

Volume 10, Number 1

January 2013

www.circlecranch.info

Circle C HOA Annual Meeting & Board Election

The Nominating Committee is accepting nominations for the three open board seats through January 14, 2013 (election to be held March 6, 2013 at the Annual Meeting). Each board seat is a three year term. You can download a Candidate Questionnaire from the News Section of the Circle C Website (http://www.circlecranch.info/news/AnnounceGet.asp?assn_id=14837&clink_id=147064)

The Annual Meeting and Election will be held on Wednesday, March 6, 2013 at 6:30pm at the Circle C Community Center. Your ballot and proxy will be printed on the back side of the first 2013 CCHOA dues assessment invoice (which is mailed Feb 1 and due Mar 1).

The Nominating Committee will host a Candidate Forum in February, date to be determined and posted on the website and in the Feb. newsletter.

Annual Report To The Membership

The 2012 Annual Report to the membership from the Board of Directors will be printed in the March newsletter. A copy will also be posted on our website and available in the HOA office.

Please take a moment to vote this year in the CCHOA Board of Directors Election. We need a 10% quorum in order to host the annual meeting on March 6th.

CCHOA NUMBERS

HOA Mgmt Office info@circlecranch.info or	288-8663
HOA Financial Office	451-9901
Aquatics Director	
Newsletter Publisher	
Peel, Inc. Sales Office	262 0191
Advertisingadvertising@PEELinc.com, 512-	263-9181
Circle C Amenities	
Circle C Café	288-6058
Circle C CDC	
Circle C Swim Center	
Circle C Community Center Pool	
Circle C Tennis Club General@CircleCTennis.com,	301-8685
Sub Association Info:	
KB Enclave and Fairway Estates HOA	
Karen Hibpshman, CMCA, Manager	347-2891
1 0	
Parkwest HOA	
Goodwin Management	502-7509
Streetman Enclave HOA	
	661 1061
Rosalind Peterson	441-1041
Muirfield HOA	
Chris Noel	219-1927
	/ -/-/

BOARD OF DIRECTORS

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Dan Vavasour	Treasurer
Chris Poynor	Secretary
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Michael Chu	Board Member
Contact the board at	directors@circlecranch.info

IMPORTANT NUMBERS

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•	
Dead Animal Collection	
Abandoned Vehicle	974-8119
Pothole Complaints	974-8750
Stop Signs	
Street Light Outage	
Schools	
Clayton Elementary	841-9200
Kiker Elementary	414-2584
Gorzycki Middle School	841-8600
Small Middle School	841-6700
Bowie High School	414-5247
Mills Elementary	
SAYSA	

ARTICLE INFO

The Circle C Ranch newsletter is mailed monthly to all Circle C Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

If you have an article of interest to the community please submit to <u>ashley@circlecranch.info</u> by the 10th of the month. The newsletter can also be viewed online at www.circlecranch.info.

ADVERTISING INFO

Please support the advertisers that make the Circle C Ranch Newsletter possible. If you are interested in advertising, please contact Peel, Inc. at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Circle C Ranch community with one source of local news content that is provided by Circle C residents. Our goal is to help build Circle C by connecting local businesses with residents and residents with relevant neighborhood information.

"Be the Community."



CCHOA ANNOUNCEMENTS

Submitted by Denise Nordstrom, CCHOA Manager

CIRCLE C KID'S HOLIDAY PARTY A GREAT SUCCESS!

The Circle C Kid's Holiday Party on Saturday, December 1st was quite a success. So much so, that we are already considering changes to next year to accommodate more kids. We had record numbers attend (we are estimating roughly 700 kids!), and that means we collected roughly 700 toys for the Adoption Coalition of Texas! Way to go Circle C! We would like to give a HUGE shout out to everyone who helped make this wonderful event possible. Thank you so much to all of the amazing volunteers who so generously donated their time and hard work from Christ the King Church: James Allen, Todd Finch, Allison Finch, Connie Foggle, Luis Luna, Hannah Luna, John Ratliff, and Ollyanne Offer; and also a HUGE thank you to our Circle C resident volunteers, Karma Lewis and her son. We would also like to thank NextCare Urgent Care for providing breakfast and goodie bags to all of our hard working volunteers and Concentra Urgent Care for their generous donation.

ADULT HOLIDAY & CASINO PARTY A HUGE HIT!

After several years of hiatus, the Adult Holiday Party was back this year and was a great success. We would like send out a HUGE thank you to our amazing volunteer dealers who were kind enough to donate their time: Leif Anders, Karma Lewis, Janet Troxell, Tom Stewart, Kathy Stewart, Ceran Jacquot, and Cass Grange. Y'all did an amazing job! We would also like to send out a HUGE thank you to those who donated our awesome door prizes: Austin Orthodontics Specialists, Grey Rock Tennis Club, Circle C Landscape, Massage Envy, Lady Bird Johnson Wildflower Center & Wildflower Cafe Owned & Operated by Chef Jaime with Circle C Cafe & Catering, South Austin Pilates, Austin Custom Winery, Close 2 My Home, Chuy's, Mama Fu's, Alamo Drafthouse, Third Base Sports Bar, Stephanie Hahn of Arbonne, Satellite Bistro, and Mangieri's Pizza. Thank you so much for making this event such a hit!

HOLIDAY LIGHTS WRAP UP

The Holiday Lighting Contest was still days away at the time of going to print for this newsletter; however, we would like to thank the many volunteers who stepped up to help judge, and we'd like to send out a big congratulations to the winners! We'd also like to send a reminder to all that holiday lights must be removed by January 15th. Thank you for your cooperation.

RENT THE CIRCLE C COMMUNITY CENTER!

The Circle C Community Center isn't only available for birthday parties, baby showers, and anniversary parties. Do you need space to teach your yoga class, boot camp, or art class, insurance seminar or real estate training? A conference room for a business meeting for 10 or less? Whatever it is, you can book your long-term rental at the Circle C Community Center. The Community Center is a versatile space to fit your every need, and it's right here in your neighborhood! If you are interested, please contact Ashley at ashley@circlecranch.info or 288-8663.

DEED RESTRICTIONS

As reported in each month's newsletter, the HOA staff drives at least two sections of the neighborhood per month to note violations of the Declaration of Covenants, Conditions and Restrictions. These commonly include: front yard landscape maintenance (mowing, edging, free of weeds), home maintenance (paint, screens, siding) and recreational vehicles (boats, RV's, trailers) parked in the driveway. The HOA is required by state law to notify owners in writing via certified mail and allow for the homeowner to request a hearing before the board of directors. If you receive a letter, please contact us at the HOA office and let us know your individual situation. We would like to work with you to bring your home into compliance. If you would like to report a violation, you can do so via our website at www.circlecranch.info.

DEED RESTRICTION TIP OF THE MONTH

The Declaration of Covenants, Conditions and Restrictions for the Circle C Ranch Subdivision are lengthy to read through. Each month we will highlight and summarize one section that most applies to current issues and is a responsibility of home ownership in Circle C. Article VI, Section 1 is Duty of Maintenance. The required maintenance of Circle C homeowners includes, but is not limited to, the following: Prompt removal of all litter, trash, dead vegetation, refuse and waste; keeping exterior lighting facilities in working order; keeping driveways in good repair (meaning clean, free of weeds in the seams, power washed if needed, and clean and clear of debris); repair of exterior damages to improvements (including frayed and discolored window screens, fences, paint, front doors, trim, etc.). Please keep Circle C a beautiful place to live by ensuring that the above listed items are in good repair, so you can avoid receiving a deed restriction violation letter from the Association.

AUSTIN CITY CODE OF THE MONTH

This month, with most leaves off the trees, we highlight City of Austin Code 10-5-43, which addresses litter removal. Many property owners and occupants fail to remove fallen leaves and debris from the curb line and street, detracting from the beauty of Circle C. This City code requires property owners and occupants to remove litter from one-half of the street adjacent to the owner or occupant's property. This debris must be disposed of properly. It is against the law to sweep or blow debris into the sewer system. Please do your part by keeping the street and curb line in front of your home clean.

BARKING DOGS

The Association receives many calls from owners regarding barking dogs. We encourage neighbors to talk to neighbors if this is an issue; however, the Association also sends out Cooperative Letters alerting owners when this is reported. Keep in mind – the Association cannot verify barking dogs; we are relying on information reported from a third party, so if you are the one making the complaint, please be as specific as possible. If the barking continues after the Cooperative Letter is sent, the neighbor making the complaint may file an official complaint with the City of Austin.

If you have a pet, take a moment to consider whether they are a nuisance to your neighbors and modify the routine. Perhaps ask your neighbors if your dog(s) barking is ever a problem.

Dogs are going to bark, but when it's excessive or early in the morning or late at night, be mindful and be a good neighbor.

(Continued on Page 4)

(Continued from Page 3)

PROHIBITED ACTIVITIES

It has been brought to our attention that teenagers and/or young adults, most likely residents of Circle C, are entering the restricted greenbelts, easements, and naturalized areas of the neighborhood to participate in illegal activities. Gunshots have been reported, one second story window was shot out, evidence of drugs and drinking and overnight stays have been found. The Austin Police Department has responded to several 911 calls. We are asking all neighbors to talk to their children, teenagers, and young adults about these matters. If you see suspicious activity in progress, it is appropriate to call 911. Youngsters playing Frisbee or walking the dog doesn't warrant a call.



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CCHOA NEWS

- Snapshots with Santa 6
- Circle C Swim Center 8
- Circle C Landscape 9
- 10 Tips on Handling Solicitors
- **Tennis** Tips 12
- 13 Grey Rock Tennis Club Briefs
- In Memory of Auggie 14
- Circle C Retired Women 20
- 20 MOMS Club Open House
- 20 Porcelain Art Club
- 22 Travis County Master Gardners Event
- Brown Marmorated Stink Bug 24

NEWSYOU CAN USE

- 26 Austin Pets Alive
- 28 Cedar Fever or Common Cold?
- A Focus On Resolutions 29
- 30 January Events at the Wildflower
- Center
- Austin Newcomers Club 31

KIDS STUFF

34 The Story on Scars

IN EVERY ISSUE

- 25 Classifieds
- 25 Teenage Job Seekers

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GC

REMINDER City of Austin Leash Law

This is a reminder to all dog owners, that the City of Austin has a Leash Law which prohibits dogs from running loose.

§ 3-2-1 RUNNING AT LARGE PROHIBITED.

Except as specifically provided in this title, an owner or handler may not allow livestock, fowl, a dog, or other domestic or dangerous animal or reptile to run at large.

Source: 1992 Code Sections 3-1-3(G), 3-2-2, 3-2-25, and 3-3-2; Ord. 031009-9; Ord. 031211-11.





CRS. ABR. SFR

2011, 2012 Texas Monthly Five Star Agent Platinum Top 50 Realtors, Finalist 2011, 2012





Cedar Saturdays at ADC Circle C

Beginning Saturday, January 5, ADC Allergists Dr. Tom Smith and Dr. John Villacis will see patients affected by cedar pollen allergies during our three **Cedar Saturdays**. New patients and established patients are welcome and most insurances accepted.

To make an appointment call 512-334-2542.

ADC Circle C 5701 W. Slaughter Ln., Bldg C Austin, TX 78749

Cedar Saturdays dates & times:

January 5, 2013 - 9am-2pm January 12, 2013 - 9am-2pm January 19, 2013 - 9am-2pm

> The Austin Diagnostic Clinic Circle C Allergy/Immunology 512/334-2542 | adclinic.com

Snapshots with Santa from the Circle C Holiday Party

Submitted by Sarah Jordan with Miles of Smiles Photography

It was so much fun doing Snapshots with Santa again this year at the Circle C Holiday Party! Here are details about where to find and download your pictures for free. The online album will be available through January 9th, 2013. If you are wanting to download your image(s), please mark that deadline in your calendar, as images will be removed after that time. Thanks, and enjoy!

To find your images: Visit www. milesofsmilesphotography.com and look under the "Latest News" section on that homepage. There will be a link that takes you to the album.

**Please be sure to read the important information about viewing and downloading your images before going to the album. Happy holidays!



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CIRCLE C SWIM CENTER

Submitted by Sammie Surguy

BRINGING A GUEST TO THE SWIM CENTER

Guest Information Forms are archived at the end of each calendar year. Please plan for each guest you bring to the Swim Center to complete a new Guest Information Form. This form can still be found online at www.ccswim.net. Every guest must complete one for the new calendar year, even if they have been here previously, and this form must be signed by the guest. If the guest is 17 or younger, then a parent or legal guardian's signature must be acquired. The Swim Center will not accept verbal permissions over the phone.

Once we receive the new form from each guest, we will keep it on file and simply record the guest's entry for any additional visits. This new form will only need to be filled out one time each year and will be effective until December 31 of that year. This annual form will ensure up-to-date information in case of emergencies, as well as make the guest sing-in process quicker and easier for everyone. Guest fees and policies will still apply during each visit. **NEWYEAR'S RESOLUTION: GET BACK IN THE WATER!**

It's that time again. Make a commitment this year that you will be sure to achieve. Since membership to the Swim Center is already provided to you as a member of the Homeowner's Association, and our facility is open year-round, it's a perfect place to start.

Write your goals down and a plan of action to achieve them. Then, share them with a spouse, family member or friend so that they can help ensure that you are able to stay on track. Encourage them to do the same so that you can help them to achieve their goals as well.

If you need help in setting personal swimming goals, check out our Master's Swim Program, even if only for a month or two. In this class, Coach Hayley works with each student to set individual goals that will continue to improve both skill and ability. The class is only \$50 per month for residents, and is offered three-times weekly 8:00-9:15a.m. on Monday, Tuesday and Thursday. Come to as many of the classes as you want, or come just once a week and do your custom, individualized workouts on your own time the other 6-days of the week. Have your friend join you so that you can encourage each other along the way, and if your friend is a non-resident, it's only \$60 per month for them.

CIRCLE C SELECT SWIMTEAM

Even with the temperature dropping the Select Swim Team is still going strong with practice every week. If your swimmer is interested in joining the Select Swim Team there are still spots open. If you have an questions check out the Select team website at: www.select.ccswim.net or send an e-mail to customerservice@ ccswim.net.

WINTER HOURS

October 1, 2012 – March 9, 2013 SWIM CENTER Monday-Friday 6-10a.m. Lap Swim Only 3:30-7p.m. Lap Swim Only Saturday 8-11 a.m. Lap Swim Only Sunday CLOSED COMMUNITY SWIM CENTER Monday-Sunday CLOSED Holiday Closure

December 21st- January 2nd





Circle C Landscape

Submitted by Susan Hoover

January is traditionally the landscape clean up month for all of the Circle C commons areas. During January, we will be trimming and pruning all of the perennial beds along the boulevards, cleaning leaves, touching up mulch and doing all of the little things that allow our landscape to look great when Spring comes.

Most people think that there is not much to do landscape-wise in the winter months, but it turns out, these are some of our busiest times. Our procedures are to trim, haul off, turn mulch, add mulch and add a pre-emergent granular weed killer. We use Texas Native Hardwood Mulch which decomposes into a good composted product, providing nutrients to the plants.

We are also continuing to replant some areas that have damaged vegetation. This is being done where we can add drip irrigation to ensure proper watering. As we go through the areas to do the clean up, we are converting spray head areas at median tips and in beds to drip irrigation as well.

In December, we added plantings to the Circle C Community Center, Circle C North, at the Park West entrance areas, outside the Enclave and along Escarpment. We will be keeping these watered over the winter and spring and they will be fully established before the summer heat.

For 2013, our major renovation project will be outside Park West along LaCrosse, from Park West Pass to Fox Creek on the north side. This will consist of removing dead turf areas, installing drip irrigation, replanting with native drought tolerant plants and minimum turf that will adjust to the drip watering system.

For your individual gardens, January is a great time for a clean up as described above. Also, if your shrubs have gotten so tall that they cover the windows of your home, you can do a major pruning when it is very cold. This is the best time for that. We also recommend that if you have cold sensitive outdoor plants, you cover them with a fabric during freeze times. You can also hook up incandescent Christmas lights (the small ones) and put them around the plants and under the covers. This will add a few degrees of heat to the area. I did this personally with my succulents during the early December freeze and they came out great.

If you have a real Christmas tree and you don't take it for re-cycling you can chop off the branches and use them to cover up dormant plants. The branches will let in plenty of air, and if the plant is dormant the extra branches will help keep it warm. Want to improve the IRS? Speak up! We can't help you if we can't hear you.

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<u>CCHOA News</u> **Tips on Handling Solicitors**

Submitted by APD SW District Representative, Joshua Visi

1. **ACKNOWLEDGE YOU ARE HOME:** When someone knocks at your door, acknowledge you are home. Talk through the door without opening it. If you don't answer, and it happens to be a criminal they may attempt to break into your home.

2. DO NOT FEEL OBLIGATED TO OPEN THE DOOR: You are not obligated to open the door to anyone. If they say there is a car problem, offer to call their road service for them. If it is an accident, call 9-1-1 for them. The idea is to keep them outside and you make the call for them. Ask them to stand by while you place the call. If the person stays, it is a good chance that they are legitimate, however, if they leave quickly, it is probably a con.

3. **INSIST ON IDENTIFICATION:** Identification should always be verified BEFORE opening the door. Insist they disclose their name, company and the product or service represented. Service representatives should have appointments and not just "show up" at your door. Also, make sure to install a wide angle viewer in your door, so you have a better view – you can buy them at any hardware store.

4. CALL IF THE PERSON IS PERSISTENT OR IF SOMETHING SEEMS OFF: While some solicitors are legitimate, it is also a tactic used by criminals to case neighborhoods, looking for easy targets. Be aware that criminals will often be carrying backpacks and cell phones. People who are lying often give too many details, touch their face a lot, or keep looking away. Experienced con men will also send younger kids into the neighborhood to do the knocking, knowing that a kid do not draw the suspicion that an adult might.

5. **GET A DESCRIPTION:** Start at the head and then work down to the feet. Do they have a hat? What color shirt? What color pants? Is there other details, like a logo on the shirt? How tall are they (compare them to a family member.) Look for other details; distinguishing features, direction of travel, another person, a vehicle.

6. **HELP POLICE CONNECT THE DOTS:** If anything seems strange or off, CALL! Why? Because criminals move around and calling in things that seem suspicious can help the police connect the dots. Maybe the police have had reports of another person matching



this description in another neighborhood. Maybe somebody a few streets over reported that same car to the Watch. Maybe other neighbors have reported the same fake company going door-to-door to their APD representative.

Call 911 - if its happening now. "I just had a solicitor on my door and he could not show me a company card"

Call 311 - you want the police to be aware of something, but its not an urgent matter "My neighbor just told me there was a young man who knocked his door last night, He was driving a white Ford truck and he seemed too persistent.

CITY OF AUSTIN ORDNANCE CONCERNING SOLICITORS:

§ 9-4-22 SOLICITATION BETWEEN CERTAIN HOURS PROHIBITED. - A person commits an offense if the person solicits contributions between 9:00 p.m. and 9:00 a.m. by going to the door of a residence.





CCHOA News Tennis Tips

By USPTA/PTR Master Professional Fernando Velasco







THE TWO-HANDED BACKHAND VOLLEY

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand and a forehand volley. In this issue, I will give you instructions on how to execute a two-handed backhand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures student Mindy Custer demonstrates the proper form and technique. Photos by Charlie Palafox.

Step 1: Ready Position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

Step 2: Back Swing: Since the volley is usually executed when a player is close to the net and there is very little time to react to the incoming ball, the back swing is very short. The left hand will make a slight change of the grip and the right hand will be relaxed and lose. The left shoulder should take a short turn and the head of the racket should align to the flight of the ball. The left wrist should be "cocked" back slightly and the head of the racket should be above the wrist. Eyes are still focused on the incoming ball. Here I am helping Mindy to feel the hand of the racket above her wrist.

Step 3: Point of Contact: The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The right arm should be close to the body.

Look for in the next Newsletter: The Serve

GREY ROCK TENNIS CLUB BRIEFS

TEAM WINS SECTIONAL TOURNAMENT

The Grey Rock 8.0 Super Seniors won five of matches capturing first place during the 2012 Sectionals at TBM and Newk's Ranch in October. The team will be



representing Texas at the Nationals' Super Seniors Championships to be held in Surprise, AZ in April, 2013. Players on the team are (left to right): Randy Dryer, Steve Thurber, Fernando Velasco, Del Campbell, Ron Tope, Jack Clow, Andy Kubler, Don Primosic (Captain) and Karl Kamrath. Go Team!!

Director of Tennis, Fernando Velasco, adds "winning the event was great, but it was also most rewarding seeing players from all over the State playing in the 6.0, 7.0 and 8.0 divisions. There were 400 plus players representing 50 teams whose ages ranged from 60 years through late 70's. Watching them participating and having so much enjoyment was encouraging and reinforced that tennis is the "sport of a lifetime" at any age."

10 AND UNDER TEAMS



Pictured is the "10 and under" Tennis Teams that represented the Grey Rock Tennis Club during the 2012 Fall USTA Season. The teams played with special orange balls and on 60° tennis courts designed

especially for their age divisions. Clubs that participated were Lost Creek, ATA, Westwood CC, Polo Club, and Grey Rock Tennis Club.

Front row: Satvik Raghunathan, Tristan Stine, Colby Lewis, Colin Doles, Megan Zeng and William Ansdell.

Back Row: Sol-Marie Nordstrom, Chase Holtz, Frank Wei, Cade Morris, Alex Johnson, Logan Lewis, Brooke Taylor, Jordan Jewell, Arik Suez and Reneé Letulle.



CCHOA News



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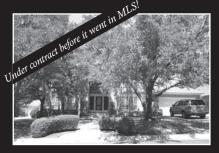


Submitted by Chris Poyner

On Wednesday December 5th, a celebration of a young life occurred in Circle C Ranch. Auggie Grant, who was a very special Kiker Kindergartener passed away one year ago. His life was celebrated by his former classmates and staff members from Kiker Elementary. Everyone who new Auggie wore orange shirts and orange ribbons to school that day. After school everyone met at the Circle C Wildflower park, a place where many of his classmates met Auggie for the very first time. Children and adults wrote special notes to Auggie on orange balloons, and then they were released into the air. It was a beautiful site and a very special day to honor a very special little boy. Please consider donating in memory of Auggie Grant directly to CureSearch for Children's Cancer at www.curesearch.org.



FEATURED HOMES



5820 Van Winkle Lane Circle C Ranch



6321 Tasajillo Trail **Circle C Park West**



11617 Georgian Oaks DR Circle C Ranch



6605 Estana Lane Circle C Avana

Circle C Ranch is super HOT right now and inventory is very low!

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- Circle C Open House Tour • Flexible commissions
- AustinHomeSearch.com
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"I very rarely write letters of recommendation, but had such an outstanding experience with Chris, that I felt compelled to do so. We are careful consumers, especially when it comes to purchasing a home and selecting a Realtor. We were not disappointed! She treats real estate like a profession. She was completely on top of the entire process! AND, she's highly intelligent. She was "connected" and used up-to-date technologies (like e-signing) and she provided recommendations for high quality industry contacts (handy man, inspector, etc.) She also serves on the Board for a large HOA, giving us some valuable insight. I highly recommend Chris!" Eric Heflin

"Chris is a dream of a realtor! Impressed the first time we met her, we discovered how very competent she is. She didn't miss a beat. We could relax and let her take care of everything. Quick responses to all our questions and requests (and we had a lot!). Chris gave us encouragement the whole time our house was on the market—and then sold it at full price! We are recommending her to all of our friends who might be buying and/or selling a home in the future." Margaret and Richard Nakumura

Chris Poynor, REALTOR®

Circle C Specialist, Resident.

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Chris@HotAustinRealEstate.com www.HotAustinRealEstate.com





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Information

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CLASSIFIED ADS

Personal Classifieds (one time sell items, such as a used bike...) run at no charge to Circle C Ranch residents, limit 30 words, please e-mail to <u>ashley@circlecranch.info</u>.

Business Classifieds (offering a service or product line for profit) are \$65, limit 40 words, please contact Peel, Inc. at 512-263-9181 or *advertising@PEELinc.com*.

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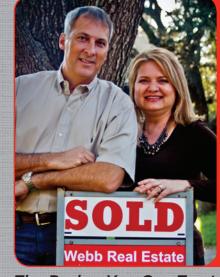
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Call Kevin Scragg, your Circle C neighbor, at (512) 529-8763 to see any home on the market and for all leases!



Hey Circle C Ranch! The Squires Team is starting the year off with a bang by getting these 6 beautiful properties under contract or "Sold!!" in the last 2 weeks! It is a year-round market in Circle C, where there really is not a time you can't bring your house to market and get it sold. Now, we are seeing many buyers coming through our open houses to get a jump on the Spring buying season. You don't have to wait for Spring. List now and sell for more for the lack of supply and HUGE demand! Call John for a quick idea of your value!



"JUST SOLD!!" 6408 Wareham lane-John's Listing!



"JUST SOLD!!" 6225 Carrington-John's Listing!



"JUST SOLD!!"-6517 Estania, Avana-John's Buyer!

"JUST SOLD!!" 8416 Silver Mountain Cove–John's Listing! Lewis Mountain Ranch, pool, views!



"<u>Contract Pending</u>!!" 7517 Brecourt Manor-John's Listing!



"<u>Contract Pending</u>!!" 10305 Thistle Moss-John's Listing!



John's "Sell" phone is (512) 970-1970!

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Click on the QR box to see all of John's listings! Thanks!



"JUST LISTED!" John Squires is thrilled to announce one of his new listings at 10019 Estancia Lane at Circle C "On The Park". This incredible property is owned by an interior designer/artist and has custom finishes throughout. Distressed stone floors, Venetian Plaster, custom faux finishes, stains and textures-all professionally done. The home boasts 4000+ sq. ft. and has 5 bedrooms, 3.5 baths and game room with a stage for live performances. The family room features a gorgeous stone fireplace with a Cypress mantle you would expect to see in a castle! This double-cul-de-sac lot is over 1/3rd of an acre, so there is plenty of room for the kids and pets to run. Perhaps the crown jewel of this property is the incredible 9.5 foot deep, diving pool with grotto, slide and 8 person hot tub complete with palm trees and fauna. This is an entertainer's paradise. Call John for an easy appointment to see this amazing mini-estate at (512) 970-1970. Offered at \$487,000! Happy New Year!





Hey Circle C! The Squires Team likes to give back to the community that has given them so much support over the years. John Squires started "Professional Profiles in Circle C" back in 1999 and is **free** advertising we donate to small businesses trying to get started in the area. John has known Steve and Kelly Dean for over 1 year now and they just opened Anytime Fitness. Anytime Fitness is just exactly that! A 24-hour-per-day fitness center that has

state-of-the-art equipment and a cardio studio. There is a projector in the cardio studio that is integrated with a computer and fitness software. If you want to come in at 3:00 a.m. and do P90X, it is ready to go! There are dozens of workouts to choose from and the gym, obviously, has all the weights and cardio equipment you would ever need. There is also a free Zumba class on Mondays and Wednesdays! T.V.'s are installed on cardio equipment too, so you can watch sports or your favorite show while you work out. The friendly staff can help you with your workout routine, diet, fitness goals and just have all the answers to your fitness goal questions. The gym is located right behind Circle C on Hwy. 45 and 1826! Call Steve and Kelly at (210) 428-3031. Find them on facebook at http://www.facebook.com/AnytimeFitnessSouthWestAustin



Call John directly at (512) 970-1970 on his "sell" phone anytime for an easy appointment, 7 days per week!

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- 11) Flexible Commission structures with moveup, move-down plans!

Clubs & Announcements



Circle C retired women meet every Thursday morning at 9:00 a.m. at Panera Bread, 4625 W. William Cannon, Austin for coffee and conversation. All are welcome. If you have questions, contact Margaret at 487-5118 or marghudn@aol.com.



MOMS Club Open House

Submitted by Lisa Williams Thursday, January 17 @ 10 am – Circle C Community Center. MOMS Club is a group of SAHMs who get together for playdates, field trips, philanthropy and friendship. Come meet us!!!



Are you interested in learning or improving your skills in the beautiful and ageless art of china painting? The Porcelain Art Club of Austin may be exactly the place for that. The club meets every first Monday of the month at the Austin Area Garden Center in Zilker Park. For more information, please call Carol de Wind at (512) 301-5143.

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Please visit www.hope4jd.org for more information regarding our organization.

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Travis County Master Gardeners Event

Submitted by Bonnie Martin

THE WONDERFUL WORLD OF SEEDS Thursday, January 17, 2013, 10am-12pm Travis County AgriLife Extension Office 1600 B Smith Rd., Austin TX 78721

Let Master Gardener propagation specialists teach you how to start, grow and save flower, herb and vegetable seeds. You'll learn from presentation, examples and hands-on participation in the class room and in the demonstration garden, along with handouts and additional resource lists. Seminar fee is \$20 and you must register at https://agriliferegister.tamu.edu with keyword: Seeds, phone 979-845-2604. It is presented by the Travis County Master Gardeners, a volunteer arm of the Texas AgriLife Extension Service in Travis County. www.tcmastergardeners.org.



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TEXAS A&M EXTENSION

Brown Marmorated Stink Bug

Submitted by Wizzie Brown

Brown marmorated stink bugs (BMSB) were confirmed in Corpus Christi late in 2011. These insects are a new pest to Texas and relatively new to the United States. They are a true bug with piercing-sucking mouthparts and they have a large list of plants that they may feed upon including numerous ornamentals, vegetables and fruits.

Brown marmorated stink bugs are shield-shaped, about 5/8 inch and mottled brown in color. The last two antennal segments have alternating light and dark bands. The edges of the abdomen, which are exposed from above, also have alternating light and dark bands.

In addition to feeding on many ornamentals and crop plants, the stink bugs can be a nuisance pest and move into homes when temperatures drop. The insects have scent glands and can leave an odor behind in the home.

Brown marmorated stink bugs usually cause small necrotic areas by feeding on plant tissue, but they may also cause stippling, seed loss or transmit diseases. Damage to fruit can be scarring, pitting, catfacing and sometimes changing the texture to be more mealy or grainy.

We suspect that BMSB is in more places across Texas, but have not been noticed as a new pest species. They are very good at hitchhiking and could be transported into the state via travelers who come from infested areas to overwinter in Texas. We need your help! Please submit any suspected stink bugs (we need actual insects submitted for confirmation) to me or your local Extension office. You can email digital images or drop off/ mail insects for confirmation.

For more information or help with identification, contact Wizzie Brown, Texas A&M AgriLife Extension Service Program Specialist at 512.854.9600. Also check out www.urban-ipm. blogspot.com. The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas A&M AgriLife Extension Service or the Texas A&M AgriLife Research is implied. Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

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Cedar Fever or Common Cold?

Knowing the Difference is Key to Effective Treatment

WINTER IS CEDAR FEVER SEASON

The common cold and the Mountain cedar allergy called "Cedar Fever" often begin the same way: runny nose, sneezing, sinus pressure, scratchy throat, and headache. Yet knowing the difference between a cold and cedar pollen allergies can be very important when it comes to effective treatment options.

Cedar Fever is the popular term for cedar pollen allergies, which strike many residents in Central Texas during the winter months, when mountain cedar plants emit large amounts of pollen. The common cold, meanwhile, is caused by a virus and can occur any time of year. The problem is that the cedar season is also the height of the cold and flu season.

COLD VS. ALLERGY SYMPTOMS

"Despite the many similarities in symptoms between Cedar pollen allergies and a cold, there are some clear indications that can help you understand which condition you are suffering from," says Dr. John Villacis, an allergist and immunologist with The Austin Diagnostic Clinic (ADC). "While a cold and related symptoms may only last a few days to one or two weeks, symptoms of cedar pollen allergies may persist for several weeks or months."

Another important difference in symptoms has to do with the excess mucus production that both conditions tend to produce. While people with a cold may experience discolored mucus, those with cedar pollen allergies will experience clear mucus production. And while people with a cold may develop a fever, people who have cedar pollen allergy will not develop a fever.

WHEN IN DOUBT, ASK A DOCTOR

Dr. Villacis says people who are not sure if they have a cold or cedar pollen allergies should consult with a physician as soon as possible in order to get an accurate diagnosis and effective treatment options.

John Villacis, M.D., is an allergist and immunologist for The Austin Diagnostic Clinic, a multi-specialty clinic with physicians representing 21 medical specialties at more than seven locations throughout Austin and Central Texas. Dr. Villacis sees patients at the ADC Main Clinic, at 12221 North MoPac, and at ADC Circle C, 5701 West Slaughter Lane, Building C. For more information, visit www.adclinic. com or call 512-901-4052.



A Focus On Resolutions

By: Concentra Urgent Care

The New Year is a great time to make healthy lifestyle changes. According to the US Department of Health and Human Services, the most common resolutions focus on losing weight, getting fit, quitting smoking, and reducing stress. These are important themes that can reduce your risk of disease. Here are ways you can achieve your goals this year.

LOSING WEIGHT

A weight loss of five to seven percent of your body weight can improve your health and quality of life. It can also help prevent weight-related health problems, like diabetes. Changing your eating habits and increasing your physical activity are keys to successful weight loss and help to maintain optimal weight for the rest of your life. Create a plan for healthy eating and increased physical activity, while taking in fewer calories than you use. Your healthy eating plan should include:

- Taking into account foods you like and dislike
- A focus on fresh fruits, vegetables, and whole grains
- Fat-free or low-fat dairy products such as yogurt, cheese, and milk
- Protein sources such as lean meats, poultry, fish, beans, eggs, and nuts
- Avoiding saturated and trans fats such as animal fat, butter, and hydrogenated oils
- Staying away from foods high in sodium and added sugars For more information on weight management and improving

cording nutritional practices, visit the National Institute of Diabetes and Digestive mmon and Kidney Diseases at www.win.niddk.nih.gov/publications/for_life.htm. ag, and **GETTING FIT**

Regular physical activity for at least 30 minutes each day, or broken up into several shorter periods of 20, 15, or 10 minutes, can help you lose weight, keep it off, and stay fit. It can also improve your energy and mood and lower your risk for heart disease, diabetes, and some cancers. Try some of these physical activities:

- Walking (15-minute miles or 4 miles per hour)
- Biking
- Tennis
- Aerobic exercise classes (step aerobics, kickboxing, dancing)
- Yard work or house cleaning (gardening, raking, mopping, vacuuming)

Taking the first step can be the hardest part. Start slowly, at a level that is comfortable for you and add activity as you go along. Sometimes, it helps to have a friend or activity buddy when you start out. It is recommended that adults get at least two and a half hours of moderate physical activity each week. Strengthening activities, such as pushups, sit-ups, or lifting weights, at least two days per week are also encouraged. For more information on getting fit, visit the President's Council on Physical Fitness and Sports at http://fitness.gov/. Happy New Year from Concentra Urgent Care!



News You Can Use

January Events

at the Wildflower Center

FREE ADMISSION!

January 2 through 31 No charge for visiting the Wildflower Center any day in January. Enjoy the winter landscape!

TREE TALK WINTER WALK

9 a.m. to 5 p.m. Saturday, January 27 Kids Tree Climb and an educational tree scavenger hunt with native tree saplings as prizes. Native trees and shrubs for sale and expert advice. In The Store Margie Crisp signs her book, River of Contrasts: The Texas Colorado.

NEVER THE SAME RIVER TWICE

January 12 through March 2 Artist Margie Crisp¹s book, River of Contrasts: The Texas Colorado displays hand-pulled prints in the McDermott Learning Center.



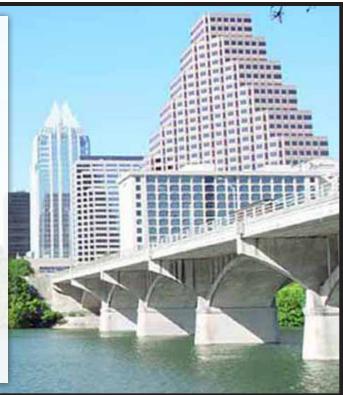
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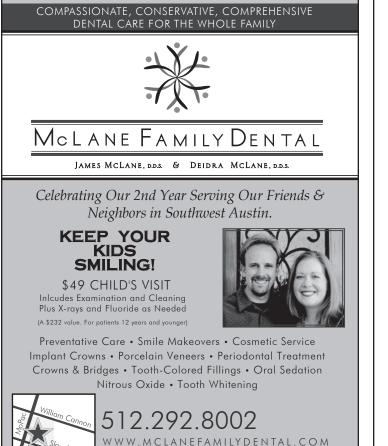
This month our luncheon program will feature Peter Bay, Music Director of the Austin Symphony Orchestra, who will speak about the Symphony's repertoire for the upcoming symphony season. He will play recordings of excerpts of the pieces, and explain the background of the compositions and his approach to conducting them.

Mr. Bay has been the Symphony's Music Director since 1998, and is also the primary conductor for Ballet Austin. He has been music director of the Britt Festival Orchestra in Jacksonville, Oregon since 1993, and in 2011 was Music Advisor of the Hot Springs Music Festival in Arkansas, He has made many national and international guest appearances conducting famous orchestras. Mr. Bay is a native of Washington, DC and received degrees from the University of Maryland and Peabody Institute of Music.

The monthly luncheon will be held on Wednesday, January 16 at Green Pastures restaurant, located at 811 West Live Oak in Austin. We get together at around 11:00 a.m. for a social hour with lunch at 12:00 noon. The luncheon is \$20 per person; reservations are required, and payment must be received by Thursday, January 10.

The club website is www.AustinNewcomers.com and the telephone number is (512) 314-5100.





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News You Can Use

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- Kids Stuff-

Section for Kids with news, puzzles, games and more!



Holly loved nothing more than riding her bike. But one day, she missed a curb and hit the pavement - splat! Now her knee was scraped and her elbow was cut. Her brother Darren helped Holly up and used his T-shirt to dab at the blood on her elbow. "Wow," he said, "You're probably going to have a huge scar."

WHAT EXACTLY IS A SCAR?

A scar is the pale pink, brown, or silvery patch of skin that grows in the place where you once had a cut, scrape, or sore. A scar is your skin's way of repairing itself from injury. Look at your skin. You probably have one or two scars already. Most people do. Why? Because a lot of things leave behind scars - from falls, like the one Holly had, to surgeries.

Scars are part of life and they show what you've been through. For some people, scars are special. A kid in your class might have a scar on his chest because he had heart surgery as a baby. Or you might have a scar from the chicken pox. Centuries ago, warriors showed off their scars as symbols of their bravery and to impress their friends with the exciting tales about how each one happened. Do any of your scars have a story?

HOW DO I GET A SCAR?

No matter what caused your scar, here's how your skin repaired the open wound. The skin sent a bunch of collagen (say: ka-leh-jen) - tough, white protein fibers that act like bridges - to reconnect the broken tissue. As the body did its healing work, a dry, temporary crust formed over the wound. This crust is called a scab.

The scab's job is to protect the wound as the damaged skin heals underneath. Eventually, a scab dries up and falls off on its own, leaving behind the repaired skin and, often, a scar.

A scar isn't always a sure thing, though. "It's not so much how deep or severe a wound is that determines whether a scar will form, but rather the location of the wound and that person's genetic [inherited] tendency to form scars," says Brian Flyer, a doctor from California. In other words, certain people tend to get scars more easily, and scars are more likely to form after wounds on certain parts of the body.

HOW DO I PREVENT A SCAR?

Of course, the best way to prevent scars is to prevent wounds! You can reduce your chances of getting hurt by wearing kneepads, helmets, and other protective gear when you play sports, ride your bike, or go in-line skating. But even with protective gear, a person can still get hurt once in a while. If this happens, you can take steps to prevent or reduce scarring. You can help your skin heal itself by treating it well during the healing process.

How do you do that? Keep the wound covered as it heals so you can keep out bacteria and germs. Avoid picking at the scab because it tears at the collagen and could introduce germs into the wound. Some doctors say vitamin C (found in oranges and other citrus fruits) helps by speeding up the creation of new skin cells and the shedding of old ones. Also, some people believe rubbing vitamin E on the wound after the scab begins forming can aid the healing process. Your parent can talk to your doctor about whether you should try this.

SO LONG, SCARS!

Some scars fade over time. If yours doesn't and it bothers you, there are treatments that can make a scar less noticeable, such as skin-smoothing medicated creams, waterproof makeup, or even minor surgery. Talk to your parent and doctor to find out if any of these treatments would be right for you.

Sometimes the best medicine might just be to talk. Tell your parent or doctor what's bothering you about your scar and how you feel on the inside. Because when the inside feels good, the outside always seems to look better! Updated and reviewed by: Patrice Hyde, MD • Date reviewed: January 2007

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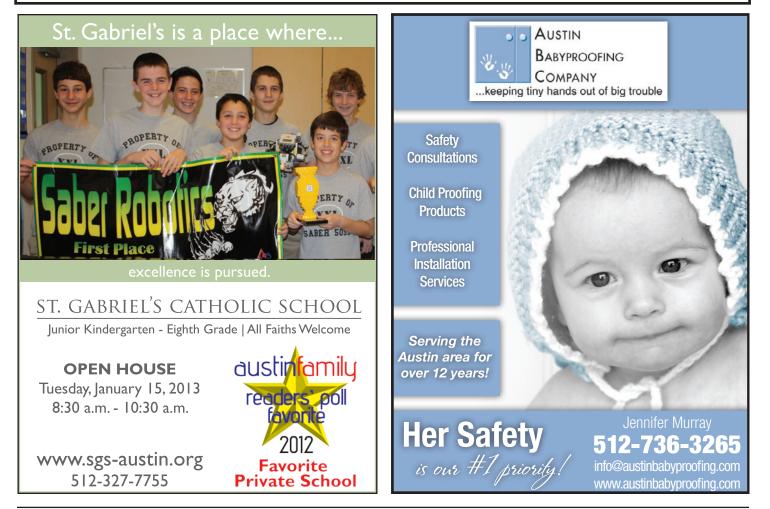
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CROSSWORD PUZZLE

ACROSS	DOWN
1. Syllables used in songs (2 wds.)	
5. Dress	2. Arabian
9. Time periods	3. Mutton
10. Satan	4. Facet
11. Tap in lightly	5. Jewel
12. Adult insect	6garde
13. Prioress	7. Severity
15. Today	8. Wispy
16. Chapel	10. Render harmless
18. 10,000 squared meters	14. Soft drink brand
21. Cutting tool	17. Lacked
22. Scents	18. Hurry
26. Small herring	19. Deport
28. Two	20. Tic tac's competitor
29. Fish tank dweller	23. Pear shaped instrument
30. Volcano	24. Alley
31. Otherwise	25. Close the door hard
32. Hold	27. Be

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