

Newsletter for the Citizens of Lakeway

Lakeway VOICE

Volume 5, Issue 3
March 2013

GREATER LAKEWAY • ROUGH HOLLOW • THE HILLS • BELLA MONTAGNA • RIDGE AT ALTA VISTA • THE PRESERVE • FLINTROCK FALLS




Eggstravaganza

Submit your photo for the next issue. See page 4 for details.



follow us on
facebook

Facebook.com/LakewayVoice



The Art of Eye Surgery

5656 BEE CAVE ROAD | SUITE F-200
AUSTIN, TX 78746 | 512.472.4011

Zarmeena Vendal, M.D. | Ximena de Sabra, M.D. | Soo Y. Kim, M.D.



ADVERTISING INFO

Please support the advertisers that make Lakeway Voice possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to lakeway@peelinc.com. The deadline is the 15th of the month prior to the issue.



Dr. Andrea Luise-Williams
(512) 402-1881
drwilliams@lakewayspine.com
www.lakewayspine.com

**LAKEWAY
SPINE CENTER**

1213 RR 620 S. • Suite 203
Austin, TX 78734

**Whether on the field, or off, don't
let an injury sideline you!**



**Chiropractic, Massage Therapy, Sports Rehabilitation,
& Acupuncture**

In Network with Insurance Plans (BCBS, Aetna, United, PHCS,
Assurant Health, Humana...) - Affordable Care!

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Police Department	512-314-7590
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

SCHOOLS

Lake Travis ISD.....	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Hudson Bend Middle School	512-533-6400
Lake Pointe Elementary.....	512-533-6500
Lakeway Elementary	512-533-6350
Serene Hills Elementary	512-533-7400
Bee Cave Elementary.....	512-533-6250

UTILITIES

Travis County WCID # 17.....	512-266-1111
Lakeway MUD	512-261-6222
Hurst Creek MUD.....	512-261-6281
Austin Energy	512-322-9100
Pedernales Electric.....	888-554-4732
Texas Gas Service Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T New Service.....	1-800-464-7928
Repair.....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable Customer Service.....	512-485-5555
Repairs.....	512-485-5080
IESI (Trash & Recycle).....	512-282-3508
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Lake Travis Community Library.....	512-263-2885
Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway	www.lakeway-tx.gov

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Editor.....	lakeway@peelinc.com
Advertising.....	advertising@peelinc.com

Table of Contents

The Lakeway Voice is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Lakeway Voice contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to lakeway@peelinc.com. Portrait (vertical) photos work best.

By submitting your photo you agree to allow your photo to be published in future issues of the Lakeway Voice or other Peel, Inc. publications.

Call 512-263-9181 to find out how to have your business featured on the cover of the Bee Cave Messenger.

AROUND LAKEWAY

- 5 Lakeway Service League Needs Volunteer Drivers
- 6 Lakeway's Big Band Bash Makes Happy Dancers
- 6 Women's Club Welcomes Dr. Mary Steinhardt
- 7 Lakeway Blood Drive
- 7 Lakeway Players
- 8 Sunset Gala to Support Mental Health Programs
- 8 Lakeway Heritage Week
- 9 15th Annual Wilderness Run & Walk
- 10 2013 Gala and Police Award Banquet
- 11 Indoor City Wide Garage Sale
- 12 Live Here, Give Here!
- 14 Lakeway Arts Calendar
- 15 Lakeway Hills Solos Activities

SPORTS NEWS

- 16 Lakeway Ladies Golf Association

NEWS YOU CAN USE

- 18 City of Lakeway Hotel Occupancy Tax Funds available
- 19 Stephen Ministry Commissioning
- 20 Road Construction on Lohmans Crossing Road
- 22 Be Smart About Spring Planting
- 23 4th Annual Buzzard Bump Fest
- 24 March Events at the Wildflower Center
- 25 Austin Newcomers Club
- 26 A Focus on Healthy Snack Ideas

BUSINESS SECTION

- 28 Seven Business Networking Groups in the Area

KIDS SECTION

- 30 Sleepwalking

IN EVERY ISSUE

- 29 Business Classifieds
- 29 Teenage Job Seekers



THE HEALTH CARE CENTER AT
LONGHORN
VILLAGE

Assisted Living | Skilled Nursing & Rehabilitation | Memory Care

12001 Longhorn Parkway • In Steiner Ranch
Austin, Texas 78732
(512) 382-4664 • (877) 266-5605

www.longhornvillage.com

Managed by Life Care Services™



Lakeway Service League Needs Volunteer Drivers

Joan Buzzard, recently elected president of The Service League of Greater Lakeway, has made volunteer recruitment and training a top priority for her tenure.

The League was started 24 years ago and is an all volunteer organization of neighbor helping neighbor. The League provides a support network of short term services to adults living in the Greater Lakeway area.

"We drive folks to medical appointments and have a supply closet from which we loan medical equipment. We also have a handy man service for light chores like changing light bulbs or AC filters" the new president reported.

The organization is in dire need of drivers to take folks to medical appointments.

"In 2012, 20 drivers made 125 trips which should be about 6 trips per driver per year but it does not work out that way." said Mrs. Buzzard. "Many of our drivers will only drive locally and we need drivers who will take clients into the West Lake and Austin Area".

Mrs. Buzzard explained "The average trip goes something like this. You get a call from our office saying Mr. or Mrs. Smith needs a ride to Austin Oncology at 38th and Lamar at 11 a.m. on Wednesday of next week. If you are not available on that date we say "thank you" and call another volunteer. We never, ever pressure a volunteer to take a trip." Buzzard emphasized.

"If you can make the trip we give you the name and number of the client and you call and make the arrangements for pick up. You take them to the appointment, wait while they are treated and take them home. You have a very, very grateful neighbor." Mrs. Buzzard concluded.

If you are willing to help a neighbor in need of transportation to a medical appointment call 261-3514 and speak with Betty Colovas or Deane Willis who are in charge of recruitment and training. The office at Prosperity Bank is open from 9-11 a.m., Monday through Friday. The bank donates the office space for the organization.

**Submitted by Linda Wiles,
Board Member in charge of Publicity
The Service League of Greater Lakeway
512-619-5715 (cell)
lindawiles@mac.com**



RISING STARS PEDIATRIC DENTISTRY

**We are proud
to announce the
addition of
Dr. Pru Aurora
to our Steiner
Ranch office!**



*Specializing in the care of infants,
children, adolescents and patients with
special needs.*



**Free New Patient Exam
(non-emergency only)
Coupon must be presented at time of
exam**

Steiner Ranch North Austin
4308 N. Quinlan Park #201 14005 N. Hwy 183 #800
Austin, Texas 78732 Austin, Texas 78717

**www.SmileLikeAStar.com
512-266-7200**

Around Lakeway

LAKEWAY'S BIG BAND BASH MAKES HAPPY DANCERS

Lakeway's Big Band Bash is the continuing to bring out some great dancers. Even those who just come to listen to the wonderful music enjoy watching the dancers. This popular event, on the second Monday of each month, will next be on Monday, March 11, from 8 to 10 p.m. at the Lakeway Activity Center, 105 Cross Creek, telephone. 261-1010.

This is a free event (donations to the band are encouraged). There is a large dance floor and plenty of tables. You may bring your own refreshments, if desired, as none are provided. There are no reservations—doors will open at 7:30 p.m. Well known singers (and Lakeway residents), David Cummings and Lisa Clark, are featured with The Republic of Texas Band. It is a 17- piece orchestra, conducted by Kent Dugan. This band consistently appeals to dancers of many generations. Expect to hear a wide variety of favorite tunes with fresh arrangements.

Get your dancing shoes polished, dress up a bit (not formal), and come out to dance and listen to some really great music. Anyone who has attended will tell you this monthly event shows why living in Lakeway is so much fun.



WOMEN'S CLUB OF GREATER LAKEWAY WELCOMES
DR. MARY STEINHARDT
At March 25th Meeting

Dr. Steinhardt is a Professor in the College of Education at the University of Texas at Austin. She also serves as the University Faculty Ombuds. Mary is the recipient of the first annual Dean's Distinguished Teaching Award in the College of Education, the Texas Excellence Teaching Award presented by the Texas Exes, a member of the Academy of Distinguished Teachers, and in 2011, received the



Regents' Outstanding Teaching Award from the University of Texas System. Dr. Steinhardt's research program aims to help individuals build resilience and strength when challenged with change and stressful situations. In addition, she has served as a consultant to such organizations as 3M, Motorola, Dell, and the Army's 4th Infantry Division at Fort Hood. Born and raised in Smithfield, N.C., Dr. Steinhardt has been on the faculty at the University of Texas since 1986.

The meeting, which is open to Greater Lakeway residents, will be held on Monday, March 25, in the Rio Grande Room of the Lakeway Resort and Spa. Coffee will be served at 9:00 a.m. with the meeting at 10:00 a.m. To make luncheon reservations, call Karen Morter at 261-4489 or Jill Ukeiley at 382-7414 or visit lakewaywomensclub.com.

Palo Verde Design Group

landscape.design.build.maintenance

We specialize in landscape design, installation and maintenance. Our team of talented landscape architects and experienced contractors will take care of all your landscaping needs.

www.paloverdedesigngroup.com 512.466.7252



Lakeway Blood Drive

on March 16th

Submitted by Searcy Willis

We have begun a new year for our Lakeway Community Blood Drive. We had 6 drives in 2012 and got over 400 units of blood donated. Your participation is always appreciated. Our next drive will be on Saturday, March 16, at the Lakeway Activity Center from 8:00 until 12:00. We still have 50 spots for donors at this time, so if you want to make a New Year's resolution, please call and sign up.

Lakeway Players

Submitted by Barbara Calderaro

There will be "Rumors" by Neil Simon, at the Lakeway Activity Center on April 4th, 5th, and 6th.

Simon's 1988 hilarious farce will be presented by the Lakeway Players and directed by Barbara Calderaro with a cast consisting of Linda Bradshaw, Angela Fulcher, Howard Gentry, Boyd Lawrence, Austin Nichols, Jenny Sabroff, Erin Tilley, Bill Walker, Kelly Whitenack, and Tom Wood.

In an upscale suburban New York home, The Deputy Mayor of New York City, Charley Brock, has shot himself, though it's only a flesh wound. Four couples are arriving at the 10th Anniversary Celebration for Charley and his wife Myra and the farce begins as they desperately try to remember who "told what to whom" concerning Charley's unsuccessful attempted suicide and Myra and the servants' disappearance. Although the audience never meets Charley or Myra they are exposed to mistaken identities, cover-ups, deceptions, and an evening of laughs.

Tickets will be available at the Lakeway Activity Center, 261-1010, March 1st at \$15 each. This is BYOB and setups will be provided.

Is it worth it?

- ...to be ethical when others get ahead by cutting corners?
- ...to serve others when others seem to thrive by living for themselves?
- ...to be a Christian when it could mean facing rejection and ridicule?

Join us at Austin Baptist Church on Easter Sunday morning, March 31, to find out if it's worth it!



AUSTIN BAPTIST CHURCH

512-491-9600

www.austinbaptistchurch.com

SUNDAYS

Traditional Worship @ 9 am
Bible Fellowship Groups @ 10:10 am
Contemporary Worship @ 11:11 am

Dr. Gary Dyer, Pastor

RM 620 @ FM 2222 • 7016 Ribelin Ranch Drive • Austin



SCAN TO
LEARN MORE.



Find us on
Facebook

Around Lakeway

Sunset Gala to Support Mental Health Programs

Lakeway Associates of Seton has set the date for its annual spring Gala fundraiser, to be held on Sunday, April 7, from 6 p.m. to 8 p.m.. This year's festive party at the Flintrock-area home of Lee Thomas will feature a sunset and Hill Country view, sumptuous hors d'oeuvres, wine, cocktails, music and dancing.

"We want to thank Lee Thomas for his generosity in lending his home for this occasion. It has a magnificent view, a spacious pool and an expansive patio that will be perfect for our guests to mix, mingle and meet other people," says event co-chair Barbara Bemby.

"Last year's event attracted a record turnout of over 200, and we expect as many or more this year. Proceeds from the event support the music and recreational programs for children, teens and adults at Seton Shoal Creek Hospital, the only acute-care, inpatient psychiatric facility in Central Texas that treats all ages," says event co-chair Sally Barto.

To receive an invitation, or more information, contact Barto by e-mail at sbarto1@austin.rr.com, or by phone to (512) 261-5543. Reservations are \$100 per person. For tickets, please make checks out to "Lakeway Associates of Seton" and mail to The Seton Fund, 1201 W. 38th Street, Austin, TX 78705. Please indicate "Lakeway Associates Gala" on the check. If attendance is not possible, donations are welcome.



Lakeway Heritage Week

APRIL 15-19, 2013

The City of Lakeway's Heritage Commission has designated the week of April 15-19 as Heritage Week in Lakeway. Steve Swan, Heritage Commission Chairman stated, "It's appropriate to focus attention early in the year-long celebration of Lakeway's Golden Anniversary on our community's historical roots." Swan described Heritage Week, integral to the Golden Anniversary celebration, "Each daily event of Heritage Week is planned to highlight a different segment of our Lakeway Heritage."

The Heritage Center, located at Lohmans Crossing and Hurst Creek will be open each day from 9 AM to 3 PM during Heritage Week. Special exhibits will feature various organizations and their contributions to Lakeway through the years.

Each day of Heritage Week will have a special emphasis.

- Monday, April 15, will be DAR Day
- Tuesday, April 16, will be Heritage Trail Day with bus tours of Lakeway's historical markers
- Wednesday, April 17, will be Golf and Tennis Day
- Thursday, April 18, will be Women's Club Day
- Friday, April 19, will feature our mayors and city council members through the years

There are many mementos in the Heritage Center's collection that will be interesting and intriguing to help tell the story of where we have come from and, possibly, where we are going as a community. We hope citizens will visit the Heritage Center and examine the highlights of Lakeway for the past 50 years. If you have not yet read the highly praised historical book Lakeway--A Hill Country Community by Professor Emeritus Lew Carlson, that's a great place to start. You may purchase this beautiful book at the Lakeway Activity Center.

City Councilwoman and Chair of the Lakeway's Golden Anniversary Committee, Dee Ann Burns-Farrell, said "Heritage Week is for all to reflect on our City's history in this year of celebration."

"Jardin De Niños Interlingua is committed to educating children for the transformation of our world. We look forward to being a part of the Lakeway community!"

Tracy Marie Price, Director

Find us on [facebook](https://www.facebook.com/jardindeninos)
[facebook.com/jardindeninos](https://www.facebook.com/jardindeninos)



Now Open!



7:00AM to 6:00PM
107 Ranch Rd 620, Suite 300, Lakeway TX 512-466-2409
www.spanishimmersiondaycare.org

15th Annual Wilderness Run & Walk

Friends of the Parks of Lakeway

When: Saturday, April 27th

Where: Hamilton Green Belt I in Lakeway

Registration: 8:00 AM / Event: 9:00 AM

Enjoy a morning at the park and explore the beautiful trails of Lakeway! This FREE noncompetitive run and walk will begin at 9:00 AM with refreshments following the race. Participants may choose to run or walk either 3 miles or 5 miles through the scenic trail system of the Hamilton Greenbelt 1, located across from the Lakeway Justice Center. The course winds along canyon walls and high cliffs, across fern covered creeks, and through tall native tree forests.

Registration is now available online by visiting www.lakewayfop.org or by picking up an entry application at the Lakeway Activity Center and at the registration boxes at the entrances to City Park, The Canyonlands, Hamilton Greenbelt I and Hamilton Greenbelt II. Or register on event day between 8:00AM to 9:00AM. Commemorative T-Shirts will be available for \$15 with all proceeds from donations and sales going to the maintenance of the trail systems in Lakeway.

This is a great opportunity for runners and walkers, as well as families with children in strollers and dogs to enjoy an outing and meet other outdoor enthusiasts. For more information regarding Friends of the Parks or the Wilderness Run & Walk, please contact co-chair Sheryl Kelly at 261-6067. Hope to see you there!



Clean and Restore Your BBQ Now For Early Spring Grilling

We'll clean and renew your grill for healthier, safer cooking.

"It's a dirty job and you don't want to do it!"



BEFORE

Our complete BBQ cleaning Service:

- * Removes harmful carcinogens that can be transferred to your food
- * Removes all traces of grease, fat, and carbon
- * Prevents future corrosion
- * Helps extend the life of your grill
- * Prevents flare ups and fires
- * Protects your valuable investment

Visit our website for complete details

A Clean Grill Makes Everything Taste Better!



AFTER

Austin BBQ Cleaning

(512) 689-4477 // www.AustinBBQCleaning.com

gerry@austinbbqcleaning.com





Bee Cave Police Benevolent Foundation *2013 Gala and Police Award Banquet*

Come join us as we honor those in the Bee Cave Police Department that honor us with their service to our community

**Dinner, Cocktails, Awards Ceremony, Silent Auction and
a Special Musical Guest**

Friday March 22, 2013; 6:00pm - 11:00pm

Star Hill Ranch at 15,000 Hamilton Pool Road, Bee Cave, Texas 78738

Business Casual/Western Attire

Tickets are \$100 per person. Sponsorships are also available from \$1,000.

Sponsorships of \$1,000 or more include a table for 8 and event recognition

Sponsorships of \$2,500 or more include premium seating for 8 and recognition on all promotional materials

**Contact Teresa Breuggeman, Foundation President
512.925.9139 or info@bcpbf.org**

All proceeds raised will benefit the Foundation whose mission is to provide financial assistance and benefit to Bee Cave Police Department and other area public safety employees and their families; and to support community and law enforcement initiatives, memorials, scholarships, and educational programs.

INDOOR CITY WIDE GARAGE SALE

LAKEWAY ACTIVITY CENTER
105 CROSS CREEK
512-261-1010

MARCH 23, 2013
8:00AM-12:00PM
RAIN OR SHINE!!!

Admission is FREE
Please bring a canned food item to be donated to charity!!!

Business office hours M-F 8am-5pm

Call 512-261-1010 to inquire on getting a booth!

www.Lakeway-TX.gov



"No job is too small or too big"

Brian Schaffer

Sales, Design & Installation
25 years of experience

direct 512-826-4939

office 512-255-8678

avconsultations@gmail.com
www.avconsultations.com



CAROL CUNNINGHAM ATTORNEY

Wills, Probate, and Estate Planning
Divorces - Civil Litigation

For Appointments Call
512.261.9822

Cell: 512.633.4042 | Fax: 512.261.3074

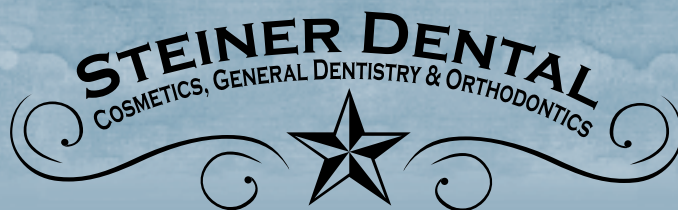
Convenient Lake Travis
Location

Over 20 Years Experience

www.cunninghamlaw.info

ccunninghamson@gmail.com

A New Smile... A New You!



JULIA C. HAWTHORNE, DDS



G. DAN DEVINE, DDS

We will gladly assist you with your dental benefits.

OUR HIGH QUALITY DENTAL SERVICES INCLUDE:

- PROFESSIONAL DENTAL CLEANINGS
- TEETH WHITENING
- CROWNS AND BRIDGES
- ORTHODONTICS
- DENTAL LASER TREATMENT
- COSMETIC BONDING AND VENEERS
- TOOTH-COLORED FILLINGS
- ROOT CANALS
- ORAL SURGERY
- IMPLANT DENTISTRY

Free Teeth Whitening for Life!

Why pay for Teeth Whitening?
Our Patients get it FREE!

With completion of dental exam, cleaning and necessary x-rays.
Available to new patients only.

(Limited Time Offer)

(512)266.9585

WWW.STEINERDENTAL.COM
2900 N. QUINLAN PARK RD., #160
AUSTIN, TEXAS 78732



Located in the Shops at
Steiner Ranch overlooking
the UT Golf Course
Dr. Hawthorne & Dr.
Devine are General
Dentists





TORNADOS

Home Athletics Schedule March/April 2013

DATE	SPORT	OPPONENT	TIME
3/8	SB	Mary Hardin-Baylor (DH)	5:00 p.m.
3/9	SB	Mary Hardin-Baylor (DH)	2:00 p.m.
3/12	BB	Dallas (DH)	3:00 p.m.
3/22	BB	Sul Ross State	7:00 p.m.
3/23	BB	Sul Ross State (DH)	1:00 p.m.
3/28	SB	Texas Lutheran (DH)	2:00 p.m.
3/28	BB	Mary Hardin-Baylor	7:00 p.m.
3/29	BB	Mary Hardin-Baylor (DH)	1:00 p.m.
3/29	SB	Texas Lutheran (DH)	2:00 p.m.
4/9	BB	Trinity	7:00 p.m.
4/12	SB	Hardin-Simmons (DH)	4:00 p.m.
4/13	SB	Hardin-Simmons (DH)	2:00 p.m.
4/15	BB	Southwestern	7:00 p.m.

BB (Baseball)
SB (Softball)

**CTX Athletics is Now
Accepting Tornado Club
Applications!!!**

**Sign Up for the
Friends of Concordia
Golf Tournament on April 1!!!
alumni.concordia.edu/golf**

For up-to-date information about CTX
Athletics, please check out our website at:

athletics.concordia.edu

LIVE HERE! GIVE HERE!

Lake Travis is the best place to live and give! Local non profits LTlov and Youth2 Seniors are excited to participate in the I Live Here, I Give Hereà 24 hours of giving event. Amplify Austin is a community-wide day of online philanthropy dedicated to raising \$1 million in 24 hours. Beginning at 7pm on March 4th, 2013, visit www.AmplifyATX.org and select LTlov and/or Youth2Seniors.

Donations to LTlov will support the Lake Travis community through grants to fund the support and development of organizations and projects dedicated to serving local socio-economically disadvantaged families. www.ltlov.org.

Youth2Seniors holds intergenerational programs in assisted living facilities in Lakeway/Austin. Ages 0-101 work together in free art classes, giving workshops and an annual intergenerational day event. www.youth2seniors.org.



OPTIMIZING PET HEALTH With **NATURAL** **HIGH QUALITY** **INGREDIENTS**

FREE
AUSTIN AREA DELIVERY

ENTER COUPON CODE "LAKEWAY"

BY MAY 31, 2013

AND GET 20% OFF YOUR
FIRST ONLINE ORDER



**Bark
'n purr**
PET CENTER
www.barknpurr.com

Around Lakeway

LAKEWAY ARTS CALENDAR - MARCH 2013

(Events listed are free unless otherwise noted)

ART ON DISPLAY

Lakeway Activity Center (105 Cross Creek, 261-1010)

Lobby Cabinet (8-5, M-F)

Now - March 30: Pre-Columbian Meso-American artifacts.

Collection of Russell Block

Café Lago (1200 Lakeway Blvd. #1)

March 1 - March 31, Sarah Sanford

Lakeway City Hall (1102 Lohman's Crossing)

Now - April 2, Johnnie Fields and friends

Wall Street Gallery Prosperity Bank (1415 RR 620 S, 261-1122)

Now-- April 1, Johnnie Fields

Lakeway Church Fellowship Hall (2203 Lakeway Blvd, 261-6331)

Now—April 1, Shirley Camp

AREA ACTIVITIES

LAKEWAY ARTS COMMITTEE - BIG BAND BASH

Monday, March 11, 8: 00 p.m. Lakeway Activity Center. Join us for music of the Big Band Era. Enjoy a free concert by the 17 piece Republic of Texas Big Band and dance to the tunes of yesteryear. Bring your own refreshments as no food or drink will be served during the show.

TEX-ARTS

2300 Lohmans Spur, Suite 16

March 8 - 9, 2013 at 7:30 p.m. The TexARTS Cabaret Series Presents AUSTIN HALLER and KARA BLISS in Spring Forward.

Austin Haller and Kara Bliss, along with Pat Harris, will take the TexARTS cabaret stage in their show entitled Spring Forward. This trio has dazzled audiences with their interpretations of jazz standards and other musical gems from the American songbook. The evening will include great songs from composers Cole Porter, Harold Arlen, George Gershwin and more. March 8-9 at 7:30 p.m. at the Kam and James Morris Theatre at TexARTS (2300 Lohman's Spur, Suite #160, Lakeway, TX). For all ages. Tickets: \$15.00 - \$25.00. <http://www.tex-arts.org/austinkara.html>. Box Office: 512-852-9079 x101

Submitted by: Sue Wright, Lakeway Arts Committee



If you would like to include an event in the Arts Calendar, please forward it to me, suelwright@aol.com by the 8th of the month, to have it included in the following month's Calendar.

ADVERTISE YOUR BUSINESS TO YOUR NEIGHBORS

Support Your Community Newsletter

Marielle Rimmer

Sales Representative

512-751-8498

mrimmer@PEELinc.com



PEEL, INC.
community newsletters

www.PEELinc.com 512-263-9181



FOOTBALL FUN! Ages 3-6

Now playing at a PARK near you!

SPRING 2013

Lakeway || Steiner Ranch

www.touchdownkids.com

512-420-9450

Lakeway Hills Solos Activities

Sun Mar 10th: Play @ Palace Theater, Georgetown - Watch South Pacific. Eat at Wildfire after. Carpool from LAC 12:30 pm. (\$7 ea gas/tip). Mai 1\$22 check payable to Anita Fisher to 303 Copperleaf Rd, LW 78734.

Mon Mar 11th: Games Mah Jong @ Fore 6:30 pm. Eat at Fore 5:30 pm HappyHour. Call Diane Smith 512.261.6497.

Wed Mar 13th: Lunch Bunch @ Olive Garden, Lakeline Mall, 12827 RR 620 N, 512.918.9460. Carpool from LAC at 11:30 am. (\$3/ea gas/tip). Call Judy Prim 512.608.6853.

Wed Mar 15th: Games Bridge & Dominoes @ LAC 7 pm. Eat at Pao's 5:15 pm. Call Jo Kirk 512.261.7703 or eat at Mandola's, Shops at the Galleria 5:00 pm. Call Diane Hafely 512.494.5413.

Sun Mar 17th: Tour historic home of botanist Jacob Lindheimer, New Braunfels (drive past Buc-ee's with all of the new bathrooms) then free Music at Gruene Hall to hear Ruby Jane Smith (prodigy violinist who sometimes plays with Willie Nelson). Also can shop at their Market Days event. 120 mi round trip, \$10 gas/tip. Carpool LAC @ 9:30am. Call Jacquie Banks 512.638.0484c.

Mon Mar 25th: Games Mah Jong @ LAC 6:30-9 pm. Call Diane Smith 512.261.6497.

Wed Mar 27th: Dining Out @ Mimi's, Galleria Carpool LAC 5:00 pm (\$1/ea gas/tip). Call Mary Conley 512.261.5618.

SAVE THE DATES:

Mon Apr 1st: Bullock Museum: Enduring Women (Edith Knauer's daughter), IMAX Butterflies.

Sun Apr 7th, 4pm: Kay & Friends Concert, Tarrytown Methodist, Pam Murray 261.4607.

Tues Apr 16th: Lakeway Golden Anniversary tour, Heritage Center & free bus tour around Lakeway

Thur Apr 18th: Spring Social Hats Galore! Wear your biggest, tallest, flowery-est, feathery-est!

Fri Apr 26th: Sing-A-Long @ LAC. Pam Murray 512.261.4607.

Thur May 9th: Tour The Governor's Mansion, Jacquie Banks 512.638.0484c.

MONTHLY REMINDERS:

If any Solo member needs a hug, a card, a ride etc, call Caring Chair, Yvonne Connell, 512.261.9783.

The Service League needs volunteer drivers: call Membership Chair, PriscillaBangs, 512.261.0038.

Chair: Jacquie Banks 512.638.0484 c.



An investment in
your child's future.

- ✓ Music, Spanish, Computer Technology
- ✓ Balanced student assessment
- ✓ Surpasses state standards for student-teacher ratios

Primrose School of Bee Cave

3801 Juniper Trace, Austin, TX 78738

512.263.0388

primrosebeecave.com



Primrose Schools®

The Leader in Educational Child Care®

Educational Child Care for Infants through Private Kindergarten and After School

Each Primrose School is a privately owned and operated franchise. Primrose Schools and The Leader in Educational Child Care are trademarks of Primrose School Franchising Company. ©2012 Primrose School Franchising Company. All rights reserved.

Sports News

LAKEWAY LADIES GOLF ASSOCIATION - LAKEWAY COUNTRY CLUB

18 HOLERS

DEC. 19TH: 2 BEST BALLS, YAUPON

1st Place - Mary Conley, Sarah Hohner, Sandee Phillips, Karina Williams, 125

2nd Place - Mary Barnes, Ann Flinn, Lynda Meyer, Margaret Reese, 127

Low Putts: Mary Barnes, Diane Tomlinson, 30

Chips Ins: #7 Rita Hietpas & Sarah Hohner, #8 Tere McKenna, #17 Diane Tomlinson

JAN. 23: ACE OF THE MONTH, YAUPON

Ace of the Month: Karla Castriotta, 66

1st Flight:

1st Place: CiCi Ely, 69 2nd Place: Paula Crawley, 70

2nd Flight:

1st Place: Diane Tomlinson, 72 2nd Place: Lenora Hyche, 73

3rd Flight:

1st Place: Judy Donohue, 67 2nd Place: Betty Monzingo, 73

Low Putts: Paula Crawley, 27

Chip Ins: #1 Mary Barnes, #5 Karina Williams

JANUARY 30: 2 BEST BALLS OF FOURSOME, LIVE OAK

1st Place: Mary Barnes, Karla Castriotta, Sarah Hohner, Melonie Mills, 129

2nd Place: CiCi Ely, Betsy Frost, Valerie Liebl, Lynda Meyer, 133

Low Putts: Melonie Mills, 29

Chip Ins: #4 Melonie Mills, #12 Paula Crawley

FEB. 6: ACE OF THE YEAR SHOOTOUT & SCRAMBLE, YAUPON

Ace of the Year winner is CiCi Ely

Scramble Winners:

1st Place: Marlene Massa, Sharon Rogers, Marie Rush, Kathy Skinner, 34

2nd Place: Marsha Kish, Sandy Nees, Karina Williams, 35

FEB 13: ACE OF THE MONTH, LIVE OAK

Ace of the Month: Sarah Hohner, 66

1st Flight:

1st Place: Lynda Jones, 70

2nd Place: Lynda Meyer, 75

2nd Flight:

1st Place: Marlene Massa, 70

2nd Place: Lenora Hyche, 71

3rd Flight

1st Place: Betty Monzingo, 68

2nd Place: Karina Williams, 70

Low Putts: Rita Hietpas, 26

Chip Ins: #1 Diane Tomlinson, #2 Janis Campbell, #8 Karla Castriotta, #10 Paula Crawley

Submitted By Paula Crawley, Publicity Chair

9 HOLERS

JAN. 23RD - ACE OF THE MONTH (LIVE OAK)

*Mary Land *Ace**

1st Flight

1st Place - Cheryl Whaling

2nd Place - Sandy Walsh

3rd Place - Cheryl Zehrer

2nd Flight

1st Place - Barbara Roberts

2nd Place - Billye Lynne Ratliff

3rd Place - Becky Lanier

3rd Flight

1st Place - Beverly Burmeier

2nd Place - Nancy Gregor

3rd Place - Colleen Devere

50 and Under - Mary Land - 49

55 and Under - Cheryl Whaling - 54, Sandy Walsh - 54, Billye Lynn Ratliff - 55

Chip-Ins - Becky Lanier - #6

Low Putts - Mary Land - 13

JAN. 30TH - ACE OF THE YEAR ROUND I (YAUPON)

1st Flight

1st Place - Lenora Hyche

2nd Place - Cheryl Whaling

3rd Place - Nancy Paquin

2nd Flight

1st Place - Deane Willis

2nd Place - Nancy Wells

3rd Place - Lorin Buchhorn

3rd Flight

1st Place - Beverly Burmeier

2nd Place - Barbara Roberts

3rd Place - Robin Hargadon

50 and Under - Lenora Hyche - 48

55 and Under - Cheryl Whaling - 52, Nancy Paquin - 54, Beverly Burmeier - 55

Chip-Ins - Nancy Paquin - #5

Low Putts - Barbara Roberts 14

Submitted by Carol Bosse, Secretary



EVOO 101

What's In YOUR Olive Oil?

IMPOSTERS: Did you know that most olive oils labeled “extra-virgin” are not? Most of the extra virgin olive oil (or EVOO) sold to your local grocery store has been adulterated with other oils and made with factory processes that destroy most of its nutrients. The United States doesn't abide by the standards of the International Olive Oil Council—the term “extra-virgin” has no true meaning here.



FRESHER IS BETTER. Olive oil has been revered for its health-giving properties for centuries. In its freshest, most vital state it is rich in antioxidant polyphenols, essential fatty acids, and vitamins and has been shown to reduce risk of cancer, increase cognitive function and lower blood pressure and cholesterol. These

healthful compounds are perishable; as soon as the olives are harvested from the branch their nutritional value begins to diminish—not good for long hauls and warehouses. Commercial processing further destroys the oil's nutrient content and, along with light exposure from clear bottles, slashes the oil's shelf life dramatically and turns the oil rancid more rapidly.



THE REAL DEAL. The freshest oils will smell grassy and have a peppery taste. At Con'Olio, we encourage you to taste before you buy and check our harvest dates so you know you're getting the freshest, highest quality oil in the world. The first and finest locally-owned and operated oil & vinegar shop in Austin, we're proud to offer you pure, unadulterated EVOO that's chemically tested for authenticity and bottled in dark glass. Come see us and taste the fresh difference for yourself! Mention this ad for 20% off oil & vinegar purchases.



ARBORETUM
512.342.2344



2nd St. DISTRICT
512.495.1559

www.ConOlios.com

News You Can Use

City of Lakeway Hotel Occupancy Tax Funds Available

Local organizations and businesses boosting our area's tourism are encouraged to request money from the hotel occupancy tax funds for the 2012-13 fiscal year. The Lakeway Visitor Commission is taking applications April 1, July 1, and October 1, 2013 for funding requests from the Hotel Occupancy Tax Revenue.

The Lakeway Visitors Commission (LVC) was initiated in the summer of 2012 to promote the City of Lakeway as a convention and visitors destination. Its objectives are to define and promote a Lakeway brand; to develop measures of success; to act as a catalyst for activities among key players; to promote development of a convention center; and to establish an annual budget. Within its charter, the LVC will decide how the hotel occupancy tax funds are allocated within the confines of the City Council approved budget.

This fiscal year the City of Lakeway estimates approximately \$400,000 will be collected in hotel taxes. This money will be allocated in the following way: 50% - convention center reserve; 38% - advertising; 5% - Discretionary funds; 3% - Historical Development; 3% - Arts; 1% administration for tax contributions. First funding requests are being taken until April 1. These funding requests have strict guidelines to adhere to in order to be considered for funding. Detailed documentation regarding the

requirements, timelines and applications can be found at www.lakeway-tx.gov/hoteltaxrequests. Applications will be taken again July 1 and October 1 of this calendar year.

The Lakeway Visitors Commission is also currently accepting Proposals from qualified entities interested in providing marketing services to assist the City in executing a brand strategy and positioning campaign to attract visitors and tourism to the City. Branding the City of Lakeway is an important part of the commission's charter.

Without a strategic framework to position and develop the Lakeway brand, it will prove difficult to execute a cohesive marketing plan. The commission is seeking professional marketing expertise to help create the City of Lakeway marketing strategy and execution plan. A Lakeway Visitors Commission Branding Request for Proposal (RFP) has been developed for those entities interested in applying for this contract. The RFP application can be found at www.lakeway-tx.gov/LVCBrandingRFP. RFP responses are due by April 26, 2013.

For further information or questions regarding the Hotel Occupancy Tax Requests and/or the LVC Branding Request for Proposal, please contact Sandy Cox, Lakeway Visitors Commission Board Chair, at LVCinfo@lakeway-tx.gov.



DIRECTV is rolling out the RED CARPET

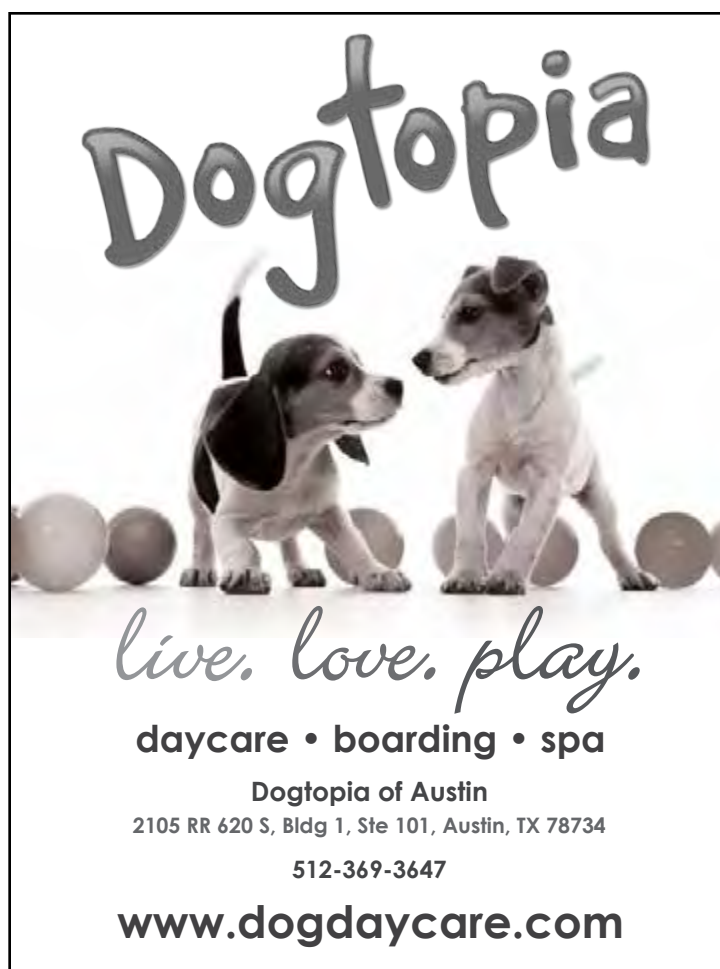
VIP
PRICING
exclusively for
Lakeway
residents

DIRECTV
Prices starting at
\$29.99

Free 5 tuner Genie HD/DVR
Instant rebate on all packages
Record, watch and playback in HD from any room

FREE Installation
Up to 3 FREE additional HD client boxes
FREE HBO/Cinemax/Starz/ Showtime for 3 months

Mention this ad for your VIP deal. **CALL NOW!**
1-888-799-0512



Dogtopia

live. love. play.

daycare • boarding • spa

Dogtopia of Austin
2105 RR 620 S, Bldg 1, Ste 101, Austin, TX 78734
512-369-3647
www.dogdaycare.com

STEPHEN MINISTRY COMMISSIONING

On February 24, these 11 new Christian caregivers were commissioned into our Stephen Ministry Program. These individuals had received 50 hours of specialized training covering topics such as effective listening, understanding feelings, and confidentiality. They provide one-on-one emotional and spiritual support to people who are ill or lonely; individuals who are going through divorce or job loss, people who are ill or are suffering loss through aging or death of a loved one. These 11 new Stephen Ministers join 23 others trained to support and care.

Lakeway Church expects its Stephen Ministers to continue to be a source of warmth, care, and blessing for many years to come, enabling the entire congregation to grow as a nurturing community where people are cherished and cared for and their needs taken seriously, all in the name of Jesus Christ.

For more information for you or a loved one, please contact Pastor Brent Graham (261-6331) or Janet Moss (261-5736). Our Church is a Stephen Ministry Congregation.



Left-to-right: Suzy Moore, Suzanne Wales, Diane Pittman, Virgil Pittman, Jille Dorler, Wade Huber, Pat Beachy, Dorothy Moggio, Warren Terry, Carol McKenzie. Absent: Mary Lehtonen.

Resolute Fitness
CYCLING & YOGA STUDIO

NOW OPEN!

WANT TO TAKE A CLASS?

BRING IN THIS AD FOR
**\$10 OFF A SINGLE CLASS
OR CLASS PASS**
BEFORE MARCH 31, 2013

Cannot be combined with any other offers.
One use per guest.

MEMBERSHIP FOR TWO?

BRING IN THIS AD AND YOU
AND A FRIEND **WILL BOTH**
ENJOY \$25 OFF YOUR FIRST
MONTH OF MEMBERSHIP

Offer expires March 31, 2013.

Quinlan Crossing Shopping Center
5145 North FM 620 Suite F-120
Austin, TX 78732

Learn more about us online at:
ResoluteFitness.com

The Children's Center Of Austin

Now Enrolling

Offering 3 Convenient Austin Locations!

Steiner Ranch
4308 N. Quinlan Park Road
Suite 100
Austin Tx 78732
512-266-6130

Jester
6507 Jester Boulevard
Building 2
Austin Tx 78750
512-795-8300

Bee Caves
8100 Bee Caves Road
Austin Tx 78746
512-329-6633

www.childrenscenterofaustin.com



JOIN US FOR GOLF AND A GREAT CAUSE!

DATE: Tuesday, April 30th

11:00 am Registration - 1:00 pm Start

LOCATION: River Place Country Club

FORMAT: 4-person scramble

COST: \$165 per golfer*

*Includes lunch, dinner and lots of swag

Dinner provided by:

Craig O's



Pizza & Pastaria
Homestyle Italian Cooking

Register online at:
www.colinshope.org

Questions about the event?
Contact Jancy Darling
jancy.darling@colinshope.org
(512) 413-7641

We
envision
a **WORLD**
where
CHILDREN
DO NOT DROWN

WWW.COLINSHOPE.ORG

Road Construction on Lohmans Crossing Road

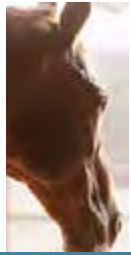
Lohmans Crossing Road may be reduced to two lanes of traffic beginning Saturday, March 9th until Sunday, March 16, to accommodate scheduled street maintenance.

Traffic on Lohmans Crossing Road between Lakeway Boulevard and FM 620 may be reduced to one lane in each direction beginning Saturday, March 9. The road is scheduled for pavement rehabilitation (asphalt overlay) work during the LTISD Spring Break holiday. It is anticipated that maintenance will be completed by March 16. Please use caution and expect traffic delays during this time. For additional information, please contact Public Works at 608-9000.

**Come Kick it in
Lakeway!**

Contact:
Eddie@soccershots.org
512-420-9450

www.soccershots.org



**NEW
CLIFFSIDE
COTTAGES
FROM
\$500's!**

**MORE REASONS
to visit THE RESERVE!**

Come experience the ultimate in luxury living



March 9th

March 9th is Membership Drive Day! Come out and experience our amenities and get special pricing on Cypress Club membership packages!



March 16th

Please join us for our launch event from 12pm – 4pm to learn about The Reserve's newest lake homes, the Cliffside Cottages - priced from the \$500's.



McCOMBS PROPERTIES

RESORT COMMUNITY & PRIVATE CLUB

HAL JONES DEVELOPMENT LLC

INCREDIBLE
LAZY RIVER POOL
w/ SWIM UP BAR

DEEP WATER
MARINA
w/ GOLF CART ACCESS

FULL SERVICE
EQUESTRIAN
CENTER

19926 Thurman Bend Rd. | Spicewood, TX 78669
ReserveAtLakeTravis.com * 1.800.214.3142

Artist renderings and plans for The Reserve at Lake Travis are under development. Hal Jones Development reserves the right to make changes without notice. No guarantee is made that the proposed features will be constructed, or that if constructed, will be of the number and type described. These materials shall not constitute an offer in any state where prior registration is required. Void where prohibited by law. For unimproved lots at The Reserve at Lake Travis, obtain the property report required by federal law and read it before signing anything. No federal agency has judged the merits or value, if any, of these properties. WARNING: THE CALIFORNIA DEPARTMENT OF REAL ESTATE HAS NOT INSPECTED, EXAMINED, OR QUALIFIED THIS OFFERING.



Be Smart About Spring Planting

IN THE SUMMER, outdoor water use can account for 50 to 80 percent of home water use. Texans must use their precious water resources more efficiently, or we will have longer, more frequent water shortages, especially during droughts and hot Texas summers. Much of the water used outdoors is wasted through inefficient landscape watering practices. By reducing the amount of water we waste, we will save money and protect the quality of life of future Texans.

DESIGN A WATER-WISE LANDSCAPE, planting water-efficient, well-adapted, and/or native shrubs and trees. Choose plants that are drought tolerant (or at least have low water requirements) and heat tolerant and can survive the minimum winter temperatures in your local area. Native plants are also most resistant to diseases and pests.

Put drought-tolerant groundcover instead of grass in areas that are narrow, small, sloping, odd-shaped, or close to pavement. Limit turf areas to those needed for practical uses. Bermuda, buffalo, and zoysia are drought-tolerant grasses.

KEEP MONEY IN YOUR POCKET, using water-efficient landscape practices, such as proper mowing, mulching, and moderate fertilizing. Most water utilities charge higher rates during the summer or increase rates in increments based on use. Please reduce your outdoor water use by determining how much water your landscape needs to stay healthy and don't use an excess when drought conditions exist. WCID 17 thanks you for your help in preserving Lake Travis. Remember; be mindful to CONSERVE WATER FOR TODAY AND TOMORROW.



**THE BEST OFFER
IS BACK AND
BETTER THAN EVER!**

Combine up to \$3,200 in Rebates with a Low-Interest Loan for Energy-Efficiency Improvements.

LIMITED TIME OFFER!

Thanks to bonus rebates available through a federal grant it has never been more affordable to make needed energy-efficiency improvements to your home. Visit www.austinenergy.com and click on "Participating Companies" and get your free home energy analysis.



A City of Austin Program

4th Annual Buzzard Bump Fest

and 1st Annual Buzzard Bump 5K & 1M Fun Runs

Spicewood, TX--location next to VFD on Hwy 71 E.

Family friendly, all-day festival with live music, food and local vendors. Featuring the Buzzard Bump's very own Roadkill Car Show, Bird Cook-off and Washer Pitchin' Tournament (all with prizes). Fun games and activities for the kids and leashed pets are welcome. BYOB. Fest gates open from 10 am to 7 pm. \$3 entry or 3 canned goods to the Buzzard Bump Fest. All proceeds from the Fest go to local charities. There will even be receptacles on hand to donate your old eyeglasses as part of Lions eyeglasses recycling program. For more information, visit www.buzzardbump.com. Wait, there's more! 1st Annual Buzzard Bump 5K begins at 9 am with 1M Fun Run to follow. USATF Sanctioned Certified Course. Awards to top 3 in each age division, male/female, each race. All children (12 and under) receive participation ribbons. Early-bird, online 5K and 1M Fun Run registration: \$25 entry fee per person (regular \$50). Race information and online registration at <http://trackforlife.com/schedule.htm>. Scroll down and click on "May 18 1st Annual Buzzard Bump 5K." T-shirt and free entry to Buzzard Bump Fest with run registration. Proceeds from 5K and 1M Fun Runs benefit the Central Texas Lions KidSight Vision Foundation. Brought to you by the Spicewood Lions Club and the Central Texas Lions KidSight Vision Foundation.

GERMAN CUSTOM WOODWORK

Masters Degree in Fine Art Woodwork



Hubertus (Huby) Kempf
 (512) 917-2484
 HubertusKempf@gmail.com
 2363 Paradise Ridge Drive
 Round Rock, TX 78665

Design to Built • Kitchen • Furniture • Antiques • Decks • Repairs
 • Hardwood Floors • Bathroom Furniture



Functional
 Girl

ORGANIZATIONAL INTERVENTIONS, WARDROBE
 STYLING & INTERIOR STYLING

Follow us on Twitter: @functionalgirl
 Like us on Facebook: [facebook.com/functionalgirlsrocks](https://www.facebook.com/functionalgirlsrocks)

512.992.9165 / cj@functionalgirl.com / www.functionalgirl.com

Want a professional
 business presence in the
 fast growing Lake Travis area?

Go Virtual
 without the
 Overhead.

Professional
 Lakeway address
 and phone number
 without the cost of a
 full time office.



Full Time Offices Still Available!

At Lakeway's best business
 address, we don't overlook
 anything...except the 16th hole.



www.FLINTROCKSUITES.com

Located in Lakeway just off 620 South & Lohmans Spur

(512) 371-4100 • www.FLINTROCKSUITES.com

March Events

at the Wildflower Center

WILDFLOWER DAYS™

Monday, March 11 through Friday, May 31

Our bluebonnets will be spectacular, but our gardens go way beyond bluebonnets with all sorts of Texas spring wildflowers on display.

ARTISTS AND ARTISANS FESTIVAL

9 a.m. to 5 p.m. Saturday and Sunday, March 9 and 10.

Texas artists and craftspeople display their works in wood, metal, photography, silk, watercolor and much, much more.

JIM LAPASO'S SCULPTURE IN THE GARDENS

Saturday, March 9 through Monday, May 27

SHOU PING'S PAPER SCULPTURES

Saturday, March 9, through Monday, May 27.

Meet the artist from 1 to 4 p.m. Sunday, March 10, in the McDermott Learning Center

TEXAS MAJESTY, WATERCOLORS BY DENISE COUNLEY

Saturday, March 9, through Monday, May 27

Meet the artist from 1 to 4 p.m. Saturday in The Store.

CENTER OPEN EASTER SUNDAY

March 31

U.S. News & World Report awarded

2012 BEST NURSING HOME

5-STAR CARE

★★★★★

Deep In The Heart of Texas



For years, seniors and their families have recognized The Summit Lakeway as a leading source for exceptional rehabilitation and skilled nursing care. And now one of the nation's leading sources for news and information agrees.

U.S. News & World Report has recognized The Summit Lakeway as a 2012 Best Nursing Home* award recipient. In fact, no other community within 10 miles can match The Summit Lakeway when Health Inspections, Nurse Staffing and Quality Measures are taken into account.

Come see what 5-Star Care, deep in the heart of Texas is all about. Call (512) 261-3211 today and schedule your personal visit.



THE SUMMIT

LAKEWAY

BROOKDALE SENIOR LIVING

Your story continues here...

Personalized Assisted Living
Alzheimer's & Dementia Care
Rehabilitation and Skilled Nursing
1917 Lohmans Crossing Rd.
Austin, TX 78734

www.brookdaleliving.com

Facility No. 030272 & 030273
SNF No. 120133



52150-ROP02-0512 SW

* Award is based on Medicare 5 Star government rating for four consistent quarters by U.S. News & World Report, America's Best, 2012

St. Gabriel's is a place where...



love, kindness and service to others are cherished.

ST. GABRIEL'S CATHOLIC SCHOOL

Junior Kindergarten - Eighth Grade | All Faiths Welcome

OPEN HOUSE

Tuesday, April 16, 2013
8:30 a.m. - 10:30 a.m.

www.sgs-austin.org
512-327-7755



Austin Newcomers Club

March 2013 ANC Publicity Input

Austin Newcomers Club is dedicated to introducing new residents to Austin while extending a hand to make new acquaintances and join fun Interest Groups.

This month our luncheon program will feature Brigadier General Charles A. Miller, Jr., the Chief of Staff of the Texas State Guard. He'll speak to us about our own Texas State Guard, and its mission to serve Texas.

General Miller is a native Texan, born in Taylor TX but as the son of an army officer moved around the country to a series of military installations during his growth years. He is a graduate of Killeen High School, in Killen TX in 1961, the United States Army Armor School, the Military Police and the United States Army Command and General Staff College. He holds a Masters Degree from Southwest Texas State University.

As the Chief of Staff, General Miller is the



second in command of the 2,000-plus Texas State Guard, which has Army, Air, Maritime, and Medical components. Its members, all volunteers, owe allegiance exclusively to the Governor of Texas, which is different from the National Guard. Each member is screened prior to entry and generally serves for no pay unless there is a state emergency. Their primary mission is disaster relief, especially in case of hurricane strikes.

The monthly luncheon will be held on Wednesday, March 20 at Green Pastures restaurant, located at 811 West Live Oak in Austin. We get together at around 11:00 a.m. for a social hour with lunch at 12:00 noon. The luncheon is \$20 per person; reservations are required, and payment must be received by Thursday, March 14.

The club website is www.AustinNewcomers.com and the telephone number is 512-363-2566.

The QR code to the left takes you directly to the Austin Newcomers website.

HAND & STONE[®]
MASSAGE AND FACIAL SPA

Open 7 days
 Extended Hours
 Walk Ins Welcome



handandstone.com

MASSAGE | FACIALS | WAXING

Introductory
**ONE HOUR
 MASSAGE
 OR FACIAL**

\$49⁹⁵*

An \$89.95
 Value!

*This is How You Look and
 Feel Your Best Affordably!*

Not Valid on Gift Cards

Introductory
**ONE HOUR
 HOT STONE
 MASSAGE**

\$69⁹⁵*

A \$109.95
 Value!

*Our Signature Massage!
 Melts Away Stress and Tension!*

Not Valid on Gift Cards

**ADD A HOT TOWEL FOOT
 EXFOLIATION MASSAGE**

*Perfect Treat
 for Tired Feet!*

*10 Minute
 Add On Service

JUST \$15*

*Introductory offers valid for first time visit only. Not valid for gift cards. Sessions include time for consultation and dressing. Rates and services may vary by location. Foot Massage valid with one hour Massage or Facial Service. Offers may not be combined. © 2013 Hand & Stone Corp. Franchises Available. Independently Owned & Operated.

AUSTIN | 512-892-1888
 4301 W. William Cannon
 Behind Jared (The Galleria of Jewelry)

BEE CAVE | 512-263-2227
 Hill Country Galleria
 13500 Galleria Circle, Ste U-105

News You Can Use

A Focus on Healthy Snack Ideas

By: Concentra Urgent Care

March is National Nutrition Month. Celebrate by trying out some of these healthy snack ideas:

- Whole grain bagel with melted low fat or non-fat cheese
- Baked tortilla chips and salsa
- Cereal (preferably whole-grain) and low-fat or fat free milk
- Homemade trail mix of wheat or bran Chex or cheerios, pretzels, raisins, and nuts
- Whole wheat toast with butter or margarine and jam
- Baby carrots, broccoli, cauliflower, or celery and yogurt-based dip
- Fruit, including fresh, frozen, canned, or ready-to-eat fruit, such as apples peeled and sliced, oranges cut into sections, cantaloupe and pineapple in bite-sized cubes, or fruit salad
- Fruit shake or smoothie made with frozen fruit and a cup of fat free or low-fat milk or yogurt
- Vegetable soup
- Bean burritos or burrito bites containing canned, fat-free refried beans, low-fat cheese, and salsa on a tortilla – roll up and cut into bite-sized pieces
- Tortilla roll-ups: spread chicken breast strips, salsa, and lettuce on a tortilla. Roll up and cut into bite-sized pieces. Or, leave out the tortilla and roll up the chicken and salsa in the lettuce
- Yogurt, alone, or as a dip or topping for fresh fruit
- Layer fruit, yogurt and grape-nuts in a glass for a parfait
- Nuts
- Peanut butter on graham crackers
- Peanut butter on sliced apple or celery
- Milkshake made with nonfat or low-fat frozen yogurt
- Sugar-free pudding or Jello cup
- Oatmeal raisin or peanut butter cookies and fat free or low-fat milk
- Zucchini or pumpkin bread
- Low fat Cottage cheese and fruit
- Turkey sandwich on wheat bread
- Granola or cereal bar



For more information about healthy snacks and diets, contact your health care provider, your Concentra health specialist, or visit the Department of Health and Human Services at: <http://www.health.gov/dietaryguidelines/dga2005/recommendations.htm>



Interior and Exterior Painting Professionals

\$200 off any job of \$2,000 or more
or \$100 off any job between \$1,000 and \$2,000

Offer valid one time per household. Available at participating locations only. Not valid with any other offer.

PROTECT PAINTERS

call or click for a **FREE** estimate
512-651-2394
protectpainters.com

Visit Our
**NEW
MODEL
HOME**

Tuscan Works of Art...

Enjoy a life simplified in a comfortable Tuscan-inspired home in a serene park like setting. Embrace outdoor living in a home adjacent to the Falconhead Golf Course. Explore culinary talents with beautifully finished kitchens. Enjoy everything you want and need in a smartly designed home by Ash Creek Homes at The Grove at Falconhead. Starting in the low \$300s.



Six Floorplans to Choose From

EXCEPTIONAL AMENITIES INCLUDE:

- 1,600-2,800 Sq Ft
- Tile Roofs, Stone/Stucco Exteriors
- Single and Two Story Plans
- Lowest Property Taxes in Travis County
- Low HOA with Full Lawn Maintenance
- Private Pool, Pavilion and Dog Park
- Wooded Homesites, Golf Course Lots
- Lake Travis Schools
- Austin's Top Green Builder

14809 Falconhead Grove Loop
Bee Cave, TX 78738

512.328.2122

www.GroveAtFalconhead.com



The Grove
AT FALCONHEAD

ASHCREEK
HOMES
Creative Communities

Business Section

Seven Business Networking Groups in the Area

ARE YOU LOOKING TO GROW YOUR BUSINESS IN 2013?

If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at the Oasis. Visitors are welcome! If you are interested please contact Michael Bennett at michael@bennett-tech.net for more information or visit www.BNIAustin.com.

FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber.com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@FourPointsChamber.com.

NETWORKING NORTHWEST AUSTIN

Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Cheddars HWY 183 and Anderson Mill Rd. Visit <http://www.meetup.com/NetWorking-NorthWest-Austin/>

STEINER RANCH MARKETERS MEETUP GROUP

Join other marketers who live in Steiner Ranch and work in online marketing, search engine optimization, affiliate marketing,

search engine marketing, social media optimization, social media marketing, pay-per-click advertising, email marketing, and other areas of Internet marketing. Informal get-togethers in the community to learn and share things, as well as make connections with others. The group is open to anybody who lives in Steiner Ranch and is interested in Internet marketing: entrepreneurs, freelancers, 9-to-5ers, business owners and aspiring marketers alike. More details at SteinerRanchMarketers.com

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Thursday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at Kellyconnor@austin.rr.com or 512-736-2495.5.

A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business. Come join us on Mondays from 11:30-1:00pm at Fore in Lakeway. Lunch is \$10 and visitors are welcome. Please feel free to contact Kimberly McLaughlin at kimberly@LaHaPro.com or visit www.BNIAustin.com for more information.



Frame Sale

20%-40% OFF ALL FRAMES!

Some of the many frame lines we carry are:

- Oliver Peoples • Tory Burch • Michael Kors • Maui Jim • Banana Republic
- ProDesign • Gucci • Oakley • Ray Ban • Silhouette • And more!

MARCH 1ST-31ST

 Bristol Family Eyecare

11500 Bee Caves Rd. Ste. 100
Austin, TX 78738

512. 263.EYES(3937) | BristolFamilyEyecare.com

Located 1 mi. east of Hwy 71 Preserve Shopping Center Next to Regions Bank

BUSINESS CLASSIFIEDS

JOE KASSON PAINTING - 512-312-1035: Residential Specialist since 1976. Interior and Exterior Painting. Carpentry and Siding. Quality Work Competitive Prices. Experienced Dependable Insured. Neighborhood References. Free Estimates. www.joekassonpainting.com.

CONNOR CLEANING SERVICES - Are you paying more than \$100 to have your house cleaned? 4200 sq. feet or less- you are paying too much! Call Connor Cleaning. Reliable. Dependable Service. Quality Work. Supplies furnished. Over 12 years in business. Affordably priced. Call 512-209-1141. Bonded. Call 221-3333 or visit www.chadoutdoors.com. Mention this ad to get 10% off!

HANDYMAN AND CONTRACTING SERVICES B and B General Contracting and Handiworks. Honest, Respectful, and Dependable. Let us take care of you! Over 30 years of experience. No job too big or small. 931.629.8468

LEGO RENTALS *All Themes* Best Lego Birthday Parties - 512-560-7722 *Austin* We Deliver - info@block-party-rentals.com - www.Block-Party-Rentals.com

SENIOR SERVICES Let us help you out in any way! Run errands, pick up groceries, dry cleaning, prescriptions, transportation, dog walking, lawn care, home maintenance, anything! 512-517-3284 or 512-614-1772

.....

Want to place an ad?

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Lakeway residents, limit 30 words, please e-mail to lakeway@peelinc.com.

Business classifieds (offering a service or product line for profit) are \$65, limit 40 words, please Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

NOT AVAILABLE
ONLINE

FREE KIDS PROGRAMS!

SPONSORED BY YOUTH2SENIORS (A 501(C)3 NON-PROFIT)

- Art Classes
- Giving Workshops (make a bear to donate to children in need)
- Monthly Events in Lakeway
- Open to everyone
- Meet local seniors
- Great for ages 4+ WWW.YOUTH2SENIORS.ORG



STEVE'S PLUMBING REPAIR

- water pressure problems
- sewer & drain service
- fiber optic drain line inspections
- free estimates
- satisfaction guaranteed

Steve Brougier
276-7476 · 2605 Buell Ave



Master
License:
M-39722



- Kids Stuff -

Section for Kids with news, puzzles, games and more!



Eleven-year-old Cait was trying to fall asleep when her 8-year-old brother, Doug, came into her room. He looked around a bit, but seemed really out of it. Then Doug went back into the hallway and stood there staring up at the hall light. Little brothers can be weird, but this was really strange. Cait didn't know what to do. Just then, Cait's father appeared and explained that Doug was sleepwalking.

WHAT IS SLEEPWALKING?

Not all sleep is the same every night. We experience some deep, quiet sleep and some active sleep, which is when dreams happen. You might think sleepwalking would happen during active sleep, but a person isn't physically active during active sleep. Sleepwalking usually happens in the first few hours of sleep in the stage called slow-wave or deep sleep. Not all sleepwalkers actually walk. Some simply sit up or stand in bed or act like they're awake (but dazed) when, in fact, they're asleep! Most, however, do get up and move around for a few seconds or for as long as half an hour.

Sleepwalkers' eyes are open, but they don't see the same way they do when they're awake and often think they're in different rooms of the house or different places altogether. Sleepwalkers tend to go back to bed on their own and they won't remember it in the morning. Researchers estimate that up to 15% of kids sleepwalk regularly. Sleepwalking may run in families and sometimes occurs when a person is sick, has a fever, is not getting enough sleep, or is stressed.

IS SLEEPWALKING A SERIOUS PROBLEM?

If sleepwalking occurs frequently, every night or so, it's a good idea for your mom or dad to take you to see your doctor. But occasional sleepwalking generally isn't something to worry about, although it may look funny or even scary for the people who see a sleepwalker in action. Although occasional sleepwalking isn't a big deal, it's important, of course, that the person is kept safe. Precautions should be taken so the person is less likely to fall down, run into something, or walk out the front door while sleepwalking.

WHAT WILL THE DOCTOR DO?

There's no cure for sleepwalking, but the doctor can talk to you about what's happening and try to find ways to help you sleep more soundly. Most kids just grow out of sleepwalking.

For kids who sleepwalk often, doctors may recommend a treatment called scheduled awakening. This disrupts the sleep cycle enough to help stop sleepwalking. In rare cases, a doctor may prescribe medication to help someone sleep.

HERE ARE SOME TIPS TO HELP PREVENT SLEEPWALKING:

- Relax at bedtime by listening to soft music or relaxation tapes.
- Have a regular sleep schedule and stick to it.
- Keep noise and lights to a minimum while you're trying to sleep.
- Avoid drinking a lot in the evening and be sure to go to the bathroom before going to bed. (A full bladder can contribute to sleepwalking.)

HOW DO I TAKE CARE OF A SLEEPWALKER?

One thing you can do to help is to clear rooms and hallways of furniture or obstacles a sleepwalker might encounter during the night. If there are stairs or dangerous areas, a grown-up should close doors and windows or install safety gates.

You also might have heard that sleepwalkers can get confused and scared if you startle them into being awake. That's true, so what do you do if you see someone sleepwalking? You should call for a grown-up who can gently steer the person back to bed. And once the sleepwalker is tucked back in bed, it's time for you to get some shut-eye, too!

Reviewed by: Larissa Hirsch, MD

Date reviewed: February 2008

Originally reviewed by: Michael H. Goodman, MD

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation

HOW ARE YOU?

90%.

NICE.
WHAT HAPPENS
IF YOU HIT 10%?

I NEVER HIT 10%.

WHY?

I'M CARED FOR.

HOW DOES THAT
MAKE YOU FEEL?

FEEL?
I'M A TANK.

SHARP
PROPANE.
THINK ABOUT PROPANE. ONCE.

1.800.932.4315
sharp propane.com



PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

LWY

Everything you need, when and where you need it.

**Lakeway Regional Medical Center is the Texas Hill Country's
healthcare destination. Our full-service hospital is staffed
entirely by board-certified physicians and is equipped with
the latest technology for your care and comfort.**



**Emergency
Department**



**Cardiac
Services**



**Women's
Services**



**Imaging &
Lab Services**



*Lakeway Regional
Medical Center*

Visit us at www.LakewayRegional.com or call 512-571-5000

100 Medical Parkway • Lakeway, TX 78738