

ACIA

Happenings

September 2012

Official Newsletter of the Atascocita Community Improvement Association

Volume 2, Issue 9

Crime Statistics Down Since Last Year!

Harris County Precinct Four Constable's Office - Patrol Division Statistics

ATASCOCITA Detailed Statistics Report For 07/01/2012 to 07/31/2012

Unit	Contract Calls	District Calls	Reports	Felony Arrests	Misd Arrests	Tickets	Recovered Property	Charges Filed	Mileage	Days
40	21	15	8	0	0	7	0	0	1478	17
4D12	4	2	0	0	0	0	0	0	117	2
4E64	55	47	12	0	1	77	0	2	1218	19
4E65	24	44	17	0	0	21	0	0	915	18
4E70	49	34	12	0	0	17	0	2	895	15
74	41	1	14	0	0	29	0	0	1278	14
80	20	22	12	0	0	8	0	0	684	14
TOTAL - ALL	214	165	75	0	1	159	0	4	6585	99

www.aciahomeowners.org

	Jul-12	Jul-11	YTD Jul 2012	YTD Jul 2011	MTH 2012 vs 2011	YTD VARIANCE 2012 VS 2011
BURGLARY OF A HABITATION	1	0	4	8	1	(4)
BURGLARY OF A MOTOR VEHICLE	3	3	18	25	0	(7)
THEFT FROM A HABITATION	0	3	4	7	(3)	(3)
THEFT OF MOTOR VEHICLE	0	0	2	0	0	2
THEFT - OTHER	0	0	13	9	0	4
ROBBERY	0	0	0	2	0	(2)
SUB-TOTAL		6	37	51	(6)	(14)
ASSAULT	1	1	2	5	0	(3)
SEXUAL ASSAULT	0	0	1	1	0	0
CRIMINAL MISCHIEF	2	0	15	13	2	2
DISTURBANCE - FAMILY	2	2	16	13	0	3
DISTURBANCE - JUVENILE	0	4	6	34	(4)	(28)
DISTURBANCE - OTHER	16	20	75	107	(4)	(32)
ALARMS	31	35	161	197	(4)	(36)
SUSPICIOUS VEHICLES	8	13	70	109	(5)	(39)
SUSPICIOUS PERSONS	9	6	73	64	3	9
RUNAWAYS	0	2	2	4	(2)	(2)
TELEPHONE HARASSMENT	0	0	3	4	0	(1)
OTHER CALLS	39	64	372	474	(25)	(102)

Crime statistics from July 2011 are compared with July 2012 in the table above. Overall, crime is diminished.

www.aciahomeowners.org

Notes from the President

Jimmy Wells, President ACIA

By the time you read this news article school bells will already be ringing. "Yea to parents and Ugh for the children". As always remember the little ones never think to look before running into or across the street. Please pay attention and watch out for them. Who knows one of them may be the future of our country, or a doctor who finds the cure for some disease. Think, we constantly read about parents and or relatives taking their eyes off of them for a second and the worst tragedy of a lifetime happens.

Now for the indestructible generation (so they think and so we thought) our teenagers (young adults). They fear nothing, believe their missile will stop on a dime

and oh remember I am driving so move over for me while I text, talk on the phone or with my friends. You can drive up and down FM 1960 and see the white crosses of our future generation that are no longer with their family and they are still grieving. Sometimes accidents cannot be prevented. In my personal opinion it is okay to say "no" to our children. You can discipline with love.

Safety, Safety, Safety - always as we want them to come home safe. Let them get angry, they will be alive and probably not injured.

Remember who the parent is and who the child is.

ACIA HAPPENINGS

COMMUNITY CONTACTS

BOARD MEMBERS

Jimmy Wells, President..... jwellsacia@yahoo.com
Kathryn Dahlin, Vice President..... kdahlinacia@gmail.com
Ron Jones, Treasurer..... rwjones2012@hotmail.com
Laura Lammers, Secretary l.lammers@yahoo.com
Robert Nieto, Trustee robertanieto@gmail.com
Sterling Assoc. Services..... servicedesk@sterlingasi.com

ARCHITECTURAL CONTROL COMMITTEE

Janel Dale.....
Ron Jones.....
Tim Mulkey
Steve Daniele.....

EMERGENCY INFORMATION

Fire, Medical or Life Threatening Emergency 9-1-1
P-4 Constable Dispatch..... 281-376-3472
Humble ISD Police (Schools)..... 281-641-7900
Atascocita Volunteer Fire Dept (AVFD)

Non-Emergency Number 281-852-2181
Harris County Animal Control 281-999-3191
Texas Poison Control Center 800-222-1222

UTILITIES

Electric, (multiple providers) www.powertochoose.org
Power Outages 713-207-7777
Street Light Outages 713-207-2222
Gas, Centerpoint Energy 713-659-2111
Gas Leaks 713-659-2111
Water, Severn Trent 281-579-4500
24 Hour Emergency Number 281-209-2100
Telephone, Centurylink..... 877-290-5458
Trash, Waste Management..... 888-964-9734
Humble Post Office..... 281-540-1775
Harris County MUD #132 www.hcmud132.com
Harris County MUD #151 www.hcmud151.org

SCHOOLS

Humble ISD 281-641-1000
Website www.humble.k12.tx.us
Pine Forest Elementary..... 281-641-2100
Maplebrook Elementary..... 281-641-2900
Atascocita Middle School..... 281-641-1000
Atascocita High School 281-641-7500

NEWSLETTER INFORMATION

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NOMINATING COMMITTEE

Volunteers are needed to pursue candidates for the next Board of Trustee election which will be held in November 2012. The only qualification necessary is the desire to serve. Please email Laura Lammers at L.Lammers@yahoo.com if you would like to volunteer.

Trash Can Reminder

Residents are reminded that trash cans should only be set out on trash pickup days, Tuesday and Friday. Trash set out any day other than trash day is a violation of the deed restrictions and can become a nuisance. Residents should also remove their trash cans from the curb after pickup. Trash cans left in view destroys the neighborhood attractiveness.

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Atascocita Country Gardener's New Leaders

Each year, the Atascocita Gardener's elect a group of officers to serve a new term for the next nine months. The newly elected officers were recently installed at a luncheon with the membership. The following board members were installed for the 2012-2013 year:

President Marguerite Baxter
First Vice President, Programs Audrey Lloyd-Rees/Beverly Bowers
Second VP, Membership Margaret Curry
Secretary Lisa Leger
Treasurer Bette Fleming
Parliamentarian Barbara Eckel

The committee members are also a very important part of the garden club. The members that have accepted responsibility in the garden club are very reliable and dependable. Their contributions add strength to the leadership of our organization.

Garden Club Volunteers have been very involved selecting yard of the month winners throughout the summer months. We've had a lot of photos of beautiful yards that have been submitted to the nominations committee through the ACIA members.

The Board Members, Committee Members, and membership work together to serve and beautify the Atascocita Community through meaningful services in the area.

Lake Houston

Ladies Club

September Meeting:

The Lake Houston Ladies Club will have their membership luncheon and meeting on Tuesday, Sept. 18, 2012, beginning at 10:00 a.m. at the Walden Country Club, 18100 Walden Forest, Humble TX 77346. Please join us. New members are always welcome. Please call Carol at 832-671-4475 for reservations by Friday, Sept. 14th by 5:00 p.m. Call Hester at 281-852-1442 for more information about the club.

General Publicity about the club

Lake Houston Ladies Club is a social organization that meets from September to May on the third Tuesday of the month at the Walden Country Club, 18100 Walden Forest Drive, in Humble TX. The club welcomes new members from all surrounding areas to join and offers several avenues for individual interest. They include: Antique Lovers, Readers Choice, Bridge, Bunco, Lunch and Look, Movie Group and Supper Club. There are periodic events planned during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends. Please call Carol at 832-671-4475 for reservations. For more information call Hester at 281-852-1442.



ACIA HAPPENINGS

ACIA – Safety Advisory Committee

The SAC has been working with the Sergeant Lekas over the past weeks to see what we as a Committee and BOT can do to help them in their efforts of patrolling our community. We feel that the ACIA could easily remedy the situations and be proactive and stop event driven vandalism and bring a safer community. This is a great start and the ACIA BOT has helped on this. We are looking into additional lighting needed for the common areas. Together we have had 27 street lights repaired and burning again. Remember ...we can only be as good as the input of the community and their attendance to these presentations.

The ACIA-SAC would like to thank Eric and Kathy Lookofsky for their generous use of their facility for these meetings. Without this we could not bring presentations like this to the community. Hope to see you there.



SUDOKU

8		7			2		4	9
			3			7	1	
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			5		7			
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	7						8	
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	2	1			8			

View answers online at www.peelinc.com

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

Texas Division of Emergency Management Hurricane Preparedness Guidelines Preparing for Hurricane Season: June 1- Nov. 30



Residents of Texas Gulf Coast **EVACUATION ZONES** should **BEGIN NOW** by making an evacuation plan, preparing an emergency kit and learning evacuation routes well in advance.

If you have special health care needs, register by dialing 2-1-1: Gulf coast residents with special health care needs (including those who are disabled or medically fragile) who live in evacuation zones and do not have friends or family to help in an evacuation should register for assisted transportation in advance by dialing **2-1-1**. The **2-1-1** transportation assistance registry must be dialed **IN ADVANCE**. It is confidential. Do not wait until a storm is in the Gulf to register for assistance.

If you need transportation, register with 2-1-1: If you do not have a car or other vehicle, and you cannot get a ride with friends, neighbors or family, register **IN ADVANCE** for assisted transportation by dialing **2-1-1**.

Evacuation zone information: If you are interested in registering and you want to find out whether you are living in an evacuation zone, dial **2-1-1** for information.

Hurricane Preparedness tips online:

Texas Division of Emergency Management Web site: www.txdps.state.tx.us/dem

FEMA Web site: www.Ready.gov

Red Cross Web site: www.redcross.org

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ACIA HAPPENINGS

SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos.



We want pictures of your kids doing everyday things, school events, plays, sports, etc.

Send in your pictures to be featured in the ACIA Happenings newsletter.

E-mail your pictures to l.lammers@yahoo.com by the 8th of the month.

Share a Smile with a Senior

Do you like to Clown around and make a difference with our seniors?

Would you like to share your gift of humor to lighten the hearts of others?

Have you ever felt like your calling or passion in life is to work with seniors?

Do you like to put a smile on someone's face or hear them laugh with glee?

If so, we have a volunteer opportunity working with residents.

With just a couple of hours a week you can really make a difference in the lives of our terminally ill patients, their loved ones, and resident friends.

Do you like to call Bingo, play Dominoes, or do karaoke?

So why not make up your mind that you will give a little of your time to people who don't have much time left in this life.

We have hospice patients in Cypress, Tomball, The Woodlands, Spring, Conroe, and Houston (Cy-fair area and near Highway 45 and 1960).

Don't wait any longer. Call me today at Heart to Heart Hospice at 281 731-3156 and ask to speak to Leanne Crowe, Volunteer Coordinator or email me at lcrowe@htohh.com. Please leave a telephone number so I can call you back.

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FM 518 at Dixie Farm Road
281-648-9113

CYPRESS
17255 Spring Cypress Road, Suite A
Spring Cypress at Skinner Road
281-304-9113

ATASCOCITA
19143 W. Lake Houston Parkway
W. Lake Houston Pkwy at FM 1960
281-540-9113

ACIA HAPPENINGS

Watermelon Lime Cocktail

Summertime in the evenings ... watching the sunset, feeling the breeze, enjoying the end of the day. Put this in your hand and your enjoyment level will increase! It's light, refreshing and really flavorful!

Ingredients:

- 1 C seedless watermelon, cubed
- 1 t sugar
- 2 oz Vodka {I love Tito's}
- juice of 1 lime
- splash of beer
- lime and watermelon wedge as garnish



Directions:

In a tall shaker muddle the watermelon and sugar together until well mixed and very juicy. Fill a glass with crushed ice then drain the watermelon liquid into the glass {it should fill it 2/3 full}. Add 2 oz vodka, lime juice and splash of beer. Mix and sip... delicious!



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HEALTH BRIEFS - September 2012

EARLY DETECTION OF GLAUCOMA CAN SAVE EYESIGHT

Annual eye exams should include screenings for glaucoma, even for younger adults, because early detection can prevent long-term damage to sight, said ophthalmologists at Baylor College of Medicine. The biggest problem with glaucoma is that it's a silent disease, a sneak thief of sight," said Dr. Silvia Orengo-Nania, professor of ophthalmology in the Baylor Eye Clinic at BCM. "You could have visual damage occurring over time and not know it. Once damage occurs, it is irreversible and you will not be able to get any vision back that you have lost. This is why screening early is critical." Glaucoma usually occurs when increased pressure in the eye slowly destroys the optic nerve, damaging your ability to see, Orengo-Nania said. Approximately 2 million people in the United States are visually impaired by glaucoma. It is one of the leading causes of blindness. Treatment can help slow down, but not reverse impaired vision, Orengo-Nania said

SUMMER IDEAL TIME FOR ANNUAL SCHOOL PHYSICALS

The perfect time to schedule school-required physicals is during the summer. A pre-participation physical exam (PPE) should be performed at least six weeks before preseason practice in order to avoid overbooked doctor's offices, but more importantly to allow time to correct or rehabilitate any detected problems. "If procrastination is due to fear that a health problem will keep them off the team, that fear is usually

unwarranted," said Dr. Julie Jones of Baylor College of Medicine. Research shows less than 2 percent of athletes are denied clearance to play sports due to the PPE. The exam serves various purposes: to determine the athlete's general health, to detect conditions that might predispose the student to injury or illness during competition, to detect conditions that might be life-threatening or limiting an athlete's safe participation, and to meet legal and insurance requirements of the state or school.

MODERATION KEY TO ALCOHOL CONSUMPTION

Though drinking small amounts of alcohol can have potential health benefits, Baylor College of Medicine doctors say drinking too much can do more harm than good. "The key to this contradiction is moderation," said Dr. Jeffrey Steinbauer, professor of family and community medicine at BCM. "While many people can drink more than one drink without becoming impaired, drinking higher amounts of alcohol increases the chance of suffering from various health problems." High levels of alcohol consumption contribute to health problems such as weight gain, heart problems, high blood pressure, dehydration, digestive problems including diarrhea and malabsorption, and even cancer. "While liver cancer is not directly related to drinking, some gastrointestinal cancers, like esophageal cancer, are," Steinbauer said. Moderation is the key when it comes to drinking, and you should discuss your alcohol intake with your doctor to determine whether your level is healthy or harmful.

Did you forget the
name of that...



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