

# THE RIVER REVIEW

August 2012

News For The Residents of River Place

Volume 6, Issue 8



**Sara, Maya and Lili Bustami at River Place 4th of July parade!**

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY .....	911
Fire .....	911
Ambulance .....	911
Sheriff – Non-Emergency .....	512-974-0845
Hudson Bend Fire and EMS	
Emergencies .....	512-266-1775
Information .....	512-266-2533

### SCHOOLS

Leander ISD.....	512-570-0000
Cedar Park High School.....	512-570-1200
Vandegrift High School.....	512-570-2300
Four Points Middle School.....	512-570-3700
River Place Elementary.....	512-570-6900

### UTILITIES

River Place MUD.....	512-246-0498
City of Austin Electric .....	512-494-9400
Texas Gas Service	
Custom Service .....	1-800-700-2443
Emergencies .....	512-370-8609
Call Before You Dig .....	512-472-2822
AT&T	
New Service .....	1-800-464-7928
Repair .....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service .....	512-485-5555
Repairs.....	512-485-5080
IESI (Trash).....	512-282-3508

### OTHER NUMBERS

River Place Postal Office .....	512-345-9739
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### NEWSLETTER PUBLISHER

Peel, Inc.....	512-263-9181
Article Submissions .....	<a href="mailto:riverreview@peelinc.com">riverreview@peelinc.com</a>
Advertising.....	<a href="mailto:advertising@peelinc.com">advertising@peelinc.com</a>

## 2012-2013 School Year Marks Key Activities for Hill Country Education Foundation

With the start of the 2012-2013 school year only weeks away, Hill Country Education Foundation volunteers are busy preparing for an active year. Please participate in these upcoming events and support Four Points-area students achieve academic success in the areas of entrepreneurship, leadership, college-readiness, science, technology, engineering and math (STEM).

**August 27, 2012** – start of the 2012-2013 HCEF Membership Drive. For quick and easy giving, go to [www.hillcountryedfoundation.org/donate/membership.html](http://www.hillcountryedfoundation.org/donate/membership.html).

**October 22, 2012** – Four Points Chamber of Commerce Charity Golf Classic benefiting HCEF and Self-30. To sign up, go to [www.fourpointschamber.com/chamber-events/big-event-2/](http://www.fourpointschamber.com/chamber-events/big-event-2/).

**Early November, 2012** – 4th Annual FIRST® LEGO® League Scrimmage sponsored by HCEF. To learn more, email [mlbeck@hillcountryedfoundation.org](mailto:mlbeck@hillcountryedfoundation.org).

**February 23, 2013** – HCEF Gala at the Oasis. Dinner, Open Bar, Silent and Live Auctions, Heads or Tails Game, Live Band and more planned for HCEF's largest fundraiser of the year. To volunteer, donate or learn more, contact [mlbeck@hillcountryedfoundation.org](mailto:mlbeck@hillcountryedfoundation.org).

### About Hill Country Education Foundation

A 501(c)(3) non-profit organization, the Hill Country Education Foundation enhances the educational experience of students living in the Four Points community of Austin, Texas. HCEF achieves this enhancement through the development and financing of innovative, quality programs and projects for students attending or preparing to attend Vandegrift High School, specifically in the areas of leadership, entrepreneurship, college-readiness, science, technology, engineering and math (STEM).

HCEF's vision is based on the belief that an exceptional education is essential both to the well being of individual students and to the civic health of a community. HCEF brings educators and citizens together to excel this educational experience by providing schools the additional tools needed to teach and engage children and by expanding the horizons of knowledge within the community through special programs and projects. HCEF endeavors to empower tomorrow's leaders while strengthening the community as a whole, now and into the future, in Austin and beyond.

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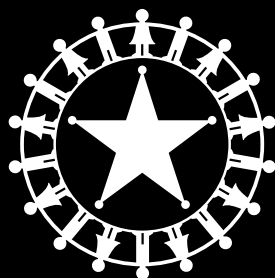
August 13th-16th 5:30 PM - 8:00 PM



Shepherd of the Hills  
Christian Church Disciples of Christ

Everyone is Welcome!

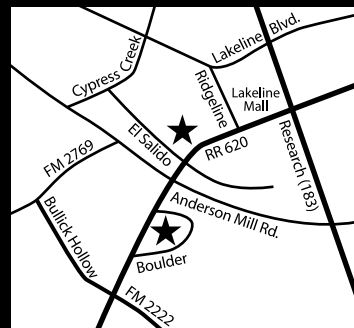
[www.shccaustin.org](http://www.shccaustin.org)



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# RIVER REVIEW

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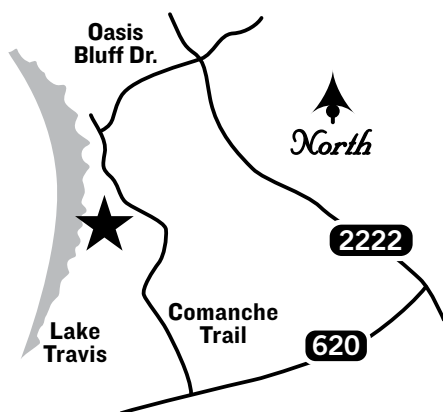
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**MONDAY**  
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& Uncle Billy's Beer

**TUESDAY**  
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**WEDNESDAY**  
Rib Night

**THURSDAY**  
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**THUR ★ FRI ★ SAT ★ SUN**

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## American Association of University Women

*Submitted by Diane Brewer, Membership VP*

The American Association of University Women is a group of degreed individuals which works to ensure that opportunities and access of all kinds remain available to women and girls throughout the country and across the globe. Most people are aware that Title IX transformed athletics across the academic spectrum. Today, largely due to the efforts of groups like the AAUW, more and more women are also receiving equal pay for equal work, achieving the highest positions in business, and are also reaching pinnacle positions in government. Due to AAUW, deserving academic researchers are rewarded for their achievements with annual fellowships.

The Austin branch of AAUW is in the middle of its annual membership drive. The organization does not advertise, so it is important that people learn of this group and the indelible effect it can have on the lives of women. In Austin, AAUW volunteers work in GirlsStart and Mindspring, groups reaching out to girls who need a hand up; they

support non-profits like Ten Thousand Villages on South Congress, which markets the handmade goods of women in Third World Countries. Others are out in the community registering voters or working at voting sites. Membership VP Diane Brewer says that the dues of \$75 are divided among the national, state, and local levels of AAUW, and due to the work of the association, all but \$3 is tax deductible. For more information, go to: <http://austin-tx.aauw.net>

Service is only part of the story, however. Interest and study groups pervade the organization offering everything from a common love of reading, stitchery, and art appreciation, to bridge, mah jongg, theatre, and dining.

If you would like to explore the organization further, come to the AAUW-Austin Summer Social, located at the Episcopal Church of the Good Shepherd's parish hall, Exposition Blvd. @ Windsor Drive on Sunday afternoon, August 19th, at 3 pm. There will be a raffle, food, beverages, and lots of information. Come and see!

## Something very special is coming to life in our community.

### Austin Baptist Church

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- Confidence in the Bible as God's Word
- Called to love and serve our neighbors in the Four Points and greater Austin area



**FIRST SERVICES ON SUNDAY, SEPTEMBER 9, 2012**



**7016 Ribelin Ranch Drive  
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**Traditional Service @ 9 am**

**Bible Fellowship Groups @ 10:10 am**

**Celebration Service @ 11:11 am**

**[www.austinbaptistchurch.com](http://www.austinbaptistchurch.com)**

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**Dr. Gary Dyer,  
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## Pruning Guidelines

### for Prevention of Oak Wilt in Texas

Oak wilt, caused by the fungus *Ceratocystis fagacearum*, is the most destructive disease affecting live oaks and red oaks in Central Texas. Most of the tree mortality results from tree-to-tree spread of the pathogen through interconnected or grafted root systems, once an oak wilt center becomes established. New infection centers begin when beetles carry oak wilt fungal spores from infected red oaks to fresh, open wounds on healthy oaks. Wounds include any damage caused by wind, hail, vehicles, construction, squirrels, birds or pruning. Research has shown that both oak wilt fungal mats on infected red oaks and insects that carry oak wilt spores are most prevalent in the spring. Below is a brief description of how you can reduce the risk of fungal spread when pruning.

- Always paint fresh wounds on oaks, including pruning cuts and stumps, with wound dressing or latex paint immediately after pruning or live tree removal at all times of the year.
- Clean all pruning tools with 10% bleach solution or Lysol™ between sites and/or trees.
- If possible avoid pruning or wounding of oaks during the spring (currently defined as February 1 through June 30). Reasons to prune in the spring include:
  - To accommodate public safety concerns such as hazardous limbs, traffic visibility or emergency utility line clearance.
  - To repair damaged limbs (from storms or other anomalies)
  - To remove limbs rubbing on a building or rubbing on other branches, and to raise low limbs over a street.
- On sites where construction schedules take precedence, pruning any live tissue should only be done to accommodate required clearance.
- Dead branch removal where live tissue is not exposed.

Pruning for other reasons (general tree health, non-safety related clearance or thinning, etc.) should be conducted before February 1 or after June 30.

Debris from diseased red oaks should be immediately chipped, burned or buried. Regardless of the reasons or time of year, proper pruning techniques should be used. These techniques include making proper pruning cuts and avoiding injurious practices such as topping or excessive crown thinning. If you are uncertain about any of this information, you should consult with a Texas Oak Wilt Certified arborist, ISA Certified Arborist, or an oak wilt specialist from a city, county or state government agency such as the Texas Forest Service or Texas AgriLife Extension Service.

#### *References (available at <http://www.TexasOakWilt.org>):*

*Appel, D.N., and R.F. Billings (eds.). 1995. Oak wilt perspectives: Proceedings of the Nation Oak Wilt Symposium, June 22-25, 1992. Austin, TX. Information Development, Houston, TX. 217 p.*

*Billings, R.F., and D.N. Appel (eds.). 2009. Proceedings of the National Oak Wilt Symposium. June 4-7, 2007, Austin, TX. Texas Forest Service Publication 166. 267p.*

*Prepared January 12th, 2011 in cooperation between Texas Forest Service, Texas AgriLife Extension Service and International Society of Arboriculture Texas Chapter.*



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# RIVER REVIEW

2012-2013

LAKE THAWAS RD



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**July**

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<span style="color: red;">●</span> Student/Staff Holiday	<span style="color: blue;">W</span> Bad Weather Make-Up Day	<span style="color: lightblue;">E</span> Elementary Early Release	Begin 9 weeks	<span style="color: red;">🍎</span> First/Last Day of School	<span style="color: yellow;">★</span> State Assessment
<span style="color: orange;">●</span> Student Holiday/Staff Inservice or Work Day	<span style="color: blue;">D</span> District Early Release	<span style="color: green;">HS</span> High School Early Release	End 9 weeks	<span style="color: green;">🍎</span> New Teacher Orientation	* Teacher workday, if used a bad weather make-up day.

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# RIVER REVIEW

## Library Offers High School Summer Reading Discussion Groups



**Monday, August 6** at 4 p.m. - 9th Grade Pre-AP English I - To Kill a Mockingbird by Harper Lee and Of Mice and Men by John Steinbeck

**Tuesday, August 7** at 4 p.m. - 10th Grade Pre-AP English II - The Life of Pi by Yann Martel and Oedipus the King by Sophocles

**Monday, August 13** at 12 p.m. - 10th Grade AP World History - The Forgotten Soldier by Guy Sajer

**Tuesday, August 14** at 12 p.m. - 9th Grade Pre-AP World Geography - Seven Years in Tibet by Heinrich Harrer

**Wednesday, August 15** at 12 p.m. - 9th Grade Pre-AP English I - To Kill a Mockingbird by Harper Lee and Of Mice and Men by John Steinbeck

Incoming 10th grade student Yen Chen Wee said that he would have benefitted from the discussion group.

"In middle school I was able to speed read through most of the books, but in high school, teachers want you to not only see what's on the surface, but to also read in between the lines," said Wee. "A discussion group would help because you can see how others interpret the book to make sure you don't miss anything important."

At the study groups, students will discuss the books, talk about annotations, practice class discussions, and get advice from former students. Upperclassmen at Lake Travis High School have volunteered to attend the discussions to help prepare younger students.

Incoming 10th grade student Anna Dolliver plans to attend the discussions.

"At my old school, when we discussed books in class, that usually led to higher understanding and we went more in depth than we would have reading it by ourselves," said Dolliver. "The discussion groups at the library will be helpful because students can hear different opinions from other students."

As always, please contact the library for more information about any of these events at (512) 263-2885 or [www.laketralibrary.org](http://www.laketralibrary.org). We look forward to seeing you at the library!

*Submitted by Lake Travis Community Library Director Morgan McMillian*



  
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## VOTER REGISTRATION DIRECTOR RECEIVES EDUCATION CERTIFICATION AWARDS

Travis County Voter Registration Director Dolores (Dee) Lopez received two education certification awards at the IACREOT (International Association of Clerks, Recorders, Election Officials and Treasurers) annual conference held recently in Albuquerque, New Mexico. Dee was awarded Initial and Advanced Certificates for completing more than 115 hours of education and training in the areas of election administration, voter registration and education, election day procedures, and other issues designed to ensure efficient and fair elections. Along with five other recipients, Dee was recognized at an awards brunch during the annual conference.

A member of IACREOT since 1999, Dee currently serves as the Chair of the Continuing Education Unit Committee. Dee has held the Travis County Voter

Registration Director position for 21 years. Previously employed with municipal government, she has served in the public service arena for over 38 years. Dee earned Bachelor and Master degrees in Public Administration from Texas State University and has achieved the designation of CERA from The Election Center and, Certified Public Manager from the William P. Hobby Center for Public Service.

Founded in 1971, IACREOT offers members the opportunity to exchange ideas, elevate standards through education, develop efficient ways to serve the public and promote the ethics of public service.

For more information about Travis County Voter Registration, visit us online at [www.traviscountytax.org](http://www.traviscountytax.org) or call (512) 854-9473.



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# Kelly

APRIL 20, 1997

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# RIVER REVIEW

## SUDOKU

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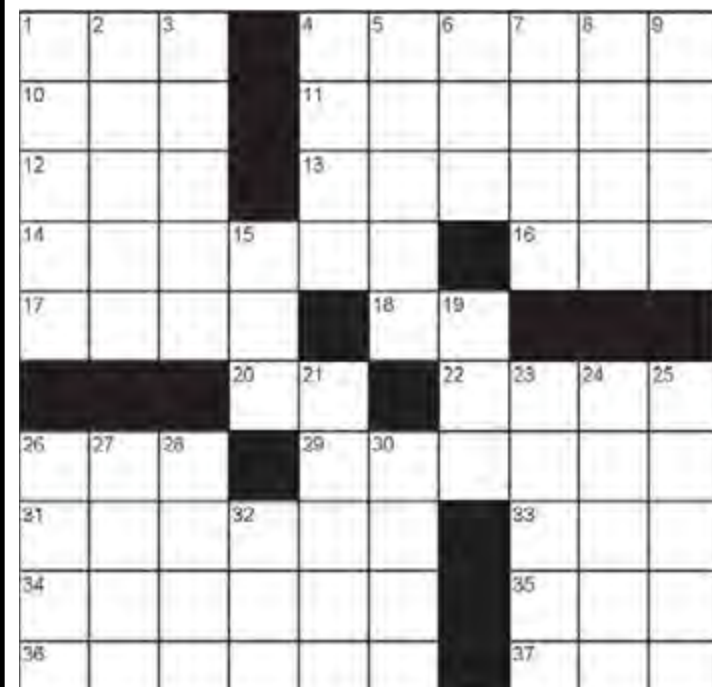
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### ACROSS

1. Pen brand
4. Oriental tower
10. Self-esteem
11. Excuses
12. Shade tree
13. Napkins
14. Filament
16. Shekel
17. Hula \_\_\_\_
18. Iowa (abbr.)
20. Man's title
22. Type of dressing
26. Short-term memory
29. Exodus
31. Hype
33. Airport abbr.
34. Glistening
35. Cask
36. Star system
37. South southeast

### DOWN

1. Wood
2. Ice house
3. Fast food meal
4. Ashen
5. Excuse
6. Cocktail drink
7. Follow
8. Eaten
9. Association (abbr.)
15. Words per minute
19. Abridged (abbr.)
21. Become less tight
23. Onion like vegetables
24. Painter Richard
25. Utilization
26. Thick carpet
27. Roman cloaks
28. Gangster's girlfriend
30. Musky
32. Pod vegetable

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## Gratitude is the key

### Unlocking The Doors To Treasures In Our Children

By Sugandha Jain

Gratitude is an instant mood converter. Gratefulness is the knife that melds impatience to patience, fear to love and anxiety to peace. Enveloped by the clouds of thankfulness, we can soar high in the air of optimism. Our aura is immediately cleansed when we fill our thoughts with praise. Relationships glow under the varnish of a positive expression in mutual affection.

We only have to look around us to realize how blessed we are. Being mindful of the generosity of people, beauty in our surroundings and the uniqueness of our own spirits can help us appreciate our fortunate existence.

Opening ourselves to receiving divine grace that is already a part of our lives makes us acknowledge our own sacredness. We appreciate our oneness with the universe and what we feel as a result, is gratitude on being a part of the whole. We feel love, we feel complete.

Modeling gratefulness with our families can help children open their hearts to the love and light in everything they do. Daily writing in their Gratitude Journal can gradually shift children's consciousness to a higher dimension.

Constantly reminding children to see the lessons presented by events instead of sulking on challenges can be an exercise in life-long learning. When we encourage children to make choices, evaluate them and re-choose options that help them feel grateful, we show them how to be free.

Together, we find that our interactions with each other have always been complete; the missing link in the puzzle in seeking out and seeding in the Om of smile- the symbol of thankfulness.

*Sugandha Jain is a Master Registered Texas Trainer and Director of Accreditation at a local preschool.*



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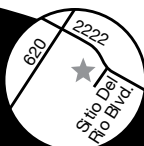
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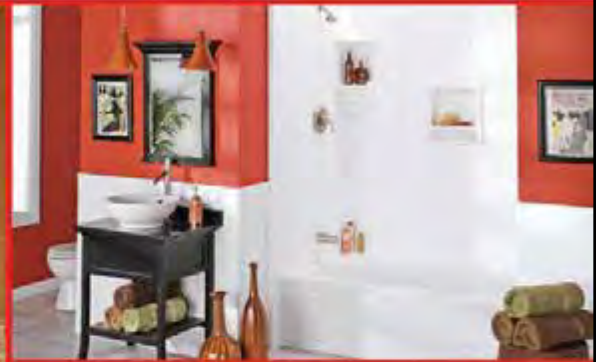


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## Immunizations: Not Just for Kids

By: Concentra Urgent Care

Although most toddlers in the United States have received all recommended vaccines, many adults and adolescents have not. These missed vaccinations increase their risk for infection, hospitalization, death, and disease spread, and they contribute to the estimated \$10 billion that is spent annually on vaccine preventable diseases in the United States.

Evidence shows that currently approved vaccines are safe and effective. However, coverage rates for persons of all ages vary nationwide. Reasons cited include lack of health insurance, unfamiliarity with vaccine recommendations, limited access at physicians' offices, or the perceived cost of vaccines.

What you need to know is that obtaining recommended vaccines in a timely manner can prevent disease. The Advisory Committee on Immunization Practices (ACIP) recommends the immunization schedule to the right for generally healthy adults and adolescents.

For more information about immunizations and where to get them, contact your health care provider, your Concentra health specialist, or visit the CDC's Web Site at: [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines).

*\*Specific recommendations for individuals may vary depending on age, prior immunization history and the presence of other existing conditions; please see the Centers for Disease Control (CDC) Web site at: <http://www.cdc.gov/vaccines/recs/schedules/default.htm>*

### IMMUNIZATION SCHEDULE RECOMMENDATIONS

#### INFLUENZA:

Yearly, especially if at risk

#### MENINGOCOCCAL:

One dose, age 11-12 or 13-18 if not previously immunized

#### TETANUS-DIPHTHERIA/TETANUS

One dose, age 11-12, then booster

#### DIPHTHERIA-PERTUSSIS:

every 10 years

#### HUMAN PAPILLOMA VIRUS

Three doses, age 11-26 (females only):

#### MEASLES - MUMPS - RUBELLA:

If born after 1956, one or two doses if never immunized up to age 65

#### PNEUMOCOCCAL:

One dose, at or after age 65

#### VARICELLA (CHICKEN POX):

Two doses if no prior infection or immunization received

#### ZOSTER (SHINGLES):

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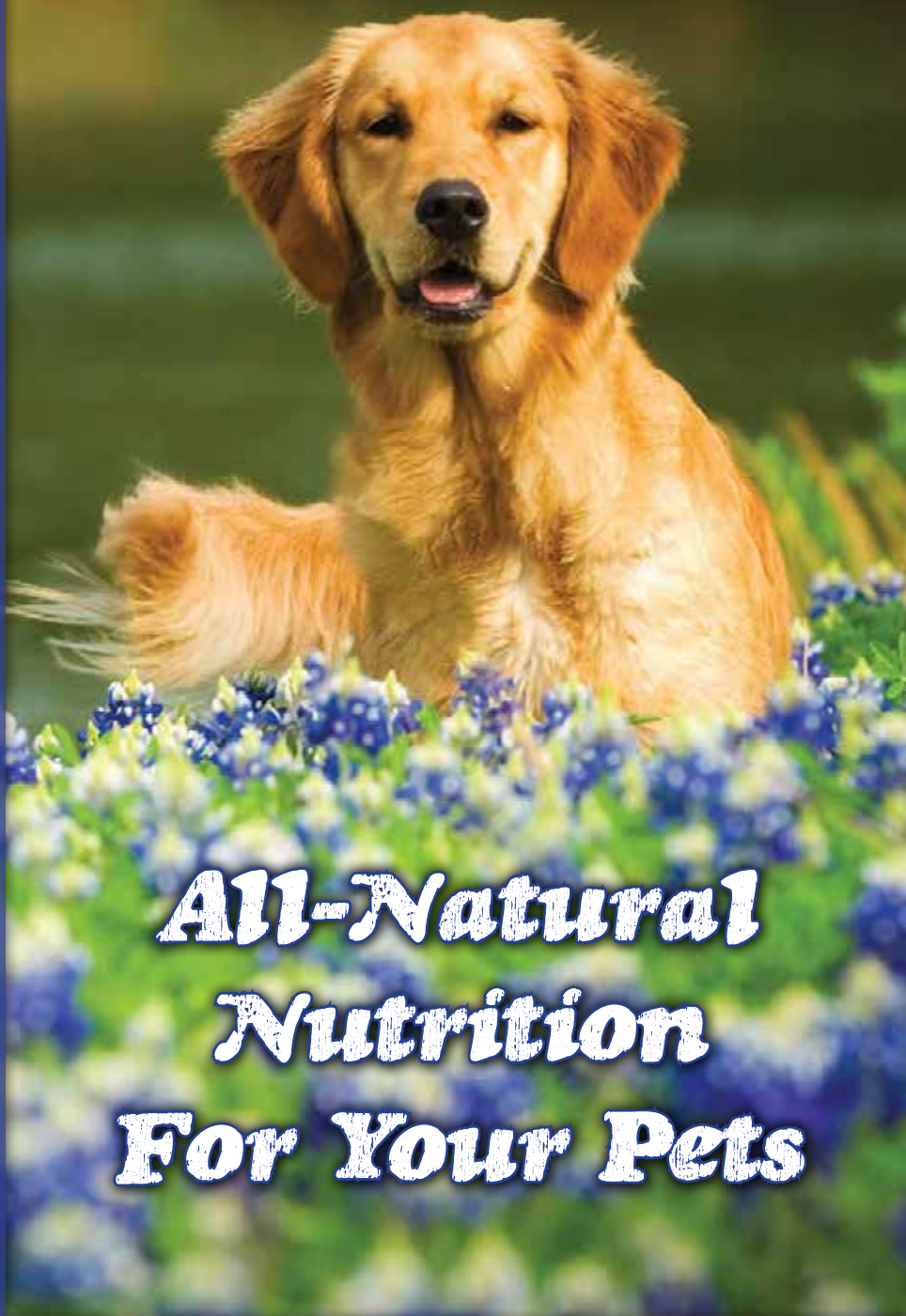
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## Back To School Checklist

Ensuring a  
Healthy Return  
to the Classroom  
Begins at Home

\* \* \* \* \*

As a parent, there's no doubt that back-to-school season requires a lot of effort to get your kids all set for the challenges of the classroom. But it's also an important time to consider your child's health, says Daniel Howard, M.D., a pediatrician with The Austin Diagnostic Clinic (ADC).

"From making sure all of the proper vaccinations have been administered on schedule, to getting their kids back on 'school year' sleep schedules, health is obviously a huge consideration for parents with school-age children," Dr. Howard says.

- **Vaccinations 101.** Children should receive a variety of vaccinations and booster shots to prevent them from getting many serious and highly contagious diseases.
- **Hearing and vision tests.** Consider getting your child's hearing and vision tested before they begin school to prevent learning challenges in the classroom.
- **Health information.** Parents should be prepared to provide schools with a list of emergency contact information that includes telephone numbers for parents, close family, pediatrician, and dentist.
- **Diet and sleep.** Healthy eating is a critical part of a child's physical and mental development and can help curb the risk of childhood obesity. Sleep is also essential—kids should get between eight to 11 hours per day, depending on their age.

*Daniel Howard, M.D., is a pediatrician for The Austin Diagnostic Clinic, a multi-specialty clinic with physicians representing 21 medical specialties at more than six locations throughout Austin and Central Texas. Dr. Howard sees patients at the ADC Cedar Bend, at 2400 Cedar Bend Drive. For more information, visit [www.adclinic.com](http://www.adclinic.com) or call 512-901-4016. To download an electronic version of this release, please visit [www.delaune.com/ADC](http://www.delaune.com/ADC)*



## SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to [riverreview@peelinc.com](mailto:riverreview@peelinc.com). Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



# Did you forget the name of that...



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## *Oven Baked Tilapia with Leek Cilantro Salad*

*by The Four Points Foodie*

*This is just a yummy dish! Oven baked tilapia is a good staple. I breaded mine with panko for a really light and crunchy texture. But what sets this recipe apart is the leek and cilantro salad on top. Served over a bed of jasmine rice, this is the perfect summertime meal.*



### *TILAPIA & RICE*

#### *Ingredients:*

- *Jasmine Rice, cooked per the package to serve 4*
- *4 Tilapia fillets, rinsed and dried*
- *2 T olive oil*
- *12 oz panko bread crumbs*
- *salt and pepper*

#### *Directions:*

*Preheat oven to 350 degrees. Prepare Jasmine Rice per the package to make 4 servings. Rinse and dry tilapia fillets and rub each one with olive oil. Dredge through the panko bread crumbs, pushing with your fingers so it sticks. Add a little extra olive oil onto your pan and place the breaded tilapia on it. Season with salt and pepper and bake in the oven for about 20 minutes or until done.*

### *LEEK AND CILANTRO SALAD*

#### *Ingredients:*

- *2 leeks, green tops discarded, sliced in half, rinsed and patted dry*
- *2 bunches cilantro, rinsed and dried*
- *2 T rice vinegar*
- *1 T butter*
- *2 T olive oil*
- *Salt and Pepper*

#### *Directions:*

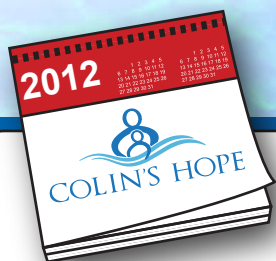
*Chop off the green tops of the leeks and slice in half, which makes cleaning easier. Remove all sand and pat dry. Slice the leeks and add to a saute pan with the 1 T of butter. Saute until tender, remove from heat and cool. Meanwhile, pick the clean cilantro leaves off the stems and add to a bowl. Add the cooled sauted leeks, rice vinegar, olive oil and season to taste with salt and pepper. To assemble: Start with a bed of jasmine rice, then the baked tilapia and topped with the delicious leek and cilantro salad. Serves 4.*



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## Colin's Hope Upcoming Events

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**September 16:** Colin's Hope Kids Triathlon

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Thank you to all of the volunteers and community partners who gave of their time, resources and talent this summer to help us raise water safety awareness to prevent children from drowning. We have made such an incredible difference! As the summer comes to an end, please continue to keep your children safe in and around the water. Put multiple layers of protection into place to prevent children from drowning. **Drowning is Preventable.**

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