

SPRING FESTIVAL Presented by the Willowbridge HOA

April 6, 2013

10:00am - 12:00pm Willowbridge Clubhouse Come and join your neighbors for the Annual Willowbridge Spring Festival There will be a petting zoo, train rides, bounce house and much more!

> Please e-mail Leah Protz at lmp0486@gmail.com if you would like to help.

Willowbridge Parents of **Young Children**

Are you a parent of a young child, and wanting to get to know other parents in the Willowbridge/ Stonebridge neighborhoods? A few of us parents in the Willowbridge Parents group are bouncing around the idea of a giant play date at Monkey Bizness on a Saturday/Sunday around the February/March timeframe. Monkey Bizness has an infant/toddler play area, as well as large inflatables and slides for the older kids. The cost will probably be around \$8-\$10 per child depending on the turnout. If you're interested in getting to know other parents/neighbors, please contact Angela Doray at willowbridgehoa@live.com or call/text 713-240-3689 with some preferred dates! Also check out our Facebook group by searching "Willowbridge Parents". Hope to hear from you!

ATTENTION WILLOWBRIDGE **PARENTS!**

Did you know that Willowbridge has a group on Facebook called "Willowbridge Parents"? This group is a great way to get to know other parents in the neighborhood, share advice, books, coupons, tip & tricks, arrange play dates, etc.

Joining the group is easy! Simply go to www.Facebook.com, search for "Willowbridge Parents" and request to join the group.

For those of you concerned with privacy, this is a closed Facebook group. That means that anyone can see the group and who's in it, but only members can see posts. Any existing member can add new members, but an admin must approve them. Joining the group does not mean you automatically become "friends" with the other members. Other members can only see the public portion of your profile, just as anyone on Facebook can.

Hope to see you on Facebook!

YONR COMPUTER 15 STRAINING YOUR EYES?

By Dr. Brook Komar – Willowbridge Resident

Do you find yourself suffering from eye fatigue, eye dryness, and blurred vision after an extended time at your computer? Studies show that eye strain and other visual symptoms occur in 50 to 90% of computer users. Many times computer use can lead to these eyerelated complications. This can sometimes be due to Computer Vision Syndrome, which the American Optometric Association describes as "a group of eye and vision-related problems that result from prolonged computer use."

The use of a computer poses a problem to your eyesight due to the increased need to focus at an intermediate distance (typically the screen sits closer than our relaxed eye position). Furthermore, when doing computer work, the rate of blinking decreases, leading to eye dryness. In fact, some studies have found that we blink about (Continued on Page 3)

Willowbridge - Stonebridge

IMPORTANT NUMBERS

All Emergencies911
Harris County Sheriff713-221-6000
Harris County Animal Control
Cy-Fair Hospital
Street Lights & Outages - CenterPoint Energy713-207-2222
CenterPoint Energy
Newsletter Publisher
Peel, Incwww.PEELinc.com, 888-687-6444
Advertisingadvertising@PEELinc.com, 888-687-6444
Poison Control Center
AT&T - Repair 800-246-8464
Billing
Swimming Pool - Pay Phone
Swimming Pool - Lifeguard 281-517-0225
Trash – Royal Disposal & Recycle713-526-1536
Vacation Watch - Harris County District 5 281-290-2100
W. Harris County MUD #11
Willow Place Post Office
Willowbridge Websitewww.willowbridgehoa.com
Cable/Internet/PhoneCOMCAST713-341-1000

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Beautification Committee
Jennifer Y'Barbojhybarbo@subhou.com
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Tracy Graham
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PCMI
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Kyle Survancesurou812@gmail.com
Security Coordinator
Julie Dubros
Website Coordinator
Angela Doraywillowbridgehoa@live.com
Yard of the Month Committee
Nominate your favorite at: willowbridgehoa.com or Contact
Jennifer Y'Barbojhybarbo@subhou.com
Soccer Field Reservations
Terese Joubranteresejoubran@yahoo.com
Lost Pet Coordinator
Sonia Moore msrco@aol.com, 281-955-8068

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HOA INFORMATION

Willowbridge Homeowners As	ssociation Inc Graham Mgmt
Tracy Graham	
E-Mail graha	ammanagement@sbcglobal.net
Fax	
If you have any questions	or comments regarding the
neighborhood please cor	ntact the numbers above.

HOA MEETINGS

Willowbridge/Stonebridge Homeowner's Association meetings are held the fourth Thursday of each month at the community clubhouse at 7:00 pm.

WELCOMING COMMITTEE

The Welcoming Committee meetings are the last Monday of each month.

HARRIS COUNTY ROAD AND BRIDGE

To report street or curb damage, missing/damaged street signs and street flooding: (281) 353-8424 or www.hcp4.net. If a resident wants to request a new sign or replace a damaged one, they have to go online and fill out a request.



<u>WillowTalk</u>

Computer Strain (Continued from Cover Page)

five times less when working at the computer.

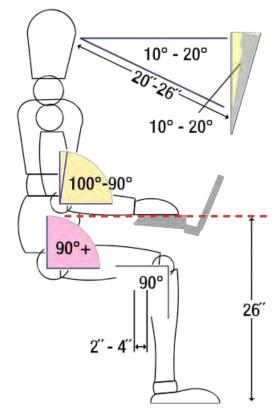
There can be simple solutions to help ease Computer Vision Syndrome. One solution is to properly adjust your computer screen. The monitor should sit 20 to 26" from your eyes, with the top of the the monitor slightly below horizontal eye level. In addition, you should tilt the top of the monitor away from you at an angle of 10 to 20 degrees. The center of your monitor should be at 0 to 20 degrees below your eye level (this is 4 to 9" below your eyes, at a distance of 24").

www.aoa.org

The second solution to help with eye fatigue is the 20-20-20 rule. This simple rule states that for every 20 minutes at the computer, you should take a 20 second break and look at an object that is 20 feet away. For this rule, you don't even have to get up from your chair to achieve this.

To further aid in relieving these symptoms, you can also obtain a pair of glasses prescribed for the exact distance that your computer screen sits from your eyes. An antireflective coating on the lenses may also help ease the eyes by reducing computer glare.

By using these simple adjustments, you can help make long term computer use a little less stressful on your eyes.





Willowbridge - Stonebridge



FALSE ALARM FEES ARE CHANGING IN HARRIS COUNTY'S UNINCORPORATED AREAS



(HOUSTON TX) – The Harris County Sheriff's Office dispatches deputies to investigate residential and commercial alarms about 100,000 times a year. About 99 percent are found to be "false alarms," squandering crime-fighting resources in the unincorporated areas where 1.5 million people live. Until now, a false alarm fee was assessed every time a property generated more than five false alarms per calendar year. But now the fee, \$75, will be assessed every time a property generates more than three false alarms in a calendar year.

Harris County Commissioners Court approved the change today along with other updates to regulations enforced by the Sheriff's Office on burglar alarms, panic alarms, and other types of alarms. Permit requirements will now apply to fire alarms as well.

"The changes are designed to reduce the number of false alarms and to encourage property owners to obtain permits for their alarm systems," Sheriff Adrian Garcia said. The initial fee for an alarm permit is \$35. Annual renewals are \$10 each. (In many cases, companies that provide alarm monitoring services obtain permits on behalf of their customers). There is no fee for permit holders 65 years of age or older. The fee for reinstatement of a suspended or expired permit is \$50.

All fee payments go into the county government's general operating fund. Owners of alarm systems that have no permit may be issued a misdemeanor citation that could result in fines up to \$500 in justice of the peace court. In 2011, the most recent year for which statistics are available, the Sheriff's Office issued about 1,300 citations for unregistered alarms. The permit form can be found at the Harris County Website at: www.hcso.hctx.net and click on the Alarm Permit Tab.



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SHALOM

Hi Jewish Community! Let's get connected!

- Shabbat dinners
- Chanukah parties
- Passover Seders
- or simply get together!

INTERESTED?

E-mail us at info@shalomcypress.org. Or visit our website at www.shalomcypress.org





OVER \$150.

Wanted: Reliable High School or college student needed for lawn service side of business. Should have pickup or SUV to carry equipment. Please call this number in ad.

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and I live in the Harvest Bend Subdivsion.

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If you have other needs please call!!

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<u>Willowbridge - Stonebridge</u>

Neighborhood Teenage Baby-Sitters Available!

Are you in need of baby-sitting? Contact one of the following and help our neighborhood youth earn a little extra money.

Name	Birthday	Phone Number	Parents
Carmen Colmenero	3/9/89	281-890-3223	Jaime & Juanita Colmenero
Morgan Hurst+	3/9/95	281-235-5641	Freddy & Kim
-		281-897-8910	Hurst
Bevin Gammell	12/29/90	281-807-3152	Bradly & Elizabeth
			Gammell
Lesley Maxfield	07/25/94	281-469-6229	Lesley Maxfield
Lauren Mosley+	02/14/95	281-894-8459	
Rachel Sontag	12/19/97	281-970-9535	rachelsontag@
			hotmail.com
Kim Cook	05/05/97	832-237-9541	Glenn & Maureen Cook
			COOK

+ Red Cross Certified

Pet Sitter / Plant Watering

Tommy Hamner	13 yrs. old	281-469-5782	Melissa & Findley Hamner
Rachel Sontag	12/19/97	281-970-9535	rachelsontag@
Albhar Calab	12	822 227 0541	hotmail.com
Abby Cook	13 yrs. old	832-237-9541	Glenn & Maureen Cook
Kim Cook	15 yrs. old	832-237-9541	Glenn & Maureen
			Cook

ATTENTION TEENAGERS

The Teenage Job Seekers listing service is offered free of charge to all Lakemont teenagers seeking work. Submit your name and information to *lakemontliving@yahoo.com* by the 10th of the month!







- Interior & Exterior Painting
 Garage Floor Epoxy
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Gutter Repair/Replacement
- Faux Painting

Roofing

Door Refinishing

Custom Staining

- Window Installation

Fence Repair/Replacement

- Trash Removal
- Ceiling Fan/Light Fixtures
- **References Available** Fully Insured **NO PAYMENT UNTIL COMPLETION** bashanspainting@earthlink.net

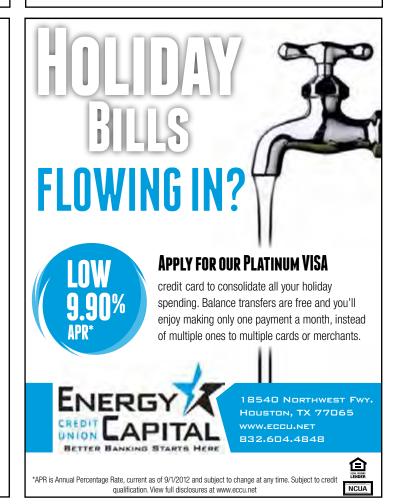
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CROSSWORD PUZZLE			 	
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ACROSS	DOWN
1. Dad	1. " porridge hot"
4. Panther	2. Special request
10. Time period	3. South American plain
11. A Nissan car	4. Tropical island
12. Admiral (abbr.)	5. Holding device
13. Programmer	6. And so forth
14. A deviated one makes you	7. Enjoy
snore	8. Sign
16. Vane direction	9. Weed in a wheat field
17. Time periods	15. Cooking measurement
18. Letter afterward	19. Her
20. Evening	21. Pattern
22. Garden tools	23 Oyl (Popeye's girlfriend)
26. Pod vegetable	24. Spooky
29. Egg dish	25. Strong metal
31. List of errors	26. Domestic friends
33. Wrath	27. Little Mermaid's love
34. Tie clip	28. Region
35. Rival	30. Pilots
36. Stoles	32. April (abbr.)
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