

# ATASCOCITA *Forest*

AUGUST 2012

The Official Publication of The Atascocita Forest Homeowners Association

VOLUME 1, ISSUE 8

## KEEP IT GREEN & CLEAN

Please Recycle by using your approved blue container or your own receptacle with the provided decal from the Waste Management company.

Recycle pick up is every Thursday!

Let's keep our neighborhood looking great by placing your containers out the night before pickup and by bringing them in the same day after pickup.

The AFHOA Board appreciates your help in making this happen!

**REUSE**   
**REDUCE**  
**RECYCLE**

## COMMUNITY CONTACTS

### BOARD MEMBERS

Ric Halbrook, President ..... ric@atascocitaforest.org  
Russell Lilley, Vice President..... russell@atascocitaforest.org  
Bill Wisenbaker, Treasurer ..... billw@atascocitaforest.org  
Tom Meyers, Trustee ..... tom@atascocitaforest.org  
Bill Shepard, Trustee ..... bills@atascocitaforest.org

### MANAGEMENT COMPANY

Pam Valentine, CAM .....  
..... pvalentine@communityassetmanagement.com

### EMERGENCY INFORMATION

**Fire, Medical or Life Threatening Emergency ..... 9-1-1**

P-4 Constable Dispatch..... 281-376-3472

Humble ISD Police (Schools)..... 281-641-7900

Atascocita Volunteer Fire Dept (AVFD)

*Non-Emergency Number* ..... 281-852-2181

Harris County Animal Control ..... 281-999-3191

Texas Poison Control Center ..... 800-222-1222

### UTILITIES

Electric, (multiple providers) ..... www.powertochoose.org

*Power Outages* ..... 713-207-7777

*Street Light Outages* ..... 713-207-2222

Gas, Centerpoint Energy..... 713-659-2111

*Gas Leaks* ..... 713-659-2111

*Call Before You Dig*..... 811

Trail to Lakes MUD ..... 713-405-1750

Aggressive Waste..... 713-631-1900

Humble Post Office..... 281-540-1775

### SCHOOLS

Humble ISD ..... 281-641-1000

*Website* ..... www.humble.k12.tx.us

Whispering Pines Elementary..... 281-641-2500

Humble Middle School..... 281-641-4170

Humble High School ..... 281-641-6300

### NEWSLETTER INFORMATION

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## I WATCH

### WHAT IS IWATCHHARRISCOUNTY?

iWatchHarrisCounty is a virtual crime watch that you and your neighbors can use to report behaviors and activities that make you feel uncomfortable or do not look right.

### WHAT DOES IT DO?

Like traditional neighborhood crime watches, your awareness reported to the police can help solve crimes or even prevent a terrorist attack.



### WEB SITE:

[iwatchharriscounty.com](http://iwatchharriscounty.com)

## SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to [AFCAnewsletter@gmail.com](mailto:AFCAnewsletter@gmail.com).

Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



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(yes.)

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## LOST AND FOUND PETS

Residents can post free for lost and found pet ads. The goal is to provide a dedicated, centralized location for the community to communicate about missing pets. Tell your friends and neighbors about the service. This is NOT a business and it is not for profit. You will not be added to a mailing or spamming list. This is hosted by concerned area residents trying to do their part to help with an important cause.

Visit them today at [atascocitapets.org](http://atascocitapets.org) or on Facebook.



## *The New* Emergency Room Standard *has been* Set

- Open 24 hours a day, seven days a week, 365 days a year
- Physicians Board Certified or Board Eligible in Emergency Medicine
- Licensed, free-standing emergency medical care facility

**Any type of emergency, day or night. Ready or not...we are.**

### PEARLAND

3115 Dixie Farm Road, Suite 107  
FM 518 at Dixie Farm Road  
**281-648-9113**

### CYPRESS

17255 Spring Cypress Road, Suite A  
Spring Cypress at Skinner Road  
**281-304-9113**

### ATASCOCITA

19143 W. Lake Houston Parkway  
W. Lake Houston Pkwy at FM 1960  
**281-540-9113**

**[txercare.com](http://txercare.com)**



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# Recipes Of The Forest

## GRILLED TUSCAN CHICKEN WITH ROSEMARY AND LEMON

Prep Time 35 minutes

Total Time 1 hour

Yield Serves 4

### INGREDIENTS

- 2 tablespoons chopped fresh rosemary or 1 tablespoon dried rosemary
- 1/4 cup olive oil
- 2 garlic cloves
- Salt and pepper
- 1 chicken (3 1/2 to 4 pounds), cut into 8 or 10 serving pieces
- 1/4 cup fresh lemon juice

### DIRECTIONS

Heat grill to medium. In a small saucepan, bring 1/3 cup water and rosemary to a boil; remove from heat, cover, and let steep 5 minutes. Transfer to a blender. Add oil and garlic; season with salt and pepper. Puree until smooth; let cool.

Combine chicken and rosemary oil in a shallow dish or resealable plastic bag, and turn to coat. Cover, and let marinate at least 15 minutes at room temperature or overnight in the refrigerator, turning chicken occasionally.

Remove chicken from marinade; place on grill. Discard marinade. Cook, basting frequently with lemon juice and turning as needed to prevent burning, until cooked throughout, 20 to 30 minutes. Serve with Grilled Zucchini and Squash.



## Dream ... Believe ... *Achieve!*

**Registration for Fall Recreational Soccer  
Begins Online July 16 and Ends August 24!**

Youth Ages 4-18  
Don't Miss Out!

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# Gratitude is the key

## Unlocking The Doors To Treasures In Our Children

By Sugandha Jain

Gratitude is an instant mood converter. Gratefulness is the knife that melds impatience to patience, fear to love and anxiety to peace. Enveloped by the clouds of thankfulness, we can soar high in the air of optimism. Our aura is immediately cleansed when we fill our thoughts with praise. Relationships glow under the varnish of a positive expression in mutual affection.

We only have to look around us to realize how blessed we are. Being mindful of the generosity of people, beauty in our surroundings and the uniqueness of our own spirits can help us appreciate our fortunate existence.

Opening ourselves to receiving divine grace that is already a part of our lives makes us acknowledge our own sacredness. We appreciate our oneness with the universe and what we feel as a result, is gratitude on being a part of the whole. We feel love, we feel complete.

Modeling gratefulness with our families can help children open their hearts to the love and light in everything they do. Daily writing in their Gratitude Journal can gradually shift children's consciousness to a higher dimension.

Constantly reminding children to see the lessons presented by events instead of sulking on challenges can be an exercise in life-long learning. When we encourage children to make choices, evaluate them and re-choose options that help them feel grateful, we show them how to be free.

Together, we find that our interactions with each other have always been complete; the missing link in the puzzle in seeking out and seeding in the Om of smile- the symbol of thankfulness.

*Sugandha Jain is a Master Registered Texas Trainer and Director of Accreditation at a local preschool.*

**Did you forget the  
name of that...**



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**[www.peelinc.com/businessDirectory](http://www.peelinc.com/businessDirectory)**



# DROWNING IS PREVENTABLE



COLIN'S HOPE  
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[WWW.COLINSHOPE.ORG](http://WWW.COLINSHOPE.ORG)



## Take the Colin's Hope Water Guardian Pledge

**I WILL** constantly watch children around water.

**I WILL NOT** become distracted.

**I WILL** maintain a valid CPR certification.

**I WILL** be on duty until relieved by an adult.

## LAYERS OF PROTECTION



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SUPERVISION**



**LEARN TO SWIM**



**WEAR LIFE  
JACKETS**



**MULTIPLE BARRIERS ON  
ALL POOLS & HOTTUBS**



**KEEP BACKYARDS &  
BATHROOMS SAFE**



**LEARN CPR**



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1ST FOR MISSING CHILDREN**



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