



# The Village Gazette

Volume 9, Issue 9  
Village Creek Community Association

September 2012

## Landscape Corner

In September, most of the rest of the country is putting their gardening tools away. In Village Creek, September is a great time to plant containerized trees and shrubs that are not cold sensitive. It is not a good month for bare-roots or plants that may be damaged by early freezes. Typically, the days are not as hot as summer, and rains are often more common...conditions which are very good for new plants.

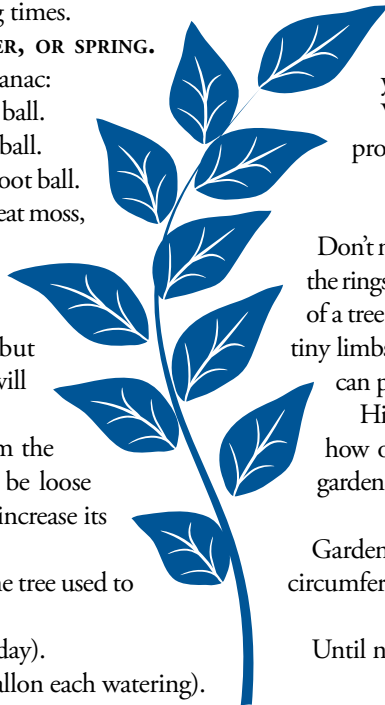
**DEAD-HEAD (REMOVE OLD BLOOMS) PERENNIALS.** This will encourage the plant to add more blooms. We were delighted to see that this actually worked well last month with Crepe Myrtles.

**MULCH ANYTIME.** Most weeds hate shade, and mulch provides shade which reduces weeds, and reduces the need for water. Mulch also creates a wonderful fresh look for the yard.

**PLANT WILD FLOWERS IN AUGUST AND SEPTEMBER.** What is the Texas State wild flower? Bluebonnet. Plant transplants or seed, and read the instructions for the specific species for planting times.

**PLANT TREES AND SHRUBS IN FALL, WINTER, OR SPRING.** According to Doug Welsh's Texas Garden Almanac:

- The hole should be 2x the width of the root ball.
- The hole should be no deeper than the root ball.
- Use the soil you dig out to fill in around the root ball.
- Do not add any soil amendments, compost, peat moss, or shredded pine bark.
- Staking is NOT recommended for most newly planted trees. The idea is that trees gain strength by being allowed to bend, but with our high winds, most spindly trees will need stakes.
- If stakes are needed, use two about 12" from the tree trunk on either side. The ties should be loose enough for the tree to sway in the wind (to increase its strength more quickly).
- Watering in a manner which slowly makes the tree used to just rainfall to keep it alive.
- Water daily for a week (about a gallon each day).
- Water every other day for a week (about a gallon each watering).



- Water every third week (about a gallon every watering).
- Thereafter, water once a week as needed.

**LAWN AND GARDEN WATERING.** As the temperature drops, use the "seasonal adjustment" to lower your watering time to much less than in the heat of summer. Water your plants less, but if it doesn't rain, do water trees and shrubs to assure they have sufficient water.

**LAWN FERTILIZING.** According to Texas Gardener, Sep/Oct 2011, fall is the most important month to fertilize a lawn. Wait until the growth slows, but has not stopped. For our area, November is likely the time to fertilize. READ the instructions on the fertilizer bag!

**VEGETABLES:** It is time to plant collards, brussels sprouts, beets, turnips, greens, beans, radishes, broccoli, cauliflower, leaf lettuce, cabbage, kale, and spinach. Plant herbs such as basil, chives, cilantro, dill, mints, and oregano. Most cats love catnip (a mint). We love how catnip hunkers down over the winter, but keeps on living. Note that if you actually have cats around, you will need to protect your plant with some sort of wire fence.

With the drop in heat, existing tomato plants may again produce.

### WEB SITE OF THE MONTH

<http://imgur.com/gallery/ZzBSF>

Don't miss this photograph! Artist Giuseppe Penone carefully removes the rings of growth to reveal the 'sapling within'. By carving out the inside of a tree trunk and leaving the knots in place, they eventually emerge as tiny limbs. It clearly shows how a sapling becomes a tree, and that you can predict the eventual angle and height of each limb.

Hint for removing those pesky tree supports: This YouTube shows how one local resident removes them. It might help you or your gardener with that task:

<http://www.youtube.com/watch?v=sBEi1g2gZYQ>

Gardening Joke of the month: What do you get if you divide the circumference of a pumpkin by its diameter? Pumpkin pie.

From: <http://www.gardendigest.com/humor.htm>

Until next time, Happy Gardening!

*The Village Creek Landscape Committee.*

# The Village Gazette

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Klein Fire Dept. ....281-376-4449  
Poison Control Center .....800-764-7661  
Willowbrook Methodist .....281-477-1000  
EMERGENCY 24 HOUR LINE .....281-537-0957  
(select 'emergency' option)

### SCHOOLS

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Willow Creek Elem (K-4).....281-357-3080  
Northpointe Int (5-6).....281-357-3020  
Willow Wood Jr (7-8) .....281-357-3030  
Tomball High (9-12).....281-357-3220  
Tomball Memorial High School.....281-357-3230  
Transportation.....281-357-3193

### HOA MGMT

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Patti Tine..... [patti@preferredmgt.com](mailto:patti@preferredmgt.com)  
Fax .....281-897-8838  
Mailing: P.O. Box 690269 Houston, TX 77269  
**Village Creek Community Association Website:**  
[www.preferredmgt.com/villagecreek/home.asp](http://www.preferredmgt.com/villagecreek/home.asp)

### SERVICES

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FBI.....713-693-5000  
Harris County Animal Control .....281-999-3191  
Houston Chronicle .....713-220-7211  
Greater Houston Pool .....713-771-7665  
Lost Pets... <http://www.preferredmgt.com/villagecreek/home.asp>  
Municipal District Services (24 hrs) .....281-290-6500  
Reliant-Street lights .....713-923-3213  
..... [www.centerpointenergy.com/outage](http://www.centerpointenergy.com/outage)  
Sex Offenders ..... [www.familywatchdog.us](http://www.familywatchdog.us)  
Comcast - Cable/High Speed Internet.....713-341-1000  
Republic Waste.....713-849-0400  
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Yard Stork ..... [kpuente@garygreene.com](mailto:kpuente@garygreene.com)

### NEWSLETTER

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### VILLAGE CREEK MARKET REPORT

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Active Listings	16	\$239,222	\$82.12	105
Pending Listings	10	\$247,070	\$78.93	52
Sold Since 5/1/12	18	\$239,888	\$75.94	68

Statistics are averages compiled from Houston Association of Realtors MLS. 8/6/12

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# The Village Gazette

## Keep Track of Crime

Dear Village Creek Homeowner,  
The Board of Directors would like to share a link to a website that reports crime anywhere in the United States. The site allows you to register and be notified of any activity within your own area.

The website address is [www.crimereports.com](http://www.crimereports.com). We encourage you to review the site and consider registering to keep yourself and your family updated of activity in the area.

The Board hopes that you find this website helpful.

The Village Gazette  
..... is online



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View the current issue of the Village Creek Community Newsletter on the 1st day of each month online at [www.PEELinc.com](http://www.PEELinc.com)



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## Watermelon Lime Cocktail

Summertime in the evenings ... watching the sunset, feeling the breeze, enjoying the end of the day. Put this in your hand and your enjoyment level will increase! It's light, refreshing and really flavorful!

### Ingredients:

- 1 C seedless watermelon, cubed
- 1 t sugar
- 2 oz Vodka {I love Tito's}
- juice of 1 lime
- splash of beer
- lime and watermelon wedge as garnish



### Directions:

In a tall shaker muddle the watermelon and sugar together until well mixed and very juicy. Fill a glass with crushed ice then drain the watermelon liquid into the glass {it should fill it 2/3 full}. Add 2 oz vodka, lime juice and splash of beer. Mix and sip... delicious!

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## SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Village Gazette. E-mail your pictures to [villagecreek@peelinc.com](mailto:villagecreek@peelinc.com) by the 8th of the month.



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## Understanding Cholesterol For Healthy Living

### Balancing "Good" and "Bad" Cholesterol

Cholesterol is found in hamburger, steak, chicken, fish, and just about every other animal-based food. It's also a natural substance created by the liver which has both health benefits and health risks.

David Joseph, M.D., a Texas -based family practitioner, says people seeking to lower their levels of "bad" cholesterol—called low density lipoprotein (LDL)—can begin by eating less food sources that contain LDL.

The three main food sources of LDL in your diet are saturated fat, which is a type of fat found mostly in foods that come from animals; trans fat, found mostly in foods made with hydrogenated oils and fats—such as stick margarine, crackers, and french fries; and cholesterol, which comes only from animal products.

"Cutting your intake of these food sources could help to lower your cholesterol levels," says Dr. Joseph. "Some foods, such as whole grains and whole-wheat products, and nuts such as walnuts, almonds, and brazil nuts, may have a healthy effect on blood cholesterol levels."

Instead of animal-based foods like hydrogenated oils and fats, Dr. Joseph suggests considering things like omega-3 fatty acids, which are found in fatty fish like tuna, salmon or mackerel, as well as fish oil supplements, flaxseeds and flaxseed oil.



September is National Cholesterol Awareness Month



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# The Village Gazette

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Email the picture to [villagecreek@peelinc.com](mailto:villagecreek@peelinc.com). Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



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# The Village Gazette

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