



Newsletter for the Citizens of Lakeway

Lakeway VOICE

Volume 5, Issue 2
February 2013

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The Reserve At Lake Travis

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See page 4 for more details.



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ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to lakeway@peelinc.com. The deadline is the 15th of the month prior to the issue.



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Lakeway City Hall.....	512-314-7500
City of Lakeway	www.lakeway-tx.gov

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Peel, Inc.	512-263-9181
Editor.....	lakeway@peelinc.com
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Table of Contents

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COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to lakeway@peelinc.com. Portrait (vertical) photos work best.

By submitting your photo you agree to allow your photo to be published in future issues of the Lakeway Voice or other Peel, Inc. publications.

Call 512-263-9181 to find out how to have your business featured on the cover of the Bee Cave Messenger.

AROUND LAKEWAY

- 5 The Reserve at Lake Travis
- 6 "Hats On" To Raising Funds for Mental Health
- 8 More Brown Bag Luncheon Concerts
- 10 Lakeway's Big Band Bash Keeps Swinging
- 10 Lakeway City Hall Art Gallery
- 11 Lakeway Men's Breakfast Club
- 12 Dr. Karen Pope at February 25th Meeting
- 13 Bee Cave/Lakeway Mamas
- 14 Lakeway Ladies Golf Association
- 14 Thank You to our Donors
- 14 Lakeway Hills Solos Activities
- 15 Eggstravaganza! 2013

SCHOOL NEWS

- 16 District's Bond Program on Track and Under Budget
- 18 Walk the Red Carpet at LTEF's Annual Gala
- 19 SchoolMessenger: District Information Direct to Your Phone

SPORTS NEWS

- 20 Wrestling to Become Official UIL Program
- 22 "Overly Pink"
- 22 TexArts Presented Footloose
- 24 6th Annual Heart and Sole Luncheon
- 25 Austin Newcomers Club

BUSINESS NEWS

- 26 Seven Business Networking Groups in the Area
- 28 Lake Travis Toastmasters Club

KID'S STUFF

- 30 Why Exercise is Cool

IN EVERY ISSUE

- 29 Business Classifieds
- 29 Teenage Job Seekers



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Our expansive resort-style pool (see photo on front page) is a great place to spend the day during the hot Texas summers. If you're looking for a day of leisure, relax in the privacy of your own poolside cabana, or grab a cocktail from the swim up bar. While you're enjoying the view of the lake, your children can play in the many pools, the giant waterslide or you can join them for a leisurely float down our lazy river.

As a private member of the Cypress Club you'll fill your days with treasured moments that build life-long memories. You'll lunch lakeside with friends at the Cypress Lodge, enjoy numerous events with neighbors and family and perhaps take up horseback riding again.

The Reserve also boasts a full-service marina with 150 covered boat slips accommodating boats up to 100 feet. In addition, a housekeeping staff is available for those who prefer to boat maintenance free.

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Around Lakeway

“HATS ON” TO RAISING FUNDS FOR MENTAL HEALTH

In a sea of outlandish hats and table decorations that spirited diners to Africa, Wonderland and the English countryside, Lakeway Associates of Seton hosted 200 women for tea and lunch at the Hills Country Club on Saturday, Jan. 19.

This year's annual event was a fundraiser for the music, movement and art programs at Seton Shoal Creek Hospital, the largest in-patient psychiatric facility in the region, and the only one that treats children and adolescents, as well as adults.

President Kim Nearburg welcomed guests and introduced Seton Shoal Creek Vice President and Chief Operating Officer Alan Isaacson, who praised the group's support. Also attending from Seton were Susan Hewlitt, senior special events coordinator for Seton Development Fund; Lindsey Warren Davis, R.N., clinical nurse manager of child and adolescent programs; Shannon Mekuly, art therapist; Elizabeth Futch, staffing coordinator; and Sister Gertrude Levy, community ambassador for Seton.

Most attendees donned whimsical hats and decorated tables in support of the high-tea theme.

“We had a lot of fun but always in the spirit of helping neighbors who may experience mental health concerns or alcohol and chemical-dependency issues. Many people in Lakeway don't realize that for mental health issues requiring in-patient care, they will be referred to Seton Shoal



Famous Texas Women” won first prize at the annual Seton Tea on Jan. 19. l. to r. (front row): Mary Ann Funk as Cynthia Ann Parker; Paula Tye as Joan Crawford; Jackie Lloyd as Laura Bush; Sharon Gilmore as Janis Joplin; Linda Kephart as Bonnie Parker; (back row) Leeann DuPay as Mary Kay Ash; Barbara Bembre as Sandra Day O'Connor; Donna Kumar as Debbie Reynolds; Nancy Clayton as Ann Richards; Cherie Harris as Farrah Fawcett.

Creek. That's why supporting this facility is as important to Lakeway as it is to the rest of Austin and Central Texas,” Nearburg said.

The winning table decoration featured “Famous Women from Texas.” Each of the 10 members at the table dressed in costumes emulating famous personalities, such as Ann Richards and Laura Bush.

Other winners were: 1st runner up, “Out of Africa,” sponsored by the Lakeway Garden Club and coordinated by Jean Edwards; 2nd runner up, “Peppermint Sparkle,” coordinated by Philomena Rowlands; and 3rd runner up, “Mad Hatter's Tea Party,” sponsored by the “Mamas of Wonderland.”

“We especially want to thank our business sponsors for their amazing table decorations, including Maggie, a Blossom Boutique; Luxe, a Beauty Salon; and Hills Country Club,” said Barbara Beebe, who co-chaired the event with past-president Cindy

Kotrady and Sue Cornett.

During the luncheon, Karen Atwood, Emily Champ and Melanie Reese of the Lakeway boutique Suzie D's secretly judged the hat contest. Winners were Gretchen Nearburg for most unique hat, Patsy Brister for best fascinator, and Lakeway City Councilmember Dee Ann Burns-Farrell for best theme hat.

To join Lakeway Associates of Seton, contact Beth Maher at 512-585-6606. For more information on the group, contact Kim Nearburg, 512-261-1680.

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Around Lakeway

MORE BROWN BAG LUNCHEON CONCERTS

Off to a great start in January, the City of Lakeway's Arts and Beautification Committee continues presenting free one-hour concerts by leading professionals every Thursday at noon throughout February. Just pack your lunch (or buy something to go from our many local restaurants) and grab a seat at the tables in the Lakeway Activity Center, 105 Cross Creek, (tel. 261-1010). Here's the lineup for February:

FEBRUARY 7:

Get ready for Mardi Gras as The Second Line Jazz Band returns again to Lakeway. They have performed in concerts sponsored by the Austin Traditional Jazz Society and at various festivals. Their leader, trombone player and vocalist is Scott Bailey. The band's name comes from the quintessential New Orleans art form, said to be like having a jazz funeral without a body.

FEBRUARY 14:

The Suzi Stern Quartet will present a musical valentine. Suzi and her husband, pianist George Oldziey, are very active performers in the Austin area. They will be accompanied by a bass and drums.

FEBRUARY 21:

Matt Wilson will bring his dynamic style to get the audience rockin'. This fine pianist/vocalist has performed in many Tex Arts productions as well as in the finest cabarets in Austin.

FEBRUARY 28:

Slim Richey and the Jitterbug Vipers are back in Lakeway to retain their position as entertainment favorites. They will transport you to a dimly lit nightclub in 1940's Chicago where Billie Holliday and Wes Montgomery are jamming with Ray Brown, Stuff Smith and Oscar Peterson. Vintage jazz, swing, whatever you want to call it, it's hot and sultry.



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QUARTET



MATT WILSON



SLIM RICHEY
AND THE
JITTERBUG
VIPERS



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Around Lakeway

LAKEWAY'S BIG BAND BASH KEEPS SWINGING

The best dance program in Central Texas is right here in Lakeway. Where else can you enjoy dancing and listening in a comfortable venue with a large dance floor – and a large band playing music of the Sinatra era. This popular event, on the second Monday of each month, will next be on Monday, February 11, from 8 to 10 p.m. at the Lakeway Activity Center, 105 Cross Creek, telephone. 261-1010.

This is a free event (donations to the band are encouraged). There are plenty of tables. You may bring your own refreshments, if desired, as none are provided. There are no reservations—doors will open at 7:30 p.m.

Well known singers (and Lakeway residents), David Cummings and Lisa Clark, are featured with The Republic of Texas Band. It is a 17- piece orchestra, conducted by Kent Dugan. This band consistently appeals to dancers of many generations. Expect to hear a wide variety of favorite tunes with fresh arrangements.

Get your dancing shoes polished, dress up a bit (not formal), and come out to dance and listen to some really great music. Anyone who has attended will tell you this monthly event shows why living in Lakeway is so much fun.



LAKEWAY CITY HALL ART GALLERY

Johnnie Fields Watercolor Painting Exhibit
February 19 – March 4, 2013

Watercolor paintings by Johnnie Fields will be on display at the Lakeway City Hall Art Gallery from February 19th through March 4th. The exhibit may be viewed during regular City Hall office hours; Monday through Friday, 8:00 AM to 5:00 PM. The Art Gallery is off the main lobby of City Hall, 1102 Lohmans Crossing.

Johnnie Fields grew up in Austin. He attended the University of Texas and received a Bachelor of Architecture degree in 1951. He worked in Austin until 1955, and then moved to Odessa, Texas and was one of the founders of Peters and Fields Architects.

While studying Architecture at the University of Texas, art was a yearly requirement. Johnnie fell in love with watercolor after only two semesters. And, for the last 25 years, he has devoted time to painting, workshops, teaching and showing his work. Because of his love for architecture and his fascination with order and arrangement, most of his paintings involve old buildings in a landscape setting --- many of the subjects are of places where he has traveled.

Several years ago, Johnnie began teaching watercolor at the Lakeway Activity Center, and he quickly discovered how much he enjoys seeing others learn and develop as artists.

One of the nicest honors he received in his painting career was when The Permian Basin Art Museum asked him to do a one-man show.



LAKEWAY Men's Breakfast Club

FEBRUARY 2013 PROGRAM SCHEDULE

FEBRUARY 6, 2013

Germiné Awad, UT Professor
Arab americans

FEBRUARY 13, 2013

Cliff Frohlich, UT Professor
Texas Earthquakes - Natural and Manmade

FEBRUARY 20, 2013

Jeremi Suri, UT Professor
Lessons From a Fallen Empire

FEBRUARY 27, 2013

Peter Trubowitz, UT Professor
Obama's 'pivot' to Asia



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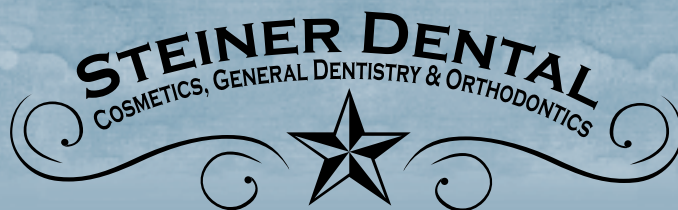
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Around Lakeway

THE WOMEN'S CLUB OF GREATER LAKEWAY PRESENTS DR. KAREN POPE AT FEBRUARY 25TH MEETING

The Women's Club of Greater Lakeway monthly meeting and luncheon will take place Monday, February 25 in the Rio Grande Room of the Lakeway Resort and Spa. Coffee will be served at 9:30 am, with the meeting beginning at 10:00 am.

Dr. Pope, a noted art historian, will be speaking about Pierre-Auguste Renoir, a leading painter in the development of the Impressionist style. Particular emphasis will be on one of Renoir's most famous paintings, Luncheon of the Boating Party, 1880. Because Renoir was born on February 25, 1841, a festive French theme will celebrate his birthday with lunch music by the Lake Travis High School Jazz band and a French-influenced menu.

Dr. Pope joined the art department at Baylor University in 1998 as a member of the Albritton Art Institute. She teaches an advanced



course each semester in 19th century art, as well as "An Introduction to the Visual Arts for Non Majors", which is designed to help students from across the University build a basic knowledge of the history of art.

As ongoing service to the wider Central Texas community, Dr. Pope contributes her expertise in the history of 19th century art and architecture at the historic Neill-Cochran House Museum in Austin. Through Art inSight, Inc., she conducts day trips, lecture series and study tours around the U.S. and Europe. She also leads a monthly subscription lecture series.

This enriching meeting is free and open to all Greater Lakeway residents. To make luncheon reservations or for more information about the meeting, call Karen Morter, 261-4489, or Jill Ukeiley, 382-7414.

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Bee Cave/Lakeway Mamas

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Membership is currently open to all those residing in the LTISD area. This group is open to moms with small children; infants/ waddlers/ toddlers/ and preschoolers.

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Around Lakeway

LAKEWAY LADIES GOLF ASSOCIATION LAKEWAY COUNTRY CLUB

9 HOLERS

**DECEMBER 5TH – ACE OF THE MONTH (YAUPON)
– CAROL BOSSE *ACE***

First Flight

- 1st Place – Sue Combs
- 2nd Place – Billye Lynn Ratliff
- 3rd Place – Sandy Walsh

Second Flight

- 1st Place – Karen Vaughan
- 2nd Place – Martha Macaninch
- 3rd Place – Nancy Conte

Third Flight

- 1st Place – Margaret Myers
- 2nd Place – Sandra McCullough
- 3rd Place – Nancy Gregor

55 & Under: Sue Combs – 51, Sandy Walsh – 51, Billye Lynn Ratliff – 52, Carlene Denman – 54, Karen Vaughan – 55

Low Putts: Billye Lynn Ratliff, Carlene Denman – both 16

DECEMBER 12 – LLGA CHRISTMAS LUNCH (THE HILLS)

Our annual LLGA Christmas Luncheon with the 18 holers was held in The Hills clubhouse with over 60 people in attendance. Money was raised for Safe Place.

Submitted by Robin Hargadon, Secretary

THANK YOU TO OUR DONORS

The Social Members Committee of The Hills of Lakeway Country Club chose the Women's Storybook Project of Texas to support for 2012. The mission of the project is to connect a child with his incarcerated mother through literature. Volunteers travel to Gatesville or Dayton to record an offender while she reads a story. The book and tape (which also include a short beginning and ending message) are mailed to the child.

The Committee wishes to thank our donors for making a difference in the lives of the mothers and their children who are recipients of over 350 books and \$1000. Committee members, Emily Anderson, Kylene Anthony, Jonathan Dowling, Lynda Fausett, Smitty Fausett, Francis Landreaux, Betsy McCraine, Victoria Pollock, Dwyce Ratliff, Brenda Rickert, George Rickert, Konnie Walker, and Beverly Watkins are especially grateful to Club members (Hills, Flintrock Falls, Live Oak, World of Tennis, Yaupon), Point of Origin (local business), and the Ladies of Charity for their assistance in making this project successful. Your gifts will contribute to sustaining the relationship between the mothers and their children.

Lakeway Hills Solos Activities FEBRUARY 2013

Chair: Jacquie Banks 512.638.0484 c

WED FEB 6TH: Lunch Bunch @ Rocco's. Car pool from LAC at 11:30a. Call Judy Prim 512.608.6853

MON FEB 11TH: Games Mah Jong @ Fore 6:30pm. Eat at Fore 5:30pm Happy Hour Call Diane Smith 512.261.6497

FRI FEB 15TH: Games Bridge & Dominoes @ LAC 7pm. Eat at Pao's 5:15pm Call Jo Kirk 512.261.7703 or Eat at Buenos Aires, Galleria 5:00om Call Diane Hafely 512.494.5413

MON FEB 18TH: Tour LBJ Museum's all-new features. Car pool from LAC at 9:30a Eat at Pappadeaux 2:00p (6319 I-35 at Hwy 290) Call Jacquie Banks 512.638.0484 by Mon Feb 11th so I can make restaurant reservations as they get filled quickly.

MON FEB 25TH: Games Mah Jong @ LAC 6:30-9p Call Diane Smith 512.261.6497

WED FEB 27TH: Dining Out @ The League, LW Car pool from LAC 5:00p Call Mary Conley 512.261.5618

NOTE: Every Thurs Jan & Feb only: Brown Bag Lunch @ LAC. Noon to 1pm.

EARLY NOTE FOR MARCH: Sun Mar 10th Play @ Palace Theater, Georgetown Watch South Pacific Eat at Wildfire after. Car pool from LAC 12:30p. Mail \$22 checks payable to Anita Fisher to 303 Copper Leaf, Lakeway 78734 by Mon Feb 18th.



EGGSTRAVAGANZA! 2013

Saturday, March 23 | Lakeway City Park, 502 Hurst Creek Road | 2 PM | Rain or Shine!

Submitted by Lynn Kirchenbauer

Happy Easter from the City of Lakeway! Join in the fun as we celebrate Spring! BRING YOUR BASKET!!! Age specific egg hunt groupings are as follows: Ages 1-2, Age 3-4, Ages 5-6, Ages 7-8. Festivities will begin at 2PM – rain or shine! The first egg hunt will begin at 2:30 and the oldest children will go first. The last egg hunt for the 1 – 2 year olds will begin at approximately 3:15 PM. This event takes place at Lakeway City Park, 502 Hurst Creek Road, Lakeway, TX. Please, no dogs at the park during this event. Peter Cottontail will be nearby to greet all of the good boys and girls of Lakeway. A petting zoo will be featured along with a cookie craft and glitter tattoo artists. Snowcones will be available for purchase. For more information, please contact 512-431-5148.



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School News

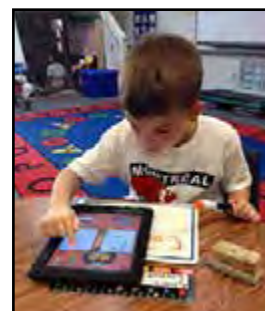
DISTRICT'S BOND PROGRAM ON TRACK AND UNDER BUDGET

KEY EXPENDITURES BENEFITTING STUDENTS

While the expansion of Hudson Bend Middle School progresses as planned—and with more construction to come in 2013 as part of the voter-approved Lake Travis Independent School District bond referendum last November, it's the 'softer' side of the multi-million dollar program that already has had a substantial impact on student programs and services. The \$158.5 million bond—the District's largest issue to date—also includes construction of a new Lake Travis Middle School and Elementary School No. 6; expansion of Lake Travis High School into the current Lake Travis Middle School campus; upgrades for existing facilities; and improvements district-wide. Additionally, comprising the package is the purchase of instructional resources and materials, including technology. "People tend to relate best to the bricks-and-mortar portion of bond packages," said Dr. Brad Lancaster, LTISD Superintendent. "And rightly so. The majority of funds in most bonds are set aside for construction. However, while the (bond) money may not be used to fund daily operating costs such as teacher salaries, utilities and fuel, it is becoming more and more common to buy things like buses, technology, and instructional materials with bond dollars." As of August 31, 2012, proceeds from the District's current bond have purchased more than \$2.2 million in technology devices for students, instructional computers, interactive SMART boards and document cameras for classrooms, and servers and cabling across the District. Expenses also include more than \$150,000 in library books, band and orchestra instruments, and uniforms for various band and athletics programs at Hudson Bend and Lake Travis middle schools and at Lake Travis High School. "It certainly helps parent fund-raising morale," said Kenny Vise, Lake Travis High School band director. "We know the school district and community are taking care of our need for instruments, so we can focus on things like travel and props and extra things to enrich the kids' performance opportunities." District officials have also purchased seven regular route buses and one special needs bus at a cost of approximately \$820,000. "While it's been a year since the bond was approved and things are moving forward as planned, we're still relatively early in the process," added Dr. Lancaster. "Additional purchases for instructional materials, including technology, will continue to be made, while the bulk of construction will take place in 2013. Overall, the bond money is going to where the voters wanted it to be allotted."

HUDSON BEND MIDDLE SCHOOL

Shortly after the bond referendum received approval, LTISD trustees awarded a contract for architectural and engineering services to Austin-based Fields & Associates for the design of the Hudson Bend Middle School expansion. In Jan. 2012, trustees selected the firm of Baird/Williams Construction, Ltd. from Temple to serve as the project's Construction Manager At-Risk, a method that requires a commitment by the construction manager to deliver the project within a guaranteed maximum price. To meet the proposed schedule for increasing the school's capacity from 900 to 1,200 students, the HBMS project will be constructed in two phases. The classroom addition phase, which broke ground in June 2012, will add 26 teaching stations to the overall site and is expected to be completed in the summer of 2013. The second phase of construction will include the expansion of core facilities and is scheduled for completion in early 2014. Overall, the two phases will add 79,000 square feet to the school's total footprint. According to bond documents, the total budget for the HBMS Expansion project is estimated at \$22.2 million.



NEW LAKE TRAVIS MIDDLE SCHOOL

Last November, trustees selected Fields and Associates Architects to design the \$53.7 million New Lake Travis Middle School which will be located on Bee Creek Road just off Highway 71. Trustees are expected to award a construction contract for the project at their regular school board meeting in December. Construction is scheduled to begin in Jan. 2013.

ELEMENTARY SCHOOL NO. 6

Additionally, last November trustees awarded a contract to Austin-based Pfluger Associates Architects for the design of Elementary School No. 6. The new school will be located on Cypress Ranch Boulevard inside the West Cypress Hills subdivision off Highway 71. Trustees are expected to award a construction contract for the \$25 million project in Feb. 2013, with work commencing in March.

LAKE TRAVIS HIGH SCHOOL

Earlier this month, trustees awarded a construction contract to Austin-based AG Construction Management for site improvement work at Lake Travis High School. The \$1.4 million project includes resurfacing the main LTHS parking lots and Cavalier Drive, from the main stadium up to the top of the hill. Also included is a new concrete sidewalk from the Cavalier Activity Center to the top of the hill. Additional work includes the terracing of erosion areas at the Cavalier Activity Center, the baseball field and the tennis courts, as well as the installation of an irrigation well and irrigation systems at Lake Travis High School and the LTISD administration building. All work, which began Nov. 27, will be done in phases and is expected to be substantially complete by Spring Break 2013. Additionally, once the new Lake Travis Middle School opens in the fall of 2014, expansion of Lake Travis High School into the current Lake Travis Middle School site at Ranch Road 620 and Cavalier Drive will begin. Fort Worth-based Huckabee Architects will design the project.

(Continued on Page 18)



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School News

District's Bond Program (Continued from Page 16)

EXISTING ELEMENTARY SCHOOLS

Earlier this year, trustees selected Austin-based O'Connell Robertson Architects to plan improvements to the District's existing elementary schools, including the replacement of air conditioning systems and the renovation of the kitchen at Lakeway Elementary School, the District's oldest elementary school. Trustees are expected to award a construction contract for the project in March 2013, with work commencing in April. "Approval of this bond was critical to the long-term vitality of our exemplary Lake Travis community," said Jason Buddin, LTISD Board President. "We thank the members of our citizens' bond advisory committee for their due diligence and commitment to this referendum, and ultimately, we applaud our voters for their support."

A demographic report commissioned by the District and released in February 2011 indicates enrollment is increasing by approximately 300 to 400 students—roughly 6 to 7 percent—annually. Considering a high growth rate scenario, demographers estimate the District will be built out, or at full capacity, by 2025 with a projected enrollment of 18,000 students. In November 2012, Lake Travis schools recorded a total enrollment of 7,780 students. "This bond allows us to accommodate the continued increase in student enrollment in our District, and we are committed to ensuring that all projects are well-built and completed in a timely and fiscally responsible manner," concluded Dr. Lancaster.

For more information about the LTISD 2012 Bond, including a listing of all bond expenditures to date, visit www.ltisdschools.org/bond.

Walk the Red Carpet at LTEF's Annual Gala!

The Lake Travis Education Foundation's 2013 Gala, A Red Carpet Affair, will be held Saturday, March 2nd at the Renaissance Austin Hotel. Dining, dancing, live and silent auctions, casino games, and entertainment by Radiostar. Individual tickets and reserved tables for 10 are available on a first come, first served basis. This year's silent auction will be going "all electronic," which will allow guests to bid from the dance floor, the casino, or even from the comfort of home!

Proceeds benefit the students and teachers of the Lake Travis ISD. To date, LTEF has awarded more than \$2.8 million to our teachers and students, and your support through events such as the annual gala makes future funding possible. Further information available at www.LakeTravisEducationFoundation.org/gala.htm.



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LTHS THEATERARTS PRESENTS

Hello Dolly!
Submitted by Sarretta McCaslin

The Lake Travis High School Performing Arts Department will be presenting the musical Hello, Dolly! next month. The show will be at the LTHS Performing Arts Center on February 7, 8, 9 and 11, 2013 at 7 PM. The kids and the department depend on ticket sales and an accompanying auction/raffle to fund ALL performances made outside of regular school hours. Please contact me at 512-422-8127 or smccaslin@austin.rr.com for our promo art if needed. Thanks!



SchoolMessenger: District Information Direct To Your Phone

Dear LTISD Parents and Guardians:

We are excited to announce the full implementation of SchoolMessenger with a new service: delivering important information to you via SMS text messages to your mobile phone, if you choose. District and campus officials will use the service to provide parents with timely and relevant information regarding emergencies, news, events and activities. Please know however, this service is not intended to replace our existing means of communication rather it will enhance them.

The contact information you provided during your child's registration process earlier this year will automatically be used for notifications as part of the SchoolMessenger system. However, you must indicate your willingness to receive text messages to your mobile phone. The process is simple and only takes a few seconds to complete:

1. Send a text message to 68453
2. In the body of the message, type: yes
3. Send the message.

You'll know you were successful if you receive the following reply message: "You are registered to receive approx 3 msgs/mo. Txt STOP to quit, HELP for help."

You may repeat the opt-in process for any wireless numbers



that you wish to include.

In addition to performing the opt-in process above, you'll want to insure that we have your wireless number in our student information database. If you haven't already provided that information or should it need to be updated, please contact us via email at portalhelpdesk@ltisdschools.org or call us at 512-533-6029.

The District will officially launch the new service on Monday, December 3, so until then you won't receive any further text messages.

Please note, although the District does not charge for this service, it does not pay for text message charges that may be incurred by you for sending or receiving text messages. Check with your wireless carrier for possible charges.

Thank you,

Marco Alvarado, LTISD Director of Communications

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WRESTLING TO BECOME OFFICIAL UIL PROGRAM *at Lake Travis High School*

Come this fall, wrestling will no longer be considered a club sport at Lake Travis High School. Thanks in large part to Lake Travis Youth Wrestling Club parents, the Lake Travis Independent School District Administration will seek to add wrestling as an official extracurricular program under University Interscholastic League Class 5A rules beginning with the 2013-2014 school year.

"This is a done deal," announced Dr. Brad Lancaster, LTISD Superintendent, at a school board meeting held December 18. "We applaud our wrestling parents for their vision and continued support for this program."

"There was a need and desire from within our community to make wrestling an official, UIL-sanctioned sport at the high school," said Gary Briley, Lake Travis ISD Director of Extracurricular Programs. "We're already talking to representatives from the UIL about the process for getting this done. Beginning this spring, we will work towards finding a certified teacher who can also serve as our wrestling coach."

The University Interscholastic League was created in 1910 by The University of Texas at Austin to provide leadership and guidance to public school debate and athletic teachers.

"This is a great day for Lake Travis athletes," said Tom Tierney, head coach of the Lake Travis youth wrestling team and former collegiate wrestler. "When my wife Annette and I—together with Paul and Jeanne Beavers—started the youth wrestling program six years ago, we had hoped one day to see this day come to fruition."

According to Ms. Tierney, the goal of the current not-for-profit youth wrestling club is to train and teach local kids—within the guidelines of the USA Wrestling Association—the benefits of physical development, nutritional awareness, self-confidence, and if they choose, to prepare them for competition in high school and at the collegiate level.



Lake Travis High School wrestlers (l to r) Clark Mannas, Noah Eledge, and Colin Tierney compete at the Southwest Austin Open Tournament last month.

"Although many folks may associate the sport of wrestling with the wild and crazy kind that is seen on TV, wrestling is considered by many as one of the purest forms of athletic competition known to organized sports," said Mr. Tierney. "There are no balls, bats, pucks, sticks, nets or other equipment, only the wrestler and an opponent of equal size, weight and age."

In accordance with USA Wrestling Association criteria, students-athletes participating in LT club wrestling may remain competitive through the age of 15.

"After that, our wrestlers have nowhere to go, until now that is," said Mr. Beavers.

"Our youth wrestling coaches and student-athletes are excited about being able to compete with established programs like Westlake and Bowie in the very near future," continued Ms. Tierney. "We all agree this is just an awesome opportunity for our students and the LT community."

Last July, after having completed one of the most successful academic and athletic campaigns in school history, Lake Travis High School earned the UIL Lone Star Cup for team performance in district and state championships during the 2011-2012 school year. The prestigious honor is bestowed annually to five high schools in the state, one in each of the five UIL classifications (1A, 2A, 3A, 4A and 5A) based on points awarded for team performance in the following sanctioned UIL academic/athletic programs in Marching Band, Team Tennis, Cross Country, Volleyball, Football, Swimming and Diving, Basketball, Soccer, Golf, Track and Field, Academics, One Act Play, Softball, and Baseball. Even without a UIL wrestling program in place, LTHS received the highest point total of any school in all classifications.

"Interest in wrestling is reaching new highs in our area," added Mr. Briley. "We anticipate a big turnout at Lake Travis High School when it's time to hit the mats later this fall."

For more information, contact the Lake Travis ISD Office of Communications at (512) 533-6046.



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News You Can Use



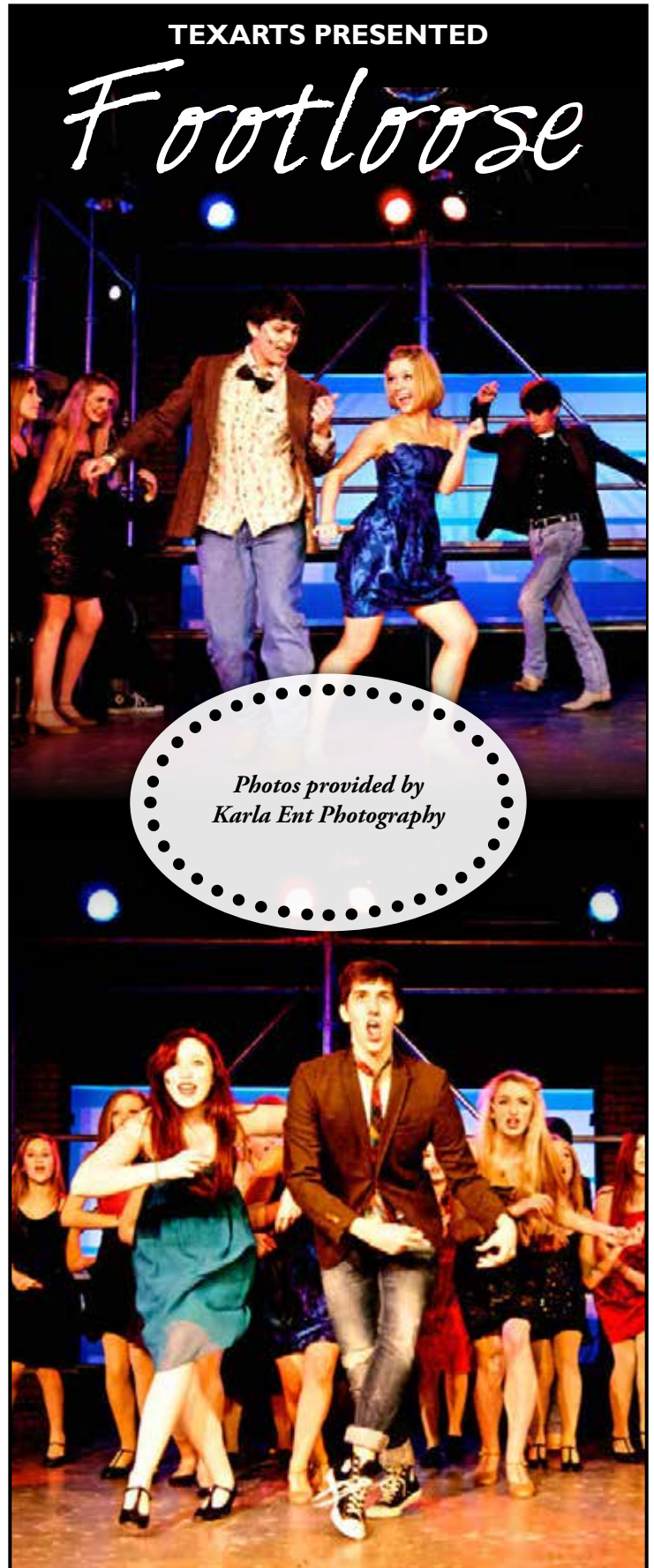
“Overly Pink”

by Donna Overly

Lakeway artist, Donna Overly, is exhibiting in 2 Austin Galleries over the next 2 months. Her show “Overly Pink” will be at Austin ArtSpace (7739 Northcross Drive) January 18-31st and then will hang at the Old Emporium Bakery (1006 Congress) from Feb 7-March 7th.

“Overly Pink” is a metaphorical documentation through paint and canvas of her journey from breast cancer victim to survivor. She strives to increase the understanding of both victims and their loved ones of the complex emotional issues that one in eight women will face during her lifetime. Overly was diagnosed with breast cancer December 2010 on her 53rd birthday and spent the first half of 2011 in treatment. Even though she was healed on the outside, inwardly she was still grieving and angry. On a hot summer day July 2012, Overly took every canvas out she owned and painted them all pink, giving birth to the series. She painted her feelings including those of betrayal, confusion, shock and thoughts of her own mortality. She found emotional healing through her paintbrush, turning something negative into something positive. Overly dedicates her work to all women, especially those who have also fought this battle.

Overly graduated from UT Austin in 2005 with an Art Degree. She is a member of the Women’s Club of Greater Lakeway and is an active participant in the Cancer Support Group headed by Sharon January. She encourages anyone dealing with cancer, either it be themselves or a family member, to get involved in a support group with others who have had similar struggles. From my experience, Overly says “ Sisters leaning on sisters is a great concept and is not only a receiving relationship but also a giving one.”



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- ★ 360 South: *Defending Champions* Westlake High School
- ★ 183 North: Anderson High School
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Home Athletics Schedule February/March 2013

DATE	SPORT	OPPONENT	TIME
2/1	BB	Lubbock Christian	4:00 p.m.
2/2	BB	Lubbock Christian	1:00 p.m.
2/7	WBB	Texas Lutheran	5:30 p.m.
	MBB	Texas Lutheran	7:30 p.m.
2/9	WBB	Schreiner	1:00 p.m.
	MBB	Schreiner	3:00 p.m.
2/14	WBB	Sul Ross State	5:30 p.m.
	BB	Texas Lutheran	7:00 p.m.
	MBB	Sul Ross State	7:30 p.m.
2/15	BB	Sul Ross State	10:00 a.m.
	SB	Trinity (DH)	4:00 p.m.
2/16	BB	Ozarks	10:00 a.m.
	WBB	Howard Payne	1:00 p.m.
	MBB	Howard Payne	3:00 p.m.
	BB	Howard Payne	4:00 p.m.
2/17	BB	Texas-Dallas	12:00 p.m.
	SB	George Fox (DH)	2:00 p.m.
2/22	BB	Louisiana College	7:00 p.m.
2/23	BB	Louisiana College (DH)	1:00 p.m.
3/8	SB	Mary Hardin-Baylor (DH)	5:00 p.m.
3/9	SB	Mary Hardin-Baylor (DH)	2:00 p.m.
3/12	BB	Dallas (DH)	3:00 p.m.
3/22	BB	Sul Ross State	7:00 p.m.
3/23	BB	Sul Ross State (DH)	1:00 p.m.
3/28	SB	Texas Lutheran (DH)	2:00 p.m.
3/28	BB	Mary Hardin-Baylor	7:00 p.m.
3/29	BB	Mary Hardin-Baylor (DH)	1:00 p.m.
3/29	SB	Texas Lutheran (DH)	2:00 p.m.

MBB (Men's Basketball)

WBB (Women's Basketball)

BB (Baseball)

SB (Softball)

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athletics.concordia.edu

6th Annual Heart and Sole Luncheon at The Austin Country Club

The 6th annual Heart and Sole luncheon was held on December 4 benefiting the Rise School of Austin. An exquisite lunch was paired with designer handbags, jewelry and shoes up for bid at the Austin Country Club. The Rise School of Austin provides children with diverse abilities an experience that allows them to grow and learn in a loving and educationally sound environment. The school is currently located behind the Highland Park church in West Austin, but a capital campaign is underway to raise the remaining funds for their new location in Mueller set to open in 2014. The 20,000 square foot Sally and Mack Brown Rise School of Austin is being built from the ground up on Manor Road, near The University of Texas campus and Dell Children's Medical Center on land donated by West Austinites Dick and Sara Rathgeber.

To learn more about the Heart and Sole luncheon and the capitol campaign visit: RiseSchool.org.



Becky Cook, Lakeway resident, pictured here with Shelley Berger and Kathy Taylor at the Heart & Sole luncheon benefitting the Rise School of Austin.



Venus Strawn, co-chair and Lakeway resident, and Lisa Trahan, Director of Communications for the St. David's Foundation, pictured here at the Heart & Sole luncheon benefitting the Rise School of Austin.

Austin Newcomers Club February ANC Publicity Input

Austin Newcomers Club is dedicated to introducing new residents to Austin while extending a hand to make new acquaintances and join fun Interest Groups.



This month our luncheon program will feature James L. Haley, a noted Texas author of nearly twenty books. He'll speak about his newest book, *THE TEXAS SUPREME COURT: A Narrative History, 1836-1986*. One tale from the book:

LAW & ORDER COMESTO TEXAS

During the first court session in East Texas, one feudist who had been hauled in for trial thumped his Bowie knife into the judicial bench and declared, "This, sir, is the law in Shelby County!" Unfazed, Judge Robert M. Williamson leaned back, cocked his pistol, and said, "Well this, sir, is the constitution that overrules your law. Sit down."

What with feudists, Indian raids, Mexican invasions, high water, yellow fever, illiterate clerks, drunken juries, and people who thought they had a God-given right to do whatever they liked, it took a while for law to come to Texas. Come hear how it happened!

The monthly luncheon will be held on Wednesday, February 20 at Green Pastures restaurant, located at 811 West Live Oak in Austin. We get together at around 11:00 a.m. for a social hour with lunch at 12:00 noon. The luncheon is \$20 per person; reservations are required, and payment must be received by Thursday, February 14.

The club website is www.AustinNewcomers.com and the telephone number is (512) 314-5100.



This QR code takes you directly to the Austin Newcomers website:

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Business Section

Seven Business Networking Groups in the Area

ARE YOU LOOKING TO GROW YOUR BUSINESS IN 2013?

If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at the Oasis. Visitors are welcome! If you are interested please contact Michael Bennett at michael@bennett-tech.net for more information or visit www.BNIAustin.com.

FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber.com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@FourPointsChamber.com.

NETWORKING NORTHWEST AUSTIN

Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Cheddars HWY 183 and Anderson Mill Rd. Visit <http://www.meetup.com/NetWorking-NorthWest-Austin/>

STEINER RANCH MARKETERS MEETUP GROUP

Join other marketers who live in Steiner Ranch and work in online marketing, search engine optimization, affiliate marketing,

search engine marketing, social media optimization, social media marketing, pay-per-click advertising, email marketing, and other areas of Internet marketing. Informal get-togethers in the community to learn and share things, as well as make connections with others. The group is open to anybody who lives in Steiner Ranch and is interested in Internet marketing: entrepreneurs, freelancers, 9-to-5ers, business owners and aspiring marketers alike. More details at SteinerRanchMarketers.com

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Thursday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at kellyconnor@austin.rr.com or 512-736-2495.5.

A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business. Come join us on Mondays from 11:30-1:00pm at Fore in Lakeway. Lunch is \$10 and visitors are welcome. Please feel free to contact Kimberly McLaughlin at kimberly@LaHaPro.com or visit www.BNIAustin.com for more information.

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Lake Travis Toastmasters Club

Looking to improve your communication skills and leadership skills? Overcome your fear of public speaking? Hone your listening skills? Network with top professionals? Have fun? Lake Travis Toastmasters Club can help you achieve your goals!

We meet on the 1st, 3rd and 5th Monday of every month at the Lakeway Activity Center, 105 Cross Creek, at 6:30pm. (except on holiday Mondays). Guests are always welcome. Visit the Lake Travis Toastmasters website "<http://laketravis.toastmastersclubs.org/>" to learn more about our club, or contact Kay for more information at 512-431-8069, or write her an email at kay@kay-Kan.com.

To accomodate the holidays in January and February our meetings will be held 1/28/13, then in February our meeting dates will be 2/4/13 and 2/25/13.

The mission of the Lake Travis Toastmasters Club is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral bilingual communication and leadership skills, which in turn foster self-confidence and personal growth.



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WHY EXERCISE IS COOL

Kids exercise all the time without even thinking of it. Just being active, like when you run around outside or play kickball at school, is a kind of exercise. What else counts as exercise? Playing sports, dancing, doing push-ups, and even reaching down to touch your toes.

When you exercise, you're helping build a strong body that will be able to move around and do all the stuff you need it to do. Try to be active every day and your body will thank you later!

EXERCISE MAKES YOUR HEART HAPPY

You may know that your heart is a muscle. It works hard, pumping blood every day of your life. You can help this important muscle get stronger by doing aerobic (say: air-o-bik) exercise.

Aerobic means "with air," so aerobic exercise is a kind of activity that requires oxygen. When you breathe, you take in oxygen, and, if you're doing aerobic exercise, you may notice you're breathing faster than normal. Aerobic activity can get your heart pumping, make you sweaty, and quicken your breathing.

When you give your heart this kind of workout on a regular basis, your heart will get even better at its main job — delivering oxygen (in the form of oxygen-carrying blood cells) to all parts of your body.

So you want to do some aerobic exercise right now? Try swimming, basketball, ice or roller hockey, jogging (or walking quickly), inline skating, soccer, cross-country skiing, biking, or rowing. And don't forget

that skipping, jumping rope, and playing hopscotch are aerobic activities, too!

EXERCISE STRENGTHENS MUSCLES

Another kind of exercise can help make your muscles stronger. Did you ever do a push-up or swing across the monkey bars at the playground? Those are exercises that can build strength. By using your muscles to do powerful things, you can make them stronger. For older teens and adults, this kind of workout can make muscles bigger, too.

Here are some exercises and activities to build strong muscles:

- push-ups
- pull-ups
- tug-of-war
- rowing
- running
- inline skating
- bike riding

EXERCISE MAKES YOU FLEXIBLE

Can you touch your toes easily without yelling ouch? Most kids are pretty flexible, which means that they can bend and stretch their bodies without much trouble. This kind of exercise often feels really good, like when you take a big stretch in the morning after waking up. Being flexible is having "full range of motion," which means you can move your arms and legs freely without feeling tightness or pain.

It's easy to find things to do for good flexibility:

- tumbling and gymnastics

- yoga
- dancing, especially ballet
- martial arts
- simple stretches, such as touching your toes or side stretches

EXERCISE KEEPS THE BALANCE

Food gives your body fuel in the form of calories, which are a kind of energy. Your body needs a certain amount of calories every day just to function, breathe, walk around, and do all the basic stuff. But if you're active, your body needs an extra measure of calories or energy. If you're not very active, your body won't need as many calories.


Whatever your calorie need is, if you eat enough to meet that need, your body weight will stay about the same. If you eat more calories than your body needs, it may be stored as excess fat.

EXERCISE MAKES YOU FEEL GOOD

It feels good to have a strong, flexible body that can do all the activities you enjoy — like running, jumping, and playing with your friends. It's also fun to be good at something, like scoring a basket, hitting a home run, or perfecting a dive.

But you may not know that exercising can actually put you in a better mood. When you exercise, your brain releases a chemical called endorphins (say: en-dor-funz), which may make you feel happier. It's just another reason why exercise is cool! Reviewed by: Mary L. Gavin, MD Date reviewed: February 2009

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation

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