

Willow Pointe Newsletter

March 2013 Volume 9, Number 3

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Official Publication of the Willow Pointe Homeowners Association, Inc.

PRESIDENT'S MESSAGE

By Scott Wara

ACC APPLICATIONS

Spring is here and it is time to begin those projects that have been sitting on the back burner. PLEASE...Before making ANY improvements / repairs or additions to the exterior of your home or landscaping, please visit the community website at www. willowpointe.org and download a copy of the ACC application. We shoot for 2 weeks, but please allow up to 30 days for review and approval. PLEASE do not build something just because you have read the guidelines and believe it is in compliance. The WORST part of this job can be telling someone to remove or modify an unapproved structure. One last time...PLEASE!!!

2013 POOL HOURS

Lots of changes are brewing at the pool...at least relating to the hours of operation. Firstly, thanks to the people who took the time to submit their opinions/views/feelings about the existing pool hours and what they would like to see in the future. As stated before, I have learned that people want the pool open when they want to swim. I get that. After getting the input from responding Homeowners, the idea of a having an un-guarded pool with a gate or key system was mentioned along with adding more early hours and more late hours. So, I took this info and combined it with the hourly usage stats provided by Greater Houston Pool Management (GHPM) to see what a better schedule might be.

Our past pool schedule was 12-8pm every day except Monday, when we were closed.

The usage stats from GHPM show the pool was used least (if

at all) on weekdays 12pm to 3pm, especially late in the summer, so we decided redistribute these hours to when people were most likely to swim by not opening the pool until 3pm. Doing this will also allow us also to...drum roll please...open on MONDAY as well.

On the weekends, we will open EARLIER than 12pm. On Saturday, we will open at 9am and on Sundays we will open at 11am. This will at least give early risers a couple of days to do some morning swimming.

As there was requests to stay open later, discussed moving the closing to 10pm, but that area the pool area has neighbors and the guards have lives away from the pool, so 9pm seemed a good compromise instead of our current 8pm. But, on any pool day where CFISD has school the next day, the pool will close at 8pm so the kids and guards can be rested for school the next day.

So the projected schedule will be as follows:

Saturday (9am – 9pm); Sunday (11am – 9pm*); Monday – Friday (3pm – 9pm). Holiday hours will be in effect on the following days: Memorial Day, May 27th (9am – 8pm), July 4th and July 5th (9am – 9pm), Labor Day, September 2nd (9am – 8pm). * The pool will close at 8pm on any day preceding a CFISD School Day.

I will provide a formalized schedule once the final contract has been signed with the pool management company. Hopefully, this schedule will benefit most people and we can review our usage for 2013 and tweak the hours as needed for 2014.

IMPORTANT NUMBERS

| Emergency | 911 | |
|---|--------------|--|
| Sheriff's Department | 713-221-6000 | |
| Sheriff's Department (Business) | 281-290-2100 | |
| Fire Department (Non-Emergency) | 713-466-6161 | |
| Vacation Watch | 281-290-2100 | |
| Poison Control Center | 800-222-1222 | |
| Animal Control | 281-999-3191 | |
| Commissioner, Precinct 4 | 281-353-8424 | |
| Willow Place Post Office | 281-890-2392 | |
| Entex Gas | 713-659-2111 | |
| Centerpoint Energy (Power Outages Only) | 713-207-2222 | |
| Allied Waste Customer Service - | | |
| Garbage & Recycle | 713-635-6666 | |
| Recycle/Hazardous Waste Disposal | 281-560-6200 | |
| West Harris County MUD | 281-807-9500 | |
| Jane Godwin @ Randall Management, Inc | | |
| Voice Mail nights or week-ends713-728-1126 ext 11 | | |
| jgodwin@randallmanagement.com | | |
| Newsletter Publisher | | |
| Peel, Incadvertising@PEELinc.com | | |
| 888-687-6444 | | |

HOMEOWNERS ASSOC.

BOARD OF DIRECTORS

| President | Scott Ward | 2011 - 2014 |
|----------------|----------------|-------------|
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Please contact us at wphoa.board@willowpointe.org if you have questions, comments or concerns.

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Please support the businesses that advertise in the Willow Pointe Newsletter. Their advertising dollars make it possible for all Willow Pointe residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the community newsletter by advertising, please contact our sales office at 888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of each month for the following month's newsletter.

Annual Assessment Reminder

All homeowners should have paid their Annual Assessment at this time. All Assessments were delinquent after January 31st. All delinquent Homeowners will receive a notice requesting payment. An interest charge of ten percent (10%) will be posted to the Homeowners account, together with a \$35 administrative charge for the late letter, and an administrative fee of \$30 per month for each month the account remains unpaid.

As always, all Homeowners may request to setup a payment plan by contacting Randall Management and pay the assessment over a period of three months.

Bashans Painting & Home Repair

Commercial/Residential Free Estimates





- Interior & Exterior Painting
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- · Sheetrock Repair
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- Cabinet Painting
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- · Pressure Washing
- · Fence Repair/Replacement

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- · Custom Staining
- · Roofing
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- · Faux Painting
- · Door Refinishing
- · Window Installation
- · Trash Removal
- Ceiling Fan/Light Fixtures

References Available • Fully Insured NO PAYMENT UNTIL COMPLETION

bashanspainting@earthlink.net

Willow Pointe HOA, INC

BALANCE SHEET - DECEMBER 31, 2012 **ASSETS**

Checking Comm Assoc Banc \$ 150,349.55

RESERVES

Comm Assoc Banc \$ 120,354.93 M.Stanley/S. Barney \$146,150.13

\$266,505.06 **Total Reserves**

ACCOUNTS RECEIVABLE

2010 Owner Assessments \$ 1,773.19 \$ 2,688.00 2011 Owner Assessments 2012 Owner Assessments \$ 7,250.48 2013 Owner Assessments \$ 63,466.35 A/R Collection Fees \$ 8,884.60 A/R Lawn Fees 235.00 A/R Late charges \$ 954.49 \$ 6,870.33 A/R Legal fees A/R Opening Balance \$ 19,391.50

\$ 111,423.94

Total Assets \$528,278.55 Pre-paid insurance \$ 4,286.52 Total other assets \$ 4,286.52

Total Assets \$532,565.07

LIABILITIES AND MEMBER'S EQUITY

CURRENT LIABILITIES

Prepaid-HOA Fees 593.64 Total Liabilities 593.64

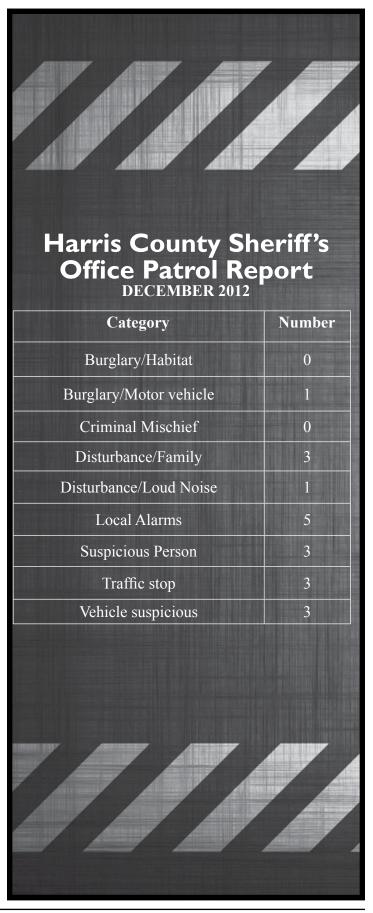
RESERVES

Beginning balance \$ 240,185.79 2013 Reserves \$ 26,304.00 Interest Income 15.27 Total Reserves \$240,278.27

MEMBER CAPITAL

Prior Years equity \$ 76,307.28 Accrual basis equity \$ 110,830.30 Total homeowners capital \$ 181,137.58 YTD excess/deficit \$ 78,328.79 Total member's equity \$ 265,466.37

Total Liabilities & Member's Equity \$ 532,565.07



Willow Pointe

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Willow Pointe COMMUNITY CALENDAR

March 2013

MARCH 4

Landscape Committee Meeting @ 6:30 pm

MARCH 9

Walk the bayou and pick up track — meet Paul @ the Willow Crossing Bridge at 8 am

MARCH 10

Daylight Savings Time (Spring Forward)

MARCH 11-15

CFISD Holiday

MARCH 17

St. Patrick's Day

MARCH 29

Good Friday CFISD Holiday

MARCH 31

Easter

All meetings are held in the pool meeting room. All Homeowners are welcome to attend any of the above meetings. Please call Randall Management to be placed on the agenda if you would like to address the Board at the meeting.

MUD Meeting Information – The normal date/time is 11:30 am the first Thursday of the month at the offices of Attorneys Young and Brooks.

The address is 10000 Memorial Drive, Suite 260.







A Focus on Healthy Snack Ideas

By: Concentra Urgent Care

March is National Nutrition Month. Celebrate by trying out some of these healthy snack ideas:

- Whole grain bagel with melted low fat or non-fat cheese
- Baked tortilla chips and salsa
- Cereal (preferably whole-grain) and low-fat or fat free milk
- Homemade trail mix of wheat or bran Chex or cheerios, pretzels, raisins, and nuts
- Whole wheat toast with butter or margarine and jam
- Baby carrots, broccoli, cauliflower, or celery and yogurt-based dip
- Fruit, including fresh, frozen, canned, or ready-to-eat fruit, such as apples peeled and sliced, oranges cut into sections, cantaloupe and pineapple in bite-sized cubes, or fruit salad
- Fruit shake or smoothie made with frozen fruit and a cup of fat free or low-fat milk or yogurt
- Vegetable soup
- Bean burritos or burrito bites containing canned, fat-free refried beans, low-fat cheese, and salsa on a tortilla – roll up and cut into bite-sized pieces
- Tortilla roll-ups: spread chicken breast strips, salsa, and lettuce on a tortilla. Roll up and cut into bite-sized pieces. Or, leave out the tortilla and roll up the chicken and salsa in the lettuce
- Yogurt, alone, or as a dip or topping for fresh fruit
- Layer fruit, yogurt and grape-nuts in a glass for a parfait
- Nuts
- Peanut butter on graham crackers
- Peanut butter on sliced apple or celery
- Milkshake made with nonfat or low-fat frozen yogurt
- Sugar-free pudding or Jello cup
- Oatmeal raisin or peanut butter cookies and fat free or low-fat milk
- Zucchini or pumpkin bread
- Low fat Cottage cheese and fruit
- Turkey sandwich on wheat bread
- Granola or cereal bar



For more information about healthy snacks and diets, contact your health care provider, your Concentra health specialist, or visit the Department of Health and Human Services at: http://www.health.gov/dietaryguidelines/dga2005/recommendations.htm



Kids Stuff-

Section for Kids with news, puzzles, games and more!



Eleven-year-old Cait was trying to fall asleep when her 8-year-old brother, Doug, came into her room. He looked around a bit, but seemed really out of it. Then Doug went back into the hallway and stood there staring up at the hall light. Little brothers can be weird, but this was really strange. Cait didn't know what to do. Just then, Cait's father appeared and explained that Doug was sleepwalking.

WHAT IS SLEEPWALKING?

Not all sleep is the same every night. We experience some deep, quiet sleep and some active sleep, which is when dreams happen. You might think sleepwalking would happen during active sleep, but a person isn't physically active during active sleep. Sleepwalking usually happens in the first few hours of sleep in the stage called slow-wave or deep sleep. Not all sleepwalkers actually walk. Some simply sit up or stand in bed or act like they're awake (but dazed) when, in fact, they're asleep! Most, however, do get up and move around for a few seconds or for as long as half an hour.

Sleepwalkers' eyes are open, but they don't see the same way they do when they're awake and often think they're in different rooms of the house or different places altogether. Sleepwalkers tend to go back to bed on their own and they won't remember it in the morning. Researchers estimate that up to 15% of kids sleepwalk regularly. Sleepwalking may run in families and sometimes occurs when a person is sick, has a fever, is not getting enough sleep, or is stressed.

IS SLEEPWALKING A SERIOUS PROBLEM?

If sleepwalking occurs frequently, every night or so, it's a good idea for your mom or dad to take you to see your doctor. But occasional sleepwalking generally isn't something to worry about, although it may look funny or even scary for the people who see a sleepwalker in action. Although occasional sleepwalking isn't a big deal, it's important, of course, that the person is kept safe. Precautions should be taken so the person is less likely to fall down, run into something, or walk out the front door while sleepwalking.

WHAT WILL THE DOCTOR DO?

There's no cure for sleepwalking, but the doctor can talk to you about what's happening and try to find ways to help you sleep more soundly. Most kids just grow out of sleepwalking.

For kids who sleepwalk often, doctors may recommend a treatment called scheduled awakening. This disrupts the sleep cycle enough to help stop sleepwalking. In rare cases, a doctor may prescribe medication to help someone sleep.

HERE ARE SOME TIPS TO HELP PREVENT SLEEPWALKING:

- Relax at bedtime by listening to soft music or relaxation tapes.
- Have a regular sleep schedule and stick to it.
- Keep noise and lights to a minimum while you're trying to sleep.
- Avoid drinking a lot in the evening and be sure to go to the bathroom before going to bed. (A full bladder can contribute to sleepwalking.)

HOW DO I TAKE CARE OF A SLEEPWALKER?

One thing you can do to help is to clear rooms and hallways of furniture or obstacles a sleepwalker might encounter during the night. If there are stairs or dangerous areas, a grown-up should close doors and windows or install safety gates.

You also might have heard that sleepwalkers can get confused and scared if you startle them into being awake. That's true, so what do you do if you see someone sleepwalking? You should call for a grown-up who can gently steer the person back to bed. And once the sleepwalker is tucked back in bed, it's time for you to get some shut-eye, too!

Reviewed by: Larissa Hirsch, MD Date reviewed: February 2008 Originally reviewed by: Michael H. Goodman, MD

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