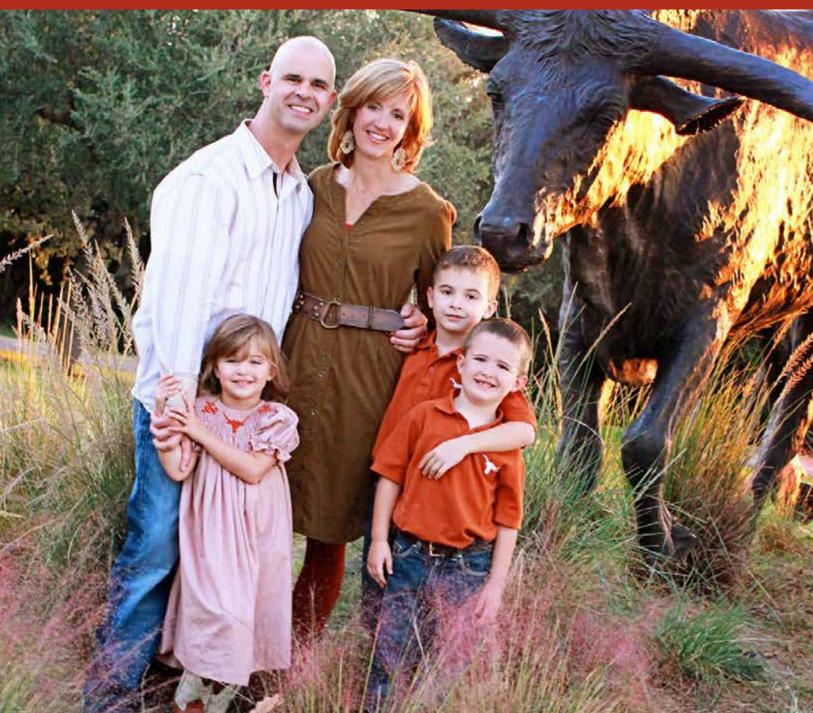


VOLUME 6 ISSUE 9

SEPTEMBER 2012





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Not valid with any other offer. This coupon has no cash value. (Limited Time Offer) Why pay for Teeth Whitening? Our Patients get it FREE! With completion of dental exam, cleaning, and necessary x-rays. Available to new patients only. (Limited Time Offer)



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Located in the Shops at Steiner Ranch overlooking the UT Golf Course Dr. Hawthorne and Dr. Devine are General Dentists.

COMMUNITY INFO

STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane Austin, Texas 78732 512-266-7553 – Telephone 512-266-9312 – Facsimile www.steinerranchhoa.org

The Association Office is no longer open on Saturdays. Please make a note of the "Regular" office hours that are now in effect.

REGULAR OFFICE HOURS

Monday - Thursday	1:00pm - 5:00pm
Friday	
Saturday	
Sunday	

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--------------	-----------------------------

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MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

"Be the Community."

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	
Fire	
Ambulance	
Sheriff – Non-Emergency	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescu	
Administration Office	512-266-2533
Travis County Animal Control	

STEINER RANCH CONTACTS

Steiner Ranch Community Association Office..... 512-266-7553

SCHOOLS

Leander ISD	
Vandegrift High School	
Canyon Ridge Middle School	
Laura Welch Bush Elementary	
Steiner Ranch Elementary	
River Ridge Elementary	512-570-7300

UTILITIES

Travis County WCID # 17	
City of Austin Electric	512-494-9400
Texas Gas Service	
Custom Service	1-800-700-2443
Emergencies	512-370-8609
Call Before You Dig	1-800-344-8377
AT&T	
New Service	1-800-464-7928
Repair	1-800-246-8464
Billing	
Time Warner Cable	
Customer Service	512-485-5555
Repairs	512-485-5080
TDS (Trash & Recycle)	512-421-1300
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Lake Travis Postal O	ffice	512-263-2458
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NEWSLETTER PUBLISHER

Peel, Inc.	
Advertising	advertising@peelinc.com

GO GREEN! GO PAPERLESS!

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Home Athletics Schedule August/September

Date	Sport	Opponent	Time
8/31	VB	Concordia Ann Arbor%	5 p.m.
9/1	VB	Concordia Wisconsin%	10 a.m.
	VB	Concordia Chicago%	2 p.m.
	WS	Dallas!	5 p.m.
	MS	Dallas!	7 p.m.
9/9	WS	Huston-Tillotson!	5 p.m.
	MS	Huston-Tillotson!	7 p.m.
9/19	WS	Trinity!	7 p.m.
9/21	VB	Mary Hardin-Baylor\$	7:30 p.m.
9/22	VB	Mississippi College\$	12:30 p.m.
	WS	East Texas Baptist^	2 p.m.
	MS	East Texas Baptist^	4 p.m.
	VB	Texas-Tyler\$	5:30 p.m.
9/23	WS	Austin College^	2 p.m.
	MS	Austin College^	4 p.m.
9/28	VB	Sul Ross State	7 p.m.

VB (Volleyball) MS (M. Soccer) WS (W. Soccer) % Concordia Invitational \$ ASC Dig Pink Crossover Challenge ! at St. Stephen's ^ at Vandegrift High School

CTX Athletics Is Now Accepting Tornado Club Applications!!!

For up-to-date information about CTX Athletics and to register online for the ticket pass, please check out our website at:

athletics.concordia.edu

ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to <u>steinerranch@peelinc.com</u>. The deadline is the 8th of the month prior to the issue.

COVER PHOTO

This month's cover photo was taken by Hillarry of Silver Bee Photography of the Chatterton family in front of the Bevo statue at the UT Golf Club. We thought it was perfect for the September cover with the start of College football this month.

Do you take great photos?

Would you like to see your photo published? We are looking for great cover photos for upcoming July issue of the Ranch Record.

REQUIREMENTS FOR SUBMISSION:

- Must have been taken in Steiner Ranch
- Be of High Resolution (240 dpi or higher)
- Prefer "portrait" orientation

We'd love to have something that pertains to this time of the year in some way, such as a Halloween photo or a School Fall program. Our October 2012 issue submittal deadline is September 7th and photos should be submitted electronically by the deadline date to Sharon Adams at sharon@steinerranchhoa.org.

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.

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Around Steiner

6.9

6.9

Happy Birthday!

September 1st Kristina David Happy 40th Birthday!

> September 10th Isabel Fink

September 15th Ainsleigh Erwin

September 28th Patricia Chesnutt



2012 Steiner Ranch Social Events

Sept 15	Garage Sale
Sept 29	Ladies Night Out
October	Pumpkin Patch
	Benefiting Dell Children's Hospital
Oct 28	Halloween Trunk or Treat
Nov 3	Camping on the Ranch
Nov 10H	loliday Sales Event and Santa Pictures

All Events are tentative and subject to change or cancel, so please check monthly issues of the Ranch Record, the Steiner Ranch website at www.steinerranchhoa.org and Facebook (Steiner Ranch Social Committee) for updates.

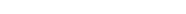
Mark Your Calendars Now!

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is where the heart is...

The key to finding your perfect home is to choose a realtor who understands the true meaning of buying and selling a home.

Congratulations to the winners of Movie in the Park and thank you to the Neighborhood for allowing me to put on such an incredible event for you. We hope to hold another series next Summer!"

June's winner: Ian H. was visiting his brother from Scotland who lives here in the Palisades section. July's winner: Elizabeth B. was visiting her aunt and uncle who recently moved to Steiner this July.





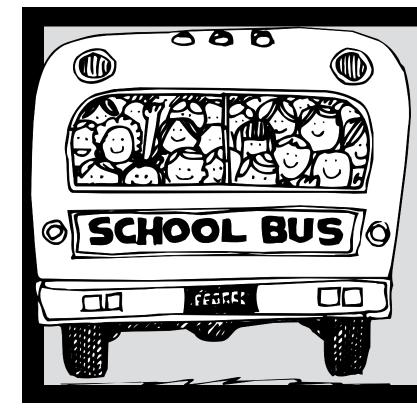
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Around Steiner



Back To School

School started August 27th, so now is the time for drivers to pay closer attention to the school zones in Steiner Ranch. We want to remind you that the speed limit in a school zone is 20mph and traffic fines double!

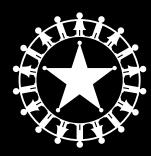
Other changes to be aware of include;

- Children behaving unpredictably
- School Bus Stops
- Crossing Guards please obey the guards! Remember, they are there for the safety of you and your children
- New areas of traffic congestion
- Be prepared for delays
- Use of cell phones in schools zones is prohibited!

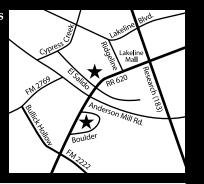
Please give yourself extra time in the mornings and midafternoons and remember if you are traveling in a school zone to slow down.

Time To Slow Down!





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www.bluebonnetschool.com



I'm an Engineer with an MBA. Go figure.

Tedious research and attention to detail is part of my DNA. Which is why my clients know that when I show them a market analysis or estimated net sheet, they can take it to the bank. And, as a wife and mom who's lived in River Place, Steiner, and Grandview Hills, I know Four Points like a schematic, and have a mother's sense of what will work for *your* family...and what won't. I'm the perfect combination of smarts and sensibility (and yes, I can be sweet too—it's in my name)! So call me today, and work with a Realtor[®] who knows how to use both sides of her brain.



512.496.2281 Margaret.jolly@kw.com

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Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to steinerranch@ peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www. PEELinc.com.

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Mark your Calendars SATURDAY, SEPT. 15th, 2012 8 AM - 12 PM

Community Wide FALL GARAGE SALE

Place the items you wish to sell in your driveway or garage before 8:00am. It's that easy! We will do the advertising for you!

This is a well attended event and the best time of the year to clear out your home of unwanted items.



of Steiner Ranch Degreed Dance Instructors

> ballet \bigstar tap \bigstar jazz \bigstar hip hop \bigstar Professional Youth Company





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Around Steiner



Thank you to all the Concert in the Park Sponsors! It may have been a wet, muggy day, but it didn't put a damper

on this year's Steiner Ranch Concert in the Park, which drew thousands to a Steiner-style end of summer celebration. The Concert had it all, from the foam-laden kids playing in the Games-2-U Foam Pit to the 8th grade band, Shoulda Turned Left and the talented music of Dark Blonde. We also had performances by the San Antonio Spurs Silver Dancer, the VHS Varsity Cheerleaders, Villari's Martial arts amazing Karate Demo and a Flash Mob led by Zumba instructer Mary Ann Ebler.

This year's event was especially unique as there was a special presentation from the Texas Forest Service and Travis County Commissioner, Sarah Eckart, who presented Nathasha Collmann, Firewise Chairperson with the Firewise Communities/USA award! This was a huge achievement and now Steiner Ranch is one of only a handful of Firewise Communities in Travis County!

Through the generosity of the Steiner Ranch Social Committee, who donated an IPAD to be raffled off at the event, the Firewise Committee was able to raise \$975 in raffle sells with 100% of the proceeds going to help purchase trees and re-vegetate the burned out areas of Steiner Ranch. Donations will continue to be accepted at the HOA office.

A special thanks to Kimberly McLaughlin of LaHacienda who Co-chaired this event and volunteered countless hours to make it a success and to Paul O'brien our rockin emcee!

We'd also like to thank all of our sponsors who attended, which this event could not have been possible without their participation!









BRONZE SPONSORS

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- Camp Gladiator
- Chase Bank
- Cowboy Up Austin Equestrian Center
- Craig Smyser, Re/Max Capital City
- Four Points Family Chiropratctic
- Four Points Guide
- Freedom Boat Club
- Games 2 U
- Jackson Media Group
- Lakeside Pizza & Grill
- New Horizons Learning Center
- Pilates at Four Points
- Rising Stars Pediatric Dentistry

- Shannon Kramer Keller Williams-Bartlett Real Estate
- Soul to Sole Dance Academy
- Spirit-X
- Steiner Ranch Orthodontics
- Steiner Ranch Steakhouse
- River Place Country Club
- Thirty-One Cathrine Parrington
- Villari's Martial Arts of Texas

NON-PROFITS

- ABLE, Inc
- Austin Christian Fellowship
- Austin Elite Swimming

- Hill Country Education Foundation
- Longhorn Village
- Pack 201 Scouts
- Steiner Ranch Neighborhood Association

entertainment

- Dark Blonde
- Shoulda Turned Left
- Villari's Martial Arts of Texas
- Mary Ann Elber's Flash mob
- Vandegrift High School Cheer
- Lake Travis Fire & Rescue
- Star Flight



Young at Heart Events steinerranchyoungatheart@gmail.com

Young at Heart is an informal group of Steiner Ranch residents that plans various activities for people (usually those in the 50+ age group but there are no restrictions) to provide opportunities for them meet each other. It is very informal. Since many people travel or are away from Steiner Ranch for extended periods of time, activities are planned to be enjoyed as frequently as members want. Those who are on the Young at Heart contact list receive emails announcing upcoming activities.

FIRST ANNUAL YOUNG AT HEART CRUISE

February 10-17, 2013 Royal Caribbean Mariner of the Seas Ports of Call include: Belize City (Belize), Roatan (Honduras) & Cozumel

Departing from Galveston

YOU'RE INVITED TO A "CRUISE NIGHT"

Thursday, September 13th, 6:00 PM Steiner Ranch Towne Square Meeting Room

Enjoy Food, Refreshments and Door Prizes as you learn more about the convenience of cruising from Galveston. There will be an informative presentation by Vacation Specialist Paula Kaisner along with Royal Caribbean's Lionel Garcia about the upcoming Valentine's Week Cruise. Meet other Steiner Ranch residents who have already reserved for the cruise. RSVP: Paula Kaisner at pkaisner@cruiseone.com or 512-607-6635.

GARDEN CLUB

For gardeners of all levels of experience who want to learn and share ideas.

LADIES LUNCHING OUT

Tuesday, September 18th - 12:00 Noon

LADIES GOLF

A loosely organized group of golfers of all experience levels who meet to play together

MEXICAN TRAIN

Wednesday, September 5th at 1:00 pm - Dominoes game

ROMEO (RETIRED OLD MEN EATING OUT)

Monday, September 10th at 11:30 am - Men's lunch group

TECHNOLOGY GROUP

Thursday, September 13th 11:30 am to 1:30 pm Towne Square "Computer Security"

WALKING GROUP

Every Thursday at 8:00 am

HAPPY HOUR

Informal gatherings at nearby restaurants

WINE SOCIALS

Occasional get-togethers in a home – BYOB and an appetizer to share.

If you have an interest that isn't mentioned above or if you are interested in learning more about Young at Heart activities, please add your name to our email list. Just send your name, phone number and email address to steinerranchyoungatheart@gmail. com . Everyone on the email list will be sent information about upcoming events, locations, etc.

Please contact Cheryl Burnaw at cherylburnaw@aol.com or Dottie Thoms at dottie.thoms@gmail.com or at 531-9360 if you have questions or want more information.

There are a lot of monthly and weekly scheduled activities as well as informal get-togethers. Whatever your interests, there is probably already a group to join. If not, and if there is enough interest, we'll establish a new one. Those currently active are:

BOOK CLUB

Monday, September 17th at 1:00 pm The Elegance of the Hedgehog by Muriel Barbery

BRIDGE CLUB

Wednesdays, September 12th and 26th

DINNER GROUPS

Four or five member couples and singles getting to know each other while having dinner together.

EPICUREANS

For those who love to cook, entertain and learn new cuisines and techniques.

SHOW OFF YOUR SUPER HERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Ranch Record.

E-mail your pictures to steinerranch@peelinc.com by the 8th of the month.



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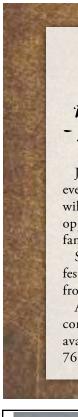
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Around Steiner



HALLOWEEN -Trunk or Treat

Join Steiner Moms & Tots on Sunday, October 28th for the first ever Steiner Ranch Trunk or Treat event! This community-wide activity will feature fun Halloween-themed activities, games, food, and the opportunity for young children to "trunk or treat" from participating family vehicles.

So that children are able to enjoy the neighborhood trick-or-treating festivities on Oct. 31st, this event will be held on Sunday, October 28th from 4-6pm. This event will replace the Children's Halloween Event.

Additional information and registration details will follow in the coming month. Volunteer and sponsorship opportunities will be available. For questions, please contact Caroline Burns at: (512) 761-1225.





Come learn why we're saying HOA is not a four letter word! Admission is FREE

UT Alumni Center September 21st Join other Austin area community association leaders to learn industry best practices that work.

- The 7 Deadly Sins of HOA Boards
- Cyber Theft Who Has The Keys to Your Account?
- Board Member Survival Best Practices for New and Seasoned Directors
- Four People You Should Know
- · Becoming Firewise Make Your Community Safe
- Money Saving, Water Saving Tools for Your Community

Visit any of over 65 industry exhibitors there to help you govern your neighborhood responsibly

Full details and online registration at: http://www.caiaustinevents.org/2012conf&expo 512-858-5228 caidunst@live.com

Come visit your PEEL, Inc. team at booth #R3 in the Rotunda!



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for a *personalized* home selling experience!

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<u>Around Steiner</u>







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Ranch Record - September 2012 19

Pool & Swimming News

We've Done It!

Steiner Ranch is now recognized as a Firewise Communities/USA! Due to the hard work and dedication of the Firewise Committee, Steiner Ranch has become a nationally recognized Firewise Community. What did it take to reach this achievement?

- First obtained a wildfire risk assessment with cooperation from the Texas Forestry Service and the Lake Travis Fire and Rescue.
- Formed a committee and created an action plan based on the assessment.
- Held several Fuel Reduction days, organized by the Firewise Committee and several hundred volunteers.
- Invested a minimum of \$2 per capita in Firewise events for the year.
- Submitted the lengthy and detailed application to the state Firewise liaison.

But, this is just the first step. The Firewise Committee is working with homeowners to continue more Fuel Reduction Days, writing monthly articles to teach homeowners about the Ready Set Go Program, and attending events, like the Concert in the Park to help spread the word about Fire Safety and how to reduce the risk to your home. Next time you see a Firewise Committee member, tell them Thank you!

Firewise Committee Members

Nathasha Collmann, Chairperson | Scott Selman, HOA Representative | Sandi Ruble and Ingrind Ableidinger

Holiday Sales Event & Santa Photos

Vendor Registration is now open!

To get you in the Holiday spirit, the Steiner Ranch Social Committee will be hosting its Annual Holiday Sales event on Saturday, November 10th from 10:00am - 2:00pm at the Towne Square Community Center. You can come and get all of your Holiday shopping done without ever leaving Steiner Ranch.

Want to be a Vendor? Do you make fabulous jewelry? Are you an artist? Do you have a home based business or service? Then become a vendor and show Steiner Ranch what you can offer. Three areas are dedicated for vendor space. Vendor spaces inside the Community Center are available at a fee of \$60.00 and spaces outside in the covered pavilion & uncovered veranda are \$40.00. (Heaters are provided). Spaces are available on a first-come, first-served basis. Registration fees must be paid to reserve your space, and no refunds will be made after November 1st. Steiner Ranch reserves the right to deny any application based on content or similarities to/duplication of products or services. Residents must be in "good standing" with the Association.

To register as a vendor, go to www.holidaysalesevent2012/ eventbrite.com. If you have any question, contact Sharon Adams, Community Coordinator at sharon@steinerranchhoa.org.

GMAC Mortgage

NWIS Unque Identifier & anys CAME. Montgage, UC Likel Internet as CAME. Montgage, UC Alloy Obta(A). Individual on the Net Washington, YA 1993 (1973); 2000). CAME Montgage and Ally Bank we part of the Ally Internet Internet. Any Internet Internet



Ready, Set, GO!

by Sandi Ruble

One year ago this month Steiner Ranch gained national attention when a wildland fire raced through our master-planned community. For many, it was like a mad dash -- grab what you can and get out of your house. Others were in the dark and didn't know what was going on until hours into the

situation. Some were out of town for the holiday weekend, while others were out for the day and not allowed to return to their homes, even to retrieve their family pets.



Three days of anxious waiting brought lots of

media and little news, except for the savvy neighbors and their social media connections. Firemen poured in from surrounding areas and worked around the clock to save and protect our residences and businesses. Despite their tireless efforts, some homes and pets were lost, property was damaged, and our lives were touched forever by the Labor Day Fires.

We came together as a community and helped each other. We shared stories, hugs and sorrows. Donations poured in from across our great state. What we didn't need, we gladly shared with other areas much harder hit by wildfires.

Not only have we begun to recover and rebuild from the fires, we have become a wiser community. Evacuation planning and routes are being evaluated, fuel reduction workdays are ongoing, and neighbors are educating themselves about firewise steps and actions.

We have looked at the Ready, Set, GO! program, as a collaborative effort to help educate the public about how to prepare for and stay safe in the event of a wildland fire situation. The last two months' articles have concentrated on being Ready - providing you with tips and tools you need to prepare for the threat of a wildfire, and being Set - helping you become aware of your situation when a fire starts. Today we look at when to GO!

In the event of a wildfire, leaving early provides you and your family with the best chance of survival. It also helps clear the area for emergency vehicles, enabling them to do their job better. It's not necessary to wait for authorities to tell you to leave. If you feel that the situation presents danger to your family, you should gather your emergency supplies and leave your home for a predetermined safe location. It also is useful, when possible, to have alternative routes to your safe location in case your first route is blocked.

We have come to realize that living in central Texas in a neighborhood like Steiner Ranch, surrounded by natural greenbelt areas, makes for beautiful scenery on one hand and the threat of wildfires on the other. And while we cannot completely eliminate our wildfire threat, we can educate ourselves and be better prepared in the event of another wildland fire.

Firewise is a nationally recognized program to help neighbors work together to become a safer community. Anyone interested in becoming more involved is invited to the Firewise committee meetings. Meetings will be the 3rd Thursday of each month at Bella Mar Community Center at 6:30pm (August 16 and Sept. 20). Look for links to Firewise information coming soon to the new HOA website.



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www.landscapesbystjohn.com

Around Steiner DON'T BE A NUMB SKULL!

According to Whole Living Magazine, over the past few years cycling is up over 70% and cycling fatalities are down 9% (and down over 25% over the past decade according to the National Highway Traffic Safety Administration).

The massive upswing in the number of cyclist is arguably due to peoples increased awareness about the health benefits of cycling, peoples concern with the environment and wanting to make a difference by reducing their carbon footprint, cycling can be a cost effective alternative to driving or public transportation, and simply because it is freak'n fun!

As far as the down swing in fatalities, it is mostly attributable to more and more designated bike lanes and increased motor-awareness. As we continue to add more and more bike lanes and more motorists share the road and/or become cyclists, we should see that statistic continue to decrease.

As a cyclist, we can lower our risk of being a statistic by simply wearing a helmet! 95% of the cyclist fatalities are cyclists not wearing helmets. One cyclist fatality is one to many so please wear a helmet when riding your bike. The world is a much better place with the more cyclists we have.

If you're interested in riding your bike and having some fun please join us some time by signing up for free at www.steinerranchcycling. com and/or LIKE our Facebook page at "Steiner Ranch Cycling"... and don't forget your helmet!

> Sincerely, The Soul Cyclist

The Soul Cyclist is every dad or mom that has gone on a bike ride with their son or daughter. It's the kids' riding their bikes on the way to school, it's the roadie, mountain biker, bmx'er, bicycle commuter, cruiser, exercise fanatic and the child in each one of us that remembers the joys of being outside on a bicycle.

SEPTEMBER CYCLE SCHEDULE

SATURDAY SEPTEMBER 1ST

7:30am Meet at Cups & Cones: Intermediate Ride (40 - 50 miles) **SUNDAY SEPTEMBER 2ND**

8:30am Meet at Cups & Cones: Tour de Steiner Ranch Easy Ride (22miles)

SATURDAY SEPTEMBER 9TH

7:30am Meet at Cups & Cones: Intermediate Ride (40 - 50 miles) **SUNDAY SEPTEMBER 10TH**

8:30am Meet at Cups & Cones: Tour de Steiner Ranch Easy Ride (22miles)

SATURDAY SEPTEMBER 15TH

7:30am Meet at Cups & Cones: Intermediate Ride (40 - 50 miles) **SUNDAY SEPTEMBER 16TH**

8:30am Meet at Cups & Cones: Tour de Steiner Ranch (22miles) Easy Ride

SATURDAY SEPTEMBER 22ND

7:30am Meet at Cups & Cones: Intermediate Ride (40 - 50 miles) SUNDAY SEPTEMBER 23RD

8:30am Meet at Steakhouse: Steiner Ranch Steakhouse Ride Intermediate Ride (33miles)

SATURDAY SEPTEMBER 29TH

7:30am Meet at Cups & Cones: Intermediate Ride (40- 50 miles)

SUNDAY SEPTEMBER 30TH

8:30am Meet at Cups & Cones: Tour de Steiner Ranch Easy Ride (22miles)

Steiner Ranch Cycling Club is fielding a team for the Livestrong Challenge on October 21st here in Austin. This is the 15th year anniversary of the ride and the distances range from 10 - 100 miles. What is cool about it this year is that there is no fund raising minimum as in prior years and it only cost \$50 to register which is a normal registration fee for an organized run or ride. http://laf.livestrong.org/goto/SteinerRanchCycling



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Texas Army National Guard's 1-143rd Infantry Airborne Battalion

Submitted by Sharon Chesnutt, Steiner Resident

Members from the Texas Army National Guard's 1-143rd Infantry Airborne Battalion prepare for a mission in Afghanistan. The soldiers have been providing security and support to local families/villages in and around central Afghanistan and are



nearing the end of their deployment. On this particular day the mission involved visiting senior leaders of local tribes and also insuring major roads where clear and safe for future military convoys. The Texas flag has been flying at Bagram Air Field since Texans arrived and they have all been enjoying daughters: Annaka (2011 Texas State grad); Katie (Senior at VHS); Patricia (Freshman at VHS). We sent Rudy's BBQ sauce along with many other items to remind him of home. We miss him tremendously and can't wait for Thanksgiving for his return.

Rudys BBQ sauce. It

brings a taste of Texas

My husband (CW2

Tom Chesnutt is

center holding the flag). We have been

Steiner residents since

1992. He has been

serving 8 months now

of a year rotation and

is assigned at Camp

Mabry. We have 3

to Afghanistan.

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after

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"Interior designer Marcie Elliott-Smith of Intuition Interiors is the mastermind behind The Driskill's holiday decorating. 'It's just amazing what she comes up with when she's given free creative reign.' "--K. Coots, The Driskill Hotel (from CultureMap.com)

Around Steiner

Steiner Ranch Fall Program For Adults & Children

Registration for the Fall 2012 Program season is ongoing! The Steiner Ranch Fall Program for 2012 have begun. Most of the programs were offered last spring, but we also have a few new ones that have been added to the list of Programs. The Fall Program Guide and registration information can be downloaded from our website at www. steinerranchhoa.org. Classes being offered this Fall are:

CHILDREN'S PROGRAMS TEEN/ADULT PROGRAMS

Sportball Yoga for Seniors Tap/Ballet/Hip Hop Karate Gymnastics Tennis Karate Master's Swimming Tennis Zumba & Zumba Teen Stroller Strides Art Walk Live Soccer Flag Football Abacus Brain Study Music Soccer/Flag Football Touchdown Kids - NEW! For questions or to obtain more information, please contact Sharon Adams at 512-266-7553 or sharon@steinerranchhoa.org.

WORKSHOP SERIES September

SEPTEMBER 27th

The Art of Feng Shui Can Improve Your Well Being, Wealth, and Property Value -Come find out why Steiner Ranch is a great Feng Shui location, feng shui cures and how to improve areas of your life to promote life enhancing harmony. Presented by Rosalia Chiu - Feng Shui Specialist.

7:00pm Bella Mar Community Center RSVP rosaliachiu@yahoo.com or 512-

470-6978. Attendees will be entered into a Drawing for 1 free feng shui consultation.



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512-249-5555

Vincent A. Morales, DDS

Dr. Morales welcomes you to his family dental office at Four Points. Dr. Morales grew up in South Texas where he earned a Bachelor of Science from The University of Texas at Brownsville. While attending college, Dr. Morales met his wife Meredith, office manager for Lakeside Dental. He attended dental school at The University of Texas Health Science Center at San Antonio. He is passionate about dentistry and the importance of preventative healthcare.



He enjoys meeting new people and caring for patients of all ages. Establishing long-term relationships with patients is one of things Dr. Morales enjoys most about his job. He is committed to continuing education and maintains memberships with dental organizations that help keep him up-to-date with the latest techniques. Dr. Morales is proud to call Austin home and excited about being a part of the Four Points community. He believes in creating a positive experience for every patient, and is dedicated to providing you with personalized, quality dental care in a comfortable and caring environment.



Around Steiner

Steiner Ranch Social Committee

"Like" the Steiner Ranch Social Committee Facebook page and stay informed of upcoming Social Committee events!



American Red Cross Babysitter Training Course

9:00am – 4:00pm | \$50 per person Towne Square Community Center, 12550 Country Trails Lane This is a very popular class, so sign up early for any of the dates below!

Classes for 2012 Oct 27th | Dec. 8th

If you're 11 to 15 years old, you can get the knowledge, skills and confidence to care for infants and school-age children. Combining video, a participant's handbook, activities, hands on skills training and discussion for a complete learning experience, this course shows you how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants

Bring a sack lunch!

Space is limited. Prior registration is required and the 2011 Program Registration form is available at www.steinerranchhoa.org.







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- Women's Services is a secure "locked down" floor. Access is by staff badge or authorized entry by staff.
- Large delivery rooms with phenomenal picture windows overlooking the grounds.
- After delivery, infants are able to remain in your room throughout your stay.
- Your personalized staff includes your OB/GYN, Anesthesiologist, Registered Nurses, Certified Surgical Technologists, Lactation Consultants and Hearing Screener.
- A large comfortable lobby in Women's Services provides a comfortable gathering place for your visitors and will allow for some private time for you as a patient.



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NEWS FROM THE POOL

This summer has been extremely busy and eventful at the Steiner Ranch pools. We implemented a couple new procedures, including gate monitors and concession stands. In addition, the Steiner Stars had another phenomenal swim season, and a lot of our summer programs were full and very successful. Recreational uses of the pools have actually increased on an hour by hour basis over last year, but not just at the Bella Mar pool, at John Simpson and Town Square pools as well. Frankly, it's a great thing to see the pools across the community being used.

The community involvement in the pool discussion this year has been phenomenal. The last few years the biggest topic of discussion has been the use of the pools by the swim teams and by other entities, especially during the summer. However, this year due to great cooperation with the Steiner Stars, the facility committee, the different boards in Steiner Ranch, and most importantly, you the community, we've actually reduced those usage issues. Obviously, the addition of gate monitors has helped control traffic at the pools and help keep the gates closed, which allows a much more enjoyable experience for the members of the community.

One conversation that has come up over and over again this year has been the issue around the cleanliness of the pools. Cleanliness is always something that we strive to make sure we provide for the residents of the community. Regardless of these issues, chemical levels have maintained acceptable levels all year, keeping the pools safe to use, thanks to the great work of the lifeguards, and the maintenance team.

This summer has provided us with additional challenges of the heavy rains we saw in June and July, and also the heavy winds blowing dirt and leaves into the pools. We have taken some steps to reduce the amount of mud that can get in, by installing river rock on the back side of Bella Mar and a French drain to direct

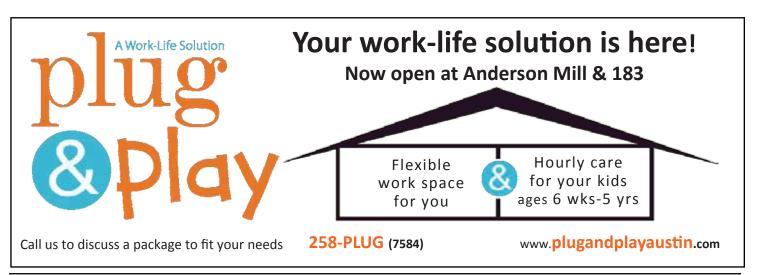


the flow of water off the pool deck. This process will continue during the Fall season.

I would like to personally thank Lifeline Aquatics, their lifeguards and gate monitors for making sure the pools maintained a safe, fun, and enjoyable atmosphere. I would also like to extend a special thanks to the Steiner Stars who once again stepped up and really worked with the community to create a workable schedule for their practices and meets. They also strived during the meets to control traffic and parking issues.

As we move into the fall season, the work at the pool does not stop. The Pools & Facilities Committee will continue to find alternative solutions to increase recreation pool usage. Consider joining the Facilities Committee and/or Pools Committee and help us provide the best overall experience for you and your family.

Continue to have fun at the pools and as always if you have any questions, comments, suggestions, please e-mail me at Rodney.g.mogen@gmail.com.



Vandegrift Vipers Swim Team

The Vipers Swim season started at the Bella Mar Pool beginning August 21 at 5:30am where Vipers Head Coach, Holly Raffaeli, Asst. Coach Eric Cunningham and 45 swimmers tried out for the Vandergrift High School Swim Team. It takes a lot of dedication to get up that early in the morning on the last week of your Summer Vacation! Morning practices for the high school team are held at the Bella Mar pool every weekday before school from 7:30am – 9am.

The Swim team will hold an inter-squad meet on September 15 at the Bella Mar Lap Pool with their first meet against Leander High School at the Block House Pool in Leander on September 22nd. Look for information on their biggest Fundraiser of the year, the "I AM TOUGH, Swim-a-Thon" from where each swimmer will swim 10,000 yards in 100-yard increments, with sponsors donating a flat fee or a rate-per-lap donation. It's a grueling event for the kids and anyone can come out, cheer them on and donate to the cause.





Pool & Swimming News Year Round Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed! No intimidation allowed! If you can swim one length of the pool, then you are ready to join in on the fun. Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm.

Our swim schedule is as follows:

Wed - Fri 5:30 a.m. - 6:45 a.m. | Sun 6:30 a.m. - 7:45 a.m. \$40 per month for Residents | Come on and give it a try! It's easy to sign up | You must be 18 yrs. and older.

Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, www.usms.org/reg and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office. Fill out the Program Registration form at the HOA office, provide a copy your USMS card and submit payment! As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

FALL POOL HOURS

The pool hours for all of the swimming pools in Steiner Ranch will remain the same as our Summer Schedule **until the water becomes cold enough to turn on the heater at the Bella Mar Lap pool.**

BELLA MAR

Closed Monday until 2:00pm Lap Pool: Tue-Sun 5:30am – 10:00pm Master's Swim Program – Wednesday & Friday 5:30am – 6:45am; Sunday 6:30am – 7:45am VHS Swimming Monday – Friday 7:15am – 9:15am Austin Elite Swimming Monday – Friday 4:30 – 6:30pm Lap lanes will be available to lap swimmers during these sessions.

TOWNE SQUARE *Closed Monday until 12:00pm* Tuesday – Sunday 8:00am – 10:00pm **Water Aerobics** – Monday & Wednesday 6:45pm – 7:30pm; Tuesday & Thursday 9:15am – 10:00am

JOHN SIMPSON

Closed Monday until 1:00pm Tuesday – Sunday 5:30am – 10:00pm

Please note**Lifeguard are no longer on duty after the Labor Day weekend. Swim at your own risk.



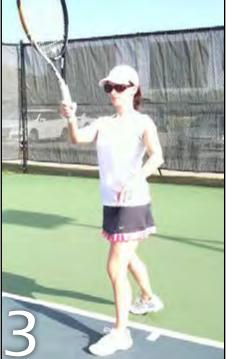
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Sports News

Tennis Tips







By USPTA/PTR Master Professional Fernando Velasco Owner, Manager and Director of Tennis Grey Rock Tennis Club, Austin, TX

Starting with this issue, I will be giving tips on the fundamentals of the game of tennis. We will begin with the forehand groundstroke:

STEP I: EARLY ANTICIPATION

The upper body turns with the right wrist slightly cocked back and level with the shoulder. Notice the eyes focused toward the incoming ball and the balance of the left hand in front of the body. The left foot started to move forward and it is pointing to the point of contact.

STEP 2: POINT OF CONTACT

Once the racquet starts accelerating, the right wrist is still slightly cocked back, but will have a small snap when making contact with the ball. Optimum point of contact is in front of the opposite foot. Notice that the eyes are still focused on the tennis ball

STEP 3: FOLLOW THROUGH

Once the ball has made contact with racket, the arm needs to follow through for a long period of time to allow maximum compaction of the ball and help from the strings and the frame. Notice that the body has slightly turned watching where the ball is landing. The knee has flexed some to allow more flexibility and power for the ball.

STEP 4: FINISH

If the racket has great momentum, let it continue coming through the body and finish it around the neck. This will allow for a more powerful impact and depth on the ball. The smile on her face shows that she hit a great shot!!

Look for next Issue: The Backhand Groundstroke



Steiner Ranch ORTHODONTICS

MORE THAN JUST A SMILE.

6

CENTRAL AUSTIN



STEINER RANCH 266-8585 4302 Quinlan Park Rd BASTROP





SEPTEMBER 2012

Su	ınday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							I
	2	3 Labor Day HOA Office Closed	4 6:30 pm - Facilities Committee Meeting (TSCC)	5 1:00pm – YAH Mexican Train	6 8:00 am - YAH Walking Group	7 Newsletter Articles Due	8 Back to the Ranch (JS Park)
4	9	I O 11:30am - ROMEO 6:30pm – FREE Yoga (TSCC)	9:30 am - Social Committee Meeting (Cups & Cones) Patriot Day	I 2 YAH Bridge Club	I 3 8:00 am - YAH Walking Group 11:30am YAH Technology Workshop (TSCC) 6pm - Cruise Night	14	I 5 8:00 am - 12:00 pm - Fall Community Wide Garage Sale 7am - VHS Black vs Silver Meet (BM Pav/Lap Pool)
	16	17 1pm – YAH Book Club 6:30pm – FREE Yoga (TSCC) Rosh Hashanah Begins at Sundown	12 pm - YAH Ladies Luncheon Out	19	20 8am YAH Walking Group 5:30 pm – Firewise Committee Meeting (BMCC)	2 I VHS Homecoming	22
63	23/30	24 6:30pm – FREE Yoga (TSCC)	25	26 3:30 pm SRMA Board of Directors Meeting (TSCC) Yom Kippur Begins at Sundown	27 8:00 am - YAH Walking Group 6:00 pm - SRROA Board of Directors Meeting (TSCC) 7pm - Feng Shui & Your Dream Home (BMCC)	28	29 7:00 pm - Ladies Night Out (BMCC)



Joshua Embry, PA-C



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:30pm - FREE Yoga (TSCC)	2 6:30pm - Facilities Committee Meeting (TSCC)	3 1:00 pm - YAH Mexican Train	4 8:00 am - YAH Walking Group	5	6
7	8 6:30pm – FREE Yoga (TSCC)	9 :30am - Social Committee Meeting (Cups & Cones)	10	8:00 am - YAH Walking Group 11:30am - YAH Technology Workshop (TSCC)	l 2 6pm - Scrapathon (TSCC)	13
14	I 5 6:30pm – FREE Yoga (TSCC)	16	I 7 YAH Bridge Club	18 8:00 am - YAH Walking Group 6:30 pm Firewise Committee Meeting (BMCC)	19	20
21	22 1:30 pm - YAH Book Club 6:30pm - FREE Yoga (TSCC)	23	24	25 8:00 am - YAH Walking Group 6pm - SRROA Board of Directors Meeting (TSCC)	26	27 9am - 5pm - Babysitting Class (TSCC)
28 4pm - 6pm - Halloween Trunk or Treat	29 6:30pm – FREE Yoga (TSCC)	30	3 I 3:30 pm - SRMA Board of Directors Meeting (TSCC) Halloween YAH Bridge Club	8:00 am - YAH Walking Group 6:00 pm - SRROA Board of Directors Meeting (TSCC)		







Winning Skin

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steiner ranch dermatology Steiner Ranch Dermatology 4300 N Quinlan Park Rd. #225 Austin, Texas 78732 512.266.0007 steinerranchdermatology.com Offers Valid Through 9-30-2012

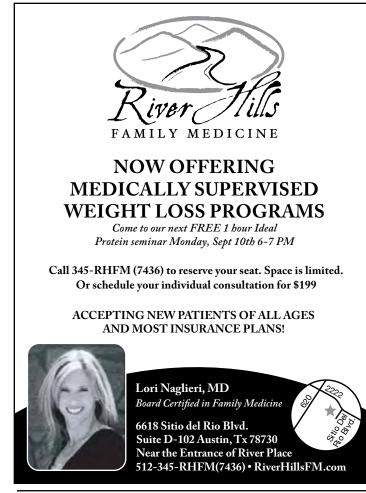
Reporting Lost Pets

Coming home and finding an open gate, hole under the fence, or having a pet escape when opening the front door can be one of the saddest days in a pet owner's life. The uncertainty involved relating to your pet's health, location and reunion abilities can take its toll on people. Fortunately, there are ways to better your chances when dealing with a missing pet situation.

The biggest, of course, begins with prevention. Having your pet microchipped, wearing a collar with correct and updated identification devices, and having recent photographs of your pet can be a big help.

Be sure to telephone your vet, animal control, and if possible the microchip company to report your pet lost. Provide an accurate, detailed description and notify each agency if there are any current medical conditions your pet experiences.

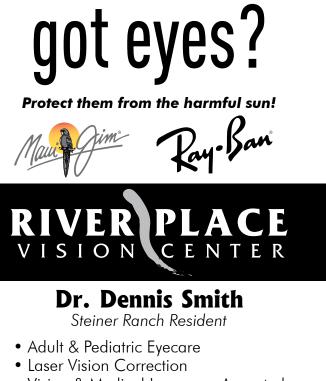
After notifying important telephone contacts, it is now time to rely on technological assistance. Go online and not only send an email to all of your neighbors, but find as many local community sites as possible to create a lost pet announcement. The Association provides a "lost/found" section on its website that you can utilize. Provide a description ensuring the pet's name, breed, gender, color and date/time/place last seen are mentioned. Be sure to upload a recent photograph and provide two means of contact information. This way, if you are away from your computer or telephone, you or a family member can still be reached. There are also several Facebook Pages in Steiner Ranch that allow you to post lost pet information. The



Steiner Ranch Lost & Found Facebook Page is a great resource. You can also post on the Steiner Ranch Social Committee Facebook page.

Next, create similar lost pet flyers and drop 25 copies off at the Association Office. These need to be no larger than 5 X 7 and will be placed at all of the Community's mailbox kiosks by a Staff member. You can also hand deliver flyers to your neighbors in the direction your pet most likely headed and many of the local businesses. Finally, be sure to check your pet's living quarters. While it may sound strange, often pets will surprise their owners and appear on their doorstep or crawl back under the holes in fences; especially if it is close to the pet's bedtime or mealtime. Hopefully, with these steps, you and your pet will be re-united.





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Outdoor Home Improvements

So you've decided to do some improvements or make changes to the outside of your home.....what do you do now? (Improvements include, landscaping, decks, pools....basically anything to the outside of your property).

- Complete the Architectural Modification form (owner only)
- Include any addendum forms such as for a pool or greenbelt
- Include a scaled drawing showing plan and elevation views of the proposed improvements, modifications or alterations. Submittals must include samples depicting the proposed materials and colors to be used.
- A lot survey (which the owner receives at closing) indicating

the location of proposed improvements, and any applicable easements, setbacks, and elevation differences on lot.

• Deposit check in the amount of \$500

All of these forms can be found on-line at www. steinerranchhoa.org, under the "Document" section of the website.

Note* Generally, application packets received

by Friday, will be reviewed the following Wednesday, however some reviews can take up to 30 days.

Please fill free to contact the Associations Community Standards Coordinator, Mackal "Mack" Gill if you have any questions at 266-7553 or mack@steinerranchhoa.org.











2 Lots Remaining 90 to 120 Linear Foot: \$150k One Acre View Lots: \$400k's



State of the art amenity center with tennis courts, pool and much more...





Lake Austin Waterfront: ONLY 6 Lots Remaining

"We all love living in Steiner Ranch and can't imagine wanting to leave. So consider a custom homesite in Steiner and build exactly what YOU want" -Derrick Jones

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School News

Hill Country Education Foundation Launches 2012-2013 Membership Drive

The Hill Country Education Foundation's 2012-2013 Membership Drive is underway. Every year HCEF raises money to help fund educator grants, enrichment programs, college-readiness tools, summer library programming and much more through a variety of fundraising efforts. The Annual Membership Drive is one of these fundraising mechanisms.

Annual membership levels range from \$100 for families and \$50 for individuals to \$15 for students and \$1 for faculty. Please consider the family membership to HCEF. Secure payment can be made at www. HillCountryEdFoundation.com. Employer matching fund companies currently include Applied Materials, Dell and National Instruments.

ACCOMPLISHMENTS

GRANT FUNDING. Funded \$50k to educators for programs at Grandview Hills, Laura Welch Bush, River Place, River Ridge and Steiner Ranch Elementary Schools; Canyon Ridge and Four Points Middle Schools and Vandegrift High School.

SUMMER LIBRARY PROGRAM. Supplied funds and volunteers to heighten programming and interest at River Ridge Elementary and Four Points Middle Schools

ROBOTICS AND GARDEN CLUBS. Funded robotics programs at all eight Four Points area schools including financial support to send Vandegrift High School's awarding-winning robotics team to FLL World Championship. Host annual robotics scrimmage. Funded Garden Clubs at elementary schools. Total funded: \$21k

COLLEGE-READINESS. Pledged \$50k to LISD to fund Naviance Succeed, a top tier, college-readiness online tool for all LISD high schools through 2015-2016. Funded Readistep, an assessment test that measures the skills that students need to be on track for college success for all 8th grade LISD students for 2012-2013 school year.

UPCOMING EVENTS

OCTOBER 22, 2012 – Four Points Chamber of Commerce Charity Golf Classic benefiting HCEF and Self-30. To sign up or sponsor the event, go to www.FourPointsChamber.com.

EARLY NOVEMBER, 2012 – 4th Annual FIRST[®] LEGO[®] League Scrimmage. To learn more, visit HCEF's Robotic Society at www. HillCountryEdFoundation.org.

FEBRUARY 23, 2013 – Annual Gala at the Oasis. Dinner, Open Bar, Silent and Live Auctions, Heads or Tails Game, Live Band and more planned for HCEF's largest fundraiser of the year. To volunteer, donate or learn more, contact mlbeck@ HillCountryEdFoundation.org.



⁴⁰ Ranch Record - September 2012

NOT AVAILABLE ONLINE

Business Section

Eight Business Networking Groups in the Area

ARE YOU LOOKING TO GROW YOUR BUSINESS IN 2012?

If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at Hill Country Pasta House. Visitors are welcome! If you are interested please contact Elicia Gower at eliciarudberg@gmail.com for more information or visit www.BNIAustin.com.

FOUR POINTS BNI

Meetings are on Wednesday at lunch from 11:30am to 1:00pm at Uncle Billy's at the Oasis. Visitors are welcome! If you are interested please contact Elicia@SteinerRanchInfo.com or visit www. BNIAustin.com.

FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber.com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@ FourPointsChamber.com.

NETWORKING NORTHWEST AUSTIN

Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Cheddars HWY 183 and Anderson Mill Rd. Visit http://www. meetup.com/NetWorking-NorthWest-Austin/

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Wednesday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at Kellyconnor@austin. rr.com or 512-736-2495.5.

STEINER RANCH MARKETERS

Your boss thinks what you do is voodoo, your spouse thinks your work reflects the latest Mad Men episode, and your kids fear following in your footsteps; growing up to work a cube (unless you are lucky and work from home - then you work on the computer). Fear not! We can find solace in one another. We're a friendly bunch by trade and we excel at networking by nature so why aren't we?! Join us for a respite from the daily grind and a chance to get to know other marketers in Steiner Ranch: meetup.com/Steiner-Ranch-Marketers Quetions? paul@seobrien.com.

A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business. Come join us on Wednesday mornings from 8:30-10:00 at Mandola's in the Shops at the Galleria. Breakfast is \$10 and visitors are welcome. Please feel free to contact Sheryl Baker at sherylssendoutcards@gmail.com or visit www.BNIaustin.com for more information.



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PERSONAL CLASSIFIED

WANTED: Finance and Operations professional seeks new job opportunity. High tech, manufacturing and retail industry experience. No sales. Codyhoover@att.net, 512-296-9199.

MEMBERS OF THE LAKEWAY PAINTERS, a group of local Lake Travis artists, will be displaying their artwork from early September-December at Cups & Cones, a cafe located on Quinlan Road in The Shops at Steiner Ranch.

FOR SALE: Graco double stroller. Great condition, barely used, very clean. Both seats recline and have shades - black and white plaid. Will hold infant carrier and folds flat to fit in trunk of small car. \$50 - email pennihafer@yahoo.com for pictures or questions.

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GUIDE TO THE FOUR POINTS AREA Move to Steiner Ranch recently? We've compiled all the contractors, restaurants, doctors, places to have birthday parties, spas, pet services, gyms, movie theaters, and more. Visit www.fourpointsguide.com for your guide to the area.

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Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail <u>steinerranch@peelinc.com.</u>



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Business Section

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Lake Travis Toastmasters Club

Looking to improve your communication skills and leadership skills? Overcome your fear of public speaking? Hone your listening skills? Network with top professionals? Have fun? Lake Travis Toastmasters Club can help you achieve your goals!

We meet on the 1st, 3rd and 5th Monday of every month at the Lakeway Activity Center, 105 Cross Creek, at 6:30pm. (except on holiday Mondays). Guests are always welcome. Visit the Lake Travis Toastmasters website "http://laketravis.toastmastersclubs.org" to learn more about our club, or contact Kay for more information at 512-431-8069, or write her an email at kay@kay-Kan.com.

The mission of the Lake Travis Toastmasters Club is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral bilingual communication and leadership skills, which in turn foster self-confidence and personal growth.





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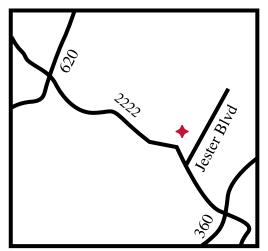


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LOCAL DOG RESCUE COLLECTING UNWANTED PET ITEMS SEPT. 6-9

Wags, Hope and Healing (WHH), a rescue and rehabilitation center for neglected dogs, is collecting new or slightly used pet items from Thursday, September 6, through Sunday, September 9.

The organization recently moved to a remarkable six-acre plot in southwest Austin to better enable them to assist dogs in need. WHH is reaching out to the community to help them prepare for their growing number of rehabilitating dogs and increasing financial costs.

ITEMS ON THEIR WISH LIST INCLUDE:

- Canned and dry dog food
- Clean bedding/towels
- Collars and leashes
- Dog toys
- Kiddie pools
- Bleach
- Paper towels
- New or used fencing material (please call ahead with large items so they can be picked up same-day 512-777-9936)

DROP-OFF ZONES IN THE AUSTIN AREA INCLUDE: SPICEWOOD:

Paleface Feed & Garden Supply at 21120 W Hwy 71, Austin, 78669

BEE CAVE:

Petsmart in Austin/Bee Cave at 12812 Shops Parkway Ste 400, Austin, 78738

STEINER RANCH:

Steiner Ranch H.O.A. office on behalf of Gusto Dogs Dog Walking, at 12550 Country Trails Ln., Austin, 78732

DOWNTOWN:

Woof Gang Bakery at 1204 North Lamar, Austin, 78703

For those who are unable to donate items on these days but would still like to contribute, please call WHH volunteer Kristen West at 512-940-1926 to make arrangements. WHH also



encourages the community to learn more about their organization and make much-needed, tax-deductible online donations at www. wagshopeandhealing.org.

Wags, Hope and Healing (WHH) focuses on the rescue, rehabilitation and adoption of dogs in need. They specialize in dogs that were the victims of abuse or neglect. Through leadership, behavioural conditioning and education, they help them become balanced and healthy in mind, body and soul.

WHH takes time to facilitate a perfect match between adoptable dogs and their forever family and offer a lifelong support system for adopting families.

They are located in southwest Austin and serve all surrounding areas.



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Affluent Parents Need More College Planning

Submitted by Rich Keith

Legg Mason's 2012 Intergenerational Survey of College Finances points out a lack of advanced planning among affluent Americans for their children's college education. The study looked at college funding and planning among three groups of parents with investable assets of \$250,000 or more: those with children who have already graduated, those with children currently enrolled, and those who are planning to send their children to college.

A vast majority of surveyed parents used or plan to use their current income or withdraw from other savings and investment accounts to pay for college. The Legg Mason survey found a lack of advanced or strategic planning including:

- Underestimating the extent of total expenses
- Starting the planning process too late
- Ineffective use of appropriate investment vehicles such as 529 plans
- Inadequate level of guidance from financial advisors
- Reliance on funds coming from other sources such as scholarships and even grandparents.

Parents of youngsters also relied on their own assets, including those not dedicated for higher education. The survey found that 83% of affluent parents in the college planning stage said they expected to use current income for college funding; 79% said they'd tap 529 plans; 65% would withdraw from their savings and investment accounts. As the numbers indicate, the surveyed parents in this college planning stage generally anticipate using multiple sources of cash to pay what could be six-figure higher education bills.

Parents with pre-college kids also may have plans to use student loans (40% of respondents in this category), their kids' custodial accounts (28%); Coverdell plans (7%); parents' retirement accounts (7%); and home equity loans (6%).

The prevalent use of current income shows that affluent parents are leaving money on the table by not using tax-advantaged savings programs, as Legg Mason puts it. "Unfortunately, many parents, regardless of wealth and income, fund college expenses via current income or investment and savings accounts not specifically targeted to college savings," Kenney said in a statement.

By beginning the college savings process earlier, parents can take greater advantage of the tax savings afforded by 529 plans and potentially free up other assets to fund their own retirement goals. "Even affluent families under-fund their children's college savings, despite having resources to make additional savings," Kenney said. Many parents who realize they should be saving more admitted they either did not know how much they needed to save or did not expect expenses to be so high."

He indicated that families are grateful for getting education and guidance in developing a college savings plan that includes systematic investing in a tax-advantaged vehicle such as a 529 plan. Source: Adapted from articles by Donald Jay Korn in Financial Planning, August 2012; and Primerica Financial Services.





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News You Can Use **DECORATE YOUR HOME WITH STYLE & MEANING**

Submitted by Heather Carrillo

I was inspired as I flipped through the pages of my favorite decorating magazine, and came upon a charming kitchen with a bright red tray with the slogan KEEP CALM AND CARRY ON.

The famous phrase produced by the government of the United Kingdom in 1939 was in an effort to boost morale during the beginning of the Second World War. Post Summer Olympics 2012 in London; I imagine this motto served true for many Olympians as well. I believe this tray was selected by the homeowner for a reason. Not necessarily because of the famous origin; but rather, it too boosts the morale of the family who live, eat, cook and entertain in that kitchen. Whether it be a tray with an inspirational phrase or a beautiful painting of a beloved pet; the accessories in our homes should have meaning and be placed with the best of intention. Look around your home; find those things that are meaningful and place them accordingly. You will find as you rid the clutter and decorate with the things you love; your home will take on a true authenticity.

TIPS ON ACCESSORIZING YOUR HOME WITH INTENTION:

- If you are a collector of something; display your collection to create a composition. Learn to add and subtract from the composition to create balance.
- A mix of different types of accessories adds personality to a home. Mix the refined glass and silver objects with things that are rustic or have patina.
- The color or pattern of accessories in a home should relate to the décor. Look for an unsuspected color in your décor and play it up through your accessories.
- Layering of accessories adds interest to a home. Stack books on a table and top them with a beautiful dish or tray. Select a dish or tray in an accent color.
- Use accessories that have meaning to you. Let them be a reminder of the time and place you found that perfect addition to your home.







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Understanding Cholesterol For Healthy Living

Balancing "Good" and "Bad" Cholesterol

Cholesterol is found in hamburger, steak, chicken, fish, and just about every other animal-based food. It's also a natural substance created by the liver which has both health benefits and health risks.

David Joseph, M.D., a family practitioner with The Austin Diagnostic Clinic (ADC), says people seeking to lower their levels of "bad" cholesterol—called low density lipoprotein (LDL)—can begin by eating less food sources that contain LDL.

The three main food sources of LDL in your diet are saturated fat, which is a type of fat found mostly in foods that come from animals; trans fat, found mostly in foods made with hydrogenated oils and fats—such as stick margarine, crackers, and french fries; and cholesterol, which comes only from animal products.

"Cutting your intake of these food sources could help to lower your cholesterol levels," says Dr. Joseph. "Some foods, such as whole grains and whole-wheat products, and nuts such as walnuts, almonds, and brazil nuts, may have a healthy effect on blood cholesterol levels."

Instead of animal-based foods like hydrogenated oils and fats, Dr. Joseph suggests considering things like omega-3 fatty acids, which are found in fatty fish like tuna, salmon or mackerel, as well as fish oil supplements, flaxseeds and flaxseed oil.

David Joseph, M.D., is a family practitioner for The Austin Diagnostic Clinic, a multi-specialty clinic with physicians representing 21medical specialties at more than six locations throughout Austin and Central Texas. Dr. Joseph sees patients at the ADC Cedar Bend, at 2400 Cedar Bend Drive. For more information, visit www.adclinic.com or call 512-901-4076. To download an electronic version of this release, please visit www.delaune.com/ADC



September is National Cholesterol Awareness Month



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NatureWatch

by Jim and Lynne Weber

The gossamer-winged butterflies (or Lycaenidae) are a large family of small butterflies that include the coppers, hairstreaks, and blues. Usually noticed when flying erratically in an up-and-down fluttering motion, they bask in the sun with their wings open, and when perched sit with their wings closed, often rubbing their hind wings together. The blues are especially small with a wingspan of about one inch, and while mostly blue above, the identifying field marks are found mainly on the undersides of their wings. In Central Texas, the most commonly seen blues in open, sunny habitats are the Eastern Tailed-blue, Marine Blue, and Reakirt's Blue.

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Eastern Tailed-blues (Cupido comyntas) are common and can be identified by the one to three orange spots near the tail on the underside of the hind wing. The males are deep blue on their uppersides while the females are a lighter blue to brown. They occur in the eastern half of the United States from the coast to the Great Plains.

The Marine Blue (Leptotes marina) is a fast flier (for a blue) and is found from Texas west to Southern California and south to Mexico. Its' underside is strongly striped gray-brown often with a pale purple fringe. The male has a blue upperside with a strong purple overlay, while the female has a brown upperside with some blue at the base of the wings.

While the other blues fly mostly spring to fall, Reakirt's Blue (Echinargus isola) flies year round in Texas. The males are lavender-blue above while the females are primarily gray-brown with a touch of blue basally, and they are identified by the conspicuous row of five white-ringed black spots on the underside of their forewings.

Each of these blues utilizes legumes as their larval food plants, so you can often see them flying around plants in this family, including alfalfa, mesquite, clover, dalea, mimosa, and indigo species. The caterpillars of these butterflies are slug-shaped, somewhat flattened, and are often tended to by ants, which feed on the sweet liquids secreted by the larvae and in turn protect the larvae from other predators. As adult butterflies, they feed on nectar from a variety of herbs found flowering in grasslands, fields, meadows, and along creeksides.

Interestingly, these blues are part of a group of butterflies called the Polyommatus blues, originally studied by the self-taught butterfly expert and famous mid-twentieth century novelist Vladimir Nabokov, who hypothesized that they arrived in the New World from Asia in waves over millions of years. While few professional scientists took his ideas seriously at the time, recent DNA and gene-sequencing technology has proved him absolutely correct – that this group of butterflies originated in Asia, moved over the Bering Strait at a time when the land was relatively warm 10 million years ago, and eventually headed south all the way to Chile!

Send your nature-related questions to naturewatch@ austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, look for our book, Nature Watch Austin, published by Texas A&M University Press.





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ACROSS	DOWN
1. Charge	1. Nativity scene piece
5. Syrian bishop	2. Competition at the Greek
9. Against	games
10. Landing	3. Capital of the Ukraine
11. Leaves	4. Symbol
12. Boom box	5. Expression of surprise
13. Allure	6. Emblem
15. African antelope	7. Pickle juice
16. Polite	8. A ball out of bounds (2 wds.)
18. Leafy green	10. Twist violently
21. Marry	14. Ripper
22. Esophagus	17. Strums
26. Woken	18. Slough
28. Goad	19. Ross, philanthropist
29. Type of tooth	20. Gods
30. Refer	23. Brand of sandwich cookie
31. Posttraumatic stress	24. Seaweed substance
disorder	25. Cabana
32. Sieve	27. Blue

View answers online at www.peelinc.com

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If you are ready to proceed, in about two hours, you can have your family's legal plan designed with your family's goals and values. And while timing will vary depending on your specific needs, you could have a smart legal family plan for your estate within a couple weeks.

TIPS FROM THE CENTRAL TEXAS POISON CENTER at Scott & White on bug bites and stings

There are a few months left of this hot Texas weather. As we bound outdoors to embrace Mother Nature in all her chirping, buzzing, and green glory; we must be prepared to face all of the bites and stings we may endure.

No matter how fast we swat, squash, stomp, or shoo, the bugs will likely out number you; even in this heat!

But don't just head for cover and let bugs rule the outdoors, here are some "do's and don'ts" to make the rest of our summer enjoyable:

DO:

- Keep all food covered and clean spills immediately when picnicking.
- Wear light-colored clothing.
- Use insect repellant torches or bug ³zappers².
- Use insect repellants sparingly. They are safest if rubbed or sprayed on clothing. The most effective repellants contain the chemical DEET. Choose sprays that do not contain more than 10% DEET. DO NOT SPRAY young children, especially under the age of one, with repellants that contain DEET.

- Reapply insect repellant after swimming or activities that make you sweat.
- Remember: "Leave spiders, bugs, and snakes be, for they do not want to hurt me"

DON'T:

- Use insect repellants (containing DEET) on infants. An alternative is to cover strollers with mosquito netting and keep children indoors.
- Wear perfume and scented lotions, hair sprays, or cosmetics when outdoors.
- Wear dark-colored clothing.
- Allow food to spill in picnic areas.
 - If an insect bites or stings you, despite your efforts:
- 1. Call our FREE hotline 24/7 at 1-800-222-1222, for questions or problems regarding any type of poison.

2. Download the app for your phone in the iPhone or Android. Type in Poison Help (exactly as you see it), and look for this icon: With this app, you can get important information regarding poisonings, play poison related games, and many more features.



"The Texas Classic" Plates Now Being Issued at Travis County Tax Office

The Travis County Tax Office is issuing "The Texas Classic," the new general-issue license plate from the Texas Department of Motor Vehicles (TXDMV) for passenger vehicles.

"The old multi-colored, general-issue license plates have run out and we are now distributing the new black and white classic plates for cars," said Travis County Tax Assessor-Collector and Voter Registrar

Tina Morton. "Truck owners will be able to get the new classic plates in the spring of 2013."

THE TEXAS CLASSIC INCLUDES:

Two new, high-visibility security threads join the existing security features embedded in the plate sheeting. Texas is the first state in the country to provide dual security threads, making it easier for law enforcement tospot legitimate plates.

Bigger plate numbers. The plate letters and numbers area full inch wide and just over 21.2 - inches tall.

A new license plate pattern. The plates are issued with three letters followed by four numbers. By keeping the letters and numbers separate in the alpha-numeric pattern, the seven-character license plate number is



easier to remember. This is convenient for plate owners, and also provides better recall for law enforcement and citizen witnesses.

"The general-issue license plate is part of your registration," Morton said. "Anyone who buys a new passenger vehicle or needs replacement plates receives a set of generalissue plates. License plates are replaced every seven years due to a loss in reflectivity"

The Texas Classic also ushers in a new era

for truck owners. "We will no longer be issuing separate license plates for trucks," Morton said. In September 2011, truck and passenger vehicle owners began paying the same fixed rate for registration, which eliminated the need for two different types of general-issue plates. "What's good about this change is that the state name will be as large on the pickup truck plates as cars," Morton said.

What if you don't like The Texas Classic?

"The state offers all kinds of specialty plates," Morton said. "You can access the specialty plate designs and learn more about The Texas Classic on the TxDMV website (www.TxDMV.gov)."

Call (512) 854-9473 between the hours of 7:30 AM and 5:30 PM weekdays for assistance.



SPEEDING IN STEINER

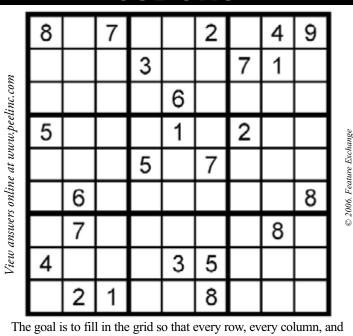
PLEASE SLOW DOWN!

Speeding has become a MAJOR problem in our community. Whether on the public roads or behind the gates in the private neighborhoods, speeding violations are on the increase. Also on the increase is the number of accidents on the roads.

Speeding can result in accidents, injuries and far worse. The Association receives many complaints on a regular basis. The solution is simple – PLEASE SLOW DOWN. Everyone at one time or another is guilty but the solution is simple. Think about your neighbors, think about the kids and think about safety and PLEASE SLOW DOWN.

Please help us keep Steiner Ranch beautiful and SAFE by not speeding!

SUDOKU



The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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Primrose taught my son things that are just being taught in kindergarten, but he knew them already – letter sounds, counting, math, addition, subtraction.¹¹ — Joseph's Mom, Primrose Parent

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CELEBRATE THE 3 IST FALL PECAN STREET FESTIVAL

September 29th and 30th, 2012

The celebrated bi-annual Pecan Street Festival is pleased to announce that the Fall 2012 festival will take place on September 29th and 30th in the heart of Austin's beloved Sixth Street. The FREE festival will feature artisans and live music from all over the nation. Festival-goers can find the best in Arts and Crafts, paintings, woodworking, candles, jewelry, clothing, home décor and many other whimsical and useful items.

With its 31st Fall Edition, the Pecan Street Festival continues to be

a local tradition that celebrates Austin's spirit, as well as its artistic and diverse culture. As always, the festival aims to encourage green living with the use of recycling programs and organic-based vendors. The festival will be selling re-usable tote bags for attendee's to utilize throughout the festival and beyond.

It will also promote healthy living by providing local and fresh





food options.

Proceeds benefit local city and non- profit organizations, including the City of Austin and Austin Boxer Rescue. The Pecan Street Festival invites Austin residents to bring their four legged friends to join in the fun.

The Pecan Street Festival is the oldest and largest art festival in Central Texas. What started in 1978 as an opportunity for Austin merchants to sell their products has become an Austin tradition that attracts artists and musicians

from all over the globe and more than 300,000 festival goers every year; generating millions in economic impact. Visit www. oldpecanstreetfestival.com to learn more about this amazing festival.

Media Contact: Roze Braunstein (roze@specialeventslive.com) Event Contact: Michael Hernandez (Michael@specialeventslive.com)

U.S. News & World Report awarded **2012 BEST NURSING HOME 5-STAR CARE**

Deep In The Heart of Texas



For years, seniors and their families have recognized The Summit Lakeway as a leading source for exceptional rehabilitation and skilled nursing care. And now one of the nation's leading sources for news and information agrees.

U.S. News & World Report has recognized The Summit Lakeway as a 2012 Best Nursing Home* award recipient. In fact, no other community within 10 miles can match The Summit Lakeway when Health Inspections, Nurse Staffing and Quality Measures are taken into account.

Come see what 5-Star Care, deep in the heart of Texas is all about. Call (512) 261-3211 today and schedule your personal visit.



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Award is based on Medicare 5 Star government rating for four consistent quarters by U.S. News & World Report, America's Best, 2012

- Kids Stuff-

Section for Kids with news. puzzles, games and more!

Set, Breakfast!

Eat your breakfast. It's the most important meal of the day!" Why are parents always saying that?

Ready

Well, imagine you're a car.After a long night of sleeping, your fuel tank is empty. Breakfast is the fuel that gets you going so you can hit the road.

What Should You Eat?

Any breakfast is better than no breakfast, but try not to have doughnuts or pastries all the time. They're high in calories, sugar, and fat. They also don't contain the nutrients a kid really needs. And if you have a doughnut for breakfast, you won't feel full for long.

Just like with other meals, try to eat • a variety of foods, including:

- grains (breads and cereals)
- protein (meats, beans, and nuts)
- fruits and vegetables
- milk, cheese, and yogurt

Here are some breakfast ideas. First, the traditional ones:

- eggs
- French toast, waffles, or pancakes (try wheat or whole-grain varieties)
- cold cereal and milk
- hot cereal, such as oatmeal or cream of wheat (try some dried fruit or nuts on top)
- whole-grain toast, bagel, or English

muffin with cheese

- yogurt with fruit or nuts fruit smoothie, such as a strawberry
- smoothie

And now some weird (but yummy) ones:

- banana dog (peanut butter, a banana, and raisins in a long whole-grain bun)
 breakfast taco (shredded cheese
- on a tortilla, folded in half and microwaved; top with salsa) country cottage cheese (apple butter
- mixed with cottage cheese)
- fruit and cream cheese sandwich (use strawberries or other fresh fruit)
- sandwich grilled cheese, peanut butter and jelly, or another favorite
- leftovers (they're not just for dinner anymore!)

Skipping Breakfast

Some kids skip breakfast because they sleep too late or because they think it's a way to stay thin. But skipping breakfast doesn't help people maintain a healthy weight. In fact, someone who skips breakfast tends to eat more calories throughout the day.

If you find yourself skipping breakfast because you're too rushed, try these quick breakfasts. They're easy to grab on the way out the door or can be prepared the night before:

- single servings of whole-grain, lowsugar cereal
- yogurt
- fresh fruit
- whole-grain muffin
- trail mix of nuts, dried fruits, pretzels, crackers, and dry cereal

Need More Convincing?

Just in case you need more evidence that eating breakfast is the way to go, kids who don't eat breakfast are less able to learn at school, get less iron (an important nutrient) in their diets, and are more likely to have a higher body mass index (BMI), which is a sign they may be overweight.

On the other hand, kids who eat breakfast do better in school, are more likely to participate in physical activities, and tend to eat healthier overall. So tomorrow morning, don't run out the door on an empty stomach. Fuel up with a healthy breakfast!

Updated and reviewed by: Mary L. Gavin, MD

Date reviewed: March 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www. TeensHealth.org. ©1995-2006.The Nemours Foundation

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Welcome back to school!













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