

Volume 2, Issue II

November 2012



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IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire	
Ambulance	
Round Rock Police (Non Emergency)	
Georgetown Police (Non Emergency)	
Travis County Animal Control	
Round Rock Animal Control	
Georgetown Animal Control	

SCHOOLS

Round Rock ISD	512-464-5000
Teravista Elementary School	512-704-0500
Hopewell Middle School	
Stony Point High School	512-428-7000
Georgetown ISD	512-943-5000
Carver Elementary School	512-943-5070
Pickett Elementary School	512-943-5050
Tippit Middle School	512-943-5040
Georgetown High School	512-943-5100

UTILITIES

Atmos Energy	1-888-286-6700
TXU Energy	1-800-818-6132
AT&T	
New Service	1-800-464-7928
Repair	1-800-246-8464
Billing	
Time Warner Cable	
Customer Service	
Repairs	

OTHER NUMBERS

City of Round Rock	
Round Rock Community Library	
Round Rock Parks and Recreation	512-218-5540
City of Georgetown	
Georgetown Public Library	
Georgetown Municipal Airport	
Georgetown Parks and Recreation	
Teravista Golf and Ranch House	
Teravista Residents Club	512-310-7421

NEWSLETTER PUBLISHER

Peel, Inc	
Article Submissions	teravista@peelinc.com
Advertising	advertising@peelinc.com

PET CORNER

CAN I GIVE MY DOG THANKSGIVING SCRAPS? Submitted by Kristen West

We know it's tempting, but most Thanksgiving scraps are not safest treat for your pets. Cooked turkey bones are a big no-no as they can splinter and result in a trip to pet ER. Additionally, overindulging your pet in other fatty foods can lead to stomach upset, diarrhea or even life-threatening pancreatitis. Other items to avoid are onion, sage, garlic ... and

please, don't ever give your pet alcohol.

If you can't turn away from those puppy-dog eyes, a bite or two of pet-safe veggies like plain broccoli, sweet potato or carrots, or a small taste of plain turkey is usually OK. Put the treats in a Kong or other puzzle toy while you sit down to eat with your family so that your furry begger is happily preoccupied!



Support Your Community Newsletter



Ryan Lundberg

Sales Manager 512-263-9181 ext 23 ryan@PEELinc.com

www.PEELinc.com

TERAVISTA POKER NIGHT

1st thursday of the month. We are waiting for you on the club house from 8:00 to Let's play Poker



			2			8	6	7
				5	4	2		9
					7			
5								6
7					1			
	4				8	7		
	9	3	8				4	
		5		1		3		
							1	

The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.



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BUSINESS CLASSIFIEDS

TAX PROFESSIONAL

Enrolled Agent, available in Teravista for your income tax questions, tax preparation service, or responding to IRS letters, as well as setting up your business books and payroll. Come to my home office in Teravista or I will bring laptop to your location. Very reasonable charges. Phone: 512-716-0440.

NOW ENROLLING

Scribbles in home child care have two openings. 12 years of experience * meals provided * age appropriate curriculum * low teacher/ child ratio open 7:00-6:00, contact Mrs Paracha @ 512 7918576

NOTIME FOR HOUSE CLEANING?

Paying too much for house cleaning? Call Natalie's Maid Service for a free estimate at 512-771-3060. Affordable prices * Quality Work *Supplies Furnished * Bonded * Call now for a free estimate and \$15.00 off your first clean. www.nataliesmaids.com.

Classified Ads

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or *advertising@PEELinc.com.*



ADVERTISING INFO

Please support the advertisers that make The Voice possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

Why Knowing About Kilowatt-Hours Can Help You Save Money

By Chris Lee

Let's all admit it - we've all taken electricity for granted. As soon as we were young enough to reach the light switch to turn on the lights, we've never thought about electricity since it's been integrated into our lives as a basic neccessity. By understanding a little bit about a Kilowatt-Hour (kWh) of electricity use, you'll more easily measure and compare the costs to operate your appliances in order to figure out how you can save some money.

The concept of kWh is difficult to visualize since most of us have forgotten the details of our high-school physics class (for those of us that actually took high school physics). Power, energy, time?...how can we define kWh? If you turned on twenty 100-watt lightbulbs in your house and left them on for 1 hour, you would have used 2 kWh (20 lightbulbs x 100w x 1 hour = 2000 watt-hours). And if you used your clothes dryer for an hour and your dryer is rated at 5000 watts, then you used 5 kWh (5000w x 1 hour). While each family uses electricity differently based on their living habits, here's a website that will give you an idea on energy use of common household appliances. Caution: the dollar figures used in this chart are based on \$0.07 per kWh instead of they typical \$0.10 per kWh in Texas:

www.glendalewaterandpower.com/rates/appliance_operating_costs. aspx (Shortened: http://goo.gl/kCelA)

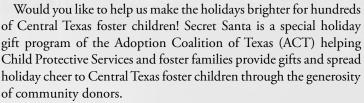
So if you looked at your energy bill, you'll see that you're paying for the amount of Kwh's that you and your family use. By knowing the concept of kWh you'll be able to more easily correlate your energy use to your energy bill and therefore be able to do more to save money. To help you save energy and therefore more money, here are some resources with helpful energy saving tips:

www.takealoadofftexas.com/index.aspx?id=energy-efficiency-tips (http://goo.gl/meydE)

http://energy.gov/sites/prod/files/energy_savers.pdf (http://goo.gl/u3fuE) I hope you've understood the basics of a Kilowatt-Hour and how it's measured to help you see your energy usage. If you have any



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If you would like to be a Secret Santa this year and purchase holiday gifts for a Central Texas foster child, please email your name, email address and contact phone number to ACTSecretSanta@gmail. com. The gift drop-off days will be at several Austin-area locations on Wednesday through Saturday, December 5 – 8, and caseworkers will be picking up the gifts the following week. Once you sign up to be a donor, we'll send you all the details. Last year, thanks to the kindness of people like you, we brought smiles to the faces of more than 350 foster children!

The Adoption Coalition is a partnership of nonprofit adoption agencies and Child Protective Services working together to find forever families for abused and neglected children waiting for adoption. These are usually older children, sibling groups and children with special needs. For information about ACT and adoption, visit www.adoptioncoalitiontx.org.



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NFIGHR

Support Your Community Newsletter



SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in The Voice.

> E-mail your pictures to teravista@peelinc.com by the 8th of the month.



Do You Have Reason to Celebrate?

We want to hear from you! Email *teravista@PEELinc.com* to let the community know!

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By USPTA/PTR Master Professional Fernando Velasco

HOW TO HIT A ONE-HANDED BACKHAND

In previous newsletters, I offered tips on how to hit a Forehand and a Two-Handed Backhand. In this issue, I will give you instructions on how to execute a one-handed backhand for a right hander. This stroke is still used by many league and tournament players since it gives players a wider range of reach and flexibility to hit slices and drop shots.

Step 1: Ready position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is on the throat of the racket. The left hand is holding the racket slightly tighter than the right hand. Feet are shoulder width apart and the body in is good balance.

Step 2: Back swing: When the opponent's ball is headed to the backhand side, the left hand takes the racket back and the right hand changes the grip with one quarter turn placing the index knuckle at the upper ridge of the handle. The body should start taking the racket back before the ball bounces. Notice the turn of the upper body and the right foot leading the left foot. Eyes are still focused on the incoming ball.

Step 3: Point of Contact: The eyes now shift toward the point of contact which should be about 12-18 inches in front of the right foot.



The right hand is holding the racket tight. The racket has made contact with the ball and weight of the player has shifted toward the point of contact. It is important to keep the right shoulder closed and not open the left hip too early. Flexing the right knee will allow more flexibility and power on the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, both of the arms need to be extended for better balance. The right arm should be straight and the follow through upwards above the head. *Look for next Issue: The Forehand Volley*



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