

Volume 11, Issue 12

December 2012

<image>

Sydni Robinson competed as part of the CyFair Tsunami's representing CyFair ISD with distinction at the Regional Special Olympic Swim Meet held at the University of Houston Natatorium Complex. Sydni brought home a Silver Medal in the 25 Meter Freestyle and a Bronze Metal in the 50 Meter Freestyle. She also received a ribbon of distinction for her participation in the 25 Meter Backstroke.

Please help us celebrate her success!

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Harris County Tax Office				
Reliant Energy				
(give pole # of street which is out)				
Entex (gas)				
Comcast Cable				
Houston Chronicle				
Metro Transit Info				
Kirk Elementary				
Truitt Middle School				
Cy-Ridge High School				
Newsletter Publisher				
Peel, Incadvertising@PEELinc.com, 888-687-6444				

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10th of each month. Submissions are subject to space limitations and editorial approval. Email Articles to <u>loen@PEELinc.com</u>.

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10th of each month for publication in the following month's newsletter. Email personal classifieds to *loen@PEELinc.com*.

ADVERTISING: Deadline for submitting ads is the 8th of each month for publication in the following month's newsletter. Please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com *for information on advertising*.

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Article Submissions

Please e-mail articles and/or photos to <u>loen@peelinc.com</u>. Submissions must be received by the 10th of the month for the following month's issue. (Advertising deadline is the 8th of the month.) Aggie Moms won't ask you to wear a funny hat, learn a secret hand shake or give a speech. We simply help you help your student reach graduation day. Visit our website www. nwhcaggiemoms.org. Open our General Meeting link to see the speakers we have lined up for this year. Come as a guest and leave as a member.

Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and you enjoy the TAMU experience.



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CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization representatives as well as individual memberships.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club members in our district; provides assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.



HARVEST OF WELLNESS

By: Dr. Kevin W. Lewis

Another lovely autumn season is upon us and with it, the dread of flu season, allergies, and then winter colds! It seems to repeat every year. As a physician, it's my passion and honor to help patients heal in times of illness; however my deeper hope is to see them far less frequently due to an acute case of wellness. After all . . . I am a son, brother, husband, and father encouraging my own family to cultivate a harvest of wellness by the simple act of setting an intention for optimal health.

By embracing wellness as a strategy, it's easy to make healthy lifestyle choices that taste great, feel even better, and keep you out of my office! Remember the added bonus is that your children will follow your lead, so be a healthy role model.

A healthy lifestyle should be complimentary, not complicated. It should include whatever exercise you enjoy on a regular basis. Exercise doesn't have to be a sport, exhausting, or expensive. Try a variety of activities that can involve the entire family like joining the YMCA, weight lifting, taking walks together, hiking, yoga, rock climbing or whatever motivates you to move.

Please eat whole foods (you enjoy) on a daily basis, because diet/ nutrition is truly the cornerstone of good health – and that is not an over statement. Fill your plate with a colorful banquet of fresh vegetables, fruit, and small portions of meat. Your body will respond and love you back. We all know clean drinking water is vital to optimal health, and those of you who enjoy alcoholic beverages should always do so in moderation.

Research shows us that connecting often with friends and family leads to longevity, and of course — get plenty of quality sleep.

Healthy living is not a new concept folks, yet it truly is powerful medicine. Young or old . . . encourage your family to set an intention to maintain optimal health. Be the one to help them cultivate a harvest of wellness this year and I'll be glad to see you next year in my office for your annual wellness checkup.

Dr. Lewis is licensed by the State of Texas and has been practicing in Family Medicine and Urgent Care since the spring of 2009.

ADVERTISE YOUR BUSINESS To your neighbors

Support Your Community Newsletter

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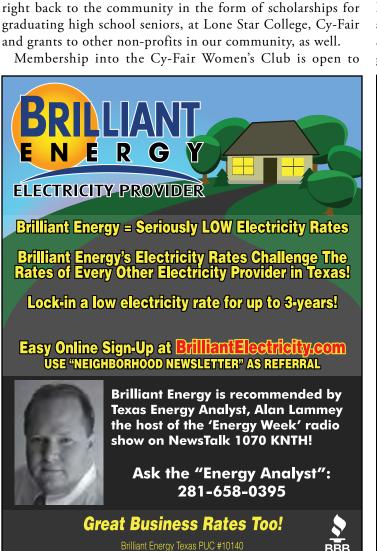


Women Serving the Community Submitted by Rosie Servary

We had a blast during our November general meeting! We created our own floral centerpieces with guidance from HEB and in December, we are looking forward to an enjoyable time at our annual Holiday Party. We are all geared up and looking forward to 2013, so make sure you come join us next year! Happy Holidays!

CWC is a service organization that gives back to the community. This means that all funds raised will go

and grants to other non-profits in our community, as well.





all ladies in Northwest Houston/ Cypress neighborhoods. Currently we meet the first Thursday of most months at West Houston Church of Christ. Our meetings begin with social time and refreshments at 7:00p.m. immediately followed by a program at 7:30p.m. The church is located at the corner of Queenston and West Road.

Our monthly meetings are not only educational and enjoyable, but they develop lasting fellowships. We

look forward to meeting you there! If you have any questions about our club or need directions to the church, please contact Susan McLeroy, Membership Chair at cyfairwomensclub@ gmail.com.





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TIME FOR A MARKET UPDATE!

Searching 5 months prior to 10/08/2012	LOE		LOEN	
	# Sold	\$/ft.	# Sold	\$/ft.
3 Bedrooms	5	\$114.04	2	\$135.68
4 Bedrooms	16	\$118.17	33	\$124.84
5+ Bedrooms	2	\$130.51	12	\$135.73
1 Story	5	\$114.45	9	\$128.41
2 Story	18	\$119.42	38	\$128.00
Without Pool	12	\$109.90	28	\$118.60
With Pool	11	\$127.54	19	\$142.05
Built 1990-1999	20	\$116.96	0	\$0.00
Built After 2000	3	\$127.57	47	\$128.08
Never Lived In	0	-	0	-
1500-2000 sq. ft.	0	-	0	-
2000-2500 sq. ft.	2	\$111.50	0	\$0.00
2500-3000 sq. ft.	6	\$116.93	5	\$135.67
3000-3500 sq. ft.	8	\$112.05	17	\$118.43
3500-4000 sq. ft.	1	\$99.61	8	\$125.08
4000-4500 sq. ft.	5	\$132.69	7	\$123.86
4500+ sq. ft.	1	\$137.81	10	\$146.05
Waterfont	1	\$137.81	5	\$145.25
Waterview	3	\$121.70	5	\$144.86
Cul-de-sac	8	\$117.66	11	\$118.66
Other	11	\$116.15	26	\$125.54

All information obtained from HAR mls data.

FACT: In the last 5 months we had the best resale market ever recorded in LOE and LOEN!

Buyers Looking...Listings Needed!



Resident of Lakes on Eldridge North

832-788-6002 danielle@dgebara.com Proud to be involved!



Northwest Flyers Youth Track Club Registration on Feb 2nd

The Northwest Flyers Youth Track Club will celebrate its 26th Anniversary Season by hosting its annual free information / registration breakfast on Saturday, February 2nd, 2013, for all boys, girls and their parents who are interested in joining for the 2013 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The free breakfast is the opportunity for youth athletes to register for the club's 2013 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic organization. All new parents and athletes interested in joining the Northwest Flyers must attend.

The Northwest Flyers Track Club is a youth (ages 6 -18) track club, affiliated with USA Track & Field (USATF), that provides a full

program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin. The Northwest Flyers has approximately 285 members. The club was founded 26 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field. For additional information on the Northwest Flyers Track Club, please visit the team website at http://www.northwestflyers.org or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.



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Zeta Tau Alph

The Cypress Texas Zeta Tau Alpha Alumnae Chapter would like to thank everyone that took a gamble and helped to make our 2nd Annual Pink Tie Affair another great success. With the help of sponsors, donors, and the over 170 that attended we were able to raise nearly \$8000 for the Zeta Tau Alpha Foundation in support of Breast Cancer Education & Awareness!!

For your support of

With the support of our community and surrounding area businesses the silent auction provided 44 great baskets, raising over \$4000 alone, along with many great raffle and door prize items! A special congratulations goes out to our 2012 Texas Hold'em Tournament champion, Adam Brashier, and the High Roller of the evening, Bruce Newton! Both Adam and Bruce took home great prize baskets we are sure they will enjoy! Check out event photos at

http://bellanovafoto.smugmug.com/Zeta2012/Zeta-Casino-Night-2012

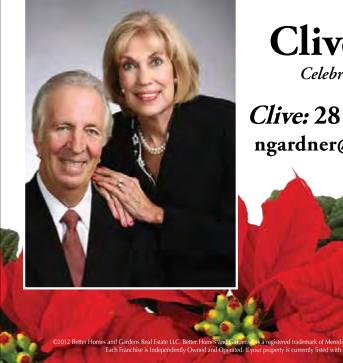
Thank you again for your support in the fight against breast cancer! Don't forget to mark your calendars for the 3rd Annual Pink Tie Affair in October 2013!

KBenefiting Breast Cancer Education and Awareness thru the Zeta Tau Alpha Foundation





Wishing you and your family Peace, Joy & Happiness this holiday season and throughout the coming year.



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Lakes on Eldridge North HOCKLEY COMMUNITY CENTER | December 2012 Special Events

In addition to Hockley Community Center's regularly scheduled activities such as knitting, quilting, oil painting, yoga, stretch-and-tone exercise, Bridge, Canasta, Spades and domino games, the center will offer the following special events in December 2012. Advance registration is typically requested, and an adult must accompany and remain with anyone under the age of 18 visiting the center. The Community Center is a Harris County Precinct Three facility located at 28515 Old Washington Road in Hockley. A calendar of events is available at the Harris County Precinct 3 website at www.pct3.hctx.net. For more info, call (936) 931-5030.

BEGINNER BRIDGE

Beginner Bridge will be taught each Monday in December from 1:00 -3:00 p.m. at the Hockley Community Center, 28515 Old Washington Road. This is just the right opportunity to learn to play Bridge, free of charge. Call (936) 931-5030 for more info.

MONTHLY SUPPORT GROUP

A Monthly Support Group is meeting at the Hockley Community Center, 28515 Old Washington Road, on Monday, December 3rd, from 10:00 – 11:30 a.m. It is a safe place to go and share experiences, receive strength and understanding and meet people with similar concerns. Newcomers are always welcome. Call (936) 931-5030 for more info.

BOOK DISCUSSION GROUP

Join the Book Discussion Group on the first Thursday of each

month at the Hockley Community Center, 28515 Old Washington Road, 1:30 - 3:00 p.m. The book to be discussed on December 6th is 'While Mortals Sleep' by Kurt Vonnegut. Call (936) 931-5030 for more info.

STOP STRESS DAMAGE WORKSHOP

Stop Stress Damage, a workshop by Louise Stiedle Hayes, Ph.D., is coming to the Hockley Community Center, 28515 Old Washington Road, on Wednesday, December 5th, from 10:30 a.m. – 12:00 p.m. Learn about the damaging effects stress can have on the body and the brain and about ways to stop the damage of stress. Call (936) 931-5030 for more info and to sign up for this free program.

WELLDERLY PROGRAM: WINTER COMFORTS

'Winter Comforts', one of the Wellderly Program's seminars for senior citizens, their families and caregivers is coming to the Hockley Community Center, 28515 Old Washington Road, on December 12th from 10:00 - 10:45 a.m. Call (936) 931-5030 for details and to sign up for this free workshop.

SENIOR CITIZEN BUSTRIP

Christmas shopping and the enjoyment of seasonal decorations and light displays will be on the agenda of a Hockley Community Center senior citizen bus trip to The Woodlands and Magnolia on December 13th. Bus departure time will be 9:00 a.m. For more info, call (936) 931-5029.



MUSTANG CLUB OF CYPRESS

Mustang Car Owners come join the Mustang Club of Cypress. This is a dues free club for Mustang owners. Meeting location Cypress Station Grill in Cypress near Lowes on December 10th at 7:00 pm. Request membership through our Facebook page "Mustang Club of Cypress" You must be a current Mustang owner to join. E-mail us at birxak@yahoo.com or call Art after 6:00 pm.





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