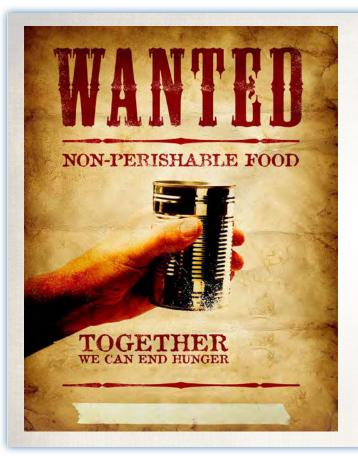
Volume 13, Issue 3
Wortham Villages March 2012 www.worthamweb.org



Annual Wortham Food Drive!

It's that time again for our annual Wortham food drive! The food collected will be given to CAM (Cypress Assistance Ministries) to assist those in need. This food drive is a combined event with the Food Fast at Christ The Redeemer Catholic Church.

This service opportunity permits the youth of CTR to assist in distributing the bags & flyers, collecting the food, and restocking the food pantry at CAM.

A bag will be delivered to your door between March 15-18th. Please fill it with any can goods, non-perishable food items or toiletry items.

The youth of CTR will collect the bags between the hours of 8:30am-10:30am on Saturday, 3/23/13.

Thanks in advance for your donation. It is greatly appreciated!



IMPORTANT NUMBERS

MANAGEMENT
Crest Management
Heather Esteban (Manager)heather.esteban@crest-management.com
Robin Motley (Accounting)Ext. 24
Fax number
BOARD MEMBERS
Stan Schoensschoen@worthamweb.org
Jonathan Armstrongjarmstong@worthamweb.org
Steve Carterscarter@worthamweb.org
Rick Andersonranderson@worthamweb.org
Rebecca McShane rmcshane@worthamweb.org
COMMITTEE CHAIRPERSONS
Architectural Control - Crest Management281-579-0761
Clubhouse - Linda Carter
fourles@comcast.net
Directory - Mindy Armstrong281-970-2187
Info. Signs -
Angie Haine angiehaine@yahoo.com, 281-890-0186
Park Committee - Martin Maynemartin@mayne.us, 281-955-2240
Recreational Facilities Committee - Rick Anderson, 281-890-4878
Sports Fields Reservations - Myra Edwards
Social - Rebecca Shane
Tennis Committee - Dorota Jankovsky281-955-9626
Neighborhood Watch Committee Co Chairs
Shawn Lacagnina, shawnlacagnina@gmail.com, 281-235-5830
Herman de Hoop, dehoophr@icloud.com, 281-894-0212
EMERGENCY NUMBERS
Life Threatening Emergency
Fire
Sheriff's Department
Poison Control
NON-EMERGENCY NUMBERS
Ambulance
Cy-Fair Med. Clinic (24 hr)281-890-5285
Sheriff's Department
Harris County Health Dept713-440-4800 or 3036
Animal Control
FBI
Gas - Entex713-659-2111 WATER & SEWER - MUD 222 (Municipal Operations)
Service & Billing281-367-5511
Telephone - Southwestern Bell713-237-6202
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Garbage & Recycling (Republic Waste)281-446-2030
NOTE: If you have complaints about garbage service, after you call
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FALSE ALARM FEES ARE CHANGING IN HARRIS COUNTY'S UNINCORPORATED AREAS



(HOUSTON TX) The Harris County Sheriff's Office dispatches deputies to investigate residential and commercial alarms about 100,000 times a year. About 99 percent are found to be false alarms, squandering crime-fighting resources in the unincorporated areas, where 1.5 million people live.

Until now, a false alarm fee was assessed every time a property generated more than five false alarms per calendar year. But now the fee, \$75, will be assessed every time a property generates more than three false alarms in a calendar year.

Harris County Commissioners Court approved the change today along with other updates to regulations enforced by the Sheriff's Office on burglary alarms, panic alarms, and other types of alarms. Permit requirements will now apply to fire alarms as well.

The changes are designed to reduce the number of false alarms and to encourage property owners to obtain permits for their alarm systems, Sheriff Adrian Garcia said.

The initial fee for an alarm permit is \$35. Annual renewals are \$10 each. (In many cases, companies that provide alarm monitoring services obtain permits on behalf of their customers). There is no fee for permit holders 65 years of age or older. The fee for reinstatement of a suspended or expired permit is \$50.

All fee payments go into the county government's general operating fund.

Owners of alarm systems that have no permit may be issued a misdemeanor citation that could result in fines up to \$500 in justice of the peace court. In 2011, the most recent year for which statistics are available, the Sheriff's Office issued about 1,300 citations for unregistered alarms.

The permit form can be found at http://hcsowebtest01/hcsoexternalweb/documents/Alarm%20System%20Permit%20Application%20Jan2010.pdf





BETWEEN THE LANE LINES:

Where community, cooperation and competition (and friends) meet By Jonathan Armstrong



The Wortham Whitesharks website welcomes visitors to the team with the phrase "where community, cooperation and competition meet". This statement is very true. The Whitesharks are truly a great part of our community, we work together as a team, and we learn about competition and setting goals. What's missing, though admittedly implied, is that the Whitesharks Swim Team is also place for friends to meet. It is part of the FUN we all have on swim team, making new friends, and spending time with old ones. It is one of the greatest draws of swimmers to the team. I can't tell you the number of times that someone has told me they did not feel they were a complete part of our community until they joined the Whitesharks. Lifelong friends have been made through the Whitesharks, even friends that vacation together.

This year however, a Whiteshark friendship will go to a new level, to a Whiteshark marriage! Whiteshark greats Catherine Armstrong and Joseph Terry met in 1997 when they were 15 and 16 years old. After many years of friendship, dating, not dating, and dating again, the two decided to pull the trigger and get married (finally!). I have been to a few Whiteshark weddings before (always an honor), but this will be the first whose relationship started with the Whitesharks. How cool is that! And yes, in case you were wondering, Catherine is my sister. Many of the long time families in Wortham will also recognize Joe Terry, one of the original Whitesharks from 1995. Both of these 'kids' are very special to me, as are all of my swimmers, but I hope you will forgive me if I have extra sentimentality with these two.

OK, so I can't promise that you or your child will necessarily find a soul mate on the Whitesharks, but I can promise you this, you will find friends that you will cherish forever. I know I have. Come join us! Online registration starts March 18 at www.worthamwhitesharks. com. If you have any questions, come visit us at the clubhouse on March 23 for "Meet the Coaches". I look forward to seeing you.

Wortham Whiteshark Swim Team Registration www.worthamwhitesharks.com Meet the Coaches March 23, 2-4 PM at the clubhouse

NORTH! SOUTH! EAST! WEST! Wortham Whitesharks are the Best!

BICYCLING WITH TEAM AUDREY'S HEROES

in support of the MS Society

–by Herman de Hoop



Why I'm Moving Forward

Multiple sclerosis is a progressive neurological disease that affects people in many different ways. It could be paralysis one day, loss of vision the next or impaired memory the day after that. Living with MS means living with uncertainty.

When it comes to MS, only two things are certain:

- Another American is newly diagnosed with MS every hour of every day.
- Many people are joining the movement toward a world free of MS! including me.

Why I Ride

I've registered for BP MS 150 to fulfill a personal challenge, and to help the National MS Society fund research, advocate for change, and help people with MS and their families lead powerful lives. This year I am fortunate enough to ride on a Team Audrey's Heroes. Audrey, who suffers from MS, is a very brave young mother, who has become a visible and eloquent spokesman for the MS150. Some days you see her vibrant, other days, she has to walk with assistance. She reminds me daily of why it is so important to help the MS Society. I believe in the work they do and want to be an active part of it. I know I can count on your help.

Let's Move Forward Together

The Society organizes 100 rides nationwide. The funds they raise fuel research aimed at treating and eventually curing MS; they also provide crucial services for persons living with MS.

I'm helping the National MS Society move forward toward a world without MS and making a difference in the lives of 400,000 Americans with multiple sclerosis.

Please join me! http://main.nationalmssociety.org/goto/hdehoop

CROSSWORD PUZZLE

1	2	3	4			5	6	7	8
9		+	+		10		+	\dagger	
11					12				
13	+			14			15		
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21				22	\top		23	24	25
26			27			28			
29						30			
31		\dagger	\dagger			32	\top		

ACROSS

- 1. Tails
- 5. Tableland
- 9. Billy or nanny
- 10. Expressing dislike word
- 11. Capital of Norway
- 12. Dote
- 13. Eludes
- 15. Beverage
- 16. Crime
- 18. Cravon name
- 21. Cause of sickness
- 22. Merchant
- 26. Arc
- 28. Dwell
- 29. Ballerina skirts
- 30. Among
- 31. Dueling sword
- 32. Fly alone

DOWN

- 1. Id's counterparts
- 2. Eat
- 3. Painter of melting clocks
- 4. Breezy
- 5. Soil
- 6. Show emotions
- 7. Lark
- 8. In the lead
- 10. Fuss 14. Booths
- 17. City
- 18. Social position
- 19. Shred (2 wds.)
- 20. Having wings
- 23. Fancy car
- 24. Vile
- 25. Do it again
- 27. Regret

View answers online at www.peelinc.com

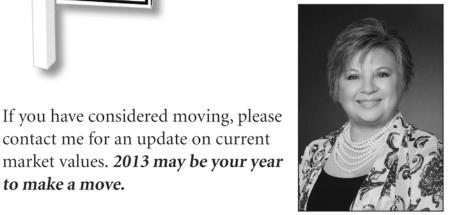
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to make a move.

Wortham Articles

Please submit your articles, neighborhood news items, birthday announcements by the 10th of the month to get in the next month's newsletter.

Email to Hdehoop@worthamweb.org



2013 Relay for Life Cy-Fair Friday, April 26, 2013 | 7 p.m.

Friday, April 26, 2013 | 7 p.m. Cy Falls High School | 9811 Huffmeister Road, Houston

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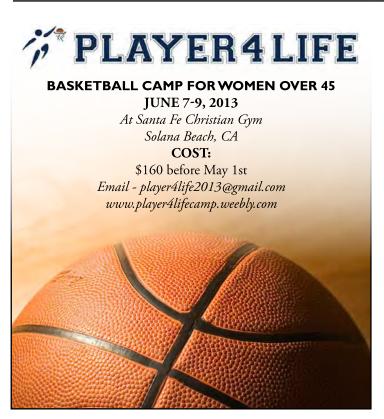
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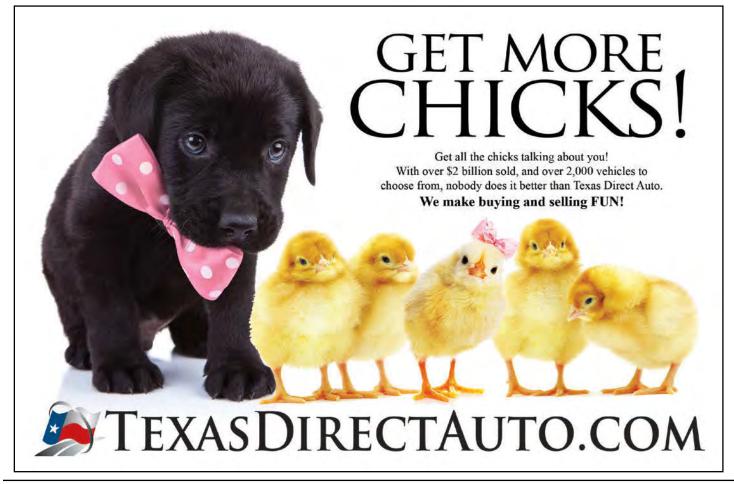
<u>Wortham Villages</u>



Looking for Volunteers! High School Students from 60 countries are arriving to our

area this coming august and I am looking for volunteers to host them. You need to provide a bed and meals for the student. They have their own spending money and are fully insured. If you are interested in volunteering and making a dream of a teen come





NEIGHBORHOOD WATCH Committee Block Captains

Apple Forest	Monica Schreiber 281-435-9409
Aspen Bough	Bruckner, Eric &Marie 281-890-8667
Azalea Creek	David & Evelyn White713-253-9281
Birch Falls	Carter, Linda281-894-5821
Brook Mill	Young, Deanna281-890-0598
Carriage Lake	Boushley,Connie 281-890-3499
Carriage Lake	Meinecke, Betty-J 281-890-4329
Chestnut Woods	Hutchinson, Mark & Jan 28I-894-8410
Chestnut Woods	Claiborne, Ed & Pam 281-469-7646
Dawn Point & Elm Bough	Ramos, Angelina281-970-8545
Dogwood Blossom	Sanchez, Brice281-894-0890
Dogwood Blossom	Johnson, Jean &Lonnie 281-300-8282
Dogwood Blossom	Lacagnina, Shawn & Kim281-970-7604
Elm Bridge Court	Henkhaus, Kim281-469-7105
Fern Vale	Lawrence, Jeremy & Amy713-859-2785
Harvest Dale	Welch, Terri281-890-4061
Harvest Dale	Franklin, Vernetta281-807-3834
Hickory Tree	Pickens, Cindy281-894-0444
Hillside Glen	Smet, Guido & Shelia 281-970-4766
Hillside Glen (North)	Need Block Captain!!
Lark Brook	Thomas, Barbara281-897-1191
Lark Brook	Lara, Peggy281-970-4052
Magnolia Leaf	MacDonald, Lori281-469-0874
Magnolia Leaf	Canterbury,Eloise 281-894-8424
Orchard Hollow & Town Elm	Dineen, Mike281-894-6256
Orchard Hollow	Tolbert, Toney & Shirley 281-894-0085
Plum Vale	Kelley, Dale281-469-1371
Reedwood Ridge	Crawford, Tracy281-650-3266
Reedwood Ridge	McGlamory,Kay281-955-2107
Shady Fern	Thornton, Carolyn281-807-1816
Spruce Knoll	Meyer, Bob281-469-3740
Sycamore Heights	Sommer, Donna832-237-4684
Timberland Trace	Peterson, Sandra 281-897-9875
Tulip Garden	Need Block Captain!
Tulip Garden	Jones, David & Jill 281-955-8972
Tulip Garden	Chisari, Paul281-894-7053
Walnut Lake	Heafner, Cissy281-477-9553
Wortham Blvd	Need Block Captain!281-517-0191
Wortham Blvd	Culp, Susan281-300-2411

WORTHAM VILLAGES BOARD MEETINGS

Wortham Villages Board meetings are open to all homeowners. Monthly board meetings are generally held the third Wednesday of each month from 11:30 am to 1:00 pm at the offices of Crest Management (17171 Park Row, Suite 310, Houston, Texas 77084), but may be changed for various reasons, including due to scheduling conflicts. For an accurate notification of board meetings, dates and times please visit Crest Management's website www.crestmanagement.com, then click on communities, then scroll down to Wortham Villages and click on it. There is box for you to put your email address that will notify you when the board is going to meet. The board does meet on a regular basis, although do cancel occasionally if the board cannot obtain a quorum. If you are interested in attending a board meeting, we do ask that you contact Crest Management beforehand so time can be scheduled and set aside during the meeting to address your comments or request.

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NEIGHBORHOOD WATCH CORNER

There have been only a few reports of incidents in the neighborhood. One, happened over the holidays on Hillside Glen, where a neighbor had a package, left on the doorstep by UPS, broken into.

Another incident is an ongoing complaint of fourwheelers/motorcycles racing in the bayou (and the detention ponds on Fallbrook. This is not a new problem , but appears to be on the rise again. Stopping this has not been easy. Deputies do patrol the bayou and the MUD is monitoring this problem as well.

Our first block captain meeting for 2013 will be in the clubhouse at 7-8pm on Monday, March 4. We would like to urge more neighbors to become block captains. Duties are light. Attend a few meetings a year, talk/email with your neighbors and help out with National Night Out. Block captains serve as eyes and ears for their street. It is a great way to meet your neighbors and be informed about what is going on in Wortham.

Parking in the yard. There have been complaints about people parking their cars over the curb on the grass. The MUD has asked deputies to put a warning on those vehicles and ticket repeat offenders.

Herman and Shawn

Harris County Sheriff's non-emergency number - 713 221 6000. Use 911 if you see suspicious activity or cannot get through on the general number.

Vacation Watch (Sheriff) - 281 290 2100

Emergency – 911

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NEED TO USE THE BASEBALL OR SOCCER FIELD IN THE DETENTION POND? NEED THE PAVILION FOR A PARTY?

Make a reservation so you can be sure it's available! The calendar is online at http://my.calendars.net/worthamvillages. Once you check to see if the date is available, send me an email at park@mayne.us and I'll get you on the calendar too!

Ladies Tennis

The ladies tennis team is looking to add new players to our roster for the upcoming spring season. We are members of the Texas Jackrabbit League, a recreational ladies league which plays on Friday mornings. The new season will begin in mid-February and go through mid-May. If you are a B-1 level player or higher (USTA 3.5), and looking for a team, please join us! You may contact Cathy Otto for more information at 281-807-1796.

Also, this year is the 10th anniversary of the team's formation, so Happy Birthday to us!

NEIGHBORHOOD WATCH CORNER



WISH YOU A GREAT 2013!!!! HERMAN AND SHAWN

- Harris County Sheriff's non-emergency number 713 221 6000.
- Use 911 if you see suspicious activity or cannot get through on the general number.
- Vacation Watch (Sheriff) 281 290 2100
- Emergency 911
- iWatch app for smartphone

- Kids Stuff-

Section for Kids with news, puzzles, games and more!



Eleven-year-old Cait was trying to fall asleep when her 8-year-old brother, Doug, came into her room. He looked around a bit, but seemed really out of it. Then Doug went back into the hallway and stood there staring up at the hall light. Little brothers can be weird, but this was really strange. Cait didn't know what to do. Just then, Cait's father appeared and explained that Doug was sleepwalking.

WHAT IS SLEEPWALKING?

Not all sleep is the same every night. We experience some deep, quiet sleep and some active sleep, which is when dreams happen. You might think sleepwalking would happen during active sleep, but a person isn't physically active during active sleep. Sleepwalking usually happens in the first few hours of sleep in the stage called slow-wave or deep sleep. Not all sleepwalkers actually walk. Some simply sit up or stand in bed or act like they're awake (but dazed) when, in fact, they're asleep! Most, however, do get up and move around for a few seconds or for as long as half an hour.

Sleepwalkers' eyes are open, but they don't see the same way they do when they're awake and often think they're in different rooms of the house or different places altogether. Sleepwalkers tend to go back to bed on their own and they won't remember it in the morning. Researchers estimate that up to 15% of kids sleepwalk regularly. Sleepwalking may run in families and sometimes occurs when a person is sick, has a fever, is not getting enough sleep, or is stressed.

IS SLEEPWALKING A SERIOUS PROBLEM?

If sleepwalking occurs frequently, every night or so, it's a good idea for your mom or dad to take you to see your doctor. But occasional sleepwalking generally isn't something to worry about, although it may look funny or even scary for the people who see a sleepwalker in action. Although occasional sleepwalking isn't a big deal, it's important, of course, that the person is kept safe. Precautions should be taken so the person is less likely to fall down, run into something, or walk out the front door while sleepwalking.

WHAT WILL THE DOCTOR DO?

There's no cure for sleepwalking, but the doctor can talk to you about what's happening and try to find ways to help you sleep more soundly. Most kids just grow out of sleepwalking.

For kids who sleepwalk often, doctors may recommend a treatment called scheduled awakening. This disrupts the sleep cycle enough to help stop sleepwalking. In rare cases, a doctor may prescribe medication to help someone sleep.

HERE ARE SOME TIPS TO HELP PREVENT SLEEPWALKING:

- Relax at bedtime by listening to soft music or relaxation tapes.
- Have a regular sleep schedule and stick to it.
- Keep noise and lights to a minimum while you're trying to sleep.
- Avoid drinking a lot in the evening and be sure to go to the bathroom before going to bed. (A full bladder can contribute to sleepwalking.)

HOW DO I TAKE CARE OF A SLEEPWALKER?

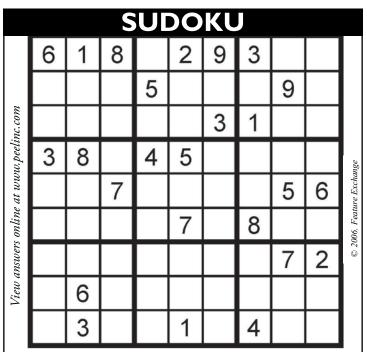
One thing you can do to help is to clear rooms and hallways of furniture or obstacles a sleepwalker might encounter during the night. If there are stairs or dangerous areas, a grown-up should close doors and windows or install safety gates.

You also might have heard that sleepwalkers can get confused and scared if you startle them into being awake. That's true, so what do you do if you see someone sleepwalking? You should call for a grown-up who can gently steer the person back to bed. And once the sleepwalker is tucked back in bed, it's time for you to get some shut-eye, too!

Reviewed by: Larissa Hirsch, MD Date reviewed: February 2008 Originally reviewed by: Michael H. Goodman, MD

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation

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