

The Pemberton Journal

Official Publication of Pemberton Heights Neighborhood Association

FEBRUARY 2013, VOL VII, ISSUE II

Fabulous Loretta Makes Cheesecakes in Pemberton

There's some good news and some bad news in Pemberton Heights. The good news is that a veritable legend in the annals of Austin's culinary history is currently baking at 2515 Harris. The bad news is that she's only doing it for her husband and a few close friends (and only if those friends do some serious arm twisting). Loretta Fischer now resides with her husband, Terrill, in the home that's been in his family since 1971.

This is the same Loretta who owned and operated Austin's two "Loretta's Fabulous Cheesecakes of Texas" shops from 1985 to 1995. Those who knew the city in those golden years remember her cheesecakes with the same wistful fondness as their first kiss or possibly a more intense sensual experience which would be inappropriate to mention here.

Loretta used to make thirty different kinds of cheesecakes in five sizes. EVERY DAY. She also offered other special treats. Lines stretched around the block for her chocolate dipped strawberries at Valentine's Day and her pumpkin cheesecakes produced a land office volume of business before every Thanksgiving.

Sadly for the rest of us, Loretta would now prefer to tend to her yard than create



mouthwatering delights for the general public. She's trained with the Master Gardeners and is landscaping their property on Harris with her customary combination of hard work and creative talent. "Most people do the home renovations first...and we

do have plans for interior modernizing here... but I am a gardener more than anything else and I'm just compelled to focus on this right now"

Terrill Fischer is a creative local treasure as well. He earns a living in sales and training but, as Loretta points out, "Terrill has always been a performer. He started out as a magician when he was a kid...you know, card tricks, doves, the whole thing. He moved on to stand up comedy and now spends his spare time doing improv."

"Possibly the high point of his stage career so far was being named the second funniest man in Austin in 1999. He can actually use these pastimes to polish the communication skills he offers to his Fortune 500 clients."

Terrill's parents, Norman and Cile Fischer, bought the Pemberton Heights house when he was nine. Cile was a homemaker and Norman brokered the sale of radio and television stations.

Loretta says, "The kitchen of this house is really small and equipped pretty much exactly as it was in the '60's. We definitely plan to enlarge and upgrade it. Terrill and I like to eat at home so I do a lot of cooking. These days though, I only make cheesecakes once in a while.

(Continued on Page 2)

Sidewalks in Pemberton to be discussed at Lunch Meeting Feb. 26

The discussion topic at this month's neighborhood lunch will be issues relating to the installation of sidewalks in certain areas of the Pemberton. If you can not attend, email Betty at address below about any sidewalk issues you may have.

Neighborhood lunches are held on the fourth Tuesday of every month.

They are an excellent opportunity to get acquainted with your neighbors on a casual basis and talk about issues of interest to Pemberton Heights.

WHERE AND WHEN:

The February lunch will be Tuesday the 26th Time: 11:45. Place: Russell's on Kerbey Lane

Cost: Each attendee pays for their own lunch by separate check.

Contact: Betty Trent at betty@austinarchplus.com to rsvp, however you are welcome to come without rsvp, just look for us at the table with a PHNA sign.

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PERSONAL CLASSIFIEDS (one time sell items, such as a used bike...) run at no charge to Pemberton Heights residents, limit 30 words, please e-mail betty@austinarchplus.com.

BUSINESS CLASSIFIEDS (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

(Continued from Cover Page)



CHOCOLATE CHEESECAKE BITES

(A Fabulous Cheesecakes Recipes have never before been published!)

Makes about 3-4 dozen bite size cheesecakes.

Use bite size muffin pans and bite size cupcake papers

Pre-Heat oven to 350 degrees

- 2 8oz packages of cream cheese at room temperature
- 1/4 Cup sugar
- 2 Tsp vanilla
- 1 Tbs wasabi (from the tube, use more or less to taste)
- 2 Eggs

3/4 Pound Top quality semi-sweet chocolate. (I buy Callibaut chocolate chunks in the bulk section of Central Market. If you don't have a scale to measure out 3/4 pound, you can melt it first and measure out 2 liquid cups.)

- Melt chocolate and set aside to cool.
- In large bowl cream the sugar and cream cheese until smooth, (About 1 minute).
- Add the vanilla and wasabi until incorporated. less than a minute.
- Add the eggs one at a time and beat on medium speed about 1 minute.
- Scrape the bowl using a rubber spatula and make sure batter is smooth and mixed.
- Add the melted chocolate on low speed until totally incorporated. Don't over mix.
- Using a small spoon fill muffin cups almost to the top. Or leave 1/4" from top if you want to top with icing. But no icing is needed. It's just extra luscious and pretty.
- Place a large sheet pan into oven and fill with about 1/4" water for a water bath. This makes the bites cook evenly.
- Place muffin pan into the water bath and cook about 9-10 minutes or until the tops of the cheesecakes are slightly firm.
- Allow the bites to cool.

These are very delicious eaten warm with fresh whipped cream. Or refrigerate. They can be frozen also. I eat them right out of the oven or the freezer.

Enjoy!

Electrical Line Concerns

The tops of as many as 50 power poles had fires last month and left about 3,000 customers without power.

The rash of fires was the result of a lack of rain due to the drought over the past few years. Dirt and dust builds up on the small devices (called insulators) that connect power lines to power poles. Misty conditions such as those experienced last month can cause the dirt and dust to track across the insulator providing a pathway for electricity to move from the power line to the pole.

In addition, in high winds, tree limbs and branches might be pushed into electrical lines, causing sparking which could result in an electrical outage.

If you see any suspicious smoke or sparks on overhead wiring, or experience a power outage, please call and report the situation to 322-9100.





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The Pemberton Journal



1505 Northwood Road

Built in 1936, the house at 1505 Northwood Road was first owned by Marvin and Theo Mae Hall whose daughter, Mary Pearl Williams, became the first female judge in Travis County. University of Texas professor Deupree Friedell and his wife lived here from 1942 to 1946, until they traded homes with Jack Myers, who lived on Wooldridge. Jack Edgar Myers, well-known University of Texas professor, science editor of Highlights magazine, and award-winning science researcher, lived here with his family from 1946 to 1960. The photograph shows the snowfall of 1947.

Photograph courtesy the Jack Myers family. The above is adapted from p. 112 of Austin's Pemberton Heights, a photo history of the neighborhood written by Suzanne Deaderick and Elizabeth Cash. For more information about the book, go to www.austins-pemberton-heights.com.

SEND US YOUR EVENT PICTURES Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to ARTICLES@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.

Cap Metro Bus Route 338 has changed

If you use bus route 338, please note that the route has been changed. According to Cap Metro, this change was to "shorten route to Westgate Mall. This route will be paired with Route 311 to improve operational efficiency, providing a one-seat ride between destinations along both routes and increasing the connectivity to other routes in the transit system."

For more information on this and other bus route changes, please visit www.capmetro.org





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Tuesday February 26th

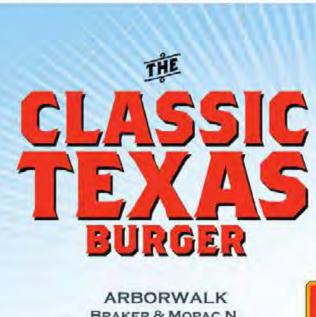
6:30 - 9:00 PM

Rib Eating Contest 7:30 - 7:45 PM

- Round Rock I-35: Round Rock High School
- 620 Four Points: Vandegrift High School
- 360 South: Defending Champions Westlake High School
- 183 North: Anderson High School
- Former Longhorns & current NFL players will serve as honorary "Rib Eating Coaches"
- Help local high school teams as they compete for the "Rudy's Golden Rib Trophy" for most ribs eaten!

20 "All you can eat for St Louis Ribs only. All drinks, sides, desserts, and other meats are at regular price and are not part of charitable proceeds. Please no sharing of "All you can eat St. Louis Ribs" - it's for a good cause folks! Offer not included for take home orders.





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Alfie & Stella looking for good homes

Sasha Edwards is a great supporter of Austin Pets Alive as well as Thundering Paws.

She has graciously submitted the following info on several adorable pets available for adoption

Thundering Paws is a rescue, sanctuary, and adoption non-profit animal organization. They rescue any animal, but the focus is primarily cats.

Various volunteers participate in trap, neuter, and return of free roaming cats and kittens and in the rescue of streets cats and kittens. Volunteers work hard to provide vetting, needed health care, fostering, sanctuary, adoption and delivery of the cats. Volunteers also feed and maintain cat colonies. If you would like to help or can foster a pet needing shelter and rescue, please contact Sasha at saevan@gmail.com

Thundering Paws does adoption events at the Brodie Petsmart on Saturdays and Sundays.





CHEERS FOR CHILDREN

Wine, Bourbon and Food Tasting

February 23, 2013 | 6:30pm -? At Roger Beasley Maserati of Austin 12925 Pond Springs Road, 78729

Benefiting Dell Children's Medical Center

Northwest Austin Circle of Friends presents our 14th Annual CHEERS for Children event benefiting Dell Children's Medical Center of Central Texas. This exciting event, a premier wine, bourbon, and food tasting, will be held Saturday, February 23, 2013. Your are invited to join us for an exciting evening filled with premier wines, select bourbons, delicious cuisine from local restaurants, great live music, and a variety of fun and games - all included in the ticket price - as well as live and silent auctions with uniquely tempting items. And, held at a new venue this year, the Roger Beasley Maserati showroom in Northwest Austin is sure to add an extra level of excitement!

All funds raised benefit Dell Children's Medical Center and The Texas Child Study Center Endowment. Additionally, proceeds are 100% matched by a generous donor!

Tickets are available online for a discount until Feb. 21 or can be purchased at the door. For more information go to DellChildrensCircleofFriends.org (listed under "upcoming events"). Or contact Karen Peoples, Chairman NWA COF, at klpeoples@austin.rr.com or (512) 563-2927.

The Texas Child Study Center, the mental health program at DCMC, is a collaboration between Dell Children's and The University of Texas which treats children and adolescents with emotional, developmental and behavioral challenges. With your support, this facility will develop disease-specific evaluative and interventional programs to address disorders such as eating and anxiety, as well as attention deficit hyperactivity disorder (ADHD), autism, depression, and other mental health issues.



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WEEKLY SPECIALS

MONDAY

Burger and Draft Night 4pm – close

TUESDAY

Chef's Pasta Night (while it lasts)
Served with a side salad
4pm - close, 8.99

WEDNESDAY

Half Price Apps 11am - close

THURSDAY

Pint Night – All Day Draft and Wine Specials

FRIDAY

Family Night
Family—style pasta and
bottomless salad, 29.99
SATURDAY & SUNDAY BRUNCH

Mimosa & Sangria Specials 8am – 2pm

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5pm - Close. Offer valid for food only. Alcohol excluded. Dine in only. Valid at Austin Java Tarrytown only. No cash value. Expires February 28, 2013.

Hours of Operation: Monday - Friday 6am - 10pm Saturday & Sunday 7am - 10pm



Information: 3110 Windsor Rd. Austin, TX 78703. 512-474-5282 austiniava.com

PHNA December 2012 **BALANCE SHEET**

Account	Balance	Balance
00570		
SSETS Cash and Bank Accounts		
PHNA OPERATIONS		
Balance Forward	12 506 00	12 506 00
	13,586.89	13,586.89
Bank Charges	0.00	-3.00
Carriage Rides	-80.00	-80.00
Carriage Rides - 2012	2,660.00	215.0
Dues Expense	-35.00	-35.0
Dues Paid Thru 2012 Election	2,975.00	2,975.0
Election 2011	-180.99	-180.9
Election 2012	0.00	-105.0
Gail's Triangle	4,175.50	4,175.5
Insurance	-709.00	-1,479.0
Membership Dues	-50.00	-50.0
Miscellaneous	-24.00	-24.0
PHNA Annual Picnic	-4,304.99	-4,304.9
Postal Expenses	-107.00	-107.0
Security Donation	70.00	70.0
Transfer	5,347.00	5,347.0
Web Site	-1,674.91	-1,674.9
Accounting	-250.00	-250.0
TOTAL PHNA OPERATIONS	21,398.50	18,075.5
PHNA PAYPAL		
Balance Forward	6,153.84	6,153.8
Bank Charges	-897.84	-938.0
Dues Paid Thru 2012 Election	3,760.00	3,760.0
Security Donation	13,730.00	13,850.0
Transfer	-22,347.00	-22,347.0
2013 Dues Paid	0.00	150.0
TOTAL PHNA PAYPAL	399.00	628.7
PHNA SECURITY		
Balance Forward	29,057.59	29,057.5
Bank Charges	-89.96	-92.9
Security Donation	17,020.00	17,620.0
Security Patrol	-34,095.50	-37,173.5
Transfer	17,000.00	17,000.0
2013 Dues Paid	0.00	30.0
TOTAL PHNA SECURITY	28,892.13	26,441.1
PHNA TRIANGLE SAVINGS		
Bank Charges	0.00	0.0
Interest Income	1.87	2.0
Triangle Improvments Funds	200.00	200.0
Withholding Tax	-0.32	-0.3
Balance Forward	2,003.07	2,003.0
TOTAL PHNA TRIANGLE SAVINGS	2,204.62	2,204.8
PHNA-KAB TRIANGLES FUND	2,2052	2,201.0
Gail's Triangle	5,000.00	5,000.0
Balance Forward	14,943.50	14,943.5
TOTAL PHNA-KAB TRIANGLES FUND	19,943.50	19,943.5
TOTAL Cash and Bank Accounts	72,837.75	67,293.7

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Heart Healthy Lifestyles

By: Concentra Urgent Care

Approximately every 60 seconds, an American will die from a coronary event. According to the American Heart Association (AHA), an estimated 71 million Americans have some form of heart disease, the most common being high blood pressure. And most of these problems are self-created by poor lifestyle choices.

WHAT CANYOU DO TO LIVE HEART HEALTHY? THE AHA RECOMMENDS:

- Eating a healthy diet
- Lean, skinless meats and poultry
- Fat-free, 1% fat, and low-fat dairy products
- Avoid foods containing partially hydrogenated vegetable oil or added sugars
- Avoid foods high in dietary cholesterol
- Prepare foods without added salt, saturated fat, and trans fat
- Exercising regularly
- 20-to-60 minutes per day, 3-to-5 times per week
- Avoiding tobacco products and tobacco smoke
- Limiting your alcohol intake
 - Women: 1 drink per day (maximum)
 - Men: 2 drinks per day (maximum)

In addition to poor lifestyle choices, heredity plays a factor in heart disease, too. It is therefore important to know your family history to help identify familial risk factors and help prevent the development of certain familial illnesses.

WHAT SHOULD BE INCLUDED IN A FAMILY HISTORY?

- Any known congenital or hereditary disorders
- Major illnesses
- Chronic ailments or risk factors
- Smoking
- Obesity
- Alcohol problems
- The cause and age of death of any deceased relatives
- Childhood conditions
- Major illnesses
- Vaccinations
- Surgeries
- Treatments, especially those involving radiation
 For more information on living a heart healthy lifestyle, you can
 contact your health care provider or visit the American Heart
 Association's Web site at www.AmericanHeart.org.

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Be Safe. Make Sure Motorists Can See You

School got back in session this past January. Children will be walking to and from school, and often they will be out while it's dark, early in the morning and early in the evening.

In addition, with the growth of residents who stroll for exercise and walk their pets, the streets can get pretty busy. The lack of sidewalks makes it even more dangerous when it is dark at night or early morning. You may not realize how difficult it is to see you, you child or your pet in low light situations.

Please consider wearing light reflecting shirts, items with flashing lights or other attention getting apparel when walking, especially if it's dark.

Home Deport or any area home improvement store sells a variety of safety vests with reflective tape that can be seen far enough away for a car to avoid you safely. Prices range from \$5.00 for a light mesh vest to \$150 for a heavier coat. Pemberton Neighborhood Watch T-Shirts with a lovable dog portrait are also available in safety green and pink. View them at http://issuu.com/peel_inc/docs/1212ph

For our children's safety, also please put down your cell phones and give your undivided attention to the street while driving in Pemberton Heights and adjacent neighborhoods. It is illegal to talk on cell phones in school zones because it has been deemed a safety hazard.

The life you save may be your own!





The Pemberton Journal

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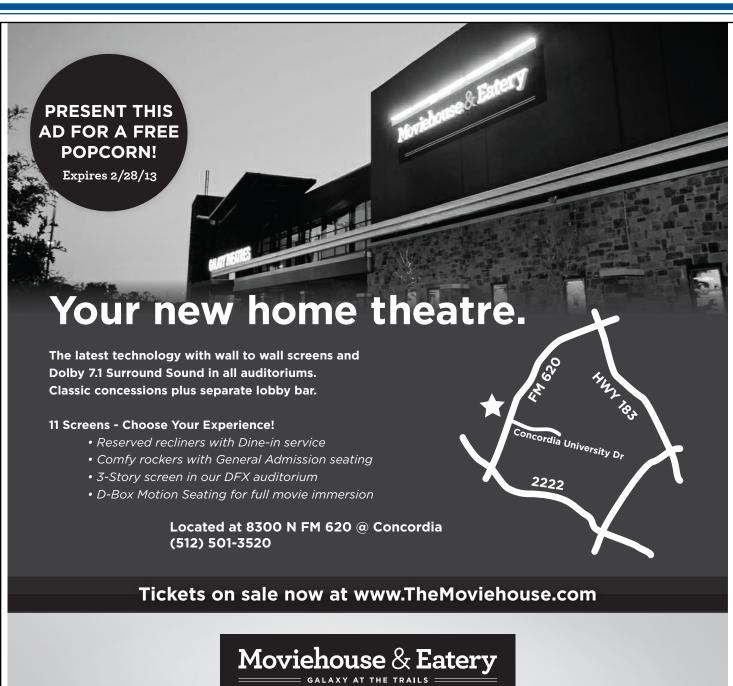
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