

Woodland Hills



The Official Publication of the Woodland Hills Homeowner's Association

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February 2013

WOODLAND HILLS EASTER EGG HUNT

Submitted by Terri Anderson

WHEN:

MARCH 23, 2013

WHERE:

MELROSE PARK

TIME:

10 AM TO 11 AM

Please plan to bring your families to join the annual Easter Egg Hunt for Woodland Hills. The event will have organized egg hunts for different age groups – age 3 and under, age 4 thru 8 and age 9 and over. The Easter Bunny will be there so please bring your cameras to capture the event.

BYOB – BRING YOU OWN BASKETS

THE EGG HUNTS WILL START PRECISELY AT 10:15 AM SHARP!!

Any children arriving later may miss the opportunity to get their share.
Please be there timely so none of the kids go home disappointed.

*If you have any questions, please contact
Terri Nielsen @ 817.475.1389 cell or 817.684.0450 home.*



Timely Garden Tips *for February*

Healthy plants start with healthy soil! Now is the time to prep your gardens and flower beds for Spring. Organic material is broken down and used by plants during the growing season so each year it must be replenished. Work several inches of Organic Compost back into the soil along with expanded shale to help with drainage and soil compaction. Keep the soil alive with the addition of Molasses and always top off any bare soil with 2 to 3 inches of mulch. Another option for planting beds is going with a “raised” bed. See our Farmer D’s displays in the stores for ideas! Happy gardening!

WOODLAND HILLS ANNUAL GARAGE SALE

SATURDAY
APRIL 20, 2013
8 AM TO NOON



Woodland Hills

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NEWSLETTER INFO

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ADVERTISING INFORMATION

Please support the businesses that advertise in the Woodland Hills Community Newsletter. Their advertising dollars make it possible for all Woodland Hills residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or advertising@PEELinc.com. The advertising deadline is the 20th of each month for the following month's newsletter.

CLASSIFIED ADS

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Woodland Hills residents, limit 30 words, please e-mail Tiki100@verizon.net

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com.

What Everyday Steps Can I Take to Protect Myself from Getting the Flu?

- Get vaccinated.
- Wash your hands often with soap and water or an alcohol-based hand rub.
- Avoid touching your eyes, nose, or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- Practice good health habits. Get plenty of sleep and exercise, manage your stress, drink plenty of fluids, and eat healthy food.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- If you are sick with flu-like illness, stay home for at least 24 hours after your fever is gone without the use of fever-reducing medicine.



THE REAL ESTATE MARKET IS HOT!!

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What's Happening in Woodland Hills?

★ 3 Properties Currently Listed For Sale	★ 3 Properties Currently Under Contract	★ 16 Properties Sold in the Last 6 Months
Average List Price - \$426,300	Average List Price - \$483,300	Average List Price - \$363,013
Average Price Per Sq.Ft. - \$112.47	Average Price Per Sq.Ft. - \$123.36	Average Price Per Sq.Ft. - \$112.61
Average Days on Market - 213	Average Days on Market - 181	Average Days on Market - 77

(As of 1/22/13)

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Around Colleyville

Atlas Resource Partners, L.P., formerly known as Titan Operating, LLC, has notified city staff that they intend to commence a second phase of hydraulic fracturing (fracking) of the seven wells at the Trinity site, located at 7504 Pleasant Run Road. Atlas has requested a schedule for fracking activities that would commence in early February. The company conducted the first phase of fracking in February 2012.

Unlike the first phase of fracking, Atlas has informed city staff that they do not intend to flowback any of the wells as part of Phase Two, instead they intend to shut-in the wells after this stage of fracking is complete. There are no current plans for city water to be utilized for the fracking activity.

The City of Colleyville has combined its animal control services with the cities of Keller and Southlake. The merger took effect Oct. 1, the start of the city's fiscal year.

The move will allow all animal control services, including animal shelter services, to be operated from Keller's existing animal shelter. That shelter is currently undergoing an expansion that is expected to be completed in late 2014. Colleyville previously used the animal shelter in Hurst under an interlocal agreement.

Combining the animal control services is projected to save money, provide more shelter space, and improve service by extending operational hours for all three cities. Under the agreement, Colleyville's long-time animal control officer will become an employee of the city of Keller, but will still be based primarily in Colleyville.

SHOW OFF YOUR SUPERHERO

Parents this is your chance to brag on your kiddos. We want pictures of your kids doing everyday things, school events, plays, sports, etc. Send in your pictures to be featured in the Woodland Hills Newsletter.

E-mail your pictures to tiki100@verizon.net by the 8th of the month.



CITY LAUNCHES CLOSEBUY CARD

Have you got the card?

Just in time for holiday shopping, the city of Colleyville and local businesses have joined forces to introduce the Colleyville CloseBuy consumer card, known as the "Ccard," a loyalty reward and discount card program. Cards are available now and can be issued at participating retailers. The Ccard is free to Colleyville patrons, who can then swipe their card with each purchase at a participating merchant to earn rewards or receive an instant discount. Look for the "Do you have yours?" decal at participating restaurants and retailers. The card is the latest launch from the Colleyville CloseBuy program, which promotes shopping locally to keep Colleyville dollars in Colleyville.

With the Ccard, the more a customer shops, dines, or uses the services of a participating business, the faster they can claim a reward. As the program is customized for each business, participating merchants may offer a loyalty reward, discounts, or both. Current Ccard merchants include:

- 2Serv Home Solutions
- Brides & Beaux
- Briesly's Boutique
- Busy B's Bakery & Donuts
- C. Marie's Sweets
- Colleyville Kenpo Karate
- Costa Vida
- Elixir Salon and Day Spa
- Evergreen Chiropractic
- Faithful Treasures
- From Across the Pond
- Import One Trading
- JumpStreet Indoor Trampoline Park
- Le Sara Cupcake & Sweet Bar
- Milwaukee Joe's Gourmet Ice Cream
- NutriShop-Colleyville
- Punky Lunky
- PurFit
- Scooter's Coffee & Yogurt
- Susan Mathisen, CPA
- Texas Beauty Institute
- The Pink Hanger
- United Capital Financial Advisers
- Worthington National Bank

More businesses are being added weekly, so check the ColleyvilleCloseBuy.com website for the latest participating merchants.



DISPOSAL SERVICES

The following is a brief description of the disposal services provided to Colleyville residents by Progressive Waste Solutions (formerly IESI): All containers and bags must be left at curbside or on the street no later than 7:00 a.m. on pick-up day. Garbage should not be placed at curbside more than twenty-four (24) hours prior to pick-up day.

WEIGHT SPECIFICATIONS: No more than 50 pounds for any single bag. Many times a seemingly missed trash pick-up is the result of bags and containers that exceed the weight limit accepted by IESI. While the company works to accommodate even oversized loads, sometimes the containers are so heavy that they cannot be picked up manually by IESI service personnel and must be left behind. IESI does not use automated trucks for trash service in Colleyville. Residents who use large trash receptacles, particularly 64- or 95-gallon trash containers, are reminded that trash in these containers must be bagged so that each weighs no more than 50 lbs. Multiple bags, as long as none exceed the 50-pound weight limit, are acceptable.

HOLIDAY COLLECTION: Any disruption in garbage or recycling collection will be announced through the city newsletter and posted on the front page of this website. For additional information regarding schedules, routes, and garbage or recycling customer service, please call Progressive Waste Solutions at 817.222.2221 or visit online at IESI.com.

Household garbage and trash are collected from single-family residences twice weekly. Items must be placed on the curb and contained in a secured bag, box, or can, or tied and bundled and be fifty (50) lbs. or less in weight.

Brush, tree limbs, and fencing must be tied in bundles not to exceed four feet (4') in length and fifty (50) lbs. in weight. Up to four (4) bundles will be collected per pickup.

Bulky items, including stoves, furniture, hot water heaters, dishwashers, etc., placed on the curb will be picked up as part of the regular collection service. Customers are allowed four large-item pickups of up to four cubic yards per year. Additional large-item pick-ups will be billed at \$9 per cubic yard, with a \$48 minimum.

Construction or renovation debris may be collected through IESI for a fee. These items require special equipment and, without special arrangements, can slow service for others. Items that will not be collected include construction debris, building materials, dirt, rocks, tires, oil and oil filters, batteries, and hazardous wastes.

IMPORTANT NOTE: Federal law prohibits collection of air conditioner, refrigerator or freezer units unless certification is provided that the CFCs have been removed by a certified technician.

For non-bundled brush stacked at curbside, Progressive Waste Solutions will remove brush for a fee. To arrange for this service, contact Progressive Waste Solutions at 817.222.2221 or visit online at IESI.com. A representative will quote a price for the disposal based on the amount of non-bundled brush.

LANDFILL ACCESS: Colleyville residents do not have free access to any area landfill. Dump charges are based on the weight or size of the load and will vary from site to site. Disposal of biodegradable items (tree limbs and brush) may be less expensive if taken to an area composter.

HOUSEHOLD HAZARDOUS WASTE ITEMS

Colleyville residents can dispose of household hazardous waste items (pesticides, paints, chemicals, etc.) at the city of Fort Worth's Environmental Collection Center (ECC). Take a recent water bill with you as proof of residency. The ECC is located at 6400 Bridge St. between I-30 and Loop 820. Fort Worth charges Colleyville a set fee per load, so please offer to also take your neighbors' sealed containers with you. Automotive items such as freon and motor oil can be taken to local automotive stores. Please contact the automotive stores before taking items. The following hazardous materials are prohibited and NOT collectable:

- all fecal material (animal waste)
- oil sludge
- any radioactive
- pathological
- toxic
- acidic
- volatile material
- Other hazardous waste such as: tires, oil, batteries, paints, dirt, rock
- steel shavings

Find out how to dispose of hazardous waste. Have a question about what to do with your household item that needs to be disposed of? Contact Progressive Waste Solutions (Formerly IESI) at 817.222.2221 or the city of Colleyville at 817.503.1111.

Heart Healthy Lifestyles

By: Concentra Urgent Care

Approximately every 60 seconds, an American will die from a coronary event. According to the American Heart Association (AHA), an estimated 71 million Americans have some form of heart disease, the most common being high blood pressure. And most of these problems are self-created by poor lifestyle choices.

WHAT CAN YOU DO TO LIVE HEART HEALTHY? THE AHA RECOMMENDS:

- Eating a healthy diet
- Lean, skinless meats and poultry
- Fat-free, 1% fat, and low-fat dairy products
- Avoid foods containing partially hydrogenated vegetable oil or added sugars
- Avoid foods high in dietary cholesterol
- Prepare foods without added salt, saturated fat, and trans fat
- Exercising regularly
- 20-to-60 minutes per day, 3-to-5 times per week
- Avoiding tobacco products and tobacco smoke
- Limiting your alcohol intake
 - Women: 1 drink per day (maximum)
 - Men: 2 drinks per day (maximum)

In addition to poor lifestyle choices, heredity plays a factor in heart

disease, too. It is therefore important to know your family history to help identify familial risk factors and help prevent the development of certain familial illnesses.

WHAT SHOULD BE INCLUDED IN A FAMILY HISTORY?

- Any known congenital or hereditary disorders
- Major illnesses
- Chronic ailments or risk factors
- Smoking
- Obesity
- Alcohol problems
- The cause and age of death of any deceased relatives
- Childhood conditions
- Major illnesses
- Vaccinations
- Surgeries
- Treatments, especially those involving radiation

For more information on living a heart healthy lifestyle, you can contact your health care provider or visit the American Heart Association's Web site at www.AmericanHeart.org.

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Electronic Recycling

According to the Environmental Protection Agency, more than 200 million pieces of computer-related e-waste are generated annually but only 18 percent of it is recycled. State law now requires television and computer equipment manufacturers to offer opportunities for consumer to recycle these electronics. Texas has two programs requiring manufacturers to recycle computers and televisions through free shipping or drop-off programs. For information, visit TexasRecyclesTVs.org or TexasRecyclesComputers.org.

The Texas Commission on Environmental Quality also offers a toll-free helpline for questions about electronic recycling—1.855.TV.Recycle (1.855.887.3292). Questions can also be emailed to recycle@tceq.texas.gov.



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