

A NEWSLETTER FOR TOWNE LAKE RESIDENTS

FEBRUARY 2013 VOLUME 2, ISSUE 2

CREATE YOUR IDEAL HOME

Discover fresh, new ideas at sixth annual Cy-Fair Home and Garden Show

SATURDAY AND SUNDAY, FEB. 23 & 24

Spending a little time with the experts and exhibitors at the sixth annual Cy-Fair Home and Garden Show can have a big payoff – helping you enjoy your home more and even increasing its value. "Sometimes a small improvement to a home or yard can make all the difference," said Tony Wood, president of Texwood Shows, Inc. and producer of the event.

Wood said this year's Cy-Fair Home and Garden Show will be one of the best yet and a great place for inspiration. "We are especially excited about some of our new show features," Wood said, "such as the Belgard Hardscapes Mobile Display. It literally is a semi truck filled with ideas to create your own picture-perfect patio."

Featured for the first time at the show is a Cooking Stage. "The Whirlpool Cooking Stage will be informative, fun and tasty, with live demos both days of the show," said Wood. The Tea in Texas Tasting Stage is another first-time offering. "Here our visitors can take a soothing break, learn about the history of tea and its health properties, and sample unique Texas tea blends that local purveyors will be showcasing," added Wood.

"We are pleased to welcome two more new and exciting exhibitor features: the Farmers Market at Bridgeland with fresh produce and homemade products from over twenty vendors; and unique home accessories in the **Antiques & Artisans Exhibit Area**."

Brandon Lynch, a certified Aging-in-Place Specialist, will be featuring the Easy Living by Design booth. "Brandon is with Keechi Creek Builders and will share products and ideas on how to update a home to make it more accessible and comfortable to meet an owner's changing needs - a trend as baby boomers age," said Wood.

Creative ideas to transform a backyard into a relaxing oasis can be found at the Custom Outdoors Inc. booth, added Wood. Then complete the picture with assorted fruit trees and gardening containers and enjoy special discounts at the RCW Nurseries, Inc. in-show Garden Center.

"In addition to the more than 200 exhibitors, we have an excellent lineup of speakers that are well known, enthusiastic and have a wealth of experience - just what it takes to get you started on the right track with your home improvement projects," added Wood.



The Belgard Hardscapes Mobile Display, a semi truck filled with ideas to create the picture-perfect patio, will be featured at the Cy-Fair Home & Garden Show.

Photo courtesy Belgard Hardscapes.

Aspiring green thumbs can meet Kathy Huber, the Houston Chronicle's gardening editor, and listen to Randy Lemmon, popular host of AM 740 KTRH's GardenLine show, who will broadcast live from the show on Saturday until 1 p.m. Linda Durham, professional home organizer, will offer innovative tips to organize your home and life; and color consultant Trish Buscemi will share the latest in color trends.

LaVerne Williams, AIA, LEED certified architect, will offer tips for creating a more energy efficient and sustainable home; and Mary Scalli, a home staging professional, will share some secrets for getting homes to sell quickly.

"This year's show is truly a fun event for the entire family – with many new ideas to take back home and lots of opportunities to shop," Wood said. THE 6TH ANNUAL CY-FAIR HOME & GARDEN SHOW

The 6th Annual Cy-Fair Home & Garden Show will be held from 9 a.m. to 7 p.m. on Saturday, Feb. 23 and from 10 a.m. to 6 p.m. on Sunday, Feb.24. Tickets are cash only and are \$9 for adults, \$7 for seniors and free for children under 12. Parking is free. The event takes place at the Berry Center, 8877 Barker Cypress Road, Cypress, TX 77433. More information and discount admission coupons and exhibitor special offers available at www.CyFairHomeAndGarden.com.

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ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to *townelake@peelinc.com*. The deadline is the 9th of the month prior to the issue.

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CYPRESS TEXAS TEA PARTY

It is the purpose of the Cypress Tea Party to work for the return of the United States of America to the conservative constitutional principles on which the Republic was founded. Those principles being freedom and liberty for the citizens, smaller government, limited government interference in the lives of citizens and less government spending.

We meet every three weeks from Noon to 2:00 PM on Saturday at:

Spring Creek BBQ 25831 Northwest Freeway Cypress, TX 77429

Go to our website at www.cypresstexasteaparty.org for meeting days and speakers or email me for more information

David M. Wilson

Director, Cypress Texas Tea Party cypresstexasteaparty@gmail.com

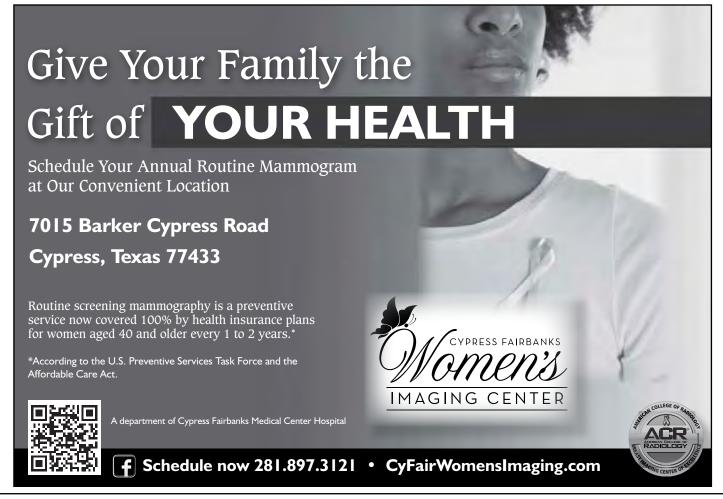
Cypress-Tomball Democrats

Host February Monthly Meeting

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, February 19th, 2013. It will be held at Rudy,Äôs Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

All are welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month, and always features an informative guest speaker. For more information, visit the website at www.cytomdems.com or contact Olga Moya at cytomdems@yahoo.com.







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CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects THE CHILDREN OF THE WORLD in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village,

and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Clubs are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome businesses and organizations as well as

individual memberships.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and two Builders' Clubs in the Cy-Fair School District. We sponsor the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities;

awards scholarships to outstanding Key Club members in our district; provides assistance to Cypress Assistance Ministries and Bear

Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.









Special Show Pricing on assorted fruit trees, seasonal color and gardening containers.





Live Cooking Demos Whirlpool Cooking Stage



Load up on fresh vegetables!







Outdoor Living Feature Exhibit by Custom Outdoors Inc. Unique ideas for your relaxing backyard escape!

Tea in Texas **Tasting Stage** Tea Sampling & Presentations







Mobile Display A semi-truck of ideas from Belgard Hardscapes!

Easy Living by Designby Keechi Creek Builders! Great design ideas for a maturing population.



Saturday 9 am - 7 pm

Sunday 10 am - 6 pm Ticket Prices: Adults \$9 • Seniors \$7 12 and under Free

FREE PARKING!

Spend a LITTLE time with our home improvement experts and spend a LOT more time ENJOYING your home!



Randy Lemmon Popular host of ${\bf Garden Line}.$ See Randy's LIVE broadcast

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CYPRESS A TODAY





















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BOY SCOUTS OF AMERICA Troop 533 & 1907 FUNDRAISER!

Good Shepherd United Methodist Church & Fairfield Baptist Church

It is that time of year again for fertilizer and mulch to beautify your home this Spring! Troop 533 Chartered by GSUMC and Troop 1907 Chartered by FBC have joined forces to conduct our annual fertilizer and mulch fundraiser again this year beginning January 14, 2013. Troop 533 has delivered to homes in the Cypress community for more than 10 years and is proud to continue this tradition. The money raised by the boys will directly benefit the individual Scout and the Troop Scouting Program. Funds are used for activities such as High Adventure Summer Camp in Colorado, Philmont Treks, Monthly troop campouts and so much more. This year's offerings include Red or Black mulch, Hardwood or Pine mulch as well as Premium or Slow Release fertilizer and Weed n Feed fertilizer. Scouts will be visiting your neighborhood soon. All purchases will be Scout delivered on March 2, 2013. For your convenience, Scouts will be selling door to door in your subdivision beginning January



- 14th until February 11th. We will also have booth sales at Good Shepherd United Methodist Church in
- Fairfield on Sunday Feb. 3rd.
 If you are reading this circular and think we may miss you or want to support, please order by emailing Troop 533 at BoyScoutsTroop533@yahoo.com or contact Stacy Hedrick 832-419-3199

 Yours in Scouting,

Scoutmaster Russell Hickerson (Troop 533) Scoutmaster David Goodin (Troop 1907)



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*30 Day Market Report for Towne Lake

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Min	2677	2	2	0	217500	59.45	81 %	0	2006
Avg	3123	3	3	1	284168	90.99	92 %	76	2011
Max	4104	5	4	1	365594	109.7	100 %	152	2012

TEXAS A&M

Northwest Harris County Aggie Mom's Club

China Luncheon Party Invitation | Saturday, February 23 at Shirley Acres!

If your dewy eyed darling has just morphed into an Aggie and you want to know what's next, Aggie Moms has the answers, for free. Our February speaker is Andy Richardson, Director of Big Screens, 12th Man Productions. Andy will give us a behind-the-scenes look at how they put together and produce the big screen videos the fans see on game day. Aggie Dads, Grands, bros and sis's are always welcome!

We want you at our China Luncheon, Saturday, February 23. The Fourteenth Annual Northwest Harris County Aggie Moms China Lunch one of this years' must attend luncheons.

You'll be treated to mimosas and invited to shop our vendors' booths. While you enjoy a wonderful lunch served by some of the best looking table hosts you can imagine, our guest speaker will share this spring's fashion surprises.

Make your table reservation today on line at www. nwhcaggiemoms.org.

VENDOR CALL:

We still have space available for vendors at our China Lunch event. Visit our web site for more information. Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience. Aggie Moms won't ask you to wear a funny hat, learn a secret hand shake or give a speech. We simply help you help your student reach their potential. Find out how by exploring our website www.nwhcaggiemoms.org . Aggie Moms meet the second Tuesday of the month at 7:00 pm, at the Houston Distributing Company, 7100 High Life Drive and Cutten Road from August through May. We have food, beverages, answers and fun. Drop on by and say Howdy. We'll be darn glad you did!



TRIBUNE

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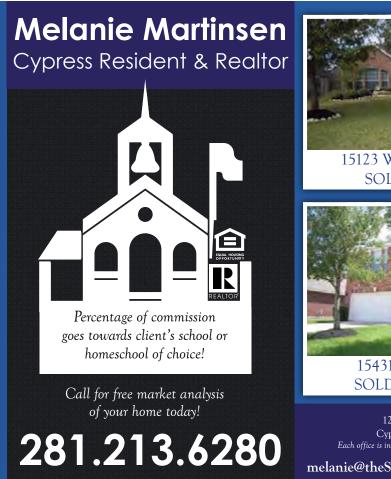
Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on February 21, 2013 at 7:00 p.m.

For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306.

We look forward to meeting you.





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Heart Healthy Lifestyles By: Concentra Urgent Care

Approximately every 60 seconds, an American will die from a coronary event. According to the American Heart Association (AHA), an estimated 71 million Americans have some form of heart disease, the most common being high blood pressure. And most of these problems are self-created by poor lifestyle choices.

WHAT CANYOU DO TO LIVE HEART HEALTHY? THE AHA RECOMMENDS:

- Eating a healthy diet
- Lean, skinless meats and poultry
- Fat-free, 1% fat, and low-fat dairy products
- Avoid foods containing partially hydrogenated vegetable oil or added sugars
- Avoid foods high in dietary cholesterol
- Prepare foods without added salt, saturated fat, and trans fat
- Exercising regularly
- 20-to-60 minutes per day, 3-to-5 times per week
- Avoiding tobacco products and tobacco smoke
- Limiting your alcohol intake
 - Women: 1 drink per day (maximum)
 - Men: 2 drinks per day (maximum)

In addition to poor lifestyle choices, heredity plays a factor in heart disease, too. It is therefore important to know your family history to help identify familial risk factors and help prevent the development of certain familial illnesses.

WHAT SHOULD BE INCLUDED IN A FAMILY **HISTORY?**

- Any known congenital or hereditary disorders
- Major illnesses
- Chronic ailments or risk factors
- Smoking
- Obesity
- Alcohol problems
- The cause and age of death of any deceased relatives
- Childhood conditions
- Major illnesses
- Vaccinations
- Surgeries
- Treatments, especially those involving radiation For more information on living a heart healthy lifestyle, you can contact your health care provider or visit the American Heart Association's Web site at www.AmericanHeart.org.

SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Tibune.

E-mail your pictures to townelake@peelinc. com by the 8th of the month.







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- Layla Schliver Client, Seller

"I highly recommend Travis as your agent. He is truly dedicated in working with you and assisting you with any question or concerns that might pop up along the home buying process. We were 1st time home buyers and had lots of questions but Travis was great! He was available to reach out to him and would get us the response as soon as he made sure he had the answer. His goal was to make us happy and he succeeded! We enjoyed working with him. He is down to earth and easy to get along with. Thanks Travis" -Brenda Hughes



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