



# The Rosehill *Report*

The Official Newsletter  
of the Lakes of Rosehill  
Homeowners Association

August 2012

Volume 3, Issue 8

## Back To School Checklist

Ensuring a Healthy Return to the Classroom Begins at Home

As a parent, there's no doubt that back-to-school season requires a lot of effort to get your kids all set for the challenges of the classroom. But it's also an important time to consider your child's health, says Daniel Howard, M.D., a pediatrician with The Austin Diagnostic Clinic (ADC).

"From making sure all of the proper vaccinations have been administered on schedule, to getting their kids back on 'school year' sleep schedules, health is obviously a huge consideration for parents with school-age children," Dr. Howard says.

- **Vaccinations 101.** Children should receive a variety of vaccinations and booster shots to prevent them from getting many serious and highly contagious diseases.
- **Hearing and vision tests.** Consider getting your child's hearing and vision tested before they begin school to prevent learning challenges in the classroom.
- **Health information.** Parents should be prepared to provide schools with a list of emergency contact information that includes telephone numbers for parents, close family, pediatrician, and dentist.
- **Diet and sleep.** Healthy eating is a critical part of a child's physical and mental development and can help curb the risk of childhood obesity. Sleep is also essential—kids should get between eight to 11 hours per day, depending on their age.

*Daniel Howard, M.D., is a pediatrician for The Austin Diagnostic Clinic, a multi-specialty clinic with physicians representing 21 medical specialties at more than six locations throughout Austin and Central Texas. Dr. Howard sees patients at the ADC Cedar Bend, at 2400 Cedar Bend Drive. For more information, visit [www.adclinic.com](http://www.adclinic.com) or call 512-901-4016. To download an electronic version of this release, please visit [www.delaune.com/ADC](http://www.delaune.com/ADC)*

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- Auto Theft .....	281-550-0458
- Homicide/Assault .....	713-967-5810
- Child Abuse.....	713-529-4216
- Sexual Assault/Domestic Violence .....	713-967-5743
- Runaway Unit .....	713-755-7427
Poison Control.....	800-764-7661
Traffic Light Issues .....	713-881-3210

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Cypress Fairbanks ISD Administration .....	281-897-4000
Cypress Fairbanks ISD Transportation .....	281-897-4380
Cypress Fairbanks Senior High .....	281-897-4600
Cy-Woods High School .....	281-213-1727
Goodson Middle School .....	281-373-2350

### **OTHER NUMBERS**

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Cypress Fairbanks Medical Center .....	281-890-4285
Harris County Health Department.....	713-439-6260
Post Office Box Assignment – Cypress .....	1-800-275-8777
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- not working (Report Number on Pole)	
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# LAKES OF ROSEHILL

## Houston Northwest Chamber Announces 2nd Annual CreekFest *A Local Celebration of Art and Outdoors, Expects Big Crowds*

The Houston Northwest Chamber of Commerce is pleased to announce CreekFest Houston 2012 on Saturday, October 13, 2012 10 a.m. – 5 p.m. This celebration of the Arts and Outdoors in Northwest Houston will be held along the parkway between Collins Park and Meyer Park along Cypresswood Drive, rain or shine. CreekFest events include an Adventure Race, Duathlon, 5k/10k run, Marketplace (merchants and visual artists), children's art activities at Pearl Fincher Museum, children's events at the Barbara Bush Library and Cypress Creek Christian Community Center, FACE Free Children's Series Concert, Chalk Artists and local entertainment performing throughout the day.

CreekFest Houston 2012 is a collaborative project of the Houston Northwest Chamber of Commerce, Harris County Barbara Bush Library, The Pearl Fincher Museum of Fine Arts, Cypress Creek Christian Community Center, Cypress Creek Foundation for the Arts (FACE), Harris County Precinct 4 County Parks Department, Greater Houston Off Road Biking Association (GHORBA), Northwest Houston Arts Alliance; Cypress Creek Greenway Project, Cypresswood Landing and Crossing Shopping Centers and many area merchants.

This FREE family event is designed to: Celebrate the wonderful outdoor amenities that make Northwest Houston a great place to live, work and play; Promote area visual and performing arts and artists; Create awareness and encourage usage of Precinct 4 Collins Park and the Greenways along Cypress Creek; Raise money for the economic development initiatives of the Chamber and local charities; and help build a new perspective and community pride for the Cypress Creek Cultural District and Northwest Houston's Town Center. Proceeds from the CreekFest art auction will directly benefit the Houston Northwest Chamber Foundation that provides scholarships and



funding for community improvement programs.

CreekFest 2012 will feature opportunities for Boy Scouts to earn Merit Badges and local schools to bring programs such as choirs and bands as well as organizations such as cheerleaders, dance teams and club teams out to be recognized and perform for the community. For information about this event call the Houston Northwest Chamber of Commerce at 281-440-4160, or visit the website at [www.CreekFestHouston.com](http://www.CreekFestHouston.com).

The Houston Northwest Chamber of Commerce has enjoyed over 38 years of service in Spring, Klein, Champions, FM 1960, FM 2920, SH 249 and Sam Houston Tollway Corridors. The Chamber has over 700 members and is committed to its mission of developing successful businesses and a thriving community.

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## 8/8 - 8/10 Crimson Cadette Drill Team DANCE CLINIC

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8:30 A.M. - 11:30 A.M.

The Cy-woods Crimson Cadettes Drill Team will host their 7th annual dance clinic for K-12 from 8:30 a.m. to 11:30 a.m. on August 8-10. This is a major fund-raiser for the team and enables them to participate in activities throughout the 2012-2013 school year. Please register by July 29th, 2012 to get the Pre-Registration price of \$55 which includes dance technique, specially choreographed routines for each age group, a t-shirt, drinks and snacks each day and a picture for each participant. Showoffs will be held the last day at 11:30 a.m. For more information email [goodsnms@comcast.net](mailto:goodsnms@comcast.net) or check out our website at [www.crimsoncadettes.com](http://www.crimsoncadettes.com). On the website, you will find a sign-up form and a link to PayPal for easy payment.

## Attention All Cypress Ranch 2013 Senior Parents!

Please watch for your 2013 M.A.N.E. (Mustangs at Nights End) After prom party information packet! **\*\*AND\*\*** Please stop by our table at Mustang Corral for all meeting dates, fundraising events and volunteer information.

## Cypress Texas Tea Party

It is the purpose of the Cypress Tea Party to work for the return of the United States of America to the conservative constitutional principles on which the Republic was founded. Those principles being freedom and liberty for the citizens, smaller government, limited government interference in the lives of citizens and less government spending.

We meet every three weeks from Noon to 2:00 PM on Saturday at:

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25831 Northwest Freeway

Cypress, TX 77429

David M. Wilson, Director, Cypress Texas Tea Party

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## Hello Mustang Family!

The 2012-2013 school year is coming up fast. We wanted to let you all know about "Corral Days", which will be coming up soon. "Corral Days" are the days and times that CyRanch has designated for all the incoming freshman, sophomores, juniors, and seniors to visit the school to pick up their schedules, take yearbook pictures, and pick up their books. This is also an opportunity for the Seniors and Juniors to get their parking passes.

The parents are able to sign up for Booster Club, pay into their child's lunch account, order yearbooks, and pick up Mustang Spirit wear. Varsity Football players will also have the opportunity to prepay for their pre game meals and carb load meals with the MOMs Club.

It is important that the parents come and be prepared to write a few checks to the school. The incoming freshman can also take a tour of the campus and have the opportunity to have meetings with their teachers.

### FRIDAY AUGUST 17TH

10th grade 8:30 - 9:30 | 12th grade 10 - 12 | 11th grade 1 - 3

### SATURDAY AUGUST 18TH

9th grade 9 - 12

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# LAKEs OF ROSEHILL

CY-FAIR WOMEN'S CLUB

## Women Serving the Community

Making a difference is what we strive for all year long. It was an honor creating the Breast Cancer Pillows this month and it was a pleasure to meet our scholarship recipients during our June meeting. We wish them all great success in their personal endeavors.

We are very proud to have had the opportunity to support several organizations again this year. A few of these organizations are Reach Unlimited, Mission of Yahweh, Cy-Hope, Cypress Assistance Ministries, Magnificat House and the Glory Ranch. Our goal is to continue assisting our community and making a personal difference.

Please remember to come join us in August, as we are all looking forward to a SPA like experience to help us prepare for our very special marketplace event "Shop Til You Drop" on September 8th. Mark your calendars. You don't want to miss this event!

CWC is a service organization that gives back to the community. This



means that all funds raised will go right back to the community in the form of scholarships for graduating high school seniors, at Lone Star College, Cy-Fair and grants to other non-profits in our community, as well.

Membership into the Cy-Fair Women's Club is open to all ladies in Northwest Houston/ Cypress neighborhoods. Currently we meet the first Thursday of most months at West Houston Church of Christ. Our meetings begin with social time and refreshments at 7:00p.m. immediately followed by a program at 7:30p.m. The church is located at the corner of Queenston and West Road.

Our monthly meetings are not only educational and enjoyable, but they develop lasting fellowships. We look forward to meeting you there! If you have any questions about our club or need directions to the church, please contact Susan McLeroy, Membership Chair at [sudomac@comcast.net](mailto:sudomac@comcast.net).



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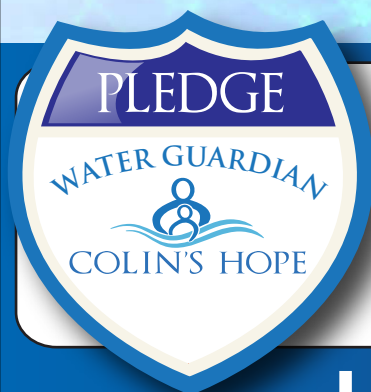
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