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ARTICLE INFO

The Bee Cave Messenger is mailed monthly to all Bee Cave area residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the Bee Cave Messenger please email it to <u>beecave@peelinc.com</u>. The deadline is the 15th of the month prior to the issue.



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	011
EMERGENCY	
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Police Department	
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Lake Travis Middle School	
Lake Travis Elementary	
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Lakeway Elementary	
Serene Hills Elementary	
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Lake Travis Postal Office	
City of Bee Cavewww	
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COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Bee Cave Messenger. Our deadine for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to beecave@peelinc.com. Portrait (vertical) photos work best.

To view other photos submitted please visit www.PEELinc. com/BeeCave, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Bee Cave Messenger or other Peel, Inc. publications.

Call 512-263-9181 to find out how to have your business featured on the cover of the Bee Cave Messenger.



WATER SAFETY TIPS AT WWW.COLINSHOPE.ORG



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Ongoing: Volunteers needed to stuff and distribute water safey packets info@colinshope.org
Ongoing: Colin's Hope Athlete Ambassadors needed! http://www.tinych.org/signup
Now-June 18: Discount Schlitterbahn Tickets for sale. http://www.tinych.org/tickets
May 18: Colin's Hope Got2Swim Pure Austin Quarry Lake. http://www.tinych.org/QuarryLake





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Around Bee Cave

Michelle Bliss

Hello Bee Cave Residents!

I am a 15 year resident and I am excited about serving our community in a new capacity. I have been a Planning and Zoning Commissioner for the last 5 years and look forward to applying that experience, my ideas, and energy to the council. I will represent the residents by



ensuring we manage growth properly and I would really appreciate your vote on May 11!

About Michelle...

- Chair of Planning and Zoning (5 years on P&Z)
- Served on the commission to draft the new city charter
- Mom to Twin 11 Year old boys in LTISD schools and sports
- Lake Pointe Elementary mascot
- Graduate of Clemson University with a BS in Business
- Michelle's Beliefs.....
- Will work for a better balance of housing by reducing the percentage of multi-family
- Will consider traffic impact closely in future development
- Believes in following our comprehensive plan
- Will foster the relationship between the city and our schools
- Will represent all of our city in each decision I make

Bill Goodwin

Bill Goodwin is seeking re-election. No photo provided.

Kara King Life is all about balance. So is

Life is all about balance. So is government.

My ultimate desire is for Bee Cave to become a town with character, identity and synergy. I also want to see the town's history and past standards incorporated into it's future. Knowing growth is coming our way we need to make sure it



is done in a responsible manner, without thwarting the small town atmosphere that brought us here. With the Comprehensive Plan as a guide, we can help Bee Cave keep its authenticity and Hill Country heritage.

I have a lot of experience building community, as I have spent countless hours volunteering and leading organizations that help bring our residents together. I believe in becoming a part of a community, in giving back and in the value of service.

I want to be accessible for every resident, talk with anyone who cares to share an opinion, a concern or just has a question. As the growth heads our way, I don't want to lose our personal touch.

2013 ELECTION Bee Cave City Council

Paul Kline

Like most residents, I have been content to let other people do the work of city government here in Bee Cave. I readily admit that when we bought our house in Falconhead West, we didn't investigate all the zoning around our neighborhood. Like most people, I assumed things were being taken care



of. We learned the hard way about the "ETJ" and what it means to have no zoning restrictions on land right next to a family subdivision. I was a strong proponent of Home Rule, despite some resistance from the City Council, and I served on the Charter Commission. My biggest disappointment, however, was finding out that, based on our population size, we could have moved to Home Rule a year ago. At least some of the problems we face today could have been avoided. What was missing? Proactive leadership. We need more people on our City Council who are concerned about the entire area, not just their neighborhood, and have the ability to get in front of problems, not wait until the worst has been done. We are less a city than a collection of disparate neighborhoods. I've heard a resident of the Uplands comment that they aren't concerned about commercial development near Falconhead West since they have HEB close to them. I've heard someone from my own neighborhood say that they thought the Field of Dreams land would be a good location for a car dealership. Too many of our residents are only concerned about their own neighborhood and not the city as a whole. I am as concerned about what happens to the Field of Dreams land as I am concerned about what gets built right next to my neighborhood because it all impacts our community. I am concerned about how many apartments are being built in our city, even though none of them are being built near my house. My wife, Jenny, and I have six kids and we want them to grow up in a great community.

I received my MBA from the University of Michigan almost 20 years ago and have since worked for several Fortune 500 companies. I have managed teams of hundreds of people and multi-million dollar budgets. I know how to get ahead of problems. We have some serious issues now and they will only get worse. Bee Cave will continue to grow. We can be proactive and protect the beauty of this area or we can be reactive and let that growth overwhelm us. I can leverage my experience to help get on the right path for our entire community.

2013 ELECTION Bee Cave City Council

Jack McCod

I find small city politics extremely interesting. Four years ago, when I first ran for city council there were 5 candidates running for three positions with 1 incumbent. There were no elections for the next three years as they were uncontested. This year, we once again have a field of 6 people running



for 3 positions. It is my hope this means more people are sincerely interested in all aspects of governing the city.

I moved to Bee Cave 13 years ago from New Hampshire after a 30 year career in operations management. Ten years ago I started in real estate and now run my own brokerage. I have been involved with the Bee Cave city government for the past 11 years: 7 as P&Z Commissioner and 4 as City Council member. Serving on city council for me has been and is a privilege and an honor.

If reelected one of my foci will be holding new development to the bounds of the city's comprehensive plan and ordinances. Another will be to see the land we currently lease for primitive park land become permanent city primitive park. If Bee Cave becomes a Home Rule City, I will work to use new powers to annex areas of the ETJ where the city could be at risk of having unwanted land use. I run for reelection not to represent any particular neighborhood or interest group. I run for reelection to represent all the citizens of Bee Cave.

Chad Wilhanks

Chad has been a resident of Bee Cave for over 10 years. This is the place he chose to start a business and raise a family. His company - The Wilbanks Group - provides public affairs strategy for business and politics. He and his wife - Rachelle - have three children attending school at the exemplary Lake Travis ISD.



Active in his community, Chad took on an active role as a youth sports coach with the Lake Travis Youth Association believing that a positive and safe sports environment for children is one of the greatest tools to help youth develop positive character traits and values. He was eventually selected by his peers to serve as President of the Lake Travis Youth Association overseeing a \$1.7 million budget.

Chad was also asked to serve on the Lake Travis ISD Leadership Program at the request of the school district's superintendant. He is also a graduate of Leadership Lake Travis.

Earlier this year, Chad was recognized for his community involvement by the Lake Travis Chamber of Commerce for his commitment to youth sports, local businesses and Lake Travis ISD.

Chad is running for Bee Cave City Council because he believes he cares deeply about the history of Bee Cave, but also its promising future knowing we must first champion families and small business in our fast growing community.

His campaign platform is simple: (1) Improve our parks and expand our hike/bike trails; (2) Invest to strengthen neighborhoods; (3) Keep taxes low, and; (4) Enforce zoning ordinances to keep Bee Cave unique.

Chad is also proud to the have the endorsement of Bee Cave City Councilman Bob Dorsett who stated, "Chad is the right kind of leader we need on the council."



Chris Beltran

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Around Bee Cave

"Dive Into Summer - Read!" at Bee Cave Public Library

Bee Cave Public Library invites everyone to "Dive into Summer—Read!" The eighth annual Summer Reading Program will kick off on June 1st when everyone is encouraged to read just for fun. Young readers are invited to keep a log of the minutes spent reading, and turn them in to earn fun prizes like beach balls and squirt guns. Children who read at least 400 minutes will have their photo taken for a personalized poster that will hang on the library wall throughout the summer. "We started making the personal posters of our top readers in 2006, to give the kids a little extra incentive to read. It was so popular we've continued it ever since," commented Library Director Barbara Hathaway. "The kids get so excited to see their picture up on the wall. Pretty soon they're dragging grandma and aunts and uncles into the library to show them their poster. The excitement builds throughout the summer as more and more posters go up, and the whole community gets a kick out of seeing them."

FUN ACTIVITIES LURE KIDS TO THE LIBRARY

This year's Summer Reading Program is expected to serve more than 1,000 children, and will feature book clubs for readers of all interests and reading levels, including Magic Tree House, Percy Jackson, and The Hunger Games. A complete calendar of events will be available soon on the library's website at http://pl.beecavetexas. gov. "Last summer we weren't able to offer any special activities because of the construction to repair our building," said Hathaway, "so we're really excited to be gearing up for a typical summer with lots of things going on every week." Details are still being finalized, but plans include a visit from the Southwest Mobile Dairy Farm, live animal shows with Happy Tails Entertainment, a return visit from Lucas Miller, "The Singing Zoologist," and the annual fossil fest with Pamela Owens from the Texas Memorial Museum. Local children's author Nikki Loftin and teen author Lindsay Schiebe will do book talks and signings at the library, and craft days and other activities are planned as well.

ENCOURAGING LIFELONG LEARNING

Summer reading programs have been offered at public libraries around the country for the past century as a way to keep students from losing ground during the long break. Numerous studies have found that children who participate in summer reading programs score higher on reading achievement tests at the beginning of the next school year than students who don't participate, and teachers report that these students return to school ready to learn. While most of the activities at the Bee Cave Library are designed for the under-12 crowd, adults and teens are encouraged to read for fun as well. Prizes for older readers will be raffled off to anyone who reads a book and fills out a "review" ticket. The more books one reads, the more chances to win gift cards to local restaurants, spas, and businesses like James Avery, Maudie's Tex-Mex, and more.

SPONSORS NEEDED!

The Friends of Bee Cave Public Library, a 501c3 nonprofit, helps supplement the library's budget for summer reading by soliciting donations, partnerships and sponsorships to help underwrite the costs of special activities and prizes. Major sponsors already on













board this year include the Shops at the Galleria and Rigby Advanced Dental. Businesses wishing to participate at any level may contact Library Director Barbara Hathaway at 767-6624 or bhathaway@beecavetexas.gov.

isit the library website http://pl.beecavetexas.gov for information about all library activities and programs, or call 767-6620. Bee Cave Public Library is located in the Hill Country Galleria, at the intersection on Highway 71, Ranch Road 620 and Bee Cave Road (FM 2244). All events are free, and open to the public. Recommended ages are listed on the website.



AUSTIN FASHION WEEK COMES TO THE GALLERIA

Sunday, May 5th

Join us for a day filled with fashion-minded events, swag, runways, live music, and YOU! Grab your fashion friends and head out to the Galleria where events will be taking place ALL DAY and they are all FREE! Stop by the Hill Country Galleria kiosk in the Amphitheater to pick up your fashion-friendly map, swag bag, and schedule of events.

FASHION RUNWAYS ALL DAY IN THE AMPHITHEATER!

Runway schedule from the main stage:

1:00pm - fashions by LAVO Collections

1:30pm - fashions by Francesca's Collections

2:00pm - fashions by Young & Fabulous

3:00pm - fashions by DONCASTER

4:00pm - fashions by Apricot Lane Boutique

5:00pm - fashions by fab'rik

The gorgeous Lake Travis High School Cavalettes will be modeling! DJ Manolo Black will be spinning tunes all day long from the runway! Hair & makeup for the models will be provided by Studio Elite Salon Suites! Photography by Jake Lowe Photography!

Also shop our outdoor marketplace in the amphitheater where the Hill Country Galleria retailers will be bringing their stores straight to YOU! See the best of each store displayed all in one area of the Galleria ... shop stores like Eddie Bauer, GRO, milk + honey, Toni&Guy, LAVO Collections, Hand & Stone Massage and Facial Spa, Apricot Lane Boutique, Parmida Home, and Studio Elite Salon Suites!

Be sure to stop by the Hill Country Galleria kiosk in the amphitheater to get a numbered ticket. We will be drawing numbers all day from the main stage for great giveaways! Find more information and complete schedule visit: www. FashionWeekAustin.com.



Calling All Artists

The Lake Travis area is rich in talented artists, but a bit short on easily accessible places to display their work for the community. The new Lake Travis Community Library now offers artists and art enthusiasts one more such facility. The library is launching a Rotating Art Program, sponsored by the Friends of the Library, to give artists space to show and sell their work.

"Not only is this a great opportunity for artists, but our patrons will also be able to interact with the artists and get acquainted with a wide variety of media and techniques, from oils and collages to watercolors and photography," said Library Director Morgan McMillian.

Individual artists or artist groups who apply to the program in April will be considered for exhibit space in the subsequent months. "We hope to have the first exhibit in June and welcome new artists to display their work," said Diane Taylor, Chair of the Committee.

The Committee, which also includes Joyce Botta and Valerie Liebl, will review the applications and select exhibitors based on guidelines in the Rotating Art Exhibit Policy recently adopted by the Library District Board. Artists can pick up copies of the policy and application forms at the Circulation Desk at the library, located at 1983 Lohmans Crossing or by visiting www.laketravislibrary.org.

"The new library is architecturally interesting, and its contemporary interior and pleasing color scheme will be a perfect backdrop for artists to showcase their work and talent," said Janet Wright, Chair of the Lakeway Arts Committee. "The community and its artists are so fortunate to have this new library in our area."

For more information about the program, please contact the Lake Travis Community Library at 263-2885 or www.laketravislibrary.org.



BLOOD DRIVE

Our next Lakeway Community Blood Drive will be held on Saturday, May 11, from 8:00 to 12:00 at the Lakeway Activity Center. We have capacity for 90 donors, but currently have only 40 appointments filled. If you are interested in donating or need to get additional information, please contact Searcy Willis at 261-9055. Appointments are preferred, but walk-ins are taken where space is available.

Searcy Willis, swillis1@austin.rr.com

May Events

at the

Hill Country Galleria

4

Saturday Night Concert Series

Amphitheater; 7pm-9pm – The Pop Tarts

4

Relay for Life of Lake Travis benefitting the American Cancer Society

> Amphitheater; 5pm-12pm Register at www.relayforlife.org



Austin Fashion Week

Fashion marketplace & runways in the Amphitheater; 12:30pm-5:30pm



Wine Walk

5pm-9pm - start at Twin Liquors



Barton Creek Elementary School Choir Performance

Amphitheater; 6:30pm-8:00pm



Saturday Night Concert Series

Amphitheater; 7pm-9pm - Susan Arbuckle



Saturday Night Concert Series

Amphitheater; 7pm-9pm – Karen Goh



Lake Travis Chamber of Commerce Career Fair

Amphitheater; 10am-2pm
www.laketravischamber.com/events/eventdetail.
aspx?EventID=6018



Saturday Night Concert Series

Amphitheater; 7pm-9pm - Hot Texas Swing Band

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LAKE TRAVIS FOOTBALL Spring Game & Jamboree

Friday → May 24th → Gates Open 4:30p

Freshman 5p ♦ Junior Varsity 6p ♦ Varsity 7:30p

LTHS Varsity Football Field



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Join Lake Travis Football at their annual Spring Scrimmage and Jamboree on May 24th at the LTHS Varsity football stadium. It's your first glance at the 2013 Cavalier Football teams taking the field and showcasing their drive, talent and what it means to be ALL IN. Entry fee is \$5. Student entry fee is \$2.

Gates open at 4:30pm for our future Cavaliers to register and participate in a PUNT, PASS, and KICK event that will begin at 5pm. Registration ages include students currently in Kindergarten through sixth grade. Lake Travis sunglasses will be awarded to all Punt, Pass and Kick participants along with other event prizes.

Enjoy the "Taste of Lakeway" where local culinary quests meet gridiron. Take delight in restaurant samplings from Santa Catarina, The League Kitchen & Tavern, Fore, Papa Murphy's, HEB and Chick fil-A..

Admission includes free activities such as air brush tattoos, nail painting, hair tinseling, art and fun game booths. Shop the latest in Cavalier merchandise and the many silent auction items. You can also submit your chance to "Coach The Cavs" and receive a

souvenir with the LT Varsity autographs!

Big Prize Chance drawings are awarded throughout the evening for spirit shack gift certificates, a Kindle Fire HD, an iPad with retina display and a 13.3" MacBook Pro. Chance tickets are available at the gate or from any football parent prior to the event. Chance tickets are \$10 each.

Freshman players take the field at 5pm and begin their scrimmage at 5:30pm. JV players take the field at 6pm and begin their scrimmages at 6:30pm. Also performing will be our very own Cavalettes and Cheerleaders. PUNT, PASS and KICK finals take place shortly before the varsity takes the field at 7:20pm. Varsity scrimmage starts at approximately 7:40pm.

We want to thank our Platinum Sponsors HEB and Alphagraphics. It is not too late to be a sponsor for this event, visit www.laketravisfootball.com for more information. Any further questions, please contact Gwendy Volpe at springjam@laketravisfootball.com.

Lake Travis Football is "All IN!"





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Bee Cave Messenger - May 2013 13

TPCL No.: 0666437

A Flip Zone Takes Top Honors at State Championships

2013 USA Gymnastics Junior Olympic Trampoline and Tumbling State Championships were held in Cedar Park on April 12 & 13. Three athletes from A Flip Zone qualified to compete at the competition. The competition was the first of two (2) competitions presenting the athletes the opportunity to qualify to the National Championships. The National Championships will be held July 2-10, 2013 in Kansas City, Missouri.

Winning the title of State Champion on Trampoline, Tumbling and Double Mini Trampoline is Daniel Molstad. Daniel is Level 9 male ages 15 years and older. Daniel qualified to compete at Nationals on Double Mini Trampoline. Haydon Russell is State Champion on Trampoline and Double Mini Trampoline for Level 6 boys 13 & 14 years old and is 4th on Tumbling. Haydon qualified to Nationals on all three (3) of his events.

Charlotte Kendrick, Level 6 girls ages 9 & 10, just barely missed the qualifying score on all of her events. Charlotte had unfortunate falls or landings on all of her events causing her to receive deductions. The athletes must make a National Qualifying Score at either the State Meet or the Region Championships to qualify to Nationals.

Region Championships are in Fort Worth on May 17, 18 and 19. Region 3 is made up of Texas, New Mexico, Colorado, Oklahoma, Kansas, Arkansas and Louisiana. There will be about 1,000 athletes at the Region Championships.

If you want to come see the great athletes train you can visit A Flip Zone at 17505 Hamilton Pool Road just behind Rocky Creek BBQ. Daniel, Haydon and Charlotte train most Tuesdays and Thursdays from 5:30 – 7:30. For more information on classes or to watch, please call 264-1070 of 826-6846. Happy Flipping!











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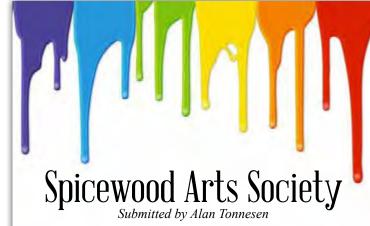
Weekends require a 2 night minimum. (Subject to availability, some blackout dates apply)

News You Can Use

SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to beecave@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.





The Spicewood Arts Society is sponsoring its 10th Arts Round-Up Festival of Fine Art this fall. We are currently asking for applications from artists in the Texas Hill Country. Applications are processed through Zapplication.org and the deadline for submission is June 19th, 2013. 30-35 artists will be selected by a jury for the show that will be held on the grounds of La Cabana Mexican Grill on Hwy 71 in Spicewood on October 19-20, 2013. All artists working in 2D or 3D media are encouraged to apply. More details at www.SpicewoodArts.org

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2013 Concordia Texas Summer Sports Camps

Baseball: June 17-20 & July 8-11

Boys Basketball: June 10-13 & July 22-25

Girls Basketball: June 24-27

Co-Ed Volleyball: June 17-20 & July 15-18

CTX Athletics is Now Accepting Season Ticket Pass Applications!!!

CTX Athletics is Now Accepting Tornado Club Applications!!!

For up-to-date information about CTX Athletics, please check out our website at:

athletics.concordia.edu

New Technology Helps Fight Against Osteoporosis

Now Available at Lakeway Regional Medical Center

Osteoporosis is a major public health threat for an estimated 44 million Americans. At six months after a hip fracture, only 15 percent of hip fracture patients can walk across a room unaided.

Yet, most of us know little about protecting ourselves from this disease. Osteoporosis results in more than 1 million hip, spine, and wrist fractures annually. This disorder affects nearly one-half of all post menopausal women, the largest group at high risk for osteoporosis.

Research in osteoporosis, the disorder in which progressive bone loss results in increased risk of fracture, is making important new advances. A key factor in this success has been the availability of new and improved equipment to measure bone density. Using a bone densitometer, physicians can measure patient bone density and follow it over time. If the patient's bone density is low, or decreases at an abnormally fast rate, the patient may be at risk for osteoporosis. Through changes in diet, exercise habits and/or medication, further deterioration of bone can be prevented. A new bone densitometer was recently installed at Lakeway Regional Medical Center.

"The Lunar bone densitometer measures the density of the spine, hip, and forearm, which are the most frequent sites of fracture," explained Dr. Kevin Barker.

"In just 30 seconds, this highly precise densitometer helps us to identify osteoporosis risk. It can also aid in determining the effects of osteoporosis treatment."

"Recent research findings clarify the nature of the disease and demonstrate the effectiveness of new treatments. New diagnostic devices, such as the GE Healthcare Lunar bone densitometer, assist in the early detection and treatment of osteoporosis," said Dr. Kevin Barker. Dr. Kevin Barker encourages individuals to visit the facility and be evaluated for a bone density examination. "There is no special preparation involved for the patient. The exam is very brief and is a comfortable procedure for the patient," he/she said.



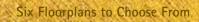
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Business Section

Seven Business Networking Groups in the Area

AREYOU LOOKING TO GROW YOUR BUSINESS IN 2013?

If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:

STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at the Oasis. Visitors are welcome! If you are interested please contact Michael Bennett at michael@bennett-tech.net for more information or visit www.BNIAustin.com.

FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues to grow! For information about participating in upcoming events or membership benefits visit www.fourpointschamber.com or call (512) 551-0390. Membership inquiries may also be sent directly to membership@FourPointsChamber.com.

NETWORKING NORTHWEST AUSTIN

Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Cheddars HWY 183 and Anderson Mill Rd. Visit http://www.meetup.com/NetWorking-NorthWest-Austin/

STEINER RANCH MARKETERS MEETUP GROUP

Join other marketers who live in Steiner Ranch and work in online marketing, search engine optimization, affiliate marketing,

search engine marketing, social media optimization, social media marketing, pay-per-click advertising, email marketing, and other areas of Internet marketing. Informal get-togethers in the community to learn and share things, as well as make connections with others. The group is open to anybody who lives in Steiner Ranch and is interested in Internet marketing: entrepreneurs, freelancers, 9-to-5ers, business owners and aspiring marketers alike. More details at SteinerRanchMarketers.com

YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Thursday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at Kellyconnor@austin. rr.com or 512-736-2495.5.

A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business. Come join us on Mondays from 11:30-1:00pm at Fore in Lakeway. Lunch is \$10 and visitors are welcome. Please feel free to contact Kimberly McLaughlin at kimberly@LaHaPro.com or visit www.BNIaustin.com for more information.

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LAKETRAVIS REPUBLICAN CLUB

Brian J. Berry, Chief Creative Officer of The Strategy Group for Media, will be the featured speaker at the monthly meeting of the Lake Travis Republican Club, to be held Tuesday, May 21, 2013 at the Hills Country Club from 11:30am to 1:00pm.

A successful television, radio and web copywriter, Brian J. Berry works with clients to develop creative ads that communicate who you are, what you believe, and why you're the best choice for voters.

Under Brian's creative direction, The Strategy Group for Media has posted a winrecord of over 80% in seven straight election cycles and the firm has won numerous national creative advertising awards.

In the 2012 election cycle, Berry's firm re-elected more than 25 GOP incumbents to Congress including five seats rated "toughest to hold" by the



National Journal. The Strategy Group for Media also elected seven new Republicans to Congress, defeated two Democrat incumbent members of Congress, and flipped the Wisconsin State Senate back to the GOP. Berry's firm also did the winning media for Governor Mike Pence in Indiana.

The Strategy Group for Media has worked with Senator Rand Paul, Senator Ted Cruz, Governor John Kasich, Newt Gingrich, Michelle Bachmann, Mike Huckabee and other prominent conservative leaders.

An experienced campaign professional, Brian served as campaign manager in successful races for Governor and United State Senator. He was executive director of a state political party, served as Southwestern Regional Director for the Republican National Committee, and held the post of Regional Political Director on two Presidential campaigns.

Brian is a founding board member of Citizens United, which won a landmark 1st Amendment freedom of speech case in the United States Supreme Court in 2010.

He has also taught democracy building seminars for the International Republican Institute in Azerbaijan, Egypt, Haiti, Iraq, Jordan, Morocco, Sudan, Ukraine, and the West Bank and Gaza.

Brian earned a BA in International Studies from The American University and resides in Austin where he directs the Texas office of The Strategy Group for Media.

Tickets are \$15.00 for members, and \$20.00 for guests. Reservations can be obtained by calling 512-261-0722, or by email at wwarmuth@austin.rr.com.

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Please support the advertisers that make Bee Cave Messenger possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.



Kids Stuff-



You're very excited — your mom and dad promised to take you on a fun camping trip this year. Or maybe your scout group is gearing up for an awesome canoe trip. Enjoying the beauty and nature of the woods is fun — if you are careful. Here are some tips to keep you safe.

PACKING BASICS

Before you leave, pack these few important things to make your trip more comfortable and safe:

- · map of the area
- compass or GPS (learn how to use it beforehand)
- cell phone (though you can't be sure it will work in remote areas)
- whistle
- bottled water and food
- sleeping bag
- flashlight with extra batteries
- sunscreen and sunglasses
- waterproof matches (for an adult to
- first-aid kit with gauze pads, adhesive bandages, tape, tweezers, and antiseptic
- waterproof tent (set it up beforehand to practice)
- warm clothing, clean socks, and rain gear

INTO THE WOODS

Staying safe in the woods means using common sense. That means being aware of your surroundings and always camping with an adult. Never go into the woods by yourself. Some things you need to be careful of while you're camping are insects, poison ivy, extreme hot or cold temperatures, rain or snow, and areas where you could trip or fall.

BUGS

If insects bug you, ask an adult to set up camp away from the water and build a small fire. The water attracts bugs, and the smoke from the fire will keep most of the bugs away. Another thing you can do is to remember to keep the tent door zipped at all times, even if you're just going in or out for a minute. Also, turn off your flashlight

before you enter your tent because insects such as moths are attracted to the light and will follow you.

Always check for ticks at the end of the day when you've been in the woods. Ticks can carry disease and germs. Some ticks are tiny, like the size of the head of a pin! You'll want an adult to help you inspect your body for ticks. Check behind your knees and ears, under your arms, and in your groin — that's where your legs meet your abdomen, or belly area. If you're camping with a pet, have an adult check your pet for ticks, too - dogs and cats can pick up ticks in their fur even more easily than humans. If you do find a tick, it needs to be removed. Get an adult to help you.

POISON IVY

Poison ivy is a plant that can cause an itchy skin rash in some people. Its leaves grow in groups of three, but the plant can still be hard to spot. If you accidentally touch poison ivy, wash the area with soap and water as soon as possible. The oil from the poison ivy plant can spread on clothes or even your dog. To try to prevent a poison ivy rash, there are products you can apply to your skin before going into the woods. Stores that sell outdoor equipment and sporting goods may carry them.

STAYING SAFE OUTDOORS

Your Campsite

Roasting marshmallows and singing songs by an open fire are favorite camping activities. Adults, not kids, should start campfires. Adults also need to watch the fires and make sure they are out when you're done. Never leave a fire without anyone to watch it. Don't forget to put out your fire by dumping water or shoveling dirt on it when you sleep or leave your campsite. Feel the ground around the area where the fire was to make sure it isn't warm.

Your Food and Water

When you're exploring outdoors, eat or drink something only if an adult says it is

safe. Even if streams or lakes look crystal clear, they could contain germs and the water may not be safe to drink. Bring bottled water to drink. Likewise, never eat wild berries. Some are poisonous and it may be tough to know which are safe. Good snacks for the outdoors include fruit, trail mix, crackers, granola bars, bread, and peanut butter.

Your Clothing

Wearing layers is a good idea when you're outdoors. That way, you can take off a layer or two if you get too warm. Wear comfortable boots when hiking so your ankles are supported and you don't get blisters. Keep your arms and legs covered while hiking to avoid ticks and insect bites and wear kneehigh boots and long pants when you are in an area with snakes. Make sure to take rain gear, such as ponchos and waterproof jackets, to keep you dry if an unexpected shower occurs.

Watch Out for Wildlife

Although animals are cute to look at, wild animals are best enjoyed from far away. Don't go near or try to feed a strange animal. It's better to enjoy these animals at the zoo, in books, or on the Internet. To keep animals such as bears or wolves away from your campsite, keep it clean. Food and anything else an animal might smell must be packed away. In fact some campers put all their food, even candy bars, in a bag (called a "Bear Bag") and hang it from a tree branch away from the campsite. If they can smell it, the animals will be led away from where the campers are.

What if You Get Lost?

Stick with your group when you're in the woods. Carry a whistle and blow it if you get separated from the group. If you have a cell phone and it's working, use it to make contact with your group. If you do get lost, wait in a safe, sheltered place for an adult to find you. The sooner you're found, the sooner you can go back to having fun in the great outdoors! Reviewed by: Steven Dowshen, MD Date

reviewed: June 2011

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006.The **Nemours Foundation**



Summertime Sensations 2013

Lilliput Camps

2.5 - 5 Years M - F , 9a - 2p, After Care to 4p

Lilliput Camps allow young people to thrive by exploring a unique and developmentally appropriate theme through literacy, math, science, art and other creative activities. Each week's theme is diverse and open ended, providing children ample opportunity to discover and expand their thoughts and ideas.

Sensational Exploration

June 3 - 7

Color My World

June 10 - 14

Cooking Up a Story

June 17 - 21

Passport to the World

June 24 - 28

Sweet Summertime

July 1 - 3

Head, Shoulders, Knees and Toes

July 8 - 12

Letter Detectives: The Alphabet Chronicles

July 15 - 19

Three, Two, One, Blast Off!

July 22 - 26

Bubble, Bubble, Pop! Do the Science Bop!

July 29 - August 2

Ready, Set, Recycle!

August 5 - 9

Digging Down Deep

August 12 - 16

Wonderful Water Works

August 19 - 23

Genre Camps

6 - 11 Years, M - F. 9a - 4p

Genre Camps allow school-age children to fully explore a subject that intrigues them over the course of a week. Camp guides are experts in their field, allowing for in depth discussions of the area and a focus on developing proficient skills that children will be able to utilize both during and after camp.

Flip, Flap and Clap!: Gymnastics

June 3 - 7 (*Ages 3 - 5, 9a - 2p)

Fizzle, Bubble, Pop and Wow!: Science

June 10 - 14

The Third City: Improv and Beyond for Youth

June 17 - 21

Cooking Around the World

June 24 - 28

The Music and Me: Piano and Voice

July 1 - 3

Ni Hao, China!: Mandarin Language and Culture

Julv 8 - 12

Sun Salutations and Brush Strokes: Yoga and Art

July 15 - 19

Reach for the Stars!: Girls' Leadership

July 22 - 26

The Indomitable Spirit: Tae Kwon Do

July 29 - August2

Mis Sueños: Spanish Language and Culture

August 5 - 9

Drawing From the Heart: Art

August 12 - 16

Oh, Snap!: Photography Camp

August 19 - 23





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