the date information  
please check out our website at:

[athletics.concordia.edu](http://athletics.concordia.edu)

## WELCOME

## COMMITTEE NEWS

*The Welcome Committee continues to be busy & has recently delivered 5 Welcome Packages to new Jester Residents. We delivered to:*

**Santiago on Fig Vine Cove.** Santiago is a long term Austinite and has a Family Practice downtown. **A family with 2 children on the 8000 block of Bottlebrush.** The children will be attending the same schools their mother attended as a child. **Keith and Molly with their 2 year old Morgan on the 7000 block of Beauford.** They moved from another house in Austin. **Andrew on the 8200 block of Crabtree Drive.** Andrew moved here from Atlanta. **Nancy and Lexi on Pampas Cove.** They came from California, but just moved from Lakeway.

Please welcome these newcomers if you live on their block. If you've recently moved to Jester and we haven't delivered a Welcome Package to you, please contact JoAnn Welles at [joann-welles@sbcglobal.net](mailto:joann-welles@sbcglobal.net) or 512-346-0349.



**KEITH & MOLLY ON THE 7000 BLOCK OF BEAUFORD**



**SANTIAGO ON FIG VINE COVE**

## PET REGISTRY

*Get your pets registered TODAY! This is a complimentary neighborhood service!*

***Mail (or drop off) your pet info to:***



Carol Philipson  
7502 Clematis Cv  
Austin, TX 78750



Include type of pet, name, male or female, description, age, medications, veterinarian's name, whether it is microchipped, and pet owner's name, address, and contact information.

***For lost or found pets, call 338-1519.***

## SIGN UP FOR JESTER EMAIL ALERTS!

Visit Jester Homeowner's Association website and sign up to receive pertinent neighborhood email alerts.

[www.JesterNeighbors.com](http://www.JesterNeighbors.com)

**Community Registration Code: 3328 - REGISTER TODAY!**

## Jester Homeowner's Association Website!

[www.JesterNeighbors.com](http://www.JesterNeighbors.com)

Community Registration Code: 3328

**PET REGISTRY • SPECIAL ANNOUNCEMENTS:  
ONLINE & VIA EMAIL • ONLINE SUGGESTION BOX:  
MAKE SUGGESTIONS TO THE ASSOCIATION BOARD •  
IMPORTANT HOMEOWNER ASSOCIATION  
DOCUMENTS ... & MUCH MORE**



***Register today! Sponsored by  
Jester Homeowners Association, Inc.***

*The brands to support his active lifestyle...*



*...with the convenience to support yours.*


# **petsense**

*The Brands You Love  
The Savings You Seek  
The Convenience You Need*

## **Text "FourPoints" to 63566 for a 10% savings coupon**

Save an additional 10% by visiting our website at:  
**PetsenseFourPoints.com**



Located in the former West Marine location in  shopping center.

7900 N FM 620  
Austin, TX 78726



## NATUREWATCH - CHRISTMAS IN JULY

By mid-summer in Central Texas, most of us dream of some relief from the heat, but did you know that you can find a reminder of the winter holidays thriving in the searing hot temperatures? Two native poinsettias, the Wild Poinsettia (*Euphorbia cyathophora*) and Mexican Fireplant (*Euphorbia heterophylla*), are present in our area and are related to the popular Christmas poinsettias (*Euphorbia pulcherrima*), which has large red, pink, yellow, or white leaves just below the flowering cluster. The showy colored parts of poinsettias that most people think are the flowers are actually colored bracts or modified leaves.

Wild Poinsettia, also called Fire on the Mountain, is a 'dwarf poinsettia' 1 to 2 feet tall with green stems and alternating lobed leaves, with the uppermost leaves having red blotches near the base. The flower clusters are small and yellowish, and bloom from May to November, usually peaking in the height of summer. Its scientific name is composed of the genus *Euphorbia*, named after the corpulent Greek physician Euphorbus and meaning 'well fed', and the species name of *cyathophora* meaning 'cup bearing', which refers to the bowl-shaped structures supporting each flower. While this plant can be invasive, it is a good native filler plant and can be an interesting addition to a sunny flowerbed containing sandy, well-draining soil.

The Mexican Fireplant (*Euphorbia heterophylla*) is native to Mexico and Central America, as well as across the southern tier of



**WILD POINSETTIA**

*photo by Joseph A. Marcus*



**MEXICAN FIREPLANT**

*photo by Robert L. Stone*

the United States from California through Texas to Florida. Blooming from late July to September, this 2 to 3 foot tall plant also has tiny flowers lacking petals within a 5-lobed gland-rimmed cup, all in a cluster on top of a leafy stem and just above partly red, white or yellow leaves. It grows in open or wooded sandy areas, and prefers full sun to partial shade. Often, when left grown wild as a 'weed', this plant loses its striking coloration.

Both Wild Poinsettia and Mexican Fireplant are members of the Spurge family, which includes about 7500 species, each having milky sap and found growing in mostly warm or hot regions. Plants in this family have produced valuable products such as rubber, castor & tung oils, and tapioca. Most are poisonous, however, and the sap can mildly irritate the membranes of the eyes and mouth. In the wild, these species are also considered 'ruderal species', or the first to colonize either natural or human disturbed lands. They typically dominate a disturbed area for a few years, gradually losing the competition for resources to other, longer-lasting native plant species.

The Christmas Poinsettia is native to Mexico and Central America and is generally found in the form of a shrub or small tree. Native peoples of Chile and Peru called this plant the 'Crown of the Andes', and the Aztecs, who made a reddish purple dye from its bracts, called it 'Cuetlaxochitl', meaning 'mortal flower that perishes and withers like all that is pure.' This fall, why not plant some of our smaller festive natives in your wildscape, and next summer let them remind you of cooler times when the temperature outside hovers around 100 degrees!

*Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. If you enjoy reading these articles, look for our book, *Nature Watch Austin*, published by Texas A&M University Press.*

## Jester Village Shopping Center

**Executive Office  
Space Available**

**150-1250 ft**



**Space Available**

**Retail Medical  
Office**

Graham Properties Real Estate  
6507 Jester Blvd, Building Five/ Ste 510-J  
Austin, Texas 78750

*For More Info,  
Contact Us  
Today!*

James Graham  
Phone: 512-345-9400, Fax: 512-372-9990  
[grahamproperties@gmail.com](mailto:grahamproperties@gmail.com)

### **CENTRAL AUSTIN**

908 E. 49 1/2 St  
M-F 9-6 | Sat 10-4  
512.452.1560

### **SOUTH AUSTIN**

4211 S. Lamar  
Target Shopping Center  
M-S 9-8 | Sun 12-5  
512.445.4549

### **WESTLAKE**

3300 Bee Cave Rd.  
Randall's Shopping Center  
M-S 9-7 | Sun 12-5  
512.306.1121

### **LAKEWAY**

2303 RR 620 S.  
Randall's Shopping Center  
M-S 9-7 | Sun 12-5  
512.344.9111

### **CIRCLE C**

5900 W. Slaughter Ln.  
Escarpment Village  
M-S 9-7 | Sun 12-5  
512.276.2057

### **CEDAR PARK**

FM1431 @ Parmer Lane  
H-E-B Shopping Center  
M-S 9-7 | Sun 12-5  
512.260.8566

### **FOUR POINTS**

7301 Ranch Road 620 N.  
HEB Shopping Center  
M-S 9-7 | Sun 12-5  
512.215.9242

**WE'RE LOCAL.**

**WE'VE GOT IT.**

**COME AND GET IT!**



**All-Natural  
Nutrition  
For Your Pets**

[WWW.TOMLINSONS.COM](http://WWW.TOMLINSONS.COM)



## What to Look for in a Pet Food

Pet nutrition and pet food selection has improved significantly over the last few years, however, there is still a lot of confusion regarding what to feed our four-legged friends.

Following the horrific melamine pet food recalls of 2007, much research has been dedicated to learning more about pet nutrition and how pet food is manufactured and distributed to consumers. This has spawned a greater selection of high-quality, pet super-foods. However, it has also prompted some companies who still make cheap, low-quality pet food to simply change their packaging to dupe consumers into believing that they're buying food filled with wholesome fresh meat, fruits, and vegetables.

Don't be fooled! A pretty bag with pictures of cascading corn and carrots does not a quality pet food make. Read the ingredient label to see what's really in the bag and in your pet's food bowl.

Here are some things to look for in the ingredient label and to consider when choosing a food for your furry family members.

### PROTEIN

A named protein and/or protein meal should be first on the ingredient list. For example, if you're buying a chicken formula pet food, look for, "chicken," or, "chicken meal," as the first ingredient, not chicken by-product. Remember: meal is a good thing, by-product is a bad thing. Also, if a protein source is not named - beware. For example, if the ingredient label reads, "meat meal," you have no way of knowing what the protein source is and should be wary. It could be anything from aardvark to zebra. The best pet foods have two or three protein sources in the first five ingredients listed.

Confused about the difference between chicken and chicken meal? Chicken, or any other protein source listed in the ingredient

label, means that fresh meat was added to the mix before cooking. This is great! But just like our bodies, animals are about 70% water. So, when the mixture is cooked, the fresh meat in it loses volume, thereby decreasing the amount of protein in the final product. Chicken meal, on the other hand, is chicken meat, bone and some connective tissue that has been cooked, dried and added to the mix before cooking, which ultimately increases the protein level of the food.

### VEGGIES, FRUITS & WHOLE GRAINS

Like humans, pets benefit from the vitamins and enzymes in fresh vegetables and fruits. Look for quality produce and complex carbohydrates like carrots, spinach, pumpkin, etc. as well as whole grain rice, oats, and/or barley. These healthy foods have lower glycemic index ranges, which will

*(Continued on Page 9)*

**Trusted & Affordable Dental Care!**

**New-Patient Special - \$138**  
Includes an exam, cleaning, polishing & x-rays. Does not include periodontal (gum) therapy.

**Welcome Children's Exam & Cleaning - \$99**  
Includes an exam, cleaning, necessary x-rays & a fluoride treatment. Offer good for new & returning patients.

**Whitening Special!**  
**In-Office Whitening - \$300 • Take-Home Trays - \$150**

- We Handle Patient Insurance Claims
- Now in Network With Humana, Delta, United Healthcare\*



  
**FOUR POINTS DENTAL**  
Four Points Dental, P.A.  
**MELINDA S. JONES, D.D.S.**  
*Serving Austin for 22 Years!*  
**(512) 250-0506**

  
**7301 NORTH FM 620, SUITE 150 • AUSTIN**  
**Convenient Appointments Before & After Work!**

**Austin's Only ZIPLINE**

**Your Family will love it!**

**"...Most Incredible Experience EVER!"**  
5 STARS on TRIP ADVISOR

**Thrilling 2.5 hr Tours**  
**Zip over Lake Travis**  
**Private Lakefront Park**

**Longest Zipline in TX!**

**Lake Travis ZIPLINE ADVENTURES**  
*Go Big Get Wet*

**CALL 512.614.1996**  
**WWW.ZIPLAKETRAVIS.COM**





## What to Look for in a Pet Food - (Continued from Page 8)

keep your pet more satisfied and will help to avoid sudden drops in energy levels. Avoid highly processed grains such as corn, wheat and rice. As with humans, these are empty fillers and fast burning carbohydrates.

### US SOURCED

Do a little extra digging to find where the ingredients of a food you're considering are sourced. Often, you can find this information on the manufacturer's website. If not, call them and ask. Look for foods made with ingredients from the US. This will help you take advantage of the strict, governmental regulations that watch pet food manufacturers and that are there to protect you and your pets from contamination. Furthermore, buying products made in the US is just plain good sense for the local economy and environment.

### WHAT TO AVOID

By-products and by-product meals should be avoided for a number of reasons. First, you have no way of knowing exactly what the ingredient is, but you can be sure that it is a low-value portion

of the animal. In addition to the ingredient itself being dubious, low-value products are not handled with the same care as higher-value products, so they could become rancid or exposed to harmful

bacteria. Also avoid sweeteners, which are added to poor quality foods to enhance palatability. Other ingredients to avoid are artificial preservatives such as BHA, BHT, and ethoxyquin, and artificial colors.

Once you've narrowed your choices down to a few based on quality ingredients, then consider your pet's specific health needs. Is your pet overweight, underweight, young, adult, or senior? Does he/she have allergies or itchy skin? There are high-quality foods that are formulated to address all of these issues and more.

After you've finally chosen a healthy pet food and are ready to purchase, be sure to check the "Best By," date. In quality, natural foods, this will be about 12 months from the manufacture date. When dishing out the new grub to your pet, start by mixing it with a bit of his last diet to help his tummy transition.

Do this for about a week, adding a little more of the new food everyday. By day seven, your pet should be ready for full servings and a fuller life.



# Did you forget the name of that...



Visit here to find **YOUR** local businesses:  
[www.peelinc.com/businessDirectory](http://www.peelinc.com/businessDirectory)



## Salt of the Earth: Sodium & Your Health

### TIPS FOR REDUCING SODIUM FOR BETTER HEALTH

Sodium is everywhere—swirling in the oceans, stored in vast underground crystalline deposits—and contained in just about every food and drink imaginable.

The fact is, sodium is as an essential, life-sustaining ingredient for every known plant and animal on the planet. Without sodium, our bodies would cease to function. Sodium helps our cells draw in nutrients, maintains balanced pH levels, enables nerve function and muscle contraction, helps regulate your heartbeat, and is a key component of your bones, explains Jose Mejia, M.D., a cardiologist for The Austin Diagnostic Clinic (ADC).

Yet too much of this essential element can pose serious health risks in people, including high blood pressure, heart disease, stroke, kidney disease, and congestive heart failure. According to the U.S. Department of Health and Human Services (HHS), the average person should only consume 2,300 milligrams (mg)—about one teaspoon full—or less, per day. If you are 51 or older, are black, or already have high blood pressure, diabetes, or chronic kidney disease, then you should limit your intake to 1,500 mg or less per day, Dr. Mejia adds.

“Unfortunately, the average American gets about 3,400 mg of sodium a day, which is far more than is recommended for good health,” Dr. Mejia says. “Keeping the amount of sodium you eat under control can be challenging, but understanding the main dietary sources of sodium is one of the best ways to start lowering your intake.”

#### SALT BY ANY OTHER NAME

One of the most troubling parts of monitoring your sodium intake is understanding how extensively the food industry uses sodium as a flavor enhancer and as a preservative in everything from bread to canned soup. And then there’s a matter of naming conventions. Common table salt, otherwise known as sodium chloride, is just one form of sodium. There are many other compounds that contain sodium, including monosodium glutamate (MSG), baking soda, baking powder, disodium phosphate, sodium alginate, and sodium nitrite (sometimes just nitrite).

“Most of the sodium we eat comes from processed foods and foods prepared in restaurants. Sodium is already part of processed foods and cannot be removed. Even fresh fruits, meats, vegetables and dairy products contain sodium,” Dr. Mejia notes. “However, food manufacturers and restaurants can produce foods with far less sodium. In addition, you can select lower sodium foods when possible, and you can cook more foods yourself to better control how much sodium you eat.”

#### SHOPPING SMART TO REDUCE SODIUM

The most practical way to reduce your sodium is by altering what you bring home from the grocery store. Many items like baked goods, breakfast cereals, soups, and lunchmeats are very high in sodium.

“Pay very close attention to food labels,” Dr. Mejia says. “It may add extra time to your shopping trip, but it’s important to understand just what the food industry means when it uses sodium-related terms.

Portion size is just as important. Frankly, it’s the only way to make sure you are not eating too much sodium.”

*Here are some of the most common terms used on food packaging. If it doesn’t have a label, your best option may be to avoid buying it.*

- **“Sodium free” or “Salt free.”** Each serving of this product contains less than 5 mg of sodium.
- **“Very low sodium”**- Each serving contains 35 mg of sodium or less.
- **“Low sodium”**- Each serving contains 140 mg of sodium or less.
- **“Reduced” or “Less sodium”**- The product contains at least 25 percent less sodium than the regular version. Check the label to see how much sodium is in a serving.
- **“Lite” or “Light in sodium”**- The sodium content has been reduced by at least 50 percent from the regular version.
- **“Unsalted” or “No salt added”**- Not salt is added during processing of a food that normally contains salt. However, some foods with these labels may still be high in sodium because some of the ingredients may be high in sodium.

#### A DASH OF SOMETHING ELSE

The widespread use of sodium means it can be challenging to avoid, especially if you are traveling with limited food options at airports. In that case, bringing low sodium snacks is a good option. At home, consider using alternative seasonings that are sodium free. Eventually, your taste buds will adjust to the lower sodium options.

“It takes some effort, but a low sodium diet can have tremendous health benefits,” Dr. Mejia says. “If you are concerned or curious, it may be a good idea with check with your physician about the amount of sodium you are eating.”

*Jose Mejia, M.D., Cardiologist  
The Austin Diagnostic Clinic,*





## ***Ski Shores Café Welcomes Summer with Dockside Pick-Up Service, Live Music and Family-Friendly Movie Nights All Summer Long***



Fun in the sun and relaxed lakeside dining are on the menu this summer at **Ski Shores Café**, the 57-year-old iconic Lake Austin family restaurant and bar. The restaurant is ushering in Central Texas' summer evenings with spectacular sunset views and a menu packed with tempting burgers, tacos, pizza and much more! In addition, Ski Shores is now offering **dockside pick-up**, a service that allows restaurant patrons to call in their food orders to-go, cruise on over to one of Ski Shores' designated boat slips and pick up their meals by a friendly member of the Ski Shores wait staff.

Ski Shores Café is also offering an array of fun seasonal activities, including **live musical entertainment** and **family-friendly movie nights**. Throughout the summer, Ski Shores will welcome a variety of Austin musicians who will perform live music Friday, Saturday and Sunday afternoons on the café's newly improved outdoor stage. The recently added deck seating and covered palapa are

ideal for casual lakeside evenings spent kicking back, sipping on a cool beverage from the full bar and taking in a live show.

While Mom and Dad enjoy the live entertainment, the kids will be enthralled by the giant playscape, which will have extended evening hours during the summer. At sundown on **Friday Family Fun Nights** all spring and summer, families can gather around the Ski Shores fire pit, enjoy some free gooey s'mores and take in a family-friendly movie.

Located just off City Park Road south of Austin's 360 Bridge, Ski Shores Café is a full-service restaurant that boasts plenty of indoor and outdoor space for laid-back lakeside events. Guests can even park their boats in one of the many boat slips, and step off the lake and into the restaurant for a quick afternoon bite or an entire evening of dining while enjoying the lake atmosphere. With indoor and outdoor TVs, and lots of arcade games for the kids, Ski Shores ensures the whole family will be entertained in this cozy, beach-style environment.

The menu at Ski Shores Café is just as iconic as this captivating establishment. From appetizers and burgers, to tacos, pizzas and dessert, Ski Shores' recently updated menu has something to please every taste. The menu features longtime favorites like the Border Burger, the infamous Scooter Burger, and Ski Shores' legendary 14- and 16-inch pizzas. Some new classics and Austin staples include the Fish Tacos, Catfish and Shrimp Baskets, and the Garden Fresh Salad with Grilled Chicken, a "fave on the lake." The kids' menu features all-time classics like Chicken Tenders, Grilled Cheese, Corndog Bites, and Cheese Quesadillas, all served with a drink and a choice of fries, coleslaw, chips or applesauce.



For more information about the iconic Ski Shores Café, visit [www.SkiShoresAustin.com](http://www.SkiShoresAustin.com).

# Jester Estates

At no time will any source be allowed to use the Jester Estates Community Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Jester Estates Homeowner's Association and Peel, Inc. The information in the newsletter is exclusively for the private use of Jester Estates residents only.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



## STORK

## REPORT

**PLEASE SUBMIT INFO  
AND PHOTO!**

**If you have a new arrival (baby or grandbaby), email us the pertinent information along with a photo and we'll publish it in the Warbler. Let your neighbors share in celebrating your happiness! Email info on the arrival of your little one to Teresa at [tgouldie@gmail.com](mailto:tgouldie@gmail.com)**



### What can BROWN paint for you?

INTERIOR/EXTERIOR PAINTING  
RESIDENTIAL & COMMERCIAL  
GENERAL REPAIRS/CARPENTRY  
SHEETROCK REPLACEMENT  
TEXTURING & FAUX FINISHES  
CUSTOM STAIN & VARNISH

### Why should BROWN paint for you?

FREE ESTIMATES  
BONDED & INSURED  
EXCELLENT REFERENCES  
FAMILY-OWNED & OPERATED  
MEMBER OF TRCC

**10% OFF OUR SERVICES\***  
\*(when you mention this ad, one per customer)

**[www.brownpaint.com](http://www.brownpaint.com)  
512.506.9740**

# DID YOU SAY FREE?

(yes.)

**YOUR NEWSLETTER  
IS PROVIDED 100% FREE  
OF CHARGE TO YOUR HOA...**

and is made possible by the advertisers within.

Please frequent their businesses and let them know where you saw their advertisement.

While there, be sure to say "Thanks!"

[www.PEELinc.com](http://www.PEELinc.com)





## SOCIAL GROUPS

### CONTACT INFO

**BUNKO** - If you'd like to join or be put on the list as a sub, contact Carol Biggar at cabiggar@austin.rr.com or 512-795-8446 (home) or 512-914-7517 (cell). They are a lively group and play on the 1st Thursday of every month at 7 pm.

**CYCLING** - Want to join a Jester road biking group and participate in organized rides? Contact Troy Reish at troy.reish@gmail.com or call 241-0592.

**FOODIES OF JESTER** - Join our new group...meet friends and enjoy great food! Contact Rachelle Abercrombie at 512-779-5298 or rabercrombie@hotmail.com.

**HILL 2011 KINDERGARTEN GROUP** - This group is helping connect Jester families with others who also have children entering Hill Kindergarten in the Fall 2011. Email beth@schaffer to be added to our email distribution list.

**JESTER DOG LOVER'S GROUP** - Put a smile on your dog's face and a wag in his tail — sign up now to be a founding member of the Jester dog lovers group. Contact Carol Powell at 340-0321 or email her at carolpowell@austin.rr.com

**JESTER KIDS YAHOO GROUP** - This group is helping Jester parents connect with other parents who have children with similar ages or interests! Email jesterkids-subscribe@yahooogroups.com to subscribe.

**JESTER PAGE TURNERS** - Check out the Jester Page Turners, a neighborhood book group that meets the second Wednesday evening of each month. Contact Rachelle Abercrombie at 512-779-5298 or rabercrombie@hotmail.com.

**JESTER UNCORKED** - Wine lovers of Jester, unite! Join our ever-growing group of wine lovers. Contact Tonya Andrien at (512) 795-0086 or tandrien@yahoo.com.

**KAYAKING** - Have some fun with this great water sport! For more info contact Dan Wolfson at dwolfson@austin.rr.com or call 795-8218.

**NETWORKING GROUP** - Are you a resident who owns a business or provides a service? Build your business by referral! One individual or company per professional category. Contact Paul (Griff) Griffiths at 241-1644 or griff@albioncomputergroup.com

**ROWING** - Interested in sweep rowing and sculling? Contact Julie Donnie at 340-0432 or JulieDonnie@yahoo.com.

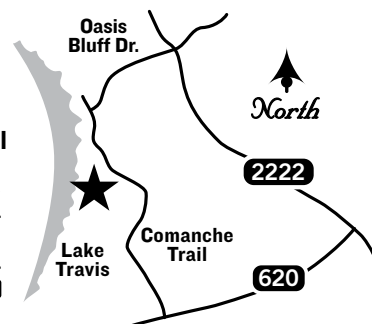
**SPIRITUAL DEVELOPMENT GROUP** - Interested in developing relationships and sharing spiritual life experience? Contact Jim Irwin at jimirwin@austin.rr.com or 502-0797

**WELCOME COMMITTEE** - Darla Rowan and JoAnn Welles are co-chairs of this committee, which is designed to welcome new residents to Jester, including newborns. Volunteer to help by emailing JoAnn at joann-welles@sbcglobal.net or call her at 346-0349

**WOODWORKING GROUP** - Join our woodworking group to share knowledge and techniques! Contact John Parker at 345-6991 or JParker84@austin.rr.com



**Uncle Billy's  
Lake Travis**  
6550 Comanche Trail  
(Next to The Oasis.)  
Austin, Texas 78732  
**512.266.0111**  
unclebillys.com



**CHECK OUT OUR NEW MENU!**



## LIVE MUSIC WED-SUN

ENJOY LIVE MUSIC AT UNCLE BILLY'S ROOFTOP!

Visit unclebilysrooftop.com for schedule.

**SAT, 7/7 Vallejo**

**SUN, 7/8 T-Bird & The Breaks**

**THUR, 7/12 Cody & Willy Braun  
of Reckless Kelly**

**SAT, 7/21 Del Castillo**

**SUN, 7/22 James McMurtry**

**BRING IN THIS AD AND RECEIVE  
20% OFF YOUR ENTIRE PURCHASE!**



One coupon per bill, per visit. Valid at Uncle Billy's Lake Travis Location only. Also valid on General Store merchandise. Not valid on alcohol. Offer expires 7/31/12.

## Tech-Etiquette: Is there an App for Civility?

Submitted by Darcy Folsom

In today's age of apps and gadgets, it's likely that you or someone you know has benefitted handily from the ubiquitous smartphone in today's digitally-dependent society. If the question were posed to our current generation, "What item would you never want to be without?" it is fair to say that most individuals living in 21st century America would answer: "My phone!" Without our phones, it is certain that many of us would be lost. We would be unable to text, tweet, phone, email, face time, and even friend or like another individual. Would we really? Is American society becoming so dependent upon these technological devices that we are challenged to even recognize our our humanity within? How many young men and women know the value of the age-old adage "Never leave home without a smile?" Is who we were created to be, in such competition with what we hold in our hand, that we have forgotten the simple value of kindness - shared in a smile, of gratification - by greeting another with a genuine handshake? Is it technology that propels our lives, or are we doing our best to prepare our lives to propel the technology that supports them?

Regardless of how many apps and buttons and gadgets, and even insurance, we carry on our smartphones, could it be that we have something even better when it comes to insuring our ability to connect with the people we like? Or to be-Friend those to whom we're attracted, or bring restitution to those un-Friended? Today's digitally-dependent generation has a challenge before them that

none before have known. That is, being able to successfully pair technology with common courtesy. Remembering what our grandmothers taught us about the civilities of life (carried in our hip pockets) may apply more today, than any app could ever provide. But pairing the art of civility with the current age of technology requires practice. The 21st century can only get better as those old-fashioned manners make their way from our pockets to the person next to us. After all, the words we speak are far more significant than the technology that transmits them. Why not polish a few points of etiquette this summer and complement your savvy skills on your smartphone? By doing so, you and your smartphone may just move from merely getting the message delivered, to doing so with principles that shape our character and improve our attitudes about both our electronic devices, and the lives of those who use them.

**TIP #1** - When you take a call in the presence of another person, you are communicating, "You are secondary; the caller is more important than you are." If you are expecting a call, let your companion know in advance, and excuse yourself before taking the call, limiting the call to under one minute. Never use a cell phone on a date, unless there is an emergency.

**TIP #2** - If you find it necessary to use your smartphone while driving, make it a habit to get into your car, buckle up, and prepare your hand's free device to activate the call BEFORE starting your engine.

**TIP #3** - Allow your personality, not your PDA to impress others. Avoid using novelty

ringtones, and choose the vibrate option as much as possible.

**TIP #4** - Remove your earpiece when not on the phone. Always keep your phone in a pocket or a purse, rather than laying it on the table next to you.

**TIP #5** - When in a public place, refrain from using your ear buds to listen to your favorite playlist. Instead, be prepared to greet those who are near you, looking oncoming passersby in the eye, with a smile and "Hello!" This is not only courteous, but it is also a way to remain sure about your surroundings.

As you travel to the lake or the seaside with friends, consider the value that a few manners may add to the dynamics of your summer relationships. Ask the question - is there something more fundamental than a fancy app, or gadget insurance to satisfy our lack? What have we already been given as a way to connect with the people we like, and those we want to be-Friend? Rather than search your smartphone for the latest apps, ask your companion's permission to practice with them, as you begin to apply these principles of Tech-Etiquette. These courtesies will both benefit the words we speak and the actions we offer, as we engage those around us with the very acts of courtesy we desire for others to share with us. Practicing the art of civility alongside the technology that propels our lives, I believe we will see our digitally-dependent generation become the one to re-engage our culture with civility and the accomplished principles of common courtesy.

### LOOK INTO HYDE PARK TODAY . HPBS.ORG



Summer Camps @ Mopac & Braker  
Open to the Austin Community  
**Football Camp** . July 16 - 19  
**Volleyball Camps** . July 23 - 26  
**SAT/ACT Academic Camp** . July 23 - 26  
**Basketball Camp** . July 30 - Aug 2

**Admissions Event** . July 10  
Serving Students in PreK - 12th Grade  
• **Christ-centered, college prep curriculum**  
• **Small class sizes, two campuses**  
• **State-ranked extracurriculars**

EXCELLENCE. CHRIST-CENTERED. COMMUNITY. BIBLICAL WORLDVIEW.

## STEVE'S PLUMBING REPAIR

- water pressure problems
- sewer & drain service
- fiber optic drain line inspections
- free estimates
- satisfaction guaranteed

Steve Brouger  
276-7476 · 2605 Buell Ave

Master  
License:  
M-39722



# DROWNING IS PREVENTABLE



COLIN'S HOPE  
WATER SAFETY TIPS AT  
[WWW.COLINSHOPE.ORG](http://WWW.COLINSHOPE.ORG)



## Take the Colin's Hope Water Guardian Pledge

**I WILL** constantly watch children around water.

**I WILL NOT** become distracted.

**I WILL** maintain a valid CPR certification.

**I WILL** be on duty until relieved by an adult.

## LAYERS OF PROTECTION



**CONSTANT VISUAL  
SUPERVISION**



**LEARN TO SWIM**



**WEAR LIFE  
JACKETS**



**MULTIPLE BARRIERS ON  
ALL POOLS & HOTTUBS**



**KEEP BACKYARDS &  
BATHROOMS SAFE**



**LEARN CPR**



**CHECK POOLS/HOTTUBS  
1ST FOR MISSING CHILDREN**



**VISIT US  
ONLINE**



**PEEL, INC.**

308 Meadowlark St.  
Lakeway, TX 78734-4717

PRSRT STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

JE



**Teresa Gouldie**

**Jester Resident / Broker**

**751-8000**

**tgouldie@gmail.com**



**UNITED, REALTORS®**

[www.ColdwellBankerUnited.com](http://www.ColdwellBankerUnited.com)

Each Office Is Independently Owned And Operated.

*Counsel  
You Can  
Trust!*

## ALL ABOUT JESTER.com

**Stay Informed About Real Estate in Jester!**

**Prices and details on homes Currently for Sale...**

**...Plus, info and photos of UPCOMING listings!**

## July Events

*Compliments of ...* Teresa Gouldie 751-8000 Coldwell Banker, United

July	<b>Children's Day Art Park</b> (Wednesdays) <i>Wed. mornings, June 13 – July 25 (except July 4), featuring musicians, dancers, storyteller, magicians, mimes and crafts</i>	Symphony Square 476-6064 <a href="http://austinsymphony.org">austinsymphony.org</a>
July	<b>Blues on the Green</b> (every other Wednesday)	Zilker Park <a href="http://kgsr.com">kgsr.com</a>
Thursdays	<b>Nature Nights at the Wildflower Center</b> <i>Interactive explorations of plants, animals and the ecology of Central Texas</i>	Long Center <a href="http://thelongcenter.org">thelongcenter.org</a>
Fridays	<b>Music Under the Star</b> <i>Free concert series, free museum admission</i>	Bob Bullock Museum <a href="http://thetoryoftexas.com">thetoryoftexas.com</a>
Saturdays	<b>Free Crafts for Kids</b> <i>From 11:00 – 3:00 pm for kids ages 3 and up!</i>	Lakeshore Learning Ctr. <a href="http://lakeshorelearning.com">lakeshorelearning.com</a>
Saturdays	<b>Splash Party Movie Nights</b> <i>Catch a flick and take a swim- at the same time</i>	Deep Eddy Pool 974-9331 <a href="http://lifeguardaustin.org">lifeguardaustin.org</a>
Sundays	<b>Concerts in the Park</b> <i>Bring a picnic dinner, blanket and enjoy free ensemble concerts on the grounds of the Long Center</i>	Long Center <a href="http://thelongcenter.org">thelongcenter.org</a>
Jul. 4	<b>Jester 4th of July Parade &amp; Activities</b> <i>Decorate your bikes, your pets &amp; yourself!</i>	Jester Club 751-8000 <a href="http://allaboutjester.com">allaboutjester.com</a>
Jul. 4	<b>Austin Symphony &amp; Fireworks</b> <i>Come early, bring a picnic, claim a grassy spot and enjoy the patriotic music of the Austin Symphony Orchestra.</i>	Auditorium Shores 476-6064 <a href="http://austinsymphony.org">austinsymphony.org</a>
Jul. 6 - Aug. 11	<b>54th Annual Zilker Summer Musical – The Sound of Music</b> <i>One of the world's most beloved musicals!</i>	Zilker Hillside Theater <b>479-9491</b> <a href="http://zilker.org">zilker.org</a>
Jul. 18 - Sept. 2	<b>Xanadu</b> <i>Over-the-top, roller-skating musical that spoofs the '80s film</i>	Zach Theatre <a href="http://zachtheatre.org">zachtheatre.org</a>
Jul. 22	<b>Joe Cocker, special guests Huey Lewis &amp; the News</b>	<a href="http://thebackyard.net">thebackyard.net</a>
Jul. 28 - 29	<b>Custom Sounds Texas Heatwave</b> <i>One of the largest custom truck &amp; car shows in the nation</i>	Travis Co. Expo Center <a href="http://heatwaveinc.com">heatwaveinc.com</a>

*serving JESTER ... Just a Little Closer to Heaven!*