



A NEWSLETTER FOR TOWNE LAKES RESIDENTS

OCTOBER 2012

VOLUME 1, ISSUE 1

WELCOME

THE TRIBUNE

A Newsletter for
Towne Lake Residents

The Tribune is a monthly newsletter mailed to all Towne Lake residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at PEELinc.com, or you can send an email to townelakes@peelinc.com. Personal news (announcements, accolades/honors/celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter instead of having a newsletter mailed to you!

CY-FAIR WOMEN'S CLUB

Women Serving the Community

Submitted by Rosie Serrano



We would like to thank our shoppers, volunteers, vendors and everyone who supported us at our very successful "Shop Til You Drop" Marketplace. We sincerely appreciate your efforts. If you missed it, we are truly sorry, but be sure to keep an eye out for us next September. You won't want to miss us again. See you there!

In October, we are looking forward to meeting our guest Jeanie Dunnihoo, as we are all interested in leading healthy lives. Jeanie will teach us about Herb Gardening. In November we will participate in making floral designs for the Holidays courtesy of our friendly HEB. This will prepare us for a fabulous holiday season!

CWC is a service organization that gives back to the community. This means that all funds raised will go right back to the community in the form of scholarships for graduating high school seniors, at Lone Star College, Cy-Fair and grants to other non-profits in our community, as well.

Membership into the Cy-Fair Women's Club is open to all ladies in Northwest Houston/Cypress neighborhoods. Currently we meet the first Thursday of most months at West Houston Church of Christ. Our meetings begin with social time and refreshments at 7:00p.m. immediately followed by a program at 7:30p.m. The church is located at the corner of Queenston and West Road.

Our monthly meetings are not only educational and enjoyable, but they develop lasting fellowships. We look forward to meeting you there! If you have any questions about our club or need directions to the church, please contact Susan McLeroy, Membership Chair at sudomac@comcast.net.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Constable	281-376-3472
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Rennell Elementary.....	281-213-1550
Smith Junior High School.....	281-213-1010
Cy-Ranch High School	281-373-2300

UTILITIES

CenterPoint Energy.....	713-659-2111
Reliant Energy.....	713-207-2222
Water - Severn Trent.....	281-646-2383
Waste Management - Trash	713-686-6666

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

NEWSLETTER PUBLISHER

Peel, Inc.	1-888-687-6444
Article Submissions	townelakes@PEELinc.com
Advertising.....	advertising@PEELinc.com, 1-888-687-6444

ADVERTISING INFO

Please support the advertisers that make the *Tribune* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to townelakes@peelinc.com. The deadline is the 9th of the month prior to the issue.

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At Cy-Fair ISD “Volunteers Are a Treasure”

Volunteers are a treasure in Cy-Fair ISD because they center the attention of their service on supporting students and staff and making a significant contribution to the education of children. These dedicated individuals are just like you, they give freely of their time and resources; and they have an impact on the academic and personal development of our students. Cypress-Fairbanks ISD is fortunate to be able to draw from a terrific diversity of skills and knowledge in its community. If you are interested in being a part of an exciting group of volunteers and making a difference in your Cy-Fair Schools, or would like more information, please feel free to contact Pam Scott, Partners in Education Director at 281-894-3950.

CY-FAIR ISD VOLUNTEER OCT. TRAININGS & EVENTS

OCTOBER 2 - 6 P.M. TO 8 P.M.: PIE Mentor Training - Berry Center - Training for individuals committed to serve as a role model and friend to CFISD students.

OCTOBER 9 - 9:30 A.M. TO 11:30 A.M.: VIPS Math Training - Berry Center - Participants will learn the approach to the process and actions used in elementary math. This class will be presented by the CFISD math coordinator.

OCTOBER 10 - 9:30 A.M. TO 11 A.M.: Virtual Volunteer Training - ISC West - Training for Volunteer Coordinators and Liaisons to learn how to effectively and efficiently manage their campus Virtual Volunteer account.

OCTOBER 16 - 9:30 A.M. TO 12 P.M.: Junior Achievement Volunteer

Training - Berry Center - The purpose of Junior Achievement is to educate and inspire young people to value free enterprise, understand business and economics and be workforce ready.

OCTOBER 24 - 1 P.M. TO 2:30 P.M.: Virtual Volunteer Training - ISC West - Training for Volunteer Coordinators and Liaisons to learn how to effectively and efficiently manage their campus Virtual Volunteer account.

OCTOBER 25 - 9:30 A.M. TO 12 P.M.: Language Arts, PreK-1st Training - Berry Center - This training is designed for volunteers and parents helping Pre-K through 1st Grade students. You will learn how to read aloud interactively to a classroom, helping to boost their comprehension.

OCTOBER 30 - 8 A.M. TO 2 P.M.: VIPS Fall Conference - Berry Center - A day of informative workshops is offered to volunteers, staff, parents and community members designed to support the work of volunteers in all district schools. Registration forms are available in schools and in the PIE dept.

HOW TO REGISTER FOR TRAINING: With the exception of Hearing and Vision Certification, register for training by emailing the PIE office at vipsrsvp@cfisd.net. Please send a separate email for each training you wish to attend. Provide your name and the name and date of the training in each email. Registration is required to guarantee a seat and training materials. Adults only please.

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Bullying: What To Watch *Helping Parents Understand the Signs*

Has your child suddenly had declining grades or unexplained injuries? Have they purposely been trying to avoid school? They could be the victims of bullying.

"Bullying is a widespread problem among children, especially teenagers," says Beth Nauert, M.D., a pediatrician with The Austin Diagnostic Clinic (ADC). "Bullying should always be taken very seriously by parents, educators, and the authorities."

BULLYING SIGNS

Children who are bullied are repeatedly exposed to aggressive, negative actions on the part of one or more other persons, and have difficulty defending themselves, says Dr. Nauert.

Some clear signs of bullying that parents should watch for include:

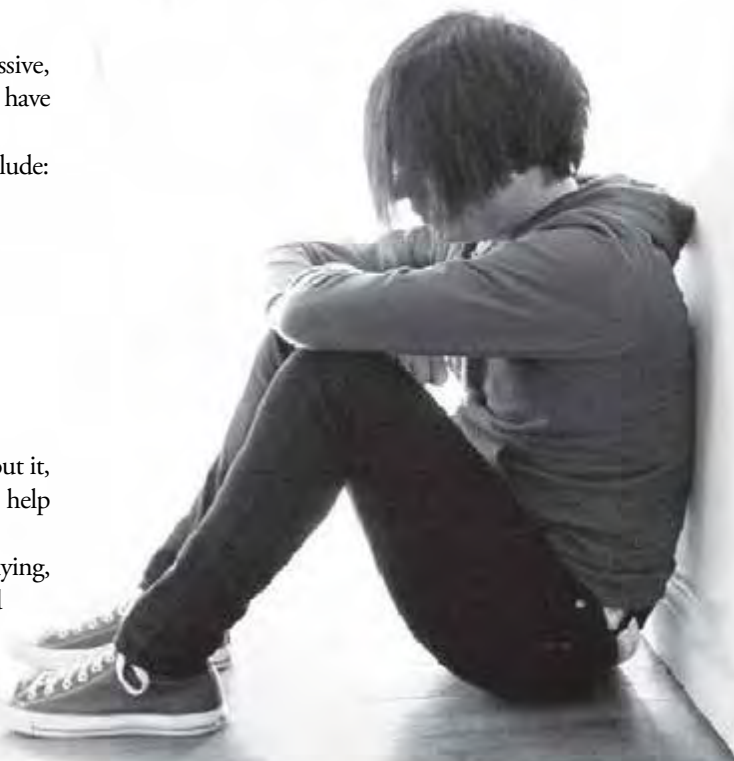
- unexplainable injuries,
- lost or destroyed clothing, books, electronics, or jewelry,
- feeling sick or faking illness,
- changes in eating habit,
- difficulty sleeping or frequent nightmares,
- not wanting to go to school,
- running away from home.

ACTION PLAN FOR PARENTS

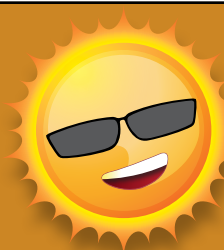
Because children who are bullied may be reluctant to talk about it, parents who suspect bullying should take immediate action to help their children, says Dr. Nauert.

"Parents need to find out from their child who is doing the bullying, whether the bullying was verbal, physical, or cyberbullying, and where and when the bullying is happening," she says. "They should then speak with their teacher, principal, school administrators, or local law enforcement."

Beth Nauert, M.D., is a pediatrician for The Austin Diagnostic Clinic, a multi-specialty clinic with physicians representing 21 medical specialties at more than seven locations throughout Austin and Central Texas. Dr. Nauert sees patients at ADC Circle C, 5701 West Slaughter Lane, Building C. For more information, visit www.adclinic.com or call 512-901-4066.



October is National Bullying Prevention Month



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Cypress Ranch High School



2012 Varsity Football Schedule

DAY	DATE	OPPONENT	SITE	HOME/AWAY	TIME
Friday	8-24	Mayde Creek Scrim.	Mayde Creek	Away	TBD
Friday	8-31	Cinco Ranch	BBVA Compass Stadium	Away	7:30 PM
Thursday	9-13	Cy-Creek	Berry Center	Home	7:00 PM
Saturday	9-22	Jersey Village	Ken Pridgeon Stadium	Away	6:00 PM
Friday	9-28	Langham Creek 	Berry Center	Home	7:00 PM
Saturday	10-6	Cy-Ridge	Ken Pridgeon Stadium	Away	6:00 PM
Friday	10-12	Cy-Lakes	Berry Center	Home	7:00 PM
Saturday	10-20	Cy-Woods	Ken Pridgeon Stadium	Away	6:00 PM
Friday	10-26	Cy-Fair	Berry Center	Home	7:00 PM
Saturday	11-3	Cy-Springs 	Berry Center	Home	7:00 PM
Friday	11-9	Cy-Falls	Berry Center	Away	7:00 PM



 Coach to Cure & Homecoming

 Parent Night

Boots 'n Whoops NWHC Aggie Moms Event

www.nwhcaggiemoms.org

Vendor Call !! Vendor space for our October event is booking now. For booth information contact: Pat Groves @ pat-groves@sbcglobal.net

NWHC AGGIE MOMS will hold their 4TH Annual Boots and Whoops scholarship fundraiser on Sunday October 14 at Red River Dance Hall on 249 from 1:00-5:00, featuring live country western entertainment, barbecue, dancing, arts and craft show, and car show. Aggie or not, you'll want to join the fun. Tickets available through our web site now.

The Northwest Harris County Aggie Moms Club meets the second Tuesday of the month at 7:00 pm, at the Houston Distributing Company, 7100 High Life Drive and Cutten Road. Aggie Moms won't ask you to wear a funny hat, learn a secret hand shake or give a speech. We simply help you help your student reach their potential. Join us for food, door prizes and speakers. Our next meeting is September 11, 2012.

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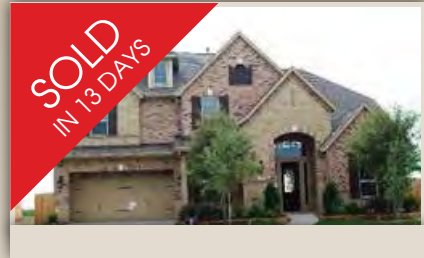
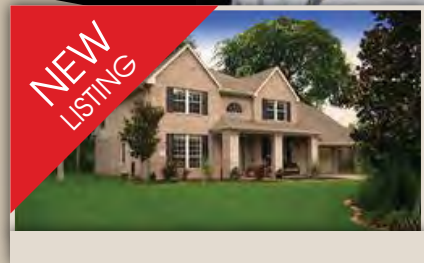
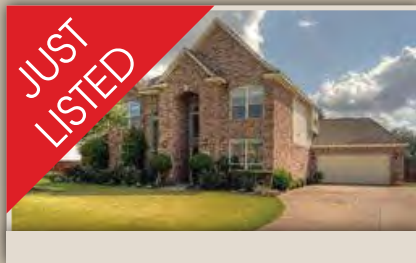
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-Carson Hughes

"I wouldn't hesitate to recommend him to anyone! He is exceptionally personable and really works hard for you. I always felt like he really cared about our family and the house mattered to him as much as it did to us. His communication really sets him above the rest, as I never had trouble getting prompt answers and replies! Call him, and you'll never look back!"

-Ashlee Honeycutt

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