

POST

The Official Newsletter of the Plum Creek Homeowner Association February 2013
Volume 4, Issue 2

Prune, Prune, Prune

Shears, clippers, loppers, saw---get the appropriate tool and prune those bushes, shrubs, and TREES, now. Almost all of our trees could use some trimming to get the limbs up high from the street and sidewalk. Serious damage to your street tree happens every time a vehicle swipes a limb. PLEASE PRUNE.

Also trim up those branches that hang over the sidewalk, up at least 7 feet. We have lots of walkers that would appreciate it.

Wait to trim those roses until February, somewhere around Valentine's Day.

Need some motivation to show off your yard? Think GARDEN TOUR IN MAY. Think about nominating yourself to be one of the showcased yards in the GARDEN TOUR.

Send your nomination to landscape@plumcreektxhoa.com.

Happy Gardening,

Suzanne landscape@plumcreektxhoa.com



Sip And Sew

Join a group of talented individuals who are willing to share their talents. Come learn needlepoint, punch needle, knitting, crocheting, sewing and rug hooking. Or bring your current project and share with the group. Be inspired with neat ideas and fun conversations. Sip and Sew meets the second Tuesday of the month in the Fergus Community Center 6:30 PM - 9:00 PM. This month, February 12th.

If you need additional information, please contact: Iris Sandle - 405-0054, Pam Chapman - 656-6050, or Sandra Sigler - 405-0187

Police Applications

Hello Everybody,

The Kyle Police Department is accepting applications for the Spring 2013 Citizens' Police Academy (CPA). This academy is designed for adult citizens who either reside in the City of Kyle or who own a business within the City. The deadline for applications is Friday, February 8, 2013. The start date of the Spring Academy is February 21, 2013. If you are interested please go to http://www.cityofkyle.com/police/kyle-police-department-accepting-applications-spring-2013-citizen-police-academy.



Copyright © 2013 Peel, Inc. Plum Creek Post - February 2013 1

Committee Contacts

PLUM CREEK HOA MANAGER

Kristi Morrison...... plumcreekmanager@goodwintx.com

PLUM CREEK POST AND WEEKLY ENEWS

Mickey Harris.....announcements@plumcreektxhoa.com

COMMUNITY CENTER RESERVATION QUESTIONS

Brandee Ottoreservations@plumcreektxhoa.com

DOG PARK COMMITTEE

Cindy and Gary.....dogpark@plumcreektxhoa.com

LAKE COMMITTEE

Robert Russell/Sam Guerrero....lake@plumcreektxhoa.com

LANDSCAPE COMMITTEE

Suzanne Parrlandscape@plumcreektxhoa.com

POOL COMMITTEE

Scott Brown.....pool@plumcreektxhoa.com

RECREATION COMMITTEE

Brandee Otto.....recreation@plumcreektxhoa.com

SAFETY & MONITORING COMMITTEE

Pam Chapmansafety@plumcreektxhoa.com

SOCIAL GROUPS

Brandee Otto.....socialgroups@plumcreektxhoa.com

WELCOME COMMITTEE

Dennis & Mariel Perkins ...welcome@plumcreektxhoa.com

HOA OFFICE PHONE512.262.1140

Newsletter Info

PUBLISHER

Peel, Inc......www.PEELinc.com, 512-263-9181 Article Submission ..announcements@plumcreektxhoa.com Advertising.....advertising@PEELinc.com

Advertising Info

Please support the advertisers that make the Plum Creek Post possible. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or <u>advertising@PEELinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

At no time will any source be allowed to use the Plum Creek Post's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Plum Creek Post is exclusively for the private use of the Plum Creek HOA and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

- * The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.
- * Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.
- * Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

BUSINESS CLASSIFIEDS

PERSONAL TRAINER – Lose weight, build muscles and get in shape. I am opening a new personal training studio and will give you a free training session and a free basic health check if you contact me and come see my new studio. This is 1 on 1 training that will succeed where other methods have failed. www. ironfundamentals.com 512-470-9294

LANDSCAPING & HOMEOWNER SERVICES: Painting Interior and Exterior, Mowing, Tree Trimming, Planting Trees and Shrubs, Yard Clean-up and Haul-off. Professional Window cleaning, Pressure washing, Move furniture or whole house. Help with any project just ask. Excellent rates 512-626-2082

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Plum Creek residents, limit 30 words, please e-mail to announcements@plumcreektxhoa.com

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please Peel, Inc. Sales Office at 512-263-9181 or advertising@ PEELinc.com.



DON'T WANT TO WAIT FOR THE MAIL?

View the current issue of the Plum Creek Post on the 1st day of each month at www.PEELinc.com



Plum Creek Post - February 2013 Copyright © 2013 Peel, Inc.

PLUM CREEK POST

3rd Annual Negley PTA

5K/1K Fun Run and Fitness Fair

MARCH 2, 2013

Kyle, TX

www.negleyPTA.org Awards: 3-deep male and female grade (K-5) and age level (11-masters) Student and Early Bird discounts

Registration form on Page 5



ATTENTION TO ALL OF PLUM CREEK

Please keep in mind that the Plum Creek Golf Course is not a part of Plum Creek and that anyone that is not playing golf is trespassing. It has been reported by golfers, that children and adults are walking on the pathways and the golf course itself.

We have been asked by the golf course to remind your families of this and anyone that is on the golf course is in danger of getting seriously hurt if hit by a golf ball.

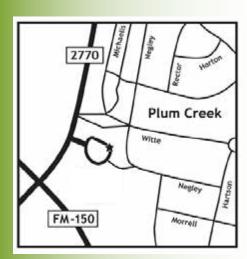
Thank you

Time to take down Christmas decorations!

Holiday season is over and now we need to take the lights/ decorations down. The inspector will be looking for left over Christmas decorations in the month of February. So please take them down and avoid getting a violation.

Thank you from the Plum Creek HOA

Come grow well with us!



177 Kirkham Circle 405.0077 liveoakhealthpartners.com





Erik Anderson, MD General Surgery



Stuart Shapiro, DO
Orthopaedics/Sports Medicine



Eric Arhelger, MD Family Medicine

Plum Creek Easter Egg Hunt at McNaughton Park

Saturday, March 30th, 2013 from 9:30 AM to 11:30 AM



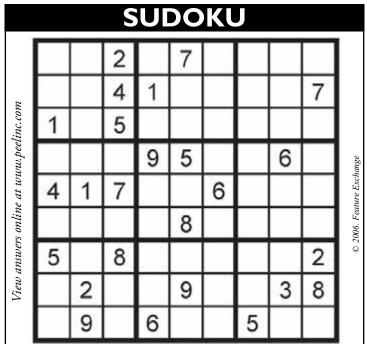
Come on out to the Annual Plum Creek Easter Egg Hunt at McNaughton Park on Saturday, March 30th! It is important for you to have your children present by 9:30 am, as not to miss the fun! The hunt starts right on time!

With plenty of eggs to hunt, the park will be divided into four, color-coded sections by age group, as indicated below. Also, kids must bring their own basket to collect their tiny treasures.

Age Groups:

- 0 3 years : pink section
- 4 6 year olds: green section
- 7 9 year olds: orange section
- 10 & up: yellow section

As always, volunteers are need to help set up on event day. If you are interested in helping, please contact Brandee Otto at 405-0159 or recreation@plumcreektxhoa.com



The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.





Plum Creek Post - February 2013 Copyright © 2013 Peel, Inc.



Negley PTA 5k/1k/Sleepwalker Registration

Name	Gender	Age	Birthdate	Event: 5k/1k/ Sleepwalker	Shirt Size: YS, YM, YL AS, AM, AL, AXL, AXXL	Fee (See below)
Address:						
hone: Email:						
Online registration closes February 22 http://tinyurl.com/2013Negley5kREG (www.athleteguild.com) Shirts guaranteed on race day to all participants registered by February 14. Sleepwalker Fee (Get a race shirt and support our event we won't make you walk or run!) \$10.00 if received by February 14 OR \$13.00 after February 14 and on race day						
1K Entry Fee \$10.00 if received by February 14 OR \$13.00 after February 14 and on race day						
5K Entry Fee \$20 if received by February 14 OR \$25 after February 14 and on race day Student discount for ages 5 – 18 follows the same fee schedule as 1K above **Group/Family Discounts available upon request – please email NegleyPTA@gmail.com before 2/14/2013**						
Waiver of Claim: (must be signed and submitted to participate) In the consideration of acceptance of this entry I, the undersigned, assume full and complete responsibility for any injury or accident which may occur during my participation in the race, or while I am on the premises or en route to or from this event. I hereby release and hold harmless Negley Elementary PTA, and all sponsors, promoters and all other persons and entities associated with this event from any and all injury or damage whether it be caused by negligence of the sponsor or promoters or to other persons of entities associated with this event. Further, I grant full permission to use my photograph, video or recording of this event for any legitimate purposes.						
SIGNATURE (guardian needs to sign if under 18 years old)			DATE		· · · · · · · · · · · · · · · · · · ·	

Copyright © 2013 Peel, Inc. Plum Creek Post - February 2013 5

CROSSWORD PUZZLE 10 12 13 14 34 35

ACROSS

- 1. Dad
- 4. Panther
- 10. Time period
- 11. A Nissan car
- 12. Admiral (abbr.)
- 13. Programmer
- 14. A deviated one makes you 7. Enjoy snore
- 16. Vane direction
- 17. Time periods
- 18. Letter afterward
- 20. Evening
- 22. Garden tools
- 26. Pod vegetable
- 29. Egg dish
- 31. List of errors
- 33. Wrath
- 34. Tie clip
- 35. Rival
- 36. Stoles

DOWN

- 1. " porridge hot..."
- 2. Special request
- 3. South American plain
- 4. Tropical island
- 5. Holding device
- 6. And so forth
- 8. Sign
- 9. Weed in a wheat field
- 15. Cooking measurement
- 19. Her
- 21. Pattern
- 23. Oyl (Popeye's girlfriend)
- 24. Spooky
- 25. Strong metal
- 26. Domestic friends
- 27. Little Mermaid's love
- 28. Region
- 30. Pilots
- 32. April (abbr.)

Do you have a property you want us to manage for you? Let us do the work for you!

Looking for a home? Call us today to see what homes are available for you to rent.



PROPERTIES AVAILABLE FOR RENT TODAY!

Residential | Commercial | Property Management Leasing & Tenant Screening

PRIMEPMC.COM 512-878-1792





View answers online at www.peelinc.com

FOR HEALTHY LIVING

© 2006. Feature Exchange

GET IN THE

All kids deserve the oppoortunity to discover who they are & what they can achieve. That's why YMCA of Austin Youth Sports programs focus on skills, healthy competition, values & teamwork. Records may fade, but kids who play sports hold onto the memories and benefits for a lifetime.

Soccer
 Baseball



Hays Communities YMCA 465 Buda Sportsplex Dr., Buda, 78610 AustinYMCA.org • 523-0099

Plum Creek Post - February 2013 Copyright © 2013 Peel, Inc.





FRIENDS AND FAMILY ADVANTAGE

Simply fill in the blanks below, then give this flyer to a friend or family member. When they visit Plum Creek, we'll take care of the rest!

your name here

your home address

city

state zip

your phone number

Your friendship means a lot to me. That's why I think you deserve a new KB home. When you sign your purchase agreement, present this flyer to the sales representative. You'll get \$500 toward KB Home Studio options when you buy a new KB home at Plum Creek, and I'll get a \$50 The Home Depot gift card. This offer expires November 30.

friend or family member name	community name			
date of purchase	homesite number/block number			
estimated closing date	KB Home sales representative's signature			



Plum Creek in Kyle Last Chance to Own

- From the \$130s
- 1,218–1,828 sq. ft., 3–4 bedrooms, 2–3 baths
- easy access to IH-35 makes commuting to Austin or San Marcos easy
- close to major employers like Seton Northwest Hospital, Scott & White Hospital and US Foods™

From I-35, take Exit 215/Kyle Pkwy./FM-1626 heading west. Turn left on Kohler's Crossing and left into sales center. (512) 268-0780

888-KB-HOMES kbhome.com









©2013 KB Home (KBH). For referring KB homeowner ("Referrer") to receive a \$50 The Home Depot® gift card and referred homebuyer to receive \$500 toward KB Home Studio options, referred homebuyer must present flyer on or before date of signing purchase agreement, sign purchase agreement on a new KB home at Plum Torse Netwern 17/13 and 11/30/13; and close secror win time required under terms of contract. No suskitutions, not transferable, redeemant on a new KB home at Plum Torse Netwern 17/13 and 11/30/13; and close secror win time required under terms of contract. No suskitutions, not transferable, redeemant on a new KB home at Plum Torse Netwern 17/13 and 11/30/13; and close secror win time required under terms of contract. No suskitutions, not transferable, redeemant on a new KB home at Plum Torse Netwern 17/13 and 11/30/13; and close secror win time required under terms of contract. No suskitutions, not transferable, redeemants in a year. Both homes of Referred nonebuyer have closed escrow. Referred fees in excess of \$150 per year, or three referrates in a year. Both homes of Referrer and the referrat fees in the secretar set in excess of \$150 per year, or three referrates in a year. Both homes of Referrer and the referrated in the secretar of the restrictions of the restrictions and limitations may apply. No affiliation or sponsorship is intended or implied with The home begot, and all trademarks are owned by the trademark owner.

NewHome Source. com

The secretary of the restrictions and limitations may apply. No affiliation or sponsorship is intended or implied with The home begot, and all trademarks are owned by the trademark owner.

Plans, princing, financing, terms, availability and any any apply application and home series. Buyer responsible for all taxes, incurance and other plans, availability and secretary and all trademarks are owned by the trademark owner.

The secretary of the secretary time without notice. Other restrictions and limitations may apply, No affiliation or sponsorship is intended or implied with The home begot, and all trademarks are owned by the trademark owner.

NewHome Source. Com

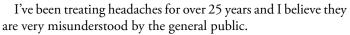
NewHome Source. See Sales representative for details, AUS-106571

The secretary of the secretary time without notice. Other restrictions and initia

Copyright © 2013 Peel, Inc. Plum Creek Post - February 2013 7

Headaches

Submitted by Dr. Jeff Echols

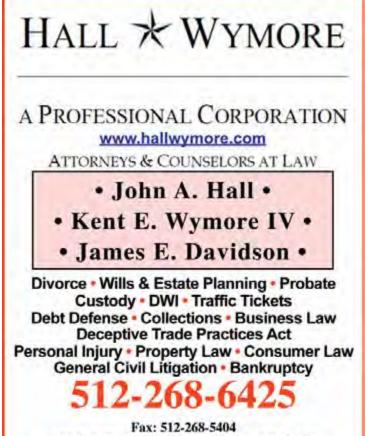


It's only human nature to have a reason for why something is occurring, so when people get a headache they usually try to determine the reason for their headache. Some of the reasons I hear are quite amusing. "My husband gives me a headache, ... my boss, ...my kids." "I sit at a computer all day and THAT is the reason I have a headache." Sometimes people think that headaches are just normal and everyone gets them. I can assure you that headaches are not normal. Headaches are a sign that there is something wrong. Just like all symptoms are signs that something is wrong.

Headaches can be caused by a lot of different things. They can be caused by exotic and dangerous things like a brain tumor, but more often they are caused by common things. The most common reason is pressure on the nerves of the neck that radiate back into the head. When the bones of the spine are misaligned it will put pressure on the delicate nerves that exit the spine. This will in turn cause the muscles of the neck and shoulders to become

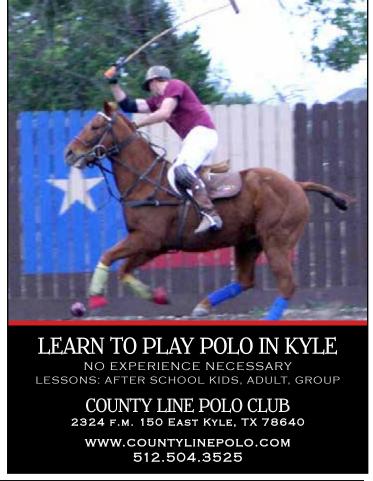
tight and develop knots in them You can actually reach up and feel the knots in your muscles. These knots are not normal and are a sign of spinal misalignment and soft tissue damage. Once the spinal misalignments are corrected the muscles relax more and the headaches are gone. Just for fun, I sometimes ask a headache patient when was the last they had a headache, once they have had their spine corrected. They will usually say something like "Gosh I haven't had a headache in months". I will ask them if they got divorced and they will look at me funny and say "NO, why?" You said your husband was the cause of your headaches! "Oh I guess I was wrong!"

So headaches are not normal, but are very common. They're usually caused by nerve pressure built up in the neck which causes tight muscles in the neck and shoulders. They can usually be corrected with gentle chiropractic therapy. You should get this checked even if the headaches are mild because if the bones of the spine are misaligned it will cause arthritic changes to form in the bones of the spine which will limit your ability to move and bend as well as other difficulties. Be proactive about your health.



130 Hall Professional Center • Kyle, TX 78640

Experienced • Compassionate • Litigators

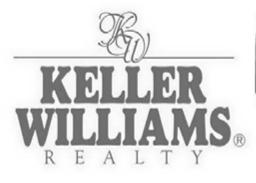


BUYING, SELLING, FRIENDLY ADVICE

"Give us a call anytime, we're always in the neighborhood."

-Jason Tarr, Top Performing Kyle Resident Realtor Since 1996











512-879-1616 JASONTARRASSOCIATES.COM

Here are some coupons for other local services!





Copyright © 2013 Peel, Inc. Plum Creek Post - February 2013 9

PLUM CREEK POST

Heart Healthy Lifestyles By: Concentra Urgent Care

Approximately every 60 seconds, an American will die from a coronary event. According to the American Heart Association (AHA), an estimated 71 million Americans have some form of heart disease, the most common being high blood pressure. And most of these problems are self-created by poor lifestyle choices.

WHAT CANYOU DOTO LIVE HEART HEALTHY? THE **AHA RECOMMENDS:**

- Eating a healthy diet
- Lean, skinless meats and poultry
- Fat-free, 1% fat, and low-fat dairy products
- · Avoid foods containing partially hydrogenated vegetable oil or added sugars
- Avoid foods high in dietary cholesterol
- Prepare foods without added salt, saturated fat, and trans fat
- Exercising regularly
- 20-to-60 minutes per day, 3-to-5 times per week
- Avoiding tobacco products and tobacco smoke
- · Limiting your alcohol intake
 - Women: 1 drink per day (maximum)
 - Men: 2 drinks per day (maximum)

In addition to poor lifestyle choices, heredity plays a factor in heart

disease, too. It is therefore important to know your family history to help identify familial risk factors and help prevent the development of certain familial illnesses.

WHAT SHOULD BE INCLUDED IN A FAMILY **HISTORY?**

- Any known congenital or hereditary disorders
- Major illnesses
- Chronic ailments or risk factors
- Smoking
- Obesity
- Alcohol problems
- The cause and age of death of any deceased relatives
- Childhood conditions
- Major illnesses
- Vaccinations
- Surgeries
- Treatments, especially those involving radiation

For more information on living a heart healthy lifestyle, you can contact your health care provider or visit the American Heart Association's Web site at www.AmericanHeart.org.

The most entertainment. Now at the

best price.

Ask about packages starting at \$2999. CALL TODAY.



CALL NOW AND SAVE AN ADDITIONAL \$10/MO 1-888-799-0512

Authorized DIRECTV Dealer

Pricing subject to change at any time. Hardware and programming available separately. ©2012 DIRECTV Inc. DIRECTV and the Cyclone Design Logo are registered trademarks



We solve all the pieces to the puzzle.



Call Today to Get Started On All Your Printing Needs.

512-263-9181

EXPERIENCE MATTERS doing business for 304

LOCALLY OWNED & OPERATED 308 Meadowlark St. • Lakeway, TX 78734

Plum Creek Post - February 2013 Copyright © 2013 Peel, Inc.

CHEERS for Children

Wine, Bourbon and Food Tasting

February 23, 2013 | 6:30pm -? At Roger Beasley Maserati of Austin | 12925 Pond Springs Road, 78729

Benefiting Dell Children's Medical Center

Northwest Austin Circle of Friends presents our 14th Annual CHEERS for Children event benefiting Dell Children's Medical Center of Central Texas. This exciting event, a premier wine, bourbon, and food tasting, will be held Saturday, February 23, 2013. Your are invited to join us for an exciting evening filled with premier wines, select bourbons, delicious cuisine from local restaurants, great live music, and a variety of fun and games - all included in the ticket price - as well as live and silent auctions with uniquely tempting items. And, held at a new venue this year, the Roger Beasley Maserati showroom in Northwest Austin is sure to add an extra level of excitement!

All funds raised benefit Dell Children's Medical Center and The Texas Child Study Center Endowment. Additionally, proceeds are 100% matched by a generous donor!

Tickets are available online for a discount until Feb. 21 or can be purchased at the door. For more information go to DellChildrensCircleofFriends.org (listed under "upcoming events"). Or contact Karen Peoples, Chairman NWA COF, at klpeoples@austin.rr.com or (512) 563-2927.

The Texas Child Study Center, the mental health program at DCMC, is a collaboration between Dell Children's and The University of Texas which treats children and adolescents with emotional, developmental and behavioral challenges. With your support, this facility will develop disease-specific evaluative and interventional programs to address disorders such as eating and anxiety, as well as attention deficit hyperactivity disorder (ADHD), autism, depression, and other mental health issues.

NOW ENROLLING

PreK3 through Sixth Grade for Fall 2013

Campus Previews every Thursday at 9:00am in February

Call 847-9857 today to reserve your preview date.



Part-time and Full-time PreK programs for 3's & 4's

Be sure to visit www.ststeveschool.org for our new Fall 2013 tuition schedule.

A short 10 minutes from Plum Creek

Plum Creek Residents: Register by February 28th & we'll waive the \$150 enrollment fee.

St. Stephen's Episcopal School • 6000 FM 3237 • Wimberley, TX 512-847-9857 • www.ststeveschool.org



PLM



Plum Creek Post - February 2013