

THE Current

SHADOW CREEK RANCH

AUGUST 2012

NEWS FOR THE RESIDENTS OF SHADOW CREEK RANCH

VOLUME 4, ISSUE 8

2012

GREAT AMERICAN CLEANUP

The 2012 Don't Mess With Texas Trash Off was held on Saturday April 14, 2012 in conjunction with Keep America Beautiful's Great American Trash Off.

The theme of this year's national Great American Clean Up, "Green Starts Here," is a rallying call that encourages volunteer groups, community leaders, and people of all ages and walks of life to begin creating more sustainable communities through their efforts as volunteers, and through their daily choices and actions. It also reflects Keep America Beautiful's long legacy of community improvement activities.

To date, 43 groups have completed their clean up and wrap up reports. The streets of Pearland played host to 527 volunteers who worked a total of 718 hours and collected 180 bags of trash.

Many volunteers expressed that the education KPB conducts during the year is impacting the amount of trash they are seeing and collecting on the streets. As always, the most littered item was cigarette butts, but many groups reported collecting commonly littered items such as fast food wrappers, plastic bottles, and paper!

Keep Pearland Beautiful's
9th Annual
Plant Thyme
Fall Luncheon

October 12, 2012
11:00am-1:00pm

Pearland Community Center
3523 Liberty Dr
Pearland, TX 77581
www.mykpb.org



WITH

THE

DAYTRIPPER

CHET GARNER

In response to the success of the Adopt-A-Spot Program and the Great American Cleanup, Keep Pearland Beautiful will be launching a new program called the Adopt-A-Plot.

The Adopt-A-Plot program will take place at the Yardwise Demonstration Garden, located adjacent to the Stella Roberts Recycling Center. Participants will agree to adopt a plot for a period of one year, and maintain their plot by hoeing and weeding monthly.

Keep Pearland Beautiful can assist

with ordering native and adaptive plants, mulch, and other materials to help fill in the beds as needed. This program will be made available to the first six families who are interested in maintaining a plot.

The next city-wide clean-up, the Fall Trash Off, is scheduled for September 8 2012. Please mark your calendars and make plans to attend our Fall Trash Off.

If you are interested in our Adopt-A-Spot or Adopt-A-Plot Program, please email ssun@mykpb.org or call (281) 652-1659.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Sheriff – Non-Emergency.....	281-331-9000
Pearland Police Department	281-997-4100

SCHOOLS

Mary Marek Elementary	281-245-3232
Laura Ingalls Wilder Elementary	281-245-3090
Manvel Junior High	281-331-1416
Alvin Senior High	281-331-8151
Manvel High School	281-245-2235
Alvin ISD Administration	281-338-1130
Alvin ISD Transportation	281-331-0960

UTILITIES

Electricity - Reliant Energy.....	713-207-7777
Gas - Center Point	713-659-2111
Trash Removal - City of Pearland	281-652-1600

OTHER NUMBERS

Pearland Post Office	281-485-2132
Poison Control.....	800-764-7661
Brazoria County Health Department	979-864-1484
Animal Control.....	281-756-2265
Cable/Internet/Phone...COMCAST	713-341-1000

CITY

Pearland City Hall.....	281-652-1600
Pearland Utility Billing - Water Dept.	281-652-1603
Pearland Animal Control.....	281-652-1970
Pearland Police Dept - Non-Emergency	281-652-1100
Pearland Public Works.....	281-652-1900

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SHADOW CREEK RANCH

New Season of Plays Announced At New Pearl Theater

From a side-splitting farce, to a radio drama, to a holiday favorite, to a Pulitzer-prize winning play, a murder mystery and more, the new season presented by the Pearland Theatre Guild at Pearland's new community theater, the Pearl Theater is a combination of community favorites and new works.

"We believe our new season has something for everyone," says Renee van Nifterik, founding executive director.

"We are especially excited about our new children's programming with opportunities for youth to take classes, participate in performances, and attend quality live theater," van Nifterik continues.

The main stage evening season includes, *The Nerd* written by Larry Shue, a play dubbed the funniest play ever written, *Vintage Hitchcock* by Joe Landry, a live radio drama on stage, the holiday favorite, *A Christmas Story* written by Philip Grecian, the gripping drama, *A Raisin in the Sun* by Lorraine Hansberry, The heart-touching, *Boys Next Door* by Tom Griffin, the zany mixed up murder mystery, *Rehearsal for Murder* by D. D Brooke, and a summer musical revue featuring music of the fifties.

The children's season includes productions designed to appeal to young and family audiences. The shows will be lower-priced



and presented on Saturdays. *Snow White*, *Little Red Riding Hood* and *Goldilocks* and the *Three Bears*, and *Punch and Judy* and the *Three Sillies*. The after school classes are available for students in grades K-8.

Special Engagement in a special series called *Friday Night Live* featuring live musical acts and bands. Kevin Charles and *Trucker's Choice*, an Elvis show, *Collective Hallucination*, and a *Blues Brothers Tribute Band* are

some of the live musical acts scheduled to appear at the Pearl Theater in the new season.

Classes start in the fall and the Pearland Theatre Guild is hosting a free Open House on September 8, 2012 where patrons can tour the facility, meet teachers, and see live performances while enjoying refreshments and activities for the whole family.

The Pearland Theatre Guild is a 501c3 non-profit performing arts organization and is sponsored in part by a grant from the city of Pearland through the Parks and Recreation Department. Local corporate sponsorship is provided by McGuff Architects and the Drink Station.

For more information about the Pearland Theatre Guild and the Pearl Theater, visit www.Pearl-Theater.com. The Pearl Theater is located 5 minutes from Shadow Creek at 14803 Park Alameda, Houston, TX 77047.

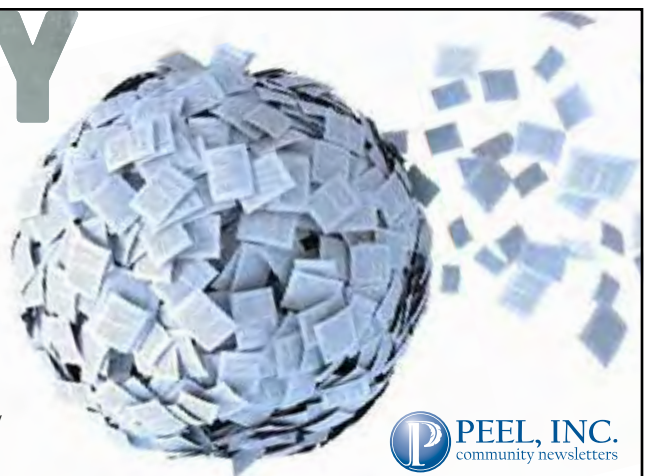


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Immunizations: Not Just for Kids

By: Concentra Urgent Care

Although most toddlers in the United States have received all recommended vaccines, many adults and adolescents have not. These missed vaccinations increase their risk for infection, hospitalization, death, and disease spread, and they contribute to the estimated \$10 billion that is spent annually on vaccine preventable diseases in the United States.

Evidence shows that currently approved vaccines are safe and effective. However, coverage rates for persons of all ages vary nationwide. Reasons cited include lack of health insurance, unfamiliarity with vaccine recommendations, limited access at physicians' offices, or the perceived cost of vaccines.

What you need to know is that obtaining recommended vaccines in a timely manner can prevent disease. The Advisory Committee on Immunization Practices (ACIP) recommends the immunization schedule to the right for generally healthy adults and adolescents.

For more information about immunizations and where to get them, contact your health care provider, your Concentra health specialist, or visit the CDC's Web Site at: www.cdc.gov/vaccines.

**Specific recommendations for individuals may vary depending on age, prior immunization history and the presence of other existing conditions; please see the Centers for Disease Control (CDC) Web site at: <http://www.cdc.gov/vaccines/recs/schedules/default.htm>*

IMMUNIZATION SCHEDULE RECOMMENDATIONS

INFLUENZA:

Yearly, especially if at risk

MENINGOCOCCAL:

One dose, age 11-12 or 13-18 if not previously immunized

TETANUS-DIPHTHERIA/TETANUS

One dose, age 11-12, then booster

DIPHTHERIA-PERTUSSIS:

every 10 years

HUMAN PAPILLOMA VIRUS

Three doses, age 11-26 (females only):

MEASLES - MUMPS - RUBELLA:

If born after 1956, one or two doses if never immunized up to age 65

PNEUMOCOCCAL:

One dose, at or after age 65

VARICELLA (CHICKEN POX):

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ZOSTER (SHINGLES):

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SHADOW CREEK RANCH

Back To School Checklist

Ensuring a Healthy Return to the Classroom Begins at Home

As a parent, there's no doubt that back-to-school season requires a lot of effort to get your kids all set for the challenges of the classroom. But it's also an important time to consider your child's health, says Daniel Howard, M.D., a pediatrician with The Austin Diagnostic Clinic (ADC).

"From making sure all of the proper vaccinations have been administered on schedule, to getting their kids back on 'school year' sleep schedules, health is obviously a huge consideration for parents with school-age children," Dr. Howard says.

- **Vaccinations 101.** Children should receive a variety of vaccinations and booster shots to prevent them from getting many serious and highly contagious diseases.
- **Hearing and vision tests.** Consider getting your child's hearing and vision tested before they begin school to prevent learning challenges in the classroom.
- **Health information.** Parents should be prepared to provide schools with a list of emergency contact information that includes telephone numbers for parents, close family, pediatrician, and dentist.
- **Diet and sleep.** Healthy eating is a critical part of a child's physical

and mental development and can help curb the risk of childhood obesity. Sleep is also essential—kids should get between eight to 11 hours per day, depending on their age.

Daniel Howard, M.D., is a pediatrician for The Austin Diagnostic Clinic, a multi-specialty clinic with physicians representing 21 medical specialties at more than six locations throughout Austin and Central Texas. Dr. Howard sees patients at the ADC Cedar Bend, at 2400 Cedar Bend Drive. For more information, visit www.adclinic.com or call 512-901-4016. To download an electronic version of this release, please visit www.delaune.com/ ADC





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Gratitude is the key

Unlocking The Doors To Treasures In Our Children

By Sugandha Jain

Gratitude is an instant mood converter. Gratefulness is the knife that melds impatience to patience, fear to love and anxiety to peace. Enveloped by the clouds of thankfulness, we can soar high in the air of optimism. Our aura is immediately cleansed when we fill our thoughts with praise. Relationships glow under the varnish of a positive expression in mutual affection.

We only have to look around us to realize how blessed we are. Being mindful of the generosity of people, beauty in our surroundings and the uniqueness of our own spirits can help us appreciate our fortunate existence.

Opening ourselves to receiving divine grace that is already a part of our lives makes us acknowledge our own sacredness. We appreciate our oneness with the universe and what we feel as a result, is gratitude on being a part of the whole. We feel love, we feel complete.

Modeling gratefulness with our families can help children open their hearts to the love and light in everything they do. Daily writing in their Gratitude Journal can gradually shift children's consciousness to a higher dimension.

Constantly reminding children to see the lessons presented by events instead of sulking on challenges can be an exercise in life-long learning. When we encourage children to make choices, evaluate them and re-choose options that help them feel grateful, we show them how to be free.

Together, we find that our interactions with each other have always been complete; the missing link in the puzzle in seeking out and seeding in the Om of smile- the symbol of thankfulness.

Sugandha Jain is a Master Registered Texas Trainer and Director of Accreditation at a local preschool.



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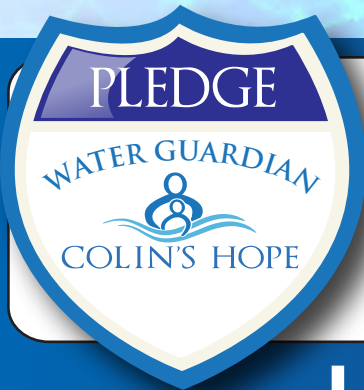
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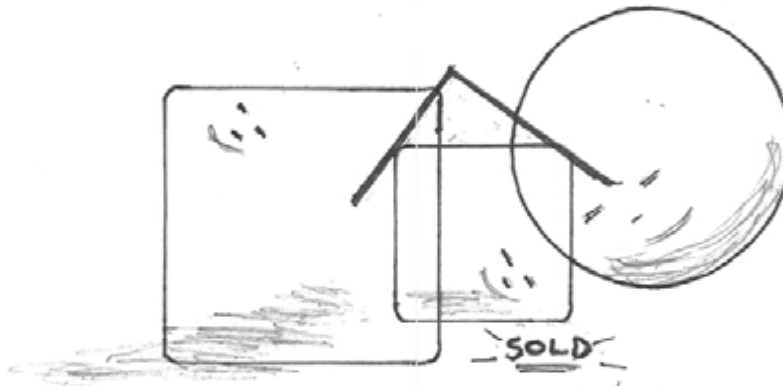
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